

POSTERIOR MEDIASTINUM

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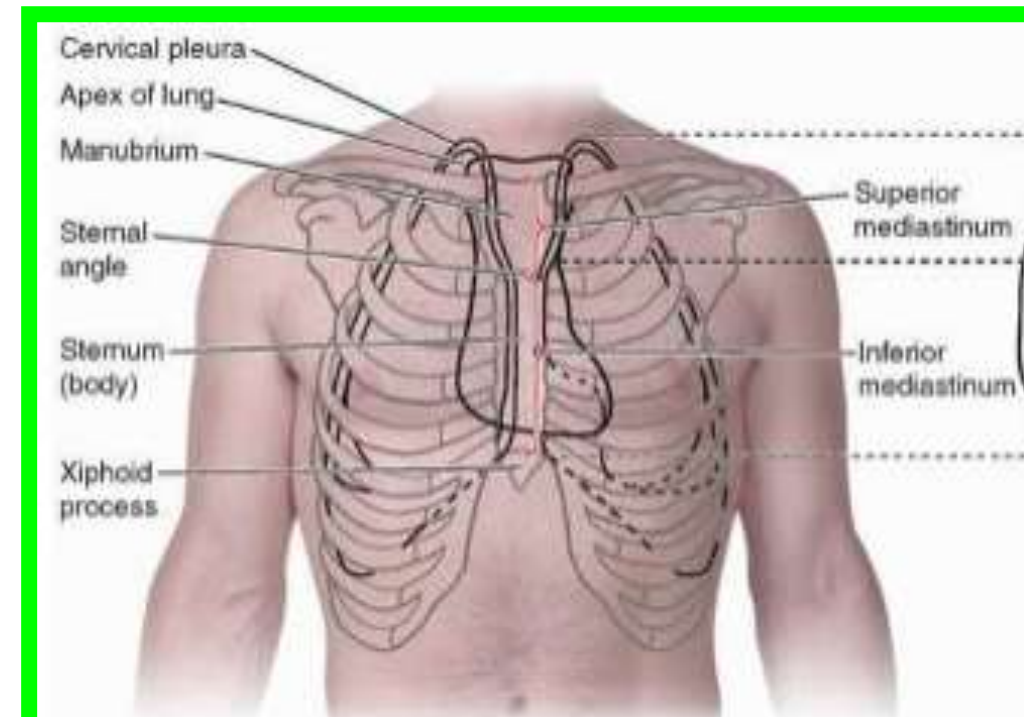
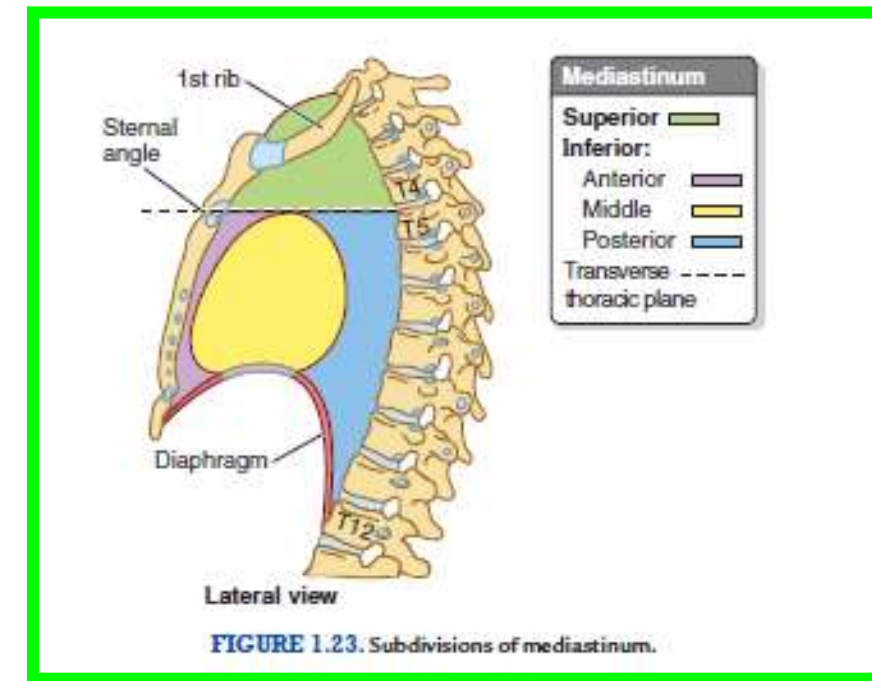
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Mediastinum

**** It is the space between the two pleural cavities.**

**** Boundaries of the mediastinum:**

- ✓ **Anteriorly:** Sternum.
- ✓ **Posteriorly:** All thoracic vertebrae.
- ✓ **Superiorly:** Thoracic inlet.
- ✓ **Inferiorly:** Diaphragm.



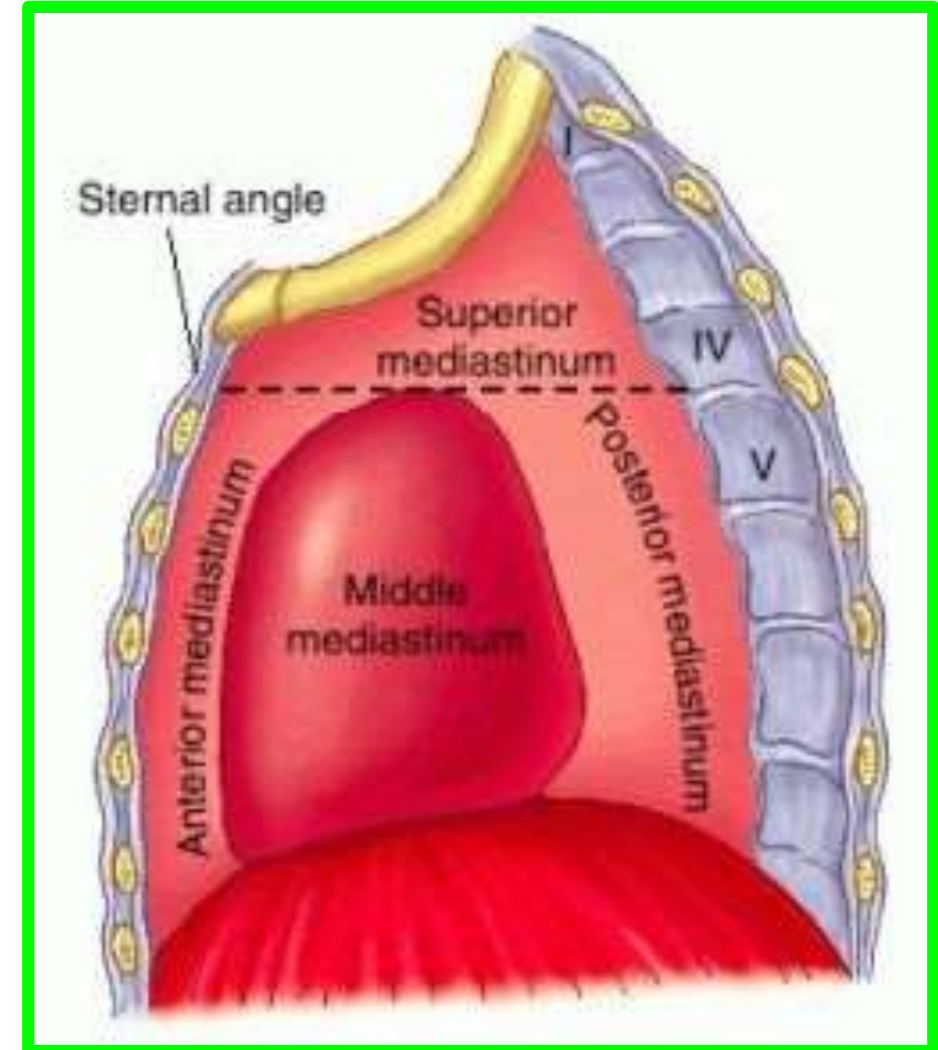
Mediastinum

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**** The mediastinum is divided by a horizontal imaginary line extends from the sternal angle (angle of Louis) to the inter-vertebral disc of T4/T5 into superior and inferior mediastinum.**

**** The inferior mediastinum is divided by the heart and pericardium into:**

- Anterior mediastinum
- Middle mediastinum
- Posterior mediastinum



Posterior mediastinum

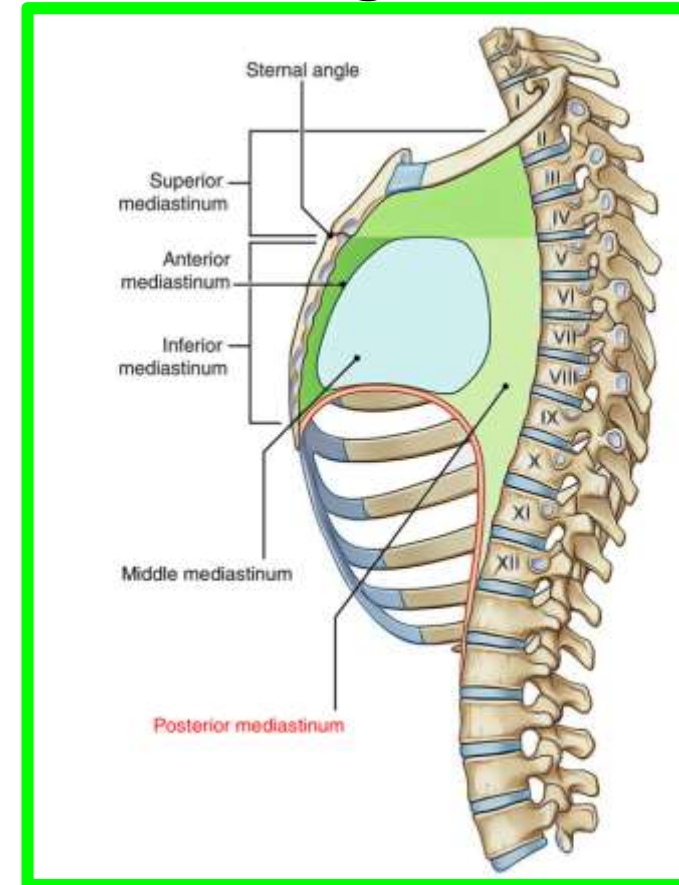
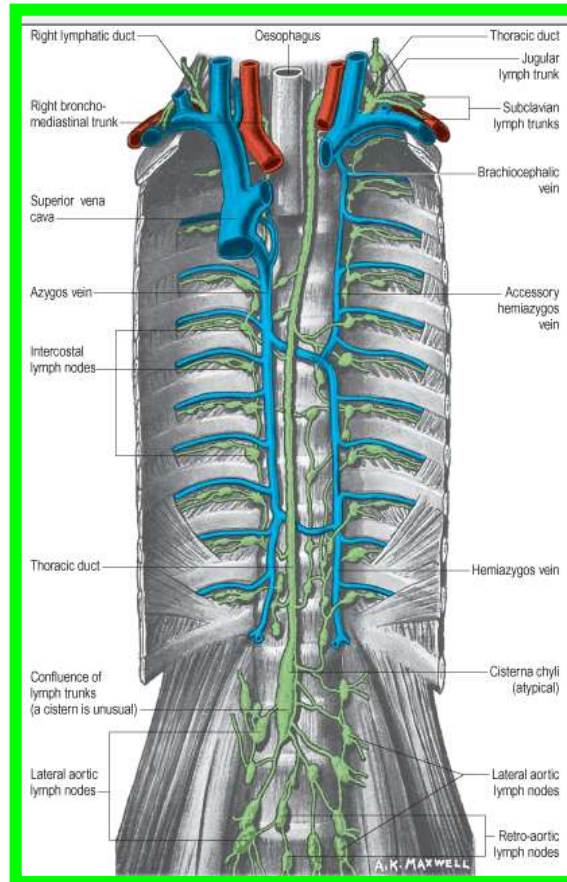
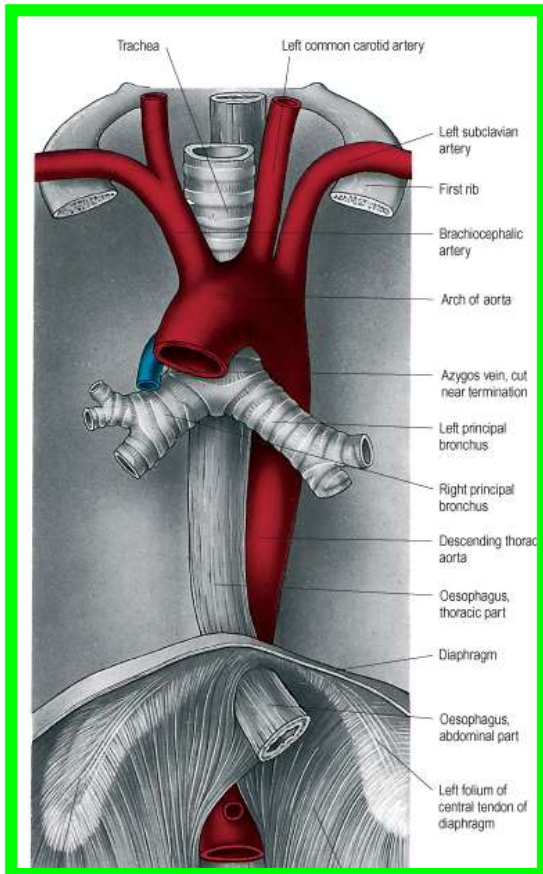
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**** Boundaries;**

- ✓ **Anteriorly**, pericardium.
- ✓ **Posteriorly**, The bodies of T5 to T12 thoracic vertebrae.

- ✓ **Superiorly**, The horizontal transverse thoracic plane
- ✓ **Inferiorly**, diaphragm.
- ✓ **On each side**, pleura and lung.



Posterior mediastinum

** Contents

- 1) Esophagus and oesophageal nerve plexus.
- 2) Descending thoracic aorta.
- 3) Thoracic duct.
- 4) Azygos vein.
- 5) Hemiazygos vein.
- 6) Accessory hemiazygos vein.
- 7) Right and left vagus nerves.
- 8) Sympathetic chains
- 9) Posterior mediastinal lymph nodes.
- 10) Pre-vertebral muscles.
- 11) Anterior longitudinal ligament.

