

ADAPTATION

→ Reversible changes in the number, size, phenotype metabolic activity, function of cell in response to changes in their environment.

HYPERTROPHY

- ↑ in the size of cell → ↑ size of organ
- cells have a limited capacity to divide.
- no new cell, just ↑ amount of ptn + organelles

□ physiologic :-

- ↳ stimulation
- * estrogen stimulated smooth muscles
- (enlargement of the uterus during preg...)

↳ ↑ Demand

- * in response to ↑ work load the striated muscle
- * Adult muscles have limited capacity to divide

□ pathologic :-

- ↳ hypertension or aortic valve disease
- * only hypertrophy (limited capacity to divide)

* signal

- ↳ mechanical triggers
- ↳ soluble mediator (Growth factor)

* mechanisms

- ↳ signal transition pathway → gene
- synthesis cellular ptn ← stimulate
- ↳ switch of contractile ptn from
- adult → fetal α-myosin → fetal β-myosin
- slower, more economic

HYPERTROPHY

- ↑ in the number
- cell capable of proliferation
- may occur with hypertrophy

□ physiologic

- ↳ Hormonal: proliferation of the glandular epithelium of the female breast at pregnancy & puberty.
- ↳ Compensatory: residual tissue grows after damage
- ↳ stimuli → polyplipride growth factor
- ↳ liver eventually restoring to its normal size

□ pathologic

- ↳ excessive hormonal & growth factor.
- ↳ ↑ estrogen → endometrial hyperplasia → abnormal menstrual bleeding
- ↳ ↑ androgen → Benign prostatic hyperplasia.
- ↳ viral infection → causes skin warts & mucosal lesions (papilloma - viruses)

ADAPTATION

ATROPHY

- shrinkage in the size of the cell
 - diminished function (not dead)
 - Causes of Atrophy:-
 - decreased workload, aging
 - loss of innervation. ↓ blood supply
 - inadequate nutrition, ↓ endocrine stimulation
 - physiologic cause:-
 - ↳ loss of hormone stimulation in menopause
 - pathologic cause:-
 - ↳ denervation.
 - ↳ ↓ blood supply → brain (narrow the gyri + widens the sulci)
- The process of Atrophy result from
- ↳ ① decrease ptn synthesis
 - ↳ ② increase ptn degradation by ubiquitin-proteasome

METAPLASIA

- one adult cell type is replaced by another ^{cell type}
- It arise by the reprogramming of stem cells
- RS (SMOKING) → squamous cell
- ↳ PSCC → important protective mechanism are lost
- GI (GERD) → columnar epithelium.
- ↳ squamous → persistent.
- If the metaplastic ~~press~~ persistent.
- ↳ LUNG CANCER malignant squamous cell
- ↳ ESOPHAGEAL CANCER columnar epithelium

INTRACELLULAR ACCUMULATION

- The main pathway of abnormal intracellular accumulation
- 1 inadequate removal & degradation
- 2 excessive production endogenous
- 3 deposition of exogenous material.

FATTY CHANGE (steatosis)

- accumulate triglycerides.
- most seen **Liver**
- heart, kidney, skeletal muscles
- caused by toxins, D.M./obesity
- anoxia, phn malnutrition.
- most common cause (in liver)
- Alcohol abuse & D.M

CHOLESTEROL

- Cause: ↑ intake lipids
- ↓ metabolism of lipid
- Atherosclerosis (the most impo.)

GLYCOGEN

- Cause: abnormalities in the metabolism of glucose or glycogen.
- * poorly controlled D.M
- glycogen accumulated in
 - renal tubular
 - cardiac myocytes
 - β cell of islet of Langerhans.
- glycogen storage diseases
- glycogen accumulated within cell & genetic disorder.

PIGMENTS

- 1 Carbon (exogenous) (Anthraxosis)
 - when inhaled → phagocytosed by alveolar macrophages
 - transported by lymphatic channels.
 - pulmonary & lymph nodes blacken

lipofuscin (endogenous)

- brownish-yellow granular
- accumulation in liver, heart, brain.
- produced by free radical-catalyzed peroxidation of polyunsaturated lipid
- marker of past free radical injury.
- Brown atrophy → large amount.

Melanin (endogenous)

- brown-black by melanocyte in epidermis
- screen against harmful UV radiation.
- Other sources: adjacent basal keratinocyte + dermal macrophage.

Hemosiderin

- golden yellow - brown
- when? excess of iron
- Iron S ph (apo ferritin)
- = micelles (E.M + L.M)
- Prussian blue (for iron)
- small amount of this pigment are normally
- Bone marrow, spleen, liver

hemosiderosis

- excessive deposition of Hemosiderin
- hemochromatosis more extensive accumulation of iron