

# **Genetic testing**

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# WHAT IS GENETIC TESTING

The **analysis of human DNA** in any of its forms or related products (chromosomes, RNA, proteins).

The ultimate **goal** is to *recognize the potential for a genetic condition* at an early stage.

## Definitions:

### Genotype vs. Phenotype

- The genetic make-up, as distinguished from the physical appearance

### Mutation

- A genetic change, usually one that is associated with a disease

### Karyotype

- A visual presentation of chromosomes

# TYPES OF GENETIC TESTING

## 1. DIAGNOSTIC TESTING

used to **confirm** or **rule out** a known or suspected genetic disorder in a person with disease symptoms.

Confirming a diagnosis may *alter medical management* for the individual (PKU).

## 2. Predictive testing:

offered to individuals who do not have symptoms at the time of testing but have a family history of a genetic disorder.

## 3. Carrier Testing

Test to **identify individuals** who have a gene mutation for a disorder inherited in an *autosomal recessive* or *X-linked recessive* manner

## 4.1. Prenatal genetic testing

Detect genetic disorders and birth defects. > 200 single gene disorders can be diagnosed. Testing done only when a family history or other risk

**a. Ultrasound:** Noninvasive, uses reflected sound waves converted to an image. Transducer placed on abdomen

See physical features of fetus, not chromosomes. May identify some chromosomal abnormalities by physical features

## **b. Amniocentesis**

- Diagnose > 100 disorders, cells analyzed for *chromosomal and biochemical disorders*.
- Risk of infection and spontaneous abortion.

• Normally only used when: - Advanced **maternal age**. - **History of chromosomal disorder**. - **Parent with chromosomal abnormality**. - **Mother carrier of X-linked disorder**

## C. PREIMPLANTATION GENETIC DIAGNOSIS

Eggs collected, fertilized, allowed to develop.

~ 3<sup>rd</sup> day of fertilization, embryo has 6–8 cells.

For PGD, one cell, a blastomere, is removed.

*DNA extracted* and tested (DNA analysis, karyotyping, biochemical analysis for PKU).

Embryo without genetic disorder are **implanted into mother**.



## 5. Newborn Screening

*identifies individuals who have an increased chance of having a specific genetic disorder* so that treatment can be started as soon as possible.

performed on a small blood sample, which is taken by pricking the baby's heel.

a parent will usually only receive the result if it is positive. if the test **result is positive, additional testing is needed** to determine whether the baby has a genetic disorder.

- performed *routinely at birth*

# TYPES OF GENETIC TESTS:

## I. Constitutional (affect germ cells)

- Tests for mutations that affect ALL CELLS in the body, and have been there **since conception**

## II. Acquired (affect somatic cells)

- Tests for changes that affect only certain cells or cell types in the body, and that occurred **later in life**.

Genetic testing includes:

1. **Direct genetic testing (Molecular):** examination of DNA (or RNA) to determine if mutations are present.
2. **Cytogenetic testing:** examination of the chromosomes for visible alterations that indicate a genetic defect. (karyotyping)
3. **Biochemical genetic testing:** assay for specific metabolites that indicate a genetic disease

## 1. Molecular Test: Example

**Analysis of DNA sequence** in patient with a rare inherited disease (**Muscular Dystrophy** ).

--Gene: DMD

- Clinical Picture: - progressive muscle weakness starting in early childhood. wheelchair by age 12.

**Obtain blood sample from child**

**Read the DNA sequence of the *DMD* gene.**

**Identify the mutation that caused the disease**

## 2. Cytogenetic Test:

**Karyotype – to examine the chromosomal complement of an individual including number, form, and size of the chromosomes**

**a trisomy has 47 chromosomes instead of 46.e.g Down syndrome**



# 3. BIOCHEMICAL TEST

Analyzes the *quantity of a downstream product of a gene* (e.g. not looking directly at the gene, or the chromosome).

Example: Newborn Screening.

To determine if enzymes in the body are abnormal in some way.

- performed on a **blood, urine, spinal fluid, or other** tissue sample.
- the disease is usually the result of a mutation that causes an enzyme to be absent, unstable, or to have altered activity.
- diseases often called "inborn errors of metabolism" because they are present at birth and affect how the body's metabolism works

# Congenital Hypothyroidism:

Inadequate or absent production of thyroid hormone .  
Thyroid hormone replacement therapy begun by 1 month of age can prevent mental and growth retardation.

## II. Acquired genetic diseases: Cancer

Cancer is a **heterogeneous disease**. It is **not a single disease**.

### Cancer is a genetic disease:

All cancers involve genetic changes in somatic cells, the germ line, or both.

Most gene mutations in cancer occur in **somatic cells** and are **acquired** (multifactorial etiology). (single tumors, late-onset, unilateral).

However, some mutations do occur in the **germline** and may be **inherited** and passed on to future generations. (multiple tumors, early-onset, bilateral).

# PROCEDURE: GENETIC TESTING & PROFILING

- Take a sample of cells (blood, hair root, amniotic fluid, mouth swab).
- Use staining of chromosomes to locate any chromosome abnormalities.
- Extract the DNA from cells
  - Cut up the DNA
  - Separate the DNA fragments
  - Analyse the DNA fragments.

## **Molecular testing:**

- I. RFLP.
- II. DNA sequencing.
- III. Blotting techniques.



# I. RFLPs

(**R**estriction **F**ragment **L**ength **P**olymorphisms)

