

Wateen 2nd group family medicine exam :

ملاحظة : الصور تقريبية ، و الاجوبة من الطلاب Done by Tala Iyad , Hala

1. patient with DM and Mi , GFR >60 :

A) which medications will you prescribe :

Metformin ,SGLT2I , life style modification

.....

B) target for the following :

■ HbA1C : **< 7 %**

.....

■ periprandial plasma glucose : **80 - 130**

.....

■ LDL : **Early 100 later 70**

.....

■ blood pressure : **130 / 80**

.....

2. 45 year old female with blood pressure 150/90 :

A) four signs and symptoms to find out secondary causes :

■

■

■

■

B) when we diagnose patient with HTN from first time :

■ **A patient who presents with hypertensive urgency or emergency (i.e., patients with blood pressure 180/120).**

.....

■ **A patient who presents with an initial screening blood pressure 160/100 mmHg and who also has known target end organ damage (LVH, hypertensive retinopathy, IHD, CKD).**

.....



3. female with unilateral headache photophobia and phono-phobia :

A) what is the diagnosis : **Migraine**

B) mention abortive medication : **NSAD ,Acetaminophen ,Caffein ,Triptan ,Ergotamine**

C) mention prophylactic medication : **Seizure medications (gabapentin, valproate) ,Blood pressure medications (BB {propranol, nadolol}/ CCB {verapamil})**
• **Antidepressants (tricyclic)**

4. 80 year old man with knee pain , diagnosed with osteoarthritis :

A) what is the test used to assess fall risk : **Get up and go test**

B) other 4 comprehensive test for screening :

■ **Functional assessment**

■ **Hearing assessment**

■ **Vision assessment**

■ **Cognitive assessment**



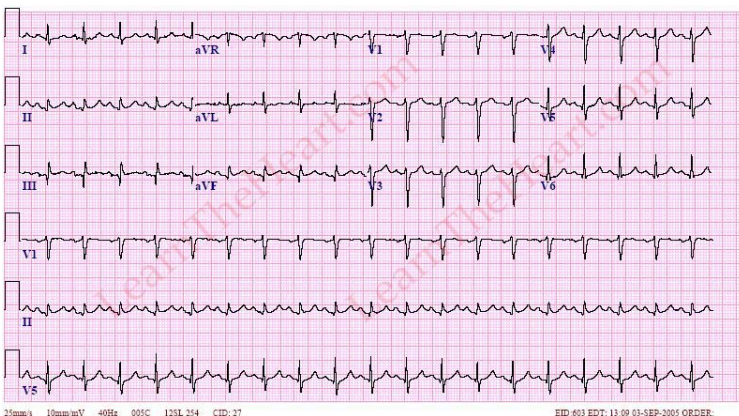
5. according to the drug in the picture :

A) mention the instructions for taking this medication :

- Take first thing in the morning on an empty stomach • Swallow the tablet whole with a large glass of tap water • Do not take any other medication, eat or drink anything except tap water for at least 30 minutes
- • Stay upright for 30 minutes • Wait 4 hours before taking your calcium

B) mention 2 side effects :

- **Gastric upset**
- **Muscle and joint pain**



6. Patient comes to ER with sudden dyspnea and pleuritic chest pain
And previous has breast CA :

A) what you see in ECG :

- **Sinus tachycardia**

B) what is the diagnosis:

- **Pulmonary embolism**

C) name of criteria :

- **Wells criteria**

D) if the criteria 5.5 what is the next step ?

