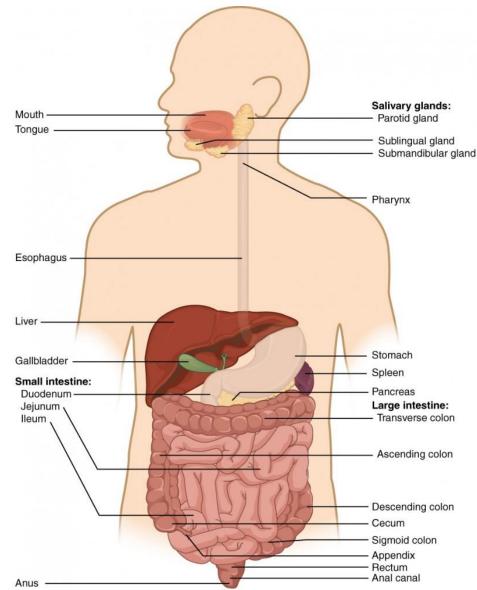


DR/ HEBAM. KAREEM

Anatomy and Physiology

- The digestive system, also called the gastrointestinal (GI) system, consists of a digestive tube called the GI tract or alimentary canal, and several accessory organs whose primary function is to break down food, prepare it for absorption, and eliminate waste. The GI tract, extending from the mouth to the anus.
- Food passing along the GI tract is mixed with digestive enzymes and broken down into nutrient molecules, which are absorbed in the bloodstream.
- Undigested waste materials not absorbed by the blood are then eliminated from the body through defecation. Included in the digestive system are the accessory organs of digestion: the liver, gallbladder, and pancreas.



Mouth

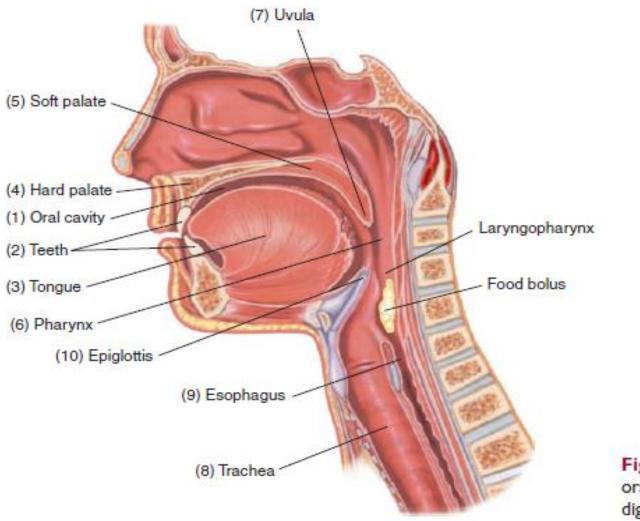


Figure 6-1. Sagittal view of the head showing oral, nasal, and pharyngeal components of the digestive system.

Anatomy and Physiology Key Terms

This section introduces important terms, along with their definitions and pronunciations. Word analyses for selected terms are also provided.

Term			Definition
bilirubin bĭl-ĭ-ROO-bĭn			Orange-colored or yellowish pigment in bile Bilirubin is formed principally by the breakdown of hemoglobin in red blood cells after termination of their normal lifespan.
bolus BŌ-1ŭs			Mass of masticated food ready to be swallowed
exocrine ĔKS-ō-krĭn <i>exo-:</i> outside, ou <i>-crine:</i> secrete	tward		Denotes a gland that secretes its products through excretory ducts to the surface of an organ or tissue or into a vessel
sphincter SFINGK-tĕr			Circular band of muscle fibers that constricts a passage or closes a natural opening of the body An example of a sphincter is the lower esophageal (cardiac) sphincter that constricts once food has passed into the stomach.
Pronunciation Help	0	ā—ra ă—al	