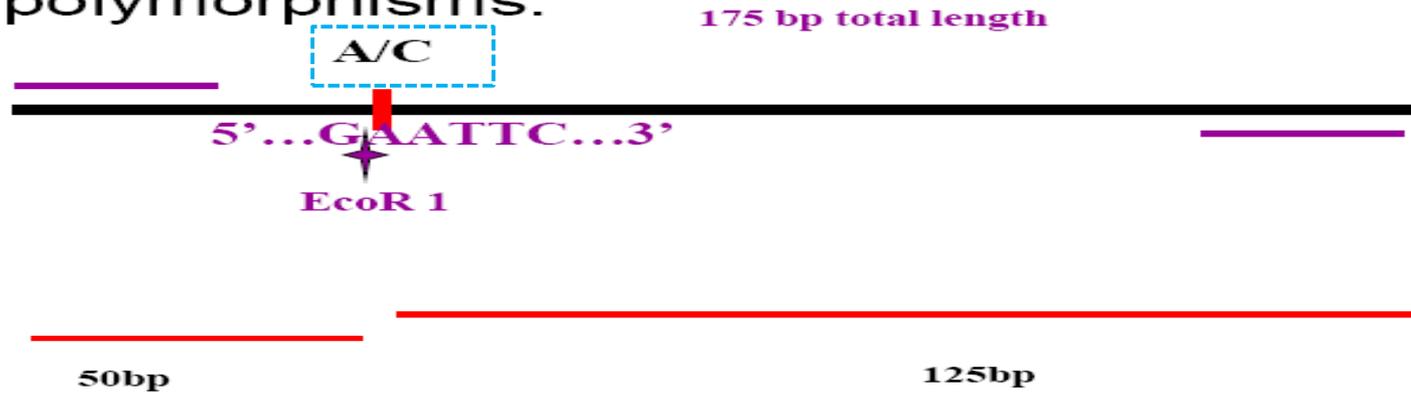
- ❖ polys that alter the length of restriction fragments.
- ❖ Result from changes (e.g. SNPs) that *introduce* or *delete* a restriction enzyme site.
- ❖ Genotyping by Southern or PCR-RFLP

## Principle:

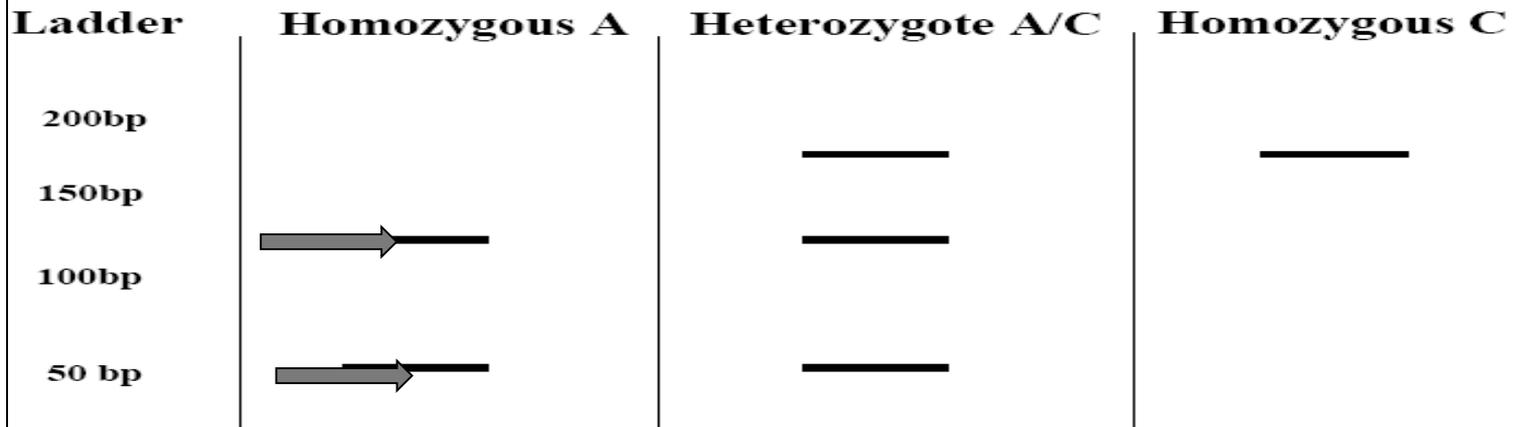
- Isolation of DNA.
- DNA is amplified by PCR.
- Amplified DNA is incubated with restriction endonucleases.
- Then electrophoresis.
- Visualization of different bands.

# RFLPs

- Restriction fragment length polymorphisms.



## Run digested product on a Gel



# RFLP

❖ Description of previous figure:

❖ eg., if **A** gene of length 175 bp. is cut by EcoR1 which specifically hydrolyses bond between **G** & **A**. so that 2 fragments are produced of length 50 & 125 bp.

❖ If a mutation occurs converting normal **A** to **C**. This R. endonuclease will not act. So, the DNA fragment will be only of 175 bp length.

❖ By electrophoresis, we can detect :

1. the normal subject which has 2 fragments (50 & 125), called homozygote for **A**.
2. The heterozygote containing one normal (**A**) and one mutated base (**C**).
3. The homozygote having mutation of both alleles of this gene (**C** & **C**).

## II. DNA SEQUENCING: DEFINITION

DNA sequencing is the process of **determining the precise order of nucleotides within a DNA molecule.**

It is used to determine the order of the four bases in a strand of DNA isolated from cells of **animals, plants, bacteria**, or virtually any **other** source of genetic information.

### Overall process:

First, **DNA has to be extracted** from the cells of the organism being studied.

The **sequencing reaction** is then performed on the DNA, and the sequenced DNA strands are sorted by size using capillary electrophoresis.

Finally, **the DNA code is read** by a computer and analysed.

**Uses of sequencing:** Detect the presence of known genes **for medical purposes:** - genetic testing (ex. diagnostic). - Forensic identification. - Parental testing.

# 1. Chain termination (Sanger) sequencing

A modified DNA replication reaction.

Growing chains are terminated by dideoxynucleotides.

Limitations: The dideoxy method is good only for **500-1000 bp** reactions. *Expensive & Takes time.*

## Brief Bio Background as regards DNA Polymerase

- DNA polymerase can add free nucleotides and forms phosphodiester bonds.
- No known DNA polymerase is able to begin a new chain, so needs *primer*.
- It requires DNA *template* (ss DNA).
- It requires presence of *dNTPs* ( dATP, dGTP, dCTP, TTP )



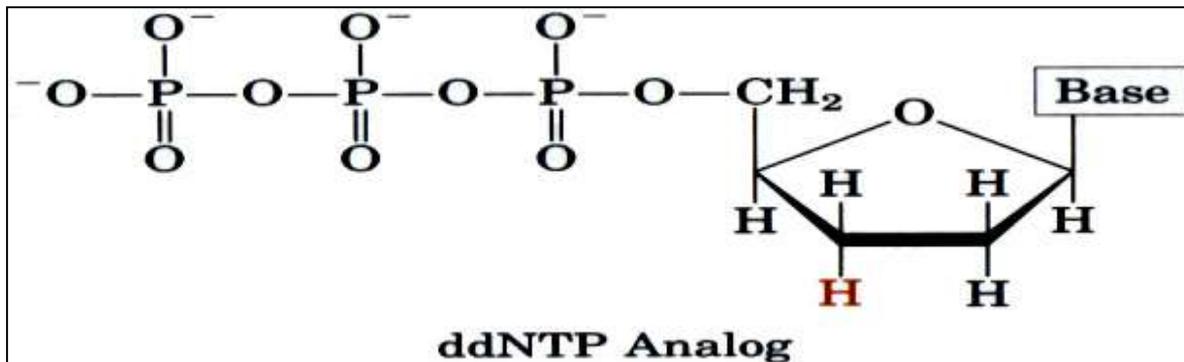
# 1. CHAIN TERMINATION (SANGER) SEQUENCING

