Sychology

Archive

Lecture 2

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Medical card

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1. It's so unfair! My mum doesn't care how much Icry and scream, she won't get me a car. She doesn't even care about me! She hates me!". What defense mechanism does this demonstrate:

Select one:

- a. rationalization
- b. reaction formation
- c. regression
- d. repression
- e. denial

Ans: E

2. Samira decides to go out and party the whole week before her midterm instead of study. She fails her midterm, and tells her parents that she ailed it due to being sick and not getting enoughsleep. This is an example of what defense mechanism:

Select one:

- a. rationalization
- b. denial
- C. repression
- d. reaction Formation
- e. regression

Ans: A

- 3. The way she spoke to me was completely unacceptable, but she's going through a tough time at the moment. I'd react the same way if my mother had just died." What defense mechanism am I expressing: Select one
- a. regression
- b. repression
- c. displacement
- d. identification
- e. reaction formation

Ans: D

- 4. Which of the following is an example of repression: Select one:
- a. stopping yourself from behaving the way you want to
- b. suppressing bad memories or current thoughts that cause anxiety
- C. suppressing your natural instincts
- d. stopping others from behaving inappropriately
- e. none of provided answers



- 5. Ali is a shop owner and a thief. He automatically accuses anyone who looks suspicious in his store of slealing. This is an example of what defense mechanismn: Select one:
- a. repression
- b. reaction Formation
- C. denial
- d. projection
- e. rationalization

Ans: D

- 6. a runner trains twice as hard after suffering from a big loss
- A) compensation
- B)denial
- C) sublimation
- D) projection
- E) repression

7.super-ego:

- A) to live in perfection
- B) to live according to reality
- C) basis of defense mechanisms

Ans: A

Ans: A

- 8. a nurse was fired from work, so she blamed her co-workers, this defense mechanism is:
- A) rationalization
- B)denial of
- C) displacement
- D) projection
- E) sublimation

Ans: A



- 9. Hassan drinks alcohol alot, so his friends alert him about that. However, he says that he has no problem of drinking:
- A) rationalization
- B)projection
- C) displacement
- D) reaction formation
- E) denial

Ans: E

- 10. Bakri took 10 minutes to recall something what's the mental operation?
- A- ego
- B superego
- C- preconscious
- D conscious
- E- unconscious

Ans: C

- 11.Instead of taking out his anger on others, Nathan, when he gets really angry, plays the saxophone. This is an example of what defense mechanism?
- a. Repression
- b. Sublimation
- c. Denial
- d. Reaction Formation
- e. Projection

Ans: B

- 12. Betty is angry with Matt, but eventually she becomes friends and is nice to him. This is an example of what defense mechanism?
- a. Reaction Formation
- b. Denial
- c. Rationalization
- d. Sublimation

Ans: A



13. Bad things happened to me in my past, but I've unconsciously buried them deep in my mind." What defence mechanism am I demonstrating?

- a. Repression
- b. Identification
- c. Projection
- d. Denial

Ans: A

14. In psychoanalytic theory, ____ is the defense mechanism that involves expressing feelings toward a person who is less threatening than the person who is the true target.

a.regression b.rationalization c.projection d.displacement

Ans:D