

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

{وَعَلَّمَكَ مَا لَمْ تَكُن تَعْلَمُ ۚ وَكَانَ فَضْلُ اللَّهِ عَلَيْكَ عَظِيمًا}

**psychology med term (Wareed):**

**A person who is preoccupied with fears of having a serious disease suffers from:**

**Select one:**

- a. obsession**
- b. somatization**
- c. hypochondriasis**
- d. conversion disorders (Somatoform disorder)**
- e. none of provided answers**

**(c)**

**It's so unfair! My mum doesn't care how much I cry and scream, she won't get me a car. She doesn't even care about me! She hates me!".**

**What defense mechanism does this demonstrate:**

**Select one:**

- a. rationalization**
- b. reaction formation**

- c. regression
- d. repression
- e. denial

(c)

**A 29-year-old client has been admitted to the psychiatric unit with diagnosis of paranoid schizophrenia because of strange behaviours that alarmed his neighbours. The doctor would expect him to exhibit which behaviour:**

**Select one:**

- a. psychomotor retardation and posturing
- b. regressed, childlike behaviour
- c. euphoric mood and sexual acting out
- d. extreme suspiciousness, grandiose delusions, and hostile behaviour
- e. all of the provided answers

(d)

**From a socio-cultural perspective, which accurately describes the etiology of schizophrenia: Select one:**

- a. relatives of individuals diagnosed with schizophrenia have a much higher probability of developing the disease
- b. structural brain abnormalities, such as enlarged ventricles, cause schizophrenia
- c. disordering of pyramidal cells in the hippocampus contributes to the cause of schizophrenia
- d. greater numbers of individuals from lower socioeconomic backgrounds are diagnosed with schizophrenia
- e. none of provided answers

(d)

\_\_\_\_\_ describes a partial or total loss of memory. There are two subtypes: \_\_\_\_\_ which refers to an inability to recall events prior to injury, and \_\_\_\_\_ which refers to an inability to \_\_\_\_\_

Select one:

- a. dysphasia; anterograde amnesia; partial amnesia; remember events subsequent to brain injury

**b. amnesia; retrograde amnesia; anterograde amnesia; remember events subsequent to brain injury**

**c partial amnesia; anterograde amnesia; retrograde amnesia; remember events subsequent to brain injury**

**d. amnesia; retrograde amnesia; anterograde amnesia; remember personally meaningful events**

**e. partial amnesia; anterograde amnesia: partial amnesia; remember events subsequent to brain injury**

**(b)**

**Obsessive-compulsive disorder is:**

**Select one:**

**a. repeated occurrence of unwelcome thoughts followed by irresistible desire to do the act b. occurrence of pleasant thoughts followed by irresistible acts**

**c. false unshakeable thoughts against sociocultural background**

**d. excessive irrational fear of ideas, objects, or situations**

**e. none of provided answers**

**(a)**

**korsakoff syndrome is a serious condition which caused by:**

**Select one:**

**a. vitamin B6 deficiency**

**b. vitamin B1 deficiency**

**C. vitamin B12 deficiency**

**d. vitamin B4 deficiency**

**e. vitamin B2 deficiency**

**(b)**

**An object or thing which directs or stimulates behavior:**

**Select one:**

**a. instinct**

**b. incentive**

**C. need**

**d. motive**

e. drive

(d)

**A desire to achieve success and to meet some inner standard of excellence is a good definition of the:**

**Select one:**

- a. achievement Need**
- b. fixed-Action pattern**
- c. displacement behaviour**
- d. encephalization**
- e. none of provided answers**

(a)

**During the manic phase of the bipolar disorder, which behaviour mainly exhibited by the client:**

**Select one:**

- a. bizarre thoughts**
- b. intense, labile mood**
- C. extreme suspiciousness**
- d. delusion**

