

# Gynecology & Obstetric

## Mini-OSCE Archive

Eslam Al-Tarawneh Walid Azayzeh Laith Najada

Corrected by: Raghad Wasfi

# Station 1

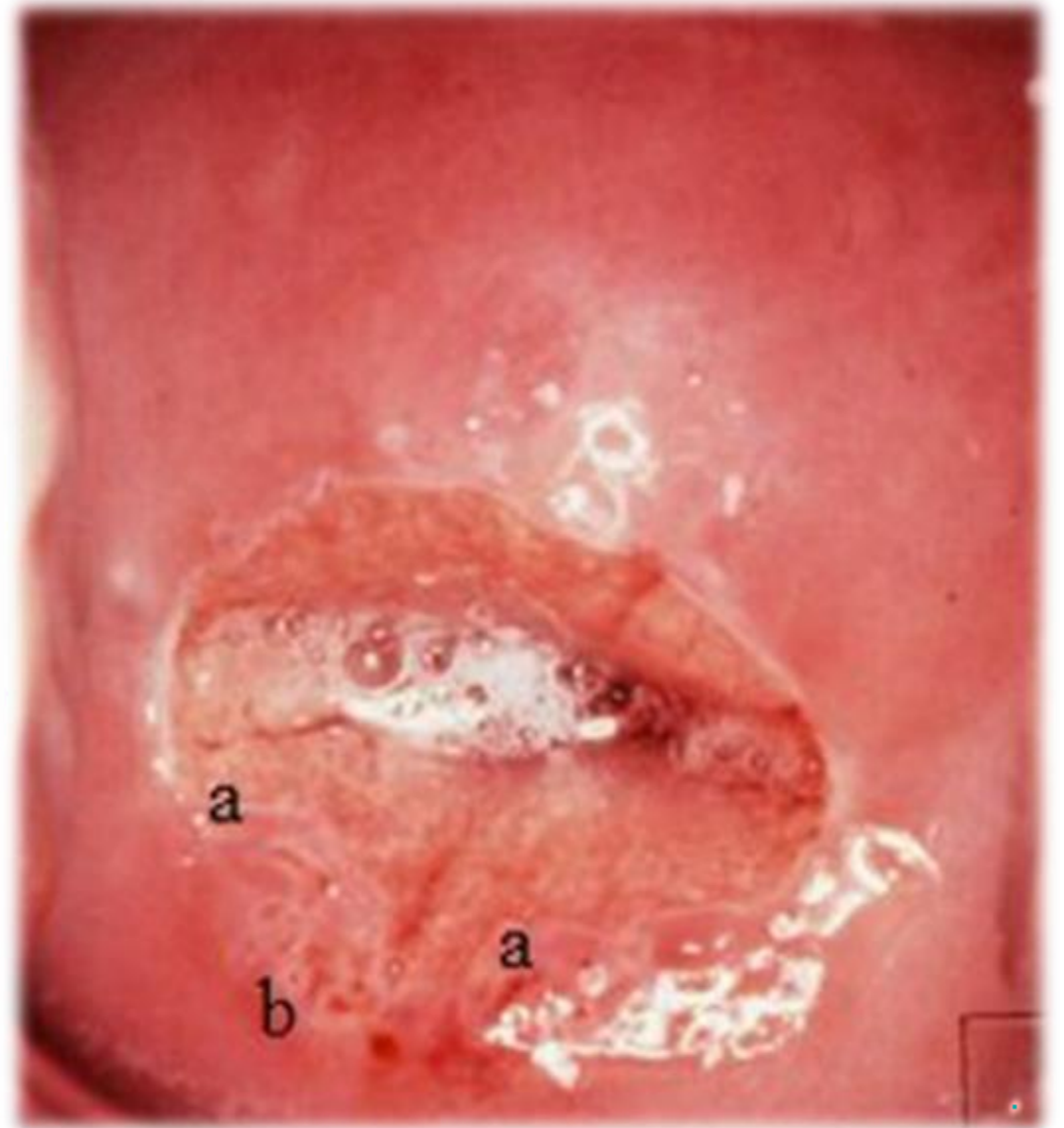
1- What is the name of the test?

**5% Acetic acid application**

2- How to define the abnormal lesions?

**Aceto white lesion**

(acetic acid will cause dehydration of cytoplasm result in prominent nucleus which reflect the light so appear white color)



### 3-What is the indications for this test?

- Abnormal atypical blood vessels
- Any abnormal results from cytology
- persistent (two consecutive years) positive testing for high-risk human papillomavirus and normal cytology
- Evaluation of a palpably or visually abnormal cervix, vagina, or vulva

### 4-What is the next step and what is the name of the tool that used for it?

Cervical biopsy using cervical punch biopsy forceps

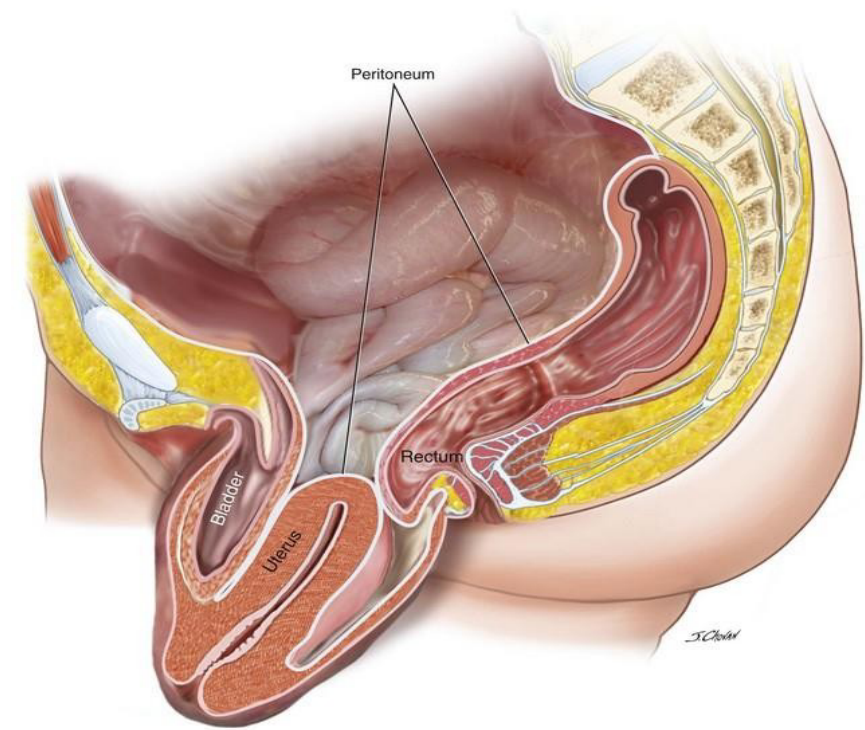
### 5-If its CIN, what is the management?

- Ablative therapy (e.g. cryotherapy, CO2 laser, cold coagulation, diathermy)
  - Excisional treatment (e.g. LEEP or cold knife conization)
  - Hysterectomy if completed her family



# Station 2

49 year old women para 5 complain of a mass protruding from her genital opening, there is no significant thing from the history except that she had a bilateral tubal ligation 5 years ago



1- What is your diagnosis?

**Procidentia**

2- What is the stage according to POP-Q?

**Stage 4**

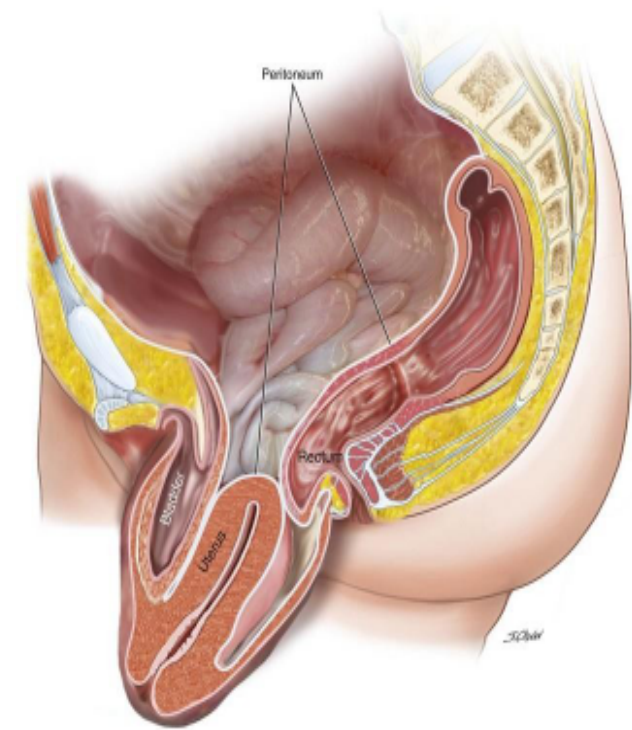
<b>Aa</b> <b>+3</b> anterior wall	<b>Ba</b> <b>+6</b> anterior wall	<b>C</b> <b>+8</b> cervix or cuff
<b>gh</b> <b>2</b> genital hiatus	<b>pb</b> <b>3</b> perineal body	<b>tvL</b> <b>9</b> total vaginal length
<b>Ap</b> <b>+3</b> posterior wall	<b>Bp</b> <b>+6</b> posterior wall	<b>D</b> <b>-2</b> posterior fornix

3-What is the level of support and what is the structures at this level?

