

Supporting connective tissue

- Cartilage and bone are modified CT in which ground substance is hardened to provide support for soft tissue
- Cartilage and bone form the skeleton of the body

CARTILAGE

Characteristic features of cartilage

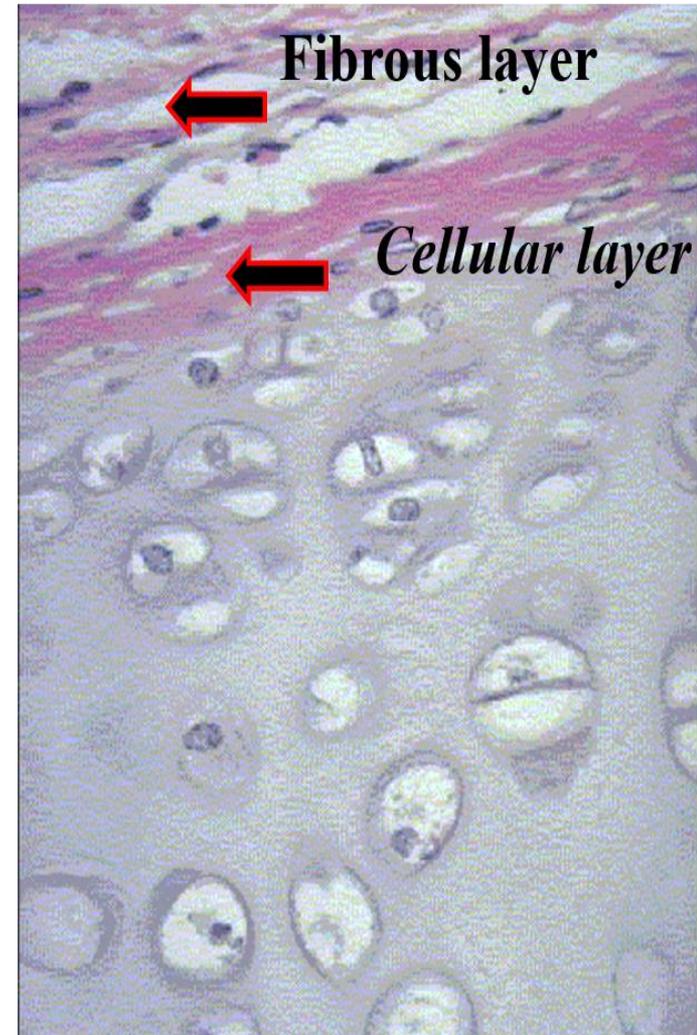
- ❑ Modified connective tissue with firm ground substance & flexible
- ❑ Avascular (nutrients diffuse through matrix from surrounding CT or from synovial fluid in joint cavities)
- ❑ Cartilage is usually covered by perichondrium which is rich in blood vessels
- ❑ Cartilage has **No lymphatic or nerves**
- ❑ Cartilage cells are isolated in lacunae (small cavities in the ground substance)

PERICHOONDRIUM

- ❑ Ensheaths the cartilage
- ❑ Present in **most** of the hyaline & elastic cartilage , **absent** in fibrocartilage
- ❑ Fibro-cellular membrane that consists of two layers :
 - Outer fibrous layer houses the blood vessels that nourish chondrocytes
 - Inner vascular & cellular layer (chondrogenic layer) this layer contains chondroblasts which are capable of forming new cartilage

Function :

1. It is responsible for nourishment of chondrocytes
2. It is responsible for appositional growth



Structure of cartilage



Extracellular matrix

1. Ground substance

2. Fibers :



Cartilage cells

- Chondroblasts
- Chondrocytes

↓ Extracellular MATRIX ↓

Ground substance

It is responsible for firmness & flexibility of cartilage

❖ Produced by cartilage cells

❖ Basophilic

➤ Water **60-80 %**

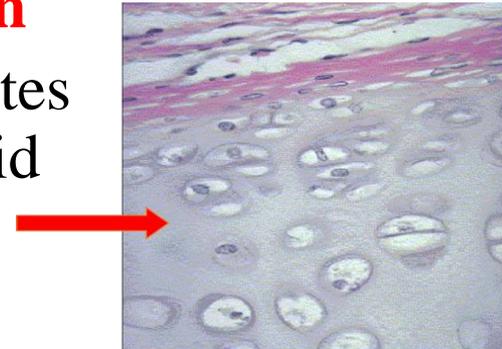
➤ Adhesive glycoprotein e.g. **chondronectin**

➤ Glycosaminoglycans (chondroitin sulfates & keratan sulfate) bound to hyaluronic acid

➤ Proteoglycans & glycoprotein

Fibers

- Collagen type II
- Collagen type I
- Elastic fibers

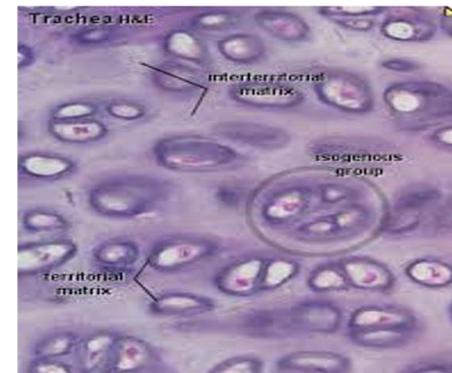


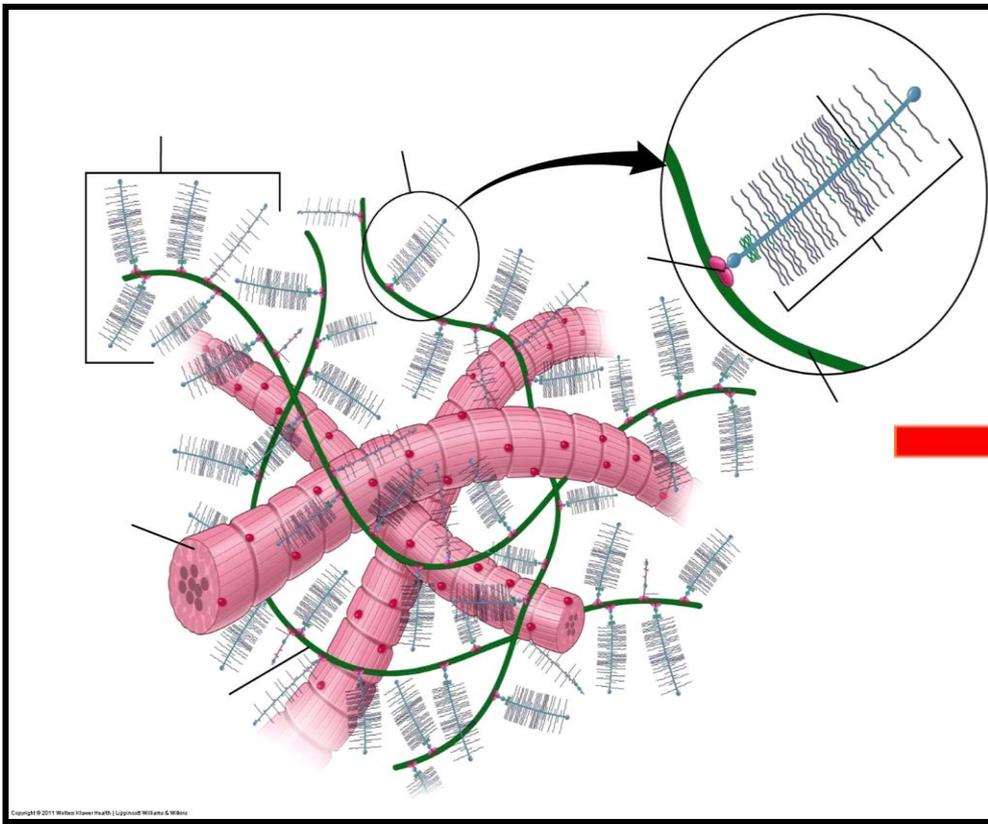
Territorial matrix

surrounds lacuna (space in which chondrocyte present)

