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By Dr. Heba Sharaf Eldin

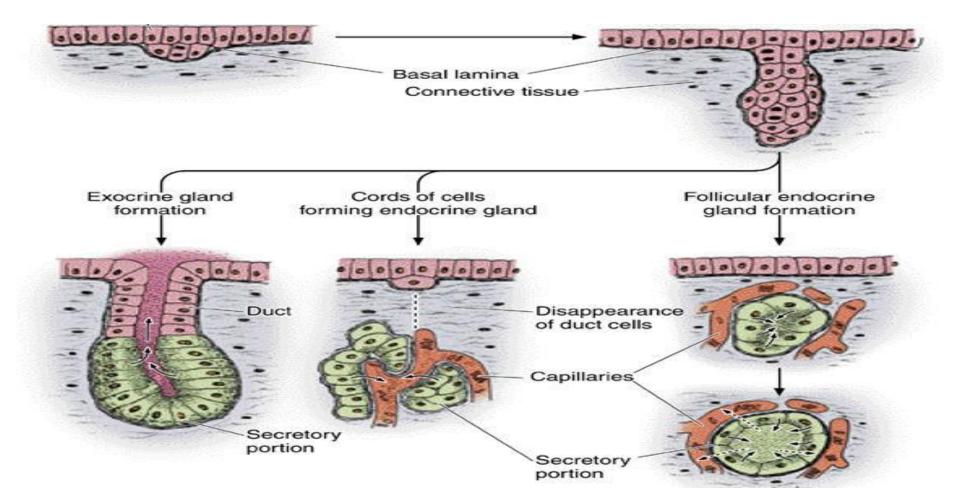
Associate Professor of Histology & Cell Biology

ILOS

- Describe the histological structure of the following endocrine glands: Pituitary, Adrenal, Thyroid, Parathyroid.
- Know the histological structure of primary sex organs secrete hormones (testis and ovary).
- Identify different types of cells present in each gland.
- Differentiate between different types of endocrine glands.
- Relate the composition of each gland to its specific function.
- Predict the special type of hormones secreted by each gland.

Origin of gland

They develop as invagination from surface epithelium, then separate.



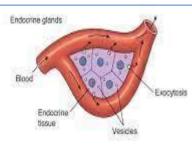
Types of glands

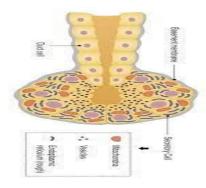
1- Ducts present: <u>Exocrine glands</u>.

- They retain their connection with the surface epithelium
- Have ducts to carry their secretion outside
- <u>Examples:</u> Salivary glands and sweat glands

2- Ducts absent: Endocrine glands.

-connection with the surface was obliterated-They secret hormones directly in the blood
<u>Example:</u> Thyroid gland





3- Mixed glands:

-Have both exocrine and endocrine functions

- Example: pancreas

Endocrine System

➢ It consists of the endocrine glands or cells.

They deliver their secretion (hormones) into the blood stream.

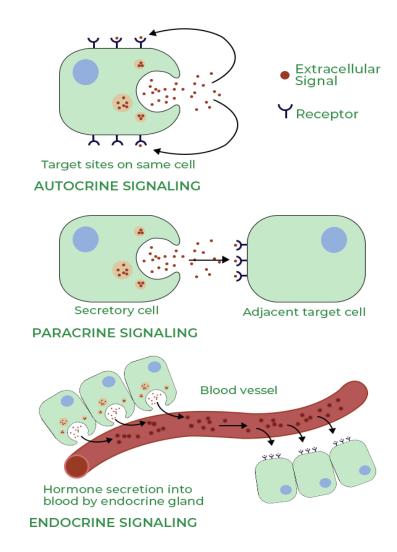
➢ Hormone

-is a small chemical molecule can enter the blood stream and cause an action at Target cells or tissue at a distance from the site of their secretion.

- regulate functions of different organs.
- Target cells have receptors for those hormones.
- The endocrine system and nervous system work together.

Patterns of hormone Action

- Endocrine: circulated by blood to distant target cells.
- Paracrine: Hormones that affect neighboring cells.
- Autocrine: Hormones that act on the cells that secrete them.



General characters of endocrine glands

- They have no ducts.
- Each gland consists of groups of secretory epitheloid cells.
- The cells are surounded by have fenestrated blood capillaries and stromal reticular network.

Chemical types of hormones

- **Steroids:** hormones of adrenal cortex.
- **Proteins:** hormones of pituitary gland.
- Aminoacids: catecholamine of adrenal medulla.

Protein synthesizing cells

Sites: e.g: thyroid gland

LM

Cells pyramidal. Nucleus central rounded. Apical Acidophilia (secretory granules). Basal Basophilia (RER).

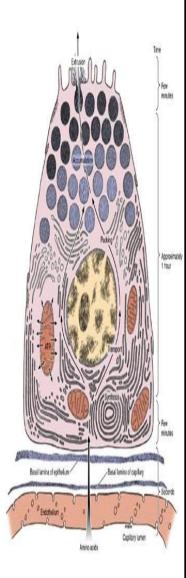
E/M

In the basal region:

- Infranuclear parallel arrays of rER
- Abundant ribosomes.
- Mitochondria are interspersed among rER.

In the apical region:

- Golgi complex supranuclear
- Secretory granules



Steroid secreting cells

Sites: testes, ovaries and adrenal glands.

L/M: -polyhedral -acidophilic cytoplasm -central nucleus. -Rich in lipid droplets E/M:

- Microvilli on the surfaces facing blood capillaries
 Rich in SEP
- Rich in SER.
- Rich in lipid droplets
- mitochondria with tubular cristae

Golgi apparatus, lysosomes, and few RER

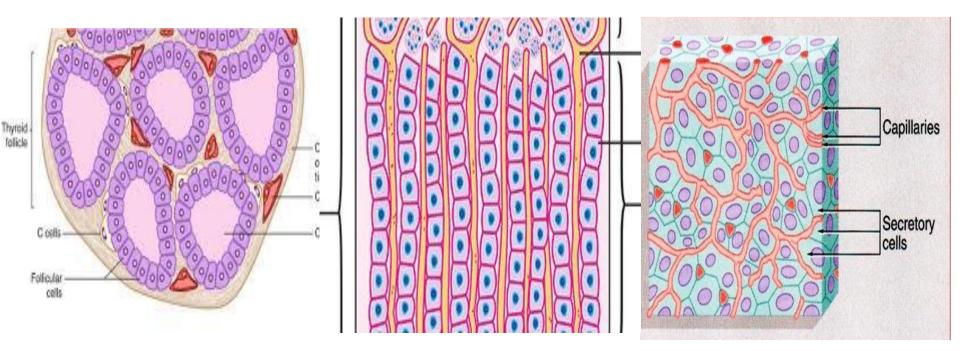


The endocrine glands structure

• Stroma:

- -Thin capsule
- Septa: divid the gland into compartments.
- Network of reticular fibers.
- Parenchyma:
 - Polyhydral cells.
 - Arranged as cords or follicles. Or have irregular pattern.
 - -Separated by fenestrated blood capillaries.





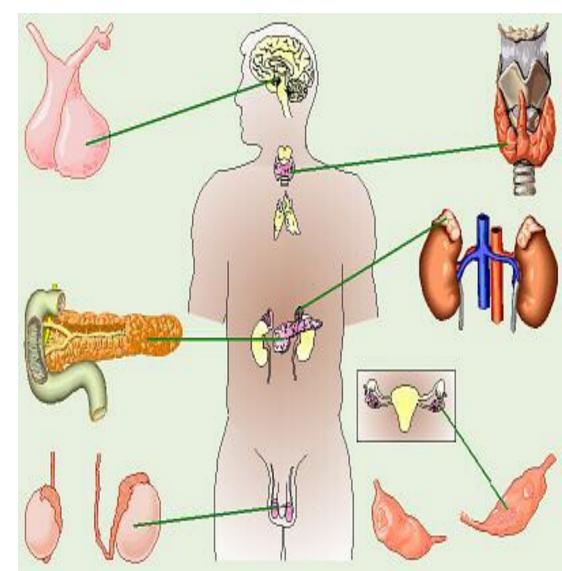
Endocrine glands

1-Pituitary gland.
 2-Pineal gland.

3-Thyroid gland.4-Parathyroid gland.

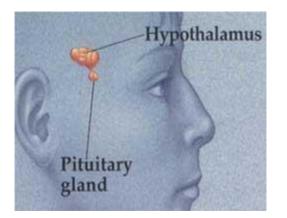
5-Islets of Langerhans.6- Adrenal gland.

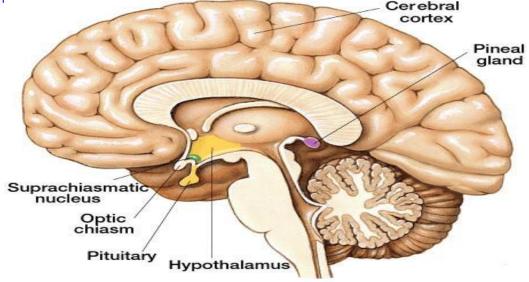
7-Testes.8-Ovaries.