**Level one of support (Suspension).**

**Structures: uterus, cervix, upper part of vagina are suspended from above by**

- a) Uterosacral ligament**
- b) Cardinal ligament**



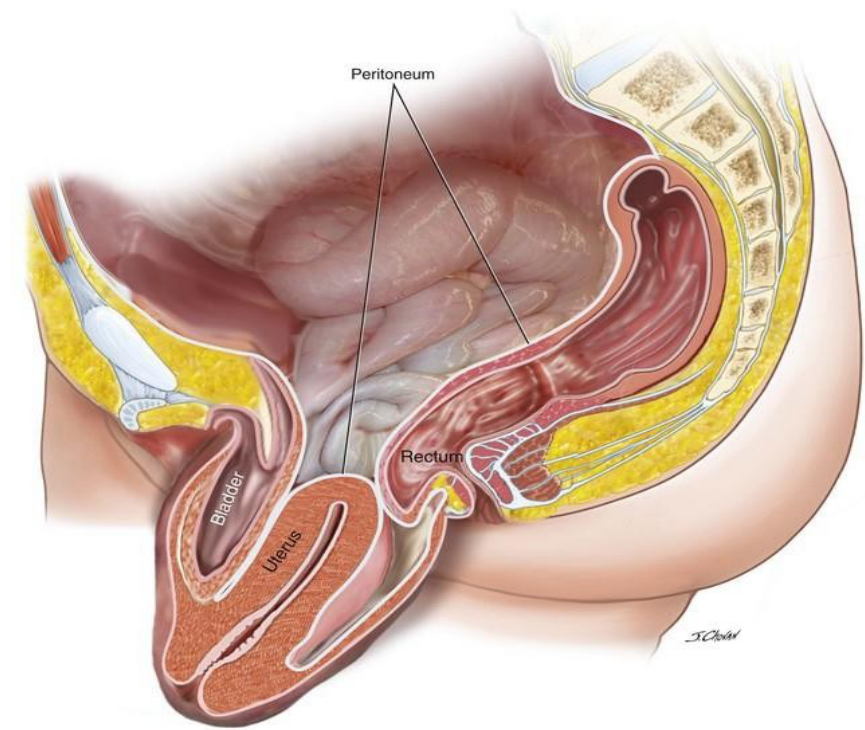
4- What is the urinary symptoms associated with this case? (Mention 5)

**urinary frequency, urgency, voiding difficulty, urinary tract infections, stress incontinence, Incomplete emptying of bladder, and splinting**

<b>Aa</b> <b>+3</b> anterior wall	<b>Ba</b> <b>+6</b> anterior wall	<b>C</b> <b>+8</b> cervix or cuff
<b>gh</b> <b>2</b> genital hiatus	<b>pb</b> <b>3</b> perineal body	<b>tvL</b> <b>9</b> total vaginal length
<b>Ap</b> <b>+3</b> posterior wall	<b>Bp</b> <b>+6</b> posterior wall	<b>D</b> <b>-2</b> posterior fornix

5- If it's associated with postcoital and intermenstrual bleeding, you should rule out what?

**decubitus ulcer**



6-what is the best management for this patient?

**Vaginal hysterectomy with Sacrospinous ligament fixation (SSLF)**

<b>Aa</b> <b>+3</b> anterior wall	<b>Ba</b> <b>+6</b> anterior wall	<b>C</b> <b>+8</b> cervix or cuff
<b>gh</b> <b>2</b> genital hiatus	<b>pb</b> <b>3</b> perineal body	<b>tvL</b> <b>9</b> total vaginal length
<b>Ap</b> <b>+3</b> posterior wall	<b>Bp</b> <b>+6</b> posterior wall	<b>D</b> <b>-2</b> posterior fornix

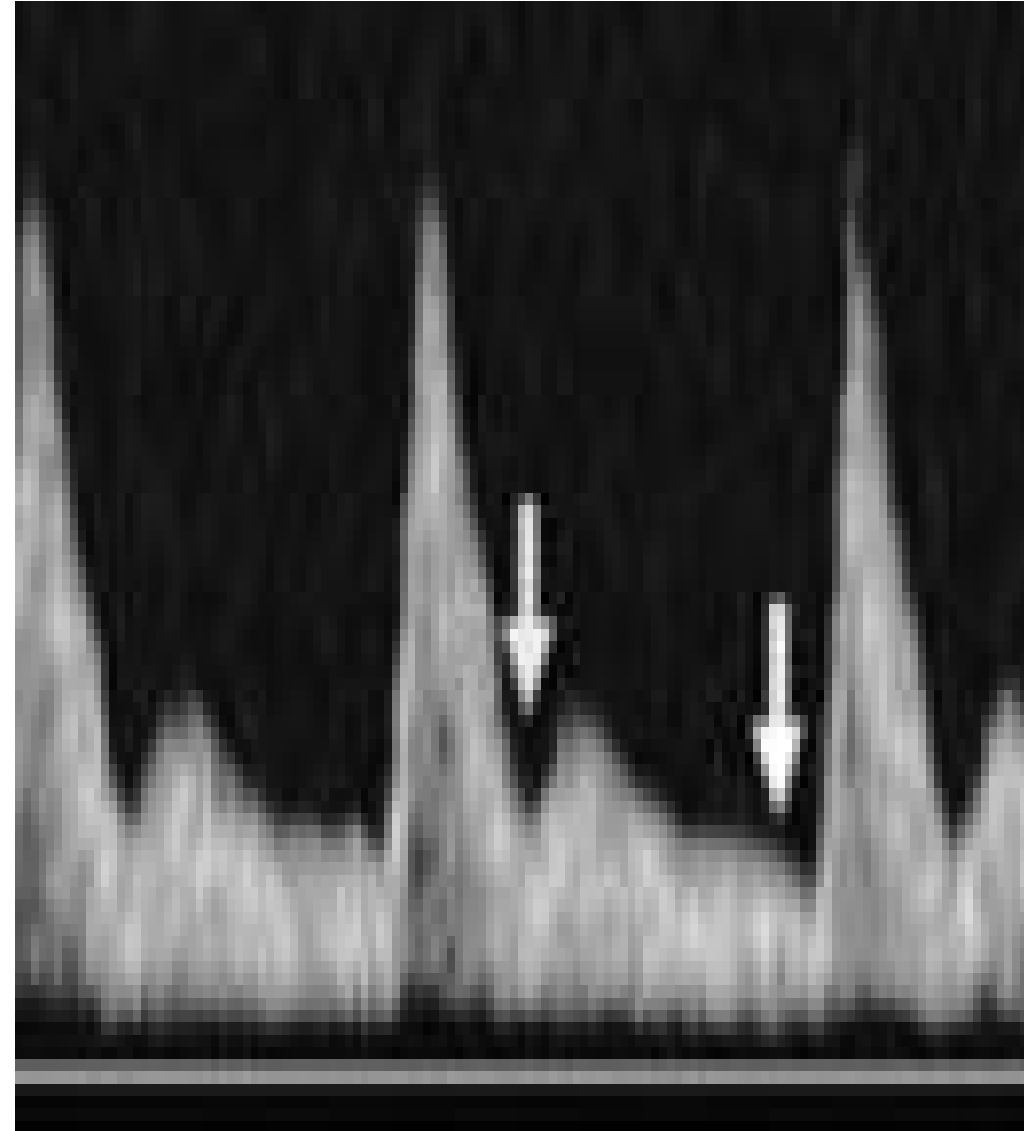
# Station 3

1- What is the signs shown in picture? (Mention 2)

