HEMODYNAMIC DISORDERS, THROMBOEMBOLISM, AND SHOCK 2 EMAN KRIESHAN, M.D.

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HEMOSTASIS AND THROMBOSIS

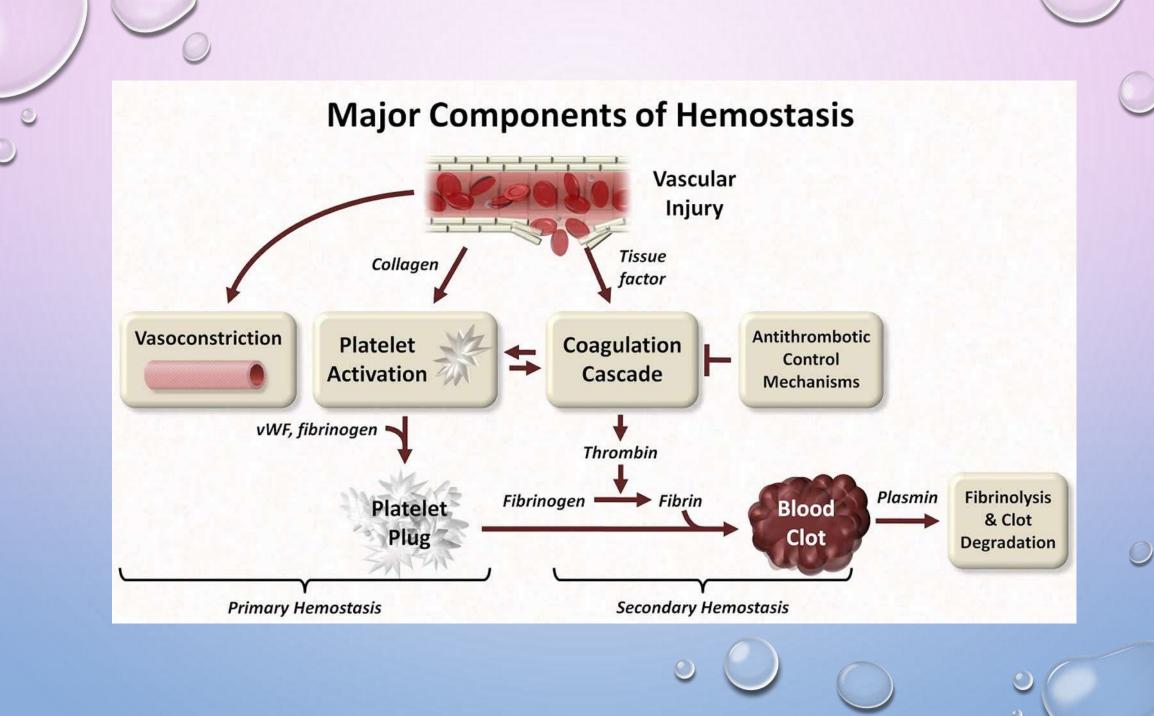
 Normal hemostasis comprises a series of regulated processes that culminate in the formation of a <u>blood clot</u> that limits bleeding from an <u>injured vessel</u>.

 The pathologic counterpart of hemostasis is thrombosis, the formation of blood clot (thrombus) within non-traumatized, intact vessels.



NORMAL HEMOSTASIS

 Hemostasis is process involving <u>platelets</u>, <u>clotting factors</u>, and <u>endothelium</u> that occurs at the site of vascular injury and culminates in the formation of a blood clot, which serves to prevent or limit the extent of bleeding.



MAJOR COMPONENT OF HEMOSTASIS

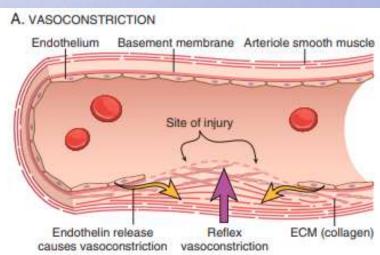
1.platelates

2.Clotting factors

3.Endothelium

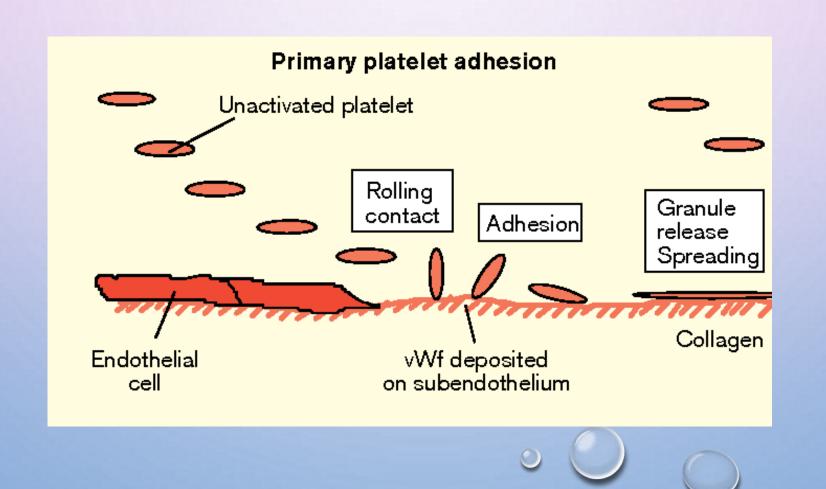
THE GENERAL SEQUENCE OF EVENTS LEADING TO HEMOSTASIS AT A SITE OF VASCULAR INJURY INCLUDE: I. PRIMARY HEMOSTASIS