Pituitary gland (Hypophysis Cerebri)

- Attached to base of brain by a slender stalk called the infundibulum.
- The master endocrine gland.
- Controls other endocrine glands.
- Controlled by hypothalamus





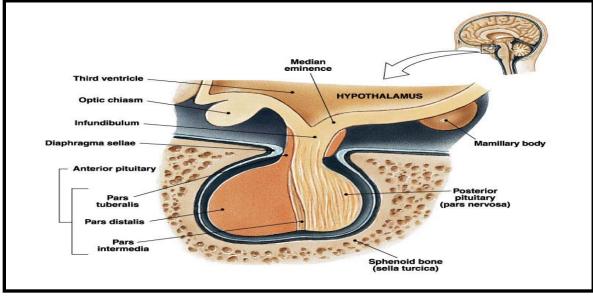
It is divided anatomically into two parts:

Anterior Pituitary (adenohypophysis) It includes:

- a) Pars Distalis
- b) Pars Tuberalis
- c) Pars intermedia

Posterior Pituitary (neurohypophysis) It includes: a) Pars nervosa. b) Infundibulum

Both the adenohypophysis and the neurohypophysis are joined and covered by C.T. capsule.



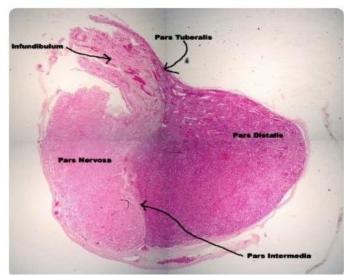
The adenohypophysis

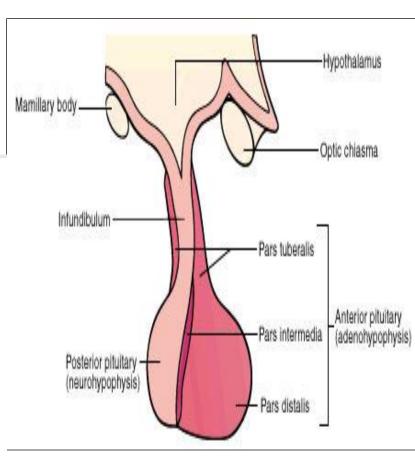
- Pars distalis: anterior largest part.
- *Pars tuberalis*: superior extension.
- Pars intermedia: between distalis & nervosa.

The neurohypophysis

- Pars nervosa: the large part.
- Infundibulum (neural stalk):

small part.





The adenohypophysis A- Pars distalis

- Composed of irregular cords of cells separated by fenestrated capillaries.
- The parenchymal cells either:

1- Chromophobes: 50%

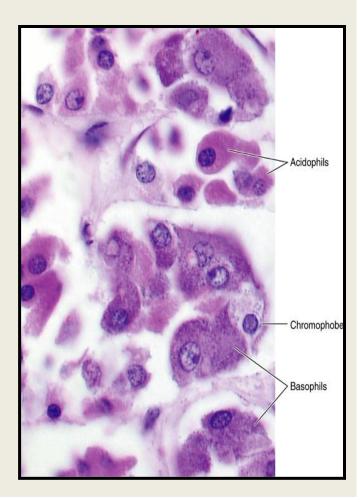
- have no affinity for stains
- represent stem cells <u>or</u>
 exhausted chromophils

2- Chromophils: 50%

-have affinity for stains.

a) Acidophils (stain with acid dyes).

b) Basophils (stain with basic dyes).



Acidophils (40%)

L/M:

- large in number
- contains acidophilic granules.

E/M

The secretory granules have characteristic size, shape and electron density by which the different cell types can be recognized.

are of two types:

<u>1-Somatotrophs:</u>

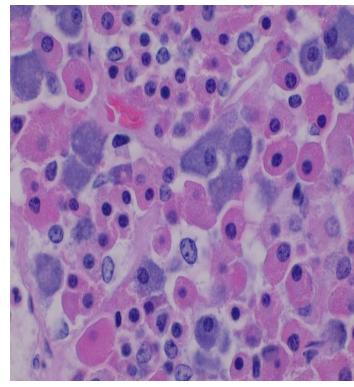
secrete growth hormone

stimulate growth of long bone.

2-Mammotrophs:

secrete prolactin hormone

- stimulate mammary gland development.
- stimulates milk secretion.

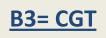


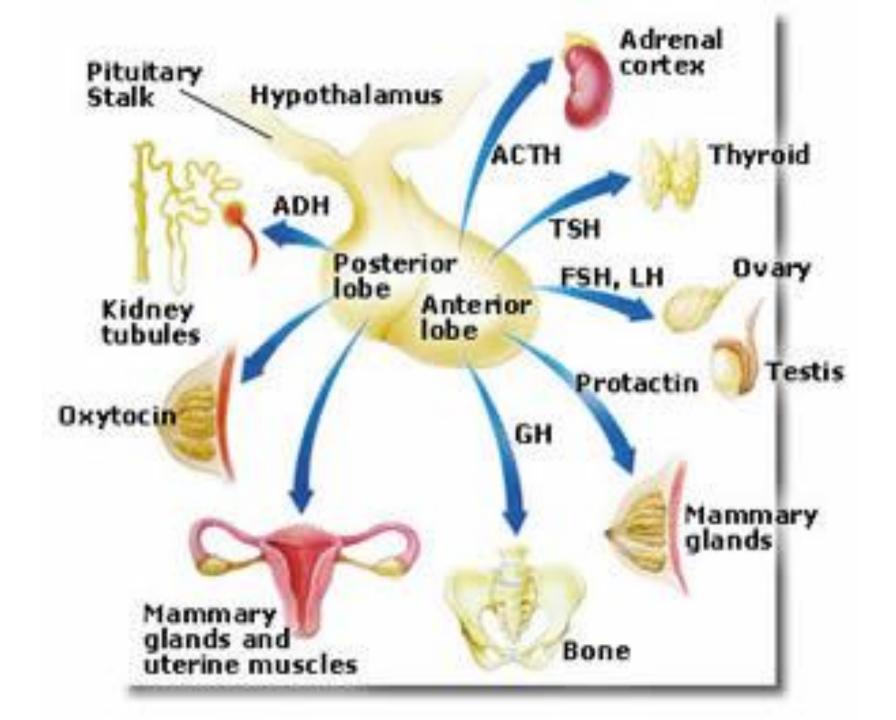
A2=SM

Basophils (10%)

LM:

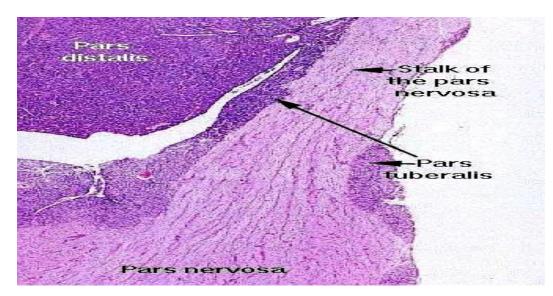
- few in number
- contains basophilic granules.
- **EM:** are of different types:
- **1-Corticotrophs:**
 - secrete adrenocorticotropic hormone [ACTH]
 - stimulates suprarenal cortex.
- 2-Thyrotrophs:
 - secrete thyroid stimulating hormone (TSH)
 - stimulates thyroid gland.
- 3-Gonadotrophs: secrete:
 - A- Follicle stimulating hormone (FSH) stimulates ovarian follicles development and estrogen secretion.
 - **B- Luteinizing hormones (LH)** stimulates ovarian follicle maturation and progesterone secretion
 - C- Interstitial cell stimulating hormone (ICSH) stimulates production of androgens by interstitial cells of testes.





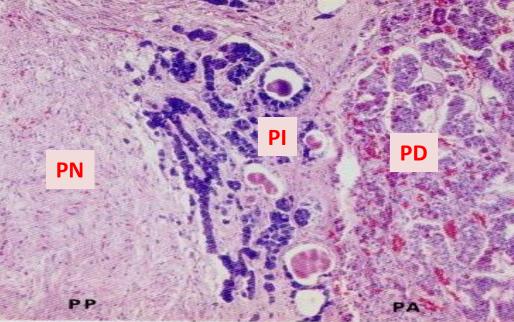
B- Pars tuberalis

- Funnel-shaped superior extension of pars distalis.
- Wraps the **pituitary stalk** (infundibulum).
- highly vascularized.
- cells are cuboidal arranged in longitudinal cords alongside the blood vessels.
- Secrete gonadotropins [FSH & LH]



C- Pars intermedia

- Thin part between pars distalis & nervosa.
- Rudimentary in humans.
- Made up of *follicles* and blood capillaries.
- Secrete melanocyte stimulating hormone (MSH).

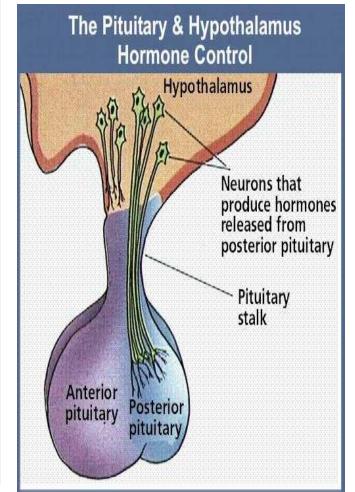


Pars nervosa

- Stained Pale in Hx & E sections.
- Contains no secretory cells.
- Composed of:
- **1-** Nerve fibers: axons of hypothalamohypo-physeal tract.
- 2- Supportive cells: pituicytes.
- **3-Herring bodies:** accumulations of neuro-secretion in dilated terminals of axons.
- 4- Wide fenestrated blood capillaries.

Pituicytes

- Similar to neuroglial cells.
- Highly branched cells.
- Support axons of pars nervosa.

