Antimicrobial therapy

Dr Hamed Al-Zoubi Department of Microbiology / Faculty of Medicine / Mutah University Main Contents:

- 1. Introduction and history
- 2. Different classes of antibiotics and its Mechanism of action
- 3. Basic principles on usage
- 4. Resistance

- Antimicrobial chemotherapy
- What is an Antibiotics?

- Egyptians 1500BC: Honey for wounds
- Alexander Fleming and Louis Pasteur

- 2000 B.C. "Here, eat this root."
- 1000 B.C. "That root is heathen, say this prayer."
- 1850 A.D. "That prayer is superstition, drink this potion."
- 1940 A.D. "That potion is snake oil, swallow this pill."
- 2000 A.D. "That pill or antibiotic is ineffective. Here, eat this root." ~Author Unknown

The Bright side









Figure 1 - Necrotizing fasciitis covering the anterior face of the left leg: generalized edema, violetcolored skin, blisters, and bloody regions.



Yet even life savers may



- take life
- (remember! Antibiotics are DANGEROUS DRUGS!!)

Because antibiotics are DANGEROUS DRUGS







C deathicille (difficile)



• A UK Consultant Microbiologists nightmare !

> Antibiotics: natural products derived from soil bacteria and fungi Examples:

Penicillin from penicillin notatum mould (Alexander Fleming)

> Semisynthetic agents:

Natural compounds that have been chemically modified to increase its activity and improve pharmacokinetics Examples:

Cephalosporins and Carbapenems.

Synthetic chemicals:

Trimethoprim and linezolid, quinolones are examples

Antibiotics are loosely applied to all antibacterial agent

- Terms related to antibiotics use:
- Synergism
- Broad vs narrow spectrum
- Emperical use?
- Selective toxicity
- Static vs cidal (MIC vs MLC)

Basic principles:

• Selective toxicity:

Kill or inhibit the growth of microorganism without harming human tissue.

- Bactericidal versus bacteriostatic FIGURE 1
 Bactericidal: minimum lethal concentration (MLC)
 Bacteriostatic: minimum inhibitory concentration(MIC)
- Some infections such as infective endocarditis or immunocompromised patients > Bactericidal is a must

- Bacteriostatic allows for natural immunity to deal with the microbe
 - Antibodies, Phagocytosis etc

 Bactericidial may rarely lead to release of toxins and microbial contents leading to subsequent illness and inflammatory responses.

Antibacterial therapy Figure 1



Indications for use / to avoid abuse:

1. Treat infections empirically / culture sensitivity.

- Prophylaxis/ limited situations.
 Abuse:
- Side effects
- Resistance
- **Cost-effectivness**

Route of administration:

- Nature of infection
- Bioavailability and therapeutic index or window
- Tissue penetration, excretion, pharmacokinetics

Precautions:

- >History of hypersensitivity
- >Impaired liver and kidney functions
- >Pregnancy, breastfeeding and children

Target of antibacterial agents: Figure 2:

- Cell wall: Peptidoglycan?
- Protein synthesis: Ribosome 70S versus 80S
- Folate synthesis:

Bacteria manufacture its own folates while human obtain it in food

- Nucleic acid synthesis
- Other sites such as bacterial cell membrane

Antibacterial therapy Figure 2/ Antibiotics target



1- Antibacterial therapy/Inhibition of cell wall synthesis

- Most bacteria possess a cell wall to protect from osmotic pressures
- Microbe divides needs to create a new cell wall
 - Interrupt this leads to new microbes being susceptible to external influences
 - Cell ruptures \rightarrow Microbe death
- Eg. Penicillins cephalosporins, vancomycin and bacitracin
- Spectrum of activity:



ell wall of gram-positive and gram-negative bacteria.



teins (PBP) are responsible for cross-linking these peptide side chains.

2. Antibacterial therapy / inhibition of microbial protein synthesis

 Act at site of protein synthesis (ribosome)

 Tetracyclines (static), chloramphenicol (static) aminoglycosides (cidal) and macrolides (static), e.g erythromycin, clindamycin (static).



Spectrum of activity:







3. Antibacterial therapy/Inhibition of folates synthesis

- Eg Sulphonamides, Trimethoprim (static)
- Available as combination, Co-trimoxazole, or separately



4. Antibacterial therapy/Inhibition of nucleic acid synthesis and function

- A. INHIBITORS OF RNA SYNTHESIS AND FUNCTION Rifampicin (bactericidal)
- a. Mode of action

These antimicrobials bind to DNA-dependent RNA polymerase and inhibit initiation of mRNA synthesis

 b. Spectrum of activity They are wide spectrum antibiotics but are used most commonly in the treatment of tuberculosis and MRSA

c. Combination therapy Since resistance is common, rifampin is usually used in combination therapy

Antibacterial therapy/Inhibition of nucleic acid synthesis and function

- b. Inhibitors of DNA synthesis and function Quinolones - nalidixic acid, ciprofloxacin, oxolinic acid (bactericidal)
- Mode of action

These antimicrobials bind to the A subunit of DNA gyrase (topoisomerase) and prevent supercoiling of DNA, thereby inhibiting DNA synthesis.

Resistance: meaning?

Types and terms:

Intrinsic or inherent: no target site or cell wall is impermeable to antibiotics as in gram negative bacteria (vancomycin is too big to cross the cell wall)

Acquired resistance:

-Selection of resistant bacteria by antibiotics

- -Common in areas of heavy antibiotic misuse e.g hospitals
- -The resistance is initially emerged by genetic process then selected by antibiotics **FIGURE 3**

Antibacterial therapy / Figure 3 Before selection Directly after selection Final population



Extra wrinkle here



- Doctors/nurse precribers are not the only culprits!!!
- > examples of R bugs due to agricultural overuse/misuse??
- NB the food chain!!

Cross resistance:

Resistance to one member of a family will result in resistance or decreased susceptibility to other members within the same family e,.g fluroquinolones

Multiresistance:

- Resistance to more than one antibacterial
- Usually acquired by separate mechanisms
- Genetics of resistance:
- **Chromosomal mutations**
- Genetic transfer

Mechanism or resistance: FIGURE 4

1. Decreased accumulation:

Decreased permeability secondary to porins mutations

Increased efflux (pumping out the antibacterial using expressed efflux pump)

2. Modification of the target:

Sequence mutation leading to target alteration
 e.g in pneumocoocus resistance to penicillins >

- Target bypass:

Supplementary enzymes will do the same target function but without binding to the antibacterial agent e.g Meticillin resistant staph aureus MRSA (PBP2 coded by mec A gene)

- Target hyperproduction:

More drug is needed to inactivate the target



3. Inactivation of the antibacterial agent:

<u>- β lactamase</u> is an enzyme produced by the bacteria This enzyme will destroy the β - lactam ring (this is an essential ring in penicillins and cephalosporins) leading to inactivation of the antibacterial agent

- Some types of bacteria produce a β - lactamase with a wide range of activity (ESBLs)

Acetylating, adenylating and phosphorylating enzymes: Produced by bacteria (gram negative bacteria) and cause resistance to aminoglycosides and chloramphenicol

Antibacterial therapy / Figure 4





The End