**e. auditory hallucinations**

**(a)**

**Dysthymic disorder differs from major depressive disorder in the following ways:**

**Select one:**

**a. symptoms only affect women during the winter months**

**b. symptoms include hallucinations and delusional thinking**

**c. symptoms are less severe but last longer**

**d. symptoms are more severe and last longer**

**e. symptoms are more severe and last lesser**

**(c)**

**Schizophrenia is characterized by: Select one:**

**a. emotional disturbances and high levels of anxiety**

**b. the presence of two or more distinct personalities**

**c. loss of memory or personal identity**

- d. a fragmentation of thought processes
- e. all of the provided answers

(d)

**Maslow believed that healthy, or self-actualized, individuals possessed the following characteristics except:**

**Select one:**

- a. an appropriate perception of reality
- b. the ability to accept oneself, others, and human nature
- c. inability to achieve satisfactory interpersonal relationships
- d. the ability to manifest spontaneity neutral behaviour
- e. all of the provided answers

(c)

**Which of the following is not seen in mania:**

**Select one:**

- a, delusions of grandeur

- b. elation
- C. pressure of speech
- d. disorientation
- e. hyperactivity

(d)

According to Maslow, the self-actualizing tendency is:

Select one:

- a. instinct
- b. imprinting
- C. growth Motivation
- d. deficiency motivation
- e. nane of provided answers

(c)

Within mood disorders, two key symptoms of a major depressive episode are:

Select one:

- a. very low mood and agoraphobia

- b. problems in concentration and compulsive behaviors**
- c. lack of interest in usual activities and recurrent thoughts of death**
- d. diminished need for sleep and loss of energy**
- e. none of provided answers**

**(c)**

**Somatic symptoms of depression include all, except:**

**Select one:**

- a. feelings of guilt**
- b. reduced interest**
- c. insomnia**
- d. weight change**
- e. none of provided answers**

**(b)**

**The most common target group for depression is:**

**Select one:**

- a. middle-aged male**

- b. middle-aged females**
- C. young girls**
- d. children**
- e. young male**

**(b)**

**Loss of memory on period of absence of consciousness is known as:**

**Select one:**

- a. congrade amnesia**
- b. fragmentive amnesia**
- C. retarded amnesia**
- d. paramnesia**
- e. none of provided answers**

**(a)**

**The need for achievement:**

**Select one:**

- a, is greatest for behaviors leading to financial and material success**
- b. does not occur in primitive cultures**

**c. is defined as the desire to meet internalized standards of excellence**

**d. is greater in women than in men**

**e. none of provided answers**

**(c)**

**Best prognosis is seen with which symptom of schizophrenia:**

**Select one:**

**a, apathy**

**b. anhedonia**

**C. auditory hallucination**

**d. poverty of thought**

**e. lack of initiation**

**(c)**

**Motivation is the process of initiating, and directing \_\_\_\_\_ activities of the organism:**

**Select one:**

**a. supplying**

**b. sustaining**

- C. surveying
- d. suspending
- e. activate

(b)

**A person who witnesses a horrible incident may go blind for psychological reasons, although the person's eyes are still good. This is called:**

**Select one:**

- a. conversion
- b. repression
- C. compensation
- d. regression
- e. undoing

(a)

**What is the Id:**

**Select one:**

- a. part of the psyche that controls impulses
- b. part of the psyche that reduces anxiety
- C. a description of innate instinctual needs

d. part of the psyche that controls our morals

e. part of the Ego state designed to reduce barriers

(c)

Samira decides to go out and party the whole week before her midterm instead of study. She fails her midterm, and tells her parents that she failed it due to being sick and not getting enough sleep. This is an example of what defense mechanism:

Select one:

a. rationalization

b. denial

C. repression

d. reaction Formation

e. regression

(a)

The way she spoke to me was completely unacceptable, but she's going through a tough time at the moment. I'd react the same way if my

**mother had just died." What defense mechanism am I expressing:**

**Select one**

- a. regression**
- b. repression**
- c. displacement**
- d. identification**
- e. reaction formation**

**(d)**

**Which primary unconscious defense mechanism keeps highly anxiety-producing situations out of conscious awareness:**

**Select one:**

- a. introjection**
- b. regression**
- C. repression**
- d. denial**
- e. reaction formation**