- 1. ARTERIOLAR VASOCONSTRICTION:
- occurs immediately and markedly reduces blood flow to the injured area.
- it is mediated by reflex neurogenic mechanisms.
- it is augmented by endothelin, a potent endothelium-derived vasoconstrictor.
- this effect is transient, however, bleeding would resume if not followed by
 - activation of platelets and coagulation factors.



• 2. PLATELET ACTIVATION

THE FORMATION OF THE PLATELET PLUG.





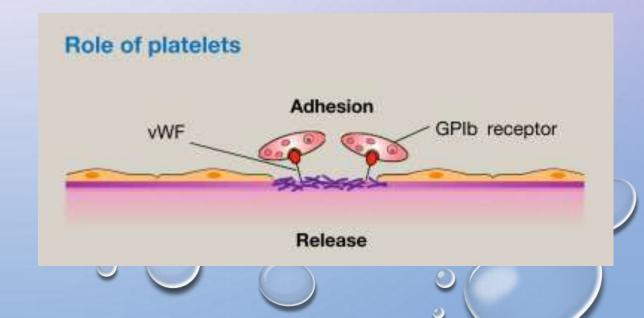
• PLATELETS

 platelets play a critical role in hemostasis by forming the primary plug that initially seals vascular defects and by providing a surface that binds and concentrates activated coagulation factors.

• platelets are disc-shaped anucleate cell fragments that are shed from megakaryocytes in the bone marrow into the bloodstream.

PLATELETS UNDERGO A SEQUENCE OF REACTIONS AFTER A TRAUMATIC VASCULAR INJURY THAT CULMINATE IN THE FORMATION OF A PLATELET PLUG

- <u>1. PLATELET ADHESION:</u>
- is mediated via interactions with vwf, which acts as a bridge between the platelet surface receptor glycoprotein ib (gpib) and exposed collagen.



2.PLATELET ACTIVATION.

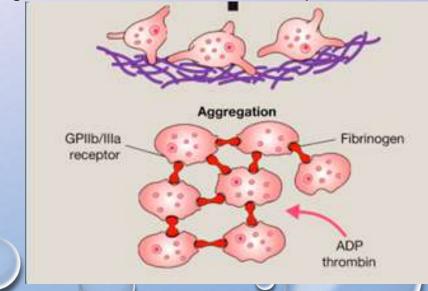
- <u>A. CHANGES IN SHAPE</u> from smooth discs to "spiky "with greatly increased surface area.
- alterations in glycoprotein iib/iiia that increase its affinity for fibrinogen
- the translocation of negatively charged phospholipids to the platelet surface

- B. SECRETION OF GRANULE CONTENTS, e.g.
- ✓ THROMBIN: activates platelets
- ✓ ADP: create an additional rounds of platelet activation.
- ✓ THROMBOXANE A2 (TXA2): a potent inducer of platelet aggregation.

3. PLATELET AGGREGATION FOLLOWS THEIR ACTIVATION.

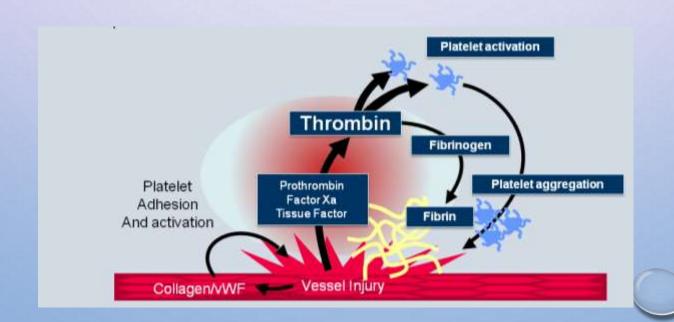
• The conformational change in glycoprotein iib/iiia allows binding of fibrinogen that forms bridges between adjacent platelets, leading to their aggregation.

- √ fibrinogen cause reversible aggregation
- √ thrombin cause irreversible aggregation (converts fibrinogen into insoluble fibrin).
- ✓ cytoskeleton cause contraction of the plug.