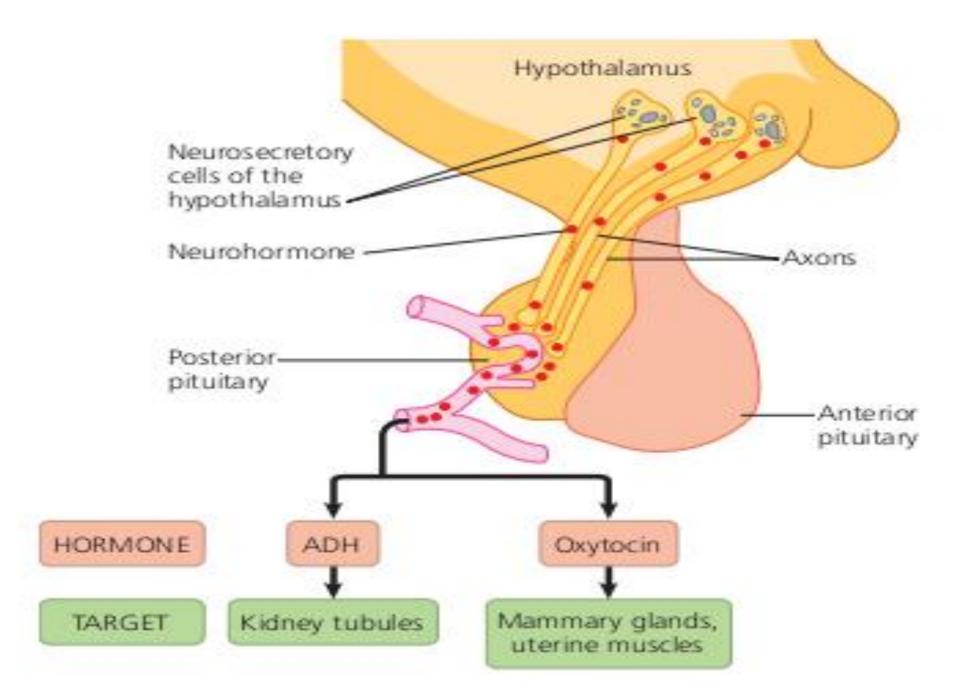


Functions of pars nervosa (Hypothalamo-hypophyseal tract)

- Oxytocin and ADH are
 - synthesized in nuclei of hypothalamus.
 - travel within axons of hypothalamo-hypophyseal tract in neural stalk to reach pars nervosa.
 - accumulate as Herring bodies.
 - pass through fenestrated capillaries to blood.
- 1- Oxytocin:
 - Stimulates contraction of smooth muscle of uterus during labor.
 - Stimulate milk ejection during lactation.

2-Antidiuretic hormone (ADH):

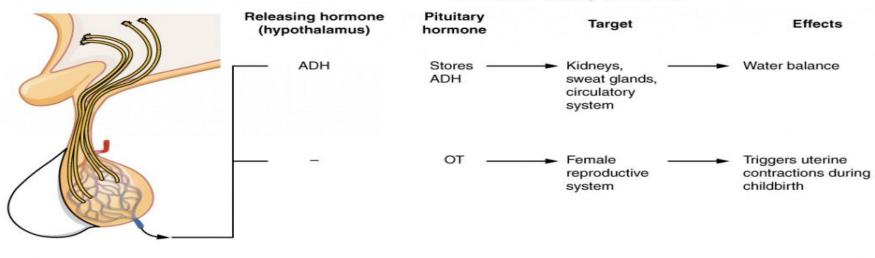
- Stimulates resorption of water from kidneys.
- Stimulates contraction of smooth muscle fibers to increase blood pressure.



Part		Cells		
Adenohypophysis	A- Pars distalis	 1-Chromophobes 2- Chromophils: Acidophils 1-Somatotrophs. 2-Mammotrophs Basophils 1-Corticotrophs: [ACTH] 2-Thyrotrophs: (TSH) 3-Gonadotrophs: (FSH) (LH) (ICSH) 		
	B- Pars tuberalis	gonadotropins [FSH & LH]		
	C- Pars intermedia	(MSH).		
Neurohypophysis	Pars nervosa	Oxytocin: Antidiuretic hormone (ADH)		

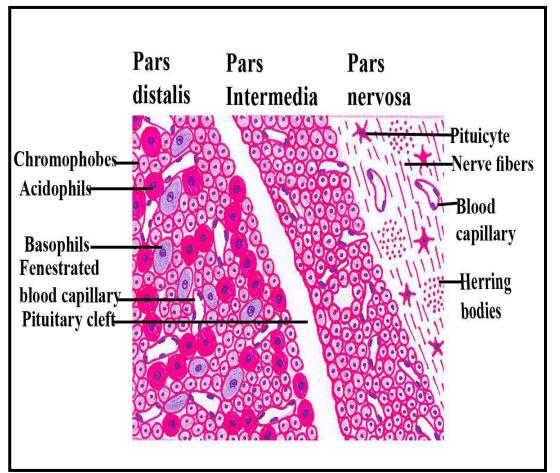
Posterior Pituitary Hormones

Effects

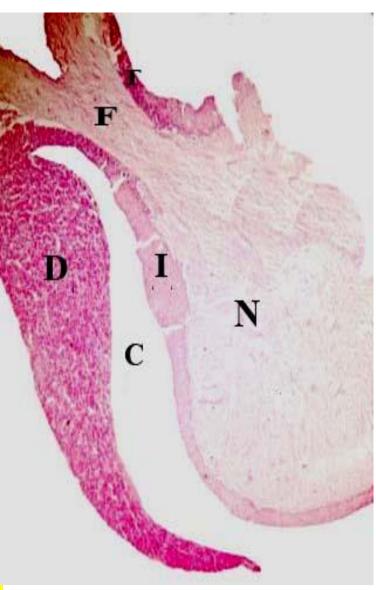


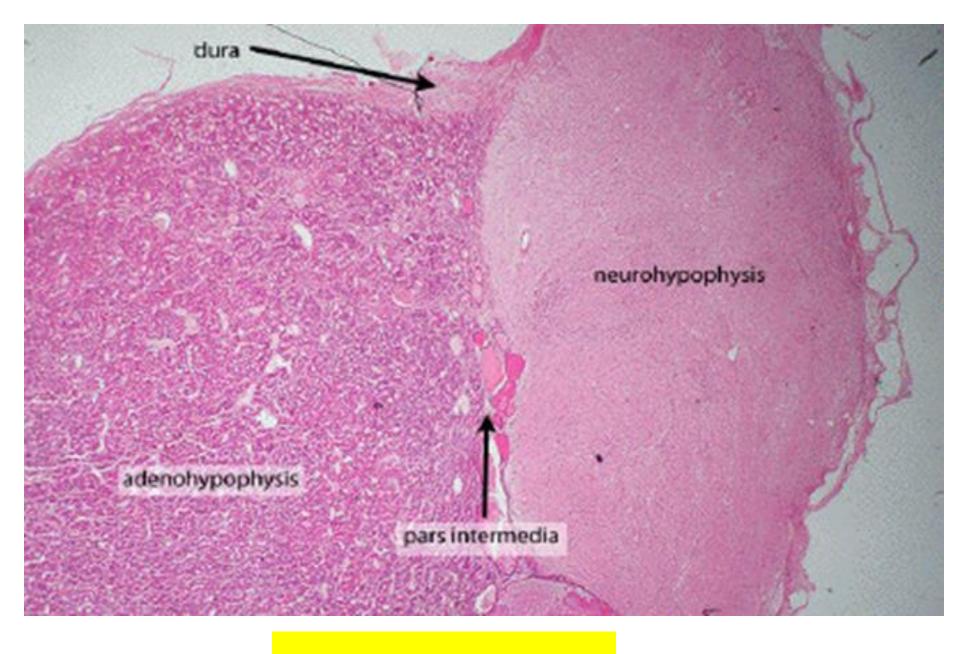
Anterior Pituitary Hormones

Releasing hormone (hypothalamus)	Pituitary hormone	Target	Effects
GnRH	► LH	 Reproductive system 	 Stimulates production of sex hormones by gonads
GnRH	FSH	 Reproductive —— system 	 Stimulates production of sperm and eggs
— твн — •	► TSH	→ Thyroid gland —	 Stimulates the release of thyroid hormone (TH). TH regulates metabolism.
PRH (inhibited by PIH)	PRL	 Mammary glands 	 Promotes milk production
GHRH (inhibited by GHIH)	► GH —	Liver, bone, muscles	Induces targets to produce insulin-like growth factors (IGF). IGFs stimulate body growth and a higher metabolic rate.
СВН	АСТН —	Adrenal glands	 Induces targets to produce glucocorticoids, which regulate metabolism and the stress response



