

Biochemistry of Cardiac Muscle-1

Specificity of cardiac metabolism

- The heart is one of the most active and highly oxidative organ in the body. *This sentence mean: there must be equilibrium between demand (الاجبة) and energy supply to the heart.*
- Myocardial function depends on a fine equilibrium between the work the heart has to perform to meet the requirements of the body which conjugates a series of electrophysiological, biochemical and mechanic events, resulting in the pumping of blood to all bodily tissues and the energy to be synthesized and transferred as ATP molecules to sustain excitation-contraction coupling.
- To support high rates of cardiac power, metabolism is designed to generate large amount of ATP by oxidative phosphorylation to meet energetic demand for generating the needed mechanical force, and for maintaining cellular homeostasis.
- Cardiac depend on fatty acids mainly as the source of energy.

Heart needs

ATP

الى انقضا رانه يتم تصنيعه عن طريق

Oxidative phosphorylation

it means that I have intermediates:

NADH
FADH₂
They have energy in the form of electrons

Mitochondria
له مثل 80% في
Cardiac myocytes

to enter ETC

In ETC these electrons enter chains of reactions

خلال التفاعلات الإلكترونية وانه يكوننا جولا طاقة كائنة داخل السلسلة. له هي الطاقة زرع استخدامها يأتي أحوال

ATP ← ADP

(phosphorylation طريق عملية

O₂ → آخر مستقبل للإلكترونات (2 أعطيها "H" الكبريت في NADH, FADH → to form H₂O molecule.

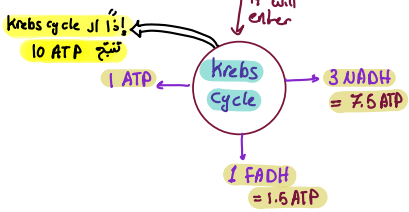
Sources of NADH and FADH



fatty acids 60%
unesterified State
تكون في حالة

Acetyl CoA

NADH = 2.5 ATP
FADH = 1.5 ATP



it will enter

Krebs cycle إذا ال
تنتج 10 ATP

* خلايا تشقت إنه ال Cardiac myocytes تحتو بكتل كبير على Free FA and carbohydrates الموجودة بزا في الدم و هي بتكون قادرة على تخزين كمية كثير قليلة من Free FA and carbohydrates in the form of:
FA → triglycerides glucose → glycogen
* إذا جزء منهم يتم تحويله إلى ATP لاستهلاكه و الجزء الآخر يتم تخزينه لوقت الحاجة.

* ATP that (is) produced is used in:

- 1- Contraction
- 2- Ca⁺² uptake to the smooth endoplasmic reticulum.

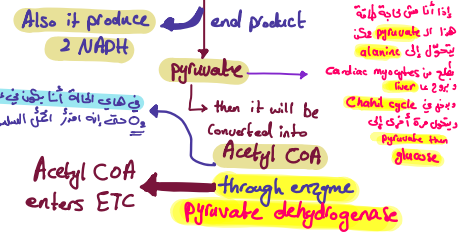
glucose in blood

يخزن عن طريق transporter حين
إلى هو عبارة عن
GLUT 4 (Main) + GLUT 1 (accessory)

- * There are some conditions that have to exist so the glucose can enter through GLUT 4 transporter:
 - Insulin → because that transporter is insulin dependant
 - concentration gradient → outside is higher than inside
 - The cell must be in active state and O₂ exist

* glycolysis produce:
① 2 NADH ② 2 ATP

If we are in the state of needing ATP this glucose will undergo glycolysis



Also it produce 2 NADH

end product

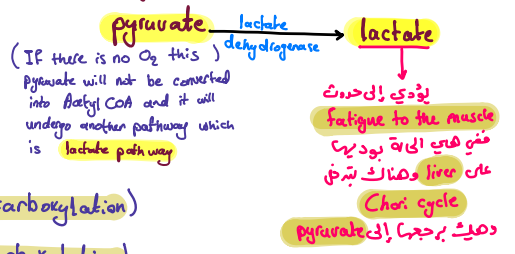
then it will be converted into Acetyl CoA

through enzyme Pyruvate dehydrogenase

Acetyl CoA enters ETC

أعلى تراكم يؤدي إلى lactate pathway حيث أن NAD⁺ و نقل عملية glycolysis continuous

glucose → glycolysis → pyruvate



- * pyruvate also may be converted into oxaloacetate
- * pyruvate → Acetyl CoA (decarboxylation)
- * pyruvate → oxaloacetate (Carboxylation)

يؤدي إلى حدوث fatigue to the muscle ففي هي الية بوجد في على liver وهناك بترن Chori cycle
دهي بوجي إلى pyruvate

The energetic metabolism of the cardiomyocyte consists of three key components:

- 1- Capture and utilization of primary substrates, with the incorporation of their metabolites into TCA cycle;
Free fatty acids, glucose
acetyl CoA
- 2- Oxidative phosphorylation, which occurs in ETC within the internal mitochondrial membrane; and
And that will produce ATP
- 3- The phosphocreatine (PC)-creatine kinase (CK) energy transference system, a network for phosphate transference from ATP to creatine (an "energy-storing" molecule), through mitochondrial CK and yielding PC (an important source of energy under high-demand conditions).

→ when ATP is produced (حتى انه يتم استهلاكها), the phosphate group will be taken and added to the creatine
بالممكن الصحيح و ما تضيع (energy store) PC ← باستخدام الـ ATP

N.B. Mitochondria occupies ~30% of cardiomyocyte space.

- The metabolic machinery of the heart utilizes oxygen up to 80%-90% of the maximum capacity of ETC ; however, at a resting state, the heart operates at only 15%-25% of its maximum oxidative capacity.

- Cardiomyocytes show an elevated rate of ATP hydrolysis, which is strongly linked to oxidative phosphorylation because under non-ischemic conditions, over 95% of these cells' ATP is produced in this process.

- Under basal aerobic conditions:

1- 60% of energy comes from FAs, but their synthesizing capacity for these molecules is relatively low. As a result, these cells depend fundamentally on the influx of FAs from the vascular compartment, and thus, the rate of FAs consumption by cardiac muscle is principally determined by the concentration of non-esterified FAs in plasma.

← به جھلک! انہ القلوب لما یکن بہ یستغلن بأوقرے طریقۃ عاکبہ لیستخدمن (80-90%) من O_2 الواصل الی القلب لاستخدامه فی الإنتاج

← انہنا بتستخدمن لجارات کبیرة من الطاقة.

