shou	ient with a diagnosis of major depression who has attempted suicide says to the doctor, "I ld have died! I've always been a failure. Nothing ever goes right for me." Which response onstrates therapeutic communication?
Selec	t one:
0	a. "You have everything to live for."
0	b. "Why do you see yourself as a failure?"
0	c. "Feeling like this is all part of being depressed."
•	d. "You've been feeling like a failure for a while.
0	e. None of provided answer

When reviewing the medical record of a patient diagnosed with Alzheimer disease (AD), the healthcare provider notes the patient is aphasic. Which behavior supports this finding?
Select one: a. Difficultly with motor function. b. Unable to speak. c. Unable to recognize objects. d. Difficulty swallowing. e. All of the provided answer

The anxiety disorder in which an individual experiences numerous emotional attacks characterized by overwhelming terror that occur suddenly and unexpectedly is known a	ıs:
Select one: a. a generalized anxiety disorder b. a phobic disorder c. obsessive-compulsive disorder d. panic disorder e. None of provided answer	

Family	therapy is generally used to:
Select	one:
O a	a. Improve communications between members of the family.
O b	o. Resolve specific conflicts - for example between adolescents and their parents.
O c	. Attempts to understand the family as a social system.
C	d. All of the provided answer
	e. Used to help treat an individual's problem that is affecting the entire family, such as an diction and depression

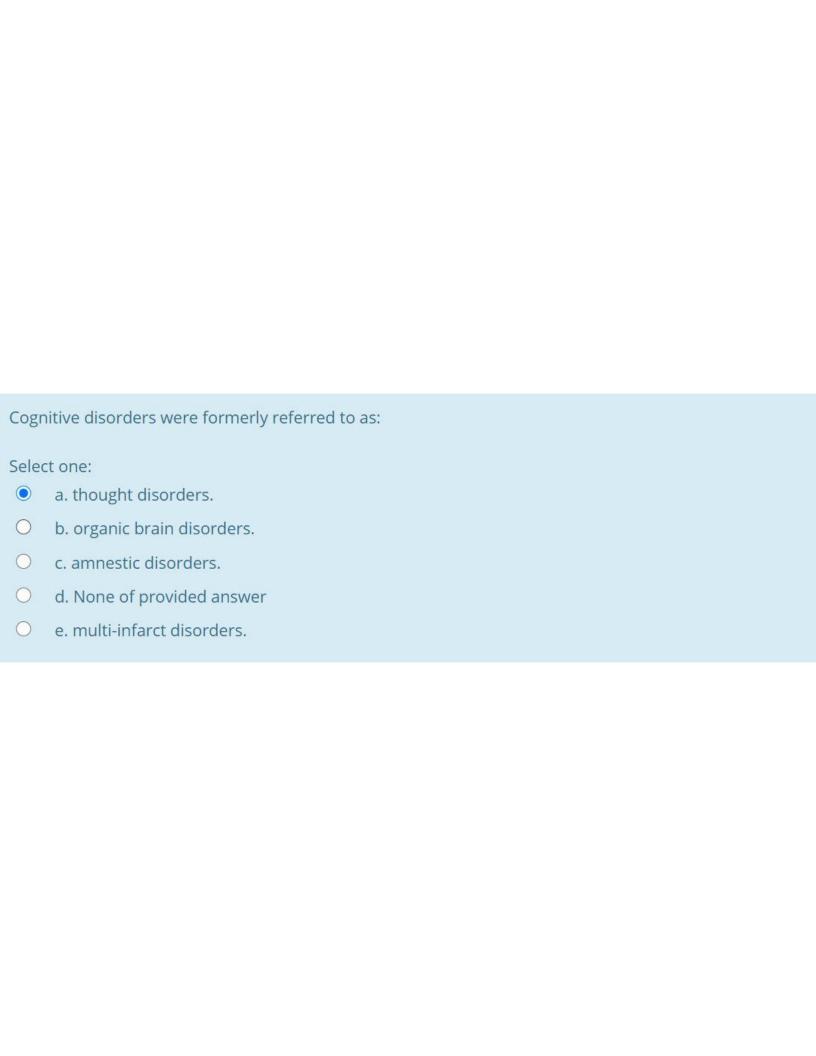
When Sara returned from combat in the Gulf War, she began experiencing high anxiety that has persisted without any improvement. This example illustrates which anxiety related disorder?	
Select one:	
O a. panic	
b. post-traumatic stress	
O c. phobia	
O d. obsessive-compulsive	
e. None of provided answer	

	ich statement describes an event that would occur during the working phase of the doctor-client
Tela	ationship?
Sele	ect one:
0	a. Creating an environment for the establishment of trust and rapport.
O	b. Continuously evaluating progress toward goal attainment
0	c. Some regression and mourning occur, although the client demonstrates satisfaction and competence.
0	d. The client seeks connections among actions, thoughts, and feelings and engages in problem solving and testing of alternative behaviours.
0	e. None of provided answer

so af	der to complete his degree studies, Jameel has to make a presentation to his fellow students. He is raid of public scrutiny that he would rather not graduate than give the presentation. Jameel could be characterised as having
Selec	ct one:
0	a. a social phobia.
0	b. a goraphobia.
0	c. a specific phobia.
0	d. Generalised anxiety disorder.
0	e. None of provided answer

