

Endemic dis.

consistently present limited to particular region.

EBV mostly benign.
 H. V.
 Folliculitis tonsillitis.
 strep. A.
 diptheria.
 salmonella
 rickettsia.
 hepatitis
 PSN & Cs
 SLE & Cu.
 1 year disease.
 humoral for one year.

Bacterial

Viral

Infectious mononucleosis.

Zoonotic.
 موجود منا والحيوان
 Cattle
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Brucellosis

الحُمى المتقطعة

MC systemic dis. can affect any part of body
 - constant
 - Gram -ve bact. (intracellular)
 - Contagious.
 Infective rate ~ 5%
 - 6-10 → age with high incidence
 direct contact
 raw milk
 على!

hepatosplenomegally.
 2/3

Fever
 1 in 100%

arthritis.
 hip
 knee
 ankles.
 limping

Brucellosis manifests as undulant fever and the causative pathogen is transmitted by unpasteurized dairy products.
 mainly at night
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you should rule out
 Brucella test +ve
 Titer
 - Serology.
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<8 y → TMP-SMX
 - Rifampicin
 >8 y → Doxycycline.
 during preg → Rifampicin.
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Recurrent? Yes No immunity.
 rickettsia.
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Complications:
 osteomyelitis
 meningitis
 endocarditis

Rickettsia.

القاروة!
 Ticks bite.

- Gram -ve
 - 5 types
 rickettsii → RMSF
 prowazekii → Typhus.

98%
 - high grade fever
 - looks ill
 - Skin rash
 - Thrombocytopenia.

any delay of Tx → Death!
 # No vaccination.
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↑ Liver enzymes.
 Tetracycline. 2-4 mg/kg/day.

Enteric fever

Salmonella.
 encapsulated rod shaped.

only reservoir → human
 # Feco-oral. Contaminated
 # Contagious

Typhoid

Paratyphoid
 → milder.

1st week	2nd week	3rd week
- Initial symptoms of: - fever, malaise, anorexia, myalgia, headache, and a abdominal pain, diarrhea may be present in the earlier stages of the illness and may be followed by constipation, severe lethargy. - The temperature may rise gradually, but the classic step-ladder rise of fever is relatively rare. - Fever becomes unremitting and high.	- High fever is sustained, fatigue, anorexia, cough and epistaxis, Abdominal pain, constipation, Delirium and stupor may be observed. - On examination, patients appear acutely ill, disoriented, lethargic. - Relative bradycardia which disproportionate to the high temp. - Hepatomegaly, splenomegaly and distended abdomen with diffuse tenderness. - In about 25% of cases, (rose spots) may be visible around the 7th-10th day of the illness.	If no complications, symptoms and physical findings, gradually resolved within 2-4 wk, but malaise and lethargy may persist for an additional 1-2 mo.

always there is discrepancy
 1st 72 hrs.
 # Vitals!
 Comp:
 - GI perforation
 - Chronicity.
 - Cholangitis.
 - regional hepatopathy

Serology?
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Infection in sicklers
 Joint arthritis: hip
 sacroiliac.

✓ 3rd gen. cephalosporine → 14-20 days.

The only oral 3rd gen.
 Cephalosporin:
 Cephalexin (suprax)
 😎

Infectious mononucleosis

Etiology Pathogen: Predominantly Epstein-Barr virus (EBV) Transmission: mainly via saliva (hence the common name "kissing disease")

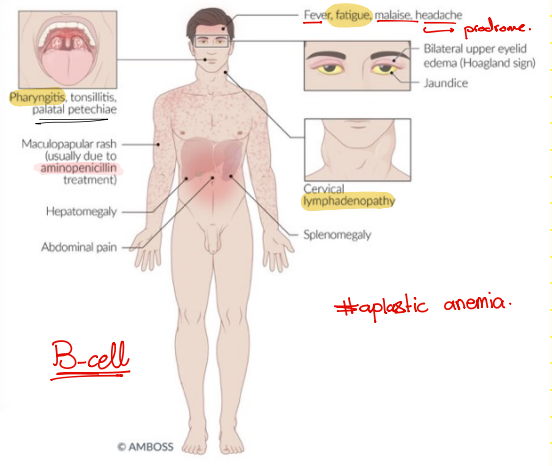
Epidemiology Incidence (US): 5-1000 population/year Peak age: 15-24 years Prevalence (worldwide): > 90% adult population EBV-antibody positive

Clinical course Incubation period: ~ 6 weeks Symptoms usually last 2-4 weeks Often asymptomatic in young children

Diagnosis EBV serology, monospot test, CBC with differential

Treatment Mainly symptomatic Avoid strenuous physical activity for 3-4 weeks due to risk of splenic rupture

Complications Upper airway obstruction Splenic rupture Wide range of rare complications in other organ systems (higher risk in immunocompromised individuals)



IgM → acute
 # Blood film
 atypical lymphocyte >20%
 rule out malignancy.
 after 10-20 years
 1-2% ⇒ malignancy
 EBV
 Typhoid
 TB
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⇒ Infectious mononucleosis "kissing or glandular fever"
 - caused by EBV "DNA virus", IP 30-50 days
 - Clinical features: mostly asymptomatic
 - classical triad of fatigue, pharyngitis, generalised lymphadenopathy
 - Splenomegaly "could be massive" → "exudative with pale petechiae"
 - fever, headache
 - Ampicillin rash after administration of β-lactam antibiotics
 - Oligositis: CBC, heterophile antibody, PCR, throat swab
 - DDx: strept. pharyngitis, CMV
 - Complications: subcapsular splenic hemorrhage, splenic rupture, airway obstruction → life threatening
 - Treatment: avoid contact sport for 2-3 wks. IV steroids: dexamethasone, prednisone, airway obstruction