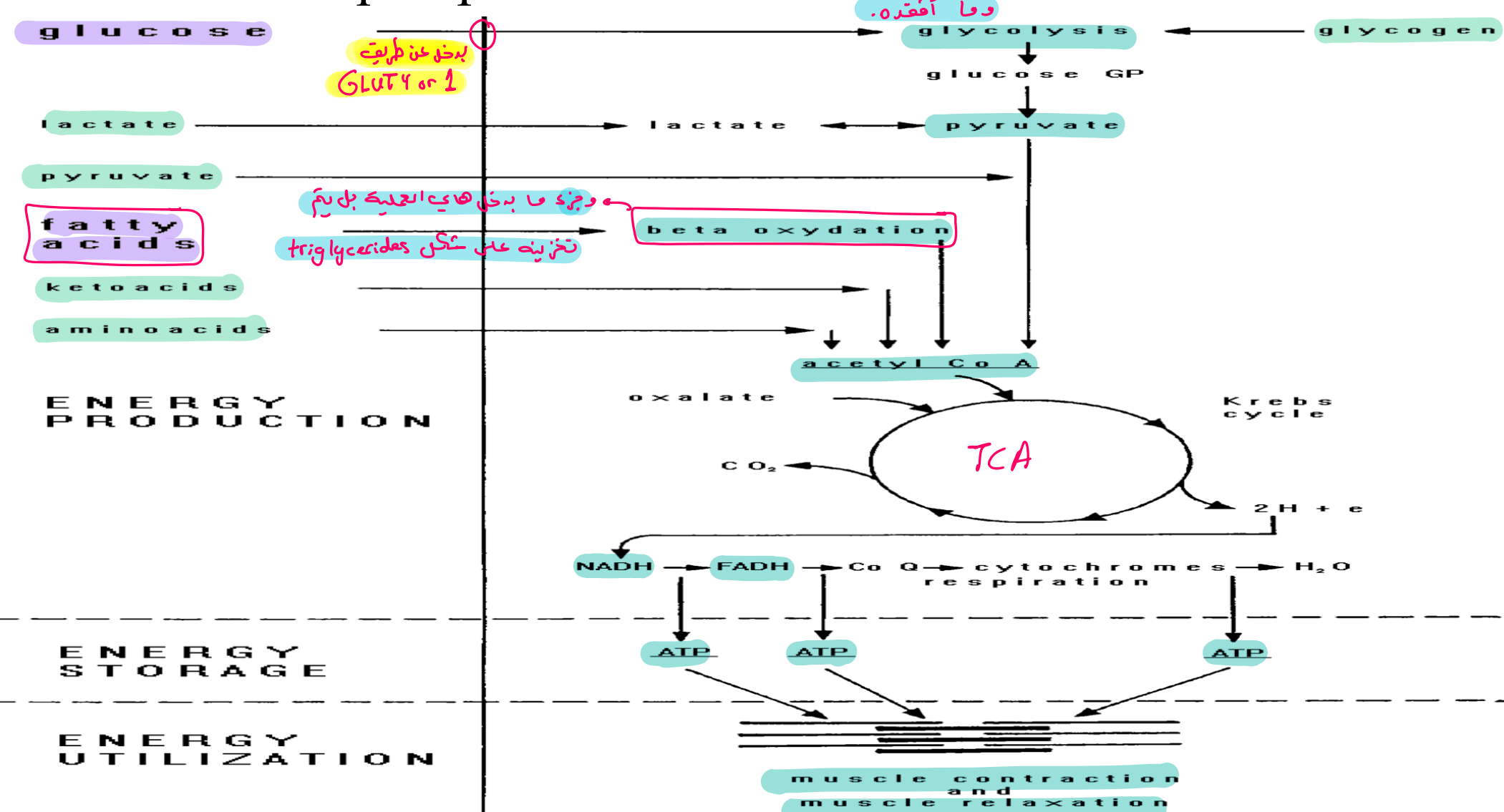
← یعنی باستخدام

O_2

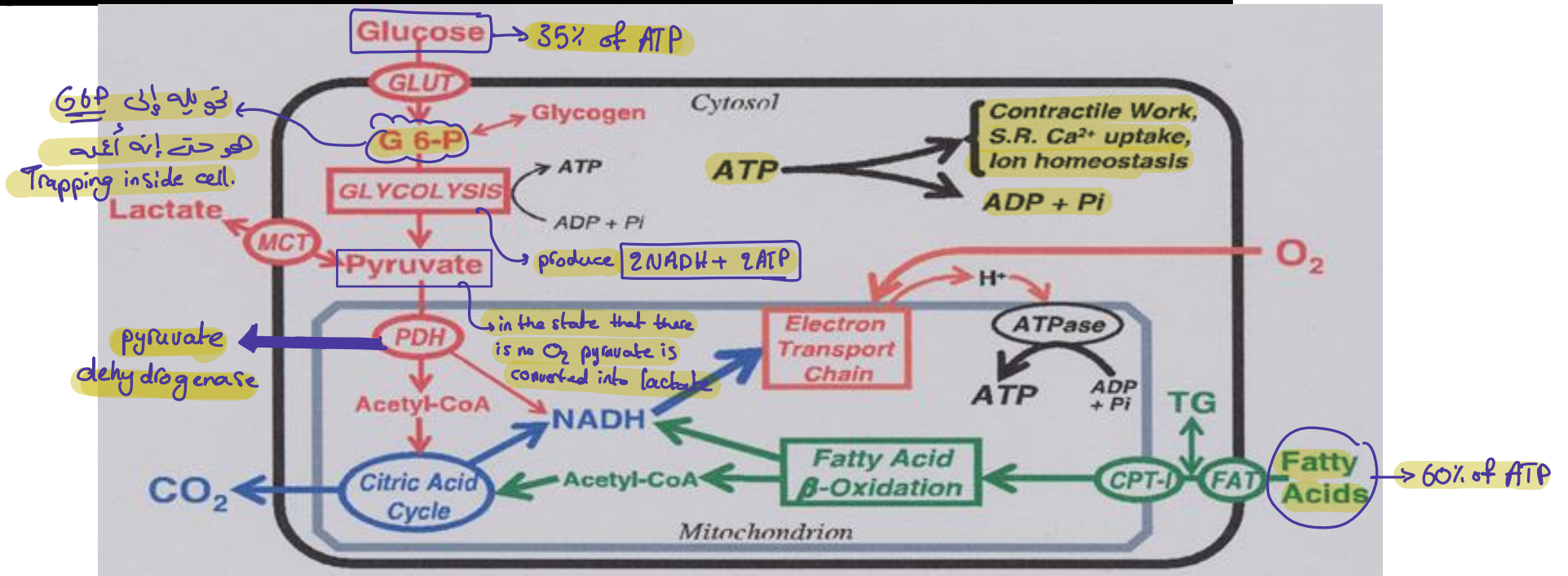
2- 35% from carbohydrates

3- 5% from amino acids and ketone bodies.

- ~ 60-70% of ATP hydrolysis is used for muscle contraction, ~30 - 40% for the sarcoplasmic reticulum (SR) Ca^{2+} -ATPase and other ion pumps. → (* هيا العملية بتغير حدة راني أحاطظ على Ca^{+2} وما أفقره.



Regulation of metabolic pathways in the heart



- CAC is fueled by acetyl-CoA formed by oxidative decarboxylation of pyruvate (glycolysis) (10-40%) + from β-oxidation of FA (60-90%).
- The reducing equivalents: NADH and FADH₂ (generated by glycolysis, oxidation of lactate, pyruvate and β-oxidation of FAs) deliver electrons to ETC → ATP (oxidative phosphorylation).

Carbohydrate metabolism

Glycolytic substrate is derived from exogenous glucose and glycogen stores.

- Glycogen pool in the heart is relatively small (~30 mmol/g wet wt compared with ~150 mmol/g wet wt in skeletal muscles). *→ so in Cardiac muscle glycogen pool is $\frac{1}{5}$ glycogen pool in skeletal muscle.*
- Glucose transport into cardiomyocyte is regulated by transmembrane glucose gradient^① and the content of glucose transporter in the sarcolemma – GLUT-4^② which is translocating to the membrane in response to signaling by insulin, increased work demand, or ischemia^③, with GLUT1 playing an accessory role.

- Glycolytic pathway converts glucose 6-phosphate and NAD^+ to pyruvate and NADH , generating 2 ATP molecules for each glucose molecule. Under anaerobic condition, pyruvate is converted to lactic acid (non-oxidative glycolysis). Under aerobic condition, pyruvate and NADH are shuttled to the mitochondrial matrix to generate CO_2 and NAD^+ .

