

# PHARMACOKINETICS

## 4

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# Pharmacokinetics

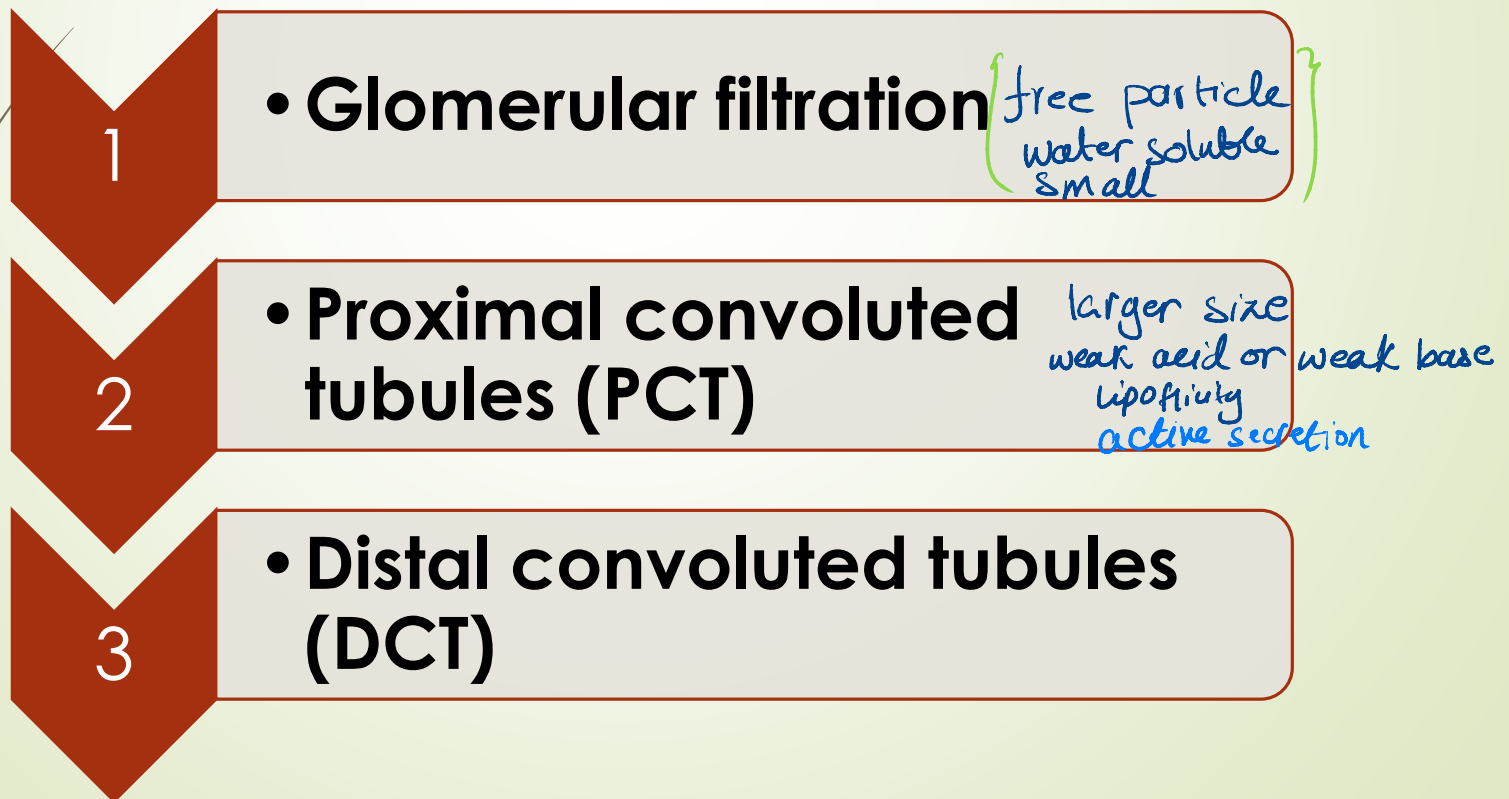
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what the body does to the drug?

- Absorption
- Distribution
- Metabolism
- Excretion.

# EXCRETION OF DRUGS

- **Kidney:** most important organ for excretion
- Excretion occurs through:



# 1-Glomerular filtration *Bowman capsule*

- All free drug molecules whose size is **less** than the glomerular pores are filtered into Bowman's capsule.