## Principle:

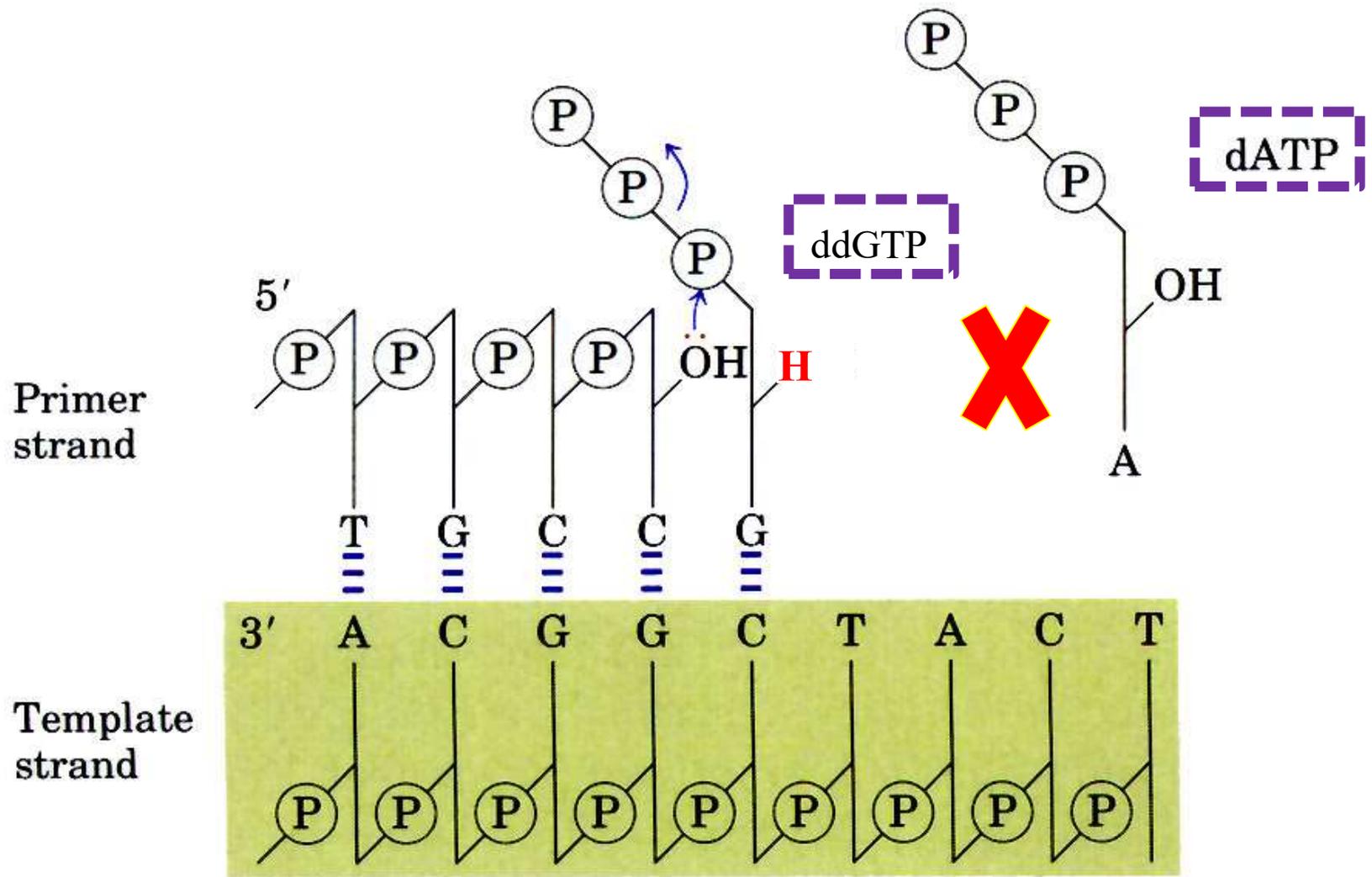
Uses **DNA polymerase** to synthesize a second DNA strand that is labeled.

DNA polymerase always adds new bases to the 3' end of a primer that is base-paired to the template DNA.

Also uses chain terminator nucleotides: **dideoxy nucleotides (ddNTPs)**, which **lack the -OH group on the 3' carbon of the deoxyribose**. When DNA polymerase inserts one of these ddNTPs into the growing DNA chain, the chain terminates, as nothing can be added to its 3' end.



# DIDEOXIES BLOCK ELONGATION



## Steps:

1. Strand separation. (*denaturation; heating*)
2. Primer annealing. (*primer*)
3. Primer extension. (*DNA polymerase, dNTPs*)
4. Chain termination. (*ddNTPs*)
5. Electrophoresis. (*capillary*)
6. Detection & analysis . (*computer; electropherogram*).

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### Steps 1 (strand separation)

Double-stranded DNA needs to be **denatured**, or separated into single strands, before it can be sequenced.

This process is accomplished by **heating** the DNA.

## Steps 2 (primer annealing)

Next, a small single-stranded DNA piece of about **20 bases**, called an **oligonucleotide**, is annealed to the denatured template strand.

In addition, a **large excess of primers** is used to again ensure that the primers will out-compete the complementary DNA strand for annealing to the template.

The oligonucleotide primer must be of **complementary** sequence to the template strand in order to bind by base-pair interactions.

**Steps 3 (primer extension):** During the extension phase, a ***bacterial DNA polymerase*** enzyme begins assembling a new DNA chain from the **dNTPs**, provided in the reaction mixture. The nucleotides are added in the order specified by the complementary bases in the template strand.

