Diagnosis of the Parasitic infections Lecture 22

General Microbiology

2nd year student

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The Reality of Parasites

- 1.3 billion persons infected with Ascaris (1: 4 persons on earth).
- 300 million with Schistosomiasis.
- 100 million new malaria cases/ year.

Diagnosis of Parasitic Infections

- 1. Clinical
- 2. Laboratory

Purpose of laboratory diagnosis:

- Confirmation of clinical suspicion.
- Identification of unsuspected infection.

Collect the Information of the Patient

1- Provisional diagnosis

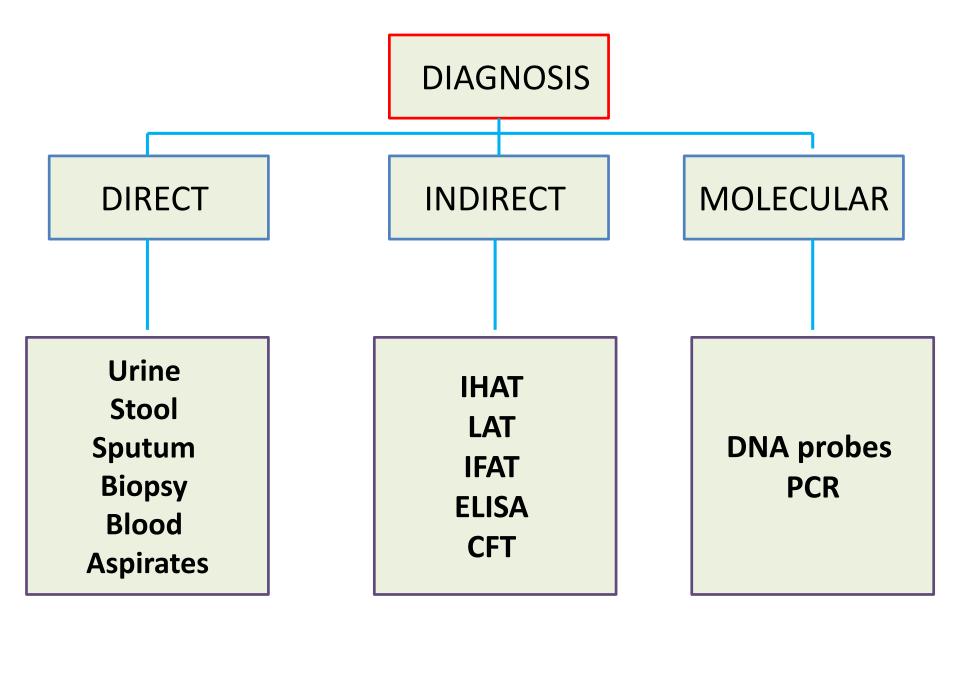
- a. History (Age, occupation, residency, previous infection).
- b. Complaint.
- c. Clinical examination.

2- Confirmed diagnosis:

- Laboratory investigations .
- b. Radiology .
- c. Surgical intervention (Exploratory)

Specimens

- **❖**Stool.
- **❖**Blood.
- Serum and plasma.
- Others (anal swab, duodenal aspirate, sputum, urine, urogenital specimen).
- Tissues and aspirates.



Urine examination

Parasites detected in urine:

Helminths:

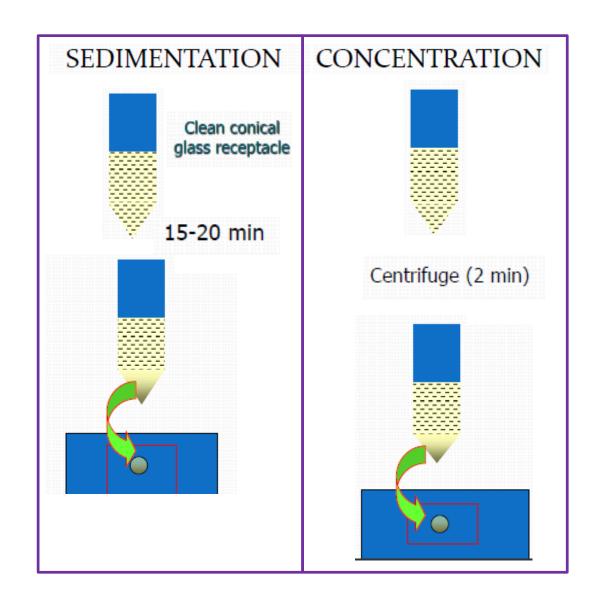
- Schistosoma haematobium eggs.
- Enterobius vermicularis eggs in female patients.
- Microfilaria of Wuchereria bancrofti.