lectu	is saying to his friend Mohammed: "I will remember the title of last week's Psychiatric class re, just give me 10 minutes".Rami is operating on which one of the following mental ations?
Selec	t one:
0	a. His Ego
	b. His preconscious
0	c. His Conscious
0	d. His Unconscious
0	e. His superego

	patient is preoccupied with perfection and control, has difficulty relaxing, what type of
psycr	niatric disorder does this behaviour reflect?
Selec	t one:
0	a. Antisocial personality.
	b. Obsessive-compulsive disorder.
0	c. Manic behaviour.
0	d. Anxiety disorder.
0	e. Schizophrenia



Which of the following is not considered a diagnostic feature of Anorexia	Nervosa
Select one:	
a. Depressive symptoms	
b. Significant Weight Loss	
C. Body Image Distortion	
O d. Fear of becoming fat	
e. Poor school performance	

The occurrence of which of the following symptoms would allow differentiation between delirium and dementia?
Select one:
a. An impaired judgment.
O b. A memory deficit.
c. An impaired consciousness.
O d. An impaired process of thinking.
e. None of provided answer

Of the following, which is the most accurate statement regarding eating disorders? Select one:
a. Bulimia nervosa is a more life-threatening condition than anorexia nervosa.
b. Both bulimia nervosa and anorexia nervosa lead to death in 2-10% of patients.
c. Anorexia nervosa is a more life-threatening condition than bulimia nervosa.
O d. None of provided answer
e. While bulimia nervosa and anorexia nervosa are both serious conditions, neither is a life-threatening condition.

Gorg	ing on food and then vomiting or taking laxatives to avoid gaining weight is called:
Selec	t one:
0	a. behavioural dieting.
0	b. fad dieting.
	c. purging.
0	d. bulimia nervosa.
0	e. anorexia nervosa

	cal student is learning about the appropriate use of touch when communicating with
	diagnosed with psychiatric disorders. Which statement by the instructor best provides ation about this aspect of therapeutic communication?
Select o	one:
a.	. "Touch carries a different meaning for different individuals."
O b.	. "Touch is often used when deescalating volatile client situations."
O c.	"Touch is used to convey interest and warmth."
O d.	. "Touch is best combined with empathy when dealing with anxious clients."
О е.	. None of provided answer

A no.	rean who has been recently diagnosed with the depression was ensuraged by her dester-
	rson who has been recently diagnosed with the depression was encouraged by her doctor ek support from others. However, he or she does not have much money to seek certain
types	s of therapy. Which therapy could be suitable for this person's needs:
Selec	ct one:
0	a. individual
	b. Group
\bigcirc	c. Family
\bigcirc	d. acupuncture
\circ	e. All of the provided answer

	th statement is a good example of the therapeutic communication technique of focusing?
Selec	a. "Describe one of the best things that happened to you this week."
0	
	b. "I'm having a difficult time understanding what you mean."
0	c. "Your counseling session is in 30 minutes. I'll stay with you until then."
0	d. "You mentioned your relationship with your father. Let's discuss that further."
0	e. All of the provided answer

	panic will occur when he's in a public	sudden periods of panic. He also believes location; therefore, Jim is afraid to leave
Select one:		
a. agorapho	obia.	
O b. panic dis	sorder.	
c. panic disc	sorder with agoraphobia.	
O d. panic dis	sorder without agoraphobia.	
e. None of	provided answer	

The doctor is preparing a patient for the termination phase of the doctor-patient relationsh The doctor prepares to implement which task that is MOST APPROPRIATE for this phase?	ip.
Select one:	
a. Planning short-term goals.	
b. Making appropriate referrals.	
c. Developing realistic solutions.	
d. Identifying expected outcomes.	
e. None of provided answer	

	doctor is caring for a 35-year-old woman with agoraphobia. Which of the following viours would the doctor expect to observe in the client?
	tone:
	a. The client is afraid to leave been been as
	b. The client is afraid to leave her home.
	c. None of provided answer
0	d. The client is afraid of pain.
0	e. The client is afraid of fire.

200000	
	t one:
0	a. focused on a specific situation.
0	b. related to ordinary life stresses.
0	c. None of provided answer
•	d. greatly out of proportion to the situation.
0	e. based on a physical cause.