* The main process for regenerating NAD^+ is oxidative phosphorylation }
lactate pathway

في حال عدم وجود O_2 يتم اللجوء إلى lactate pathway

- Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) converts glyceraldehyde-3-phosphate to 1,3-diphosphoglycerate → production of NADH .

→ This is the enzyme that produce NADH in glycolysis process.

إنا نحن regenerating NAD^+ لا NAD^+ حتى إنه ما يتم تنبؤ GAPDH through negative feedback.

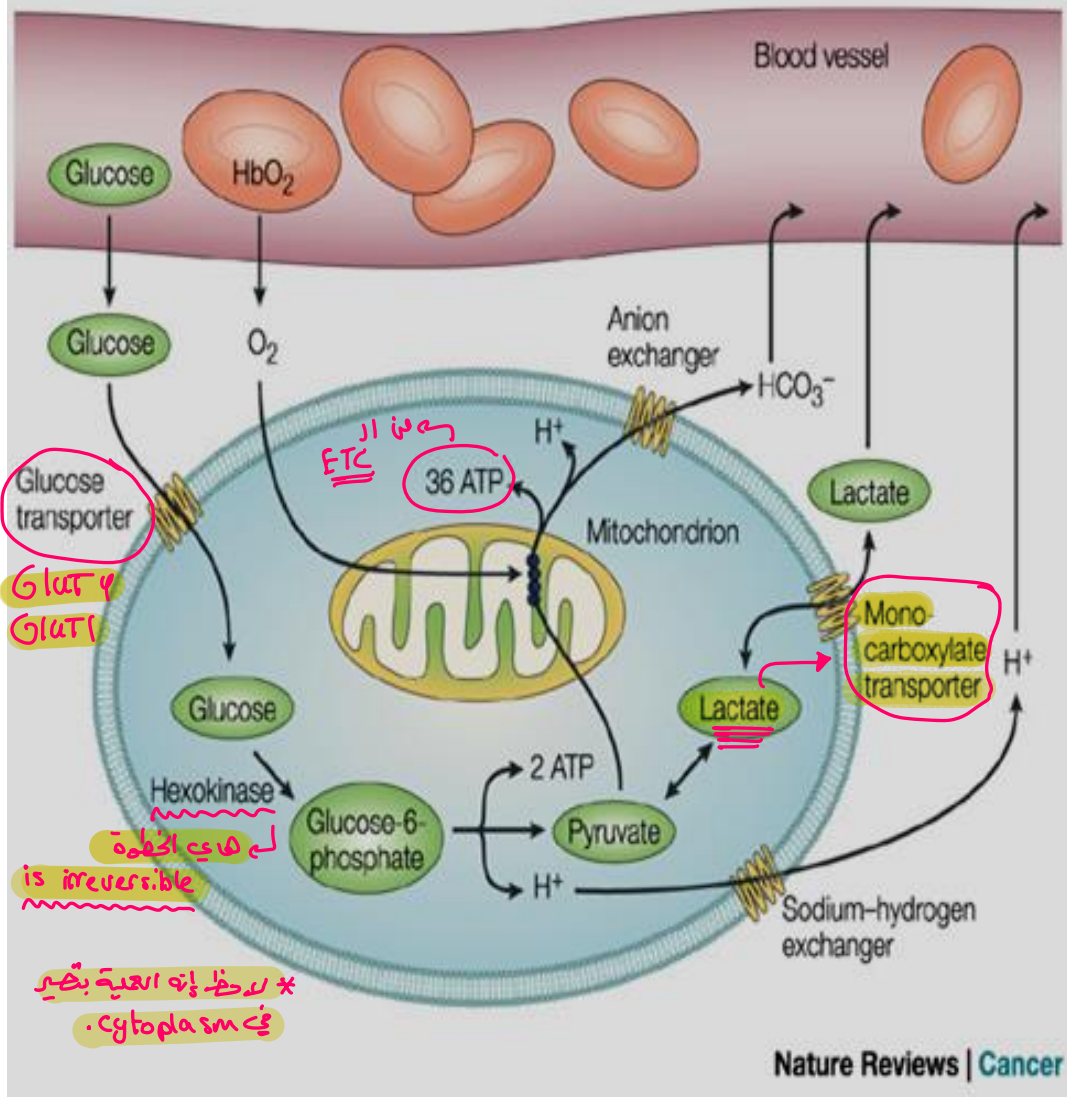
- GAPDH is major regulatory step, it is inhibited by the accumulation of NADH and activated by NAD^+ .

→ because there is no O_2 and there will be a shuttle to the lactate pathway.

- Severe ischemia in heart → lactate and NADH accumulation → cessation of oxidative metabolism and lactate production.

اقرأ الصورة في next slide first.

- PFK-1, the key regulatory enzyme in glycolytic pathway catalyzes the second irreversible step.
- PFK-1 utilized ATP → fructose 1,6-bisphosphate, is activated by ADP, AMP and Pi and inhibited by ATP and fall in pH. *which is increase in $\uparrow H^+$.*
- PFK-1 can be also stimulated by fructose 2,6-bisphosphate (formed from fructose 6-phosphate by PFK-2).



