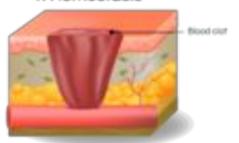
TISSUE REPAIR 2.



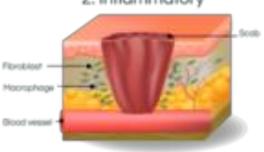
Eman Kreishan, M.D. 4-11-2024.

4 STAGES OF WOUND HEALING

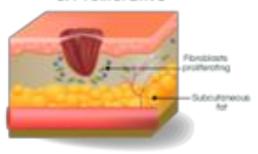
1. Hemostasis



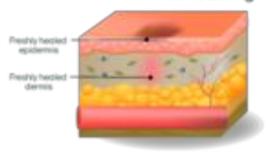
2. Inflammatory



3. Proliferative



4. Remodeling



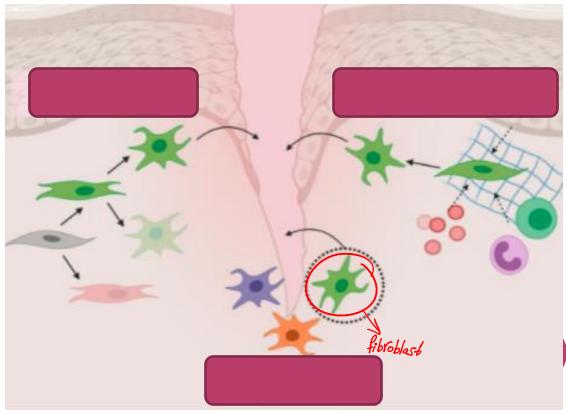
3.PROLIFERATIVE PHASE: PROLIFERATION OF FIBROBLASTS

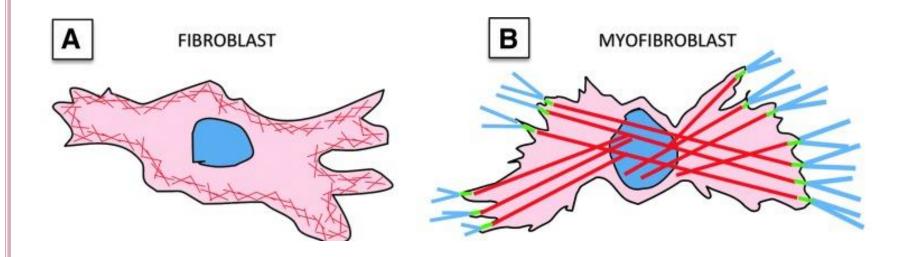
- The <u>laying down</u> of <u>connective tissue</u> occurs in two steps:
- (1) migration and proliferation of fibroblasts into the site of injury.
- (2) deposition of ECM proteins produced by these cells

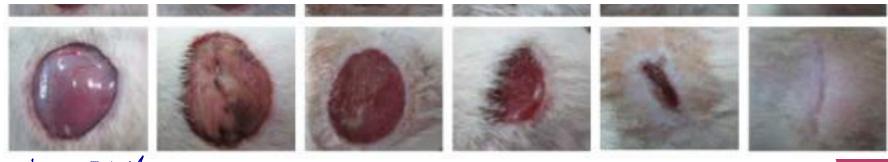
• These processes are <u>under the</u> control of <u>cytokines</u> and growth factors, including:

- PDGF.
- FGF-2.
- o TGF-B. > most important & most Gmmon recruit & stimulate fibroblast to produce Glagen
- The major sources of these factors are <u>alternatively</u> <u>activated (M2) macrophages</u>

- In response to cytokines and growth factors.
- fibroblasts enter the wound.
- fibroblasts vs myofibroblasts? (Street the wound)
- Activated fibroblasts and myofibroblasts produce collagen.







bone 25 wound

❖TGF-B

- The most important cytokine for the synthesis and deposition of connective tissue proteins.
- o It is produced mainly by <u>alternatively activated</u> macrophages. (M₂)
- TGF-β act to:
- stimulates fibroblast migration and proliferation.
- increases the synthesis of collagen and fibronectin.