Early diastolic notch with low end-diastolic flow

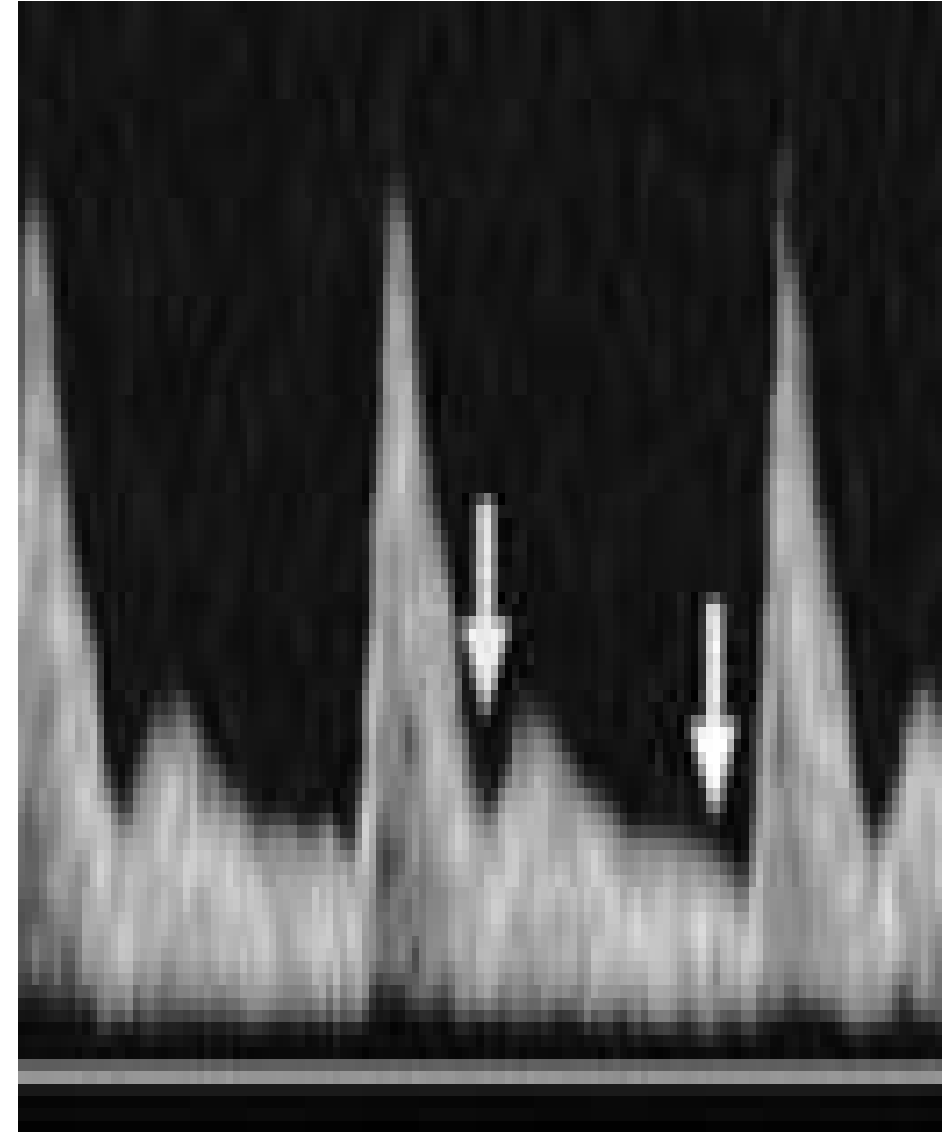
2-What is the maternal complications from PET? (Mention 5)

Eclampsia / Brain hemorrhage or stroke / Disseminated intravascular coagulation (DIC) / HELLP syndrome / Blindness / Renal failure



### 3- What is the fetal Complications? (Mention 5)

- a) Reduced blood supply to the placenta
- b) Impairment in fetal growth oxygenation and increased risk of stillbirth
- c) Premature delivery for maternal and / or fetal indications
- d) Babies are subjected to the additional risks arising from prematurity: - brain hemorrhage / seizures / respiratory and feeding difficulties
- e) neonatal death



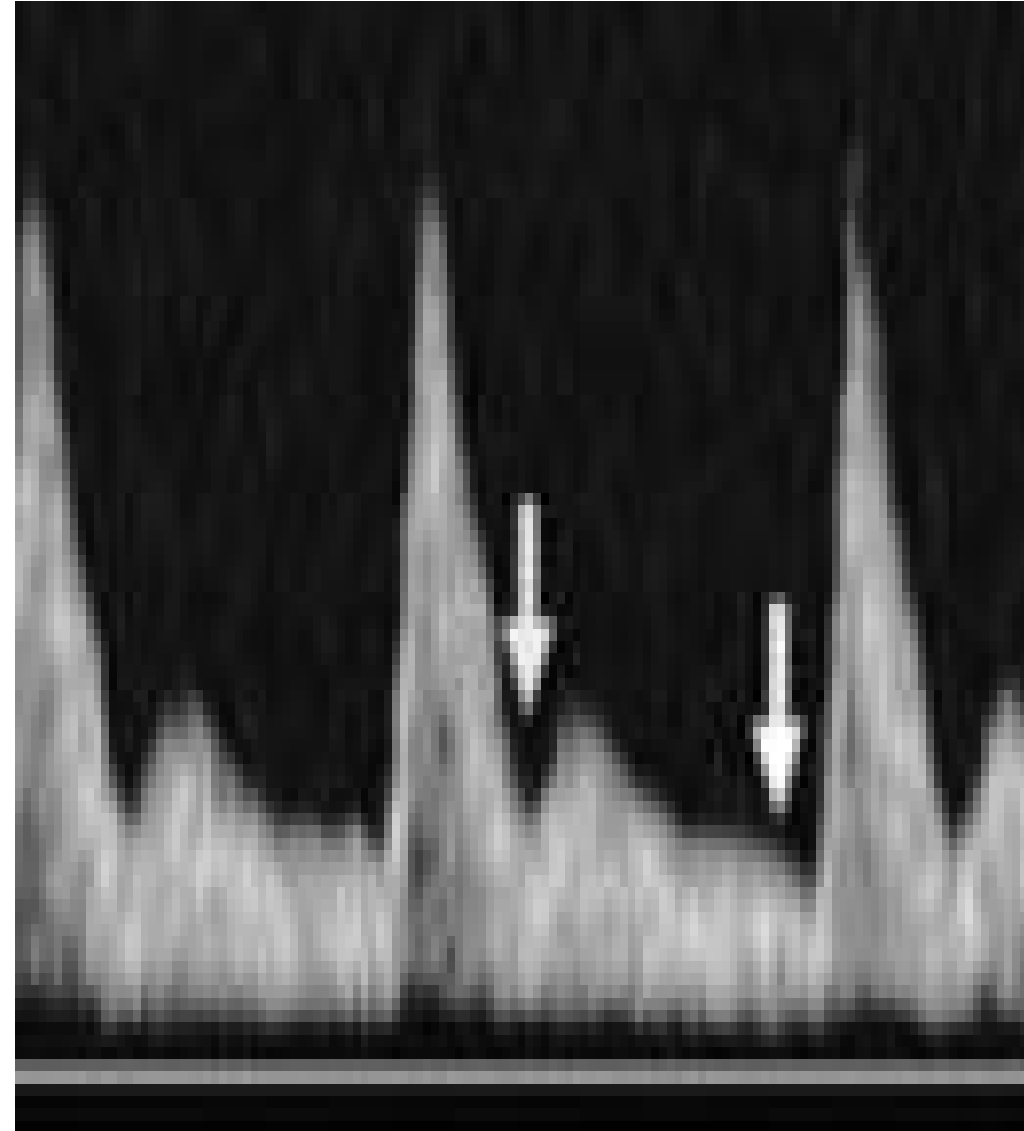


**4- Mention another methods for screening?  
(Mention 4)**

**MAP / PIGF / sFlt-1 / PAPP-A**

**5- If she came at 12<sup>th</sup> week of gestation, what  
will you give her as prophylaxis? (Mention  
2)**

- a) low-dose Aspirin (75-150 mg)**
- b) calcium supplement / statin**



# Station 4

29 year old married women complain of infertility for 3 years.

