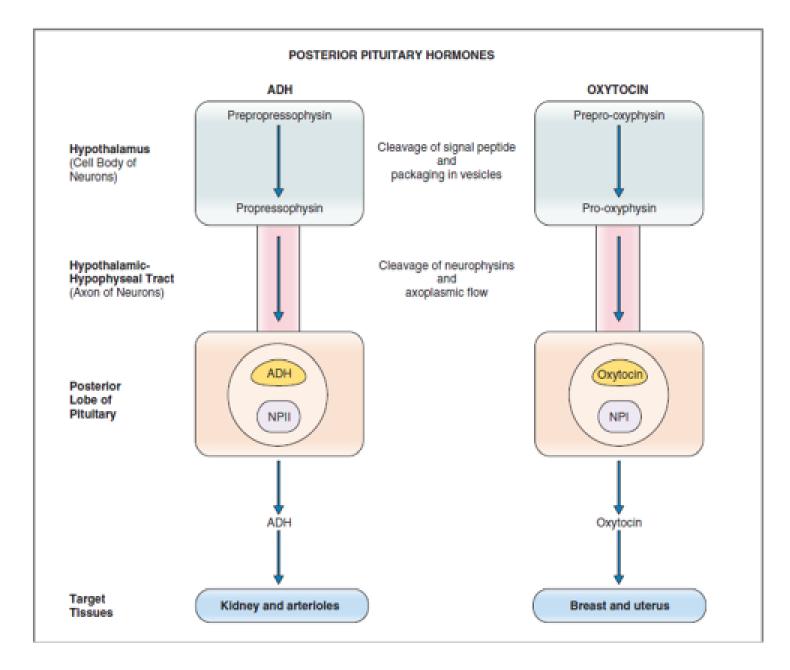


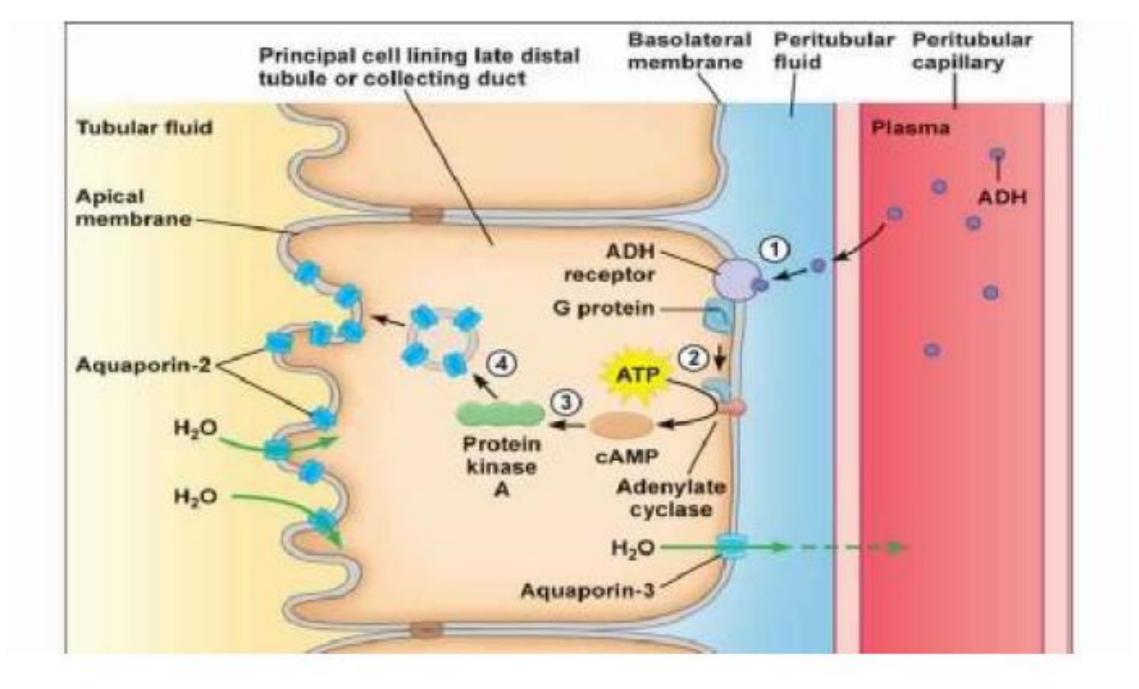
- > Posterior pituitary hormones are synthesized in hypothalamus
- Posterior pituitary just store and release the hormones.
- > 2 polypeptide hormones; ADH (Vasopressin) & Oxytocin (formed of 9 aa).
- > They are formed in the cells of the *supraoptic & paraventricular* nuclei of hypothalamus respectively
- > Their precursor molecules called *Neurophysin* that include:
- a) Preprooxyphysin \rightarrow Oxyphysin or Neurophysin I \rightarrow oxytocin.
- b) **Prepropressophysin** \rightarrow **Pressophysin** or **Neurophysin II** \rightarrow **Vasopressin**.
- > Then they are **transported** as granules by *axoplasmic flow* to the nerve endings in the posterior pituitary, where they are **stored** as *Herring bodies*.
- > They are **released** by nerve impulses from hypothalamus (by help of Ca++ ions)