## 2-Proximal convoluted tubules (PCT)

Active secretion <sup>requires carrier</sup> occurs either through <sup>\*</sup>

- ❑ **acid carrier** e.g. for penicillin, *probenicid*, salicylic acid. *acid drug* → *weak acid carrier* → *urine* *أسيد إلى فوسفات*
- ❑ **basic carrier** for amphetamine and quinine. *basic* → *basic* *aspirin*

## 3-Distal convoluted tubules (DCT)

- Lipophilic drugs may be reabsorbed back to systemic circulation. *[بلاي بغير ال pH ...]*
- **Alkalinization of urine** keeps acidic drugs ionized and increases their excretion.
- **Acidification of urine** keeps basic drugs ionized and increases their excretion.



لو امريض عنده مشكلة في ال kidney نفيس ابراد excreted  
by kiki

# Other sites of excretion:

excretion  
Metabolism

لازم اتأكد من سلامة الأعضاء الأخرى التي يصير منها

➤ **Bile:** e.g. Doxycycline, Azithromycin.

قرابة علاج nycin

➤ **Lungs** e.g. Volatile anesthetics.

➤ **Saliva** e.g. Iodides.

هو هووب باللعج ، علاج بتعالج  
Saliva : اللعج

➤ **Sweat** e.g. Rifampicin.

عرق

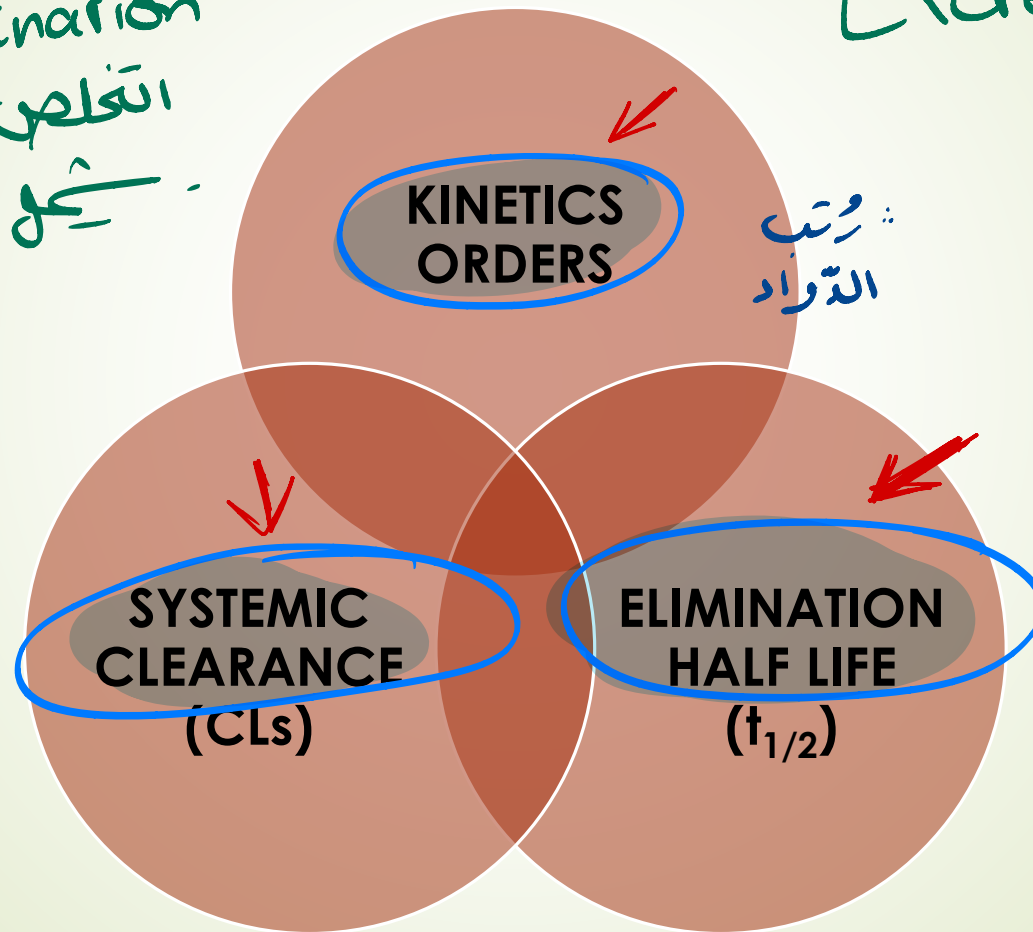
➤ **Milk:** this is important in lactating mothers.