extracellular protein Glagen פבבנולום ול responsible for Cell adhesion & Cellular intaction

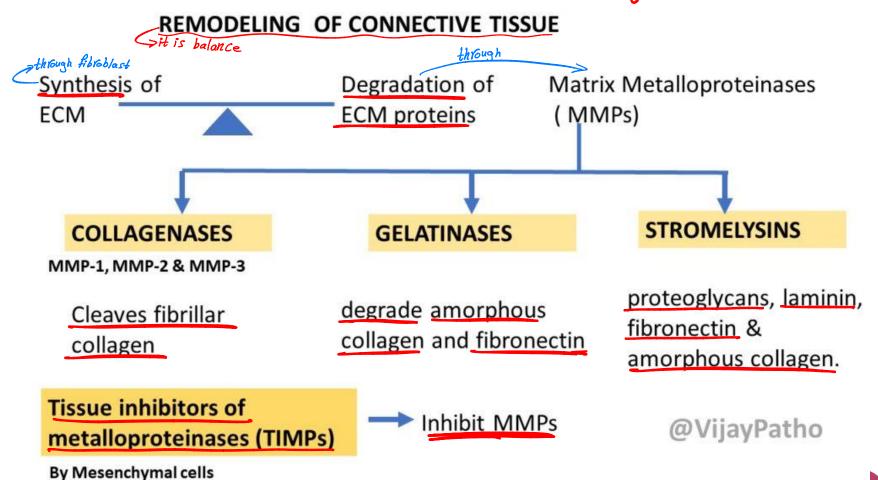
- As healing progresses, the number of proliferating fibroblasts and new vessels decreases.
- fibroblasts progressively assume a more synthetic phenotype and increased collagen synthesis.
- Collagen synthesis by fibroblasts begins early in wound healing (days 3–5) and continues for several weeks, depending on the size of the wound.
- O scar maturation: From pink to white
- transformation of the highly vascularized granulation tissue into a pale, largely avascular scar due to progressive vascular regression.

4. Remodeling of Connective Tissue

- o process of wound matrix breakdown by matrix metalloproteinases and synthesis of new ECM
- o Aimed to increase scar strength. > Vemodeling I 3
- Wound strength increases because of:
- cross-linking of collagen.
- increased size of collagen fibers
- > shift of the type of collagen deposited, from type III collagen early in repair to more stable type I collagen.

❖In well-sutured skin wounds, strength may recover to 70% - 80% of normal skin by 3 months.

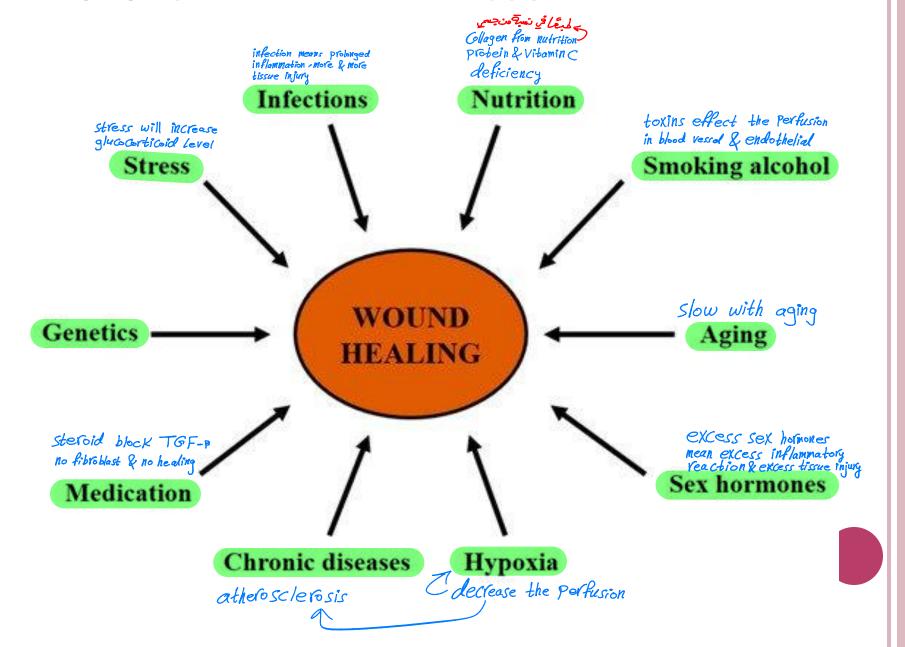
A balance of MMPs and TIMPs regulates the size and nature of the scar very important



