

	Origin:	Insertion:	Nerve supply:	Actions:
1- Coracobrachialis muscle:	Tip of coracoid process (with short head of biceps brachii).	Middle of medial aspect of the humerus.	Musculocutaneous nerve.	It helps in flexion and adduction of the arm
2- Biceps brachii muscle	<ul style="list-style-type: none"> ▪ Short head: from the tip of coracoid process. ▪ Long head: from the supraglenoid tubercle of the scapula (intracapsular, extrasynovial). 	<ul style="list-style-type: none"> ▪ Posterior part of the radial tuberosity. ▪ Bicipital aponeurosis into the deep fascia of the cubital fossa. 	Musculocutaneous nerve.	<ul style="list-style-type: none"> ▪ Flexor of the elbow. ▪ Powerful supinator of the flexed forearm. ▪ Long head helps in stabilization of shoulder joint. <p>N.B. The bicipital aponeurosis separates the brachial artery from median cubital vein.</p>
3- Brachialis muscle:	From the lower half of the front of the shaft of humerus and the front of the 2 intermuscular septa.	Coronoid process of ulna.	Musculocutaneous nerve & radial nerve for its lateral part.	The muscle is the main flexor of elbow joint.
Triceps muscle	<ul style="list-style-type: none"> ▪ Long head; from the infraglenoid tubercle. ▪ Lateral head; from back of humerus above the spiral groove. ▪ Medial head; from back of humerus below the spiral groove 	Olecranon process of ulna.	Radial nerve.	<ul style="list-style-type: none"> ▪ Main extensor of the elbow. ▪ Long head shares in stability of shoulder. ▪ The long head helps in adduction of abducted arm.