Alisa	on had a huge fight with her friend, but she doesn't want it to interfere with her work as a
	or; she tells herself: "I'll think about it later." This is called:
Sele	ct one:
0	a. Regression
•	b. Suppression
0	c. Conversion
0	d. Repression
0	e. Isolation

Which doctor's response is an example of the nontherapeutic communication block of requesting an explanation?
Select one:
a. "Can you tell me why you said that?"
b. "Keep your chin up. I'll explain the procedure to you."
c. "There is always an explanation for both good and bad behaviors."
O d. "Are you not understanding the explanation I provided.
e. All of the provided answer

Dementia unlike delirium is characterized by:

Select one:

- a. Slurred speech
- b. Gradual onset
- c. Clouding of consciousness
- d. Sensory perceptual change
- e. None of provided answer

The	doctor is obtaining a history from a 16-year-old girl. Which of the following might indicate
	the client has symptoms of bulimia?
Selec	ct one:
•	a. Binge eating and self-induced vomiting
0	b. Severe weight loss due to metabolic dysfunction
0	c. Hypertension and hyperglycaemia
0	d. Diaphoresis and vasodilatation
0	e. None of provided answer

Intrinsic motivation occurs when:

Select one:

- a. obligations or approval are factors.
- b. there is no obvious external reward for one's behavior.
- c. there are obvious external factors controlling behaviour.
- d. extrinsic motivation is also high
- e. None of provided answer

they	na tells doctor Asma she wants to learn more adaptive ways to handle her anger. Together, set some goals. This situation describes which of the following phase in patient-doctor tionship?
Sele	ct one:
0	a. Termination
0	b. Pre-interaction
0	c. Working
OO	c. Working d. Orientation
•	
	d. Orientation

Maha is so terrified of fire that she cannot light a match or even enjoy dinner by candlelight. Maha is most likely suffering from:			
0	a. generalized anxiety disorder b. panic disorder c. obsessive-compulsive disorder d. phobic disorder e. None of provided answer		

An old woman was brought to the hospital for evaluation due to increasing forgetfulness and
limitations in daily function. The daughter revealed that the client used her toothbrush to comb
her hair. She is manifesting:
Select one:
O a. Apraxia
b. Agnosia
C. Aphasia
O d. Amnesia
e. None of provided answer

Illusions are: Select one:

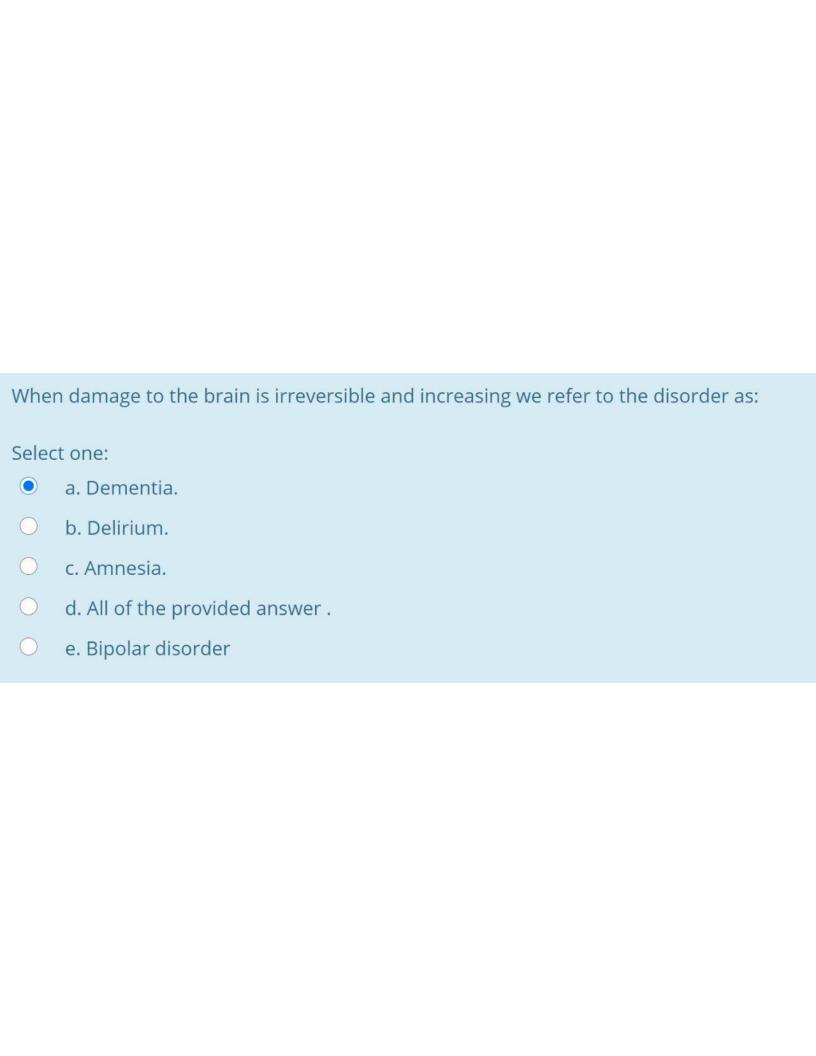
- a. distortions of existing stimuli.
- b. the same as hallucinations.
- c. the result of innate mechanisms.
- d. not based on external reality
- e. None of provided answer