# 1. Chain termination (Sanger) sequencing

## Steps 4 (chain termination)

The reaction mixture also contains small amounts of each of the 4 dideoxynucleotides, or “ddNTPs,” which lack the 3'-hydroxyl group necessary for chain extension.

Whenever a ddNTPs is incorporated into a growing DNA chain, it *terminates* chain growth.

When DNA polymerase reaches a base for which some ddNTP is present, the chain will either:

- terminate if a ddNTP is added, or:
- continue if the corresponding dNTP is added.
- which one happens is random, based on ratio of dNTP to ddNTP in the tube.

dNTPs >>> ddNTPs

Template <sup>3'</sup> T C A G A <sup>5'</sup>

ddA

A ddG

A G ddT

A G T ddC

A G T C ddT

Four different labels: *Each* of the four nucleotide chains has a *different dye*.

For example:

Red for ddATP.

Yellow for ddGTP.

Blue for ddTTP.

Green for ddCTP.

## Steps 5 (capillary electrophoresis)

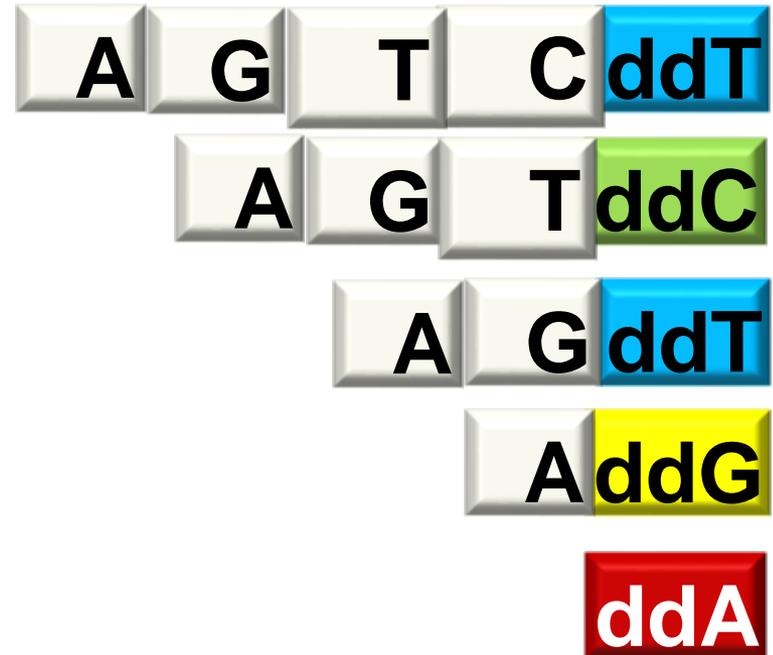
The newly synthesized DNA strands, each labeled with one of four dyes, are now sorted by length using capillary electrophoresis.

An electrical current pulls the negatively charged DNA strands through the capillary. This tube is used to separate strands that differ in length by only one base.

Shorter DNA strands migrate through the gel material more quickly, and come out the bottom of the capillary first.

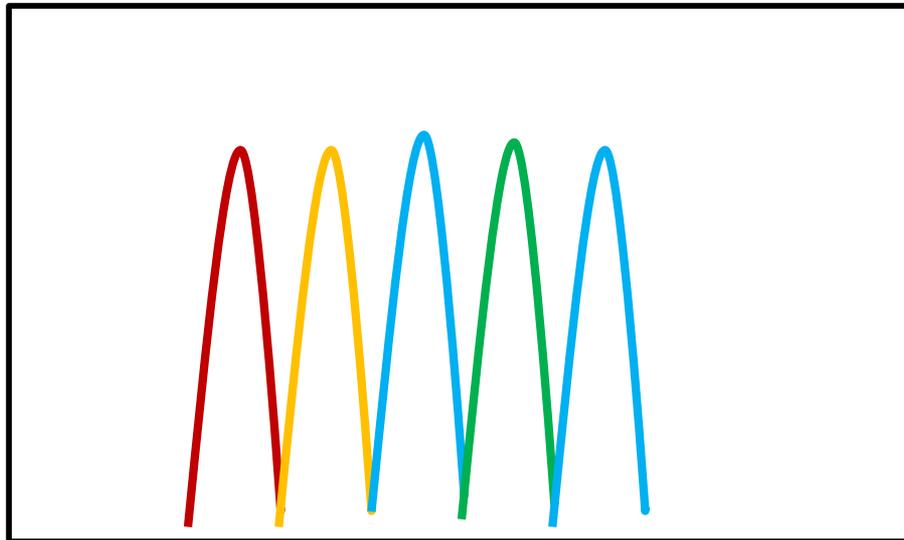
The fragments are separated by

**Size & color**



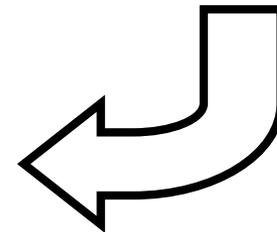
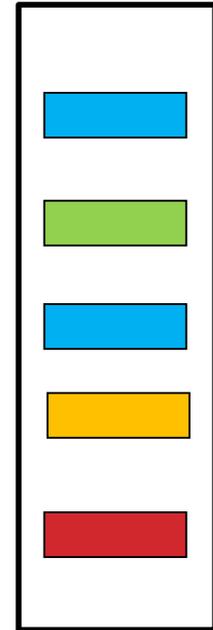
**Genetic techniques. II. DNA sequencing:**  
**1. Chain termination sequencing**

Electropherogram



5'- **A** **G** **T** **C** **T** -3'

Capillary electrophoresis



## sequencing:

# 1. Chain termination (Sanger) sequencing

### Steps 6 (detection)

Fluorescent dyes can **absorb** and **emit** fluorescent light at specific wavelengths.

As the strands emerge out the bottom of the capillary they pass through a **laser beam** that **excites the fluorescent dye attached to the ddNTPs** at the end of each strand.

This causes the **dye to fluoresce**, or glow, at a **specific wavelength, or color**.

This color is then **detected by a photocell**, which feeds the information to the **computer**.