Pituitary gland





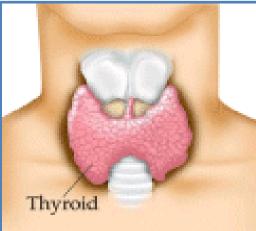
Pituitary gland

Thyroid Gland

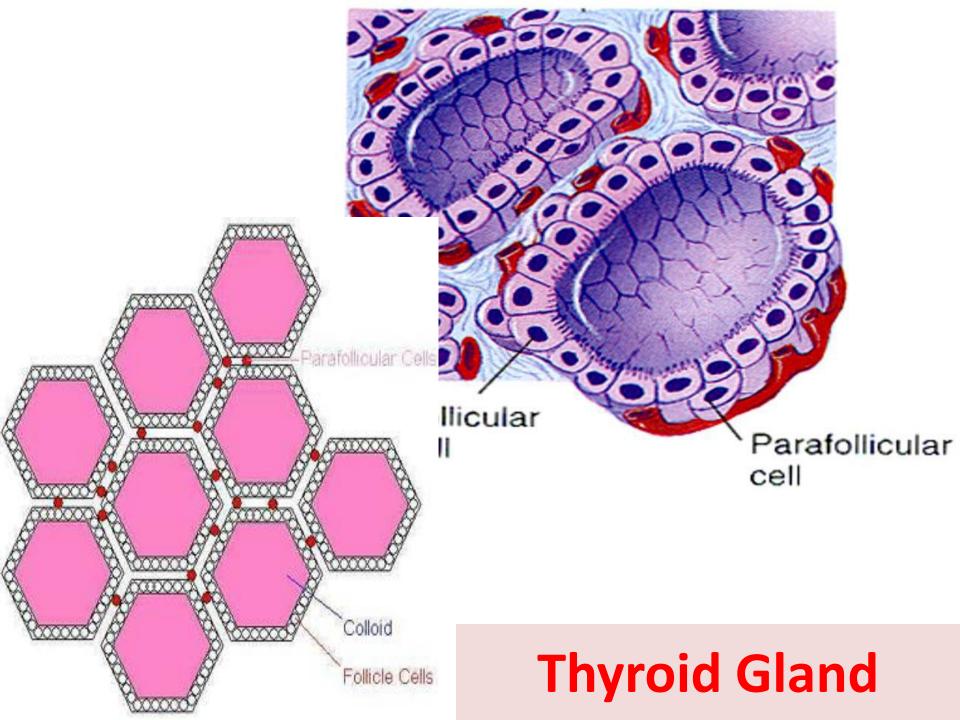
- Bilobed endocrine gland in neck, anterior to larynx and upper trachea.
- Right and left lobes are connected by isthmus.
 Structure:

<u>A- Stroma</u>

- 1- Capsule: thin.
- 2- Septa: fine, incomplete



- <u>B- Parenchyma (cells)</u> is in the form of follicles and fenestrated blood capillaries in between.
- The follicles consists of 2 types of cells:
- 1- Follicular cells (98%).
- 2- Parafollicular or (C) cells(2%).
- The follicles contain in their lumen the stored secretion called **colloid.**



- B- Parenchyma
- Structural & functional units of thyroid gland are thyroid follicles.
- Packed together by fine reticular network containing fenestrated capillaries.
- Rounded and surrounded by thin basal lamina.
- Lined with:
 - Follicular cells (simple cuboidal epithelium)
 - Parafollicular cells (few short C cells).

Colloid

- Homogenous acidophilic material filling the central lumen in the follicle.
- It is glycoprotein (thyroglobulin) synthesized & secreted by follicular cells.
- Contains thyroid hormones.

1- Follicular cells (principal cells) L/M:

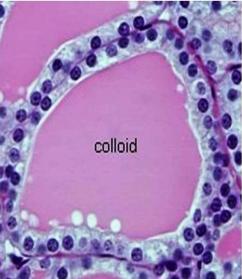
- The majority.
- Simple cuboidal cells resting on basal lamina.
- Central rounded nuclei and basophilic cytoplasm.
 Hyperactive cells are simple columnar, while inactive cells are simple squamous.

E/M

Characteristics of a protein synthesizing cell.

Function

They secrete thyroid hormones, T3 and T4 (thyroxin).



- 2. Parafollicular or C (clear cells)
- Found as a part of follicular epithelium or as isolated clusters between thyroid follicles.
- <u>Few</u>, resting on basement membrane of follicles but do not reach lumen.
- L/M: large, rounded, pale staining cells with central rounded nuclei.
- E/M: contain <u>basal small dense granules</u> containing calcitonin hormone.

Function:

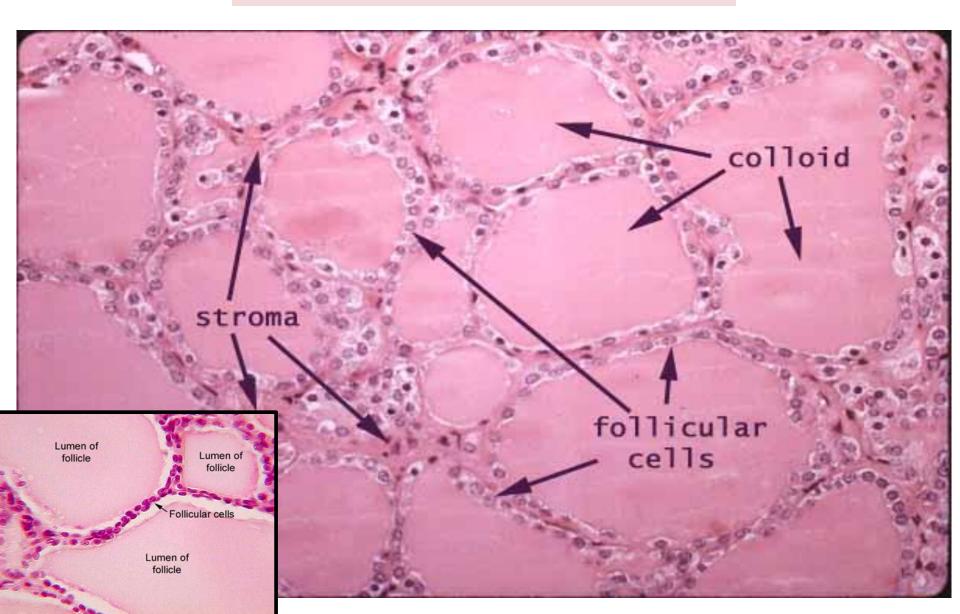
Secrete calcitonin hormone which *Reduce blood calcium*

Ultrastructure of thyroid follicles

Follicular cell

Parafollicular cell

Thyroid Gland



Parathyroid Glands

• They are 4 small glands- Behind the thyroid gland. Each gland consists of:

<u>Stroma</u>: C.T. capsule, incomplete septa, fine reticular fibers.

<u>Parenchyma</u>: clumps or cords of cells with large fenestrated blood capillaries in between.

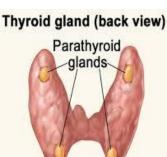
Types of cells:

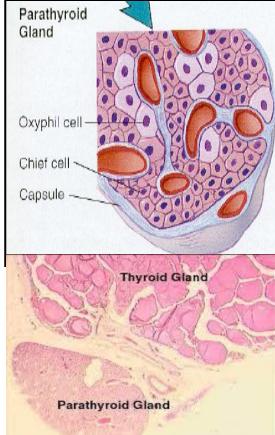
- <u>Chief cell:</u>
- -It is the *main* type

-small

-pale nucleus.

- -It secretes parathyroid hormone(Blood Calcium level)
- Oxyphil cell:
- -It is larger
- -less numerous
- -dark nucleus
- -It is of unknown function.

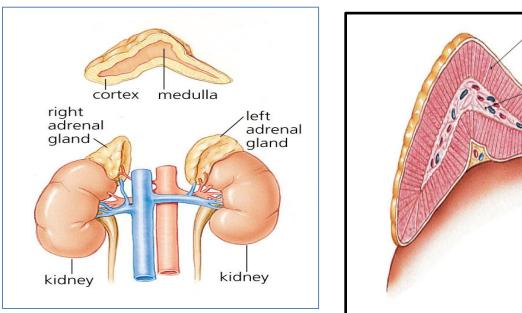




Adrenal glands (Suprarenal glands)

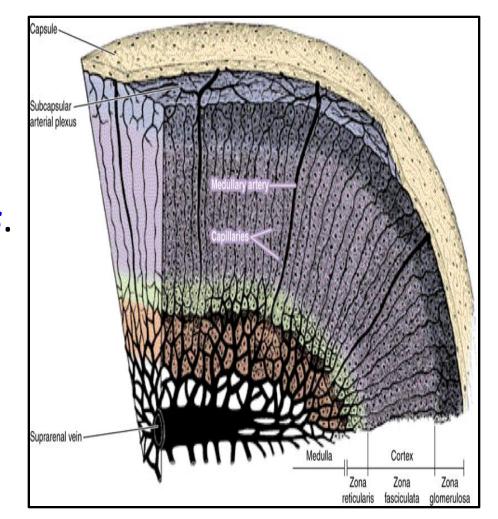
- Parenchyma divided into two embryologically, histologically and functionally different regions:
- <u>Outer large yellowish *cortex*</u> (about 90% of the gland), develops from mesoderm and secretes steroid hormones.
- Inner small reddish-brown medulla

develops from ectoderm and secretes catecholamines.



Histological Structure of adrenal gland

- A) Stroma
- Capsule.
- Trabeculae.
- Fine reticular fibers.
 B) Parenchyma
- Adrenal cortex.
- Adrenal medulla.



ADRENAL CORTEX

formed of three zones:

• Zona glomerulosa :

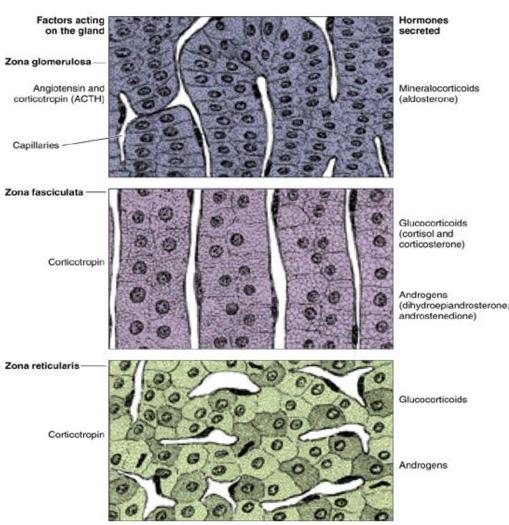
13% (outer narrow zone).