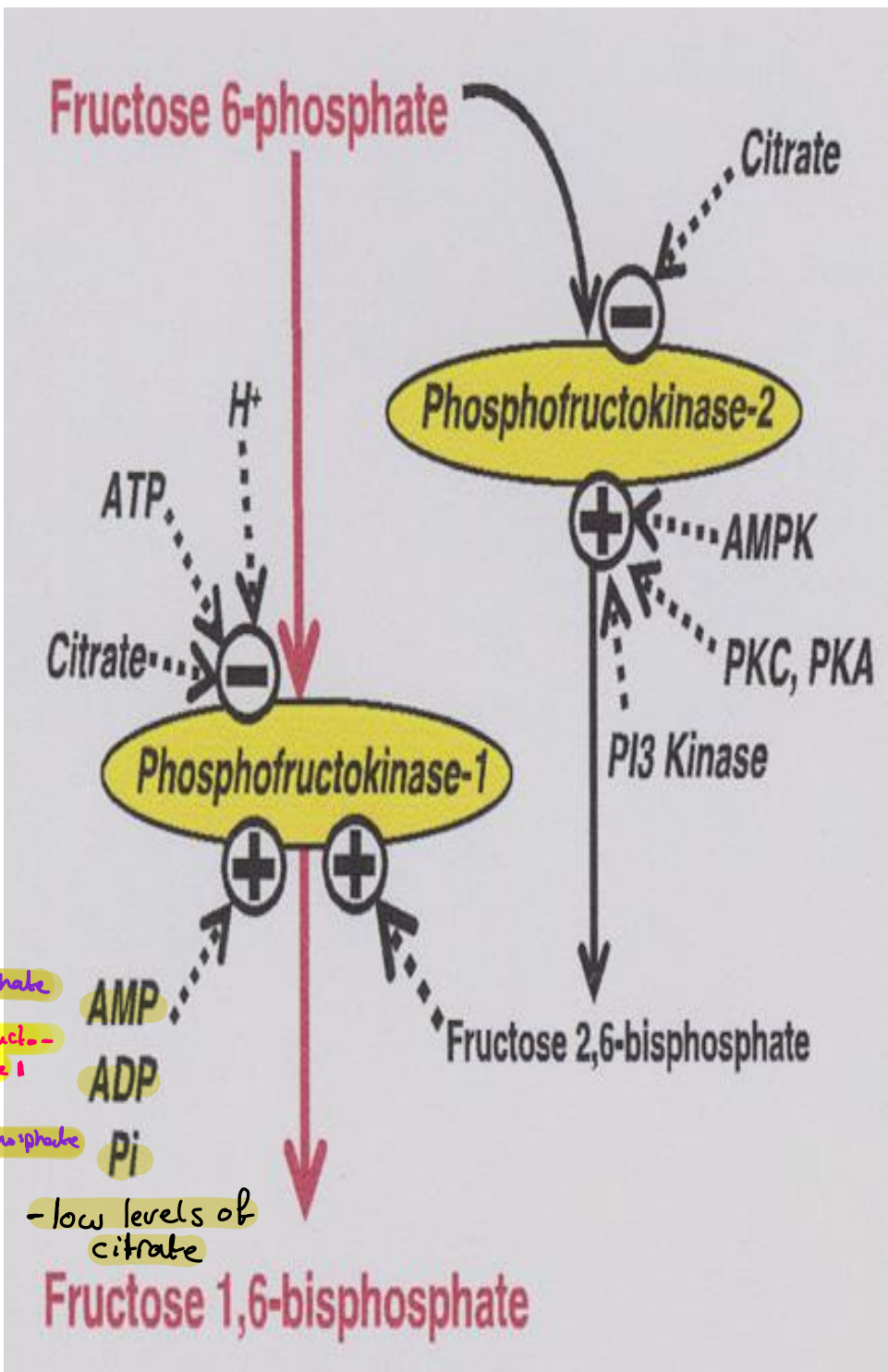
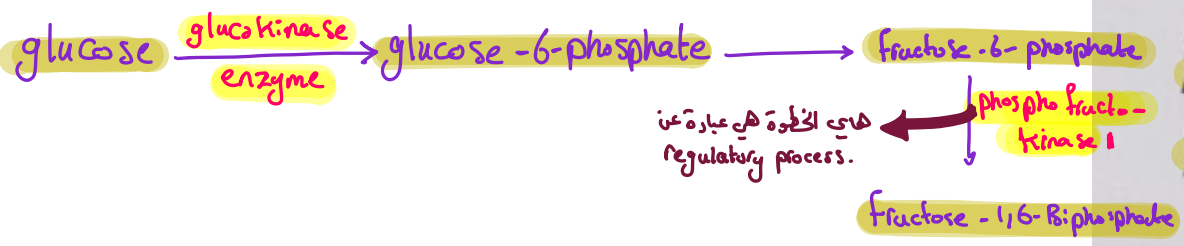
- In the mitochondria pyruvate is:

1- Oxiditively decarboxylated into acetyl CoA by pyruvate dehydrogenase (PDH)

or
2- Carboxylated into oxaloacetate by pyruvate carboxylase

or
- Reduced in cytosol to lactate by lactate dehydrogenase.

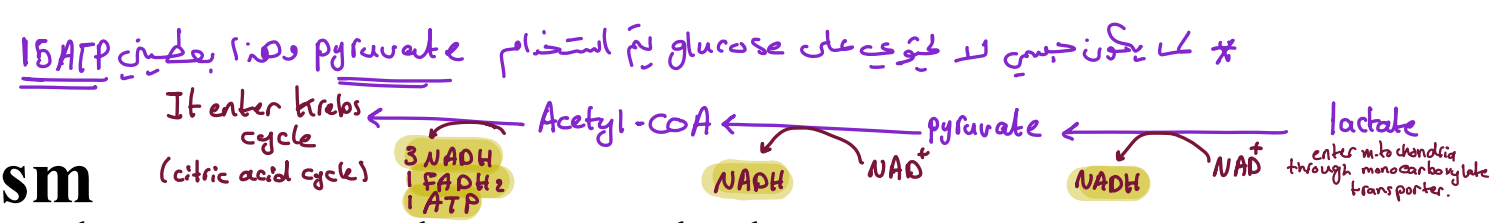
* Glycolysis:



- The control of PDH activity is an essential part of overall control of glucose metabolism.
- PDH – mitochondrial multicomplex, activity is controlled by work, substrate and hormones.
- Lactate is released in the blood stream through specific transporter, which has critical role in maintaining the intracellular pH (removes also the protons produced by glycolysis).

→ It's located in the mitochondrial matrix.

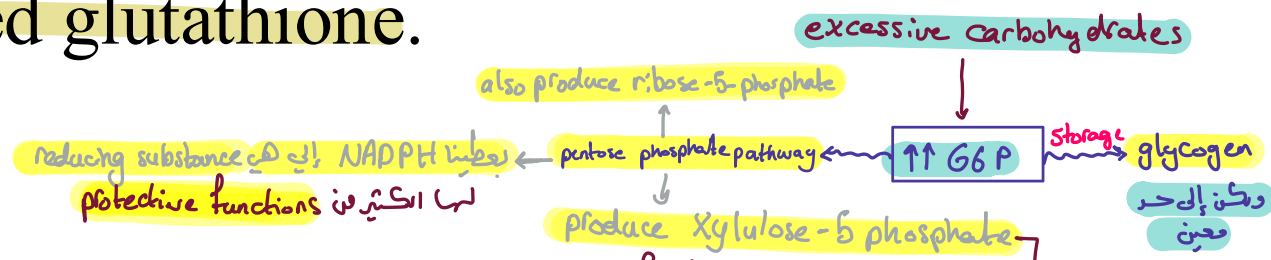
→ monocarboxylate transporter.



Lactate metabolism

- During starvation, lactate can be recycled to pyruvate. NAD^+ is reduced to NADH [2.5 ATP - lactate oxidation to pyruvate].
- Pyruvate is then burned aerobically in the CAC, liberating (12.5) ATP per cycle.

- Although only 2% the heart's ATP is produced in glycolysis, but it becomes very important under anaerobic or ischemic status.
- Indeed, in heart failure and hypertrophy, there is a metabolic switch towards favoring carbohydrate over FAs metabolism in the heart.
- Glycolytic intermediates can participate in several additional pathways that do not lend to ATP generation.
- These pathways are of biological significance in the heart despite the small fluxes.
- Glucose 6-phosphate produced by the hexokinase reaction enters PPP, yielding NADPH during the oxidative phase and 5-carbon sugars in the non-oxidative phase.
- The supply of NADPH from the PPP is important for antioxidant defense as NADPH is required for maintaining the level of reduced glutathione.



transcriptional factor ← كبر عبارة من

- End products of the non-oxidative phase of the PPP are also of significance as ribose 5-phosphate becomes a substrate for nucleotide or nucleic acid synthesis while xylulose 5-phosphate has been suggested as a transcriptional signaling molecule.
- An alternative fate of G6P is the production of sorbitol, via the enzyme aldose reductase, in the polyol pathway.
- The role of polyol pathway in normal cardiac metabolism is unknown but increased flux has been noted in diabetic patients and has been associated with abnormal glucose metabolism and cardiac dysfunction. Also, increased aldose reductase flux has been implicated in the myocardial response to ischemia-reperfusion injury.

This is the enzyme that convert glucose into sorbitol.

- The glycolytic intermediate fructose 6-phosphate can diverge into the hexosamine biosynthetic pathway, yielding uridine diphosphate -N- acetylglucosamine, via the enzyme glutamine fructose 6-phosphate amidotransferase.
 هذا عبارة عن intermediate يدخل في عملية تصنيع proteins.
- Uridine diphosphate –N -acetylglucosamine is participating in O-linked glycosylation reactions of proteins, it is observed in diabetes and proposed to be responsible for alteration of insulin sensitivity and fatty acids oxidation.