Posterior Mediastinum Contents

mnemonic : "DATES"

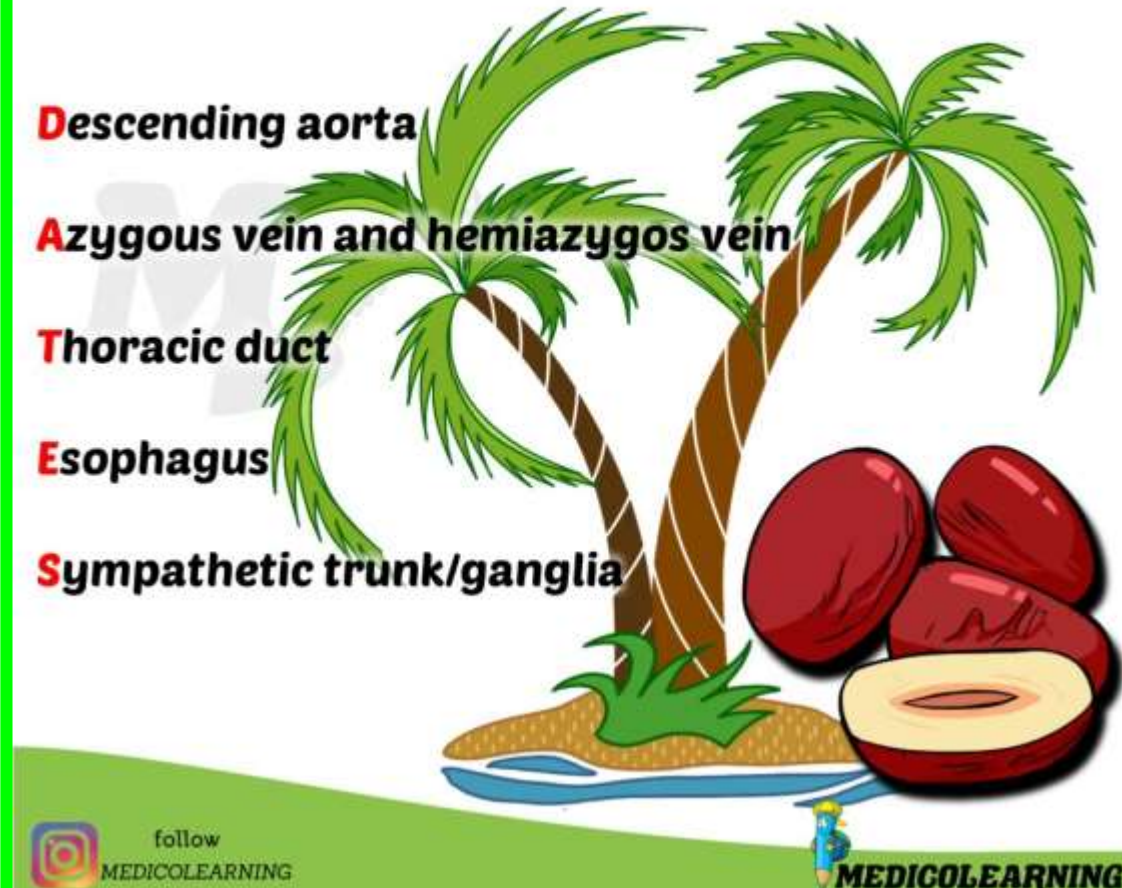
Descending aorta

Azygous vein and hemiazygos vein

Thoracic duct

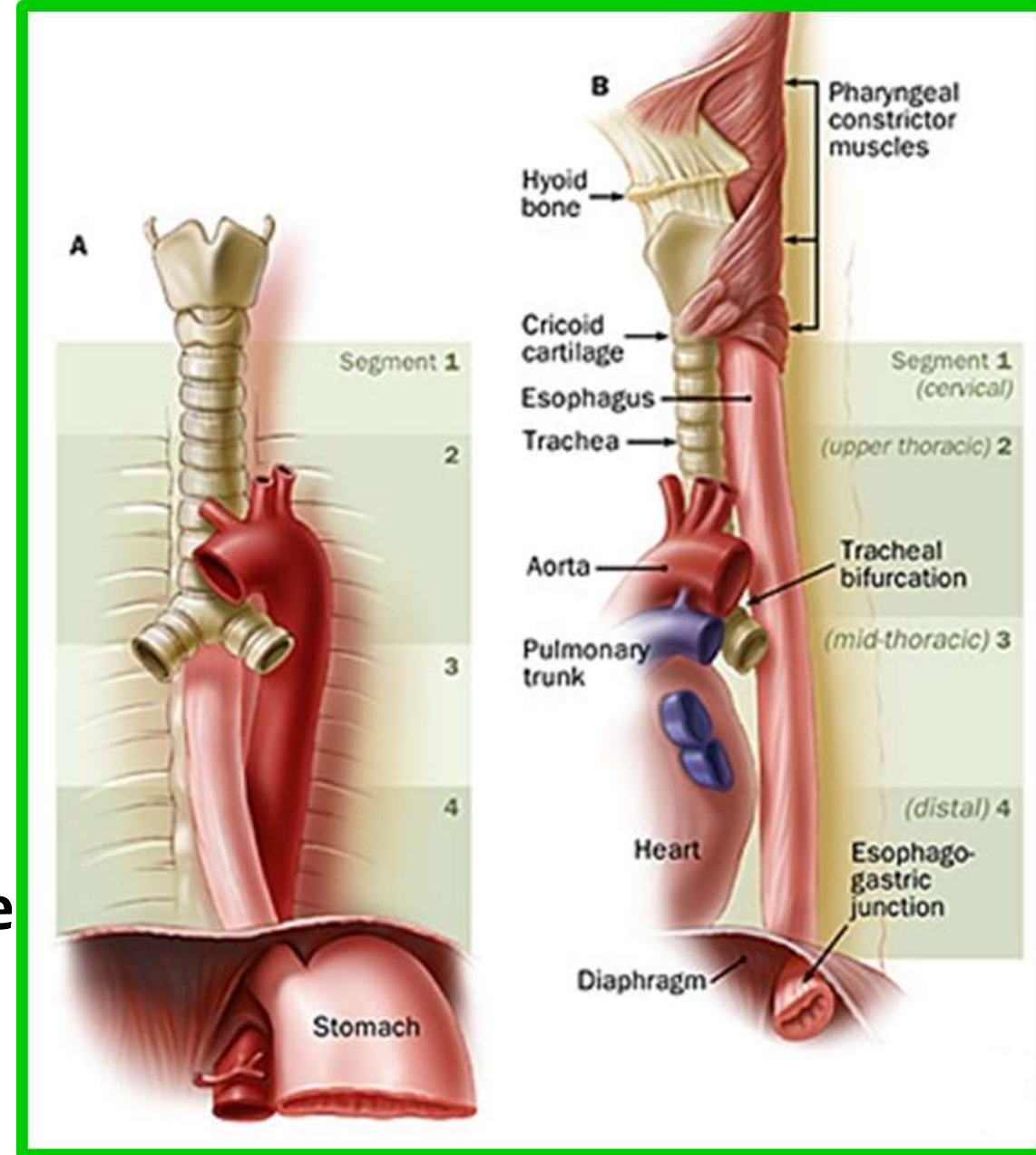
Esophagus

Sympathetic trunk/ganglia



The Esophagus

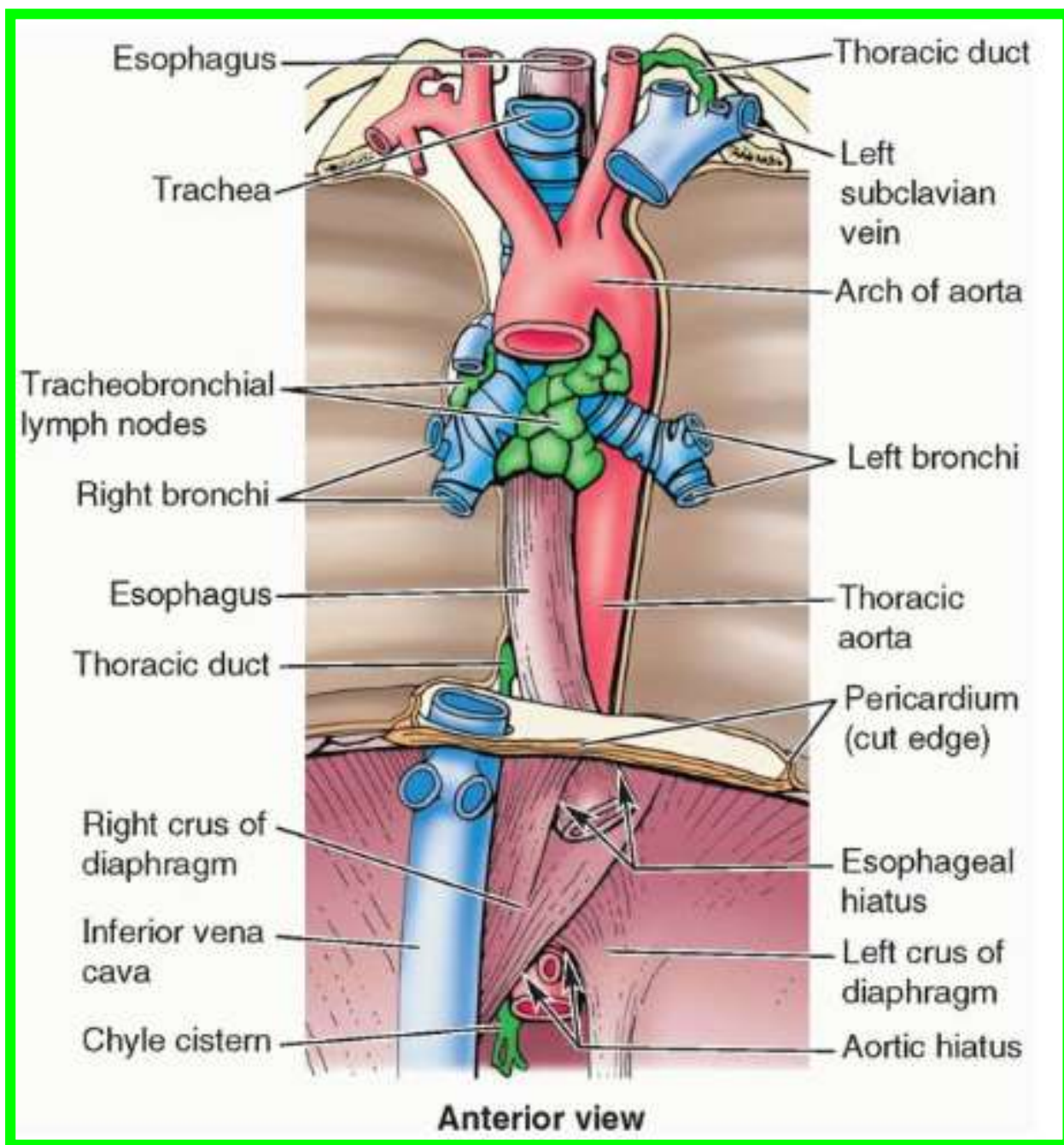
- ❖ The esophagus is a muscular tube about **10 in. (25 cm)** long, with an average diameter of **2 cm** that extending from the pharynx to the stomach
- ❖ It begins at the level of the **cricoid cartilage**, opposite the body of the **sixth cervical vertebra**.
- ❖ It passes through the diaphragm at the level of the **10th thoracic vertebra** to join the stomach at the level of the **7th left costal cartilage and T11 vertebra**



The Esophagus

In the thorax, it passes downward and to the left through **the superior** and then the **posterior mediastinum**

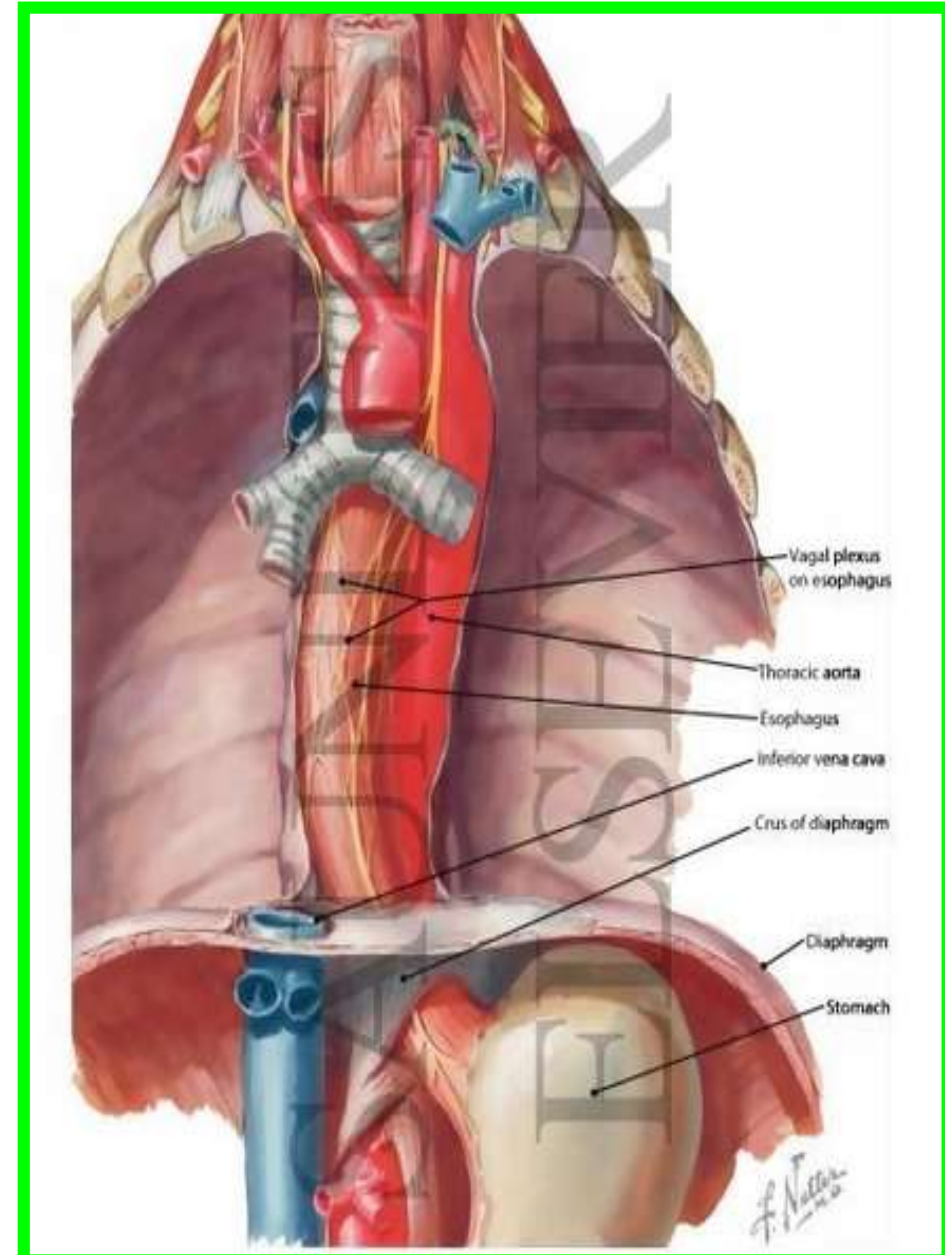
At the level of the sternal angle, **the aortic arch pushes the esophagus over to the midline**



The Esophagus

■ Anteriorly:

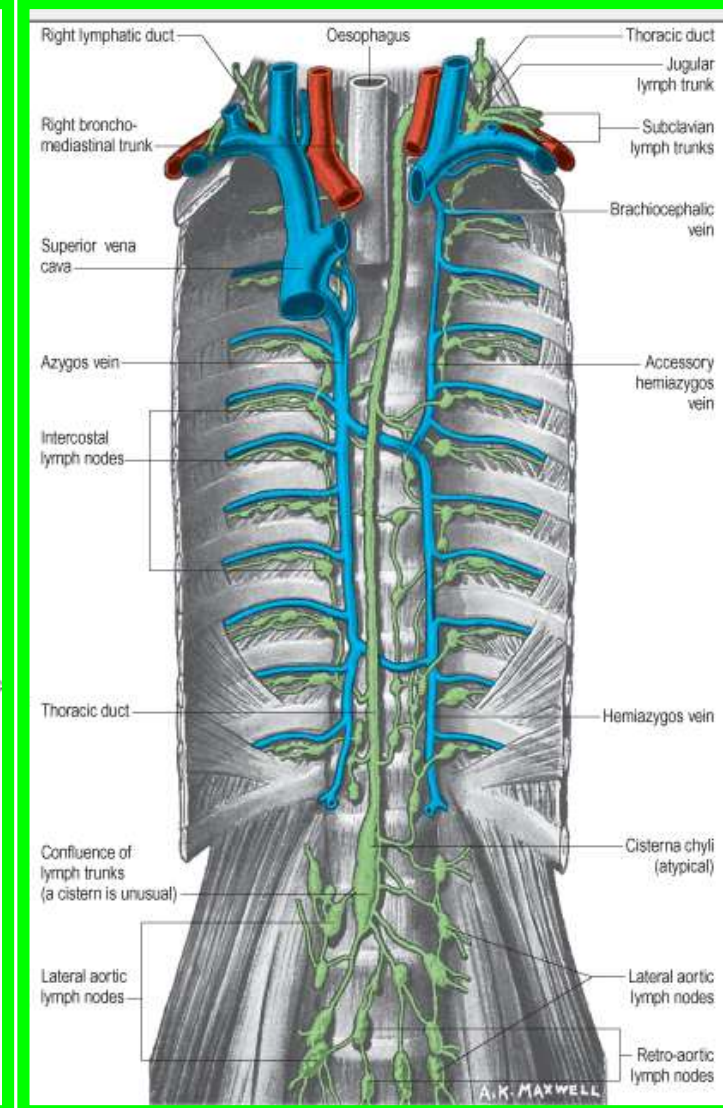
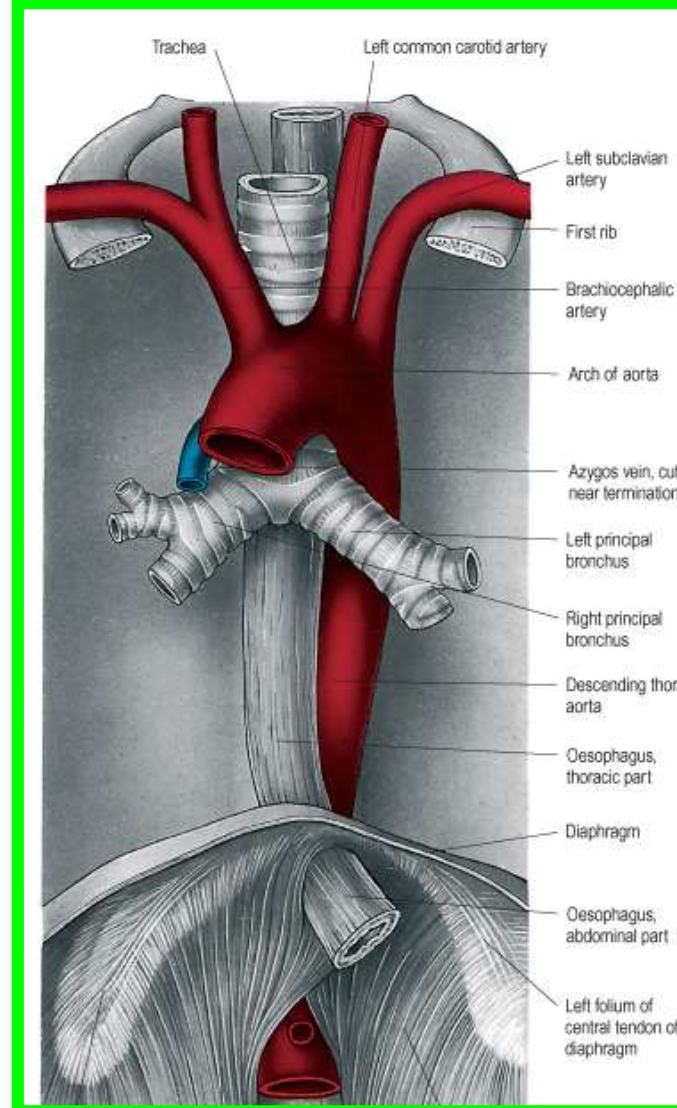
- ✓ The trachea and
- ✓ the **left recurrent laryngeal nerve**;
- ✓ the left principal bronchus, which constricts it; and
- ✓ **the pericardium**, which separates the esophagus from the **left atrium**



The Esophagus

■ ■ Posteriorly:

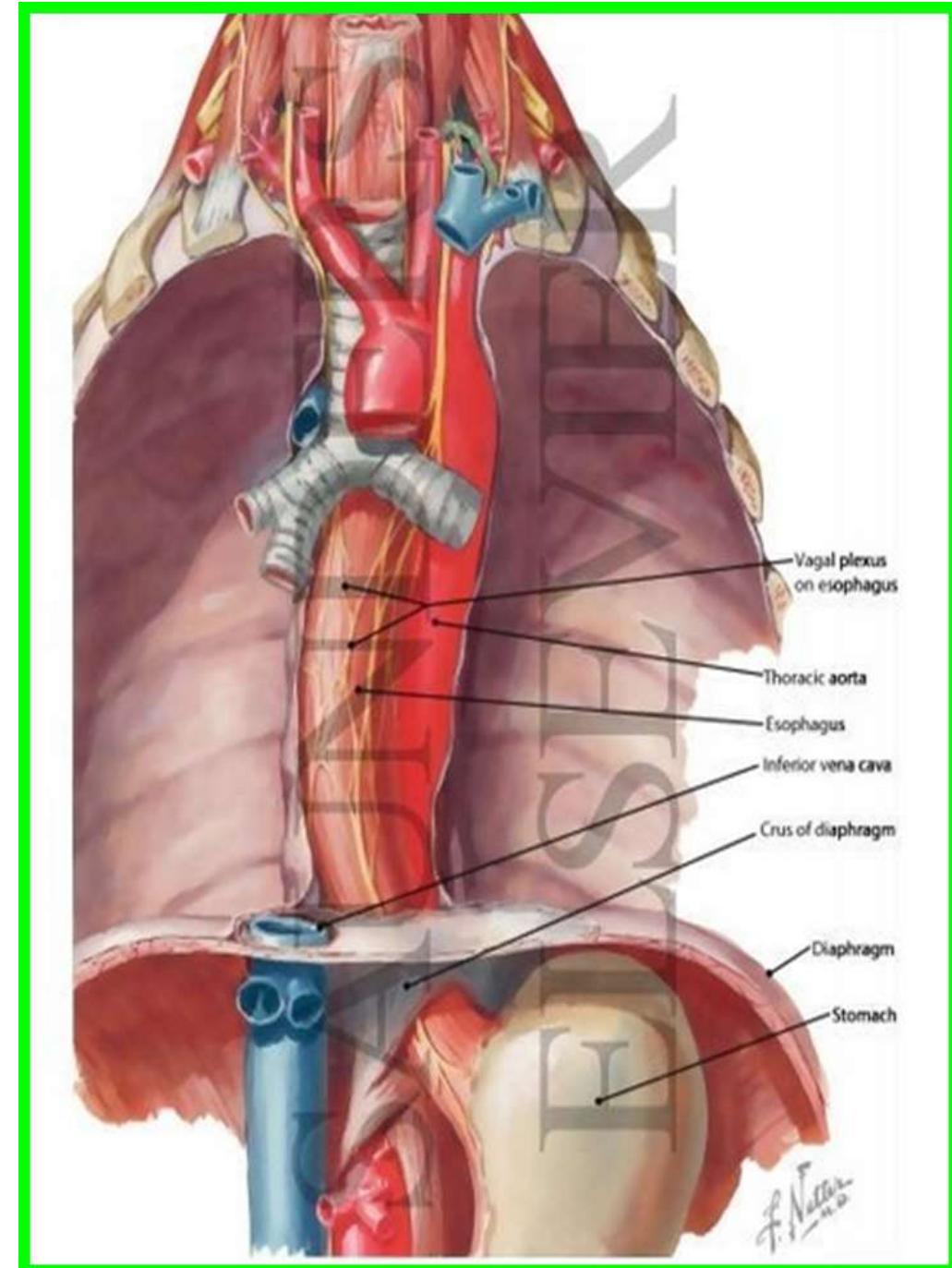
- ✓ The bodies of the thoracic vertebrae;
- ✓ the thoracic duct;
- ✓ the azygos veins;
- ✓ the right posterior intercostal arteries; and, at its lower end,
- ✓ the descending thoracic aorta



The Esophagus

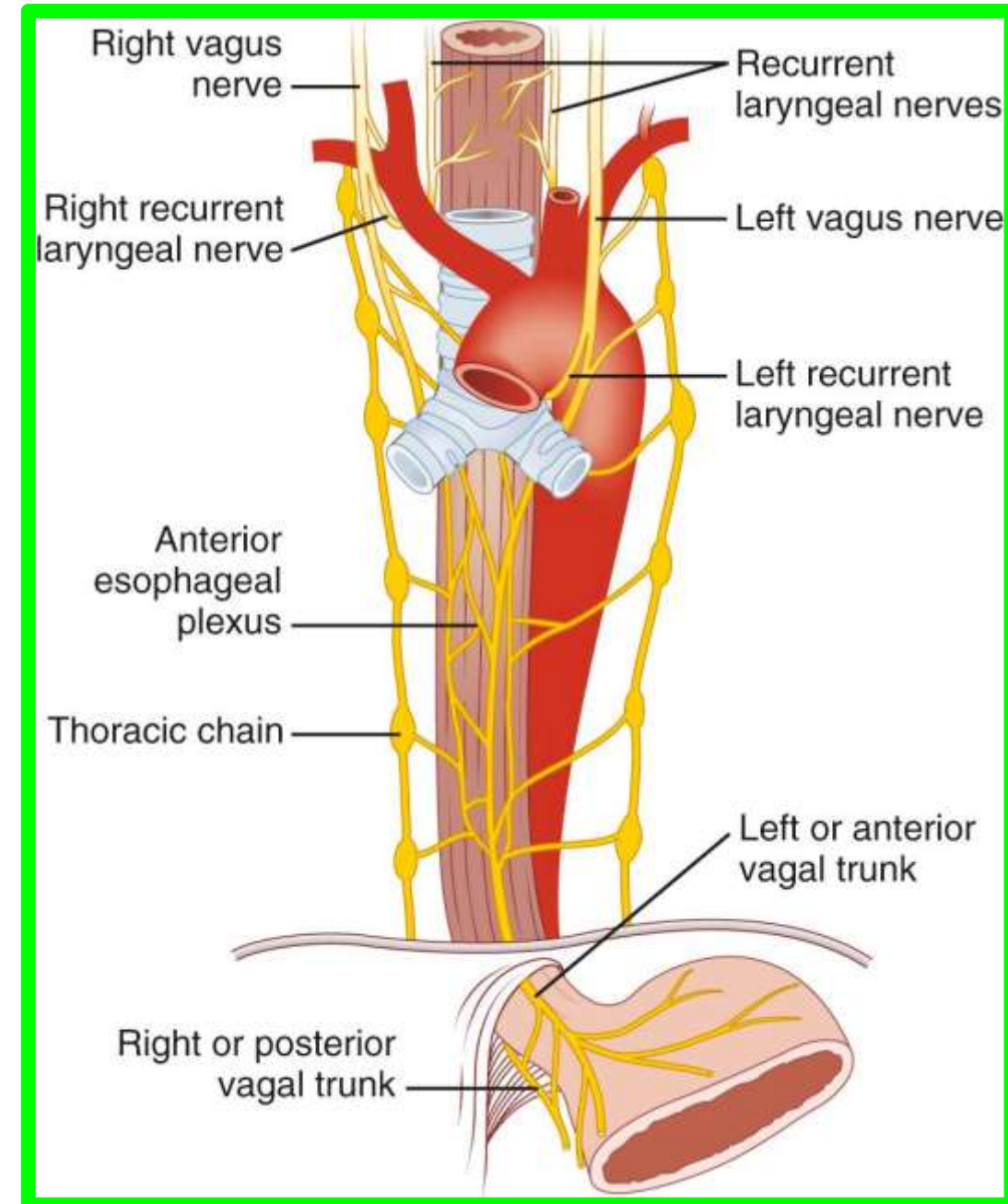
■ ■ **Right side:** The mediastinal pleura and the terminal part of the azygos vein

■ ■ **Left side:** The left subclavian artery, the aortic arch, the thoracic duct, and the mediastinal pleura



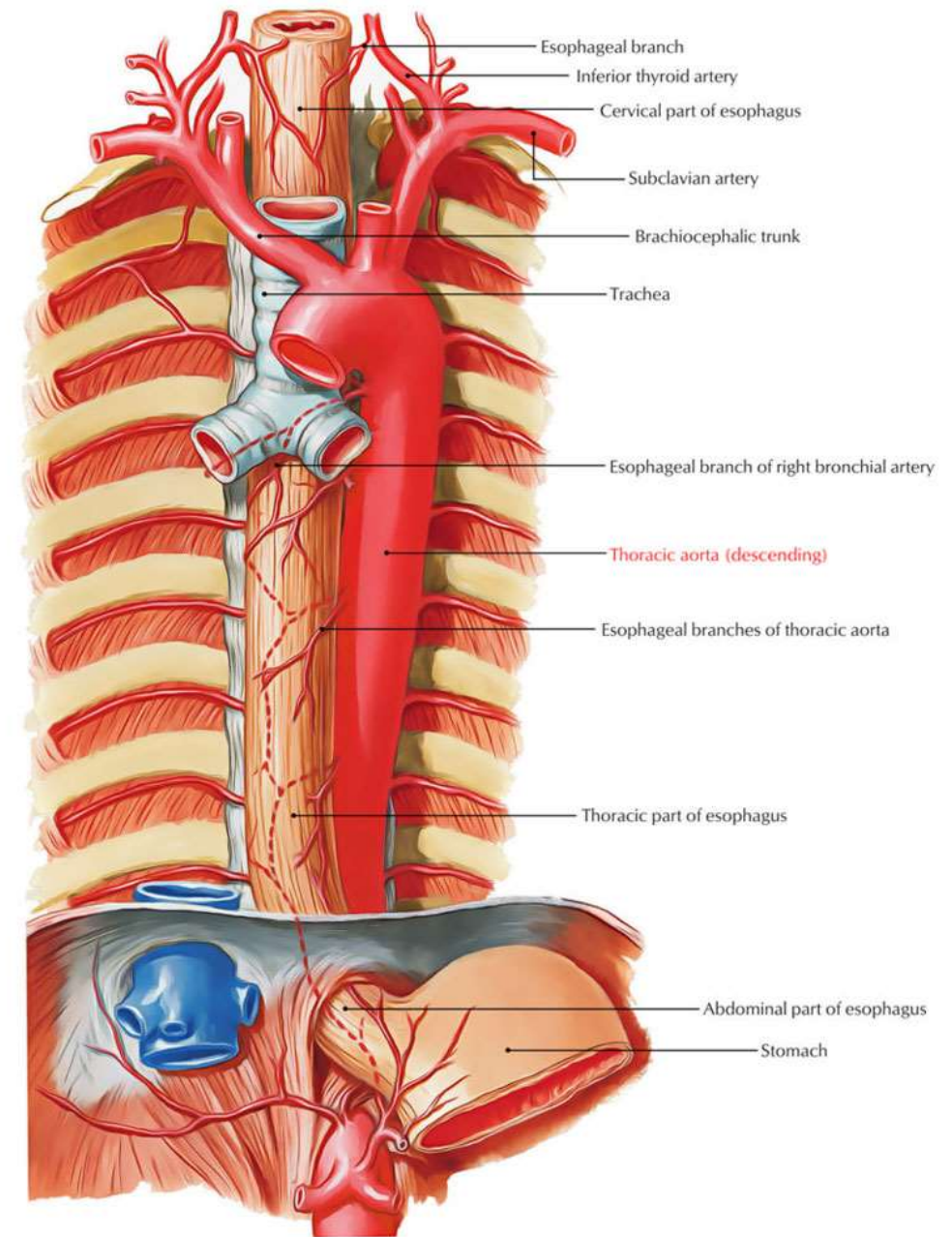
The Esophagus

✓ **The left vagus** lies anterior to the esophagus, and **the right vagus** lies posterior.