• Zona fasciculata:

80% (middle thick zone).

• Zona reticularis:

7% (inner narrow zone).



Zona glomerulosa (13%)

<u>L/M:</u>

- columnar or pyramidal cells
- acidophilic cytoplasm
- arranged in rounded or arched clusters
- surrounded by blood capillaries

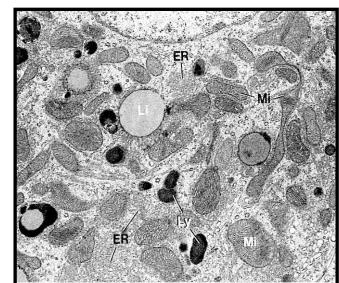
<u>E/M:</u>

steroid secreting cells.

Function:

secrete mineralocorticoids (aldosterone). controls water and electrolyte balance in the body.





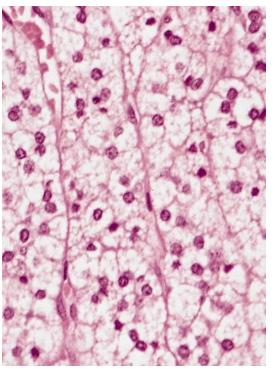
Zona Fasciculata (80%)

<u>L/M:</u>

- Cells (spongiocytes): polygonal arranged in long straight cords perpendicular to the surface of the gland.
- Nuclei: large, rounded and lightly stained.
- Cytoplasm: many lipid droplets (spongiocytes).
- Blood capillaries are present inbetween

<u>E/M:</u>

steroid secreting cells with many lipid droplets.



<u>Function</u>: They secrete glucocorticoids (cortisone) & sex hormones.

Zona reticularis (7%)

 Cells: smaller cells arranged in irregular cords forming network with blood capillaries in between.

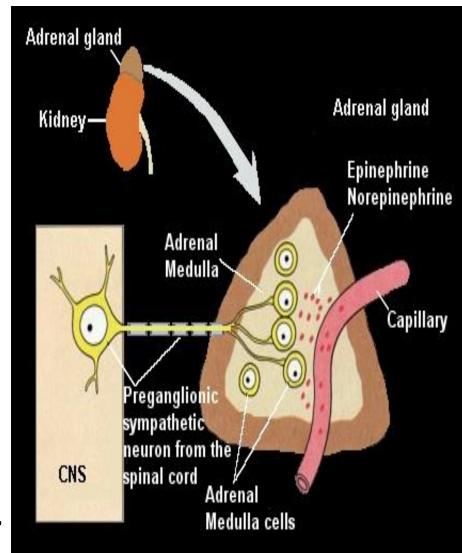
Function:

- Secrete androgens
- Secrete of little amount of glucocorticoids.

Adrenal medulla

 It occupies the center of the adrenal gland, and is surrounded by adrenal cortex.

Its cells (<u>Chromaffin cells</u>)
 can be regarded as modified
 neurons that have no axons
 and no dendrites and
 specialized *as* secretory cells.



Adrenal medulla

<u>1- Chromaffin cells:</u>

- large, polyhedral
- large, pale-staining nuclei.
- Their cytoplasm is **basophilic** containing fine granules.
- The cells are arranged in short cords, surrounded by a <u>rich</u> <u>network of capillaries</u> and supported by reticular fibers.

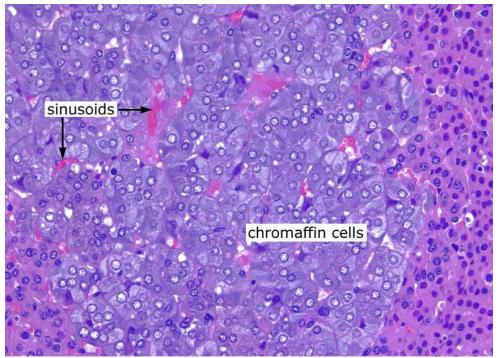
Function:

Secrete catecholamines

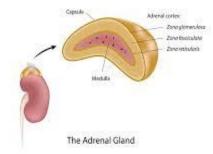
adrenaline(80%) & noradrenaline(20%).

2- Ganglion nerve cells

 are scattered between chromaffin cells

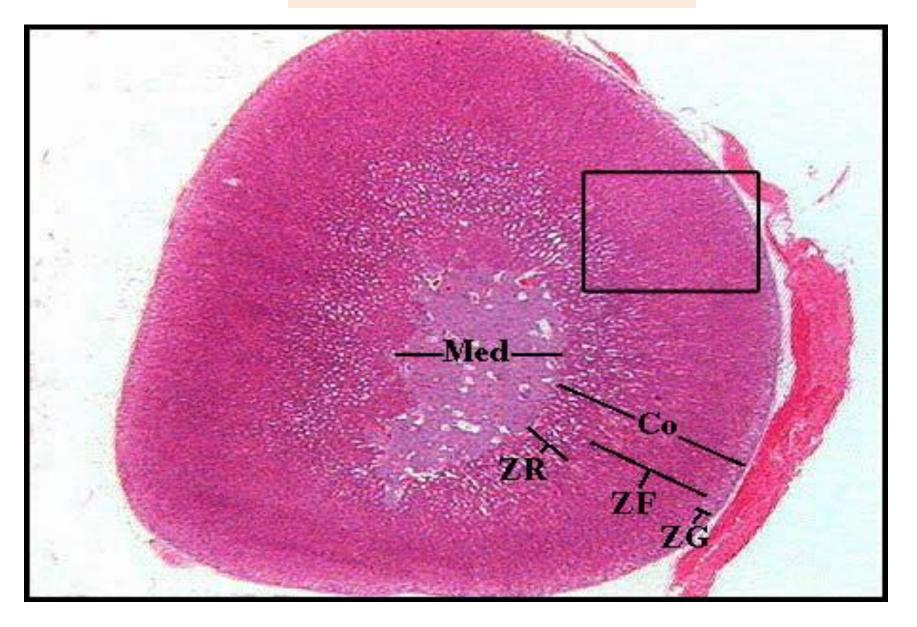


Cortex and Medulla



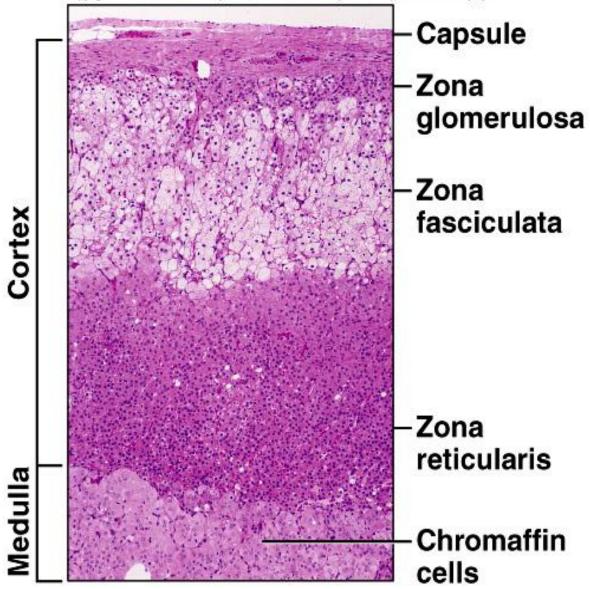
	Cortex	Medulla
Site	Outer	Inner
Size	large	small
Colour	yellowish	reddish-brown
Origin	mesoderm	ectoderm
Secrete	steroid hormones	catecholamines

Adrenal gland

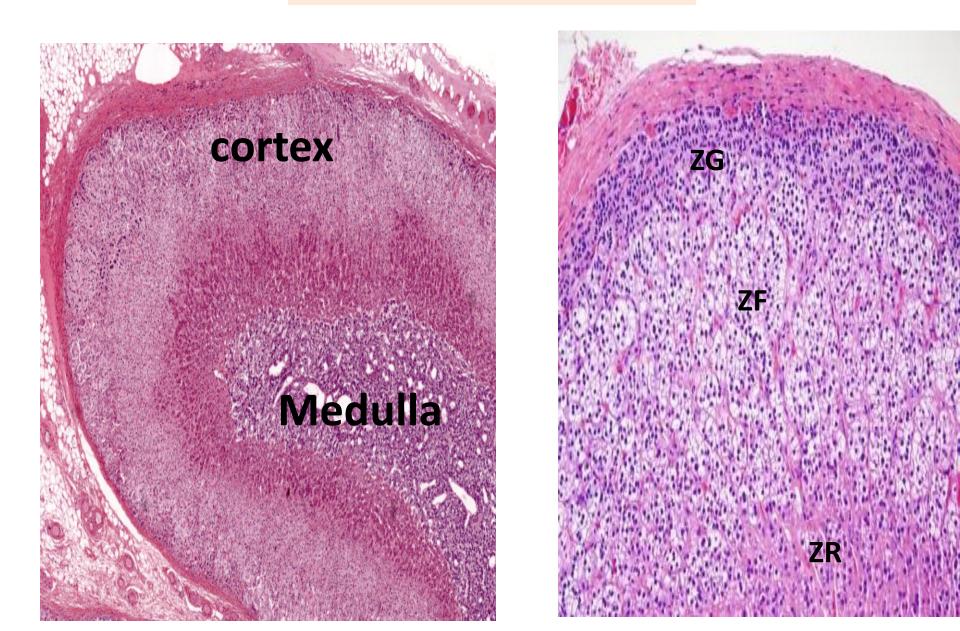


Adrenal gland





Adrenal gland

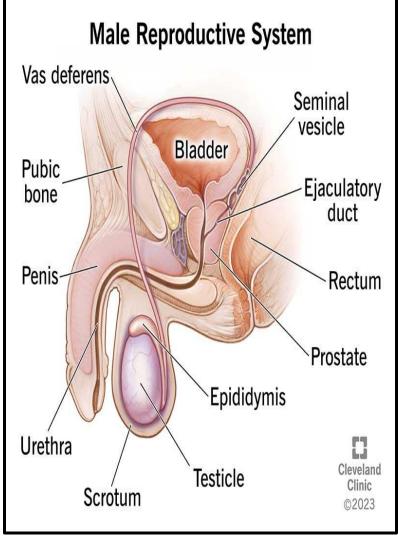


Male Reproductive System

Primary sex organs (the paired testes):