- **CT angiogram**

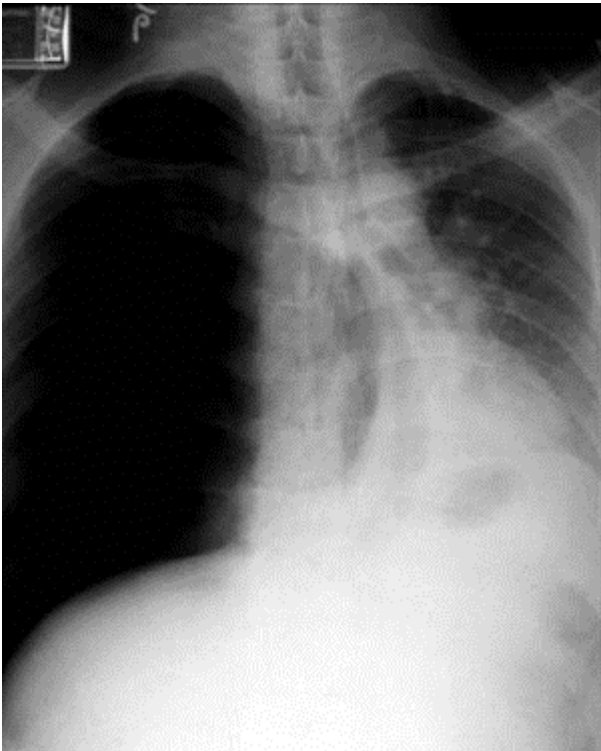
7. Case of female with fatigue and obesity with Thyroid test table , high TSH , normal T3,T4 , high anti body :

A) what is the diagnosis:

- **Subclinical hypothyroidism (hashimotos)**

B) what is the treatment:

- **Levothyroxine**



8. according to the X-ray :

A)what is the diagnosis :

- **Tension pneumothorax**

B)mention 3 deadly causes for chest pain:

- **PET MAC : PET, esophageal rupture , tension pneumothorax ,MI , aortic**



9. according to the mammogram machine in the picture :

A) age for this test regarding Jordanian guidelines :

- **40**

B) mention other 2 screening test for normal conditions:

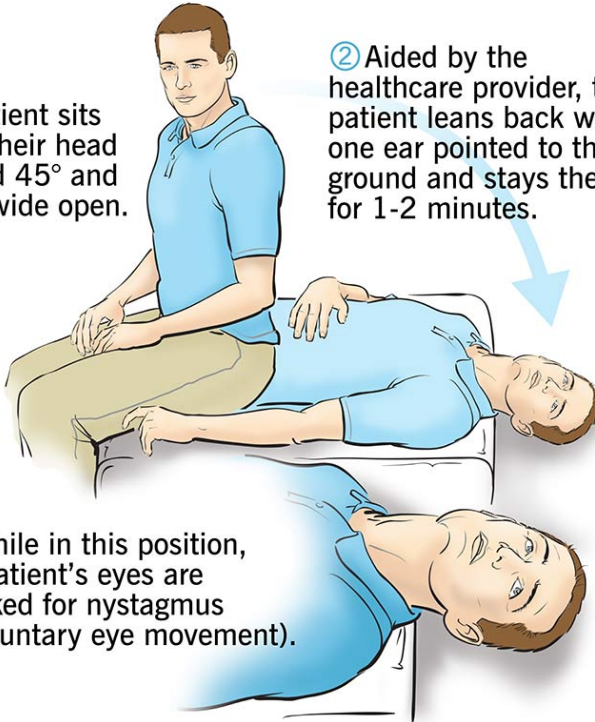
- **Monthly breast self examination, annual clinical breast examination , US ,biopsy**

Dix-Hallpike Maneuver

① Patient sits with their head turned 45° and eyes wide open.

② Aided by the healthcare provider, the patient leans back with one ear pointed to the ground and stays there for 1-2 minutes.

③ While in this position, the patient's eyes are checked for nystagmus (involuntary eye movement).



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10. according to the picture:

A) when to do this test :

- **Benign paroxysmal positional vertigo**

B) if negative what the next step :

- **Assess for postural hypotension**

11. case of dyspepsia, smoker male with fullness and epigastric abdominal pain : The pain relieved by eating

A) what is the diagnosis:

- **Duodenal ulcer**

B) mention other 2 DDx :

- **Stomach ulcer , indigestion ,heartburn, pancreatitis,epigastric hernia , gallstone**



12. according to the picture:

A) what is the sign :

- **Xanthelasma**

B) what is the most likely diagnosis:

- **Dyslipdemia**