MATRIX METALLOPROTEINASES (MMPS).

- They are <u>calcium-dependent zinc</u> containing <u>endopeptidases</u>.
- o They are capable of degrading all kinds of extracellular matrix proteins. due to this, these must be regulatory proteins
- produced by a variety of cell types (fibroblasts, macrophages, neutrophils).

FACTORS THAT IMPAIR TISSUE REPAIR



CLINICAL EXAMPLES OF ABNORMAL WOUND HEALING AND SCARRING

- > <u>Deficient</u> scar formation.
- Excessive formation of the repair components.
- Formation of contractures

I. DEFECTS IN HEALING: CHRONIC WOUNDS

• 1.Venous leg ulcers:

Seen in elderly people as a result of chronic venous hypertension, which may be caused by severe varicose veins or congestive heart failure.

Jeak endothelium fibrinogen وع العناد المعادية endothelium المعادية المعا

These <u>ulcers fail</u> to <u>heal</u> because of <u>poor delivery</u> of oxygen to the <u>site of the ulcer</u>.



- 2. Arterial ulcers: due to poor perfusion
- develop in individuals with atherosclerosis of peripheral arteries, especially associated with diabetes.

3. Pressure sores:

- are <u>areas of skin ulceration</u> and <u>necrosis</u> of underlying tissues.
- o caused by prolonged compression of tissues against a bone, for example, in bedridden. The lesions are caused by mechanical pressure and local ischemia.

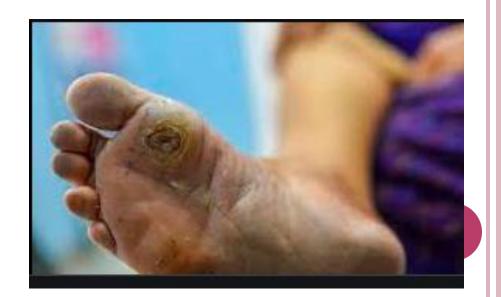




إذا كان الويفى دايغًا ثايم على المنظرة الحل هو تتوييس. الويض

4. Diabetic ulcers;

o affect the lower extremities, particularly the feet. Tissue necrosis and failure to heal are the result of small vessel disease causing ischemia, neuropathy, systemic metabolic abnormalities, and secondary infections.





epithelial ulceration and extensive granulation tissue in the underlying dermis

5. wound rupture (dehiscence):

o occurs most frequently after abdominal surgery and is a result of increased abdominal pressure, such as may occur with vomiting or coughing.

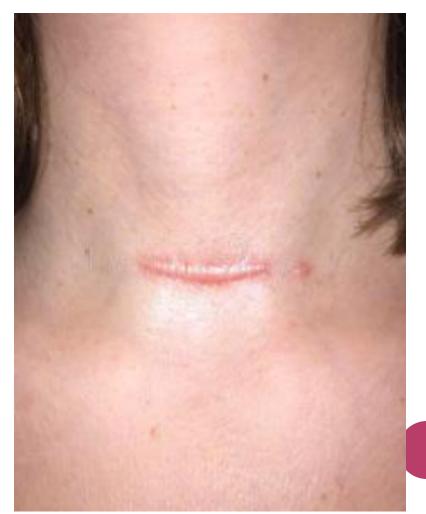
Gastipation



II EXCESSIVE SCARRING

- The accumulation of excessive amounts of collagen may result in a raised scar known as a hypertrophic scar.
- These often grow rapidly and contain abundant myofibroblasts.
- ✓ develop after thermal or traumatic injury that involves the deep layers of the dermis.
- ✓ they tend to regress over several months.