Descending thoracic aorta

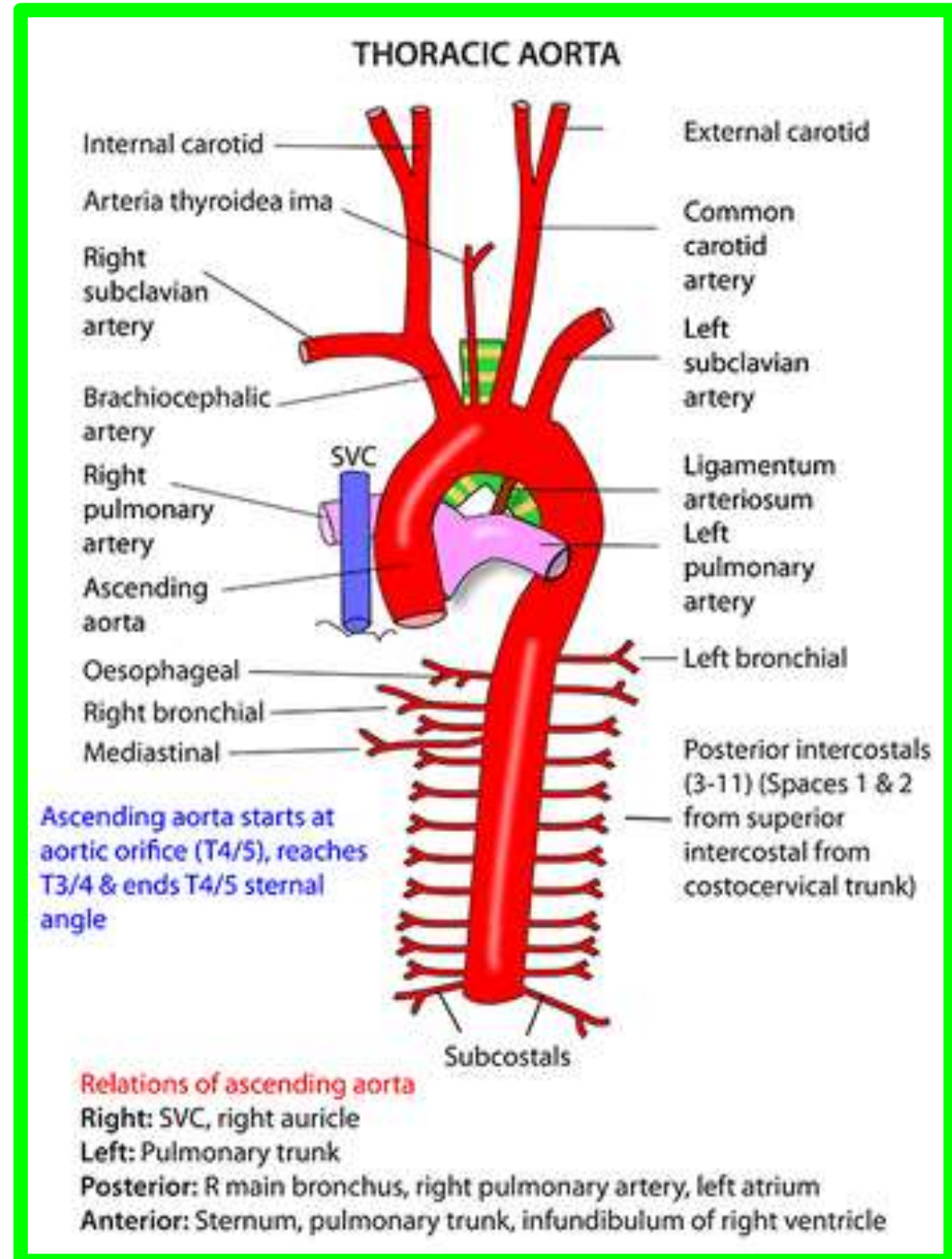
- ❖ Begins as a continuation of the **arch of the aorta** on the left side of the at (level of sternal angle).
- ❖ It descends through the **posterior mediastinum** until reaching the anterior surface of the **T12 vertebra**.
- ❖ it enters the abdomen behind the diaphragm (**through the aortic opening**) in the midline and becomes continuous with the **abdominal aorta**.



Descending thoracic aorta

Branches

- The posterior intercostal arteries,
- The subcostal arteries,
- The pericardial arteries.
- The esophageal arteries.
- The bronchial arteries.

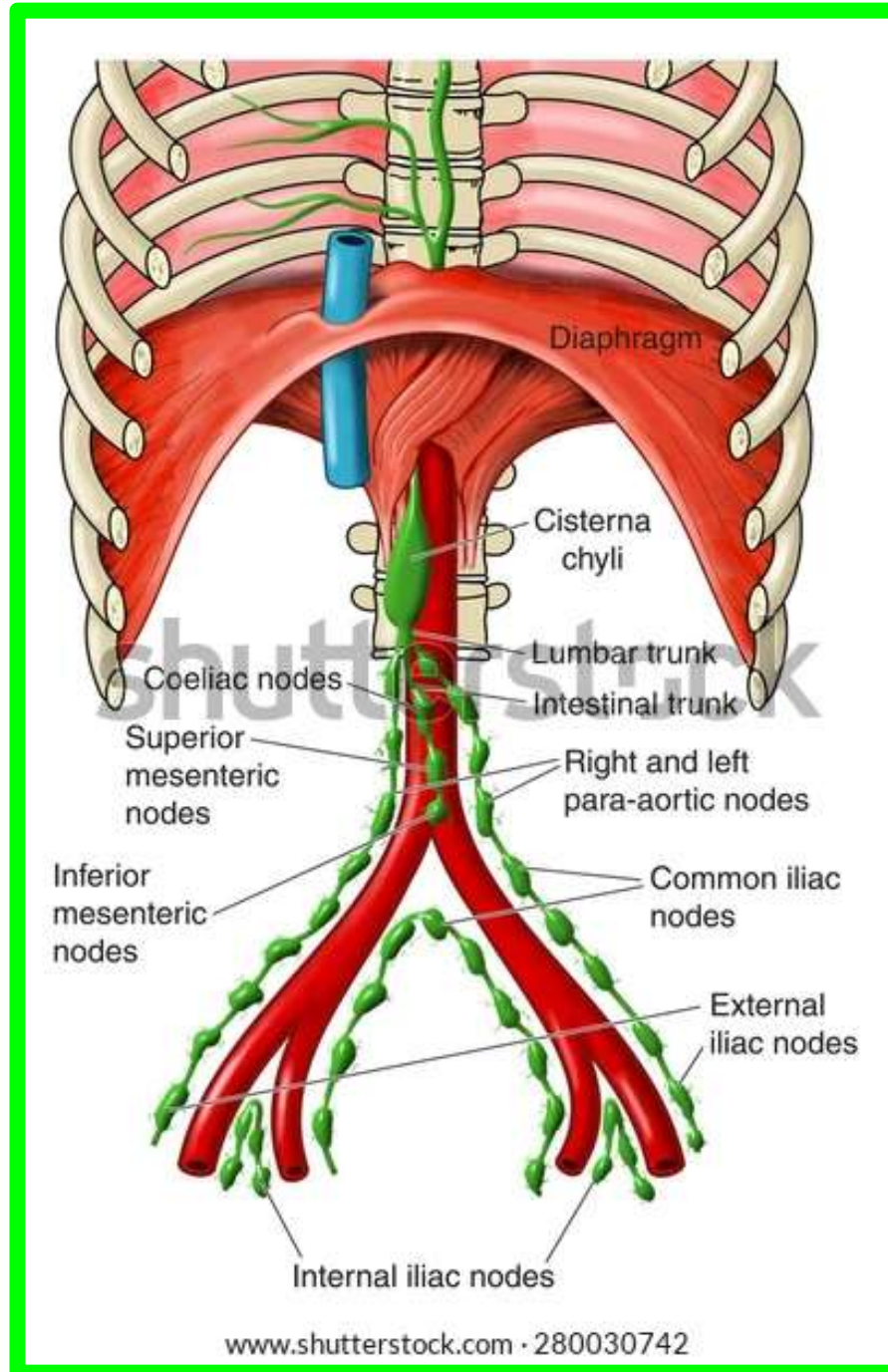
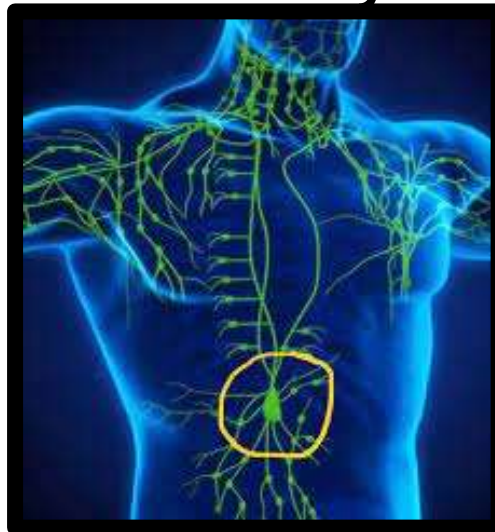


Thoracic Duct

- It is the largest lymphatic vessels in the body.

**** Beginning:** from the upper end of **the cisterna chyli**. (Lies anterior to bodies of L1,L2 vertebrae between the right crus of the diaphragm and the aorta)

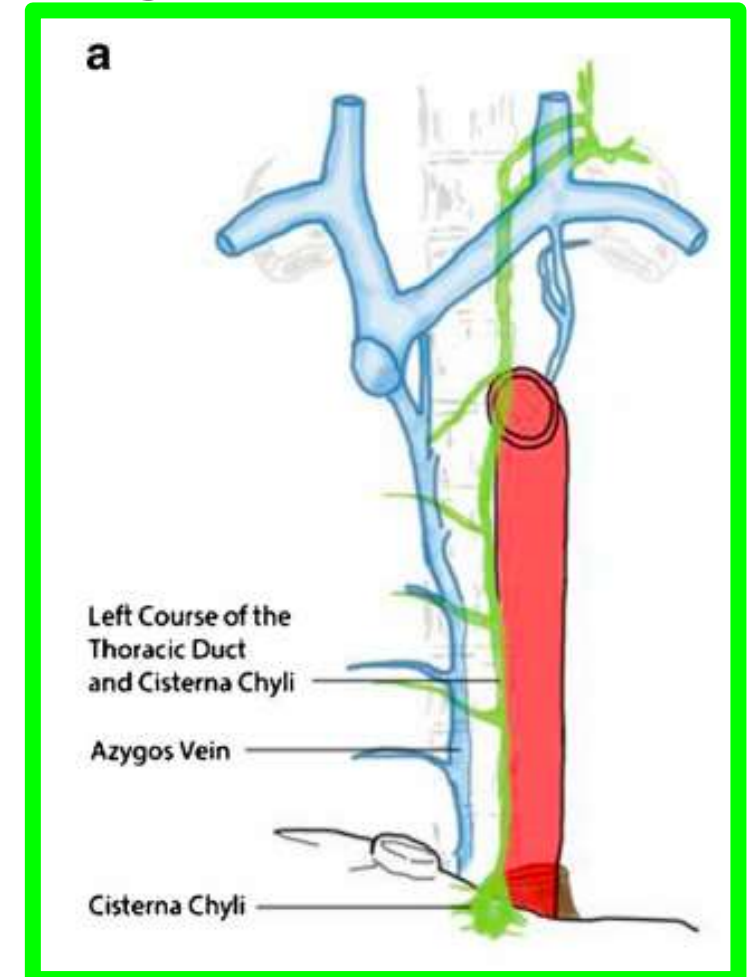
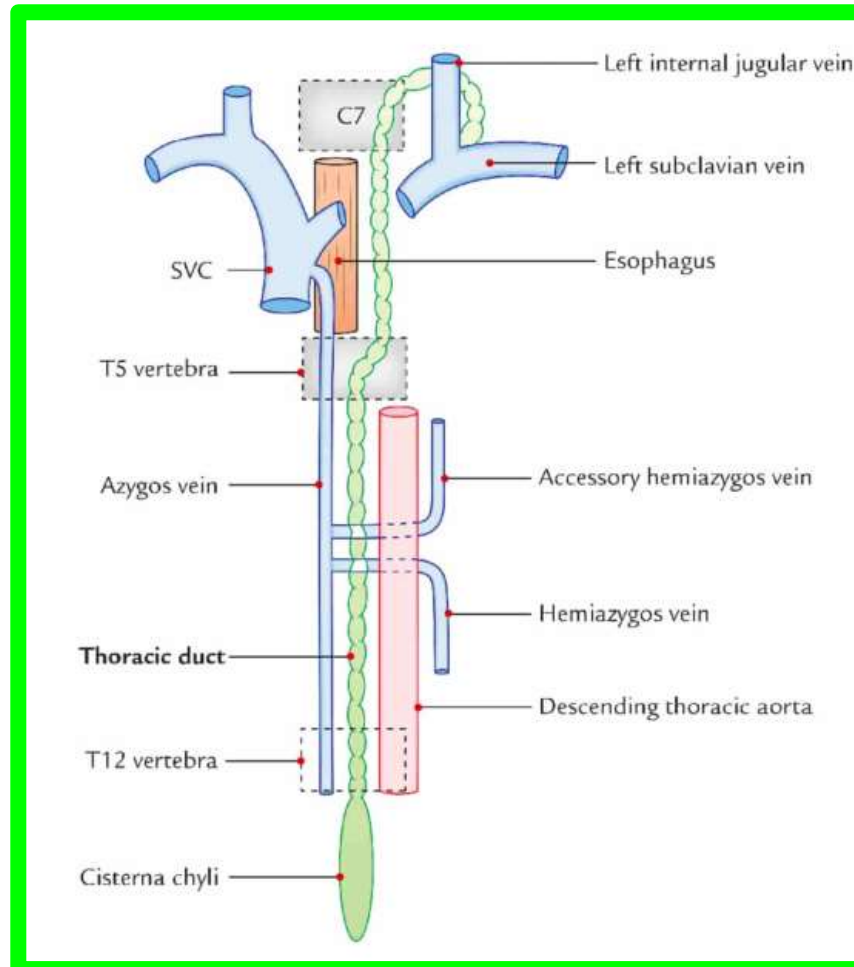
**** Shape:** It is a thin-walled vessel which **has a beaded appearance** due to presence of many valves.



