CVS-Community

Archive

lecture 2

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Corrected By :

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CVS-Community lecture 2

1. The target Ldl cholesterol level when jna risk factors measurements is
a . <200
b .160
c. <130
d. <100

answer: C. <130

2. ONE of the following is FAISE? Select one
a. Daily intake of fresh fruit and vegetables in an adequate quantity
b. Potassium intake should be at a level which will keep the sodium to potassium ratio close to 10
c. Regular fish consumption (1 -2 servings per week) is protective
d. refined carbohydrates are harmful
e. Filtered coffee significantly lead to a decline in serum cholesterol

Answer: b

3 . Some of atherosclerosis risk factors are constitutional and therefore less
controllable), but others are acquired or related to modifiable behaviors
One of the following is correct about atherosclerosis disease risk factors?
a. Hypercholesterolemia alone is not sufficient to induce lesions.
b. Smoking cessation reduces atherosclerosis risk.'
c . Women after menopause are protective against atherosclerosis consequences
d. Type A personality is associated with lower risks.
e. Familial hypercholesterolemia is most important independent risk

Answer: c

4. The LDL goal in CVS

Answer 100