These reasons indicates why our body use FA to produce just 60% of ATP, not more than that.

- This lipotoxicity happen due to:
- 1] accumulation of FA in Cardiac myocytes
 - 2] Utilize large amount of O₂ in ATP synthesis from FA in compare with gl colysis.
 - 3] Oxygen radicals may be produced from FTC → لأنه لما تكون H₂O في الميتوكوندريا يكون في تفاعلات غير متوازنة تؤدي إلى تكوين free radicals

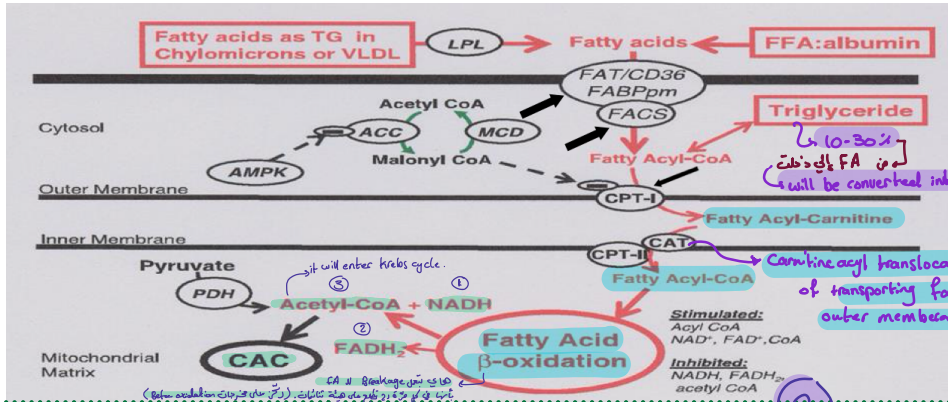
* الناس إليهم رز يقدروا يعقدوا على glucose ويكونوا معرضين إلى lipotoxicity:

① الأشخاص إلى يكونوا معتادين Specific type of diet that contain glucose

② مرض DM

لأنه يكون في عدم insulin resistance

و ما يتغير في نقل carbohydrate GLUT transporters



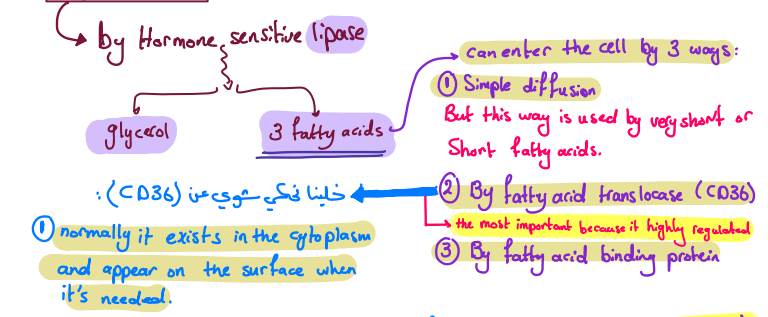
من 10-30% من FA التي دخلت will be converted into triglycerides.

Carnitine acyl transferase is responsible of transporting fatty acyl carnitine from outer membrane to the inner membrane.

* Sources of fatty acids:

- 1- from diet → that contains triglycerides
هناي شحون على FA تأتي من خلال شحون استر استر يطبخ من سبورة Chylomicrons
- 2- liver contain a storage of triglycerides
يخزن في الكبد في هيئة VLDL
- 3- Triglycerides produced from fatty tissue in our body.
- 4- free fatty acids that is conjugated with general transporter as Albumin.

* triglycerides is not the one that we use it.



② CD36 expression on the surface increases in many situations as:

- ① in insulin insensitivity
لأنه في الحالة التي لا تقدر تستخدم GLUT4
 - ② High work load (I need more energy than usual)
 - ③ When there is ↓ glucose or we can't use glucose.
- بين هاي الحالات هي جيعا سلاح ذو حدين لأنه زيادة وجود FA ↑ يمكن أن تؤدي إلى حدوث lipotoxicity ← عشان هيك هاي العملية لازم تكون منظمة

it's regulated by PPAR

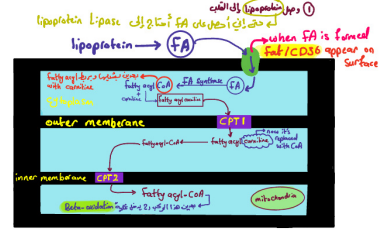
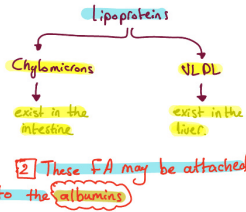
PPAR is activated by coactivator

هذا ان coactivator الة أتواي α, β, γ... when it's activated a proliferation for regulatory enzymes will be done, they may regulate the following metabolic processes:

- ① Production and synthesis of triglycerides
- ② Break down of triglycerides through beta oxidation
- ③ Glycolysis and ATP production from glucose.
- ④ Production of antioxidants
لأنه عليه توضع الطاقة هي النهاية oxygen dependant وهذا المدي يمكن يؤدي إلى تكوين free radicals إلى يمكن تضرر خلايا الجسم.
- ⑤ regulate apoptosis and prevent too much apoptosis
لأنه زي ما نحن نعرف إنه ان Cardiac myocytes ما يتجددوا
- ⑥ It also regulates fatty acids uptake by cells.

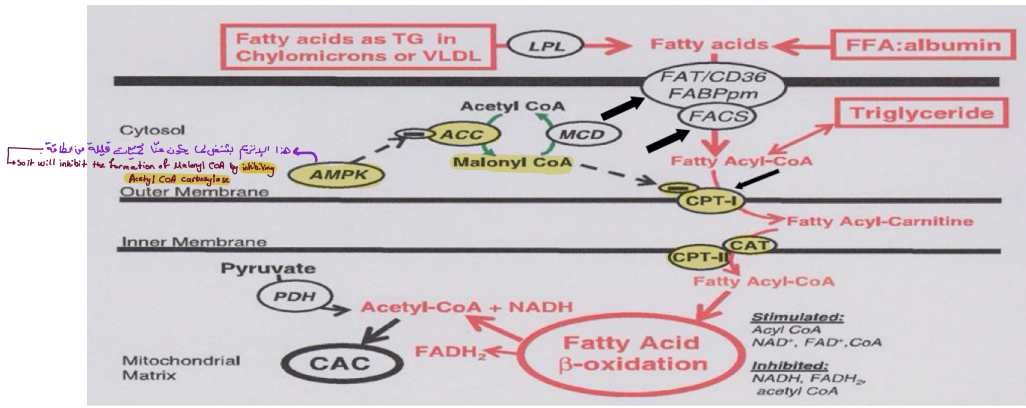
① Fatty acids (60%):

← الشيء يصعب تحيية فيه من FA طرية من فيه بده عيبه !! 99%
① Vascular component
We have 2 types of lipoproteins that can transmit FA from vessels to the heart.



- ① when FFA is formed FAT/CD36 appear on surface
- ② that means that we have a change for energy and that will lead to ↑ CPT-1 → no fatty acid intake
- ③ إلى يتم العمليات الناتجة عن الـ PPAR (peroxisome proliferator-activated receptor) في كل من الكبد والعضلات و ده من شوية شوية أمور:
- ① fatty acid storage
 - ② fatty acid oxidation
 - ③ gluconeogenesis
 - ④ oxidative stress (anti oxidant)
 - ⑤ prevent apoptosis
 - ⑥ ↑ expression of fat

carnitine acyl transferase



* Things indicates high level of energy.

