# Public Health



Medical card

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## Public Health

#### Lecture 1

- Q1. All of the following is related to the emotionaly health exept:
- A) Able to manage stress.
- B) His/ her emotional is related to mental health and include feeling.
- C) The stimuli should lead to stable response of the body.
- D) express the emotionas such as engry.
- E) Not showing feat of any thing

Ans: E

- Q2. Systematically, collect, analyze and make available information on healthy communities, is the definition of which of the following?
- A) Assessment.
- B) Policy Development.
- C) Assurance.
- D) Research.
- E) Empowerment

Ans : A

- Q3. Regarding the differences between clinical medicine and public health, ONE is true?
- A) Clinical medicine cares for healthy and diseased individuals.
- B) Public health aims to cure individuals with diseases.
- C) Public health uses medical treatment for management of health problems.
- D) Clinical medicine follows up patients for evaluation.
- E) Clinical medicine uses vital statistics for diagnosis.

Ans: D

- Q4. What is an example of social health?
- A) Learning a new language.
- B) Walking from your place to your friend's place.
- C) Meeting new people.
- D) Reading a book, studying, and wanting to understand.
- E) Feeling at peace after praying.

Ans: C

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- Q5. The following describe the concept of "Health', EXCEPT?
- A) It is the absence of disease or infirmity.
- B) Health is different for different people.
- C) Being socially and economically productive life is part of an individual's health.
- D) Includes physical, mental and social well being.
- E) It is a changing state.

Ans: A

Q6. The ability of understanding while reading a book is an example of :

- a) society health
- b) mental health
- c) emotional health
- d) spiritual health
- e) physical health

Ans: b