A) Exocrine part:

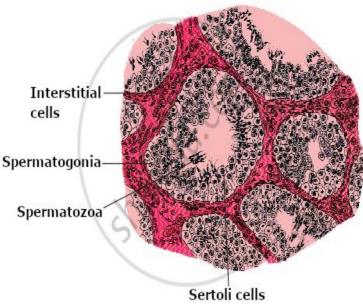
- 1-Seminiferous tubule
- 2- Intratesticular genital ducts
- B) Endocrine part (interstitial cells of Leydig)
- <u>Secondary sex organs:</u>
- Excretory genital ducts (epididymis, vas deferens, ejaculatory duct and urethra)
- Accessory genital glands (seminal vesicle, prostate, bulbourethral glands, glands of Littre and glands of Tyson)
- External genitalia (penis and scrotum)

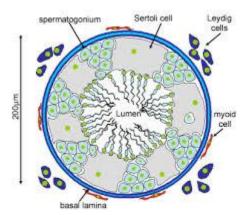


Testes

• Each testis is a compact ovoid organ.

- composed of:
- Seminiferous tubules (ST) (many small convoluted tubules).
- **2. Interstitial tissue**(abundant intertubular tissue)





Stroma:

1- Capsule:

<u>Tunica vaginalis</u> is the outer most

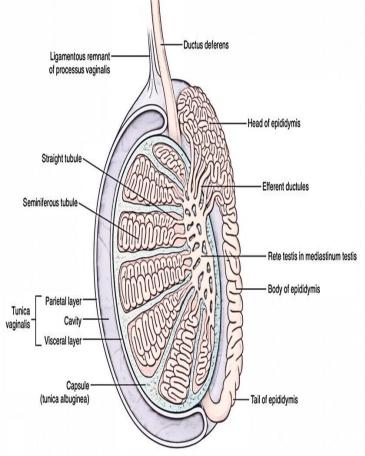
covering.

- **<u>Tunica albuginea</u>** is a thick capsule
- of dense C.T. present beneath the first

layer.

Tunica vasculosa is a thin delicate layer of C.T. rich in blood vessels.

On the posterior border of the testis

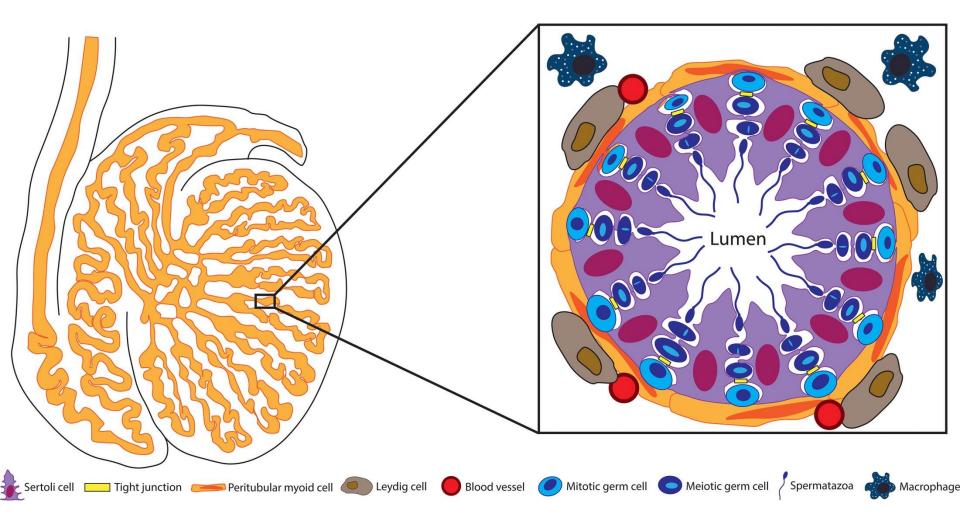


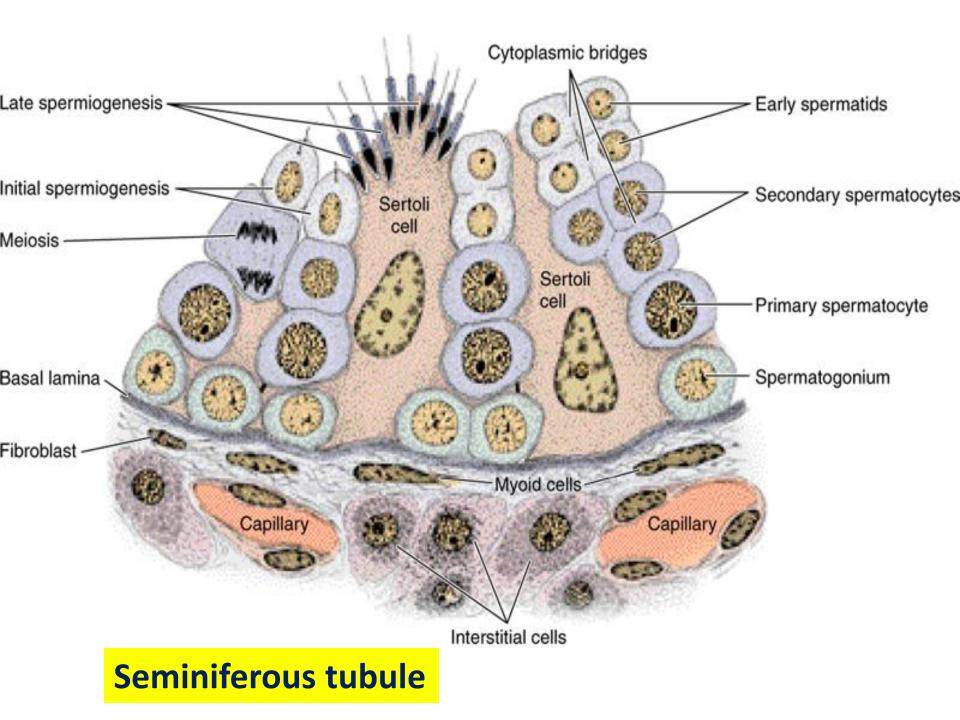
- the tunica albuginea thickens and form the mediastinum testis through which blood vessels enter the testis.
- 2- Septa:
- From the mediastinum testis, thin C.T. (connective tissue) septa radiate into the testis dividing it into incomplete lobules.

Parenchyma

A. <u>Spermatogenic cells</u>:

- There are several layers of cells that represent different stages of spermatogenesis.
- <u>They are arranged from the basement</u> <u>membrane to the lumen as follows:</u>
- 1- Spermatogonia (stem cells).
- 2-Spematocytes (primary & secondary) (proliferating cells).
- **3- Spematids** (differentiating cells).
- 4- Spermatozoa (mature germ cells).



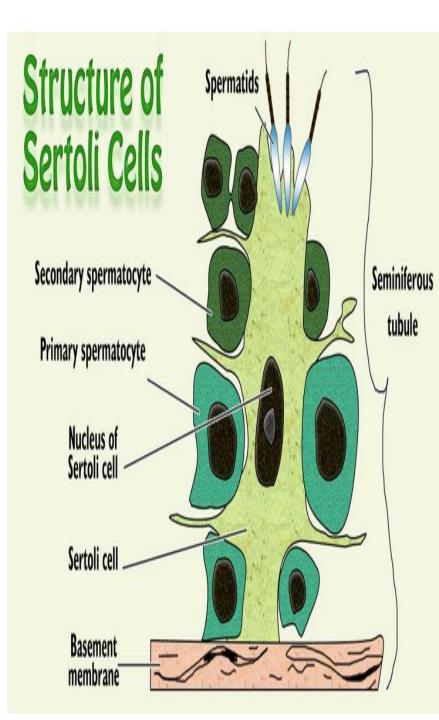


B. Sertoli cells:

• Nucleus: triangular

• <u>Shape:</u>

- Elongated pyramidal cells that extend from the basement membrane to the luminal surface of the ST.
- Many lateral cytoplasmic processes that partially envelope the developing spermatogenic cells.
- Adjacent Sertoli cells are bound together by tight junctions separating the developing spermatogenic cells from the blood stream (blood- testis barrier).



Functions of Sertoli cells :

- Formation of the *blood testis barrier* which protect the developing spermatogenic cells from harmful substances present in the blood.
- 2. Supportive for spermatogenic cells.
- 3. Nutritive for developing and mature sperms.
- 4. Phagocytosis of the residues of the maturing sperms.

B) ENDOCRINE PART

• Interstitial (Leydig) cells:

➢ Site:

present in the interstitial C.T. between the S.T.