**(c)**

**DSM-IV-TR criteria for a major depressive episode include which of the following:**

**Select one:**

- a. symptoms cause clinically significant distress or impairment in social functioning**
- b. symptoms are not due to physiological effects of substance misuse**
- C. symptoms are not accounted for by bereavement**
- d. all of the provided answers**
- e. symptoms are not better accounted for by bereavement**

**(d)**

**Which of the following is an example of repression:**

**Select one:**

- a. stopping yourself from behaving the way you want to**
- b. suppressing bad memories or current thoughts that cause anxiety**
- C. suppressing your natural instincts**

d. stopping others from behaving inappropriately

e. none of provided answers

(b)

The inability of major depression patient to experience pleasure is a serious manifestation of the illness because it is a distressing symptom that leads some patients to commit suicide. This symptom is best known as:

Select one:

a. phobia

b. anhedonia

c. blunt affect

d. all of the provided answers

e. apathy

(b)

Which of the following is an assumption of arousal theory:

Select one:

a. zero level of arousal is the most desirable

- b. high levels of arousal are the most desirable**
- c. optimal levels of arousal exist for each person**
- d. optimal levels of arousal exist for various activities**
- e. none of provided answers**

**(d)**

**Bipolar disorder 1 differs from bipolar disorder 2 because:**

**Select one:**

- a. hypomanic symptoms are present and there are recurrent thoughts of death**
- b. manic symptoms are more severe and there may be the presence of psychosis**
- c. manic symptoms are less severe and obsessional thoughts are common**
- d. manic symptoms are more severe and sexual dysfunction is present**
- e. none of provided answers**

**(b)**

**True paranoids are rarely treated or admitted to hospitals because:**

**Select one:**

- a. they are potentially harmful and dangerous to others**
- b. they resist the attempts of others to offer help**
- c. their severe hallucinations make reasoning with them impossible**
- d. psychiatric hospitals are primarily for psychotics**
- e. none of provided answers**

**(b)**

**Which Doctor charting entry is documentation of a behavioral symptom of mania:**

**Select one: a. thoughts fragmented, flight of ideas noted**

**b. mood euphoric and expansive, rates mood a 10/10**

**c. pacing halls throughout the day. Exhibits poor impulse control**

- d. all of the provided answers
- e. easily distracted, unable to focus on goals

**(d)**

**The doctor understands that evidence of the existence of unconscious memories is best demonstrated by:**

**Select one:**

- a. ease of recall
- b. slips of the tongue and dreams
- C. requiring time to recall the event
- d. free-floating anxiety
- e. all of the provided answers

**(b)**

**The prominent symptoms lasting for at least 1 month that are diagnostic for paranoid schizophrenia are:**

**Select one:**

- a. delusions and hallucinations
- b. poverty of speech with apathy

- c. bizarre behaviours associated with drug use
- d. disturbed relationships and poor grooming
- e. none of provided answers

(a)

**Although symptoms of schizaphrenia occur at various times in the life span, what client would be at highest risk for the diagnosis:**

**Select one:**

- a. a 10 year old girl
- b. a 20 year old man
- C. a 50 year old woman
- d. a 55 years old man
- e. a 65 year old man

(b)

**Ali is a shop owner and a thief. He automatically accuses anyone who looks suspicious in his store of slealing. This is an example of what defense mechanismn:**

**Select one:**

- a. repression
- b. reaction Formation
- C. denial
- d. projection
- e. rationalization

(d)

**The three primary negative symptoms of schizophrenia include:**

**Select one:**

- a. alogia, hallucination and delusion
- b. social withdrawal, lack of affect, and reduced motivation.
- c. hallucination, delusion and a volition
- d. illusion, delusion and self care deficit
- e. none of provided answers

(b)

**Which of the following is a behavioral symptom exhibited by individuals suffering unipolar depression:**

Select one:

- a. unpredictable and erratic behavior
- b. compulsive checking
- C. stay in bed for long periods
- d. ritualized behavior
- e. hallucination

(c)

"وفي الختام لا تنس الصلاة على سيد الانام"