Thoracic Duct

** Course and relations:

1- It enters the thorax through **the aortic opening** of the diaphragm between **the aorta** (on the left) and **azygos vein** (on the right).



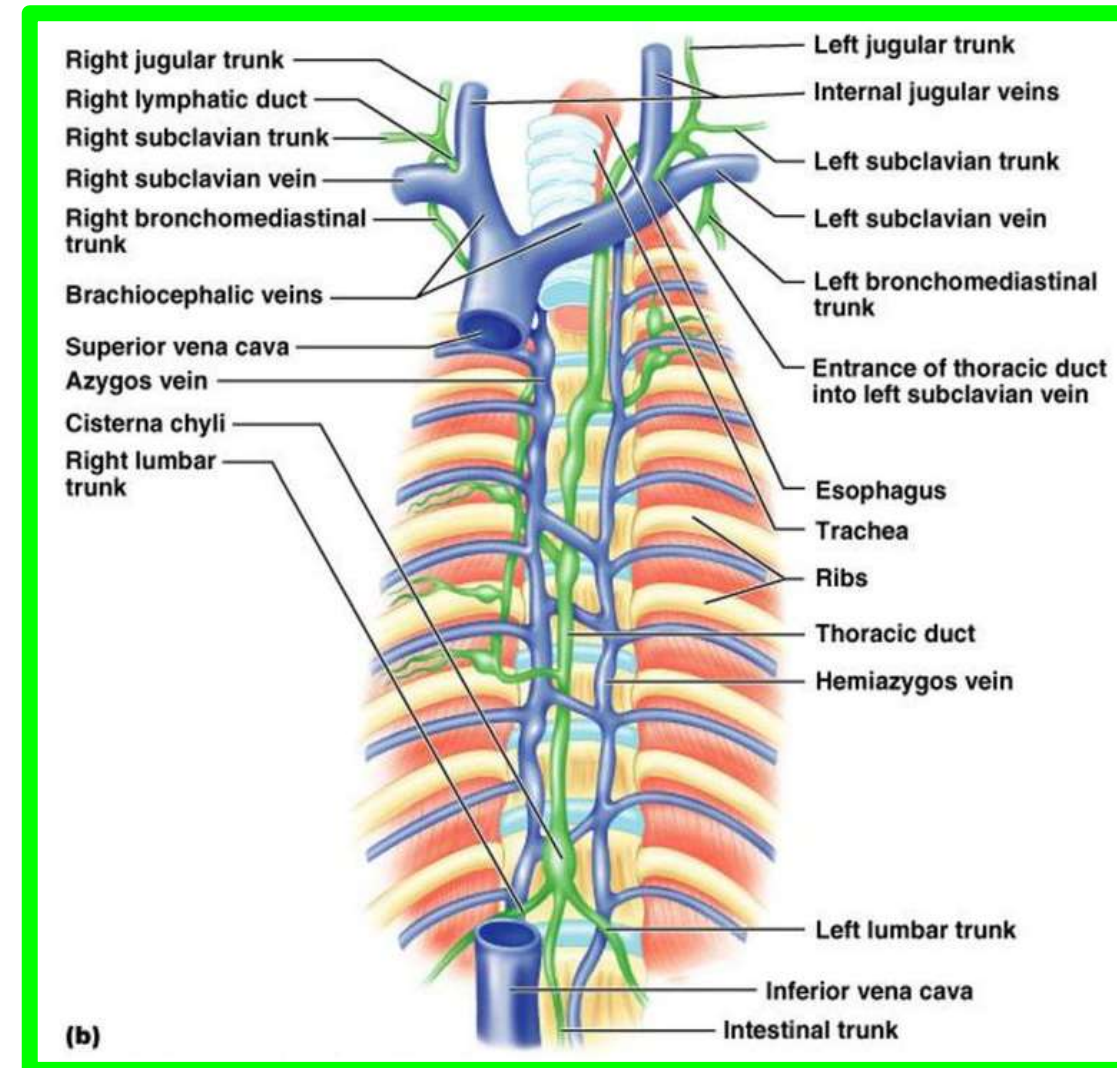
Thoracic Duct

**** Course and relations:**

2- In the posterior mediastinum, it ascends between **the aorta** (on the left) and **azygos vein** (on the right).

❖ Behind **right border of esophagus**.

❖ In front of the **vertebral column**, posterior intercostal arteries, and hemiazygos veins.



Thoracic Duct

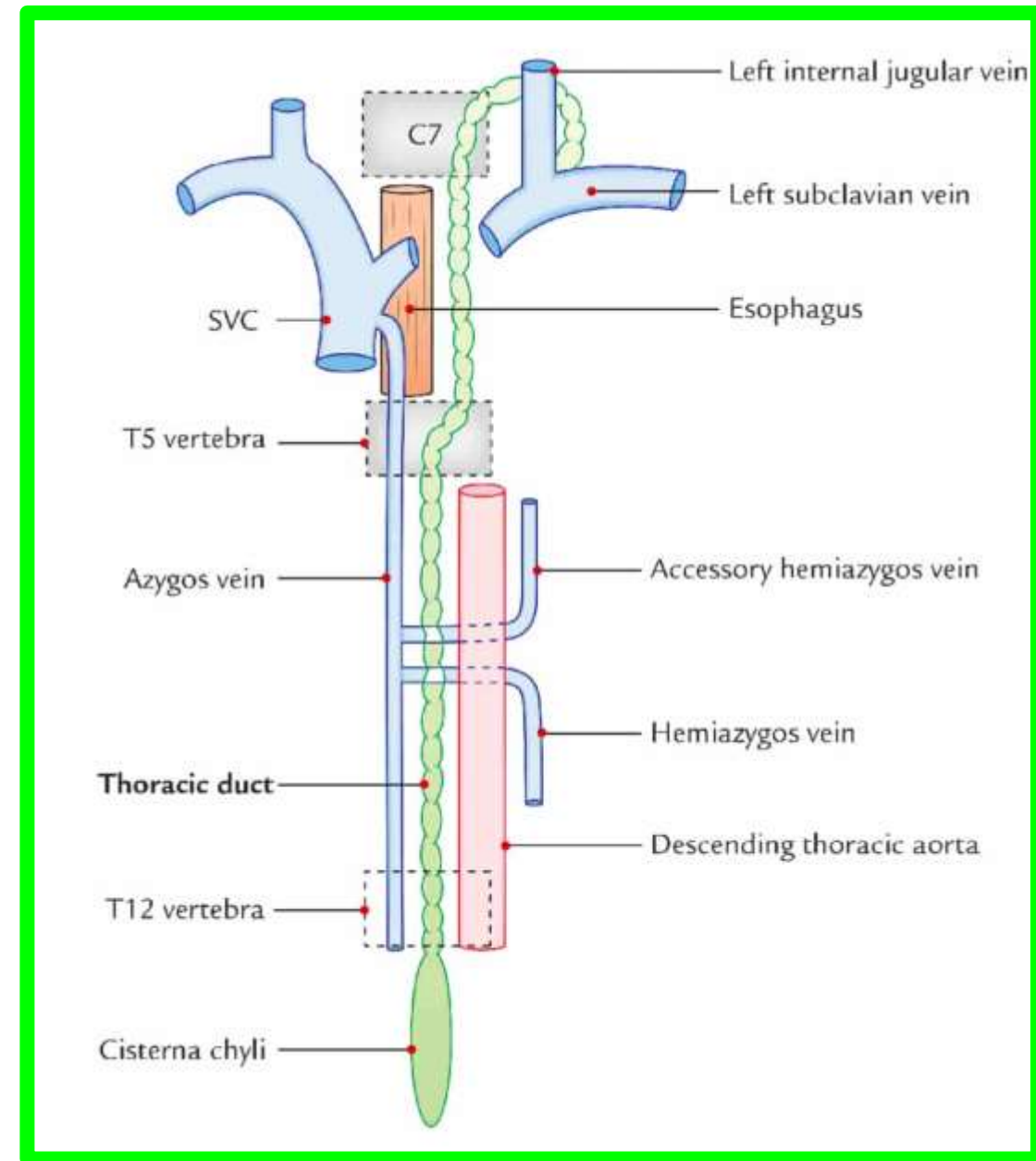
**** Course and relations:**

3- At the level of T5:

- It crosses the median plane from right to left behind the esophagus.

4- In the superior mediastinum:

- It ascends behind left border of esophagus.



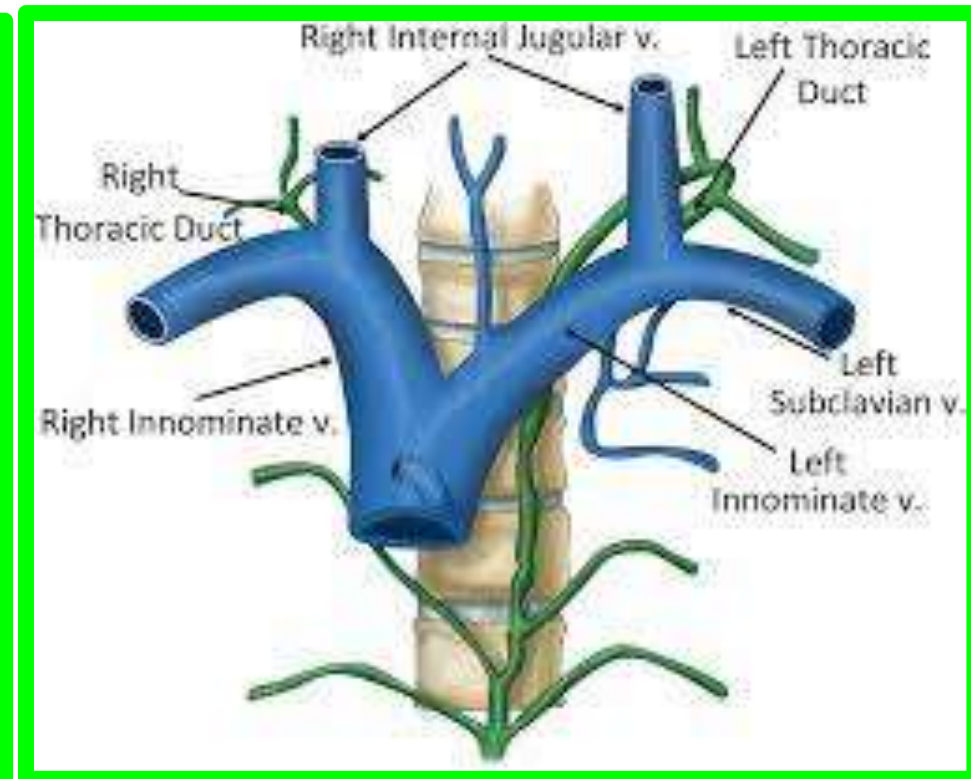
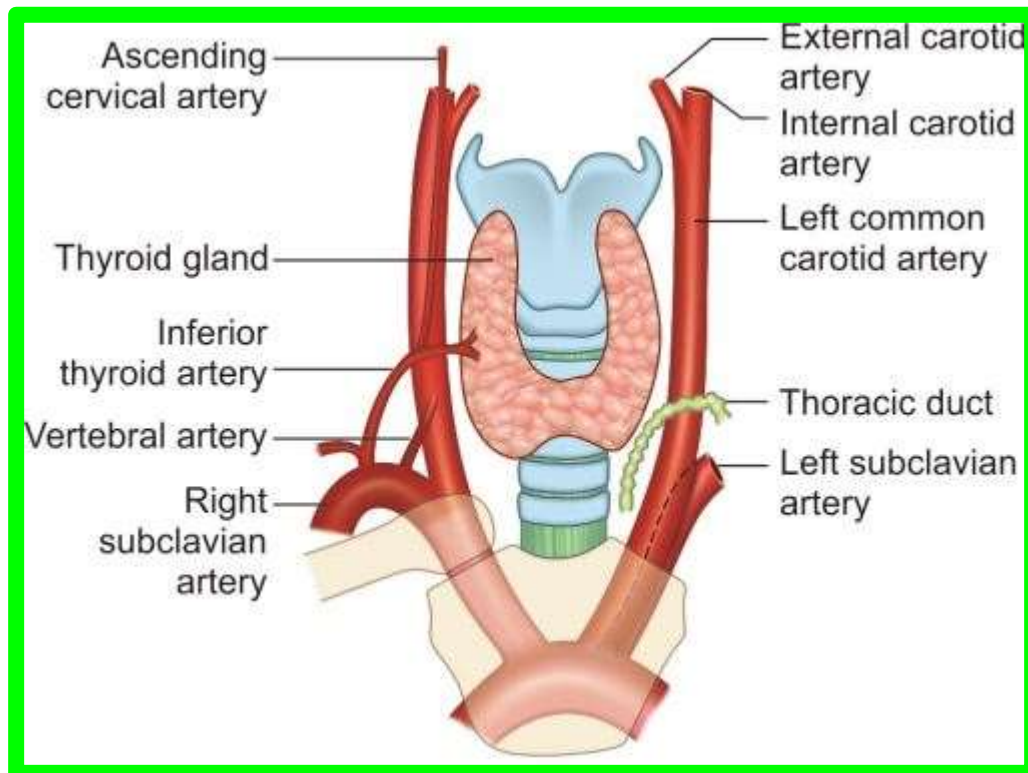
Thoracic Duct

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** Course and relations:

5- In the neck, at the level of the C6, it curved behind the carotid sheath.

6- Finally, it descends to end into the junction of the left subclavian and left internal jugular veins.