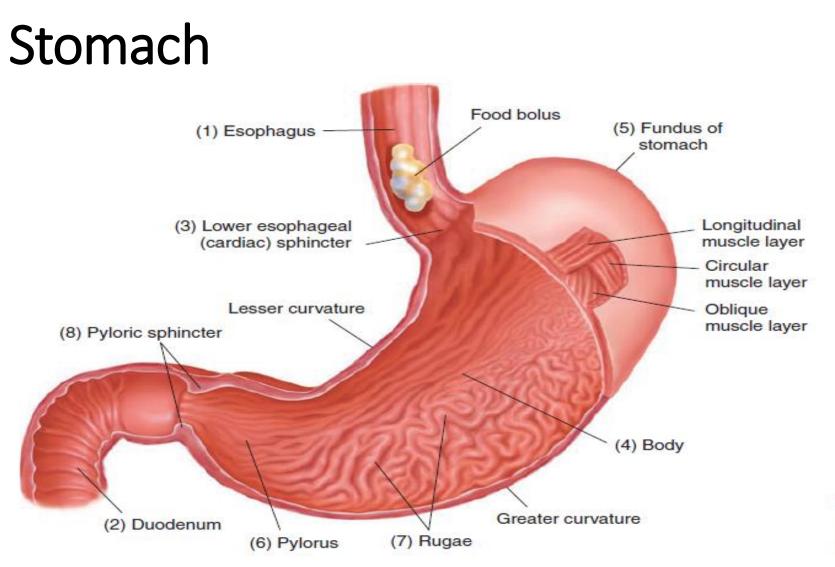


Figure 6-2. Anterior view of the stomach showing muscle layers and rugae of the mucosa.

Accessory Organs of Digestion

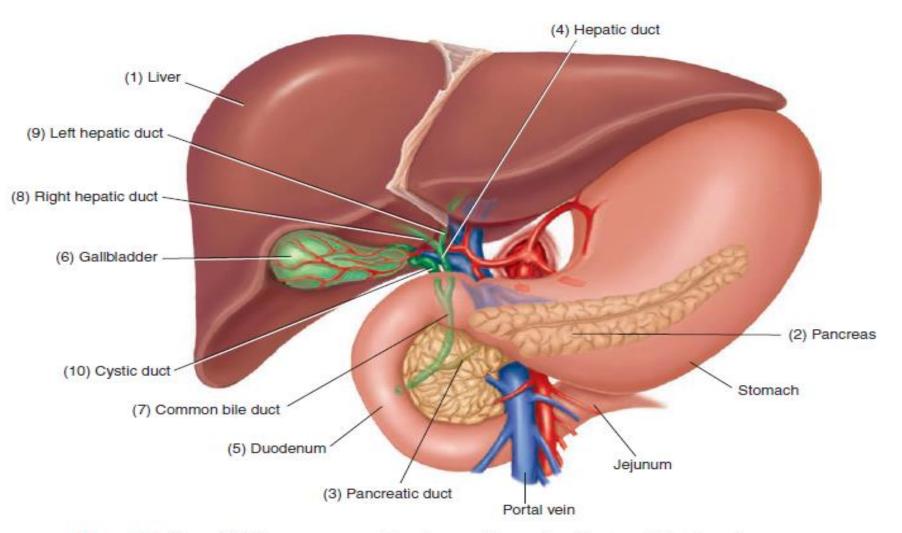


Figure 6-4. Liver, gallbladder, pancreas, and duodenum with associated ducts and blood vessels.

Medical Wc^{Zoom in (Ctrl+Plus)} nents

This section introduces combining forms, suffixes, and prefixes related to the digestive system. Word analyses are also provided.

Element	Meaning	Word Analysis
Combining Forms		
Mouth		
or/o	mouth	or/al (OR-ăl): pertaining to the mouth -al: pertaining to
stomat/o		<pre>stomat/itis (stŏ-mă-TĪ-tĭs): inflammation of the mouth -itis: inflammation</pre>
gloss/o	tongue	gloss/ectomy (glŏs-ĚK-tō-mē): removal of all or part of the tongue -ectomy: excision, removal
lingu/o		<pre>lingu/al (LING-gwal): pertaining to the tongue -al: pertaining to</pre>
bucc/o	cheek	bucc /al (BŬK-ăl): pertaining to the cheek -al: pertaining to

