

public health

Archive

Lecture 10+11

family planing

Medical card

Name _____

Date of b

Gender _____

Address _____

Date of call _____

Designed By :

Raneem Dmour



1. One statement of the following is INCORRECT regarding birth control methods:

- a. Some women are more likely than others to encounter problems with specific methods.
- b. All contraceptive methods are safe to use.
- c. Male condoms protect against STDs.
- d. All contraceptives involve some risks to the user.
- e. Exclusion of contraindications to methods are important safety element to be considered.

Answer: D

2. One statement of the following is INCORRECT regarding intrauterine contraceptives:

- a. Immediate return to fertility upon removal.
- b. Effective immediately.
- c. Do not affect breastfeeding.
- d. Short-term method (especially with 380 A)
- e. Do not interfere with intercourse.

Answer: D

3. The best continuation rate of any used contraceptive method is:

- a. Norplant (subdermal implants).
- b. Sterilization.
- c. IUDs
- d. Male condoms and spermicidals.
- e. Oral contraceptive pills.

Answer: B

4. ** The question is asking about the method of the longest effective period **

One statement is INCORRECT regarding being a good and effective family planning counselor:

- a. Understands and respects the clients' rights.
- b. Earns the clients' trusts.
- c. Dominates the counselling session and prevent the client from asking questions.
- d. Understands the benefits and limitations of all contraceptive methods.
- e. Understands the cultural and emotional factors that affect a woman's (or a couple's) decision to use a particular contraceptive.

Answer: C

5. One of the following contraceptive methods is considered a traditional one:

- a. Male sterilization.
- b. Norplant.
- c. Female condom.
- d. Coitus interruptus.
- e. IUDs.

Answer: D

6. All of the following contraceptives provides a protection against STDs, EXCEPT:

- a. Condoms (male and female).
- b. Spermicides (some protection)
- c. Monogamous relationship.
- d. Abstinence.
- e. IUDs.

Answer: E

7. All of the followings are true about family planning, EXCEPT:

- a. Optimal birth spacing interval is 18 months.
- b. Helps adolescents make responsible choices.
- c. Benefits couples, family and community.
- d. Spaces pregnancies, which save children's lives and improves their health.
- e. Saves women's lives and improve their health.

Answer: A

8. All of the followings are true about family planning impacts, EXCEPT:

- a. It reduces maternal morbidity and mortality.
- b. It is the best solution to cut the cycle of poverty.
- c. It improves the quality of life.
- d. It provides good opportunity for infant care.
- e. It raises standard of living by decreasing number of dependents.

Answer: B

9. Factors favoring the acceptance of contraceptive methods include all of the followings, EXCEPT:

- a. Being irreversible.
- b. Absence of side effects.
- c. Independence on coitus.
- d. Being inexpensive.
- e. Requiring minimal intervention from the medical professionals.

Answer: A

10. One of the following contraceptive methods provides protection against STDs:

- a. Lactational amenorrhea.
- b. IUDs.
- c. Pills.
- d. Injections.
- e. Condoms.

Answer: E

11. One of the following is incorrect about lactational amenorrhea method:

- a. Effective immediately.
- b. Passive immunization is one of its benefits.
- c. Decreased postpartum bleeding is one of its benefits.
- d. It is considered the best source of nutrition to the child.
- e. It has a few systemic side effects.

Answer: E