1-What is the name of the test?

**Hysterosalpingogram (HSG)**

2-Identify the findings in the picture.

**HSG showing :**

- a) speculum**
- b) patent cervix**
- c) normal uterine cavity with no filling defect**
- d) bilateral dilated tubes with no free spillage**



**3- What is your advice to her and why?**

**Bilateral salpingectomy followed by IVF because the tubes are blocked by fluid and swelling**

**4-Breast tenderness and midcycle pain indicates what?**

**Indicates ovulation (ovaries are intact)**

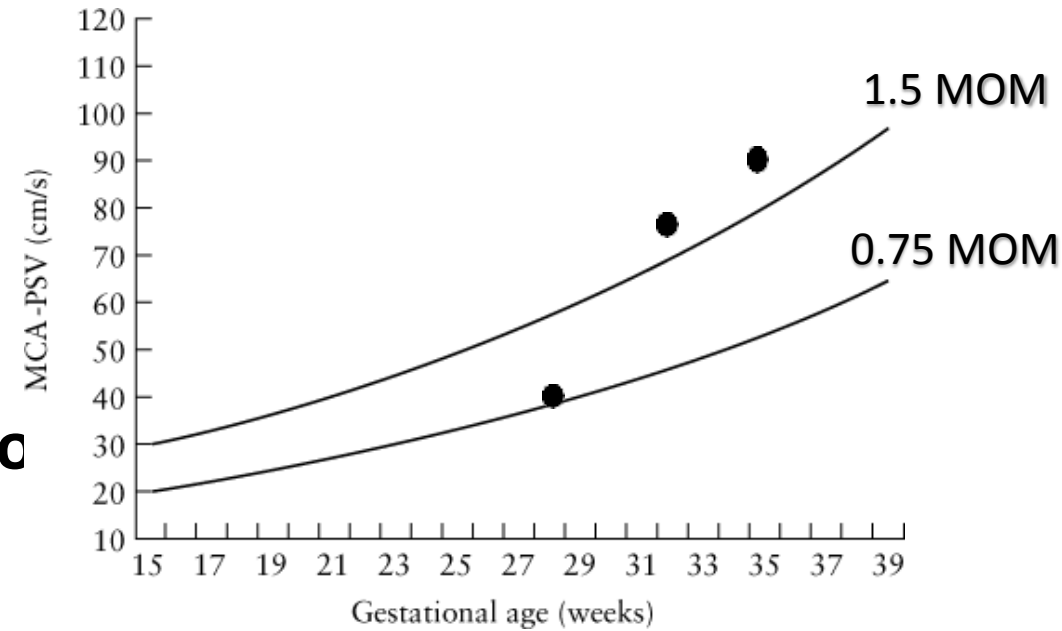


# Station 5

35 year old female G4P3 came to you as regular visit on 18<sup>th</sup> week of gestation.

1 What is the relevant history about the previous pregnancies ? (Mention 3)

- a) Are they born alive?
- b) Did you have any complications during pregnancy?
- c) Did you deliver them at term or not?



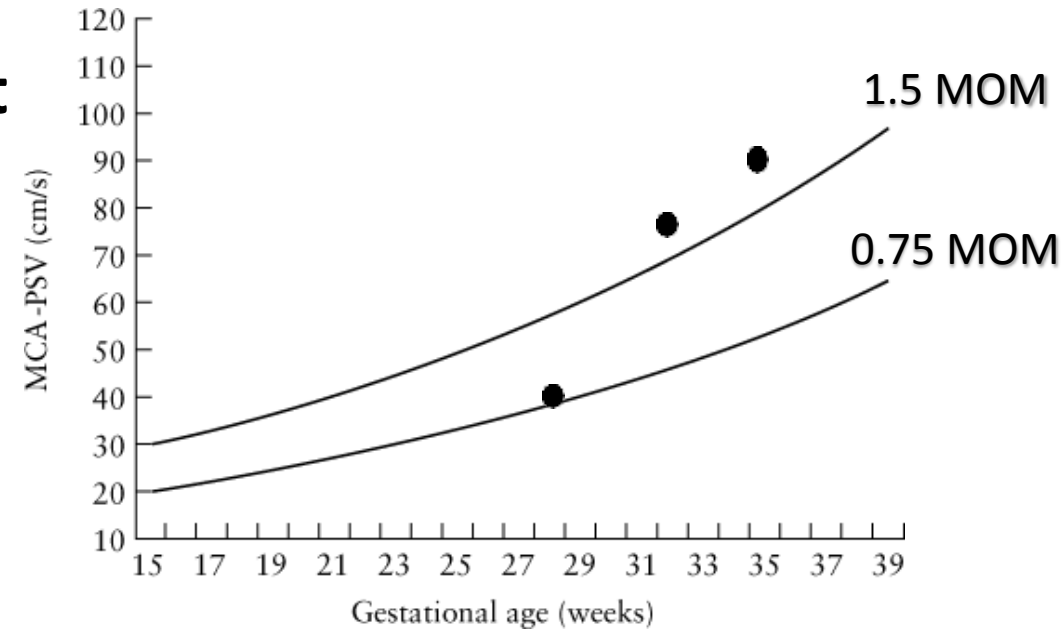
Husband blood group	A+
Indirect coombs test	Positive

**2- What is the relevant history about the current pregnancy? (Mention 2)**

- a) What is your blood group and the husband blood group ?**
- b) Did you feel the movement of the baby or not?**
- c) Did you have any vaginal bleeding during pregnancy?**

**3-What is your next step?**

**Indirect Coombs test and antibody titer**



Husband blood group	A+
Indirect coombs test	Positive

4- If she came at 22<sup>nd</sup> week, and the antibody titer is 1:64 what is the next step?

**Follow up until titer reach 1:32**

5 According to the shown diagram, what is your management at:

a) 28th week of gestation

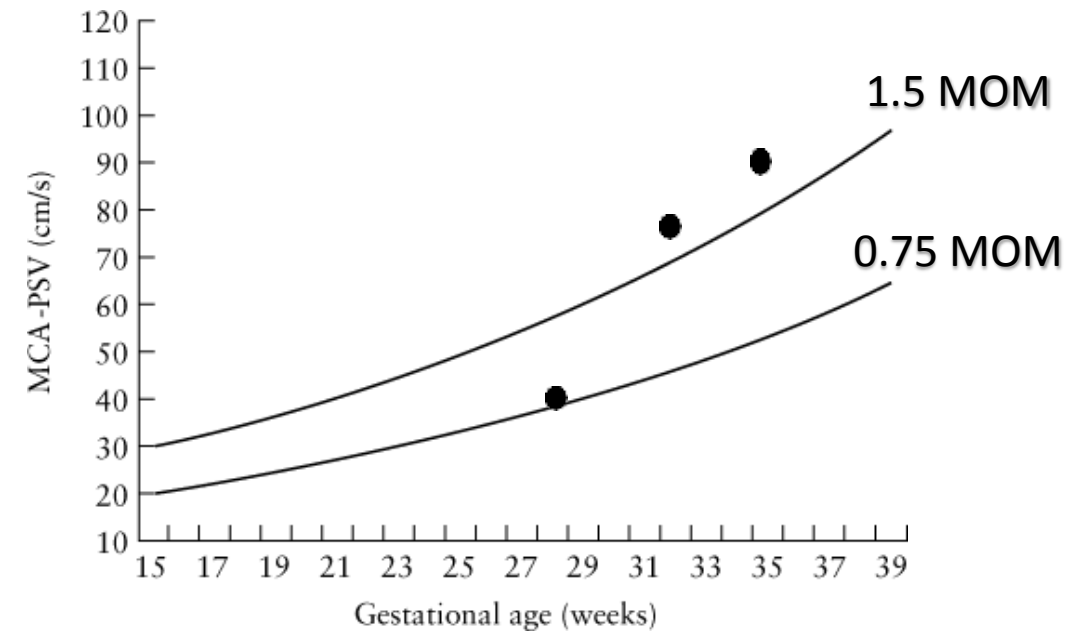
**Anti-D and follow up**

b) 32nd week of gestation

**Intra-uterine transfusion**

c) 35th week of gestation

**Deliver the baby**



Husband blood group	A+
Indirect coombs test	Positive

# Station 6

29 year old female para 4

**1. What is relevant point about menstrual cycle you would ask?**

Regularity / Frequency / Duration  
/ Amount / Associated symptoms /  
AUB

**2. What is your diagnosis?**

**Fibroid**



3- What is protective factor in her history?

