

Opioid and Opioid Antagonists

Analgesic Drugs

Types of Analgesic Drugs

Narcotic analgesics (opioid drugs) relieve pain centrally but can cause drowsiness in large doses. Prolonged use can lead to tolerance and dependence.

Non-steroidal anti-inflammatory drugs (NSAIDs) are another class of analgesics that reduce inflammation and pain.

Analgesic-antipyretics are used to relieve pain and reduce fever.

Drugs for neuropathic pain and migraine are specialized treatments targeting specific types of pain.

Classification of Narcotic Analgesics

Types of Opioid Receptors

Mu (μ) Receptors: Responsible for supra-spinal and spinal analgesia, sedation, inhibition of respiration, constipation, and modulation of hormone and neurotransmitter release.

Kappa (κ) Receptors: Involved in supraspinal and spinal analgesia, psychotomimetic effects, and constipation.

Delta (δ) Receptors: Contribute to supraspinal and spinal analgesia and modulation of hormone and neurotransmitter release.

Pharmacokinetics of Opioids

The half-life ($t_{1/2}$) of opioids is typically 2-3 hours, with a duration of action of 6-8 hours.

Opioids are well absorbed orally, subcutaneously (S.C.), and intramuscularly (I.M.), but have low oral bioavailability (30%).

Routes of administration include intravenous (I.V.) for shock, transdermal patches, and nasal insufflation to bypass first-pass metabolism.

Morphine: A Key Opioid

Distribution and Metabolism

Morphine is distributed throughout the body and crosses the placental barrier, posing risks during pregnancy and labor.

It is metabolized into morphine-6-glucuronide (more active) and morphine-3-glucuronide (neuro-excitatory), with metabolites excreted by the kidneys.

Pharmacodynamics and Mechanism of Action

Morphine stimulates opiate receptors in the central nervous system (C.N.S.) and periphery, inhibiting adenyl cyclase and decreasing cAMP levels.

Presynaptically, it blocks calcium channels, reducing the release of excitatory neurotransmitters like glutamate and substance P.

Postsynaptically, it opens potassium channels, leading to hyperpolarization and inhibitory postsynaptic potential (IPSP).

Pharmacological Actions of Morphine

Central Nervous System Effects

Depressant Actions: Effective analgesic for deep visceral pain, narcosis, and depression of respiratory and vasomotor centers.

Autonomic Nervous System Effects

Enhances parasympathetic activity (bradycardia) while depressing sympathetic activity (hypotension).

Gastrointestinal and Renal Effects

Morphine decreases gastrointestinal secretions, causes constipation, and can lead to urine retention due to ureteric spasm.

Therapeutic Uses of Morphine

Indications for Morphine Use

Pain Management: Effective for severe visceral pain, including cardiac pain, cancer pain, and postoperative pain.

Preanesthetic Medication: Provides analgesia and sedation but may delay awakening and cause respiratory depression.

Pulmonary Edema: Reduces anxiety and preload in acute left ventricular failure.

Neurogenic Shock: Administered via slow I.V. route to manage shock.

Side Effects and Contraindications

Common side effects include CNS depression, respiratory issues, constipation, urinary retention, and potential for dependence.

Contraindications include age extremes, head injuries, increased intracranial pressure, and impaired pulmonary function.

Morphine Toxicity

Acute and Chronic Toxicity

Acute Toxicity: Symptoms include coma, pinpoint pupils, and respiratory failure. Treatment involves artificial respiration and administration of naloxone.

Treatment of Morphine Addiction

Chronic Toxicity: Characterized by tolerance, dependence, and withdrawal symptoms upon cessation, including pain, muscle spasms, and gastrointestinal disturbances.

Treatment strategies include gradual withdrawal, replacement with methadone, and use of buprenorphine for maintenance therapy.

Other Opioids and Their Characteristics

Codeine and Its Uses

Codeine is a phenanthrene opium alkaloid with better oral bioavailability and is used as an analgesic and antitussive.

Semi-Synthetic and Synthetic Opioids

Heroin: Highly lipid-soluble, addictive, and not used for medical purposes.

Meperidine: Less potent than morphine, used for severe pain and preanesthetic medication.

Fentanyl: A potent synthetic opioid used in anesthesia and pain management, with a rapid onset and short duration.

Mixed Agonist-Antagonists

Drugs like pentazocine and buprenorphine act as partial agonists at mu receptors and are used in pain management and addiction treatment.

Narcotic Antagonists

Naloxone: Used for acute morphine poisoning and neonatal asphyxia, with a short half-life.

Naltrexone: An oral antagonist used in addiction treatment with a longer duration of action.