> <u>Shape:</u>

L.M:

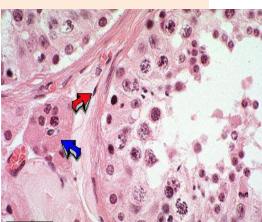
- rounded or polyhedral with large nucleus, prominent nucleoli
- acidophilic cytoplasm
- may contain lipid droplets.
- Form cell groups with Fenestrated blood capillaries are present inbetween

E.M:

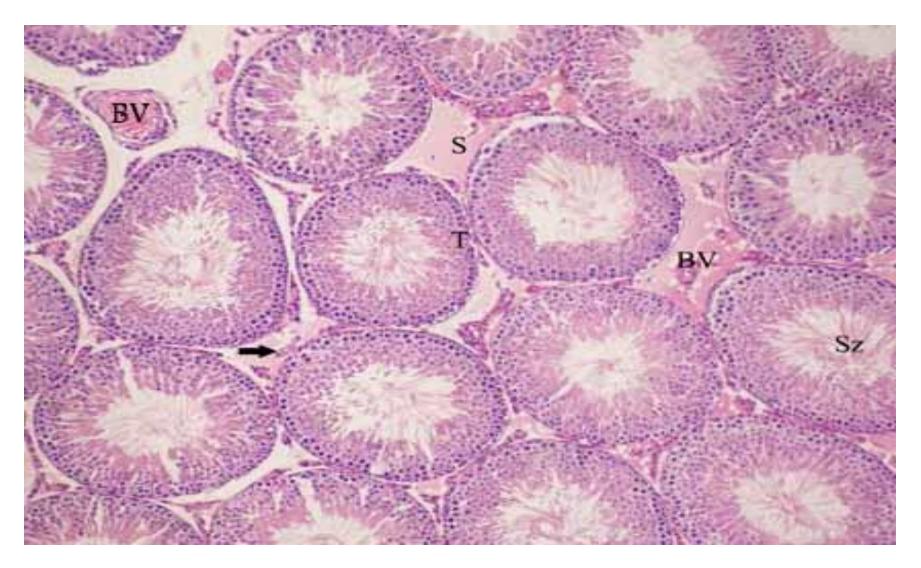
steroid secreting cell

Function:

They produce androgenic steroid hormones, mainly testosterone under the control of LH of the anterior pituitary.



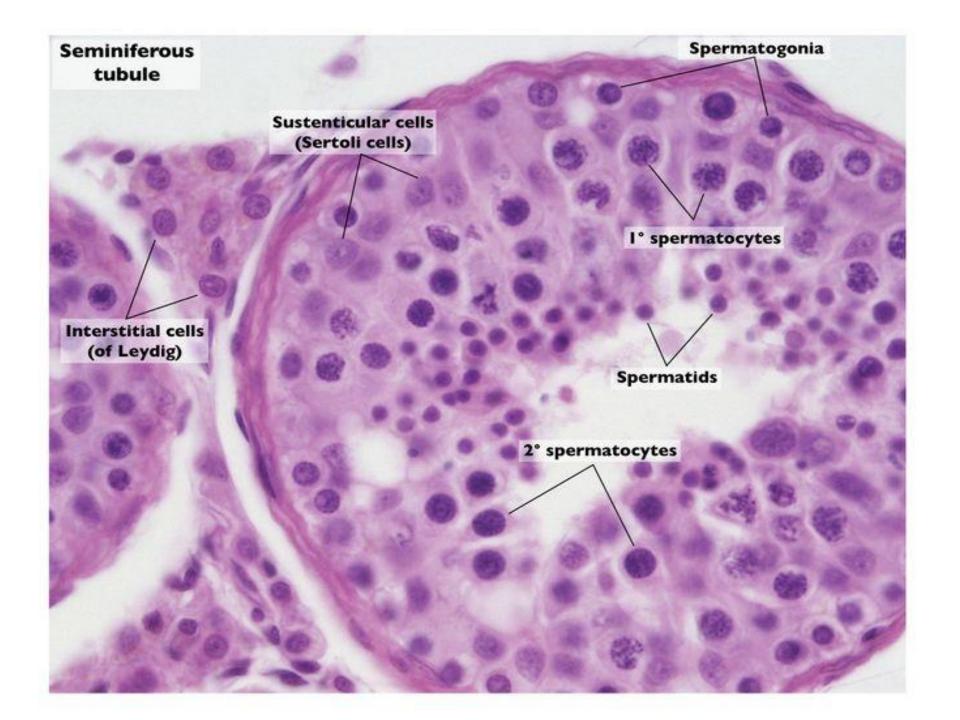
Testis



Testis

seminiferous tubules

interstitial tissue



Female Reproductive System

consists of:

- I- <u>Primary</u> sex organs: two ovaries.
- II- <u>Secondary</u> sex organs
- (1) Two oviducts (uterine tubes).

(2) Uterus.

- (3) Vagina & external genitalia.
- (4) Mammary glands.

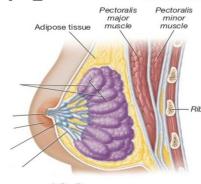
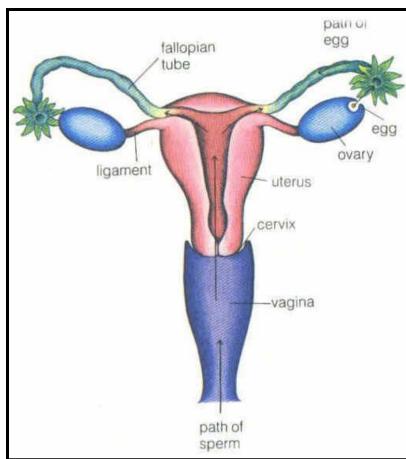
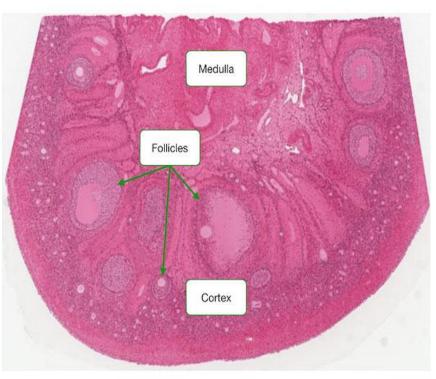


FIGURE **10.8** Structure of a lactating mammary gland.



Ovary

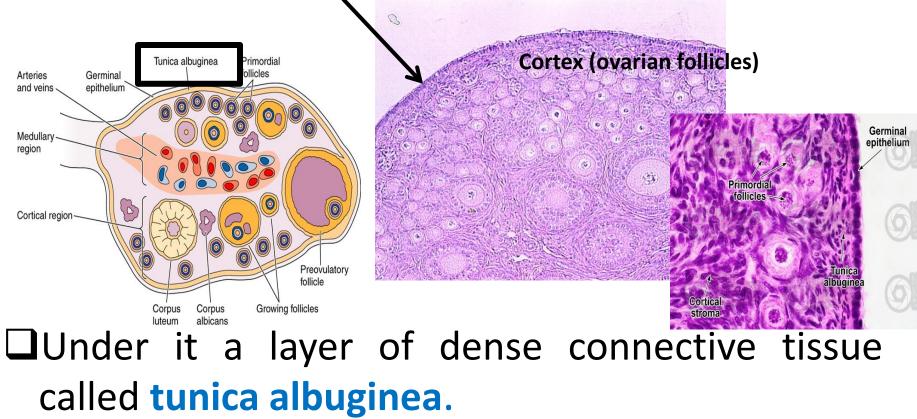
- Oval body (3cm long×1.5cm wide×1cm thick).
- Attached to uterus by ovarian ligaments.
- Functions
- 1- Formation of ova.
- 2- production of female hormones (estrogen & progesterone)
- Structure:
 - Stroma:
 - a) Capsule
 - b) Reticular connective tissue
 - c) Stromal cells
 - Parenchyma:
 - cortex & medulla
 - no sharp limits.



Structure of the ovary

Stroma

Each ovary is covered by simple cuboidal epithelium, called germinal epithelium.

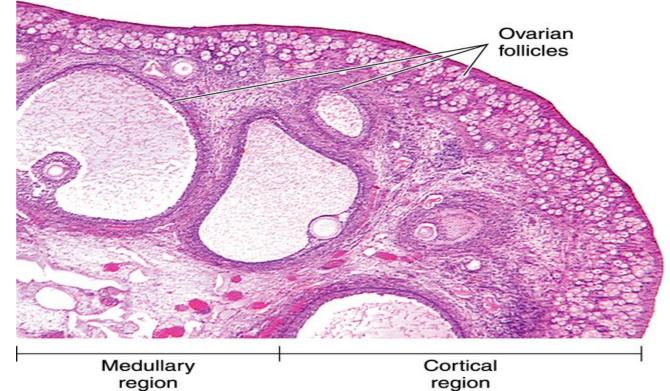


Parenchyma

1-Cortex:

- wide outer region
- contain ovarian follicles at various stages of development & degeneration and separated by CT.

2-Medulla: vascular C.T.