Protozoa:

- Trichomonas vaginalis trophozoite in female patients.
- Temporary stains, such as methylene blue is helpful to see T. Vaginalis.

Note: Urine specimen should be centrifuged at $400 \times g$, the sediment mixed with a drop or two of saline, and examined by wet mount.

Urine examination

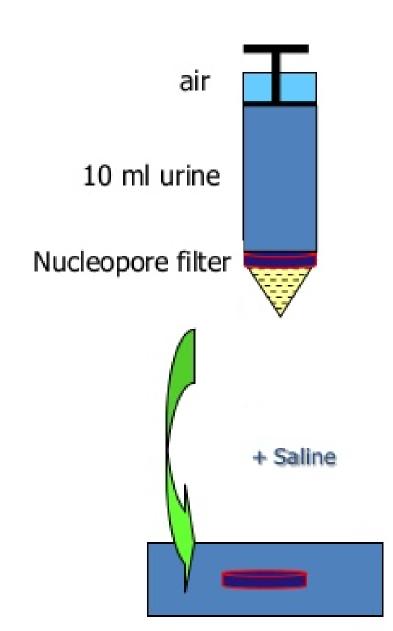


Urine examination

Urine examination

Other techniques:

- Membrane Filter technique:
 - For concentration of Schistosoma eggs.
 - Fill a syringe with urine,
 pass the urine through a filter.
 - Remove the filter and place it on the slide, and examine it microscopically.



Sample collection:

- Sample is collected in clean, dry container
- Handled carefully.
- Collect it into wide mouth, clean, sterile, leak proof container
- Samples in some cases fresh (amoeba, ciliates).
- Do not referigerate stool.
- Liquid and soft stool examined within 15 min.
- Not mixed with urine or disinfectant (as they will kill trophozoites).

Preservation of stool specimens:

Aim:

- To preserve protozoan morphology.
- To prevent the continued development of some helminthic eggs and larvae.
- The most common preservative used is 10% formalin.

Microscopic Examination of Faecal Specimens:

- 1- Direct Smears.
- 2- Direct wet mount
- 3- Concentration methods.



Direct Smears.

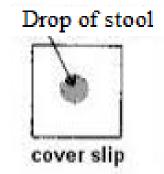
Principle

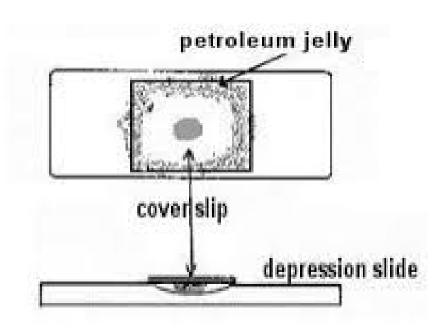
- To assess the worm burden of a patient
- To provide a quick diagnosis of a heavily infected specimen
- To check organism motility



Direct wet mount:

- To detect motile protozoan trophozoites.
- Small amount of faeces
- Few drops of saline
- Sometimes add lugol's iodine (nuclear details, glycogen vacuole in cyst).
- Protozoa (trophozoite), cyst, eggs and larva of helminths.





Concentration methods

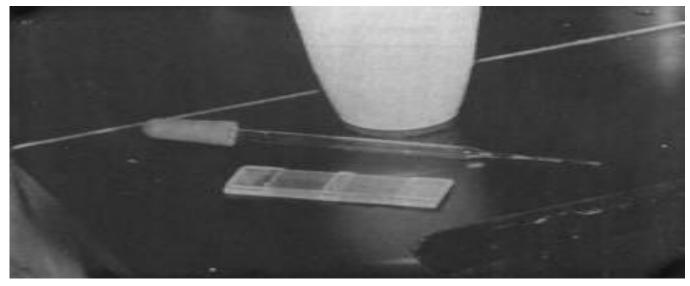
- Used if parasites are scanty in the sample.
- Two types:
- 1- Floatation (eggs and cyst float, solution of high specific gravity)
 - i. Saturated sodium chloride
 - ii. Zinc sulphate centrifugation floatation (cyst, nematodes).
- 2- Sedimentation (solution of low specific gravity):