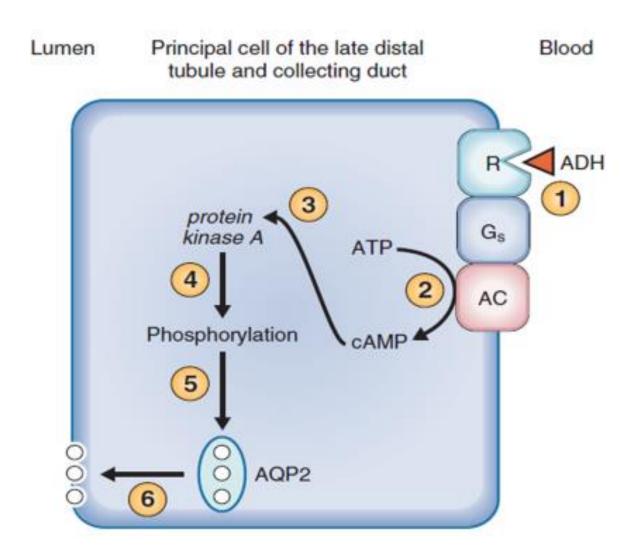


Functions of ADH (Vasopressin)

1. Anti-diuresis:

- 1 H2O reabsorption \Rightarrow 4 H2O excretion by kidney \Rightarrow 4 urine volume
- û H2O reabsorption ⇒ û Plasma volume 🛄 ↓ Plasma osmolarity
- ADH increases H2O reabsorption **only** (no effect on salts)
- *Site of action:* ADH ⇒ û permeability of the distal convoluted tubules & principal cells of collecting ducts (P-cells) to H2O ⇔ û H2O reabsorption
- Mechanism of action:
- Acting on V2 receptors on the blood side membrane of the tubular cells ⇒





2. Vasoconstrictor effect:

- Normally ADH has **no effect** on blood vessels.
- But, in **large dose** it causes vasoconstriction all over the body **Except cerebral & renal blood vessels.**
- This is because $V1\ receptor$ is less sensitive than V2

- 10% decrease in blood volume is sufficient to cause the release ADH to participate in blood volume & blood pressure control.

3. ADH stimulates corticotrophin (ACTH) release:

ADH increase ACTH from the anterior pituitary.

4. ADH inhibits renin release:

- ADH decrease renin from the juxta-glomerular apparatus.
- It is a -ve feed back mechanism.

(renin increase Angiotensin II which in turn increase ADH So, ADH decrease renin).

Regulation of ADH secretion

1. Osmotic regulation:

- Increase Solutes concentration increases osmotic pressure of blood (by 1-5%) causes stimulation of osmoreceptors in hypothalamus which send impulses to stimulate supraoptic nuclei increasing ADH so, increasing water reabsorption while electrolytes continue to be lost so, dilutes ECF and restores normal osmotic pressure.
- Dilution of ECF inhibits **ADH** secretion.

2.Alcohol:

- Inhibits ADH secretion causes marked diuresis (alcohol diuresis)

3. Hypothalamic factors:

- Temperature: Hot \Rightarrow 1 ADH while Cold \Rightarrow \oiint ADH (cold diuresis)
- Pain & trauma & anxiety & morphine & nicotine ⇒ 1 ADH secretion

4. Effective plasma volume (effect of hemorrhage):

Receptors:

- The volume receptors (low pressure receptors)
- Site: Present in the right and left atria & great veins
- Normally send tonic inhibitory impulses to supraoptic nuclei to inhibit ADH

> Effect of stimulation:

- \bigcirc Blood volume (by 10%) \Rightarrow \bigcirc the frequency of inhibitory impulses from the volume receptors \Rightarrow stimulates the release of **ADH**

- ADH \Rightarrow $\hat{1}$ **H2O** reabsorption \Rightarrow $\hat{1}$ the extracellular fluids \Rightarrow restore the normal blood volume.

> Inhibition:

- Volume expansion e.g. (transfusion) ⇒ **inhibition** of release of **ADH**

Primary stimulus:

- The primary stimulus is 4 blood flow to hypothalamus after hemorrhage

5. Angiotensin II:

Stimulus:

- Renal ischemia ⇒ release of renin ⇒ formation of **angiotensin II** ⇒
- ① ADH secretion
- Mechanism:

- Angiotensin II \Rightarrow 1 size & number of Na+ channels in the osmoreceptor cells in the hypothalamus \Rightarrow 1 Na+ influx to the receptors.

- Na+ entering the cell of **osmoreceptor** ⇒ depolarization ⇒ û ADH secretion.