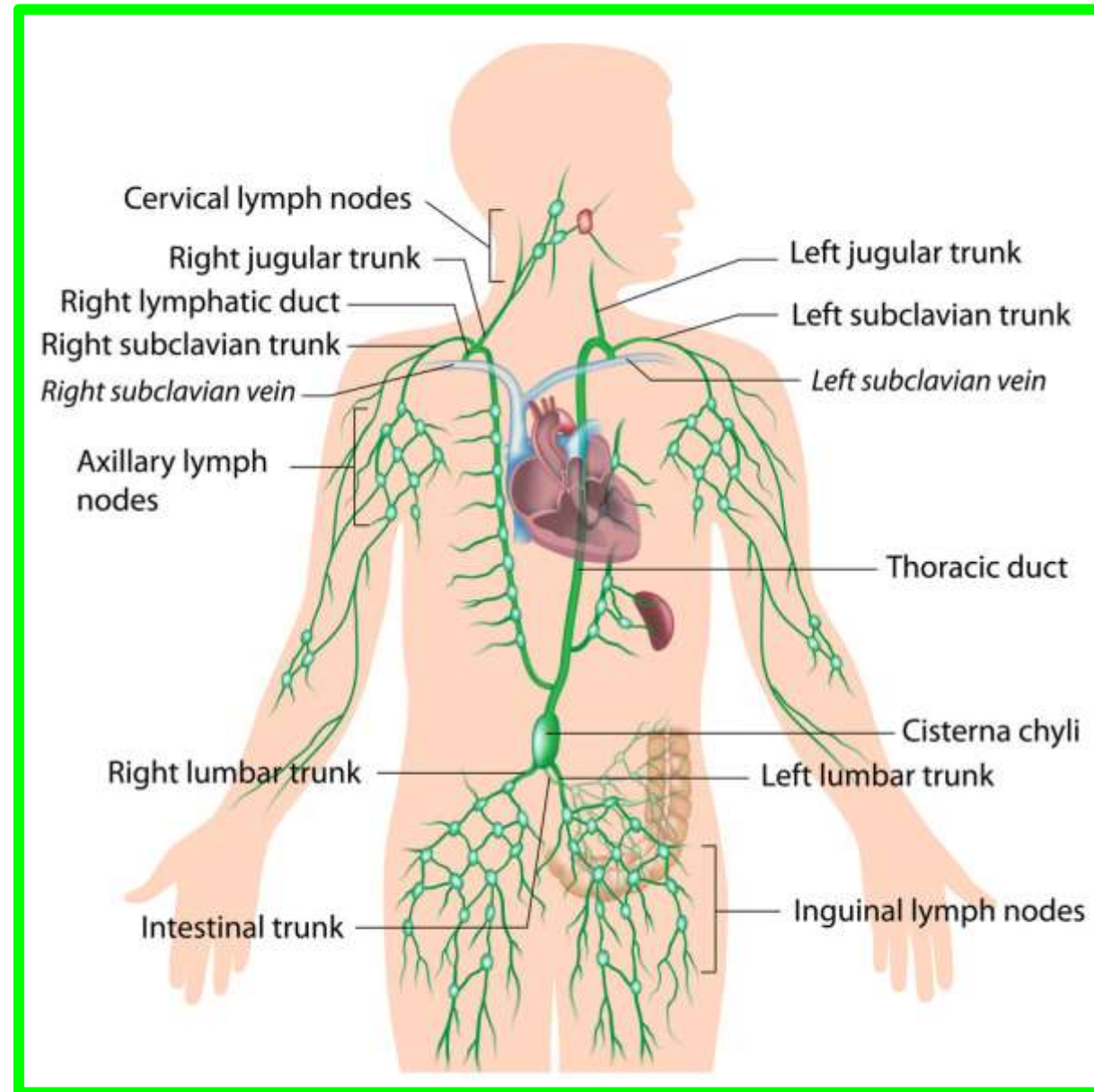
Thoracic Duct

**** Tributaries:**

1) **Cisterna chili**, receives lymphatic from the lower part of the body through;

A- Intestinal lymph trunk
(from abdomen and pelvis).

B- Right and left lumbar lymph trunks (from 2 lower limbs).



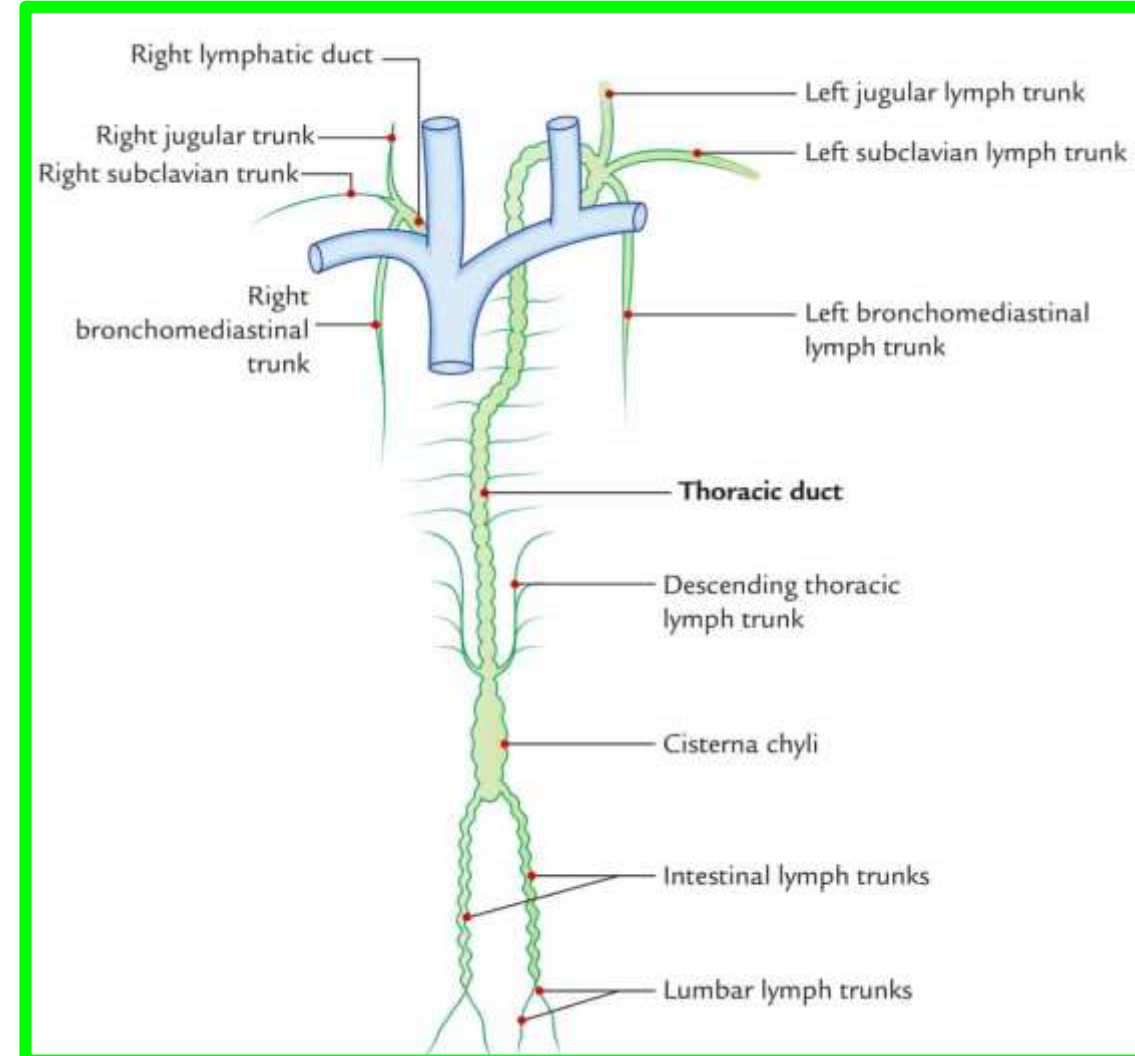
Thoracic Duct

** Tributaries:

2) Left broncho-mediastinal lymph trunk: drains the **left 1/2 of the thoracic cavity**.

3) Left subclavian trunk: drains **the left upper limb**.

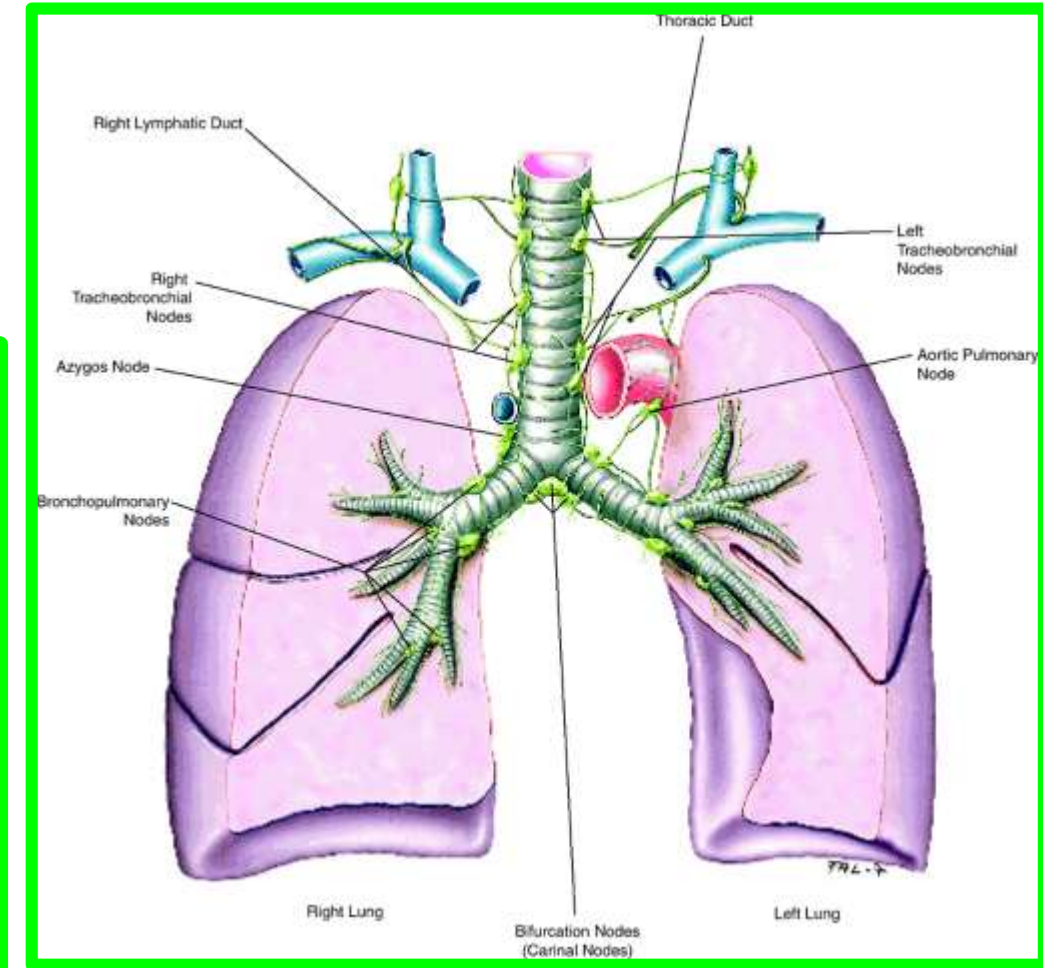
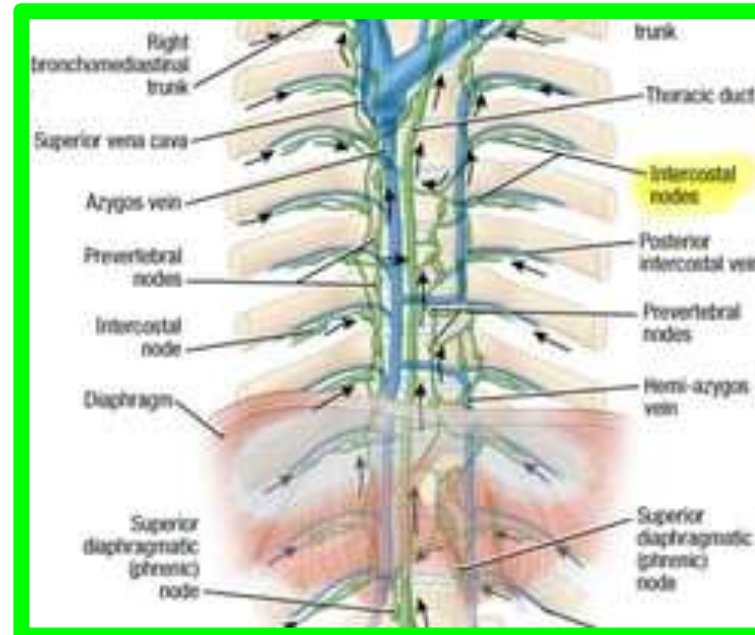
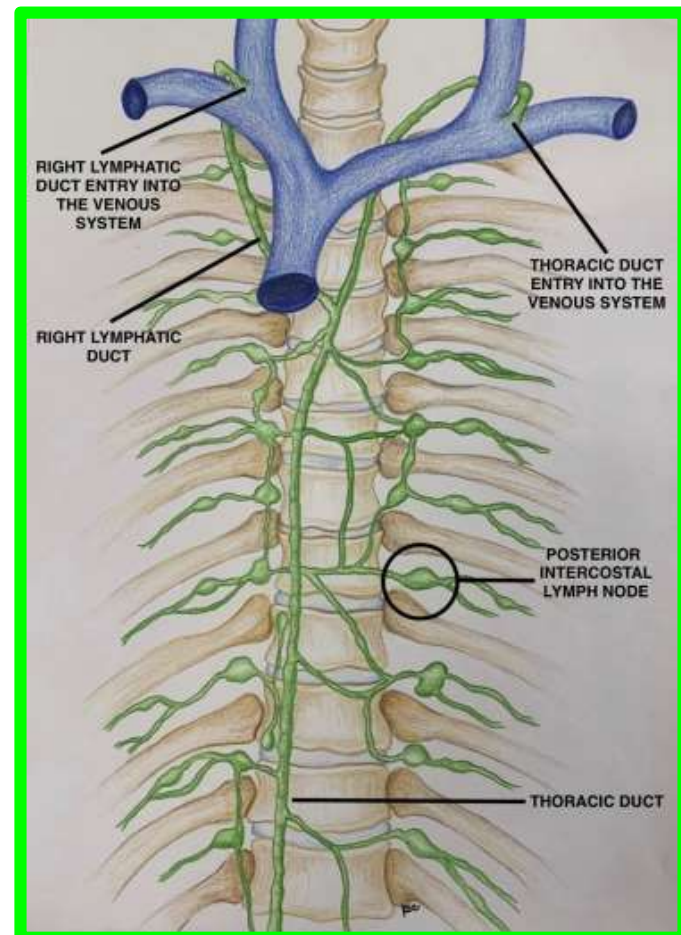
4) Left jugular lymph trunk: drains **the left 1/2 of the head and neck**.



Thoracic Duct

** Tributaries:

- 5) Efferent from the posterior mediastinal lymph nodes.
- 6) Efferent from the posterior intercostal lymph nodes.