cheil/o	lip	cheil/o/plasty (KĪ-lō-plăs-tē): surgical repair of a defective lip <i>-plasty:</i> surgical repair
labi/o		labi /al (LĀ-bē-ăl): pertaining to the lips, particularly the lips of the mouth <i>-al:</i> pertaining to
dent/o	teeth	dent /ist (DĚN-tĭst): specialist who diagnoses and treats diseases and disor- ders of teeth <i>-ist:</i> specialist
odont/o		orth/ odont /ist (or-thō-DŎN-tĭst): dentist who specializes in correcting and preventing irregularities of abnormally positioned or aligned teeth <i>orth</i> : straight <i>-ist:</i> specialist
gingiv/o	gum(s)	gingiv/ectomy (jĭn-jĭ-VĚK-tō-mē): excision of diseased gingival tissue -ectomy: excision, removal Gingivectomy is performed as a surgical treatment for periodontal disease.
sial/o	saliva, salivary gland	sial/o/lith (sī-ĂL-ō-lĭth): calculus formed in a salivary gland or duct -lith: stone, calculus

Esophagus, Pharynx, and Stomach		
esophag/o	esophagus	esophag/o/scope (ē-SŎF-ă-gō-skōp): instrument used to examine the esophagus - <i>scope:</i> instrument for examining
pharyng/o	pharynx (throat)	pharyng/o/tonsill/itis (fă-rĭng-gō-tŏn-sĭ-LĪ-tĭs): inflammation of the phar- ynx and tonsils <i>tonsill:</i> tonsils <i>-itis:</i> inflammation

Medical W	ord Elemen	ts—cont'd
Element	Meaning	Word Analysis
gastr/o	stomach	gastr/algia (găs-TRĂL-jē-ă): pain in the stomach; also called <i>stomachache</i> - <i>algia:</i> pain
pylor/o	pylorus	pylor/o /spasm (pī-LOR-ō-spăzm): involuntary contraction of the pyloric sphincter of the stomach, as in pyloric stenosis <i>-spasm:</i> involuntary contraction, twitching
Small Intestine		
duoden/o	duodenum (first part of small intestine)	duoden/o /scopy (dū-ŏd-ĕ-NŎS-kō-pē): visual examination of the duodenum <i>-scopy:</i> visual examination
enter/o	intestine (usually small intestine)	enter/o/pathy (ĕn-tĕr-ŎP-ă-thē): disease of the intestine <i>-pathy:</i> disease

jejun/o	jejunum (second part of small intestine)	jejun/o/rrhaphy (jĕ-joo-NOR-ă-fē): suture of the jejunum <i>-rrhaphy:</i> suture
ile/o	ileum (third part of small intestine)	ile/o/stomy (ĭl-ē-ŎS-tō-mē): creation of an opening between the ileum and the abdominal wall -stomy*: forming an opening (mouth) An ileostomy creates an opening on the surface of the abdomen to allow feces to be discharged into a bag worn on the abdomen.
Large Intestine		
append/o appendic/o	appendix	 append/ectomy (ăp-ĕn-DĚK-tō-mē): excision of the appendix -ectomy: excision, removal Appendectomy is performed to remove a diseased appendix in danger of rupturing. appendic/itis (ă-pĕn-dĭ-SĪ-tĭs): inflammation of the appendix -itis: inflammation
col/o	colon	col/o/stomy (kō-LŎS-tō-mē): creation of an opening between the colon and the abdominal wall

Medical W	ord Element	ts—cont'd
Element	Meaning	Word Analysis
Terminal End of Large Intestine		
rect/o	rectum	rect/o/cele (RĚK-tŏ-sēl): herniation or protrusion of the rectum; also called <i>proctocele</i> <i>-cele:</i> hernia, swelling
proct/o	anus, rectum	proct/o/logist (prŏk-TŎL-ō-jĭst): physician who specializes in treating disor- ders of the colon, rectum, and anus <i>-logist:</i> specialist in the study of
an/o	anus	peri/an/al (pĕr-ē-Ā-năl): pertaining to the area around the anus <i>peri-:</i> around <i>-al:</i> pertaining to