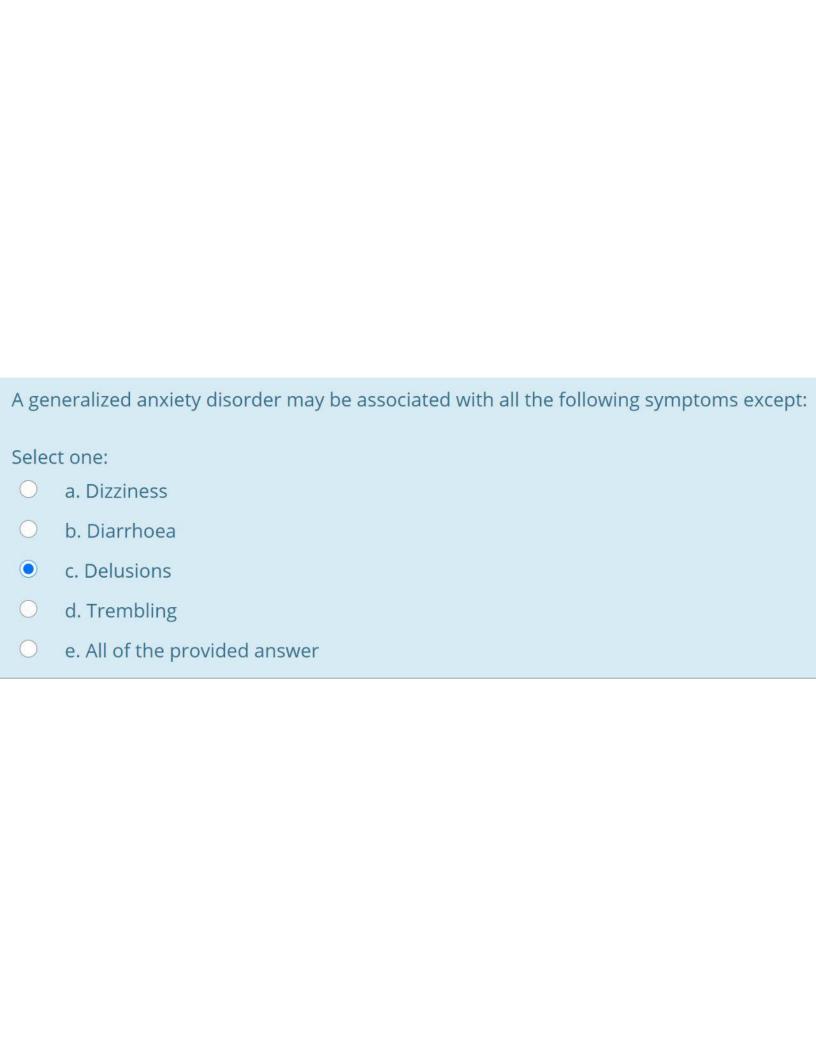
A Patient seeing a design on the wall paper, and he perceive it as an animal this psychiatric		
distu	rbance defined as:	
Selec	t one:	
0	a. Phobia	
	b. Echolalia	
0	c. Euphoria	
0	d. Illusion	
0	e. hallucination	

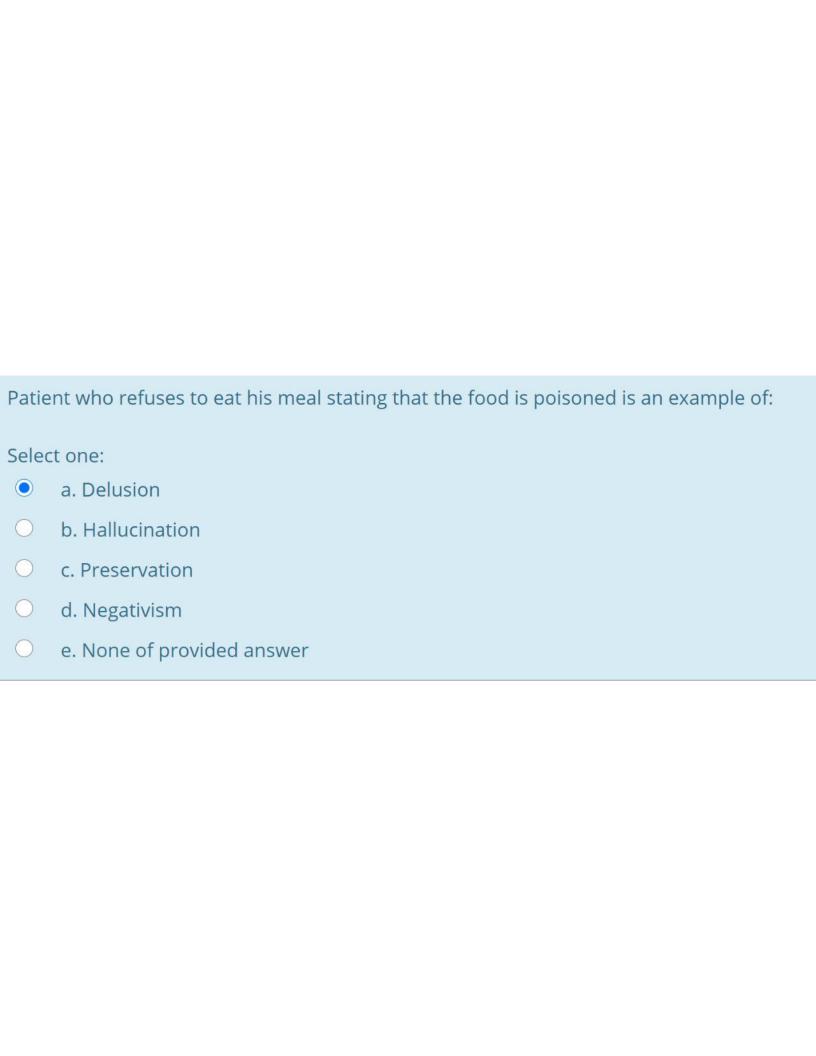
Which of the following examples best illustrates a delusion of reference? Select one: a. The FBI is plotting to steal my invention b. The night shift nurse doesn't like me c. The news announcer on TV is talking about me	
d. I can't walk because I don't have feet.e. None of provided answer	