**Multiparity**

4- You will be worried about what if she has the same way of treatment?

**Infertility**

5-What is the best method to diagnose it?

**US**





Obs & Gyne Mini-  
OSCE 5<sup>th</sup> year  
27/12/2022

**Group 5**

By: Ahmad Abu-Morad Osamah

Alawneh Mahmoud darwish

Corrected by: Raghad Wasfi

# Station 1

1. Name of this procedure?

**Cervical cerclage**

2. Indication?

**Cervical incompetence**

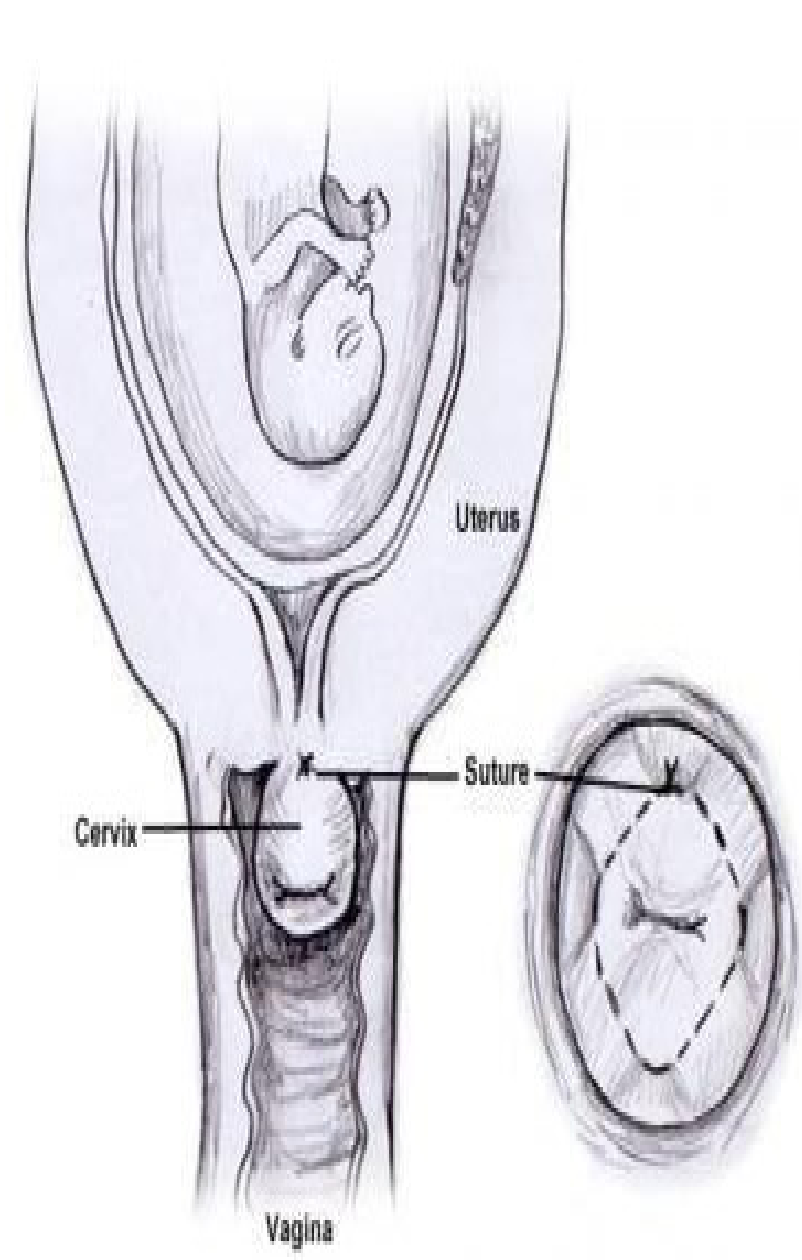
3. Causes of this problem? (mention 4)

**1. Previous cone biopsy or LEEP**

**2. Cervical trauma in previous deliveries**

**3. Short cervix <2.5 cm**

**4. Previous termination of pregnancy**



4. At what gestational age this procedure is done and why ?

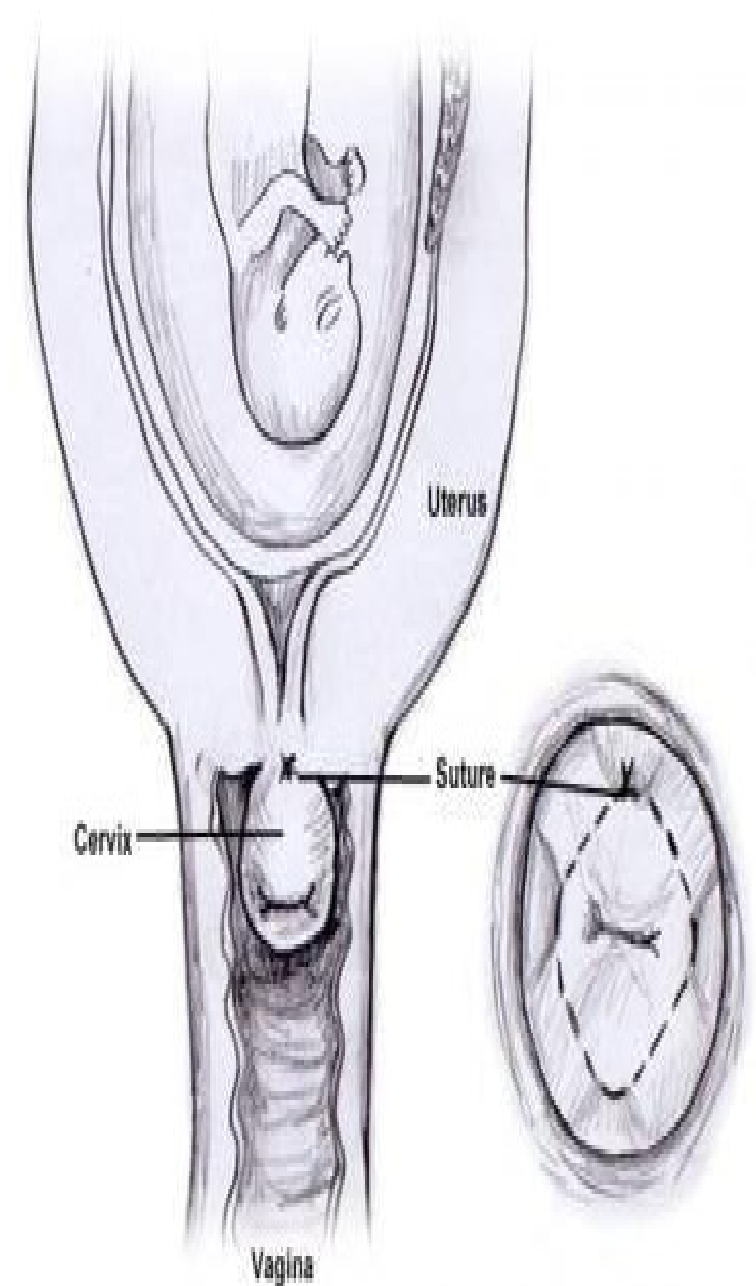
14 weeks , to bypass the high risk of miscarriage and to make sure that the fetus is healthy

When to remove ? (mention 3)

1) In case of preterm labor

2) At 37 weeks

3) Miscarriage



# Station 2

27 year old lady married complaining of primary infertility? 1. Describe the U/S finding ?