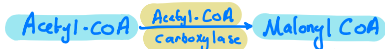
- ① \uparrow ATP, \uparrow ATP, AMP
- ② \uparrow NADH, \uparrow NADH : NAD⁺
- ③ \uparrow FADH, \uparrow FADH : FAD⁺

④ \uparrow Acetyl-CoA, \uparrow Acetyl CoA : CoA

- ⑤ \uparrow pyruvate
- ⑥ \uparrow citrate

⑦ \uparrow Malonyl CoA

منه تتركبه لما يكون عند التحلل الحيوي
كبيرة من Acetyl-CoA عن طريقه :



(إلى أضداد هوائية عن Short chain fatty acid)

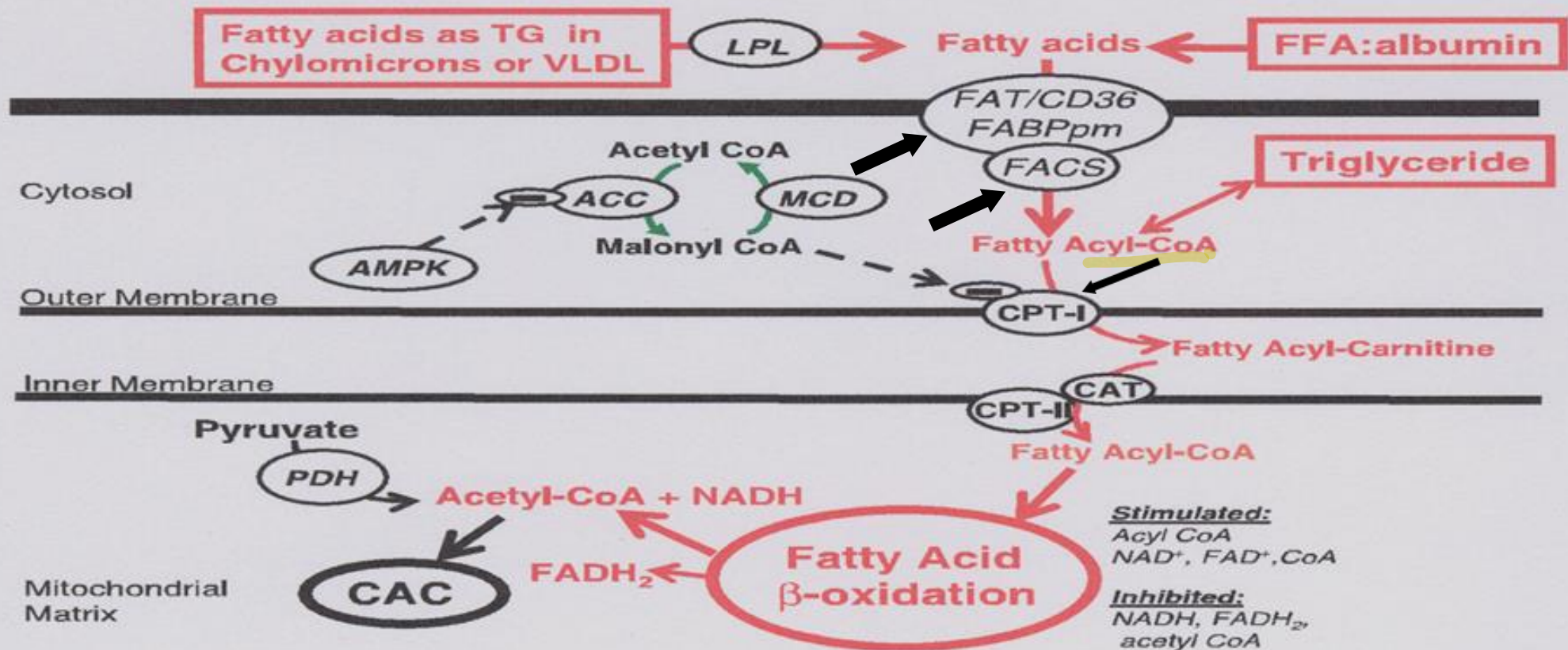
وجود أكثر من Malonyl-CoA يؤدي في النهاية إلى تثبيط الـ FA أكسدة

* لو برنا نقارن ما بين الـ FA و glucose من حيث الـ efficiency :

	FA	Glucose
* كمية ATP المنتجة عند استخدام 10 ₂	2.8 ATP	3.17 ATP
* لو برنا نستخدم 1 molecule من كل وحدة فيم	1 FA \rightarrow 92 ATP and consume (46) O ₂	1 glucose \rightarrow 30 ATP consume 12 O ₂ atoms.
		لو نوخذ الـ 3 أسياء عشان نعرف نقارن : 3 glucose \rightarrow 90 ATP consume 36 O ₂ atoms

* في هاي المقارنات واضح إنه الضر الذي يسببه glucose أقل من الضر الذي يسببه الـ FA ، ولكن الطريقة التي يستخدمها Heart أكثر هي FA oxidation