Accessory Organs of Digestion		
hepat/o	liver	hepat/o/megaly (hĕp-ă-tō-MĚG-ă-lē): enlargement of the liver <i>-megaly:</i> enlargement
pancreat/o	pancreas	pancreat/o/lysis (păn-krē-ă-TŎL-ĭ-sĭs): destruction of the pancreas by pancreatic enzymes -lysis: separation; destruction; loosening
cholangi/o	bile vessel	cholangi/ole (kō-LĂN-jē-ōl): small terminal portion of the bile duct <i>-ole:</i> small, minute
chol/e**	bile, gall	<pre>chol/e/lith (KŌ-lē-lĭth): gallstone -lith: calculus, stone Gallstones are solid masses composed of bile and cholesterol that form in the gall- bladder and common bile duct.</pre>
cholecyst/o	gallbladder	cholecyst/ectomy (kō-lē-sĭs-TĚK-tō-mē): removal of the gallbladder -ectomy: excision, removal Cholecystectomy is performed by laparoscopic or open surgery.

choledoch/o	bile duct	choledoch/o /plasty (kō-LĚD-ō-kō-plăs-tē): surgical repair of the common bile duct <i>-plasty:</i> surgical repair
Suffixes		
-emesis	vomit	hyper/emesis (hī-pĕr-ĔM-ĕ-sĭs): excessive vomiting <i>hyper-:</i> excessive, above normal
-iasis	abnormal condition (produced by something specified)	chol/e/lith/iasis (kō-lē-lĭ-THĪ-ă-sĭs): presence or formation of gallstones in the gallbladder or common bile duct <i>chol/e:</i> bile, gall <i>lith:</i> stone, calculus When gallstones form in the common bile duct, the condition is called choledocholithiasis

*The *e* in *chol/e* is an exception to the rule of using the connecting vowel *o*.

Medical W	ord Elemen	ts—cont'd
Element	Meaning	Word Analysis
-megaly	enlargement	hepat/o/ megaly (hĕp-ă-tō-MĚG-ă-lē): enlargement of the liver hepat/o: liver Hepatomegaly may be caused by hepatitis or infection, fatty infiltration (as in alcoholism), biliary obstruction, or malignancy.
-orexia	appetite	an/orexia (ăn-ō-RĚK-sē-ă): loss of appetite an-: without, not Anorexia can result from various conditions, such as adverse effects of drugs or various physical or psychological causes.
-pepsia	digestion	dys/ pepsia (dĭs-PĚP-sē-ă): epigastric discomfort felt after eating; also called <i>indigestion dys-:</i> bad; painful; difficult
-phagia	swallowing, eating	aer/o/ phagia (ĕr-ō-FĀ-jē-ă): swallowing air <i>aer/o:</i> air
-prandial	meal	post/ prandial (pōst-PRĂN-dē-ăl): following a meal <i>post-:</i> after, behind

-rrhea	discharge, flow	steat/o/ rrhea (stē-ă-tō-RĒ-ă): excessive amount of fat discharged in fecal matter <i>-rrhea:</i> discharge, flow
Prefixes		
dia-	through, across	dia/rrhea (dī-ă-RĒ-ă): abnormally frequent discharge or flow of fluid fecal matter from the bowel <i>-rrhea:</i> discharge, flow
peri-	around	<pre>peri/sigmoid/itis (pĕr-ĭ-sĭg-moy-DĪ-tĭs): inflammation of peritoneal tissue around the sigmoid colon peri-: around -itis: inflammation</pre>
sub-	under, below	sub/lingu/al (sŭb-LľNG-gwăl): pertaining to the area under the tongue <i>lingu:</i> tongue -al: pertaining to

Term Zoom in (Ctrl+Plus)

anorexia ăn-ō-RĚK-sē-ă *an-: w*ithout, not *-orexia:* appetite

appendicitis ă-pĕn-dĭ-SĪ-tĭs *appendic:* appendix *-itis:* inflammation

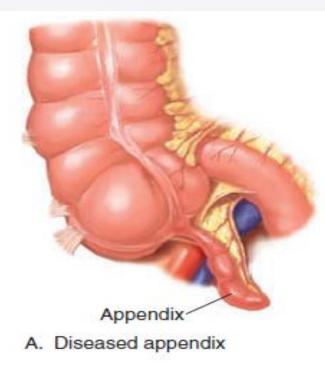
Definition

Lack or loss of appetite, resulting in the inability to eat

Anorexia should not be confused with anorexia nervosa, which is a complex psychogenic eating disorder characterized by an all-consuming desire to remain thin. Anorexia nervosa and a similar eating disorder called bulimia nervosa are discussed in Chapter 14.