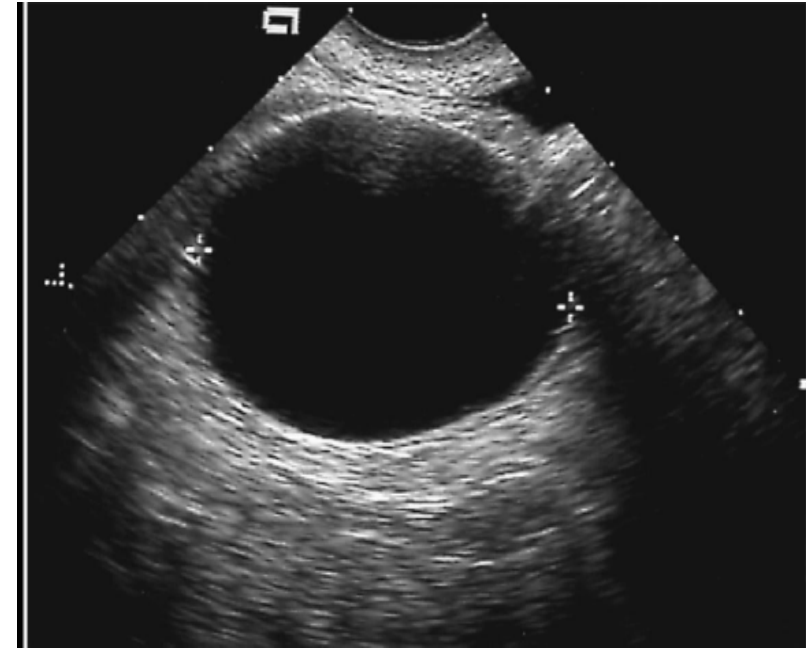
- 1) unilocular
- 2) Thin wall
- 3) No solid component
- 4) 5 cm in diameter

2. management at this time?

**follow up for 3 cycles**

3. Complications ? (mention 4)

- 1) Torsion
- 2) Haemorrhage
- 3) Rupture
- 4) Infection



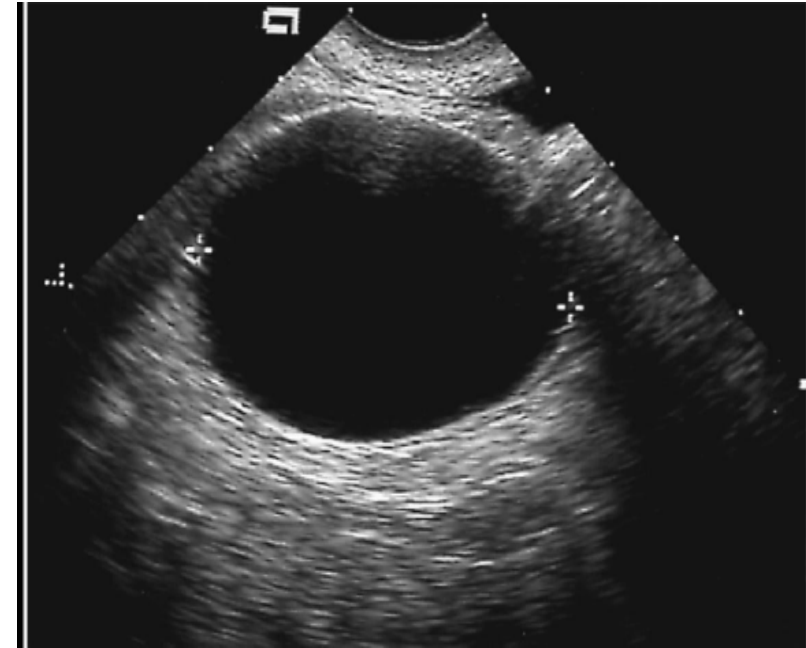
if patient present with acute pain, management?

**Emergent laparoscopic for ovarian cystectomy**

5. Complications of recurrent ovarian cystectomy?

**1. decrease ovarian reserve**

**2. Pelvic adhesion**



# Station 3

Partogram (الاجابة حسب صورة الامتحان)

1. Cervical dilatation and head decent at admission?

**4 cm Dilatation**

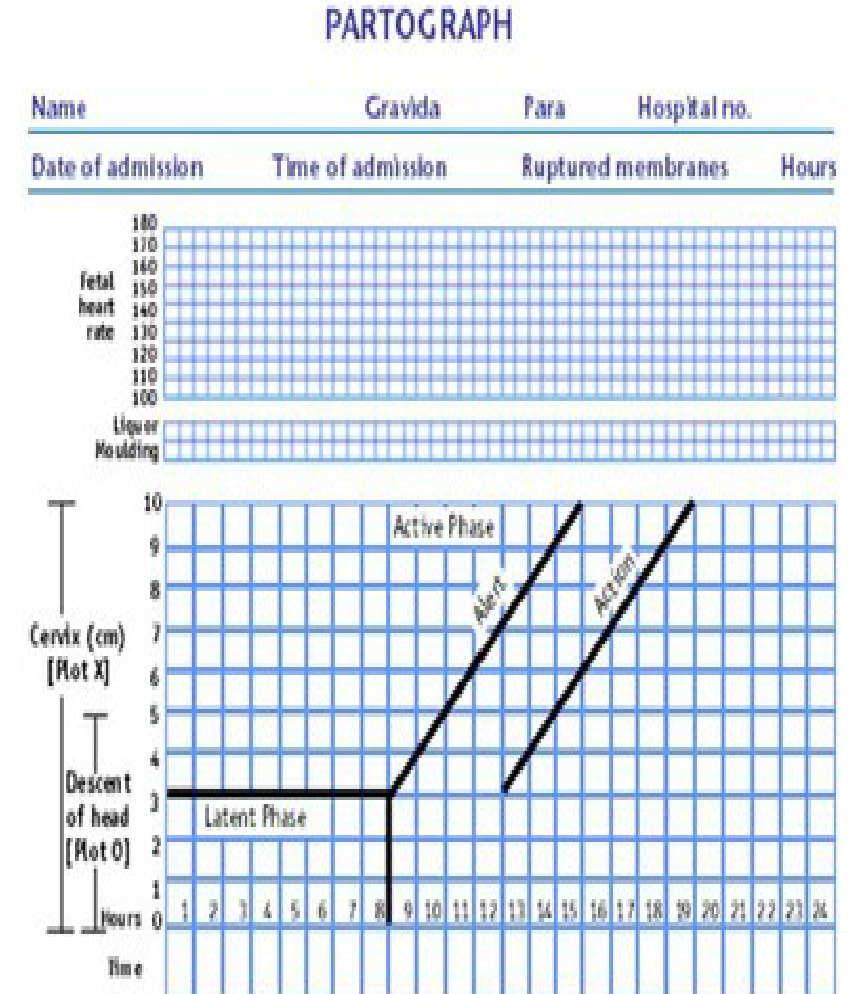
**5 cm descent**

2. membrane intact or ruptured?

**Clear rupture**

3. Uterine contractions after 3 hr of admission?

**3 strong contractions per 10 min**



4. How to assess the progress of labor regarding what points ?

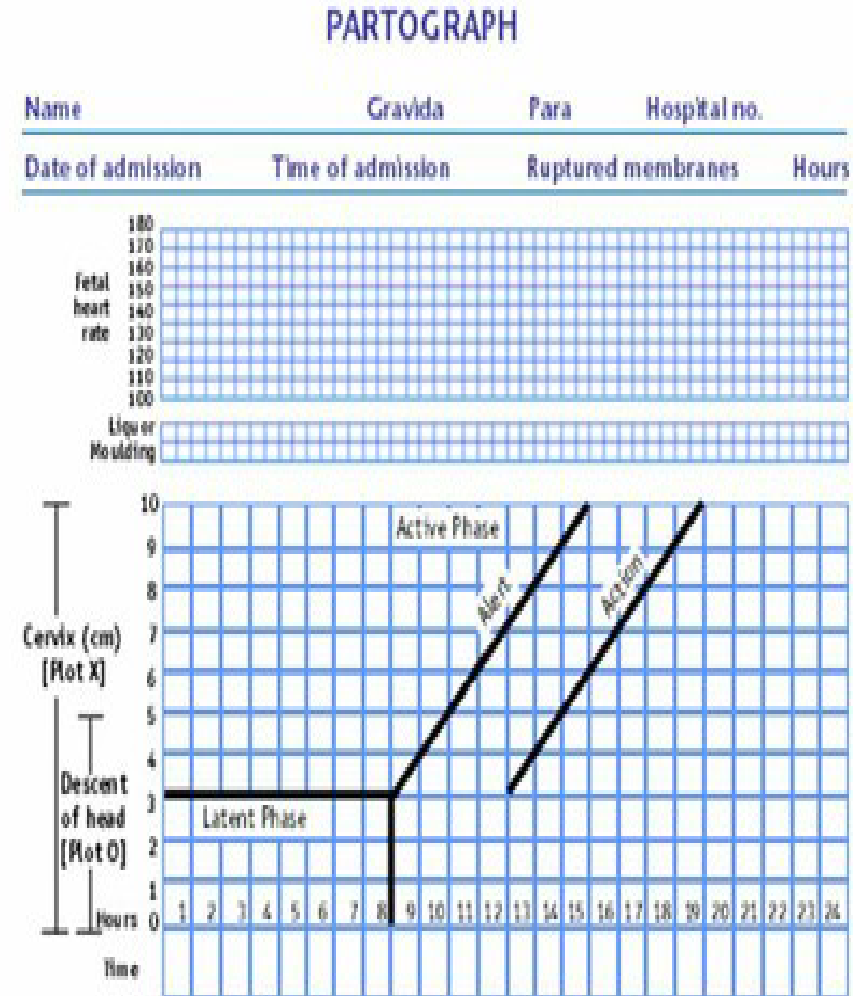
- 1) Head descent
- 2) Cervical Dilatation
- 3) Moulding
- 4) Contraction

5. What is the name of this problem in the partogram? And what is the most common cause?

**secondary arrest , Cephalopelvic disproportion**

6. What is the management in this situation?

**C/S Delivery**



# Station 4

what is the presentation and position? Incidence?