The Posterior Intercostal Veins

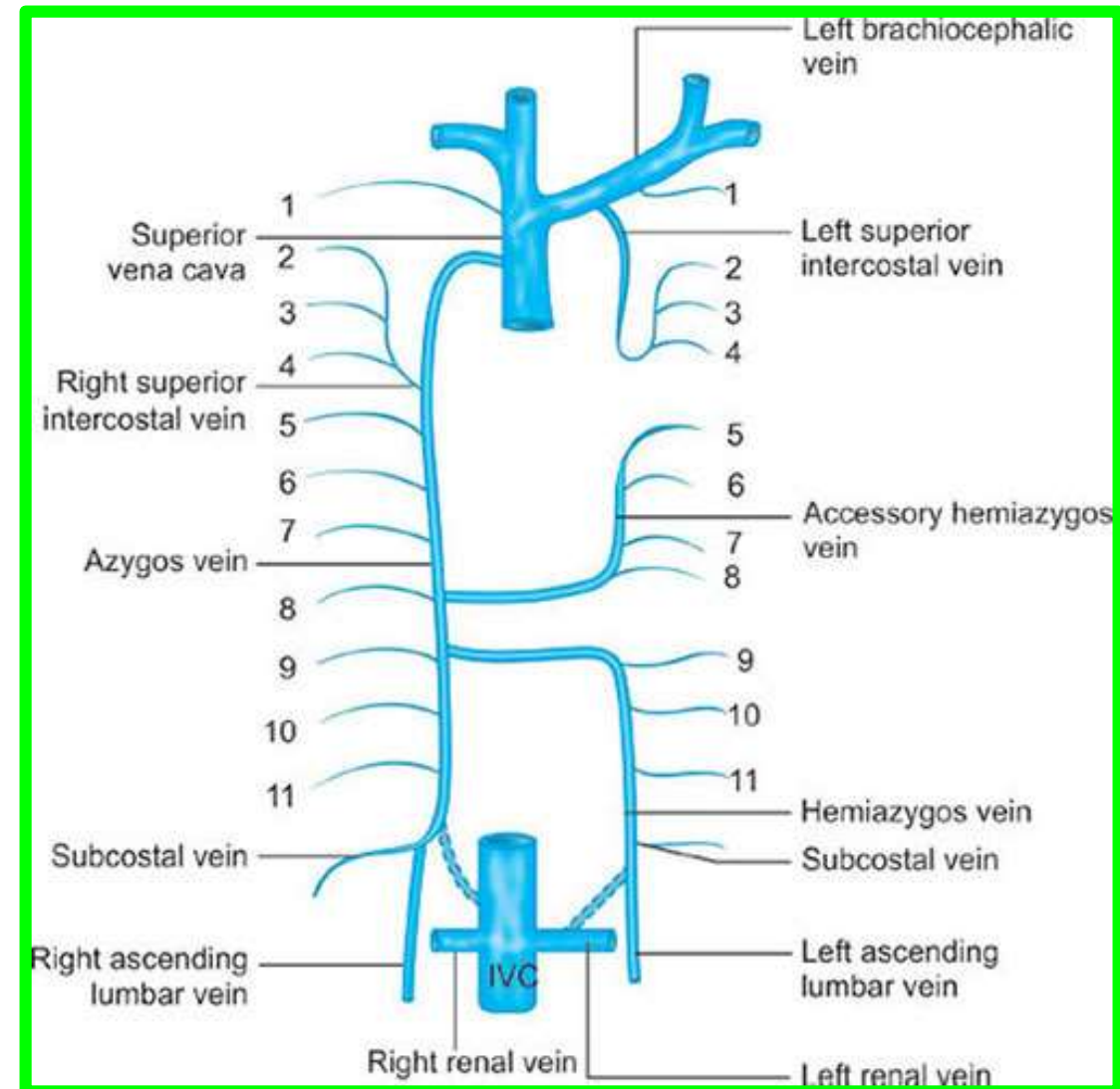
* 11 veins on each side and subcostal vein.

A) On the right side:

1- **The first vein** drains into the **right brachio-cephalic vein**.

2- **The 2nd and 3rd veins:** form the **right superior intercostal vein** which ends in the **arch of azygos vein**.

3- **From 4th till 11th** and subcostal vein: end into the **azygos vein**.



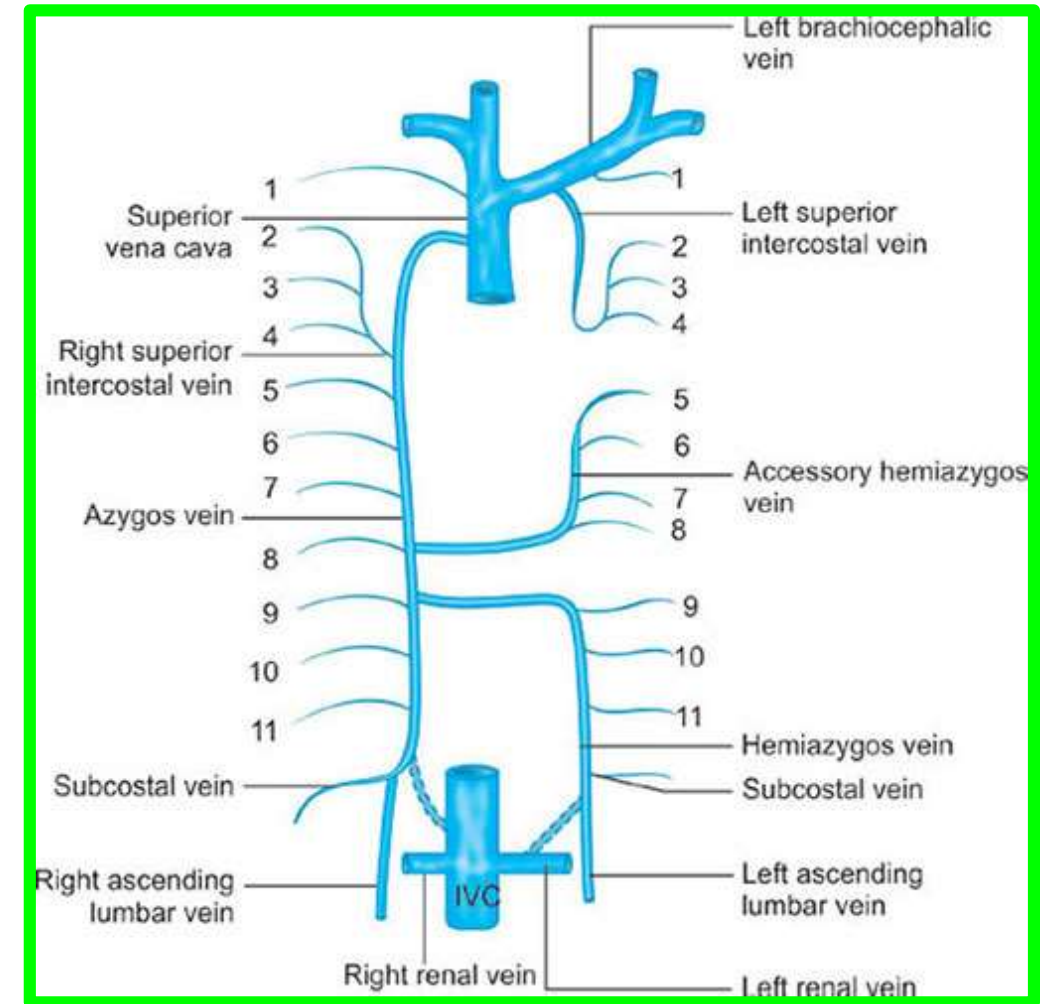
The Posterior Intercostal Veins

B) On the left side:

1-The first vein ends into the **left brachio-cephalic vein**.

2-The 2nd and 3rd veins: form the **left superior intercostal vein** which ends into the **left brachio-cephalic vein**.

3-The left 4th to 8th: end in the **accessory (superior) hemiazygos vein**.
4- From the 9th to 11th and subcostal vein: end in the **hemiazygos vein**.

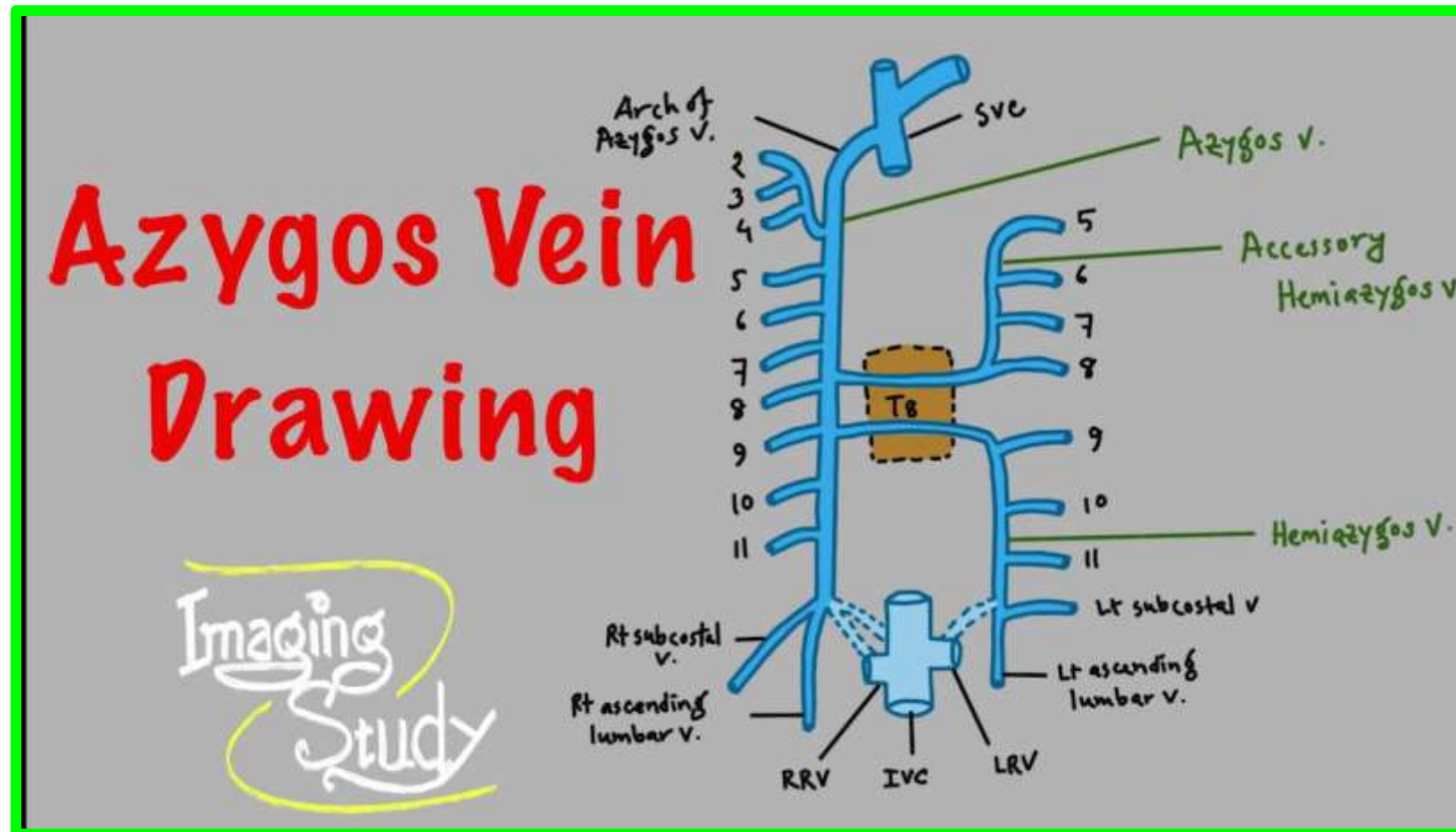


Azygos Vein:

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**** Beginning:** → in the abdomen and arises as follows:

- 1- From the back of **the inferior vena cava**.
- 2- From the union of **the right subcostal** and **right ascending lumbar veins**.

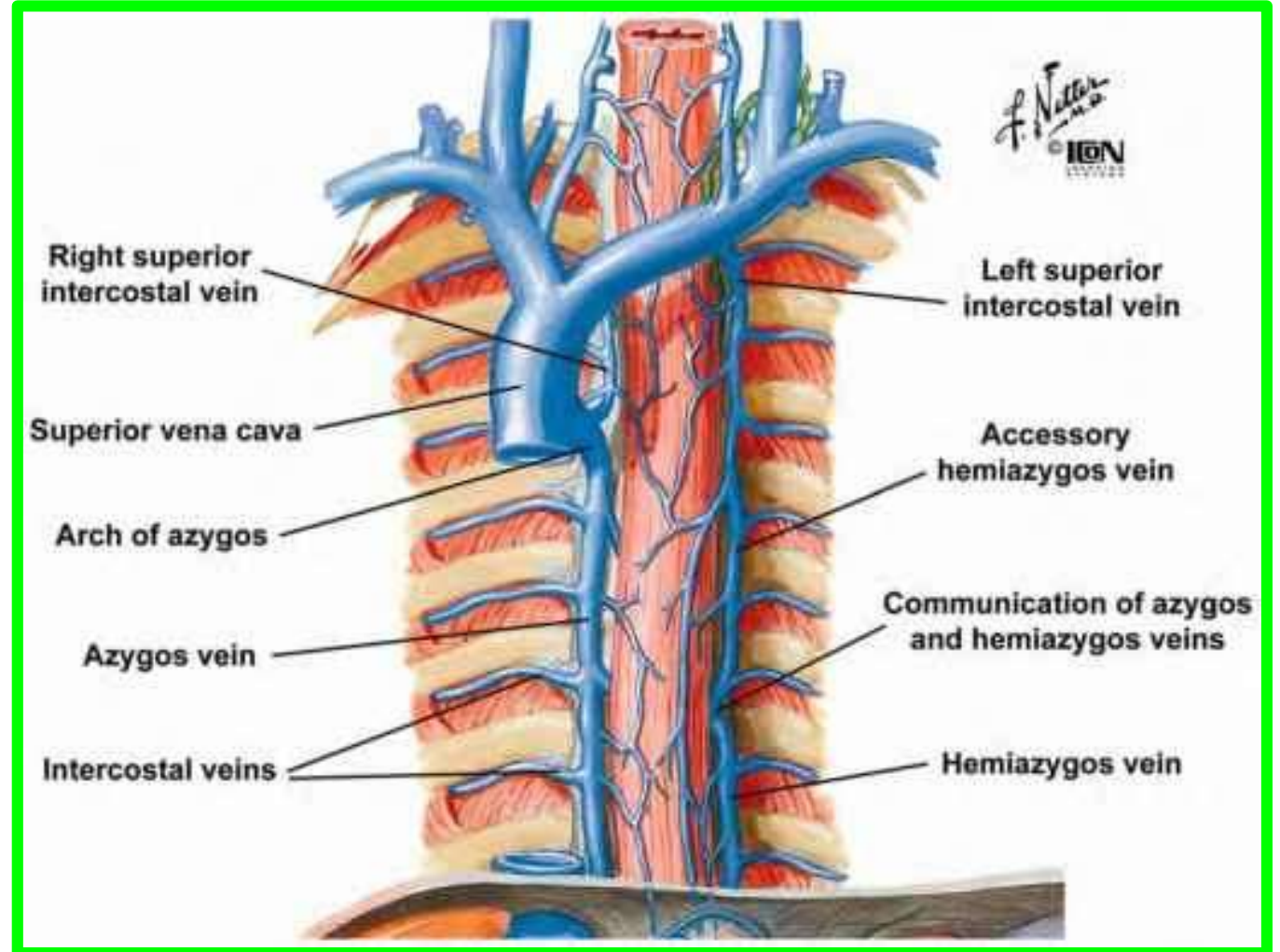


The azygos system of veins

✓ on each side of the vertebral column, drains **the back** and **thoracoabdominal walls** and **mediastinal viscera**.