### Reading the sequence

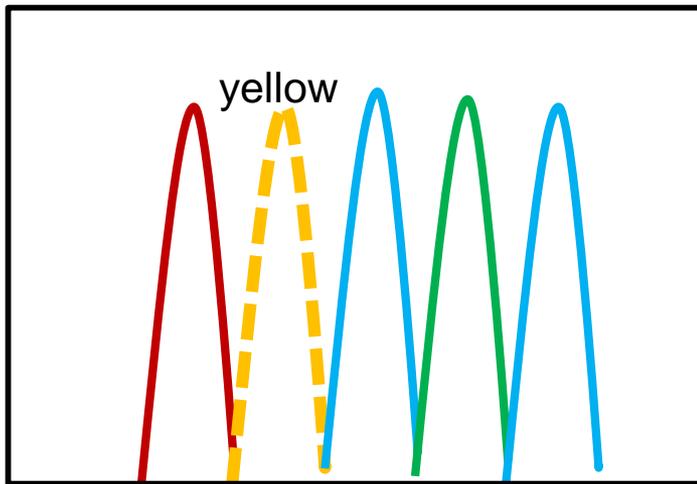
➤ The sequenced strand is:

5\ - A G T C T -3\

➤ The template strand sequence is:

3\ - T C A G A -5\

# Automated Sequencing: detecting a mutation

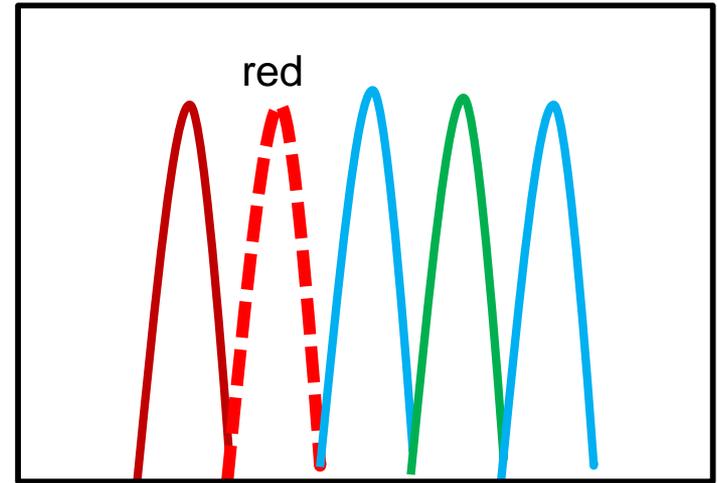


A G T C T

Normal

A/A

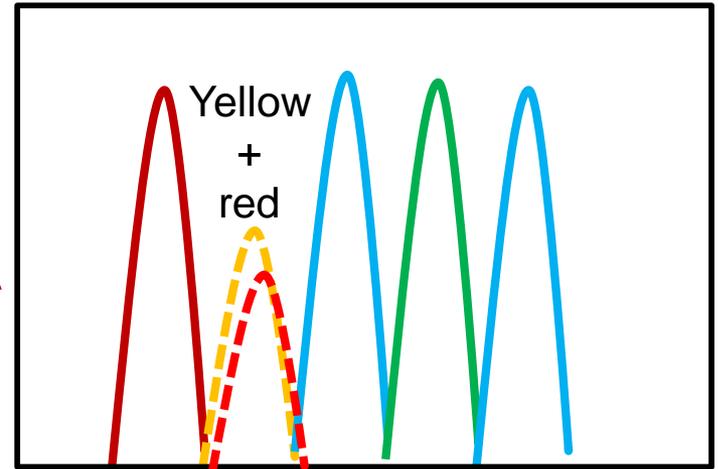
Homozygous  
mutation



A A T C T

G/A

Heterozygous  
mutation



A G/A T C T

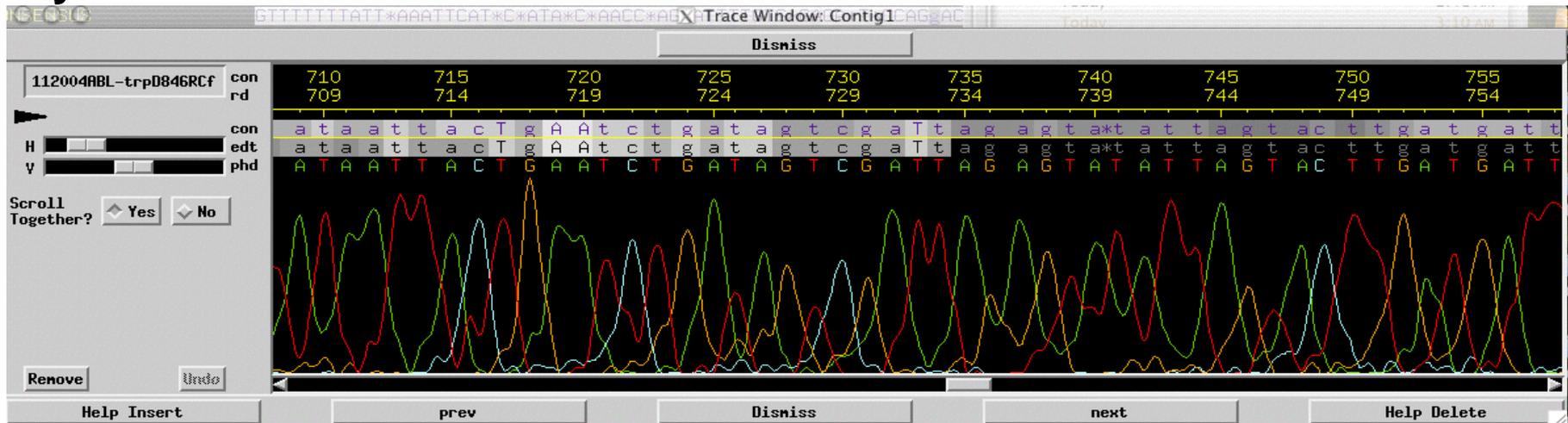
## Steps 6 (detection)

### Computer analysis:

The computer displays the information received from the photocell as an electropherogram; **Chromatogram**.

It also *prints* the letter of the appropriate base below each of the signal peaks.

successive peaks correspond to DNA segments differing in length by one nucleotide.



# Genetic techniques. III. Blotting technique:

**History:** Professor **Sir Edwin Southern**, Professor of **Biochemistry** developed this method in **1975**. The technique is known as DNA transfer or 'Southern blotting.

## Common types:

- Southern blot: it is used to detect **DNA** using DNA probe.
- Northern blot : it is used to detect **RNA** using DNA probe.
- Western blot : it is used to detect **protein** using antibody as a probe.

## Hybridization

- The binding between **ss labeled probe** to a **complementary** nucleotide sequence on the target DNA.