**Face presentation, mentoanterior**

**Incidence: 2%**

2. Head attitude?

**Hyperextended**

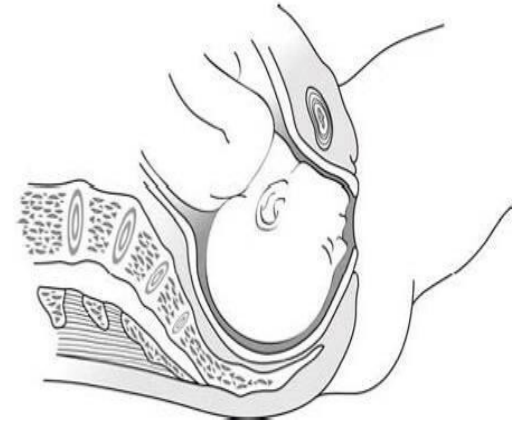
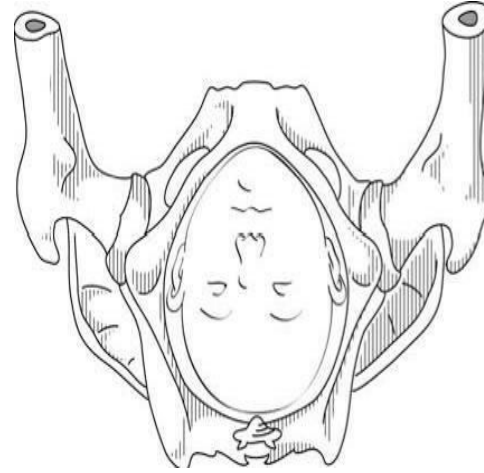
3. presenting diameter and its length?

**Submentobregmatic 9.5 cm**

4. method of delivery?

**Vaginal delivery**

5. if there is prolonged 2<sup>nd</sup> stage of labor  
how to deliver?





# Station 5

44 year old female, with pelvic floor disorder, done for her this procedure

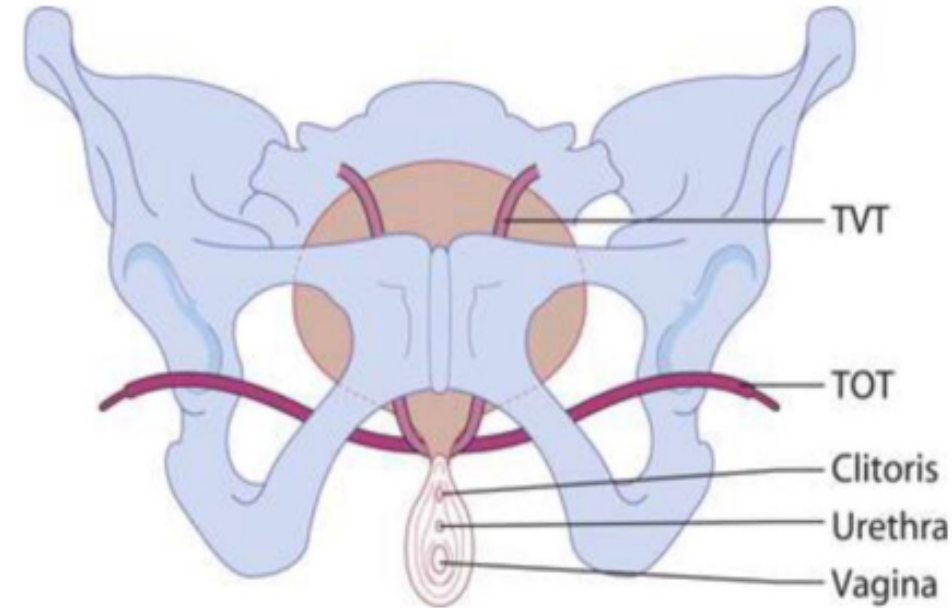
1. Dx?

**Urine incontinence**

1. Clinical Presentation / CC regarding

2. your dx?

**Urine leakage with increased intraabdominal pressure**



3. relevant points in hx?

**1) Sudden onset of incontinence**

**2) the presence of abdominal or pelvic pain**

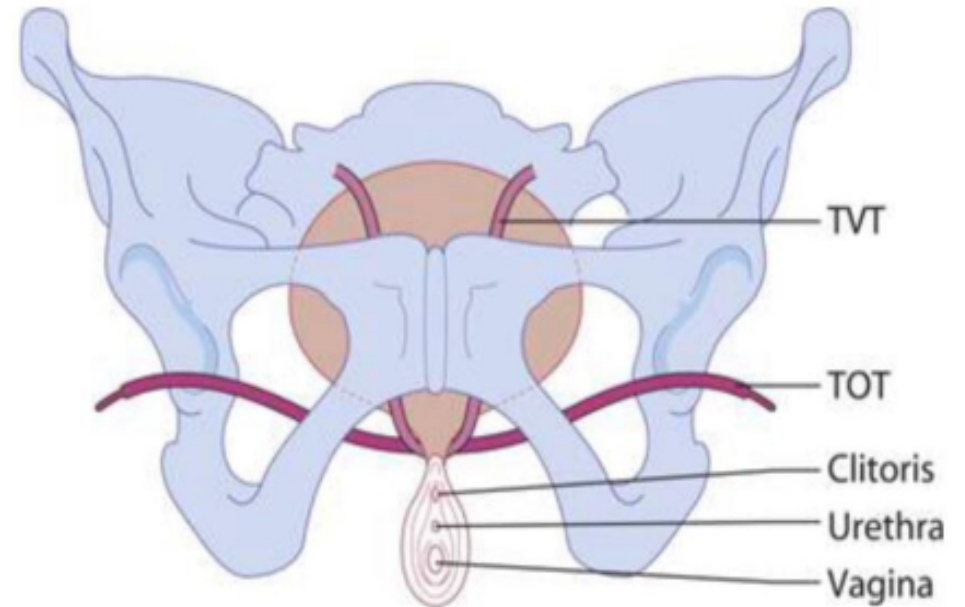
**3) Haematuria**

**4) changes in gait or new lower extremity**

**weakness, 5) cardiopulmonary or neurologic symptoms**

**6) mental status changes**

**7) Drugs intake, caffeine**



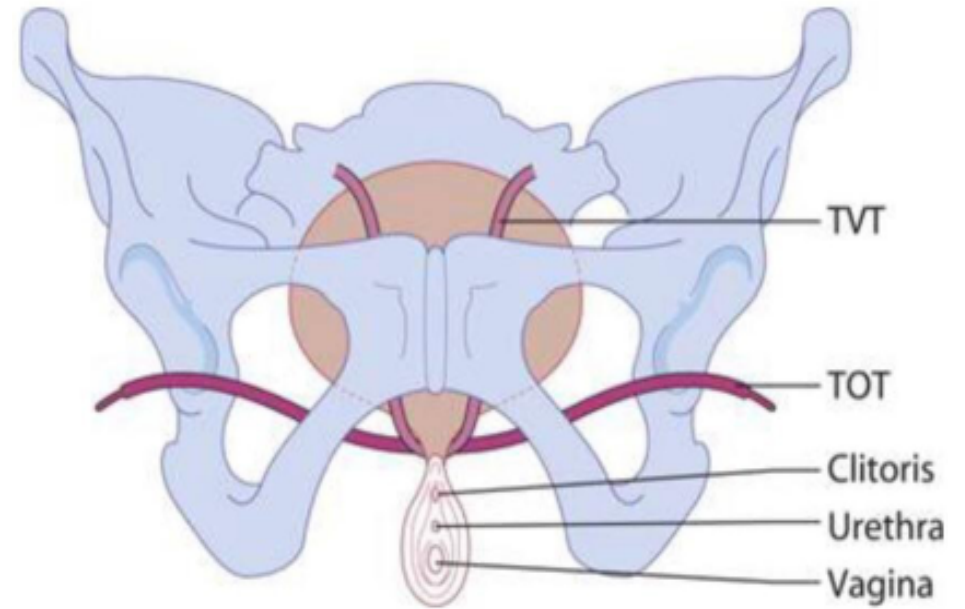
4. physical examination?