formol ether

Egg count in 1 gram

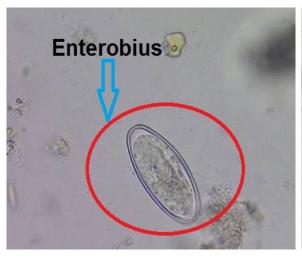
Concentration methods

Stoll's technique for counting helminth egg

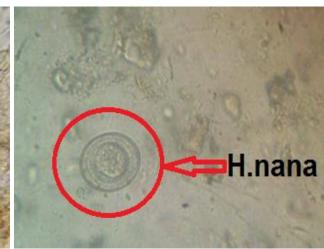


3 gm stool and 42 ml water
0.15 ml on slide
Multiply result in 100
Number in 1 gm

Microscopic Examination of Faecal Specimens: Direct Smears









Sputum examination

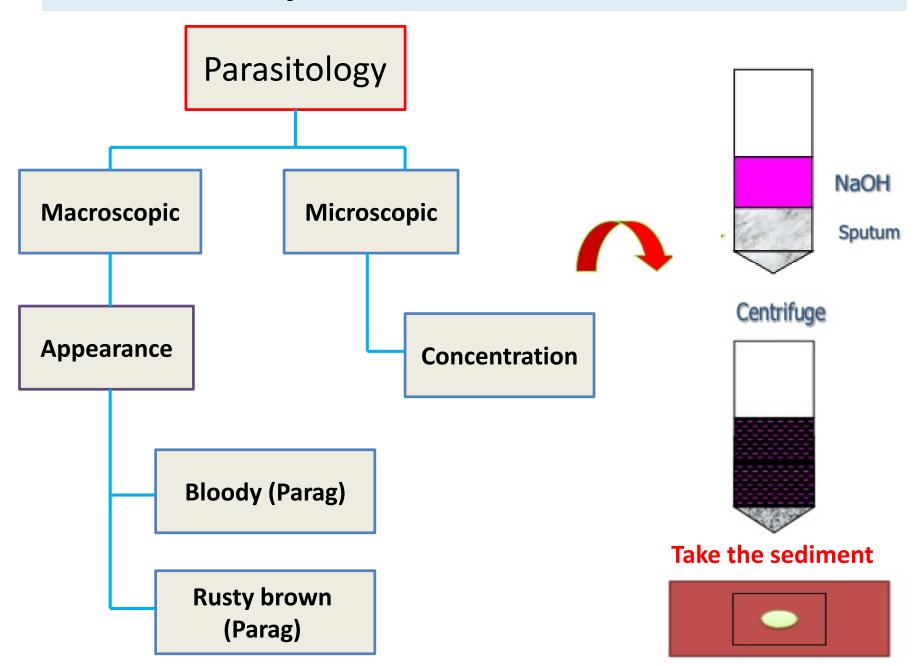
Sputum examination

✓ Abnormally, it is purulent, bloody, contains rusty brown particles (Paragonimus).

Technique for examination:

- ✓ Add on a sputum sample equal volume of NaOH to dissolve the mucus.
- ✓ Leave this combination for a while, then centrifuge at 200xg for 5 minutes, then examine the sediment.
- √The specimen can be preserved in 10% formalin and a formalin-ethyl acetate

Sputum examination



Sputum examination

Parasites that could be detected in sputum:

- 1. The inhabitant in the lung:
 - ✓ Paragonimus
- 2. Migratory larvae:
 - ✓ Ascaris
 - ✓ Hook worm (Ancylostoma)
 - ✓ Strongyloides.
- 3. Parasites causing pathology in the lung:
 - √ Trophozoites of Entamoeba histolytica.
 - ✓ Hydatid sand due to rupture of hydatid cyst that could be present in the lung.

