## Respiratory Module 2022-2023

#### Paragonimus westermani (Lung Fluke) Dr. Mohammad Odaibate



Paragonimus westermani (Oriental lung fluke)

Geographical distribution :-Endemic in Far East of Asia (Japan, Korea, China, Philippine and Central & South America.

Habitat : Lung in cyst like pockets.

D.H : Man, fish eating animals & carnivorous.

I.H:• 1<sup>st</sup>: Fresh water snail (Semisulcospira).

• 2<sup>nd</sup>: Fresh water crayfish or crabs.

**Diseases : Paragonimiasis** 

#### **Morphological Characters**

#### Adult worm





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#### Egg (D.S)



Size : 90 x 50 µm. Shape : Oval. Shell : Thick shell with operculum . Color : Golden brown. Content : Immature ovum.















#### Pathogenesis & Symptomatology

Migration stage nonspecific symptoms: diarrhea, abdominal & chest pain, allergic rxn, fever

& chills.

Adult worms live in lung and stimulate granulomatous reaction, fibrous capsule is formed surrounding worms and eggs to form cyst containing blood tinged fluid.

Small Blood vesseles in the capsule provide leakage of metabolites from the cystic cavity into the bronchioles, so the patient shows paroxysmal coughing due to the discharge of eggs and worm metabolites. Blood is also leacked out from the cyst mixed with ova to give blood tiged sputum.

Cont

#### Pathogenesis & Symptomatology



An acute and chronic inflammatory cell infiltrate with eosinophils, and eggs of that are entrapped in nonnecrotizing granulomas that are beginning to be surrounded by concentric fibrosis (arrows).



Eggs of Paragonimus sp. taken from a lung biopsy stained with hematoxylin and eosin (H&E). These eggs measured 80-90  $\mu$ m by 40-45  $\mu$ m.

#### Pathogenesis & Symptomatology

Rupture of the cyst into bronchioles causes pulmonary symptoms such as fever, chest pain and cough with rusty sputum (blood tinged with eggs)

**Complications:** 

pneumonia,

bronchitis, lung

abscess

&pneumo-thorax

and pleural

effusion.

Chronic cases resemble pulmonary tuberculosis.

## **Chronic Paragonimiasis**

- 10-20% of radiograph findings will be normal.
- Abnormal Findings including:
  - Lobar infiltration.
  - Cavities.
  - Calcified nodules.
  - Hilar enlargement.

 P. westermani is diagnosed after TB treatment has failed, therefore a careful differential diagnosis is key in determining Paragonimiasis infections

## **Extrapulmonaty Paragonimiasis**

Fluks that miss the lungs produce

extrapulmonaty symptomes due to cysts, granulomas, and abcesses including:

• CNS : seizures, coma , paralysis.

• GIT: abdominal pain & diarrhea.

Skin: migratory allergic skin lesions.



**CNS Paragonimiasis** 





1- Praziquentel is the drug of choice2- Surgical excision of extrapulmonary lesions

## Echinococcus granulosus

(Hydatid worm)

#### Cestodes are classified according to habitat into Intestinal Tissue cestodes **Cestodes** (Larvae in the tissues of man) (Adult in the small intestine of man) (Man is the I.H) (Man is the D.H) 1- Cysticercus cellulosa (larva of T.

- 1- Diphyllobothrium latum
- 2- Taenia saginata
- 3- Taenia solium
- 4- Hymenolepis nana

*solium*) Cysticercosis

2- Hydatid cyst (larva of *Echinococcus* 

granulosus) Hydatidosis

3- Cysticercoid nana (larva of *H. nana*)

Cysticercoid nana



> Geographical distribution : Cosmopolitan.

> Habitat: Small intestine of the D.H.

> D.H: Dogs, foxes and other canines.

> I.H: Sheep, cattle, pigs and occasionally man.

### **Morphological Characters**

#### 1- Adult worm









#### (I.S to man & herbivorous).

Size: 30-40 um.

Shape: Spherical.