# PARAMETERS OF ELIMINATION

Elimination  
التخلص

metabolism  
excretion  
التمثيل  
التخلص

Excretion  
التخلص



ترتيب  
الدواء

# KINETICS ORDERS

الاصغر  
**First** order kinetics  
طبيعي

**Zero** order kinetics  
غير طبيعي "PEA"

# First order kinetics (most drugs):

التناسب مع التركيز: كلما زاد تركيز الدواء في الدم، زادت كمية الدواء المزالة في كل وحدة زمنية. على سبيل المثال، إذا كان لديك 100 ملغ من الدواء، وكان معدل الإزالة 10% في الساعة، ستفقد 10 ملغ في الساعة. إذا ارتفع التركيز إلى 200 ملغ، ستفقد 20 ملغ في الساعة.

➔ Rate of elimination is directly proportionate to the blood concentration of drugs (**constant percentage** of the drug is eliminated per unit of time) \* *whatever the amount*

➔ **Constant** " $t_{1/2}$ " \*

➔ Repeated dosing increases drug concentration and accordingly the rate of elimination increases till the rate of administration equals the rate of elimination.

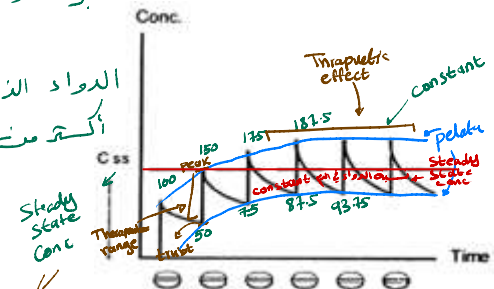
\* increase dose → increase elimination rate

➔  $C_{ss}$  can be reached after 4-5  $t_{1/2}$

➔  $C_{ss}$  is directly proportionate to the dose.

جرعة وحدة ← طالعالي "عند اللزوم" symptoms

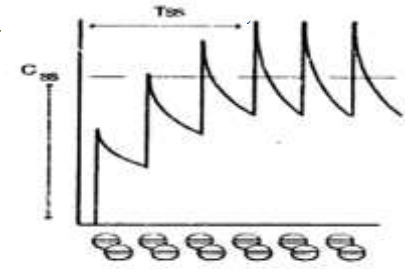
الدواء الذي يعالج المرض يحتاج الكمية من جرعة



- constant plasma conc. for Drug in Blood

- Steady state الدواء يعطى Therapeutic effect

if the  $t_{1/2}$  was 8 → Therapeutic effect is after (40-48) hour



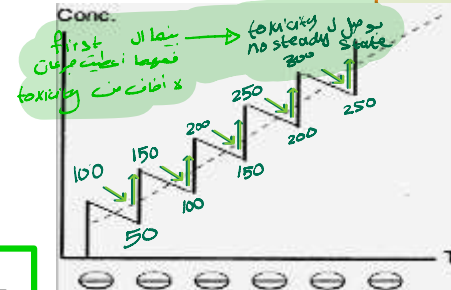
↑ dose → ↑  $C_{ss}$

# Zero order kinetics

(phenytoin and salicylate)  
(Aspirin)  
(Ethanol (Alcohol))

PEA

- Rate of drug elimination is constant i.e. **constant amount** of drug is eliminated per unit of time.
- " $t_{1/2}$ " (half life) is **not constant**.
- **No  $C_{ss}$**  is reached by repeated dosing.
- Any change of the dose may cause toxicity.
- Some drugs follow 1st order kinetics in small dose and zero order kinetic at large doses i.e. the elimination mechanism is said to be saturated (saturation kinetics).



## ELIMINATION HALF LIFE ( $T_{1/2}$ )

➤ It is the time required to reduce the plasma concentration of the drug to half the initial concentration (the time required for drug concentration to be changed by 50%).