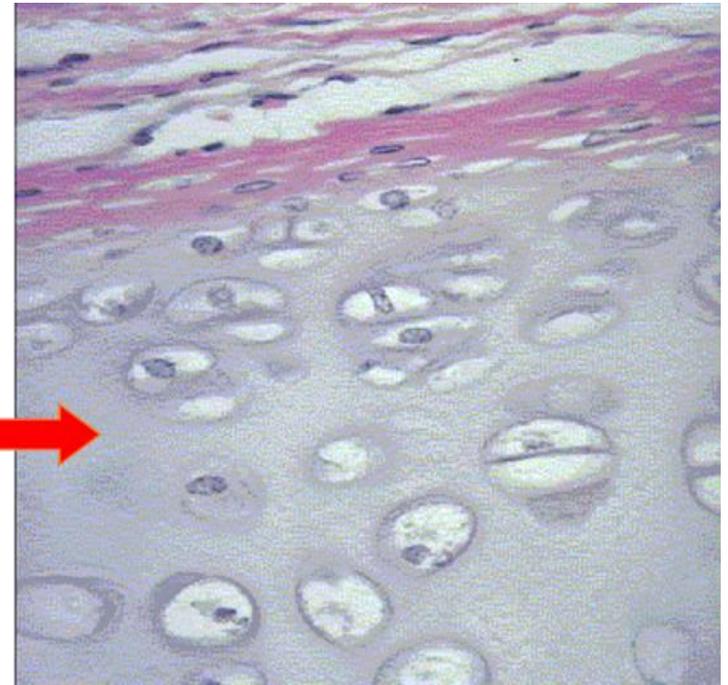
➤ **Interterritorial matrix**

Between the lacunae





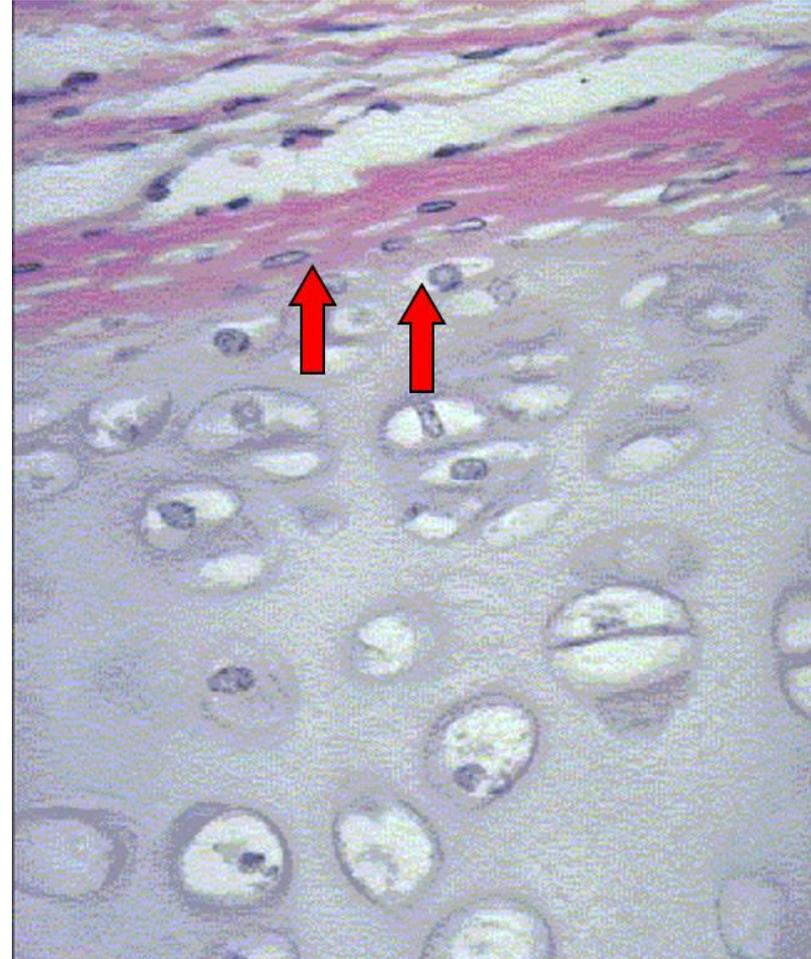
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Cells of cartilage

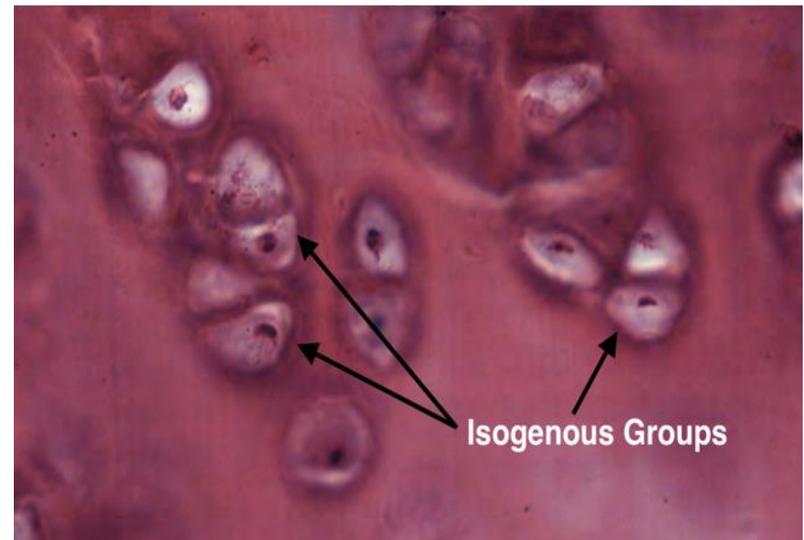
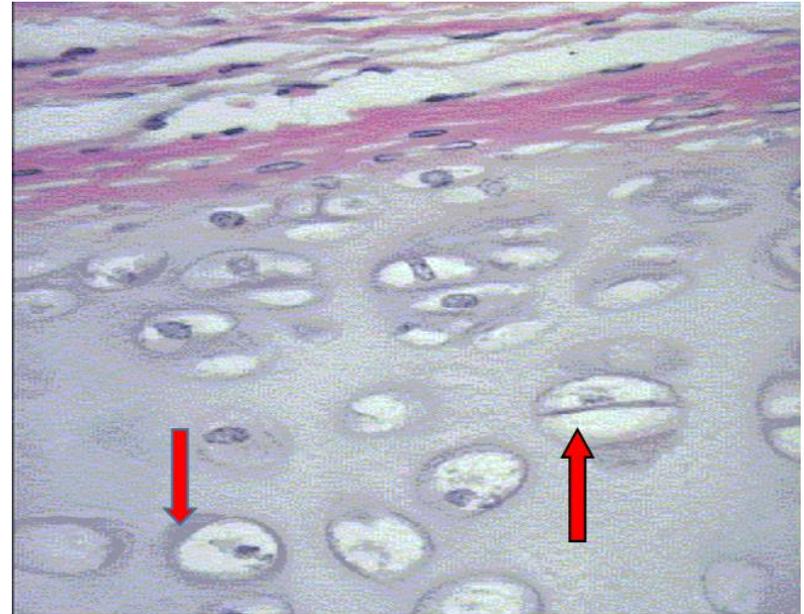
1. CHONDROBLAST

- Differentiate from perichondrium
- Progenitor of chondrocytes
- Lines border between perichondrium and matrix
- Synthetically active, produce ground substance and fibers
- Synthesize type II collagen, proteoglycans and chondronectin.
- When reside in a space called the **lacuna** → **chondrocytes**



2. CHONDROCYTE

- Mature cartilage cell
- Reside in a space called the **lacuna**
- Form isogenous cell group called (Cell nest)
- Maintain the extracellular matrix