II .SECONDARY HEMOSTASIS:

- DEPOSITION OF FIBRIN.
- VASCULAR INJURY EXPOSES TISSUE FACTOR AT THE SITE OF INJURY.
- TISSUE FACTOR BINDS AND ACTIVATES FACTOR VII , SETTING IN MOTION A CASCADE OF REACTIONS THAT CULIMINATES IN THROMBIN GENERATION.

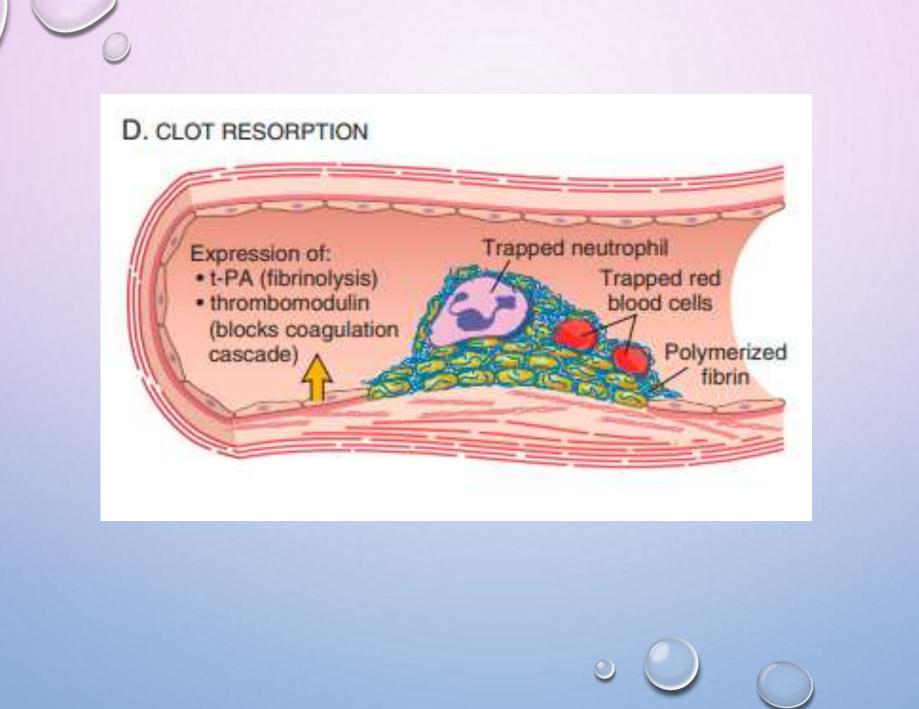


• M. CLOT STABILIZATION AND RESORPTION:

polymerized fibrin and platelet aggregates undergo contraction to form a solid,
 permanent plug that prevents further hemorrhage.

• entrapped red cells and leukocytes are also found in hemostatic plugs, in part due to adherence of leukocytes to p-selectin expressed on activated platelet

 at this stage, counterregulatory mechanisms (e.g., tissue plasminogen activator, t-pa made by endothelial cells) are set into motion that limit clotting to the site of injury, and eventually lead to clot resorption and tissue repair.