Shell: Thick, radially striated emberyophore.

Color: brownish.

**Content:** Mature hexacanth embryo (onchosphere)





## **3-Hydatid cyst**

Simple unilocular hydatid cyst:-

- > The most common type.
- Size : Variable from pin's head

to head of the foetus (1 mm - 20 cm).

> Shape : More or less spherical.





#### Structure of Hydatid cyst

PERICYST Fibrous capsule (host origin) Fibrous capsule (parasite origin (blood vessels and fibroblasts) ECTOCYST (acellular, laminated, hyaline layer) ENDOCYST (germinal layer) Brood capsules Scolex germinal layer Stalk **Daughter** cyst Daughter cyst Hydatid sand protoscolex Hydatid cyst

Evaginated on

entry into host

Invaginated

in cyst





#### Structure of Hydatid cyst



# Hydatid disease (Echinococcosis or Hydatidosis)



It is a parasitic infection of both humans and other

mammals such as sheep, cattle and pigs with hydatid cyst,

the larval stage of different *Echinococcus* species.



Ingestion of eggs with food or drinks contaminated with dogs faeces or by handling dogs whose hair are usually contaminated with eggs.



- Local inflammatory reaction around the hydatid cyst, ending in formation of a fibrous capsule which may become calcified or even ossified.
- 2) The symptoms depend on the size & site of the cyst.
- 3) Large sized cysts **C** pressure atrophy of affected organs.
- 4) Liver is the commonest organ affected (70%) then lung (20%) & other organs (10%) as brain, bones, kidney, heart, muscles & eyes.



5) Spontaneous rupture of the cyst into peritoneal cavity or

pleura may lead to severe allergic reaction (anaphylactic

shock) or secondary cysts.

6) Bacterial infection may occur **C** abscess formation.

#### **Pulmonary Cystic Echinococcosis**

Common in children than adult.

#### **<u>Clinical pictures:</u>**

- Mainly asymptomatic until the cyst enlarges to cause symptoms.
- Complication occurs as a result of cyst enlargement & its rupture. It presented by:
- 1. Cough.
- 2. Chest pain.
- 3. Dyspnea.
- 4. Haemoptysis.
- 5. Pneumothorax, plural effusion & pulmonary abscess.

## Diagnosis

- History of contact with dogs.
- Slowly growing cystic tumour.
- B. Laboratory:

**Clinical:** 

- 1) Direct:
  - X-ray for calcified cyst.



- Scolices in sputum due to rupture of the cyst in bronchus.
- Puncture & aspiration of hydatid fluid shock due to leakage of the fluid.







- 2) Indirect:
  - A. Intradermal test (Casoni test).
  - B. Serological tests: Indirect

hemagglutination test, CFT,

immunofluorescence antibody test, ELISA.

- C. PCR: Nucleic acid detection.
- D. Eosinophilia.



- 1) Surgical removal of the cyst: The most efficient treatment but it may cause mortality (2%) and recurrence of the disease (2 25%).
- 2) Percutaneous treatment (PAIR): In three steps:
  - Puncture (P) and needle aspiration (A) of the cyst.
  - Injection (I) of a scolicidal solution usually hypertonic sodium chloride solution or ethanol and left for 5 - 30 minutes.
  - Cyst-re-aspiration (R) and final washing.
  - It aimed to achieve safe aspiration of large symptomatic cysts and cysts with a danger of impending rupture.

## Treatment



- 3) Medical treatment:
  - Indications: In inoperable cases and before and after surgery.
    - Albendazole (ABZ) for 1 5 months.
    - Recently, the combination of ABZ and Praziquantil (PZQ) provides synergistic effect and better efficacy.
    - ✓ Disadvantages:
    - It may lead to drug resistance.
    - It is used for long time in high dose.

## **Case Discussion**

5-year-old male presented with chest pain.

- X-ray was performed which demonstrates a large cyst involving the right lung.
- CT shows a well defined cystic lesion involving the right lung
- Serological tests indicated positive Echinococcus infection