TYPES OF CARTILAGE

- Hyaline cartilage**
- Elastic cartilage**
- White fibrocartilage**

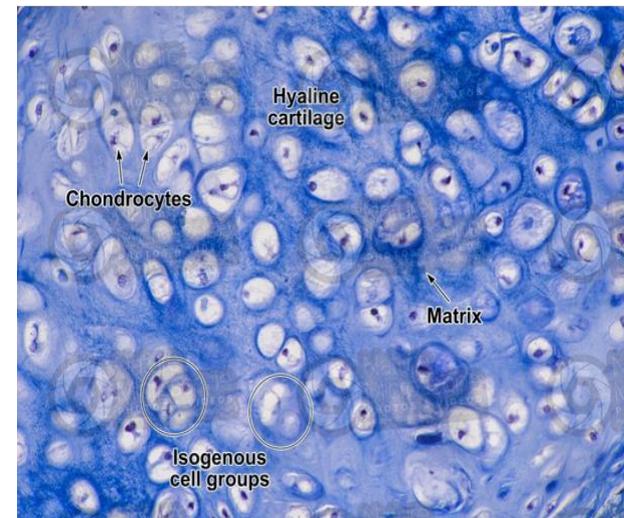
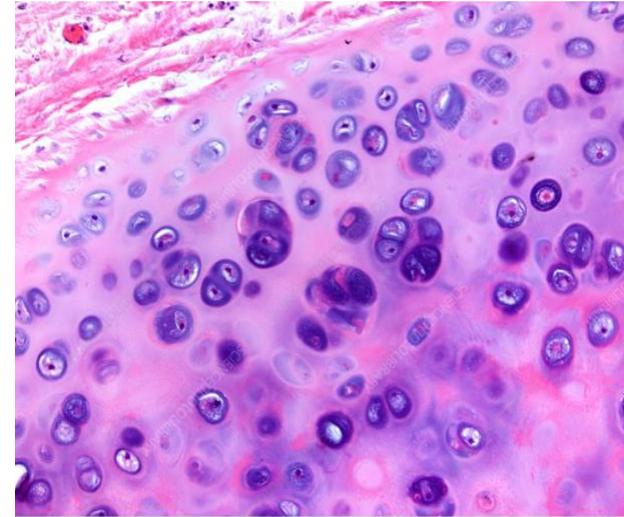
HYALINE CARTILAGE

- ❑ **Sites:** Tracheal rings, nasal septum, larynx, costal cartilage & articular surfaces of joints
- ❑ **Perichondrium :** may or may not be present
- ❑ **Cartilage cells:** Present singly or in groups of 2 -8 cells inside lacunae

Called cell nest

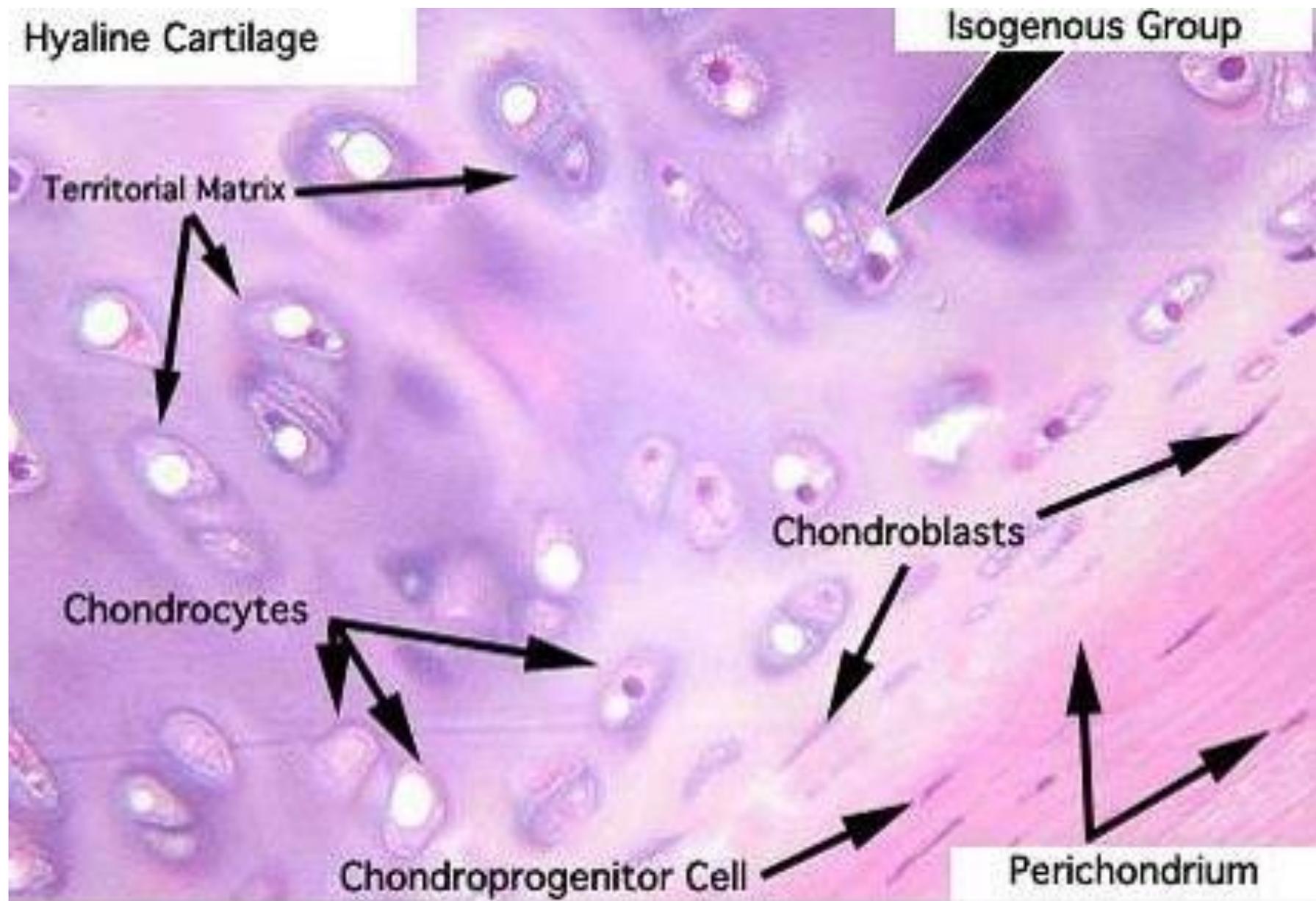
- ❑ **Cartilage fibers:** Collagen type II
- **Ground substance:** Homogenous, clearly pale basophilic with glassy appearance

- ❑ **Functions:** supportive
 - bone formation in fetal skeleton
 - epiphyseal bone growth
 - provide smooth articulation for joints