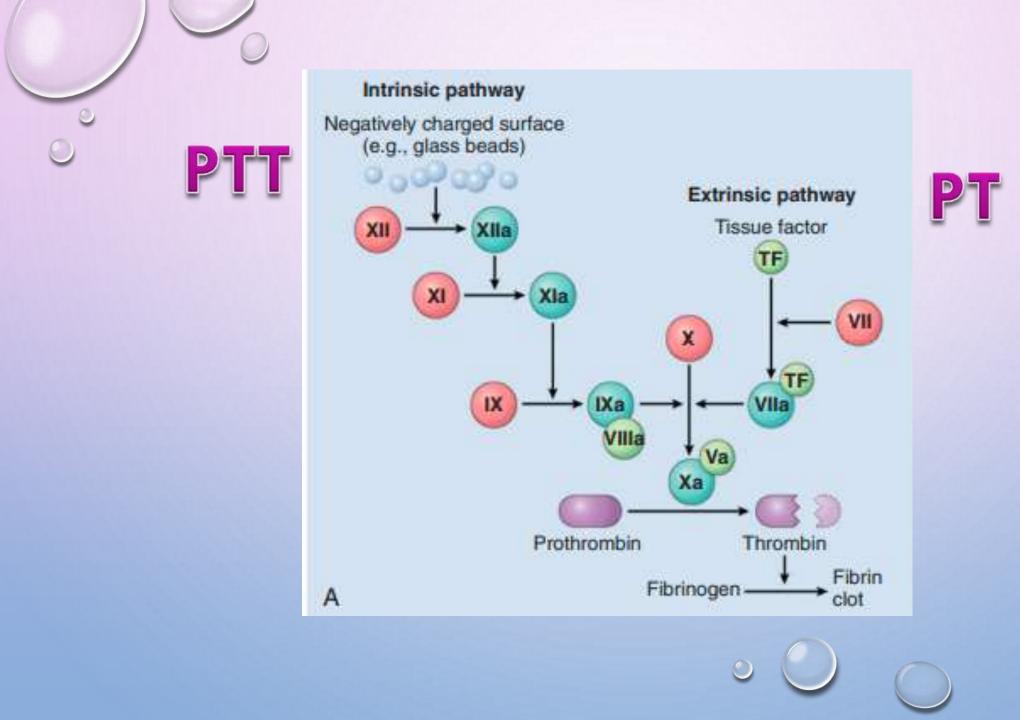


COAGULATION CASCADE

• the coagulation cascade is a series of amplifying enzymatic reactions that lead to the deposition of <u>an insoluble</u> fibrin clot.

each reaction step involves an enzyme (an activated coagulation factor), a
 substrate (an inactive proenzyme form of a coagulation factor), and a cofactor (a
 reaction accelerator).

• these components are assembled on a negatively charged phospholipid surface, which is provided by activated platelets. assembly of reaction complexes also depends on calcium







vitamin K antagonists

Mnemonic for Vitamin K Dependent Clotting Factors

"Two plus seven is nine NOT ten!"

2 7 9 10







- 1.THE PROTHROMBIN TIME (PT)
- ASSAY ASSESSES THE FUNCTION OF THE PROTEINS IN THE <u>EXTRINSIC PATHWAY (FACTORS VII,</u>
 X, V, II (PROTHROMBIN), AND FIBRINOGEN).
- THE PARTIAL THROMBOPLASTIN TIME (PTT)
- ASSAY SCREENS THE FUNCTION OF THE PROTEINS IN THE <u>INTRINSIC PATHWAY</u> (FACTORS XII, XI, IX, VIII, X, V, II, AND FIBRINOGEN.

AMONG THROMBIN'S MOST IMPORTANT ACTIVITIES ARE THE FOLLOWING:

- 1, CONVERSION OF FIBRINGEN INTO CROSSLINKED FIBRIN.
- THROMBIN DIRECTLY CONVERTS SOLUBLE FIBRINGEN INTO FIBRIN MONOMERS THAT POLYMERIZE INTO AN INSOLUBLE FIBRIL.
- 2.PLATELET ACTIVATION.
- 4. ANTI-COAGULANT EFFECTS.
- ENCOUNTERING NORMAL ENDOTHELIUM, THROMBIN CHANGES FROM A PROCOAGULANT TO AN ANTICOAGULANT.



FACTORS THAT LIMIT COAGULATION.

- coagulation must be restricted to the site of vascular injury to prevent dangerous consequences through:
- 1.simple dilution:
- blood flowing at the site of injury washes out activated coagulation factors, which are rapidly removed by the liver.
- 2.requirement for negatively charged phospholipids
- <u>3. fibrinolytic cascade</u>:
- through the enzymatic activity of plasmin, which breaks down fibrin and interferes with its polymerization.

fibrinolytic cascade

Plasminogen activators

Tissue plasminogen activator (tPA), urokinase, streptokinase staphylokinase, vampire bat PA

PAI-1

(inhibits tPA, present in blood in small concentration) Cleave plasminogen into active plasmin

Plasminogen



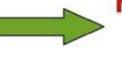
Plasmin

Degrades fibrin clot, core of thrombus

α₂-antiplasmin

(physiological inhibitor of plasmin present in blood in concentration 6-8X exceeding therapeutic dose of plasmin)

Fibrin



Fibrin degradation products



 AN ELEVATED LEVEL OF BREAKDOWN PRODUCTS OF FIBRINOGEN (D-DIMERS) ARE A USEFUL CLINICAL MARKERS OF SEVERAL THROMBOTIC STATES

D-Dimer test





ENDOTHELIUM

• The balance between the anticoagulant and procoagulant activities of endothelium often determines whether clot formation, propagation, or dissolution occurs.

1.PLATELET INHIBITORY EFFECTS:

- ✓ serve as a barrier that shields platelets from subendothelial vwf and collagen.
- ✓ releases a number of factors that inhibit platelet activation and aggregation. among the most important are prostacyclin (pgi2), nitric oxide (no).
- ✓ endothelial cells bind and alter the activity of thrombin, which is one of the most potent activators of platelets.

2. ANTICOAGULANT EFFECTS.

- normal endothelium shields coagulation factors from tissue factor in vessel walls and expresses multiple factors that actively oppose coagulation:
- MOST NOTABLY thrombomodulin, endothelial protein c receptor, heparin-like molecules, and tissue factor pathway inhibitor.