- So, Angiotensin II ⇒ Causes stimulation of osmoreceptor even with normal osmolarity.

Functions of oxytocin hormone

1. Effect on the uterus:

- Stimulates the pregnant uterus at end of pregnancy (during Labor)
- ⇒ powerful **tonic** contraction and helps delivery of fetus

2. Effect in primary fertilization of the ovum:

- Sexual stimulation during intercourse ⇒ reflex stimulation of the paraventricular nuclei ⇒ û oxytocin ⇒ **rhythmic** uterine contractions (during orgasm) ⇒ uterine suction of semen toward the fallopian tubes.

3. Effect on Milk Ejection:

- Oxytocin \Rightarrow contraction of the myoepithelial cells around the alveoli of mammary glands (during Lactation) \Rightarrow milk Ejection.

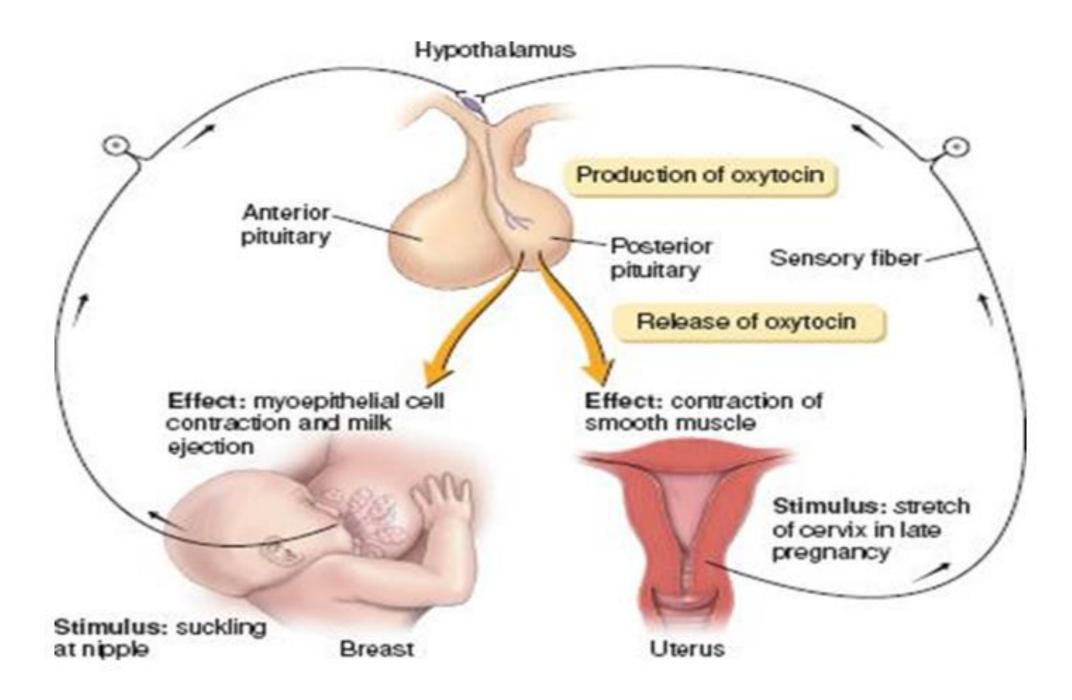
- No role in milk formation (no role in synthesis of milk)

4. In the Male (Ejaculation):

- Oxytocin ⇒ increases the contractility of vas deferens and seminal vesicle
- ⇒ semen transport during Ejaculation.
- No role in semen formation (no role in spermatogenesis)

Regulation of oxytocin secretion

- Oxytocin is regulated by +ve feedback reflexes
- 1. Dilatation (stretch) of uterus & cervix & vagina:
- It occur during Labor.
- It is called **positive feed back of labor**
- a) Stretch of uterus \Rightarrow stimulate stretch receptors in the wall of the uterus.
- b) Dilatation of cervix & vagina after the onset of labor by the head of
- fetus \Rightarrow stimulate stretch receptors in the wall of the cervix.
- Both (a+b) \Rightarrow send impulses to hypothalamus \Rightarrow stimulation of **paraventricular** nuclei \Rightarrow \uparrow **oxytocin** \Rightarrow powerful **tonic** contraction \Rightarrow labor



2. Stimulation of vagina & cervix:

- -It occurs during intercourse.
- Vaginal & cervical stimulation ⇒ send impulses to **hypothalamus** ⇒
- stimulation of paraventricular nuclei ⇒ û oxytocin ⇒ rhythmic uterine
 contractions ⇒ orgasm & suction of semen toward the fallopian tubes.

3. Suckling of the nipple:

- It occur during Lactation.
- It is called **suckling reflex**.
- Suckling ⇒ send impulses to hypothalamus ⇒ stimulation of paraventricular nuclei ⇒ û oxytocin ⇒ ejection of milk.