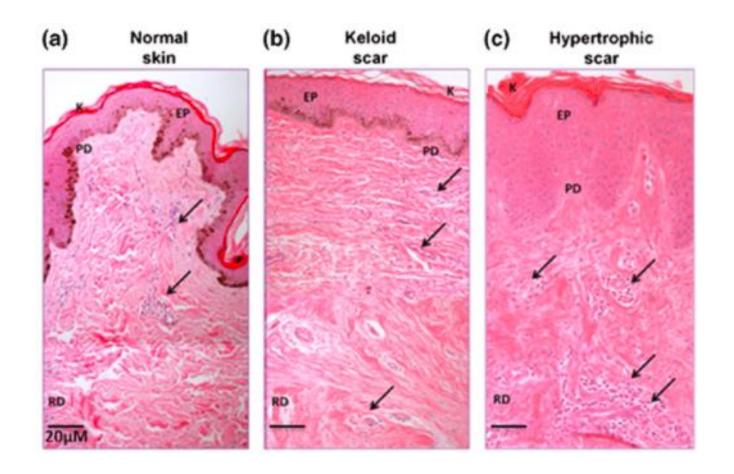


o keloid:

• It is a <u>hypertrophic scar that grows beyond the</u> <u>boundaries</u> of the original wound and does not

regress.



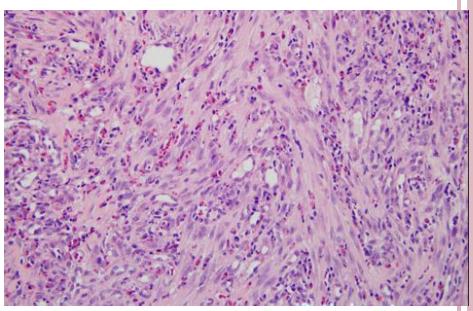


- A. In <u>normal skin</u>, the characteristic <u>random orientation</u> and <u>bundle formation of collagen fibres</u>
- B. increased number of thick collagen fibres arranged in bundles
- C. The <u>collagen fibres</u> were <u>arranged randomly</u> and <u>showed highly</u> cellular zones

EXUBERANT GRANULATION

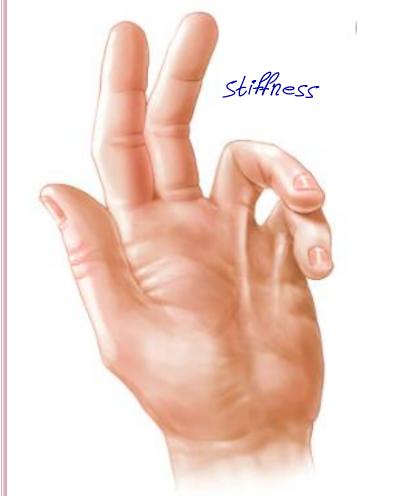
o formation of excessive amounts of granulation tissue, which protrudes above the level of the surrounding skin and blocks reepithelialization.

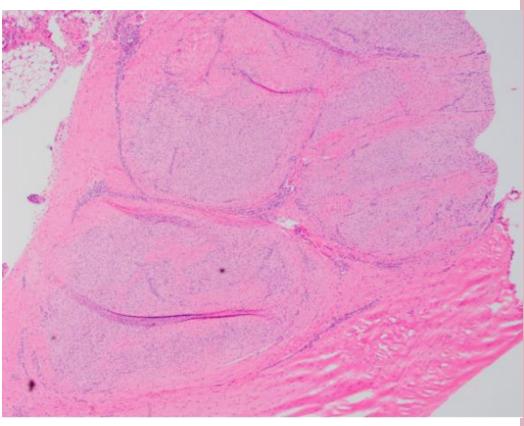




III CONTRACTURE

- permanent shortening of a muscle or joint develop when normally elastic tissues such as muscles or tendons are replaced by inelastic tissues (fibrosis).
- o prone to develop on the palms, the soles, and the anterior aspect of the thorax.
- Contractures are commonly seen after serious burns and can compromise the movement of joints.