## Making a probe:

- A probe is a **small** length of **DNA (20-30 nucleotides)** or RNA.

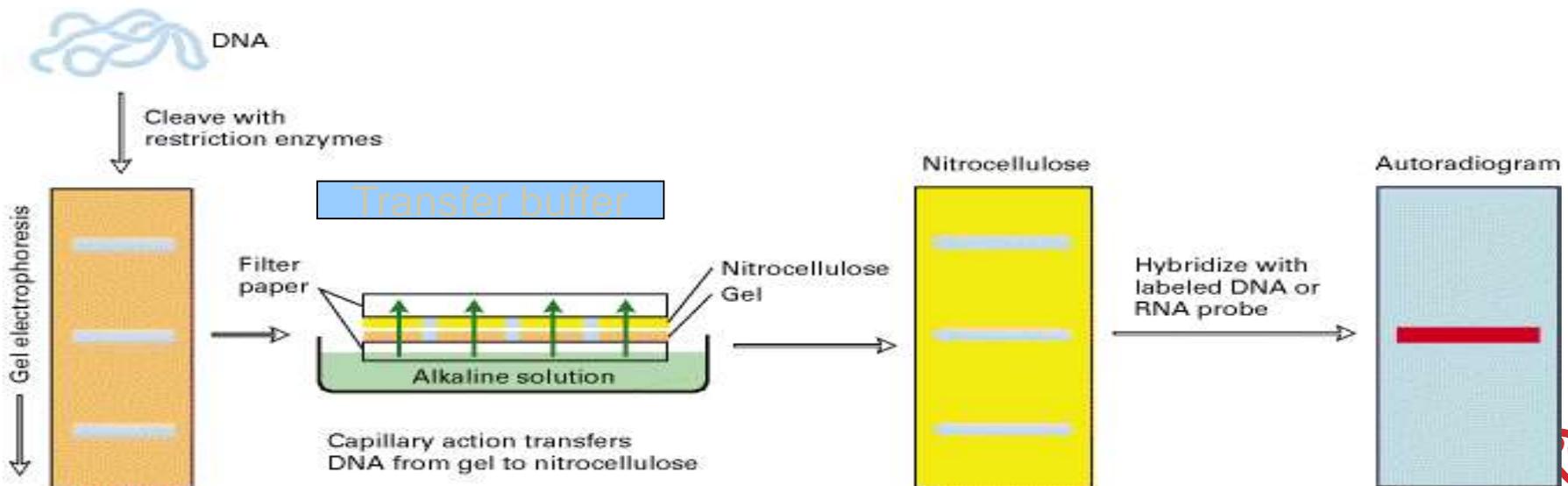
**Complementary** to the sequence (gene) of interest.

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# 1. SOUTHERN HYBRIDIZATION

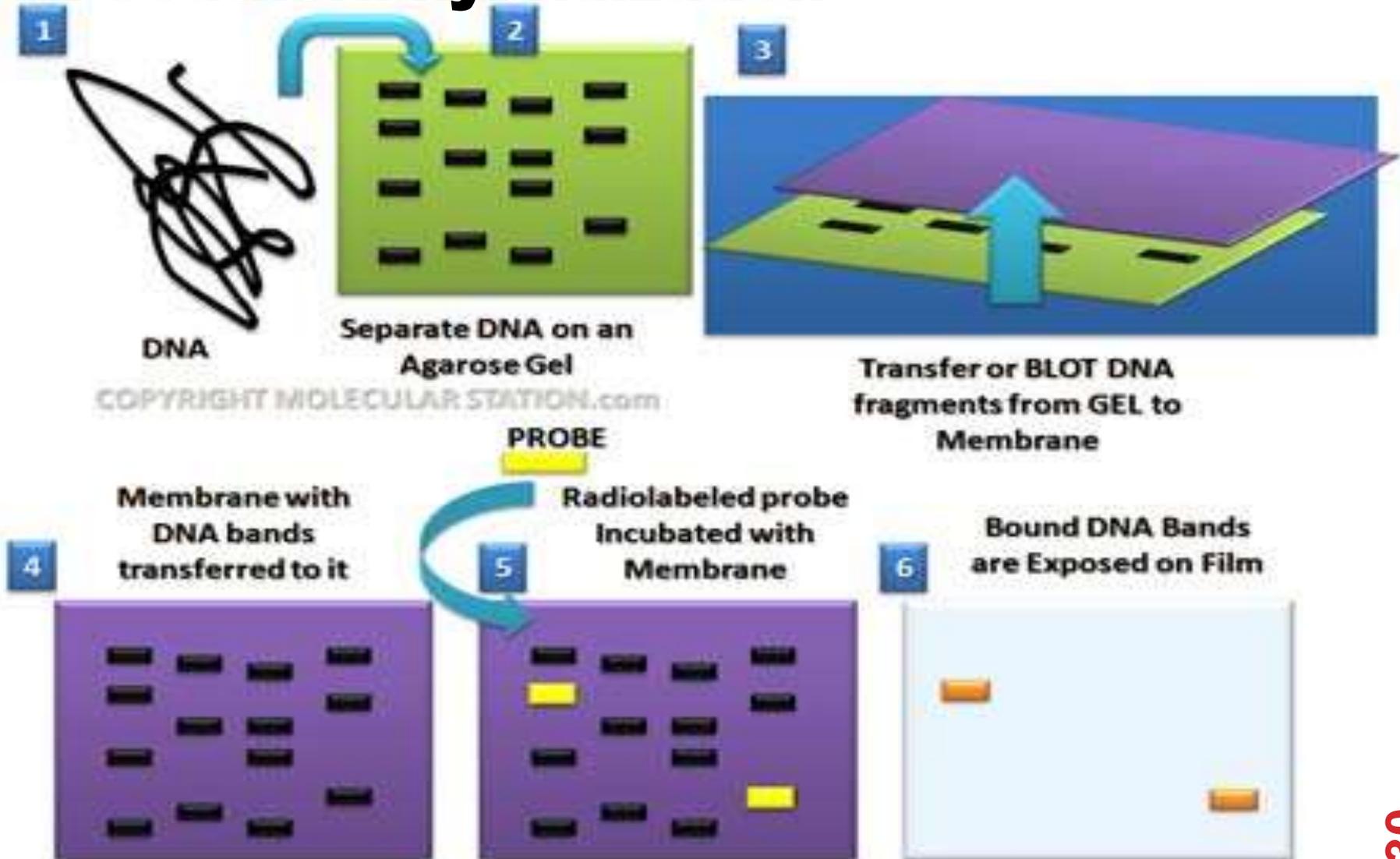
## Steps:

1. *DNA extraction* & digestion.
2. Separation (*gel electrophoresis*).
3. *Denaturation* (alkali).
4. Transfer to nitrocellulose membrane (*blotted*).
5. *Hybridize* with *labeled probe*.
6. *Band visualization*. The labeled probes detect specific DNA sequences.