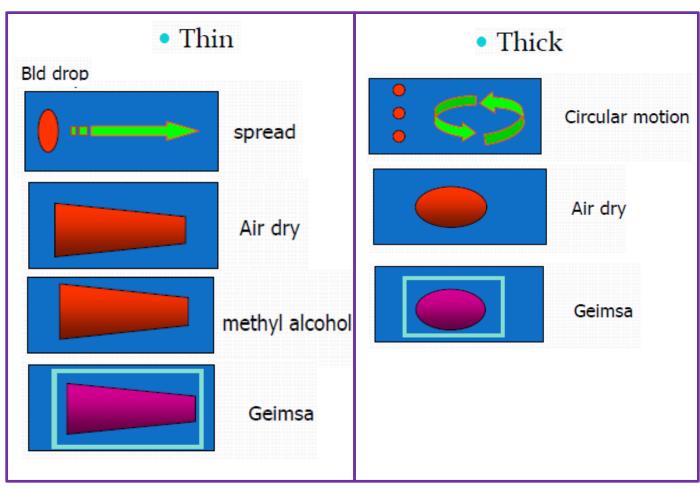
- Fresh capillary blood of finger or ear lobe
- Venous blood collected in EDTA (anticoagulant)

Blood sample will be used for:

- Microscopic examination (Thin Smear, Thick smear, Wet mount for microfilaria).
- Molecular diagnosis
- Detection of parasite antigen
- Isolation of organisms
- Special tests

Two types of blood films can be made, thin and thick blood films:

- ✓ Thick films.
- ✓ Thin films.

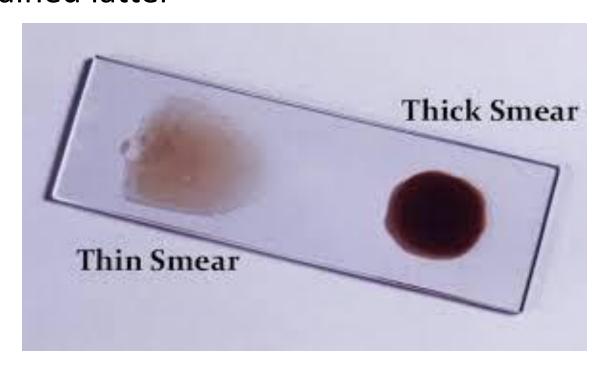


Thick blood film

- Screen large amount of blood (light infection)
- Can be stained latter

Thin blood film

• Screen large amount In malaria Parasitized red blood cells



Parasites that could be detected in blood film:

- Malaria
- Trypanosoma (African and American).
- Microfilaria of all types Filaria except Onchocerca volvulus.
- Indian type of Leishmania donovani.

Examination of other Specimens

1. Lung and Liver

- Aspiration from lung and liver could be examined for:
 - ✓ Pneumocytosis
 - ✓ Amoebiasis

<u>Technique</u>: The use of proteolytic enzymes is recommended to free the organisms from the aspirate material

- √ Hydatid Disease
- 2. Lymph nodes, Spleen, Liver, Bone Marrow and Spinal Fliud: Aspirated material may be examined for presence of trypanosomes, leishmanial forms and amoebae.
- 3. Cutaneous Ulcers: Leishmaniasis

Harmful effects of the parasite on the host

 Many parasites cause harmful effects to their host, Such effects comprise:

Wasting (cachexia)

African trypanosomiasis and leishmaniasis may lead to severe loss of weight in both animals and man.

Superinfections

In the case of (muco)cutaneous leishmaniasis ulcerations may lead to superinfections with bacteria

Harmful effects of the parasite on the host

- Immunodepression
 - Malaria, bilharziosis, etc., lead to a certain degree of immune suppression which renders the infected host more susceptible to other diseases.
- Allergic reactions
- Anaphylactic shock : may be induced by the sudden release of large amounts of parasite internal antigens into the bloodstream.

Harmful effects of the parasite on the host

- Mechanical damage

- In the case of malaria the lysis of erythrocytes does lead to haemolysis and anaemia.
- In the case of ascaris infection the presence of the worms in the small intestine may lead to intestinal occlusions
- Reflexes (intestinal contractions-ascaris)
- Irritation of skin and tissues by ecto- and endoparasites