Doctor Sally is aware that the symptoms that distinguish post traumatic stress disorder fro other anxiety disorder would be:	m
Select one: a. Avoidance of situation & Depression and a blunted affect when discussing the traumatic situation b. Depression and a blunted affect when discussing the traumatic situation c. Lack of interest in family & Depression and a blunted affect when discussing the traumatic situation d. Re-experiencing the trauma in dreams or flashback e. None of provided answer	

A patient experiencing disturbed thought processes believes that his food is being poisoned. Which communication technique should the use to encourage the patient to eat?		
Select one:		
•	a. Using open-ended questions and silence.	
0	b. Sharing personal preference regarding food choices.	
0	c. Documenting reasons why the patient does not want to eat.	
0	d. Offering opinions about the necessity of adequate nutrition.	
0	e. All of the provided answer	



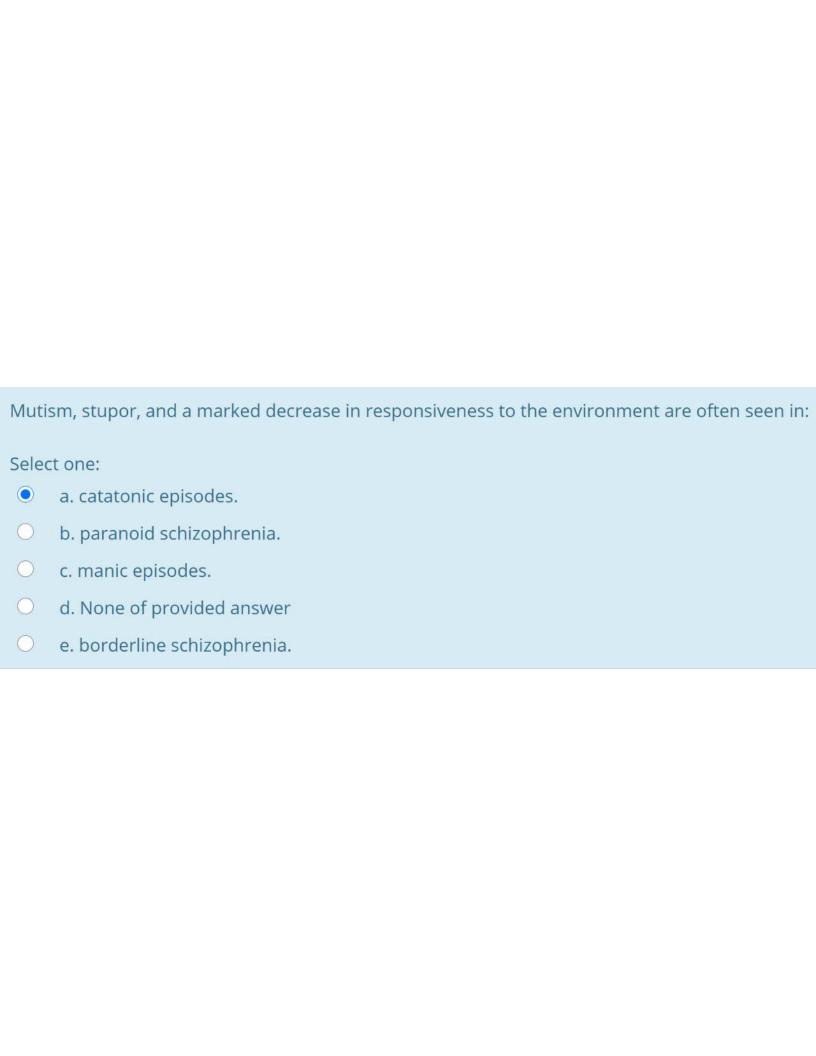




During a doctor-client interaction, which doctor's statement may belittle the client's feelings and concerns?
Select one: a. "Don't worry. Everything will be alright." b. "You appear uptight." c. "I notice you have bitten your nails to the quick." d. "You are jumping to conclusions." e. All of the provided answer

	ient presents with impaired consciousness, fragmentary delusions, visual hallucinations, hyperactivity. The diagnosis is:
Selec	t one:
0	a. Dementia.
•	b. Delirium.
0	c. Amnesia.
0	d. Mania.
0	e. None of provided answer

"I car	only imagine how hard it has been" this statement displays an example of :
Selec	t one:
0	a. Sympathy.
0	b. Genuineness.
	c. Empathy.
0	d. None of provided answer
O	e. rapport



