# CVS-Community

Archive Lecture 1 Archive

Corrected By : Mohammed aldahamsha

Medical card

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### CVS-Community Lecture1 1. Primary prevention of early stage of disease is called answer. Secondary prevention 2. Which one of the followings considered as a Novel risk factors for CVD? a. Physical inactivity b. inflammatory markers (C-reactive protein) Answer: b c. Cigarette smoking e. Hypertension d. Obesity 3. Al the followings are Non-modifiable CVD risk factors EXCEPT? a. Diabetes mellitus b. Heredity or family history c. Age Answer : a d. Ethnicity or race e. Gender 4. All of the following about conventional risk factors are true, except? a. Risk factor of great public health significance b. High prevalence in many populations Answer : e c. Great independent impact on CVD risk d. Their control and treatment result in e .Low incidence 5. Increase homocysteine. Increase heart rate and blood pressure,, damage of blood a. carbon monoxide Answer: B B. tar and nicotine C. dopamine

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### 5. Novel risk factor for CVD

a. Excess homocysteine levels

### 6. What is incorrect about epidemiology of CVD?

- a. Japanese people living in Japan have higher risk of CHD than Japanese people living in San Francisco
- 7. All of the following are unhealthy eating habits for CVD, except

a. Diet low in refined carbohydrates

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