Inflammation of the appendix, usually due to obstruction or infection

If left undiagnosed, appendicitis rapidly leads to perforation and peritonitis. Treatment is appendectomy within 24 to 48 hours of the first symptoms because delay usually results in rupture and peritonitis as fecal matter is released into the peritoneal cavity. (See Figure 6–7.)



ascites ă-SĪ-tēz Abnormal accumulation of fluid in the abdomen

Ascites is most commonly associated with cirrhosis of the liver, especially when caused by alcoholism. Failure of the liver to produce albumin (a protein that regulates the amount of fluid in the circulatory system), combined with portal hypertension forces fluid to pass from the circulatory system and accumulate in the peritoneum. (continued)

Diagnostic, Symptomatic, and Related Terms—cont'd

borborygmus bōr-bō-RÌG-mŭs

cachexia kă-KĚKS-ē-ă

Term

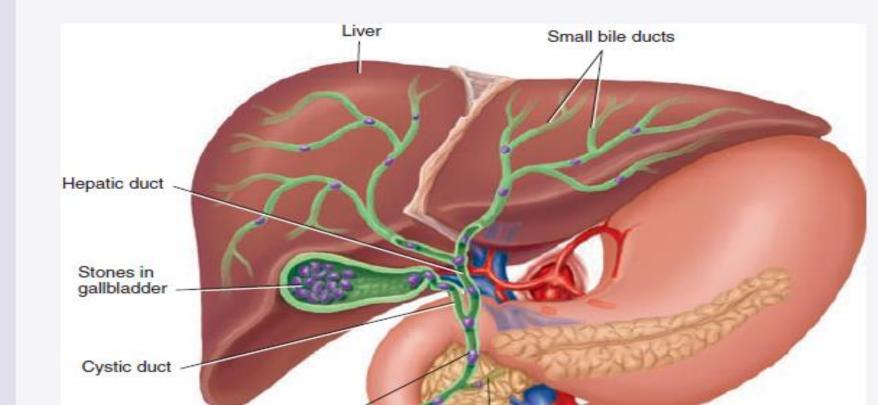
cholelithiasis kō-lē-lĭ-THĪ-ă-sĭs *chol/e:* bile, gall *lith:* stone, calculus *-iasis:* abnormal condition (produced by something specified)

Definition

Rumbling or gurgling noises that are audible at a distance and caused by passage of gas through the liquid contents of the intestine

Physical wasting that includes loss of weight and muscle mass; commonly associated with AIDS and cancer.

Presence or formation of gallstones in the gallbladder or common bile duct *Cholelithiasis may or may not produce symptoms*. (See Figure 6–8.)



cirrhosis sĭr-RŌ-sĭs	Scarring and dysfunction of the liver cause by chronic liver disease Cirrhosis is most commonly caused by chronic alcoholism. It may also be caused by toxins, infectious agents, metabolic diseases, and circulatory disorders. In this disor- der, functional hepatic cells are replaced by nonfunctioning fibrous tissue that impairs the flow of blood and lymph within the liver, resulting in hepatic insufficiency.
	the flow of blood and tymph within the troet, resulting in hepatic thsuff ittency.
colic KŎL-ĭk	Spasm in any hollow or tubular soft organ especially in the colon, accom- panied by pain
Crohn disease KRŌN	Chronic inflammation, usually of the ileum, but possibly affecting any portion of the intestinal tract; also called <i>regional enteritis</i> <i>Crohn disease is a chronic disease distinguished from closely related bowel disor-</i> <i>ders by its inflammatory pattern. It may cause fever, cramping, diarrhea, and</i> <i>weight loss.</i>
deglutition dē-gloo-TĬSH-ŭn	Act of swallowing

