

#### **DISORDERS OF PERCEPTION**

Dr. Faris Alsaraireh

#### INTRODUCTION

 Perception is an active, creative process in which raw sensory data are organized and given meaning (Casey & Brendan, 2007)

 Disorder is a disruption of normal physical or mental functions (Gross, 2010)

#### **INTRODUCTION** ...

- Perception functions as the source of our experience and the state of the surroundings
- Without perception we still be able to see, hear, test, smell and or have skin sensations, but we will not understand what we see, hear and so on

#### **INTRODUCTION** ...

 Perception-making "sense" of what our senses tell us-is an active process of organizing the stimulus input and giving it meaning

# **CREATION OF PERCEPTION**

 In creation of perception the brain carries out two different kinds of processing function, bottom-up and top-down processing

# **1. BOTTOM UP PROCESSING**

 The system takes in individual elements of the stimulus and then combines them into unified perception, as shown below

Combination and interpretation of "whole"

Breakdown/analysis of stimuli (Features detection)

Detection of individual stimulus elements

 Visual system operate in bottom-up fashion in reading

# **2. TOP-DOWN PROCESSING**

 Sensory information is interpreted in light of existing knowledge, concepts, ideas, and expectations

Concept, expectations

Guides analysis (Yes? No?)
Interpretation of incoming stimuli

 This accounts for many psychological influences on perception, such as the roles played by our motives, expectations, previous experiences, and cultural learning

# **DISORDERS OF PERCEPTION**

- Disorders of perception can be divided in two
  - 1. Sensory deceptions
  - 2. Sensory distortions

# SENSORY DECEPTION Illusions and Hallucinations

# ILLUSIONS

 Illusion – misinterpretations of stimuli arising from an external object ()

 Illusions are thought to occur when stimuli from a perceived object are combined with mental images to produce a false perception

#### **I**LLUSIONS ...

- Illusions are associated with:
  - Inattention
  - When external stimuli are meager
  - When attention is impaired due to delirium
  - Illusions are associated with affect (e.g frightened individual)
- Illusions almost always disappear when sensory stimuli increases and inattention improves

12

#### ILLUSIONS ...

- The phenomena may occur with fatigue and is typically seen with marijuana intoxication also occur in severe depression
- In delirium when the perceptual threshold is raised and an anxious and bewildered patient misinterprets stimuli
  - In *delirium* patient may perceive innocent gestures and actions from caregivers as threats
- Visual illusions more common but can occur in any modality i.e. auditory

#### **I**LLUSIONS ...

Three types of illusion (Sims, 2003)

 Complete illusions: depend on inattention such as misreading words e.g. word '-ook' ... as book rather than look

 Affect illusions: arise in the context of a particular mood state e.g. bereaved person may momentarily believe they see the deceased person

#### **I**LLUSIONS ...

- 3. Pareidolia: result of excessive fantasy thinking and a vivid visual imagery e.g. subject sees vivid pictures in fire or in clouds without any conscious effort
- Illusions in themselves are not indicative of psychopathology since they can occur in the absence of psychiatric disorder

### HALLUCINATIONS

- Hallucination perceptions without an adequate external stimulus
- Hallucinations are the most clinically significant false perception
  - They are not distortions of real perceptions
  - They are not experienced in inner subjective space but occur in the individual's external environment
  - They have the sustainability of a normal perception and are not under voluntary control

- A percept like experience that has the full force and impact of a real percept that is unwilled, occurs spontaneously and cannot be readily controlled by the percipient
- Hallucinations can be the result of intense emotions (depression) or psychiatric disorder, suggestion, disorder of sense organs, sensory deprivation and disorders of the CNS

- Hallucination vary according to the sensory modalities, perceived location of the hallucination, and the degree to which the persons believes that the hallucination is real
- The intensity of a perception can become heightened or diminished and qualitive changes can occur (this commonly affects the visual modality as when toxicity from certain drugs alters color vision)

17

- Visual (sight)
- Tactile (touch)
- Gustatory (taste)
- Olfactory (smell)

Hallucinations may be classified as

- Auditory
  - 2<sup>nd</sup> person speaker and the subject
  - 3<sup>rd</sup> person conversation between two or more parties about the person who is hallucinating
- Command hallucination; patient is ordered by the voices to do things
  - Often frightening as they involve act of violence towards self or others i.e. jump off the roof, go drink, go steal, go visit a friend, pick up the knife and kill your mother

- Many patients have mixed sensory hallucinations mostly auditory and visual
- Hallucinations may be experienced by normal people in unusual condition
- Hypnagogic and hypnopompic hallucinations are common visual hallucinations that occur during moment of falling and emerging from sleep

# SENSORY DISTORTIONS Changes in intensity, quality, spatial form

## **SENSORY DISTORTIONS**

 Results of a change in the intensity and quality of the stimulus or the spatial form of the perception (Casey & Brendan, 2007)

# CHANGES IN INTENSITY (HYPER OR HYPO AESTHESIA)

- Increased intensity of sensations or hyperaesthesia may be due to intense emotions or a lowering of the physiological threshold
- E.g. a person may hear the noise of a door closing like a clap of thunder
- Ordinary green color may assume a glaring green
- Somebody walking may sound as if the are making a loud noise with clattering of shoes

# CHANGES IN INTENSITY (HYPER OR HYPO AESTHESIA) ...

- Anxiety and depressive disorders as well as hangover from alcohol and migraine are all associated with increased sensitivity of noise (hyperacusis)
- True hypoacusis occurs in delirium where the threshold of all sensations is raised.
- People inebriated with alcohol enjoy blaring music because of a degree of hypoacusis

# **CHANGES IN QUALITY**

 Changes in quality are often visual distortions due to toxic substances

- Patients may see the following colours over the objects they are looking at due a certain substance
  - Xanthopsia yellow colouration
  - Chloropsia green colouration
  - Erythropsia red colouration

# CHANGES IN SPATIAL FORM (DYSMEGALOPSIA)

- Change in the perceived shape of an object
- Quantitative changes in which objects are seen as smaller or farther away than reality (micropsia), bigger (macropsia), Such phenomena may be due to acute organic disorders and epilepsy
- Can result from retinal disease, disorders of accommodation or temporal lobe lesions

# **PERCEPTION AND CULTURE**

- Perceptual development involves both physical and learning
- Some perceptual abilities are innate or developed shortly after birth, where as others require particular experiences early in life in order to develop
- The specific learning experiences, memories, motives, and emotions of the individual also can influence perception

# **PERCEPTION AND CULTURE ...**

 Cultural factors can influence certain aspects of perception, including pictures perception and susceptibility to illusions