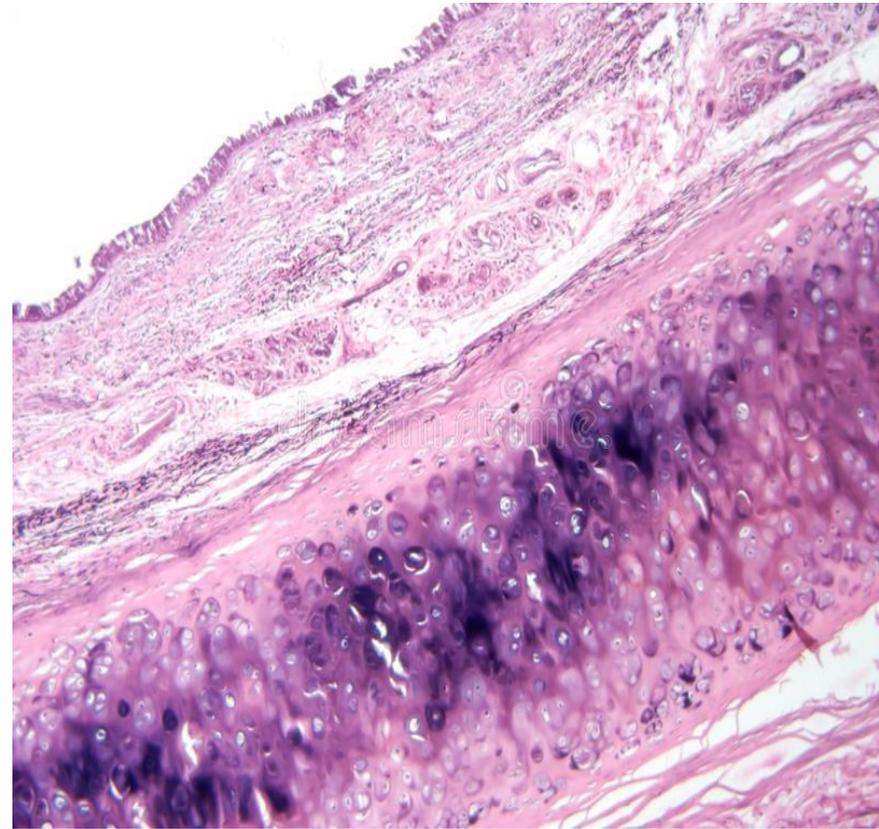
Hyaline Cartilage

Isogenous Group

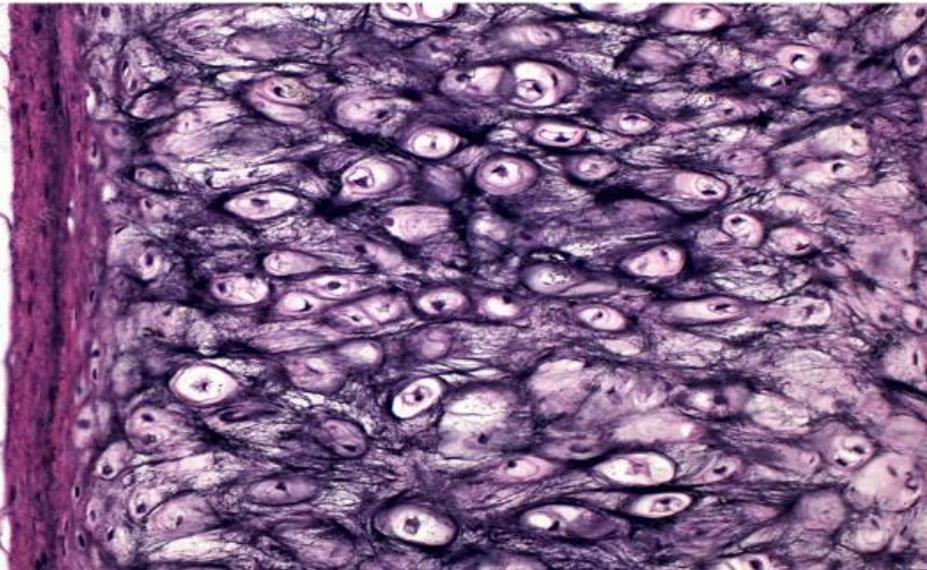
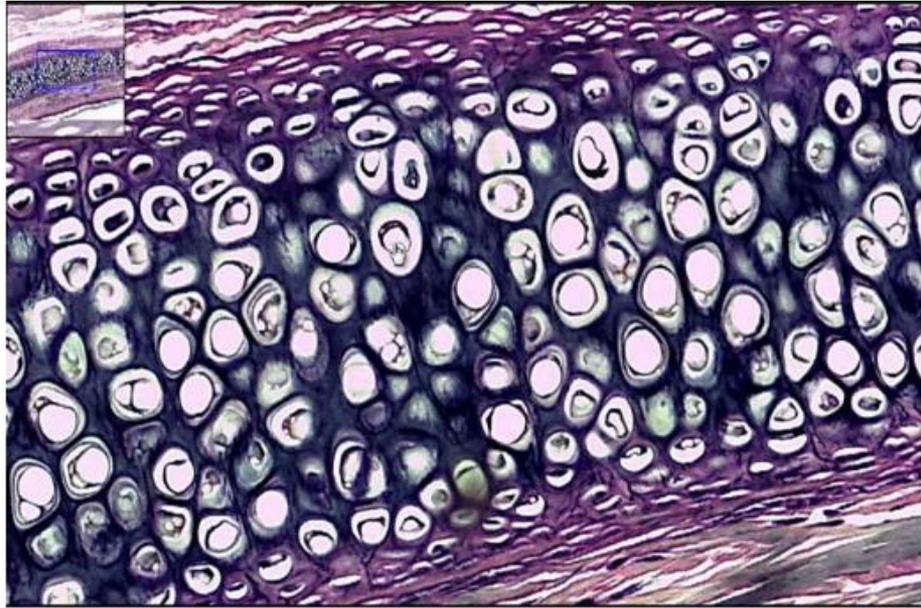


ELASTIC CARTILAGE

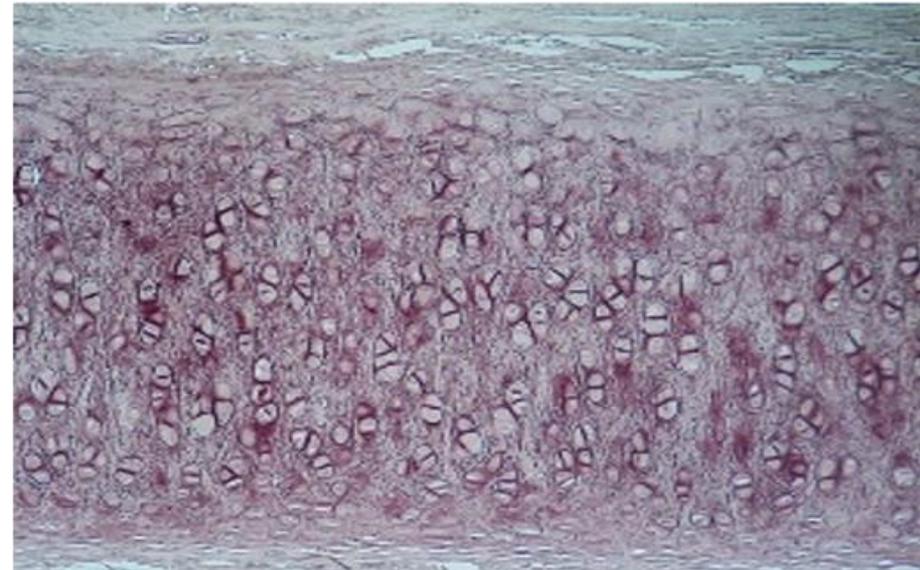
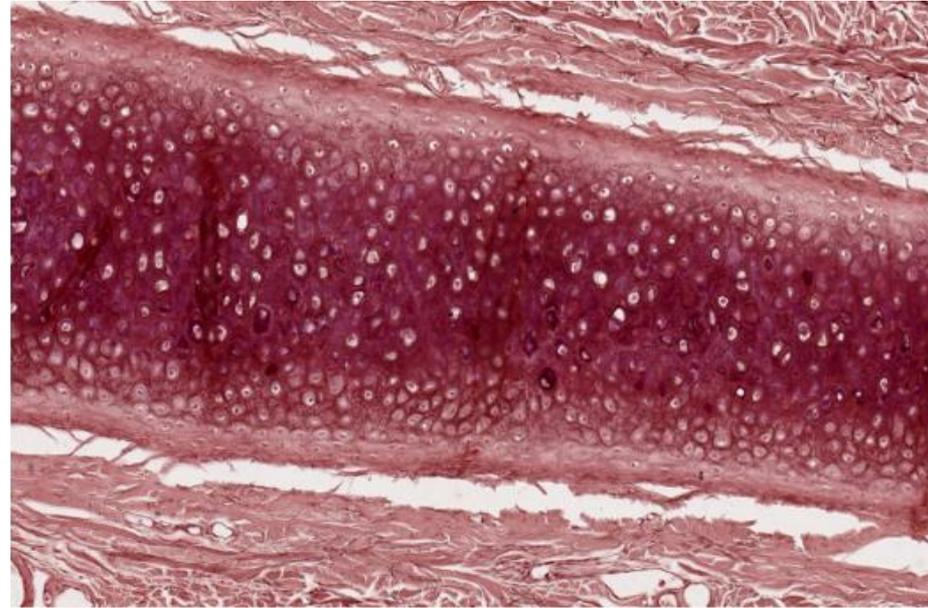
- ❑ **Sites:** Auricle, ext. auditory meatus, auditory tube, epiglottis
- ❑ **Perichondrium :** always present
- ❑ **Cartilage cells:** small , more numerous, packed more closely in groups of 1-3 cells inside lacunae
- ❑ **Cartilage fibers :** elastic fibers, collagen type II
- ❑ **Ground substance:** Rich in elastic fibers **(little)**
- ❑ Elastic fibers stain with orcein & VVG
- ❑ **Functions:** supportive with resilience



VVG stain



Orcein stain



White FIBROCARILAGE

- ❑ **Sites:** intervertebral discs, pubic symphysis, sternoclavicular joint, articular disc of Temporomandibular joint.
- ❑ **Perichondrium :** Never covered
- ❑ **Cartilage cells:** fewer, smaller, scattered singly or in rows
1-2 cells inside lacunae
- ❑ **Cartilage fibers:** mainly collagen type I & few II
- ❑ **Ground substance:** **little**
- ❑ **Functions:** supportive with tensile strength