Diagnostic, Symptomatic, and Related Terms—cont'd			
Term	Definition		
dysentery DĬS-ĕn-tĕr-ē	Inflammation of the intestine, especially the colon, that may be caused by ingesting water or food containing chemical irritants, bacteria, protozoa, or parasites, which results in bloody diarrhea		
	Dysentery is common in underdeveloped countries and in times of disaster when sanitary living conditions, clean food, and safe water are not available.		
dyspepsia dĭs-PĔP-sē-ă <i>dys-:</i> bad; painful; difficult <i>-pepsia:</i> digestion	Epigastric discomfort felt after eating; also called <i>indigestion</i>		
dysphagia dĭs-FĀ-jē-ă <i>dys-:</i> bad; painful; difficult <i>-phagia:</i> swallowing, eating	Inability or difficulty in swallowing; also called <i>aphagia</i>		
eructation ĕ-rūk-TĀ-shŭn	Producing gas from the stomach, usually with a characteristic sound; also called <i>belching</i>		
fecalith FĒ-kă-lĭth	Fecal concretion		
flatus FLĀ-tŭs	Gas in the GI tract; expelling of air from a body orifice, especially the anus		

gastroesophageal reflux disease (GERD) găs-trō-ĕ-s-ŏf-ă-JĒ-ăl RĒ-flŭks gastr/o: stomach esophag: esophagus -eal: pertaining to	Backflow of gastric contents into the esophagus due to a malfunction of the sphincter muscle at the inferior portion of the esophagus GERD may occur whenever pressure in the stomach is greater than that in the esophagus and may be associated with heartburn, esophagitis, hiatal hernia, or chest pain.
halitosis hăl-ĭ-TŌ-sĭs	Offensive, or "bad," breath
hematemesis hĕm-ăt-ĚM-ĕ-sĭs <i>hemat:</i> blood <i>-emesis:</i> vomiting	Vomiting of blood from bleeding in the stomach or esophagus Hematemesis can be caused by an esophageal ulcer, esophageal varices (dilation of veins), or a gastric ulcer. Treatment requires correction of the underlying cause.
irritable bowel syndrome (IBS)	Symptom complex marked by abdominal pain and altered bowel function (typically constipation, diarrhea, or alternating constipation and diarrhea) for which no organic cause can be determined; also called <i>spastic colon Contributing or aggravating factors of IBS include anxiety and stress.</i>
malabsorption syndrome măl-ăb-SORP-shŭn SĬN-drōm	Symptom complex of the small intestine characterized by the impaired passage of nutrients, minerals, or fluids through intestinal villi into the blood or lymph
	Malabsorption syndrome may be associated with or due to a number of diseases, including those affecting the intestinal mucosa. It may also be due to surgery, such as gastric resection and ileal bypass, or antibiotic therapy. (continued)

Diagnostic, Symptomatic, and Related Terms—cont'd

Term	Definition
melena MĔL-ĕ-nă	Passage of dark-colored, tarry stools, due to the presence of blood altered by intestinal juices
obesity ō-BĒ-sĭ-tē	Excessive accumulation of fat that exceeds the body's skeletal and physical standards, usually an increase of 20 percent or more above ideal body weight. <i>Obesity may be due to excessive intake of food (exogenous) or metabolic or endocrine abnormalities (endogenous)</i> .
morbid obesity ō-BĒ-sĭ-tē	Body mass index (BMI) of 40 or greater, which is generally 100 or more pounds over ideal body weight. <i>Morbid obesity is a disease with serious psychological, social, and medical rami-</i> <i>fications and one that threatens necessary body functions such as respiration.</i>
obstipation ŏb-stĭ-PĀ-shŭn	Severe constipation; may be caused by an intestinal obstruction
oral leukoplakia OR-ăl loo-kō-PLĀ-kē-ă <i>leuk/o:</i> white <i>-plakia:</i> plaque	Formation of white spots or patches on the mucous membrane of the tongue, lips, or cheek caused primarily by irritation Oral leukoplakia is a precancerous condition usually associated with pipe or cigarette smoking or ill-fitting dentures.
peristalsis pēr-ĭ-STĂL-sĭs	Progressive, wavelike movement that occurs involuntarily in hollow tubes of the body, especially the GI tract

pyloric stenosis pī-LOR-ĭk stĕ-NŌ-sĭs pylor: pylorus -ic: pertaining to sten: narrowing, stricture -osis: abnormal condition; increase (used primarily with blood cells) Stricture or narrowing of the pyloric sphincter (circular muscle of the pylorus) at the outlet of the stomach, causing an obstruction that blocks the flow of food into the small intestine