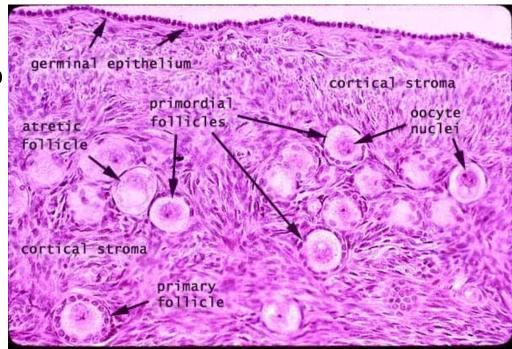
Ovarian Follicles

Site: stroma (C.T) of the cortex

Formation:

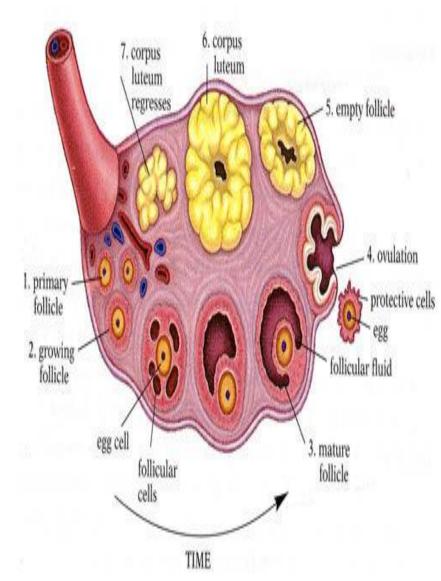
Follicle: oocyte surrounded by follicular cells.

- About 400,000 follicles are present in the two ovaries of an adult female.
 - Only about 450 of them reach maturation and deliver ova during the fertile period.
 - The other follicles undergo degeneration forming Atretic Follicles.



Ovarian follicles

- **1. Primordial follicles**
- 2. Growing follicles:
 - 1. 1ry (uni & multilaminar)
 - 2. 2ry
- 3. Mature (Graafian)
- 4. Atretic follicles

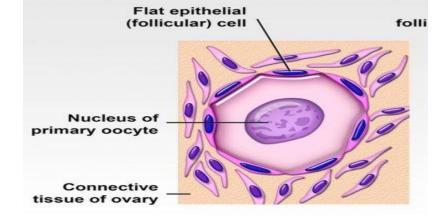


Stages of follicular development

1-Primordial follicles

- Primary oocyte surrounded by single layer of flattened follicular cells.
- At puberty follicular stimulating hormone (FSH) of pituitary gland stimulates primordial follicles to grow.
- The follicular growth involves <u>follicular cells</u>, oocyte & <u>stroma</u>.

Oocyte :Primary oocyte Follicular cells: single layer of flat cells Stromal CT: Proliferate



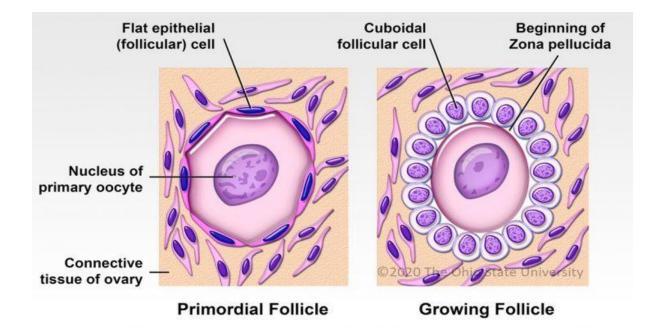
Primordial Follicle



<u>1- Primary Ovarian follicle</u>

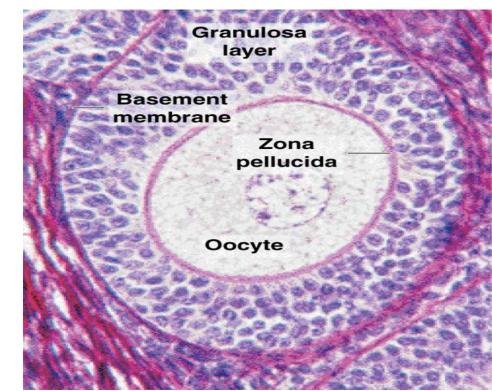
<u>Unilaminar</u>

- Oocyte: increase in size.
- Follicular cells: single layer of cuboidal cells.



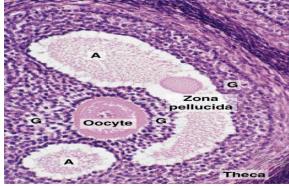
<u>Multilaminar</u>

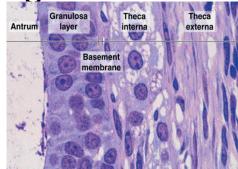
- Oocyte: continues to increase in size.
- Zona pellucida: thick coat of acidophilic, homogenous, surround the oocyte.
- Follicular cells: proliferate by mitosis forming stratified follicular epithelium (ganulosa layer).
- Stroma: around follicle differentiates to theca folliculi.



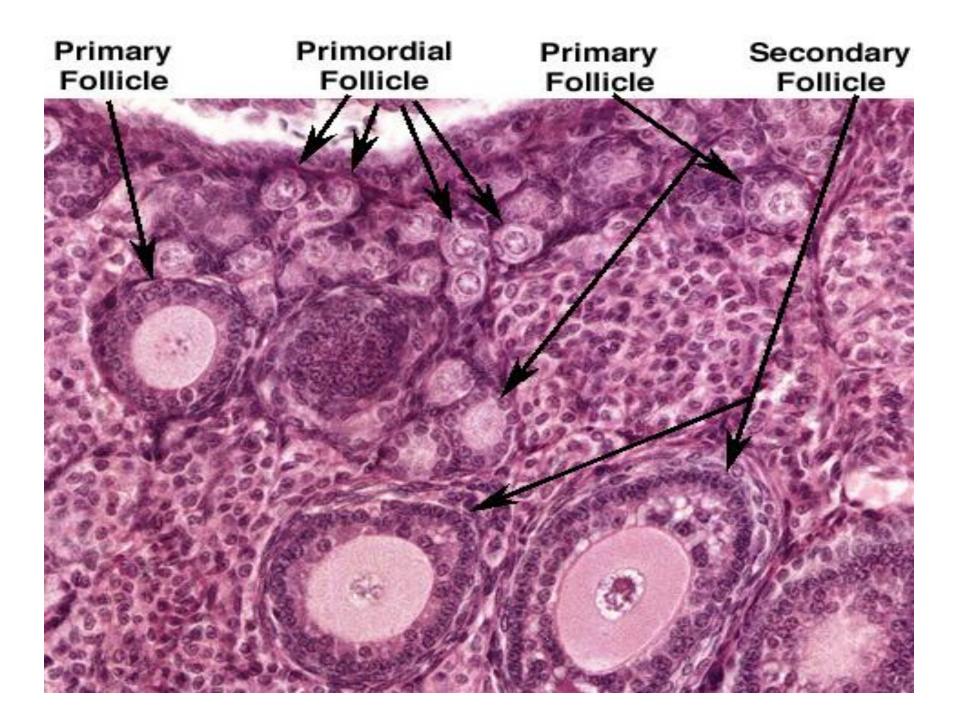
- <u>2- Secondary Growing follicles (</u>Antral follicles)
- **Oocyte** reaches its maximum diameter (150µm).
- Follicle grows due to increase in number of follicular cells.
- Follicular fluid appear in vesicles between cells and unite forming a cavity called Antrum.
- Theca folliculi differentiates into:
- **1-Theca interna**: steroid secreting cells \rightarrow estrogen.

2-Theca externa: C.T.



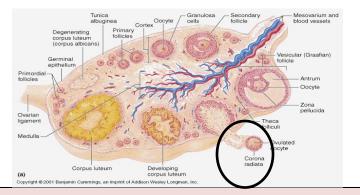


- No sharp boundary between the 2 theca layers or between them and ovarian stroma.
- However, a thick basement membrane is found between granulosa layer & theca interna.

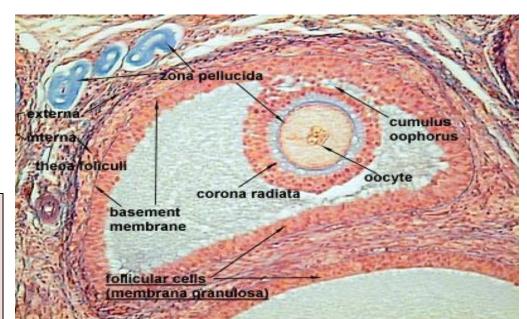


<u>3-Mature (Graafian) follicle:</u> Reaches up to 5 cm in diameter.

- Oocyte: adheres to wall of follicle through pedicle of granulosa called <u>cumulus oophorus</u>. The first layer of granulosa cells around ovum form <u>corona radiata</u>
- 2. Zona pellucida.
- 3. Corona radiata: granulosa cells around oocyte.
- 4. Cumulus oophorus: pedicle connecting oocyte to granulosa layer.
- 5. Follicular cavity: increases in size forming single large cavity.
- 6. Granulosa layer becomes thinner forming *membrana granulose*.
- 7. Basement membrane.
- 8. Graffian follicle is surrounded by theca interna & theca externa.



The process of ovulation takes place in **middle** of menstrual cycle (14<u>th</u> day) by rupture of mature follicle and liberation of ovum accompanied by corona radiata

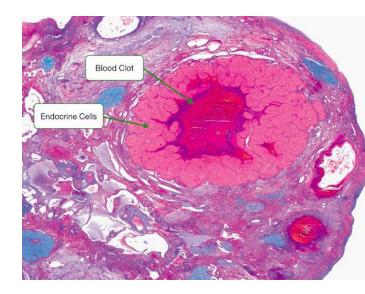


Corpus Luteum

- Ovulation results in collapse of wall of Graafian follicle which becomes folded.
- The remaining structure form temporary endocrine gland called corpus luteum formed of the following layers:

Granulosa Lutein Cells:

- Granulosa cells increase in size
- accumulate <u>lipochrome</u> pigment.
- They secrete progesterone



Theca Lutein Cells:

- cells of theca interna give rise to small sized darkly stained cells.
- They secrete <u>estrogen</u>.