# Genetic techniques. III. Blotting technique:

## 1. Southern hybridization



## Steps 1: DNA separation & digestion:

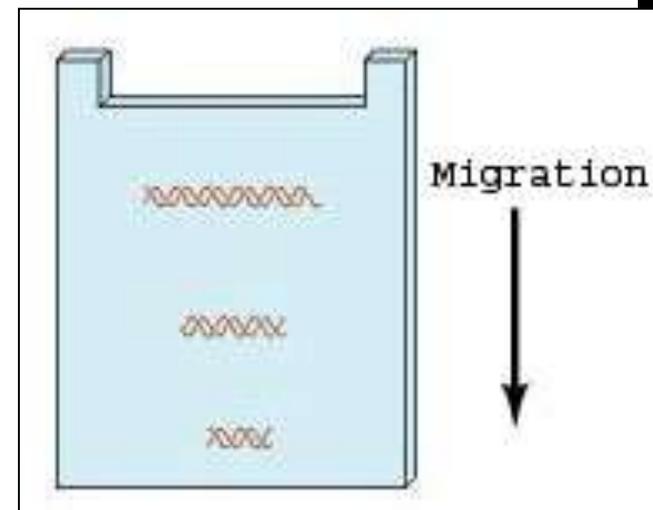
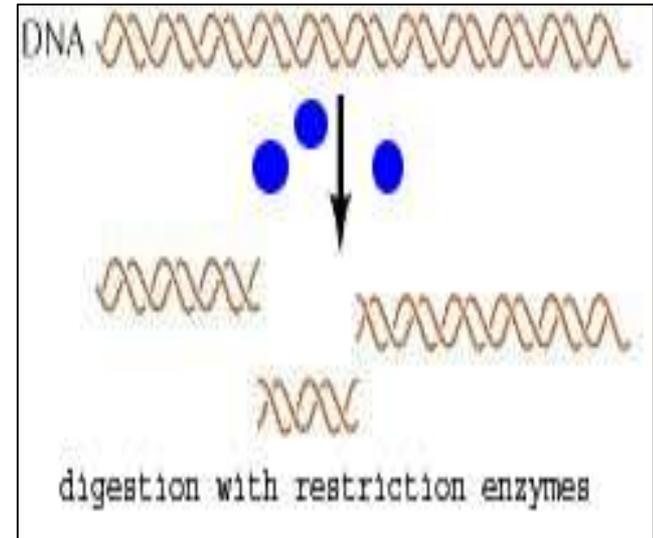
DNA is extracted from cells (ex. leukocytes).

Digest the DNA with an appropriate **restriction enzyme**.

## Steps 2: electrophoresis:

The complex mixture of fragments is subjected to gel electrophoresis to **separate** the fragments according to **size**.

The lengths of the fragments are compared with band of relative standard fragments of known size (Marker).



### Steps3: denaturation & blot:

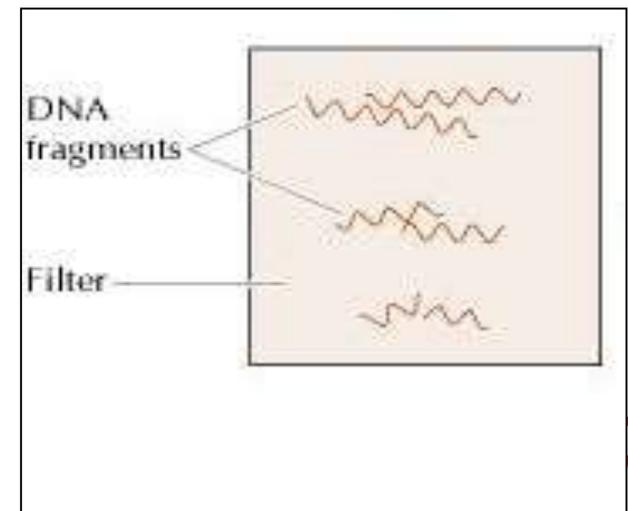
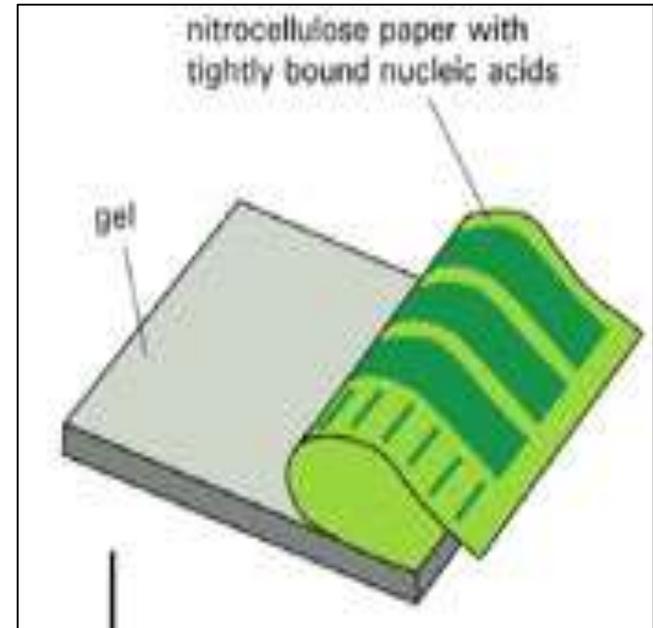
The restriction fragments present in the gel are denatured with **alkali**.

The denatured DNA fragments are transferred to nitrocellulose membrane for analysis.

The gene of interest is on **only** one of these pieces of DNA.

### Blot

This procedure preserves the distribution of the fragments in the gel, creating a replica of the gel on the filter.