The muscle fibers of the outlet are cut, without severing the mucosa, to widen the opening. After surgery in adults, a stomach tube remains in place and observation is maintained for signs of hemorrhage or blockage of the tube.

regurgitation rē-gŭr-jĭ-TĀ-shŭn

steatorrhea stē-ă-tō-RĒ-ă *steat/o*: fat *-rrhea*: discharge, flow Backward flowing, as in the return of solids or fluids to the mouth from the stomach

Passage of fat in large amounts in the feces due to failure to digest and absorb it *Steatorrhea may occur in pancreatic disease when pancreatic enzymes are not sufficient. It also occurs in malabsorption syndrome.*

Diagnostic and Therapeutic Procedures

This section introduces procedures used to diagnose and treat digestive system disorders. Descriptions are provided as well as pronunciations and word analyses for selected terms.

Procedure	Description
Diagnostic Procedures	
Endoscopic	
endoscopy ĕn-DŎS-kō-pē	Visual examination of a cavity or canal using a flexible fiberoptic instru- ment called an <i>endoscope</i>
<i>endo-:</i> in, within <i>-scopy:</i> visual examinination	The organ, cavity, or canal being examined dictates the name of the endoscopic procedure. (See Figure 4-6.) A camera and video recorder are commonly used during the procedure to provide a permanent record.
upper GI	Endoscopy of the esophagus (esophagoscopy), stomach (gastroscopy), and duodenum (duodenoscopy)
	Endoscopy of the upper GI tract is performed to identify tumors, esophagitis, gastroesophageal varices, peptic ulcers, and the source of upper GI bleeding. It is also used to confirm the presence and extent of varices in the lower esophagus and stomach in patients with liver disease.
lower GI	Endoscopy of the colon (colonoscopy), sigmoid colon (sigmoidoscopy), and rectum and anal canal (proctoscopy) (See Figure 6-9.)
	Endoscopy of the lower GI tract is used to identify pathological conditions in the colon. It may also be used to remove polyps. When polyps are discovered in the

colon, they are retrieved and tested for cancer.

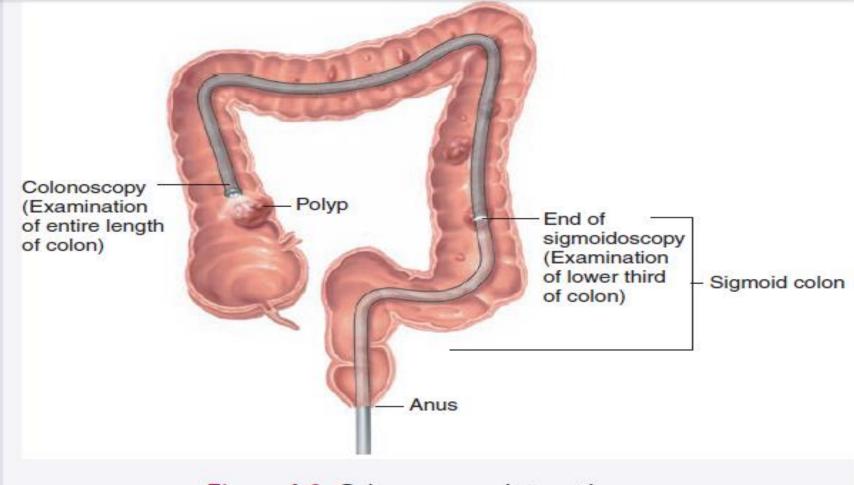


Figure 6-9. Colonoscopy and sigmoidoscopy.