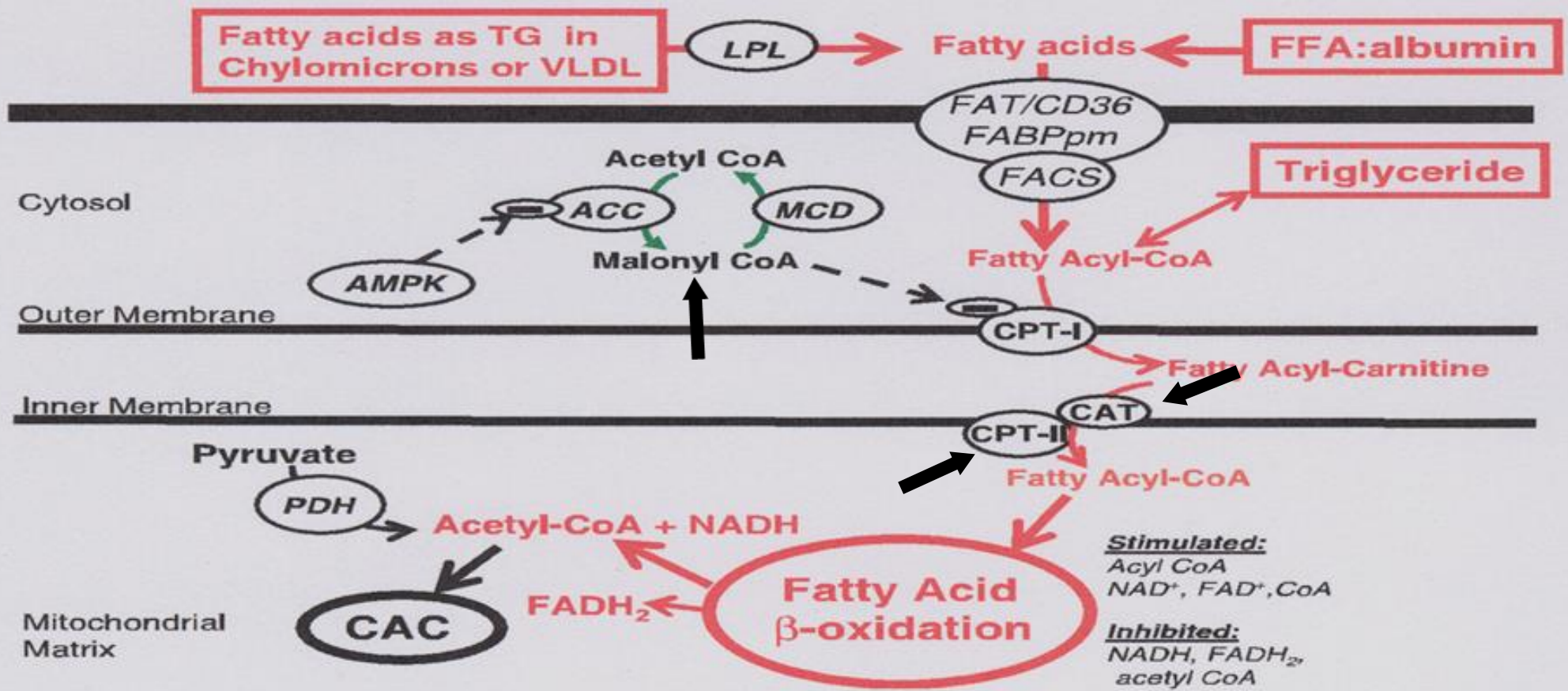
Fatty acids metabolism



- FAs enter the cardiomyocyte by:
 - Passive diffusion
 - Protein-mediated transport across sarcolemma – fatty acid translocase (FAT) or plasma membrane fatty acid binding protein (FABP).
- Fatty acyl-CoA synthase (FACS) activates nonesterified F.A. by esterification to fatty acyl-CoA. → that is used for trapping fatty acids.

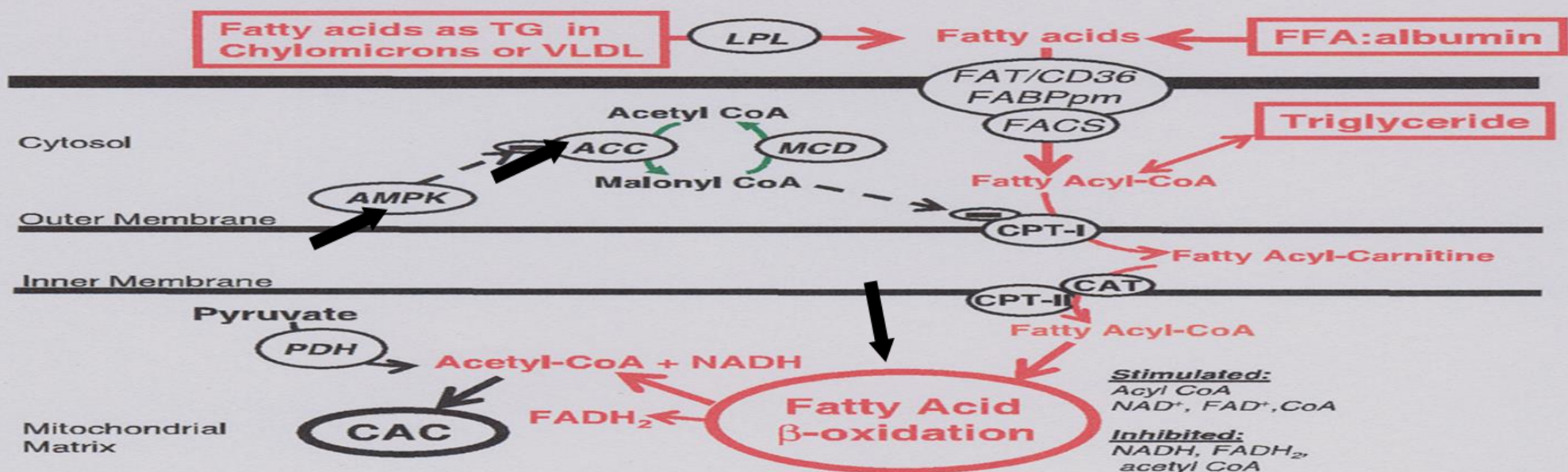
- FAT/CD36 is one of the main translocases, most abundantly expressed in cardiomyocytes, an 80 kDa integral membrane glycoprotein which is stored in intracellular compartments and transported towards the cell membrane in response to increased energy demands. It is also the most important FAs translocase in the heart and has a key role in the entry of long-chain FAs into cardiomyocytes.
- Excessive expression of FAT/CD36 has been associated with impaired cardiac insulin sensitivity, reduced uptake of glucose, and excessive uptake of FAs, subsequently causing cardiomyocyte lipotoxicity and retention of GLUT4 in their cytoplasm.
↳ and that may also lead to the formation of oxygen free radicals.
- In addition to plasma concentration of FAs, an important long-term regulator of β -oxidation of FAs is the modulation by peroxisome proliferator-activated receptor (PPAR).
- Numerous coactivator proteins, such as PPAR- γ co-activator 1- α can powerfully induce the transcription of PPAR target genes.

- The targeted genes are including those involved in FAs storage (such as ^{triglycerides هنا إلى ارتباط مع FA مع diglycerol حتى إنه يتكون عنها} diacylglycerol acyltransferase, promoted by PPAR α), ^{degradation هنا نفسا عليه} FA oxidation (such as medium-chain acyl-CoA dehydrogenase, promoted by PPAR $\alpha/\beta/\delta/\gamma$), and glucose metabolism (such as pyruvate dehydrogenase kinase 4, promoted by PPAR α).
- PPAR and PPAR γ also plays an important role in the regulation of oxidative stress in the cardiovascular system, with several isoforms implicated in various transcriptional mechanisms for antioxidant genes. Such as promoting the transcription and activation of ^{super oxide dismutase} Cu/Zn-SOD, Cu/Mn-SOD and catalase in cardiac tissues. Furthermore, PPAR α ^{زيادة} augments ^{insulin growth factor} IGF-1 transcription, subsequently activating the IGF-1/PI3K pathway, inhibiting apoptosis and protecting cardiomyocytes under ischemic stress.



- Long chain fatty acyl-CoA can be:
 - 1- Esterified to triacylglycerols (glycerolphosphate acyltransferase) ^{to store it} → → intracardiac triacylglycerols pool (10-30% of FA)
 - 2- Or converted to long chain fatty acylcarnitine by carnitine palmitoyltransferase -I (CPT-I) between inner and outer mitochondria membranes.

- Carnitine acyltransferase (CAT) transports long-chain acylcarnitine across the inner membrane in exchange for free carnitine.
- Carnitine palmitoyltransferase II (CPT-II) regenerates long chain acyl-CoA to free fatty acyl-CoA
- CPT-I can be strongly inhibited by malonyl CoA (on the cytosolic side of the enzyme).
- Two isoforms of CPT-I:
 - liver CPT-I α and heart CPT-I β
 - CPT-I β is 30-fold more sensitive to malonyl-CoA inhibition.