Group therapy can be advantageous when an individual:
Select one:
a. May need comfort and support from others.
b. May acquire therapeutic benefit from observing and watching others.
c. May need to work out their problems in the presence of others (e.g. in the case of emotional problems relating to relationships, feelings of isolation, loneliness and rejection).
d. All of the provided answer
e. May has financial issues

a wo	or Alia reads Mona previous medical records. She explores her feelings about working with man who has abused her child. This statement describes which of the following phase in int- doctor relationship?
Selec	t one:
0	a. Termination
•	b. Pre-interaction
0	c. Working
0	d. Orientation
0	e. None of provided answer

The doctor demonstrates active listening by: Select one: a. Agreeing with client. b. Repeating everything said by the client. c. Assuming a relaxed posture and leaning toward the client. d. Smiling and nodding continuously throughout the interview. e. All of the provided answer

	initial interview with a 24-year-old man with a diagnosis of generalized anxiety disorder, octor could expect to observe which of the following behaviours?
Selec	t one:
•	a. Irritability, difficulty concentrating on the interview
0	b. Future orientation
0	c. Increased assertiveness
0	d. Grandiose ideation
0	e. All of the provided answer

	ient's unresolved feelings related to loss would be MOST LIKELY observed during which e of the therapeutic doctor-patient relationship?
Selec	t one:
0	a. Pre-interaction.
\bigcirc	b. Working.
\circ	c. Orientation.
•	d. Termination.
0	e. None of provided answer

Which of the following is a characteristic of bulimia nervosa?	
Select one:	
a. Vomiting, laxatives, or diuretics are used to lose weight.	
b. There are repeated attempts to lose weight by severe dieting.	
c. It occurs equally in males and females.	
d. It is an adolescent growth phase that a few women go through and later disappears.	
e. None of provided answer	

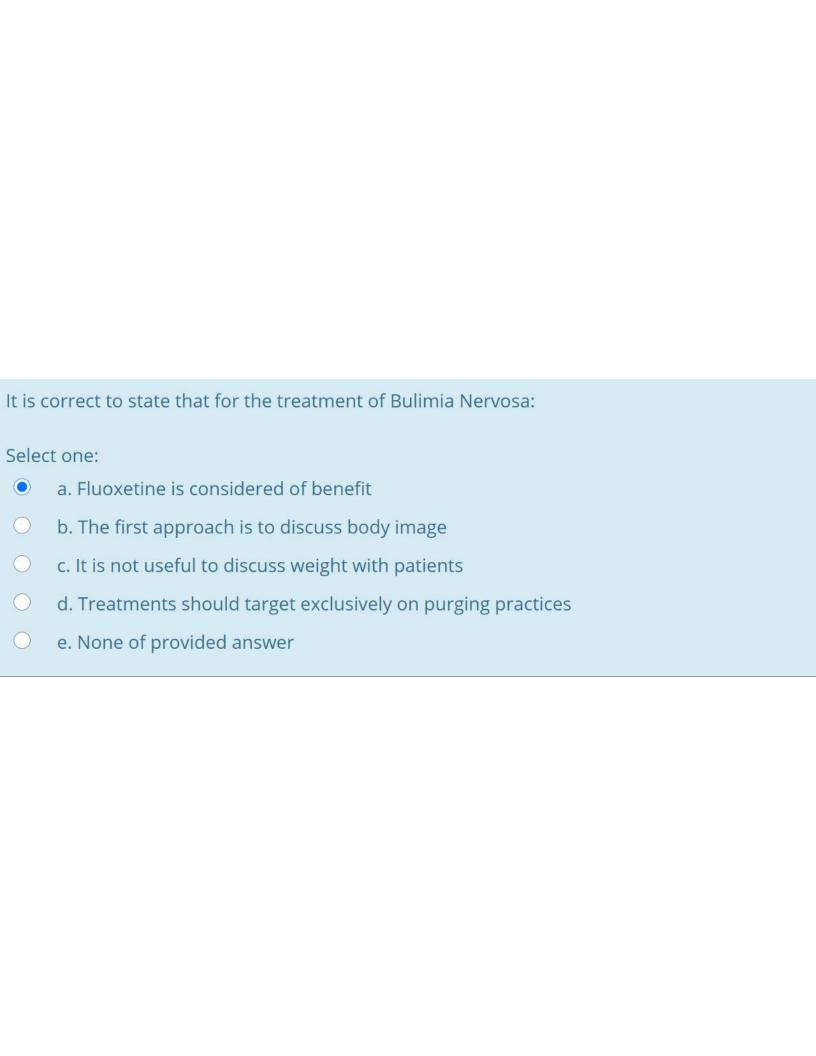
	a has been diagnosed with bulimia nervosa. Based on the physical symptoms listed in your re, you should expect that Samia will show evidence of :
Selec	ct one:
	a. amenorrhea and low blood pressure
	b. erosion of dental enamel and heart problems
	c. cardiac arrhythmias and osteoporosis d. dental problems and elevated blood pressure
0	e. All of the provided answer

