Excitable Membrane Physiology

nerve-cell body

axon (nerve fiber)

muscle fiber

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Excitability

- Definition: It is the ability of any living tissue to respond to a stimulus.
- The most excitable tissues in the body are nerves & muscles (skeletal, cardiac and smooth) = excitable tissues.
- Types of stimuli:
- **I-According to the Nature of the Stimulus**:
- Electrical, mechanical (as pressure), chemical & thermal.

Electrical stimuli are usually used because:

- a. It is similar to the natural stimulus inside the body.
- b. Its intensity, duration and site of application can be easily controlled.
- c. Can be repeated for several times.
- d. Do not damaged the tissue.

•There are two types of electric currents:

- *a.* Galvanic current is a constant current (from a battery). It is usually of a low intensity and a long duration.
- **b.** Faradic current is an alternating current. It is usually of a high intensity and of a short duration that is used in laboratories.

<u>II-According to the Strength of the</u> <u>Stimulus</u>:

- a. Subthreshold (subminimal).
- **b.** Threshold (minimal = Rheobase (R).
- c. Submaximal (supraminimal).
- d. Maximal .
- e. Supramaximal.

All or None Rule (Law)

<u>-Definition</u>: Stimulation of single nerve or muscle fiber by a stimulus of threshold intensity or over \Rightarrow giving maximal response but if stimulated by subthreshold stimulus gives no response at all.

-The all or none rule can be applied to:

- 1-Single nerve fiber.
- 2-Single skeletal muscle fiber or single motor unit.
- 3-Cardiac muscle fibers (either 2 atria or 2 ventricles).
- 4-Smooth muscle fibers (visceral=single unit type).

Response of Tissues not obey All or None Rule

- *a. Subthreshold* (subminimal) stimulus producing no response.
- **b.** Threshold (minimal) stimulus produces a weak stimulation.
- *c. Submaximal* (supraminimal) stimulus producing intermediate response between minimal and maximal.
- d. Maximal stimulus produces a maximal stimulation.
- e. Supramaximal stimulus produces a maximal stimulation.

Factors Affecting Effectiveness of a Stimulus

1-The rate of application.

2-The strength of stimulus.

3-The duration of application.

1- Effect of the Rate of Application:

-Sudden onset of stimulus is more effective than slowly applied stimulus. Slow increase of stimulus intensity

accommodation and no response.

2- Effect of Strength of Stimulus and the Duration of Application = Strength –Duration Curve.

Definition: It is relationship between the strength of a given stimulus and the time needed by this stimulus to produce a response.

Interpretation of the Curve:

A-The stronger the stimulus the shorter is the time needed to exit and vice versa.

<u>**B-**</u> Rheobase (R) (threshold)</u> is the minimum stimulus strength required to stimulate, below which no excitation occur whatever the duration may be prolonged.



strength of stimulus

<u>C- Utilization time (UT)</u>

Definition: It is the time needed by the rheobase to stimulate.

<u>D- Chronaxie (C):</u>

Definition: It is a minimal duration required for stimulation by a current of double the rheobase.

Significance of Chronaxie:

1-It is used to measure the excitability. Longer the chronaxie, lesser is the excitability.

2-It is used to compare excitability of different tissues. Nerve fiber has shorter chronaxie value than a muscle fiber indicating greater excitability of the nerve.

Test your self

•The minimal stimulus strength that can required to stimulate is called:

- A. Superthreshold.
- B. Subthreshold.
- C. Threshold.
- D. Supraminimal

<u>Regarding stimulus applied to a nerve or muscle :</u>

- A. threshold & submaximal stimuli lead to same action potential.
- B. threshold stimulus is maximum stimulus required to excite the tissue.
- C. single nerve fiber does not obey all or non law.
- D. subthreshold stimulus produce complete action potential.

• Tissues that obey all or non law :

- A.multi-unit smooth muscles.
- B. both ventricles & both atria of the heart.
- C. Skeletal muscle motor units. D. Whole nerve fibers.

• From the strength-duration curve, all the following statements are true EXCEPT:

- A. Rheobase is the threshold galvanic current which can excite the nerve.
- B. Chronaxie is the current of twice the rheobase intensity needed to excite the nerve.
- C. The stronger the current the shorter the duration required to excite.
- D. The longer the chronaxie, lesser is the excitability.

Regarding All or Non rule:

- A. for stimulation occur, stimulus needs to reach the threshold
- B. if the stimulus is sub-threshold No stimulation occur
- C. Supraminimal stimulus produces the same action of supramaximal
- D. all of the above

•About the strength duration curve:

- A. Chronaxie means the intensity of the stimulus that produces a response
- B. Chronaxie means the intensity of the double rheobase that produces a response.
- C. Longer the chronaxie, greater is the excitability..
- D. The weaker the stimulus the longer is the time needed.

Concerning the strength duration curve:

- A. The rheobase is the maximum current required to stimulate.
- B. The chronaxy is the duration of the needed by the rheobase to stimulate.
- C. a muscle fiber has shorter chronaxie value than a nerve fiber.
- D. Nerve is more excitable than cardiac muscle

Electrical stimuli are usually used in laboratories because:

a. It is similar to the natural stimulus inside the body.

b. Its intensity, duration and site of application can be easily controlled.

c. Can be repeated for several times.

d. All of the above.

From the strength-duration curve, all the following is true EXCEPT:

- A. The stronger the current the shorter the duration required to excite .
- B. The threshold current which can excite the nerve is called the rheobase.
- C. The utilization time is a common measure of excitability.
- D. There's a inverse relationship between strength and duration of the stimulus.

A constant current is

- A. Used in laboratories
- B. Called the Faradic current
- C. short duration
- D. usually of a low intensity and a long duration
- E. None of the above

Supramaximal stimulus producing

- A. Supramaximal stimulation
- B. Maximal stimulation
- C. Minimal stimulation
- D. Supramnimal stimulation

If the stimulus is increased gradually the

<u>nerve will producing</u>

- A. no stimulation.
- B. weak stimulation.
- C. an intermediate response between minimal and maximal.
- D. maximal stimulation.

Rheobase indicates:

- a. Strength of current
- b. Duration of current
- c. Velocity of nerve conduction
- d. Rate of discharge

•Chronaxie is:

- A. the time needed for the rheobase to stimulate a nerve fiber.
- B. the minimum duration of a stimulus needed to excite the nerve.
- C. a measurement of excitability.
- D. the utilization time.

• The Strength-Duration curve:

- A. is the relationship between the duration of the stimulus and amplitude of response.
- B. has a rheobase which is 2 times chronaxie.
- C. has a chronaxie which is the time needed by double the rheobasic strength to stimulate the nerve.
- D. strong stimuli of extreme short duration can excite the nerve.

•<u>The excitability of the tissue</u> would be greater in the tissue showing:

- A. Lesser chronaxie
- B. Lesser rheobase
- C. More chronaxie
- D. Accommodation