➤  $T_{1/2} = 0.7 V_d / CLs$

\* التقطير [IV infusion]

لو كان 10 min قبل  
الفضل طريقة لإطاء الدواء هي

# Importance of elimination $T_{1/2}$ :

جرعة الدواء

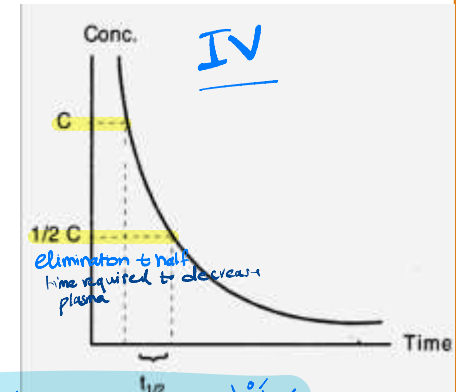
It determines the dosage interval (T).

It indicates time required to attain

الهدف

$C_{ss}$  (about 4-5  $t_{1/2}$ ):

If " $t_{1/2}$ " is very short (minutes),



the drug should be given by IV infusion [dopamine].

Long  $t_{1/2}$  → LD followed by M. Dose  
جرعة LD لا تعود بفعاليتها  
انقضاء نصف الدواء

If " $t_{1/2}$ " is long [digoxin], the drug should be administered in loading dose followed by maintenance dose

$t_{1/2}$  is 7 days

جرعة تحميل → Loading dose  
الجرعة الصغرى التي انزلت بها  
C<sub>ss</sub> هو اوسط الدواء الى الـ target plasma effect  
Therapeutic effect الى الـ target plasma effect

after (4-5)  $t_{1/2}$  of single dose → almost complete elimination



## Factors affecting elimination " $t_{1/2}$ ":

- ❑ State of eliminating organs i.e. liver & kidney function.
- ❑ Delivery of drugs to the eliminating organs: affected by plasma protein binding and  $V_d$  of the drug.

$V_d \uparrow$   $t_{1/2} \uparrow$

$V_d \downarrow$   $t_{1/2} \downarrow$

# SYSTEMIC CLEARANCE (CLs)

- *[It is the volume of fluid cleared from the drug per unit of time.]*
- *Systemic CLs = Renal clearance ( $CL_r$ ) + non-renal clearance ( $CL_{nr}$ )*

## Significance of clearance:

□ Calculation of the maintenance dose

➤ **Loading dose:** The dose required to achieve a desired plasma concentration (desired  $C_{ss}$ ) rapidly, followed by routine maintenance dose.

$$\text{Loading dose} = V_d \times TC$$

➤ **Maintenance dose:** The dose given to maintain the desired  $C_{ss}$ .

$$\text{Maintenance dose} = CL_s \times TC \text{ (Target concentration).}$$



QING YAN

یوه شریج

$$T_{1/2} = 0.7 \text{ (Vd)}$$

$$\frac{L}{\text{kg}} \leftarrow \text{(Cl)} \text{ L/hour}$$

$$\text{LD} = \text{(Vd)} \times \text{(TC)} \quad \frac{\text{mg}}{\text{L}}$$

$$\text{MD} = \text{CL} \times \text{TC}$$

$$\frac{\text{L}}{\text{h}} \times \frac{\text{mg}}{\text{L}}$$

$$\frac{\text{L}}{\text{kg}} \times \frac{\text{mg}}{\text{L}}$$



# References:

- ▶ Lectures in pharmacology part (1) by staff members of clinical pharmacology dep. Faculty of medicine, zagazig university.
- ▶ Kadzung B.G., Masters S.B, and Trevor A.J. Basic & Clinical pharmacology 12th edition.
- ▶ Wilkins R,Cross S, Megson L and Meredith D (2011):Oxford Handbook of Medical Sciences Second Edition
- ▶ Tao Le, Vikas Bhushan Matthew Sochat, Yash Chavda, Kimberly Kallianos, Jordan Abrams, Mehboob Kalani and Vaishnavi Vaidyanathan (2019): FIRST AID for the USMLE Step 1.
- ▶ Sandra K. Leeper-Woodford and Linda R. Adkison, (2016): Lippincott Illustrated Reviews: Integrated Systems. Page 173.
- ▶ Duncan Richards, Jeffrey Aronson, D. John Reynolds, and Jamie Coleman (2012): Oxford Handbook of Practical Drug Therapy

The image features a white background with decorative floral elements. In the top-left and bottom-right corners, there are clusters of pink flowers with red centers and green leaves. The text "Thank you!" is centered in a black, cursive font.

Thank you!