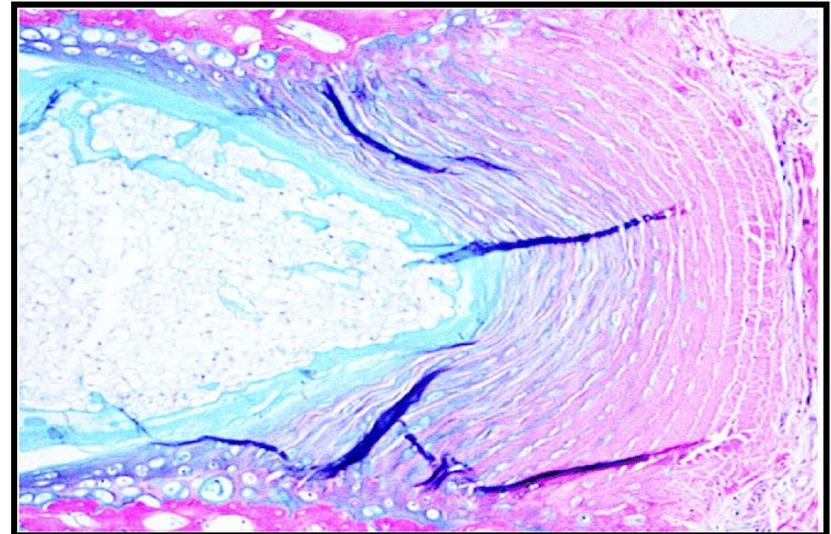
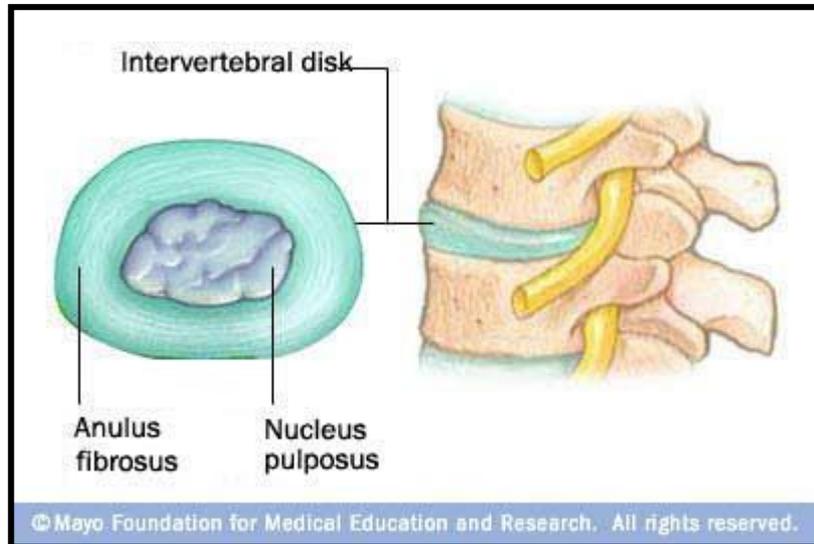


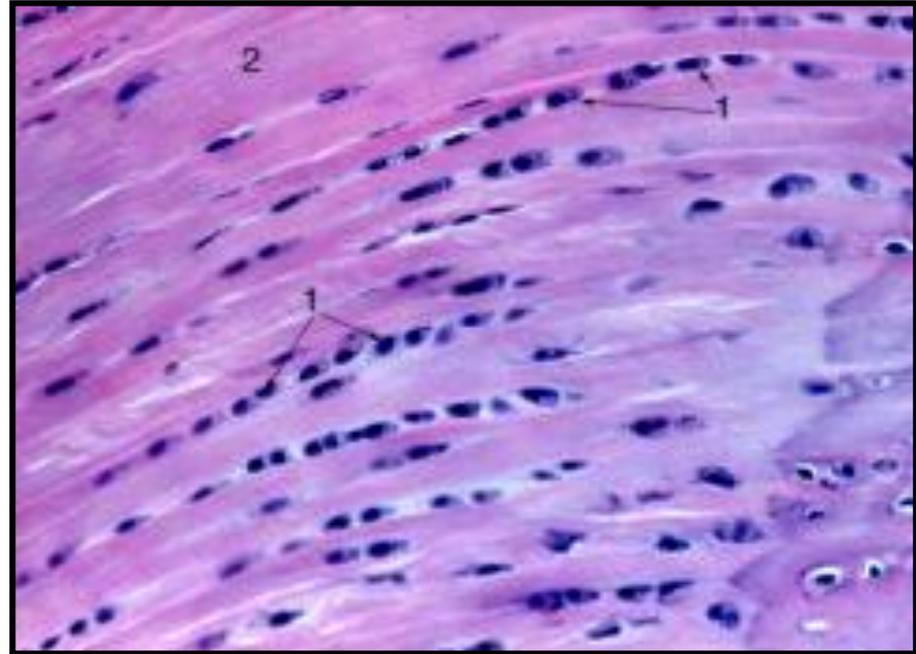
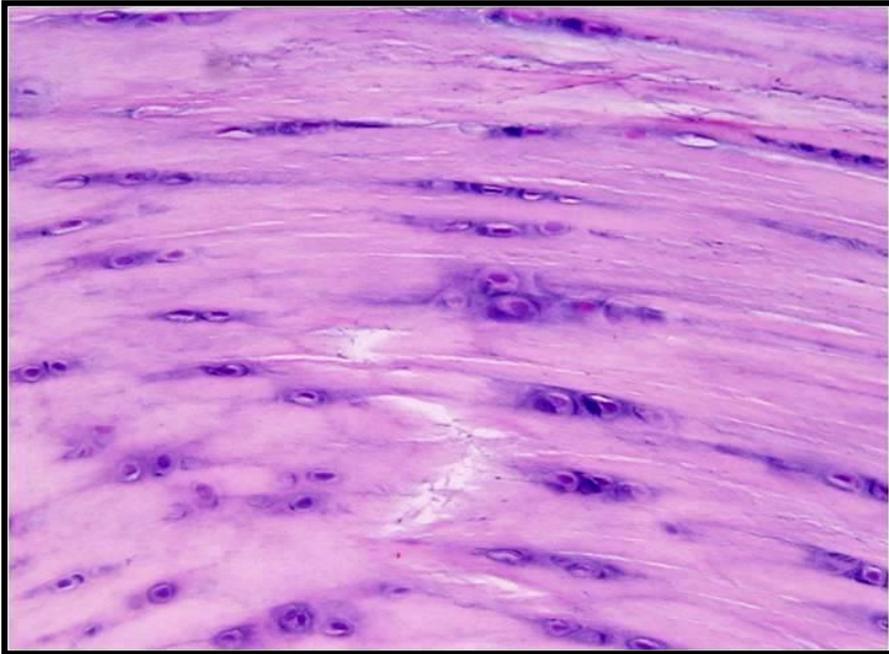
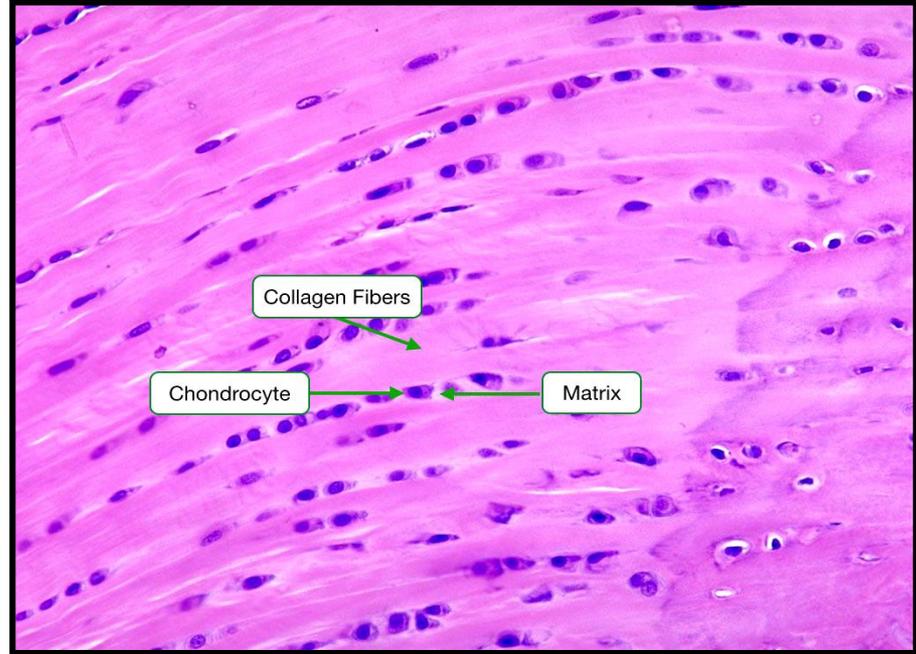
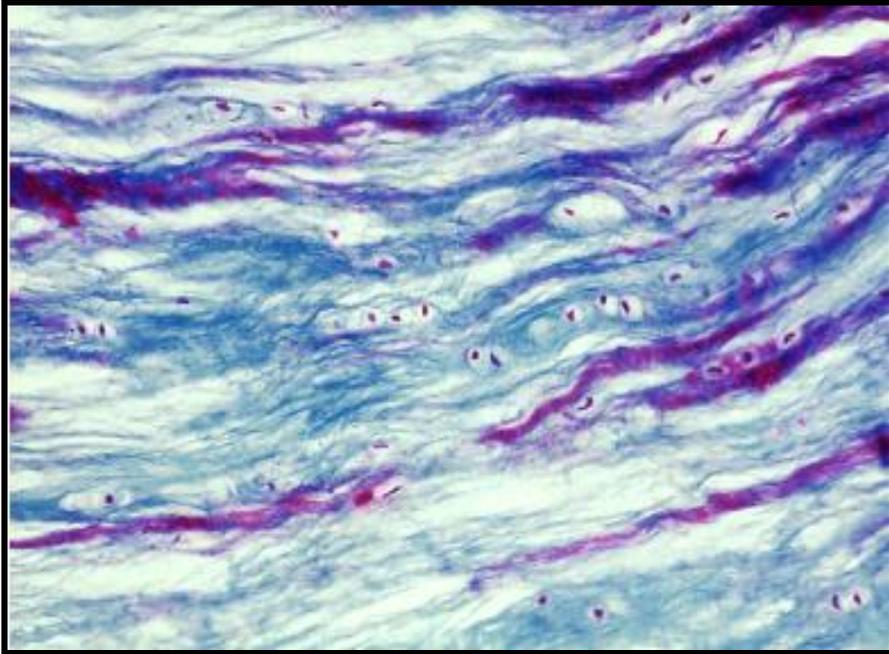
Intervertebral disks