Nodule formation:

Composed of spindle cells (myofibroblasts and fibroblasts) with dense collagen. instead of normal elastic tissue

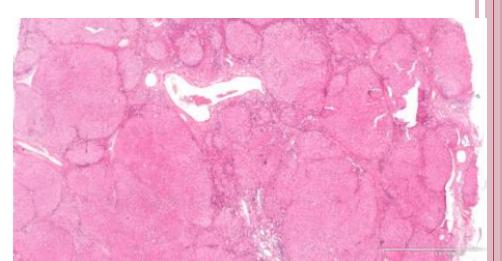
FIBROSIS IN PARENCHYMAL ORGANS

- excessive deposition of collagen and other ECM components in a tissue.
- o scar vs fibrosis????
- Fibrosis is a pathologic process induced by persistent injurious stimuli such as chronic infections and immunologic reactions, and is typically associated with loss of tissue.
- It may be <u>responsible</u> for substantial <u>organ</u> dysfunction and even <u>organ</u> failure.

EXAMPLES OF FIBROTIC DISORDERS

> 1. liver cirrhosis. loss of hepatocyte & loss of function

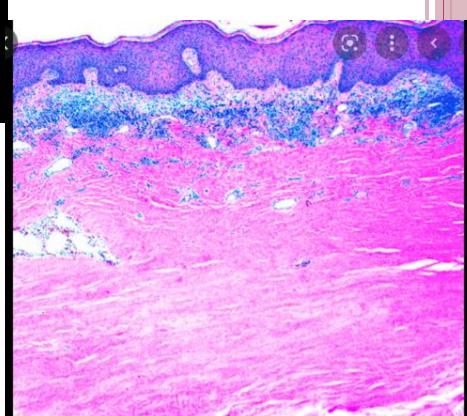




2.SYSTEMIC SCLEROSIS (SCLERODERMA).



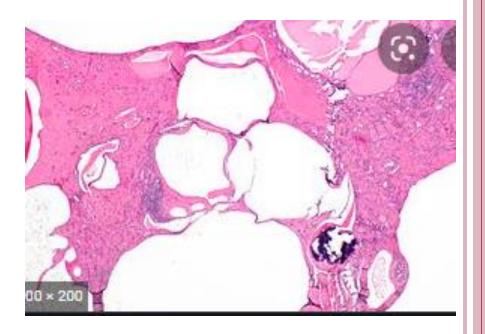
the dermis filled with Glagen & no elastic tissue



3. END-STAGE KIDNEY DISEASE.

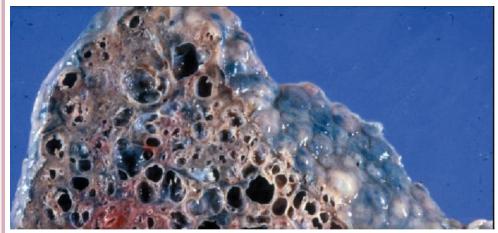
loss of normal parenchyma

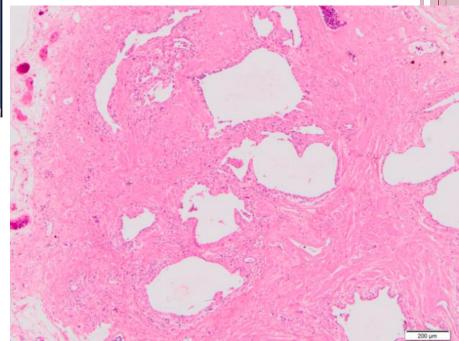




*fibrosing diseases of the lung.

Grossly: Honeycomb, Cystic spaces with fibrotic wall Histology: cystic spaces lined by bronchiolar epithelium and fibrotic wall







OFFICE HOUR Sunday: 8:30-10:30 Wednesday: 10:30-12:30