- Malonyl-CoA - key physiological regulator of FA oxidation in heart (\downarrow in malonyl-CoA \rightarrow \uparrow FAs uptake and oxidation).
 - Formed from the carboxylation of acetyl-CoA (acetyl-CoA carboxylase - ACC) from extramitochondrial acetyl-CoA (derived from citrate via ATP-citrate lyase reaction)
 - Rapid rate of turnover in the heart. Malonyl CoA ↓ هون بحسبنا أشياء بتحتج نضيج High energy د راي هي لم يكون عننا

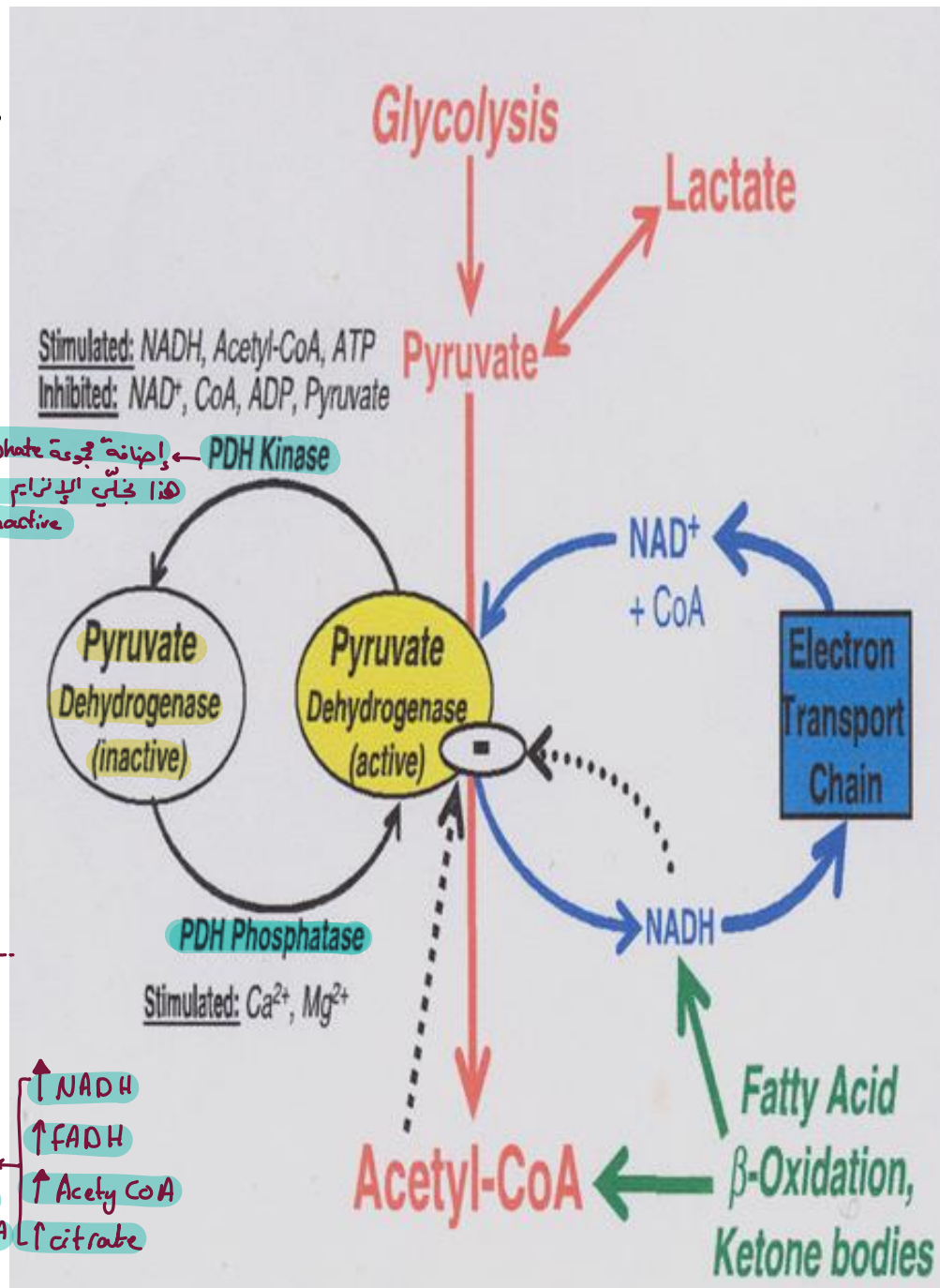
هذا
الإنزيم يحتاج إلى
Cofactor:
Biotin = 87

← ببطء عملية نضيج Malonyl CoA لأنه وجود هذا الإنزيم يدل إنه كمية الطاقة الموجودة قليلة .

- ACC activity is inhibited by phosphorylation of AMPK (AMP-activated protein kinase) \rightarrow acceleration of FA oxidation.
- FAs undergo β -oxidation generating NADH and FADH₂. Acetyl-CoA formed in β -oxidation generate more NADH in TCA cycle.

Interregulation of fatty acid and carbohydrate oxidation

- The primary physiological regulator of flux through PDH and the rate of glucose oxidation in the heart is fatty acid oxidation.
- PDH activity is inhibited by high rate of FA oxidation via an increase in mitochondrial acetyl-CoA/free CoA and NADH/NAD⁺ which activates PDH kinase.
- Inhibition of FA oxidation increases glucose and lactate uptake and oxidation by:
 - 1- Decreasing citrate levels and activation of PFK
 - 2- Lowering acetyl CoA and/or NADH levels in the mitochondria



Fatty acids vs. glucose as energetic substrates

- The selection of energetic substrates in cardiomyocytes is a fundamental step for the constant generation of ATP which depends on the dynamic metabolic requirements in each body at a given time.
 إذ أن الـ flexibility يعتمد على الـ الوجود، إذ أن عند FA يعتمد عليه لإدرا في glucose يعتمد عليه يعني بكون في flexibility في الموضوع.
- This flexibility is present during fetal development; however, after birth, FAs become the preferential substrates, due to the increased availability of oxygen and dietary fats.
 إذ أن الـ الوجود في الأكل ساعنا بغير كبيرة فينتد ر يعتمد عليه كحسب اللطافة.
- Infants with mutations in genes involved in FAs metabolism have been documented to develop cardiomyopathy when under stress.
 → because there will be no balance between glucose and FA utilization.
- Likewise, in heart failure and left ventricular hypertrophy (when the oxidative capacity of mitochondria in cardiomyocytes is diminished), there is a shift towards a predominance for glucose metabolism

- Several reports have shown that cardiac efficiency, in terms of oxygen consumption, is greater when oxidizing glucose and lactate rather than FAs.

↓ O₂ consumption → ↓ free radical: oxidative stress
↓ damage

- The increase in oxygen consumption during utilization of FAs is accompanied with no changes in mechanical capacity of the left ventricle, which suggests a greater functional capacity for this chamber when utilizing glucose.

- This may be due to the higher level of oxidative stress caused by the oxidation of FA in comparison with carbohydrates, due to the increased oxygen consumption rate in the former.

- The ATP synthesis/oxygen consumption rates for glucose and lactic acid are 3.17 and 3.00, respectively; whereas they are 2.80 and 2.86 for palmitate and oleate, respectively

- When comparing palmitate with glucose, the complete oxidation of 1 molecule of palmitate yields 92 ATP molecules and requires 46 oxygen atoms, while 1 molecule of glucose generates 30 ATP molecules and uses 12 oxygen atoms.
- Thus, despite FAs clearly yielding greater amount of ATP, this occurs at the expense of larger oxygen requirements.
- Furthermore, β -oxidation of FAs generates more lipid → يعني انا خسر ب cell membrane وتسبب مشاكل نوع peroxidation due to \uparrow delivery of NADH and FADH₂ to ETC and production of superoxide anion.
- In addition, elevated free FAs are harmful in the ischemic myocardium, augmenting cell damage in the first hours of AMI. Acute myocardial
 \uparrow infarction
- Various systemic conditions such as obesity cause elevated serum free FAs which can potentiate β -oxidation, and thus increase lipid traffic in cardiomyocytes, prompting lipotoxicity.
- This process can lead to contractile dysfunction, insulin resistance and apoptosis in association with accumulation of ceramides. → it's fatty acid.

- Partial inhibition of free FAs oxidation in the myocardium can prevent or diminish tissue damage and dysfunction under conditions of ischemia or reperfusion, diabetic cardiomyopathy, and AMI.
- This occurs because the heart shifts towards glucose as the main source for ATP synthesis, which reduces the oxygen demand by 11%-13% and therefore improves cardiac efficiency and protects mitochondrial function.