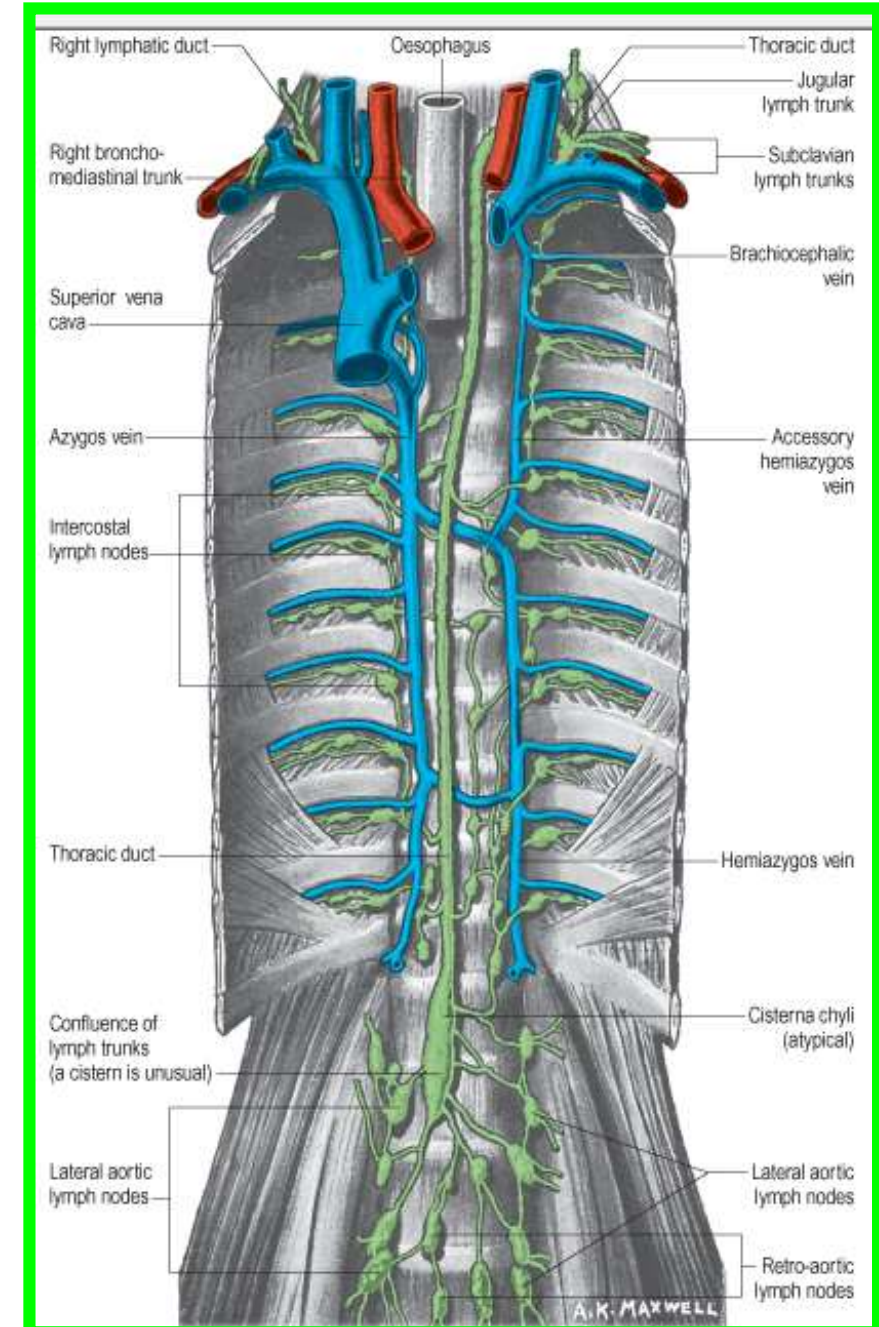
✓ The **azygos vein** forms a collateral pathway between **the SVC** and **IVC**

✓ It ascends in **the posterior mediastinum**, passing close to the right sides of the bodies of **the inferior 8 thoracic vertebrae**.



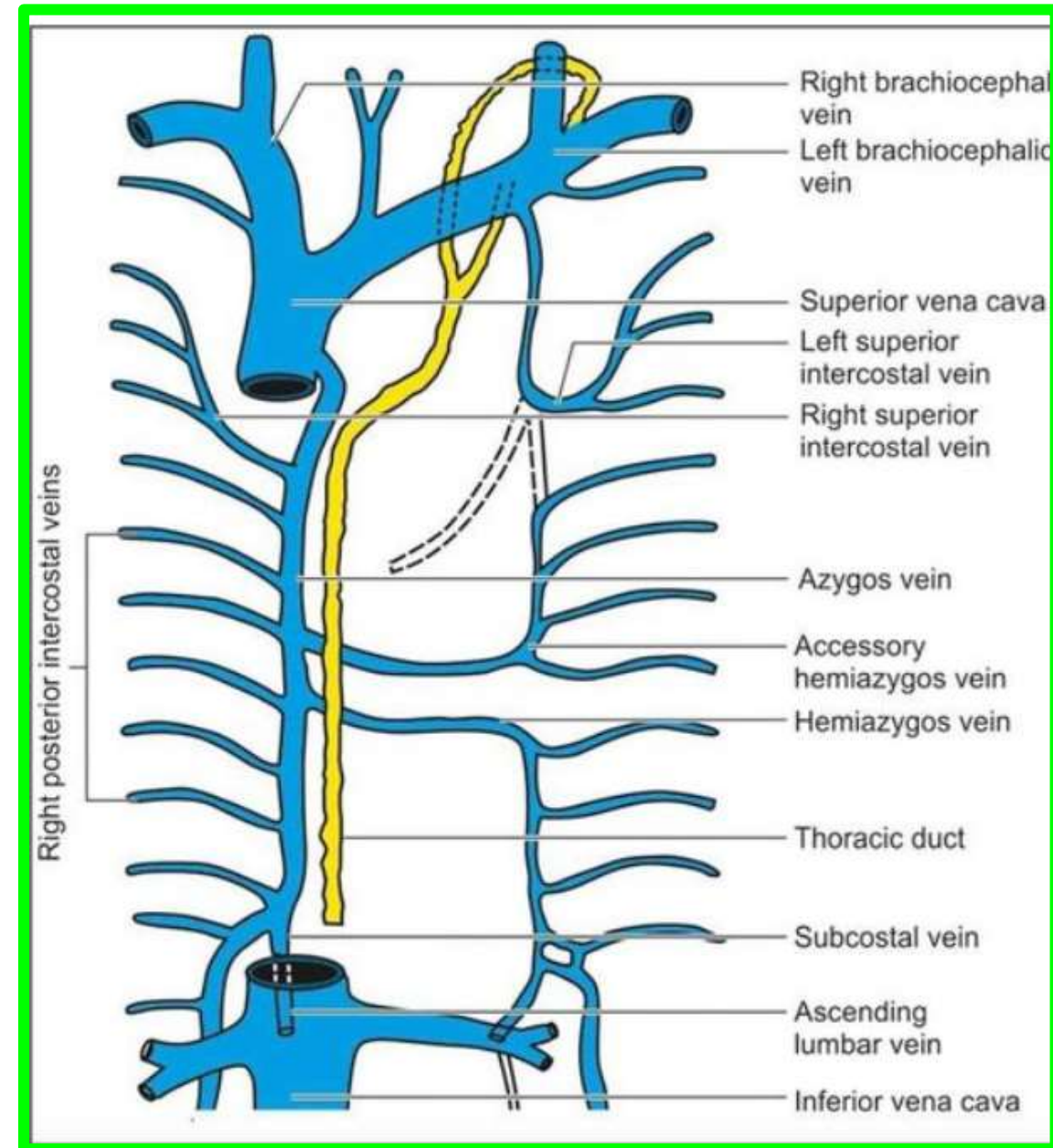
The azygos system of veins

- ✓ It arches over the superior aspect of the root of the right lung to join **the SVC**
- ❖ The azygos vein communicates with:
 - ✓ **The posterior intercostal veins,**
 - ✓ **The vertebral venous plexuses** that drain the back, vertebrae, and structures in the vertebral canal.
 - ✓ **The mediastinal,**
 - ✓ **Esophageal, and**
 - ✓ **Bronchial veins**



The hemiazygos vein

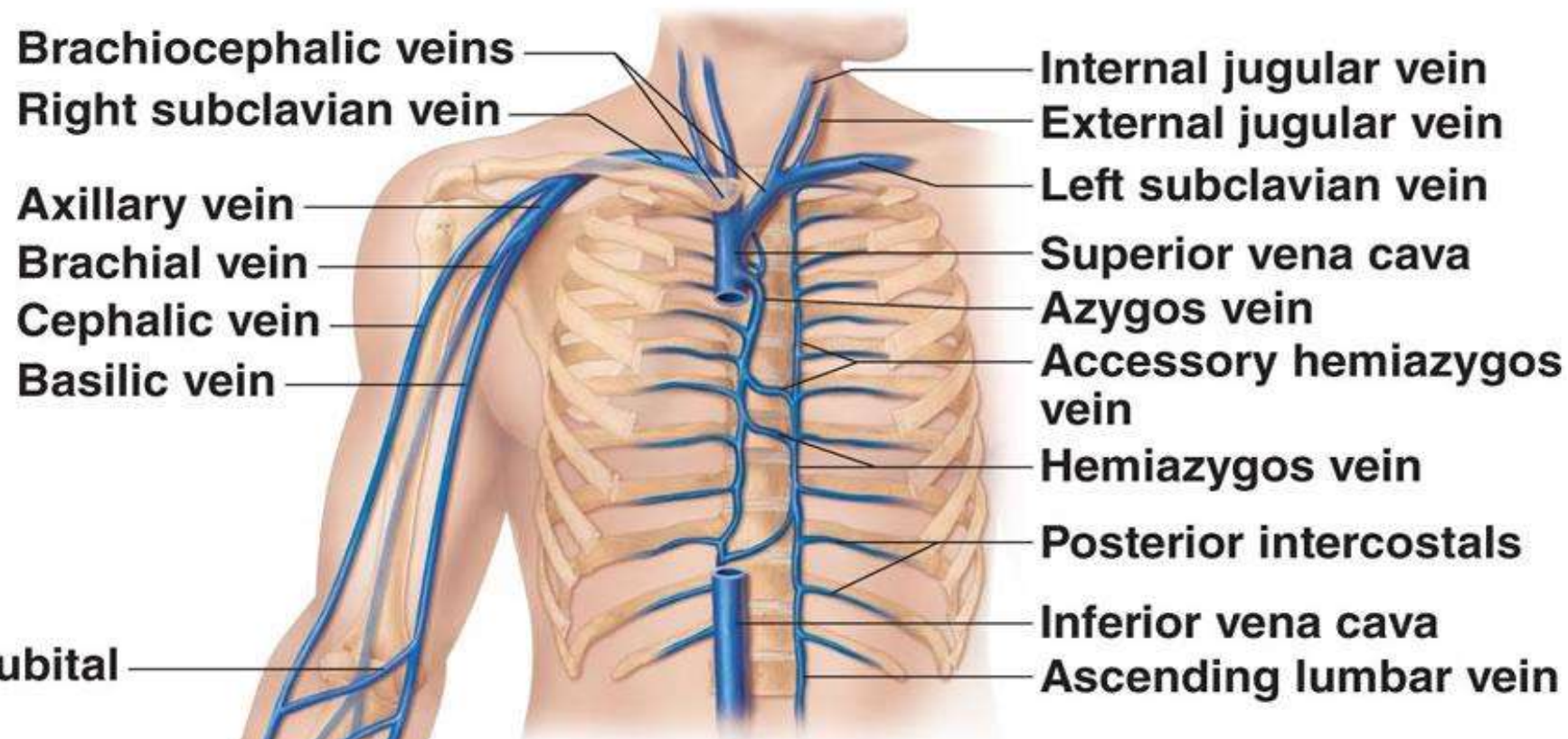
- ✓ Arises on the left side by the junction of the **left subcostal** and **ascending lumbar veins**.
- ✓ It ascends on the left side as far as the **T9 vertebra**.
- ✓ Here it crosses to the right, and joins **the azygos vein**.



The hemiazygos vein

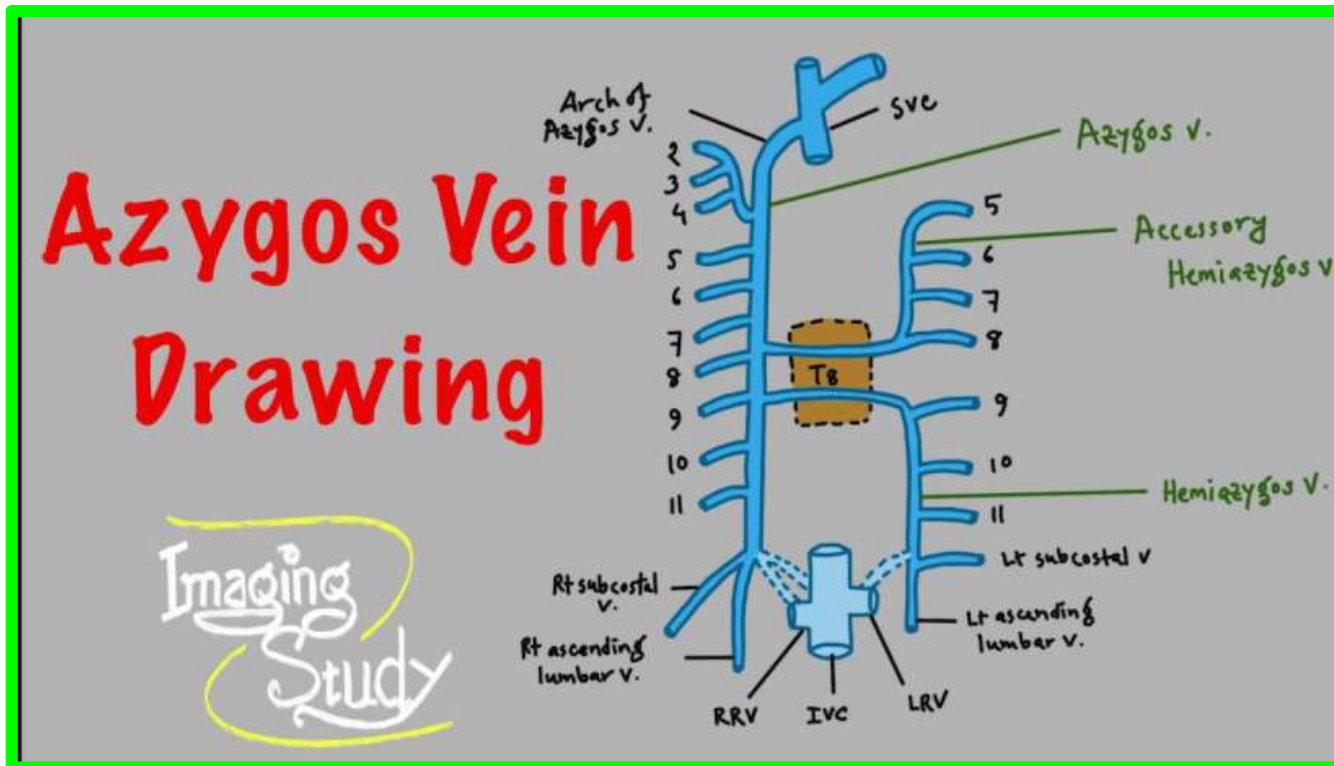
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- ✓ The hemiazygos vein receives:
 - The inferior three posterior intercostal veins,
 - The inferior esophageal veins, and
 - Several small mediastinal veins.



The accessory hemiazygos vein

- ✓ Begins at the medial end of the 4th or 5th intercostal space and descends on the left side of vertebral column from T5 through T8.
- ✓ It receives tributaries from veins in the 4th-8th intercostal spaces and sometimes from the left bronchial veins.
- ✓ It crosses over the T7 or T8 vertebra to joins the azygos vein.



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