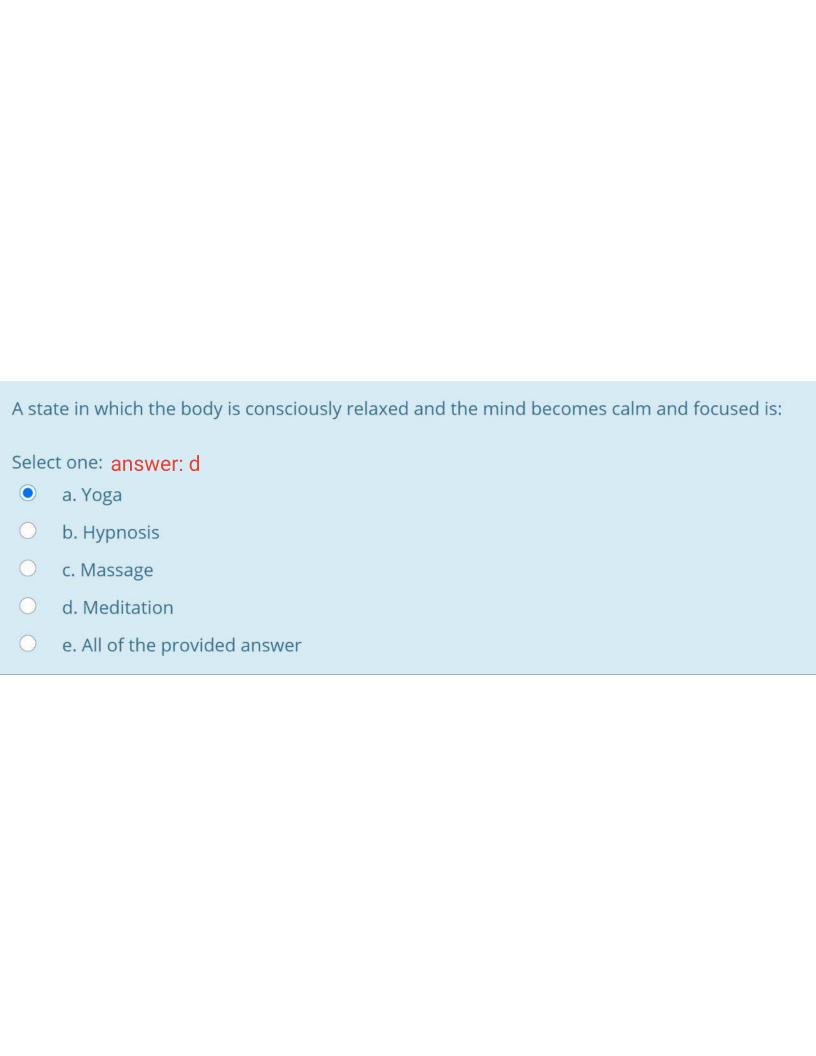
once	he past two months, Dania has been feeling very sad. She has lost interest in activities she found enjoyable, has been sleeping a lot and has lost weight. Dania is probably riencing
Selec	ct one:
0	a. generalised anxiety disorder.
0	b. a somatoform disorder.
	c. major depression.
0	a. posttraumatic stress disorder.
0	e. None of provided answer

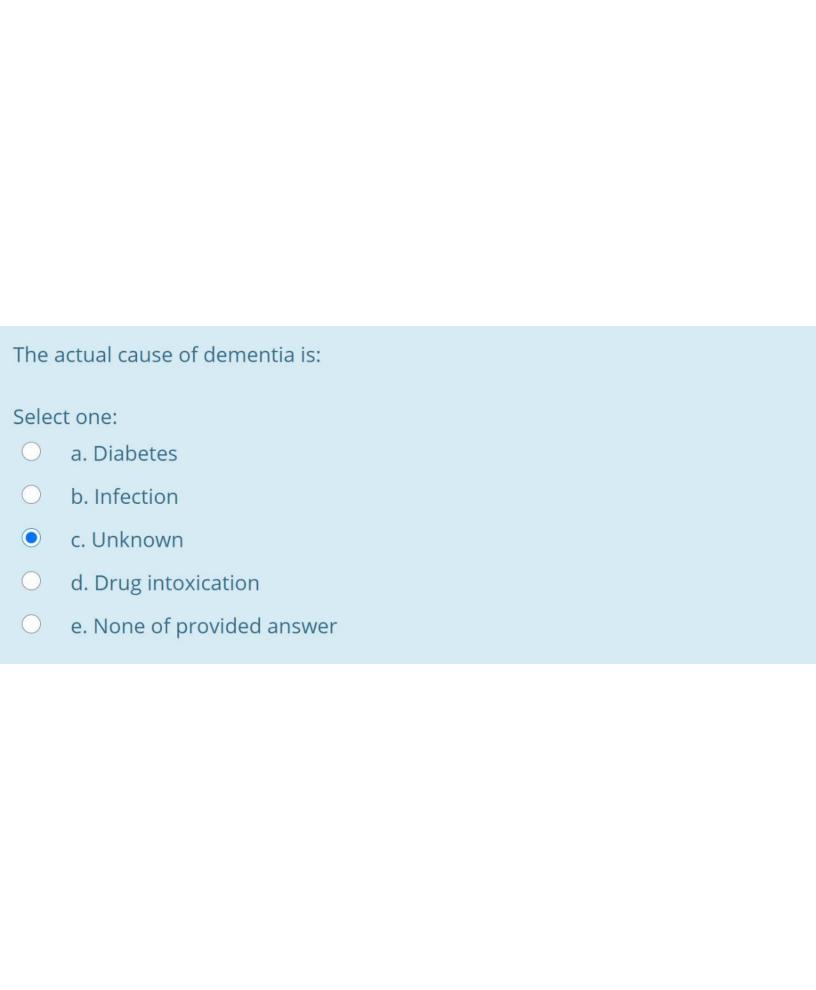
The "	fear of becoming fat" observed in patients with Anorexia Nervosa is best understood as
Selec	t one:
0	a. Paranoid delusion
	b. Somatic delusion
0	c. Overvalued idea
•	d. Obsessive idea
0	e. Delusion of persecution

