# HSV-2, HPV, Molluscum contagiosum virus & CMV

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# Genital herpes

## Genital herpes

- Etiology: most commonly HSV-2
- Transmission:
  - Direct contact with mucosal tissue or secretions of another infected person
  - HSV-2 is mostly spread through genital contact

#### Pathophysiology

#### Inoculation

**HSV** 

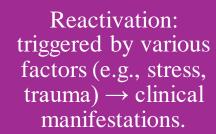


Neurovirulence: The virus invades, spreads, and replicates in nerve cells.



#### Latency:

the virus remains dormant in the ganglion neurons (Sacral ganglion)



#### **Clinical features**

- Affected individuals are often asymptomatic or have mild symptoms but may still be at risk of transmission.
- Before the skin lesion, the patient might be presented with redness, swelling, tingling, pain, and pruritus.

#### • Primary infection:

- Genital tract: skin lesions (erythematous vesicles) in the anogenital area, cervicitis, white, thick, and/or foul-smelling vaginal discharge
- Urinary tract: dysuria, urethritis
- Associated symptoms: fever, headaches, myalgias, malaise, tender bilateral inguinal lymphadenopathy

#### **Clinical features**

#### • Recurrent infection

- pain or tingling in the genitals, legs, buttocks, and/or hips
- Skin lesions are usually unilateral, less painful, and of shorter duration than in the initial infection.

## Management

- **Diagnostics:** Make a clinical diagnosis of HSV infection or reactivation.
  - Confirm diagnosis with PCR and/or viral culture in patients with suspected infection or reactivation regardless of symptoms.

- Treatment: Acyclovir
- Antiviral treatment effect: Decrease in duration and severity of infection, Reduction of viral shedding, However, recurrence cannot be prevented.

# Human papillomavirus infection (HPV)

## Human papillomavirus

- Double-stranded, circular, nonenveloped DNA virus with an icosahedral capsid
- Low-risk HPV types 6 and 11:
  - Anogenital warts (condylomata acuminata)
  - Mild cervical cell abnormalities
  - Tumors of non-genital mucosal membranes (e.g., respiratory tract, oral cavity)
- <u>High-risk HPV types 16, 18, 31, and 33</u>
  - Cervical cancer (responsible for 70% of cases)
  - High risk of anogenital, oral, and oropharyngeal squamous cell carcinoma
- HPV types 1, 2, and 4: cause skin warts, such as common warts and plantar warts

## Human papillomavirus

#### • Route of transmission

- Transmission occurs between two epithelial surfaces.
- Close personal contact: cutaneous warts
- Sexual contact: anogenital lesions

#### Pathogenesis

HPV expresses the following oncoproteins E6 and E7 that facilitate cellular transformation by inactivating tumor suppressor proteins, such as p53 and retinoblastoma (Rb), leading to uncontrolled cell proliferation and the development of HPV-related cancers.

### Genital intraepithelial neoplasms

- Pathogen: HPV types 16 and 18
- Classification:
- Squamous intraepithelial lesion: low-grade or high-grade, such as Cervical intraepithelial neoplasia, Penile intraepithelial neoplasia, and Anal intraepithelial neoplasia.
- Squamous cell carcinoma such as Cervical cancer, Carcinoma of the penis, and Anal cancer.

#### **Condylomata acuminata (anogenital warts)**

- Pathogen: HPV types 6 and 11
- Location:  $\mathbb{Q}$ : vulvar, cervix, anal region,
  - $\mathcal{S}$ : glans penis, foreskin, urethra, anal region
- **Clinical features:** Exophytic, cauliflower-like lesions. Often asymptomatic; may cause pruritus, tenderness.
- **Diagnostics:** Visual inspection, Application of 5% acetic acid turns lesions white.
- Treatment:
  - Cryotherapy: freezing external warts with CO2, or N2

## Flat condylomata

- Pathogen: particularly HPV types 3 and 10
- Clinical features: flat, white-brown, slightly elevated, scattered plaques in the anogenital region
- **Diagnostics:** visual inspection
- **Treatment:** Curettage or laser surgery.
- Regular checks: necessary because of the high risk of malignancy

## Non-anogenital manifestations:

- **Common warts:** Lesions are plaques or papules, Skin-coloured or whitish usually firm, often with a rough and scaly surface, located on the elbows, knees, fingers, and/or palms.
- **Plantar warts:** Rough, hyperkeratotic lesions on the sole of the foot often grow inwardly and cause pain while walking.
- Flat warts: Multiple small, flat patches or plaques localized on the face, hands, and shins.

#### Non-anogenital manifestations:





## Treatment

- There is no treatment for the infection itself. In most cases the infection clears up without any treatment.
- For the treatment options of HPV-related anogenital warts, routine clinical monitoring is important.



- Pathogen: a DNA poxvirus (molluscum contagiosum virus)
- Transmission:
  - Direct skin contact (contact sports, sexually transmitted)
  - Autoinoculation (scratching or touching lesion)
  - Fomites (e.g., on bath sponges/towels)

- Physical examination: single or multiple lesions in healthy patients; especially widespread in immunocompromised patients.
- Nontender, skin-coloured, pearly, dome-shaped papules with central umbilication
- Predilection sites:
  - In children: face, trunk, and extremities (e.g., axilla, and antecubital)
  - In adults: lower abdomen, groin, genitalia, and proximal thighs.



• **Treatment:** Spontaneous remission of the lesions usually happens within a few months; thus, treatment is often unnecessary.

• If treatment is indicated (e.g., for sexually transmitted molluscum contagiosum), cryotherapy with liquid nitrogen is usually the first treatment option.

# Cytomegalovirus infection



# Cytomegalovirus infection

- Pathogen: cytomegalovirus (CMV, human herpes virus 5, HHV-5)
- Transmission:
  - Blood transfusions
  - Sexual transmission
  - Transplacentally
  - Perinatal transmission (e.g., contact with contaminated blood/vaginal secretions during delivery or breastfeeding)
  - Body fluids (e.g., respiratory droplets, saliva, urine, genital secretions)

### Clinical features:

- CMV infection is usually asymptomatic. Severe manifestations occur in patients with immunocompromise.
- Immunocompetent patients: > 90%: asymptomatic course < 10%: CMV mononucleosis
- Fever, malaise, myalgia/arthralgia, fatigue, headache
- Less common: sore throat, cervical lymphadenopathy, hepatomegaly, splenomegaly

## Clinical features:

- Immunocompromised patients:
  - Asymptomatic CMV infection
  - Viral syndrome: malaise and fever with leukopenia and/or thrombocytopenia in individuals with a positive serum CMV antigen
  - CMV pneumonia: interstitial pneumonitis
  - CMV retinitis
  - CMV esophagitis and/or CMV colitis
  - CMV hepatitis: prolonged malaise and fever with mild transaminitis
  - CMV encephalitis: impaired cognitive function, neurological deficits
  - Adrenal insufficiency