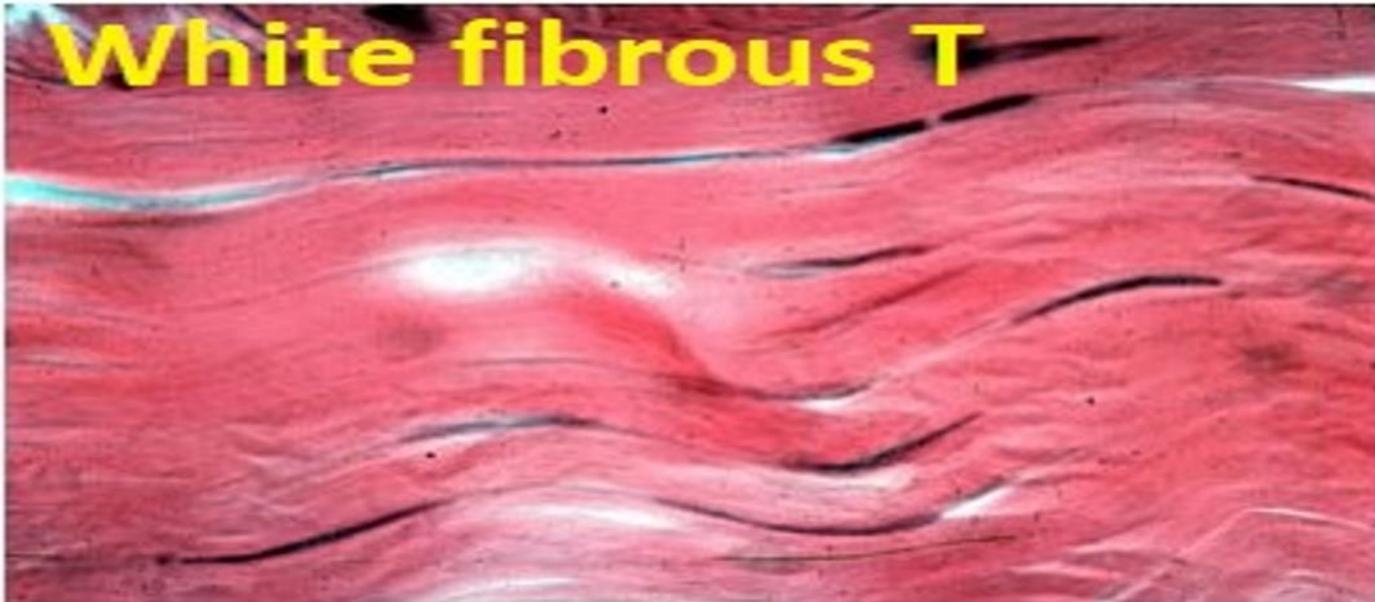
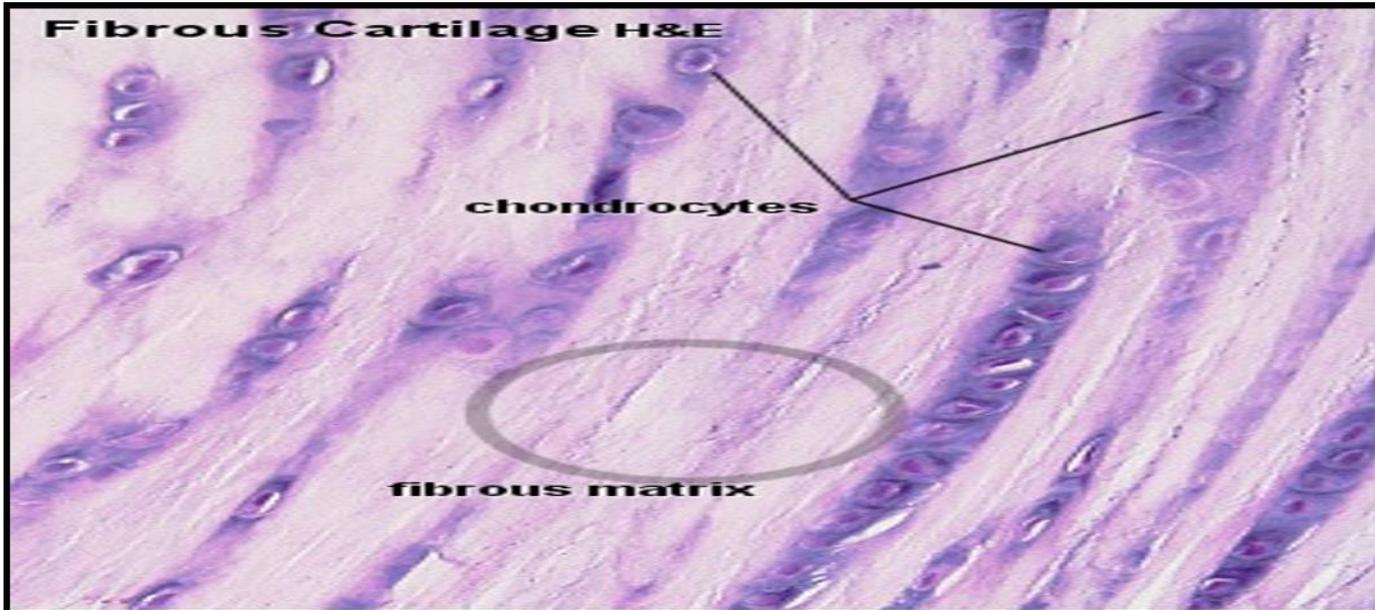
consist of fibrocartilage plates between the vertebrae and act as mechanical shock absorbers. In sections they are seen to be formed of two components:

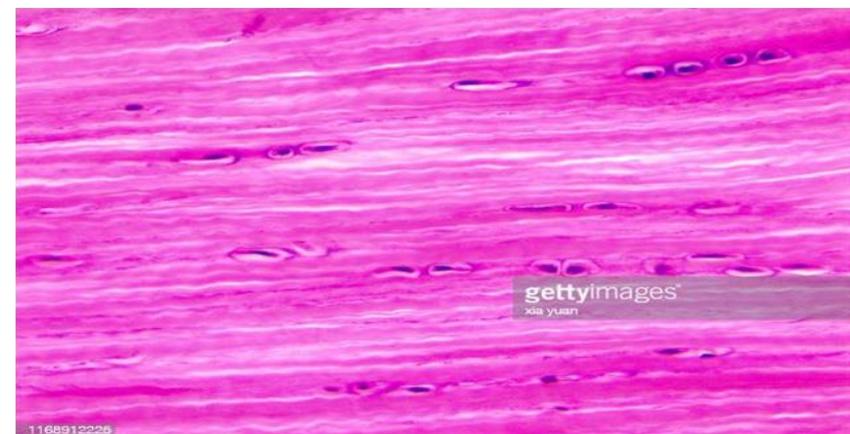
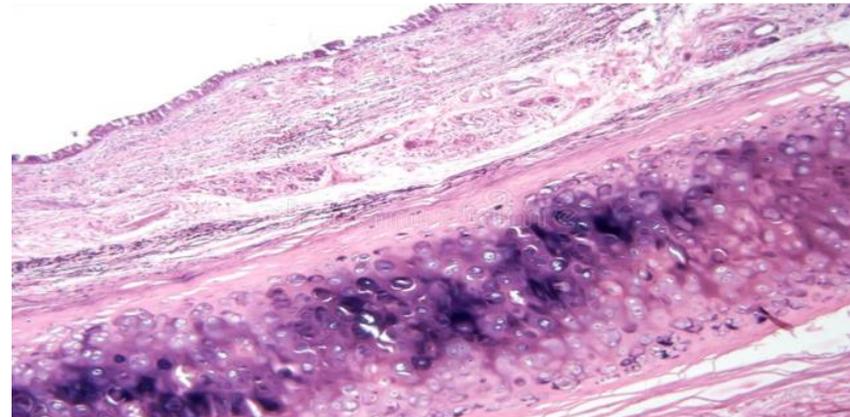
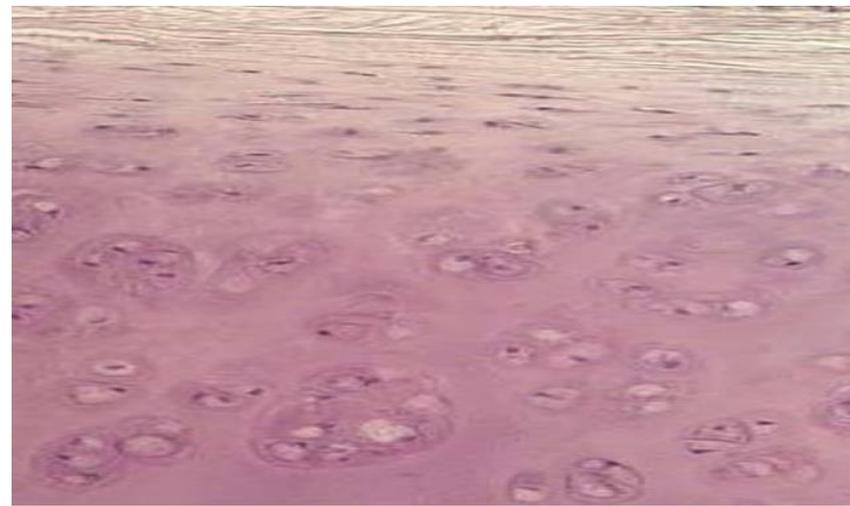
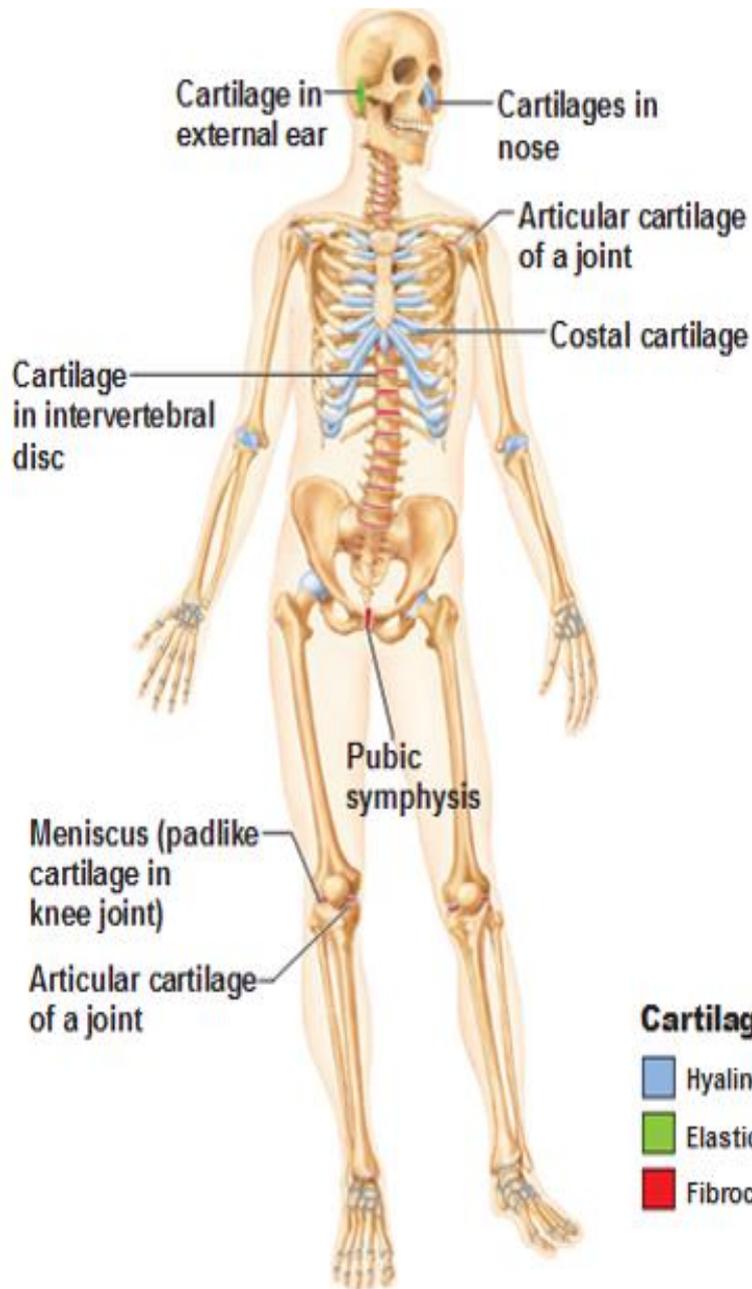
annulus fibrosus, which is the outer region consisting of orderly concentric arrangements of cells and matrix dominated by **type I collagen**