	year-old girl is being evaluated for anorexia nervosa. Which of the following would indicate e doctor that the teenager displays symptoms of anorexia nervosa?
Selec	t one:
0	a. She has episodes of overeating and excessive weight gain.
0	b. She expresses a positive body image.
	c. She has had severe weight loss due to self-imposed dieting.
0	d. She refuses to discuss food
0	e. None of provided answer

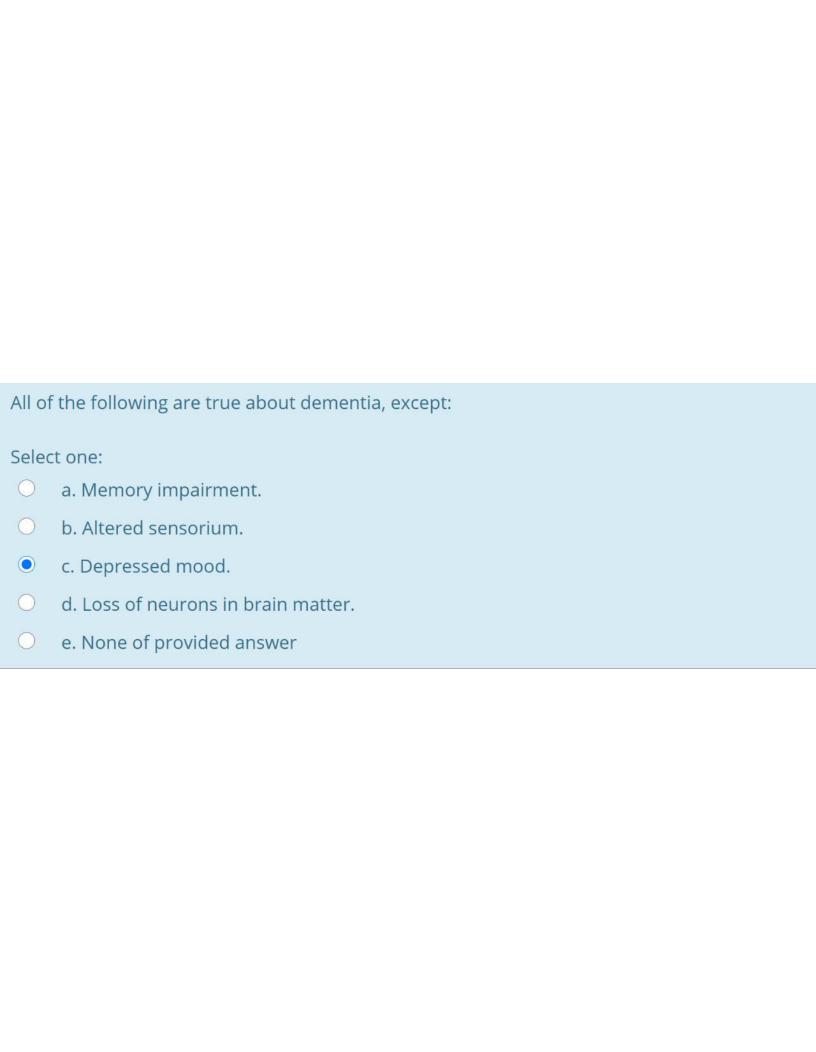
A parent tells the psychiatrist, "I've never told anyone this information about my son." This is an example of:		
Selec	Select one:	
0	a. Identifying problems and goals	
0	b. Building trust	
0	c. Clarifying roles	
0	d. Revealing	
0	e. Genuineness	







"I feel so sorry for you, you have had such a hard year", this statement displays an example of:			
Selec	a. Sympathy. b. rapport. c. Empathy. d. None of provided answer e. paraphrasing		



A client newly admitted to an in-patient psychiatric unit is diagnosed with obsessive compulsive disorder. Which behavioral symptom would the doctor expect to assess?		
 Select one: a. The client uses excessive hand washing to relieve anxiety. b. The client rates anxiety at 8/10. c. The client uses breathing techniques to decrease anxiety. d. The client exhibits diaphoresis and tachycardia. e. None of provided answer 		

Which of the following will the doctor use when communicating with a client who has a cognitive impairment?		
Select one: a. Complete explanations with multiple details. b. Picture or gestures instead of words. c. Stimulating words and phrases to capture the client's attention d. Short words and simple sentences e. None of provided answer		