Laboratory

hepatitis panel hep-ă-TĪ-tĭs *hepat:* liver *-itis: i*nflammation Panel of blood tests that identify the specific virus—hepatitis A (HAV), hepatitis B (HBV), or hepatitis C (HCV)-causing hepatitis by testing serum using antibodies to each of these antigens

(continued)

Table 6-1 Drugs Used to Treat Digestive Disorders

This table lists common drug classifications used to treat digestive disorders, their therapeutic actions, and selected generic and trade names.

Classification	Therapeutic Action	Generic and Trade Names	
antacids	Counteract or neutralize acidity, usually in the stomach	calcium carbonat e KĂL-sē-ŭm KĂR-bŏn-āt	
	Antacids are used to treat and	Mylanta, Rolaids, Tums	
	prevent heartburn and acid reflux.		
antidiarrheals	Control loose stools and relieve diarrhea	loperamide	
	by absorbing excess water in the bowel or	lō-PĔR-ă-mīd	
	slowing peristalsis in the intestinal tract	Imodium	
		kaolin/pectin	
		KĀ-ō-lǐn PĚK-tǐn	
		Donnagel-MB, Kapectolin	
		(contin	ued)

Table 6-1 Drugs Used to Treat Digestive Disorders—cont'd

Classification antiemetics	Therapeutic Action Control nausea and vomiting by blocking nerve impulses to the vomiting center of the brain	Generic and Trade Names ملاحظة: اسماء الادوية للاطلاع فقط prochlorperazine prō-klor-PĔR-ă-zēn Compazine, Compro
	Some emetics act by hastening movement of food through the digestive tract.	trimethobenzamide trī-mĕth-ō-BĚN-ză-mīd T-Gen, Tigan
antispasmodics	Decrease gastrointestinal (GI) spasms by slowing peristalsis and motility throughout the GI tract	glycopyrrolate glī-kō-PĬR-rō-lāt Robinul
	Antispasmodics are prescribed for irritable bowel syndrome (IBS), spastic colon, and diverticulitis.	propantheline prō-PĂN-thě-lēn Pro-Banthine
laxatives	Treat constipation by increasing peristaltic activity in the large intestine or increasing water and electrolyte secretion into the bowel to induce defecation	senna, sennosides SĚN-ă, SĚN-ō-sīdz Senokot, Senolax psyllium SĬL-ē-ŭm Metamucil, Natural Fiber Supplement

Abbreviations

This section introduces digestive-related abbreviations and their meanings.

Abbreviation	Meaning	Abbreviation	Meaning
Common			
ABC	aspiration biopsy cytology	EGD	esophagogastroduodenoscopy
alk phos	alkaline phosphatase	ERCP	endoscopic retrograde cholan- giopancreatography
ALT	alanine aminotransferase	GB	gallbladder
AST	angiotensin sensitivity	GBS	gallbladder series (x-ray studies)
Ba	barium	GER	gastroesophageal reflux
BaE, BE	barium enema	GERD	gastroesophageal reflux disease
BM	bowel movement	GI	gastrointestinal
BMI	body mass index	HAV	hepatitis A virus
CF	cystic fibrosis	HBV	hepatitis B virus
СТ	computed tomography	HCV	hepatitis C virus

Abbreviations—cont'd			
Abbreviation	Meaning	Abbreviation	Meaning
HDV	hepatitis D virus	PTHC	percutaneous transhepatic cholangeography
HEV	hepatitis E virus	stat, STAT	immediately
IBS	irritable bowel syndrome	PMH	past medical history
LFT	liver function test	PUD	peptic ulcer disease
NG	nasogastric	RGB	Roux-en-Y gastric bypass
PE	physical examination; pulmonary embolism	R/O	rule out
Medication time sch	nedule		
a.c.	before meals	qAM	every morning
b.i.d.	twice a day	q.d.	every day
hs	half strength	q.h.	every hour
h.s.	at bedtime	q.2h.	every 2 hours
NPO, n.p.o.	nothing by mouth	q.i.d.	four times a day
pc, p.c.	after meals	q.o.d.	every other day



Thank you