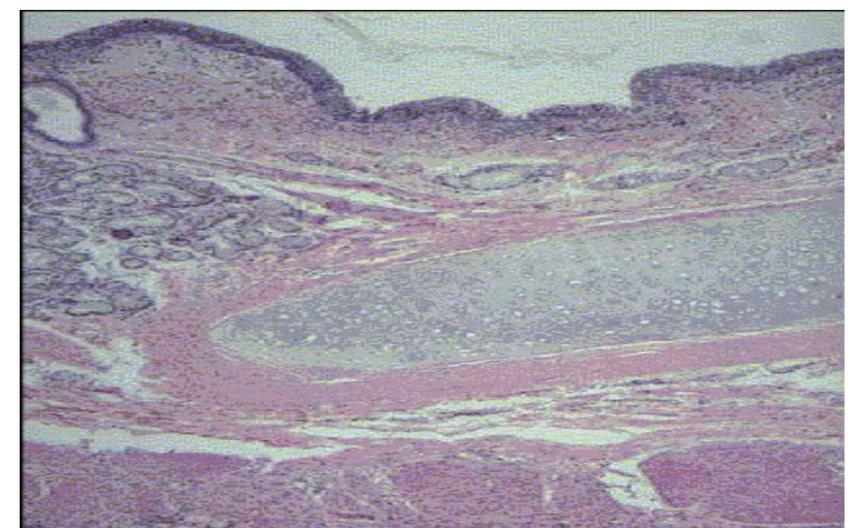
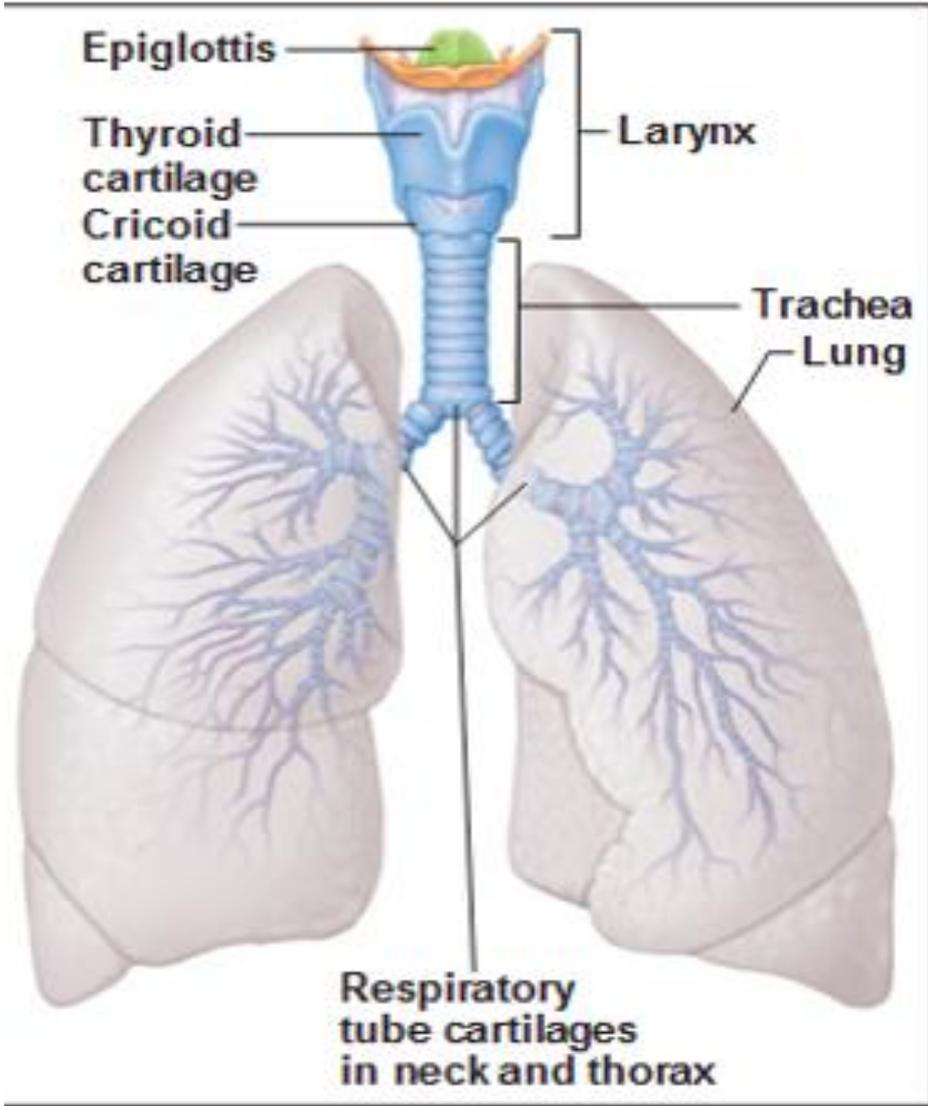
nucleus pulposus (large vacuolated cells, that are vestiges of the embryonic notochord).







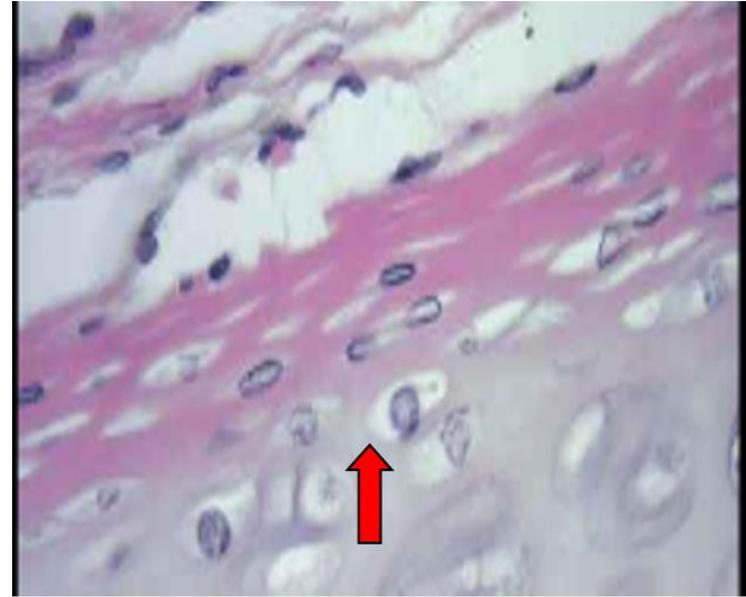




CARTILAGE GROWTH

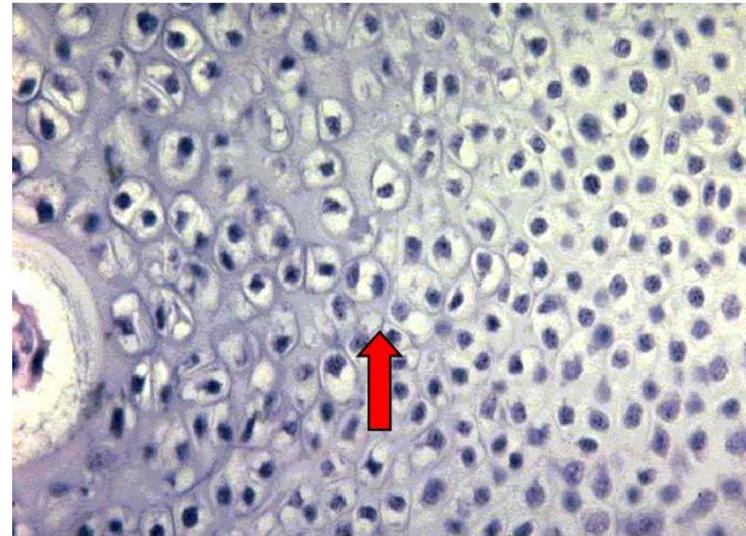
□ Appositional

Addition of new cartilage over the surface of existing cartilage.



□ Interstitial

Newly formed cartilage grows by multiplication of cells throughout its substance.



	Hyaline	Elastic	White fibrocartilage
Perichondrium	Covered with perichondrium except inside joint cavity	Always covered with perichondrium	Never covered with perichondrium
Nutrition	From perichondrium Inside joint cavity from synovial fluid	From perichondrium	From synovial fluid
Extracellular matrix	<ul style="list-style-type: none"> • Bluish grey color in fresh state • Pale basophilic with glassy appearance • No apparent fibers because they have the same refractive index as the ground substances • Collagen type II 	Yellowish color in fresh state Large number of elastic fibers & collagen II Stained by orcein & VVG	White in fresh state Bundle of collagen I + collagen II
Characters	Smooth & firm	Very flexible can bear mechanical stress	Great strength with flexibility and rigidity
Chondrocytes	<ul style="list-style-type: none"> ▪ Widely scattered ▪ Cell nest 1-8 / lacunae 	Numerous 1-3 / lacunae	Few in row between collagen bundles 1-2 / lacunae
Sites	<ol style="list-style-type: none"> 1. Skeleton of embryo 2. Epiphyseal plate in growing bone 3. Costal cartilage 4. Nose , larynx , trachea 5. Articular surface of joint 	<ol style="list-style-type: none"> 1. Ear pinna 2. External auditory canal n 3. Epiglottis 	<ol style="list-style-type: none"> 1. Intervertebral disc 2. Symphysis pubis 3. Temporomandibular joint