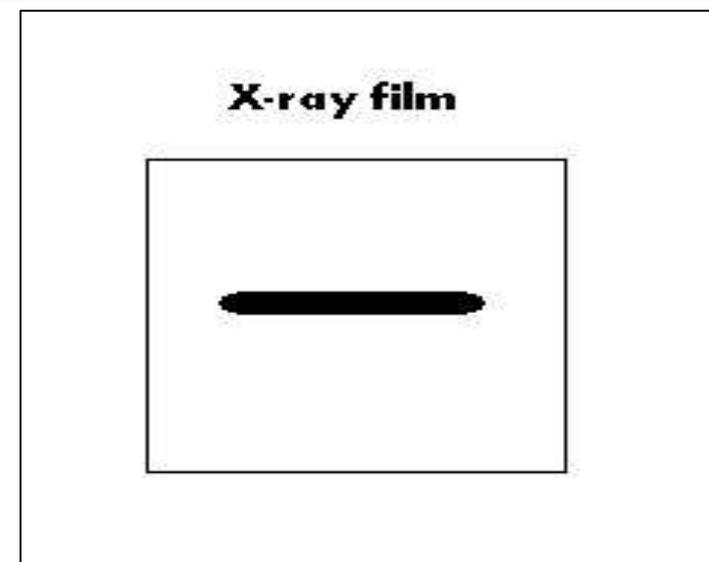
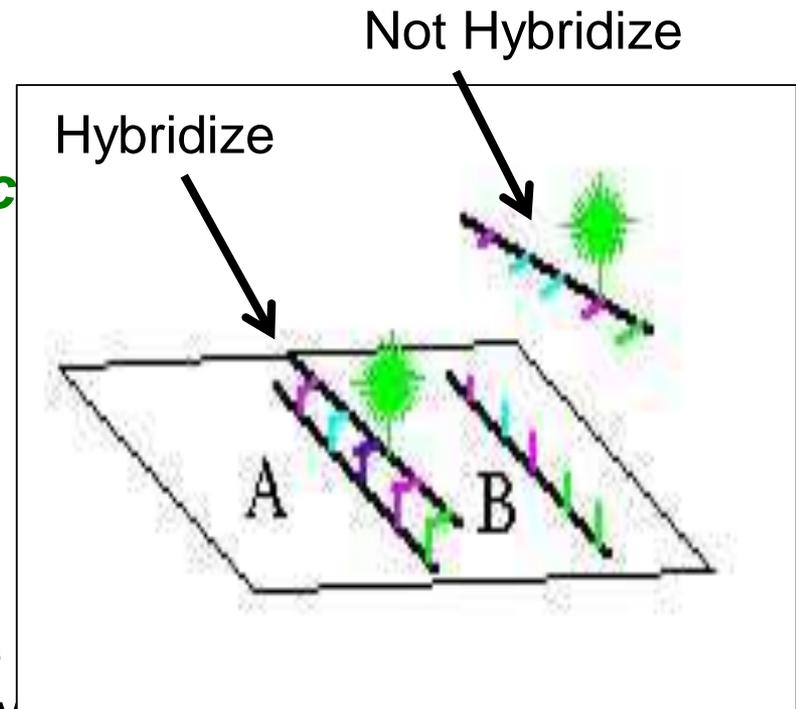
#### Steps4: Hybridization:

The filter is incubated with a **specific labeled DNA probe**.

The probe hybridizes to the complementary DNA restriction fragment.

#### Steps5: Detection:

Excess probe is washed away and the probe bound to the filter is detected by **autoradiography**, which reveals the DNA fragment to which the probe hybridized.



# Genetic techniques. III.

## Blotting technique:

### 2. NORTHERN Blot

#### Definition:

Northern blotting is a technique for *detection of specific RNA sequences*.

RNA is isolated from several biological samples (e.g. various tissues, various developmental stages of same tissue etc.)

RNA is more susceptible to degradation than DNA.

#### Application:

- Study of gene expression *at the level of mRNA* in eukaryotic cells.
- To *measure the amount & size* of RNAs transcribed from eukaryotic genes.

### 3. Western Blot

#### Definition:

Western blotting is an **immunoblotting technique** which rely on the specificity of binding between **a protein** of interest and **a probe (antibody)** raised against that particular protein).

#### Applications:

- To determine ***the molecular weight of a protein (identification)***.
- To measure relative amounts (**quantitation**) of the protein present in complex mixtures of proteins. It is used as confirmatory test for **HIV** .

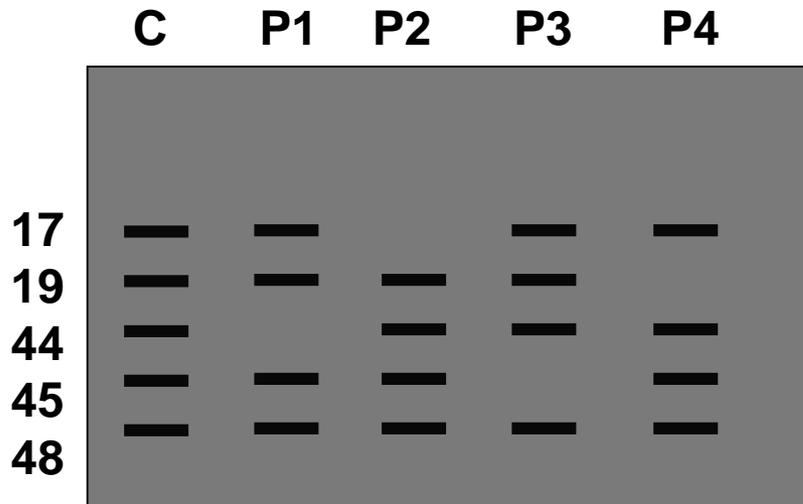
#### Advantages:

- **WB is highly sensitive** technique. As little as **1-5 ng** of an average-sized protein can be detected.
- **Detection and interpretation:** **A prestained MW standard** is included during electrophoresis to allow the identification of the MW of the target protein.

# Applications of some genetic tests:

## \*\* Duchenne muscular dystrophy

- Xp21; gene is 2.3 Mb long; **79 exons**
- 2/3 of cases due to **deletions of some exons**
- Diagnosis: -Southern analysis. - PCR of exons



Patient1: exon 44 deleted

Patient2: exon 17 deleted

Patient3: exon 45 deleted

Patient4: exon 19 deleted

# Applications of some genetic tests:

## \*\* Forensic (Paternity testing)

To determine the genetic father of a specific child

