

Psychology

Archive

Eating Disorders

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1-In the DSM-IV-TR diagnostic criteria for anorexia nervosa, which of the following is considered to be a risk factor :

- a) Disturbance in the way in which one's body weight or shape is experienced
- b) Undue influence of body weight or shape on self-evaluation
- c) Denial of the seriousness of the current low body weight
- d) All of the above

D

2- Which of the following is a prominent characteristic of individuals with eating disorders:

- a) High self esteem
- b) Low self esteem
- c) High levels of responsibility
- d) Narcissism

B

3-In Bulimia nervosa, the nonpurging sub-type, a behavior which is used to compensate for binging is :

- a. Exercise.
- b. Controlling intake of certain food types.
- c. Withdrawing from social interaction.
- d. Controlling carbohydrate intake .

A

4- Which of the following is a diagnostic criterion for anorexia nervosa :

- a. A refusal to maintain a minimal body weight.
- b. A pathological fear of gaining weight.
- c. A distorted body image in which, even when clearly emaciated, sufferers continue to insist they are overweight.
- d. All of the above .

D

5- Which of the following is not considered a diagnostic feature of Anorexia Nervosa

- a. Depressive symptoms.
- b. Significant Weight Loss.
- c. Body Image Distortion.
- d. Fear of becoming fat .

A

6-In Restricted Type anorexia nervosa, self starvation is NOT associated with which of the following?

- a. Concurrent purging .
- b. Socializing .
- c. Body dysmorphic issues.
- d. Eating only certain food types .

A

7-Which of the following is not considered a diagnostic feature of Anorexia Nervosa:

- a. Depressive symptoms
- b. Significant Weight Loss
- c. Body Image Distortion
- d. Fear of becoming fat
- e. Poor school performance

E

8-The doctor is obtaining a history from a 16-year-old girl. Which of the following might indicate that the client has symptoms of bulimia?

- a. Binge eating and self-induced vomiting
- b. Severe weight loss due to metabolic dysfunction
- c. Hypertension and hyperglycaemia
- d. Diaphoresis and vasodilatation
- e. None of provided answer

A

9-Which of the following is a characteristic of bulimia nervosa?

- a. Vomiting, laxatives, or diuretics are used to lose weight.
- b. There are repeated attempts to lose weight by severe dieting.
- c. It occurs equally in males and females.
- d. It is an adolescent growth phase that a few women go through and later disappears.
- e. None of provided answer

A

10-Samia has been diagnosed with bulimia nervosa. Based on the physical symptoms listed in your lecture, you should expect that Samia will show evidence of:

- a. amenorrhea and low blood pressure
- b. erosion of dental enamel and heart problems
- c. cardiac arrhythmias and osteoporosis
- d. dental problems and elevated blood pressure
- e. All of the provided answer

B

11-14 year-old girl is being evaluated for anorexia nervosa. Which of the following would indicate to the doctor that the teenager displays symptoms of anorexia nervosa?

- a. She has episodes of overeating and excessive weight gain
- b. She expresses a positive body image.
- c. She has had severe weight loss due to self-imposed dieting.
- d. She refuses to discuss food
- e. None of provided answer

C

11-Of the following, which is the most accurate statement regarding eating disorders?

- a. Bulimia nervosa is a more life-threatening condition than anorexia nervosa.
- b. Both bulimia nervosa and anorexia nervosa lead to death in 2-10% of patients
- c. Anorexia nervosa is a more life-threatening condition than bulimia nervosa.
- e. While bulimia nervosa and anorexia nervosa are both serious conditions, neither is a life-threatening condition.
- d. None of provided answer

C

12-Gorging on food and then vomiting or taking laxatives to avoid gaining weight is called:

- a. behavioural dieting
- b. fad dieting
- c. purging
- d. bulimia nervosa.
- e. anorexia nervosa

purging type associated with bulimia nervosa

C

13-The "fear of becoming fat" observed in patients with Anorexia Nervosa is best understood as:

- a. Paranoid delusion
- b. Somatic delusion
- c. Overvalued idea
- d. Obsessive idea
- e. Delusion of persecution

C

14-Group therapy can be advantageous when an individual:

- a. May need comfort and support from others.
- b. May acquire therapeutic benefit from observing and watching others.
- c. May need to work out their problems in the presence of others (e.g. in the case of emotional problems relating to relationships, feelings of isolation, loneliness and rejection).
- d. May has financial issues
- e. All of the provided answer

E

15- Family therapy is generally used to:

- Improve communications between members of the family.
- Resolve specific conflicts-for example between adolescents and their parents.
- Attempts to understand the family as a social system.
- All of the provided answer
- Used to help treat an individual's problem that is affecting the entire family, such as an addiction and depression

D

الحمد لله

واجعل لنا نوراً من نورك

بدي أذكرك إنه الاستمرارية سنة نبوية..

**النبي - ﷺ - قال لشداد بن أوس:
إذا رأيت الناس قد اكتنزوا الذهب والفضة، فاكنز هؤلاء
الكلمات وأول شيء ذكر:**

**«اللهم إني أسألك الثبات في الأمر والعزيمة على
الرشد»**

العزيمة في لفتنا = هي عقد القلب على إتمام الأمر..

**والثبات قرين التوفيق والسداد.. وأعظم الثبات هو
الثبات على الدين (٢)**

اللهم إنا نسألك الثبات في الأمر والعزيمة على الرشد