



Chest Pain History Checklist

Opening the Consultation (Patient's profile) (Score: 1/10)

1. **Introduction:** Introduce yourself and your role.
2. **Consent:** Explain the purpose of the history taking and obtain consent.
3. **Patient's Profile:** Take the necessary information from the patient such as his where he lives, Martial status & Occupation.

Presenting Complaint (Score: 1/10)

4. **Open Question:** Ask the patient to describe their chest pain in their own words.

History of Presenting Complaint (Score: 4/10) (SOCRATES)

5. **Site:** Ask where the pain is located.
6. **Onset:** Clarify when the pain started and whether it was sudden or gradual.
7. **Character:** Ask the patient to describe the nature of the pain (e.g., sharp, dull, crushing).
8. **Radiation:** Inquire if the pain radiates to other areas (e.g., arm, jaw, back).
9. **Associated Symptoms:** Ask about symptoms like shortness of breath, sweating, nausea, or palpitations.
10. **Timing:** Determine the duration and pattern of the pain (e.g., constant, intermittent).
11. **Exacerbating/Relieving Factors:** Ask what makes the pain worse or better (e.g., exertion, rest, medications).
12. **Severity:** Use a scale of 0-10 to gauge the intensity of the pain.

Systemic Enquiry (Review) (Score: 1/10)

13. **Cardiovascular:** Ask about other cardiovascular symptoms (e.g., palpitations, syncope).
14. **Respiratory:** Inquire about respiratory symptoms (e.g., cough, wheezing).
15. **Gastrointestinal:** Ask about gastrointestinal symptoms (e.g., reflux, dysphagia).
16. **Musculoskeletal:** Inquire about any musculoskeletal issues (e.g., recent trauma, tenderness).

Past Medical History (Score: 1/10)

17. **Cardiovascular Diseases:** Screen for conditions like hypertension, coronary artery disease, or previous myocardial infarctions.
18. **Other Relevant Conditions:** Ask about diabetes, hyperlipidemia, or other chronic illnesses.
19. **Surgical History:** Inquire about any past surgeries, especially cardiac or thoracic.