**1) Inspect the vaginal mucosa for signs of atrophy (thinning, pallor, loss of rugae), and inflammation**

**2) Palpate bimanually to evaluate for masses or tenderness.**

**3) Assess for pelvic organ prolapse.**

**4) Bladder stress test**



5. if the patient refuse surgery, your management?

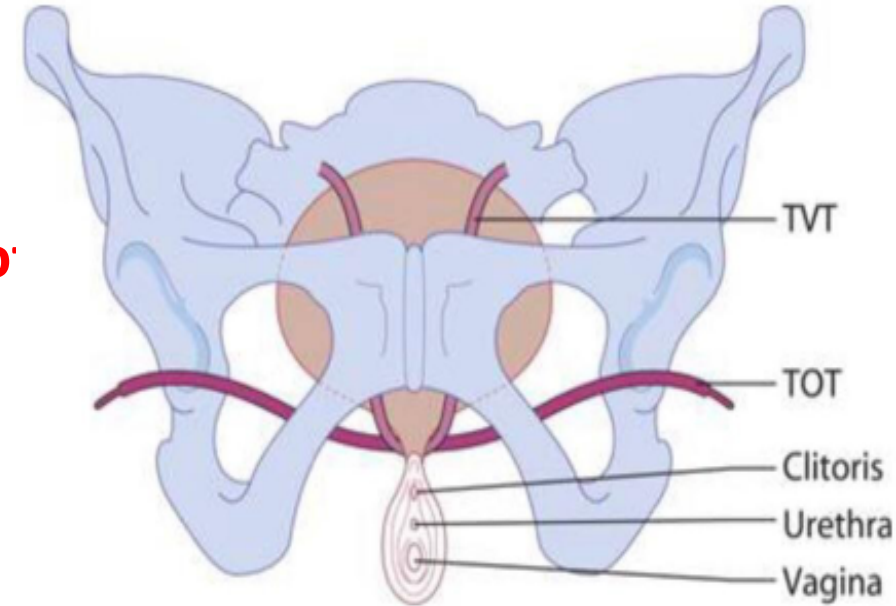
**1) Reduce factors that worsen the problem 'n obesity, smoking, medication, excessive fluid intake**

**2) Pelvic floor exercise & biofeedback, Electrical stimulation of pelvic floor muscle**

**3) Estrogen therapy (in postmenopausal women with urogenital atrophy).**

**4) Vaginal Pessaries.**

**5) Medication: Duloxetine, Imipramine.**



# Station 6

49 year old female, multiparous, heavy period, cyclic pain

The patient underwent TAH with BSO

1. your dx?

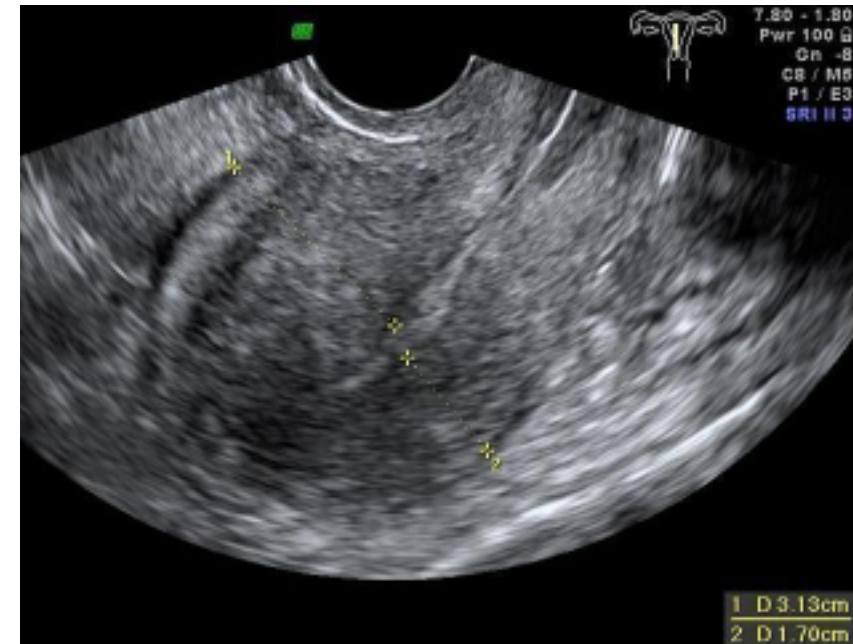
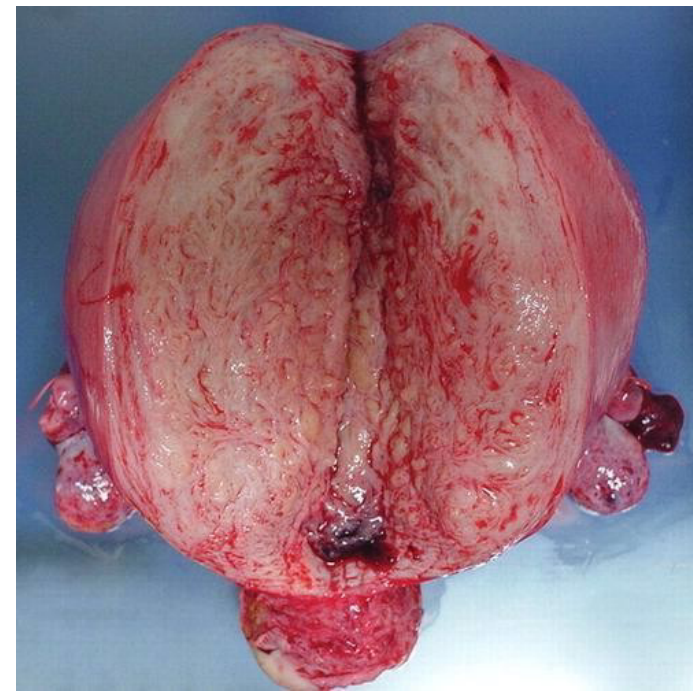
**Adenomyosis**

2. points from hx support your dx. ? (mention 4)

**1) Heavy menstrual bleeding**

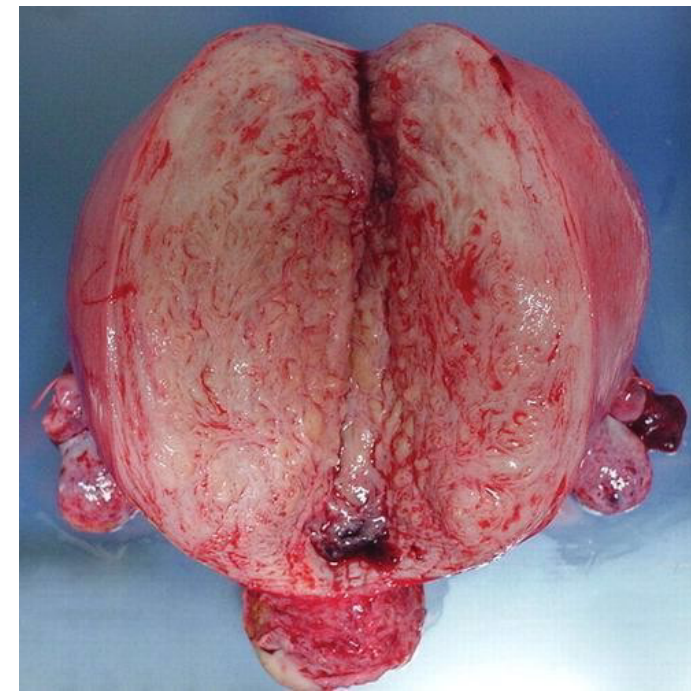
**2) Advanced maternal age**

**3) Multiparous**



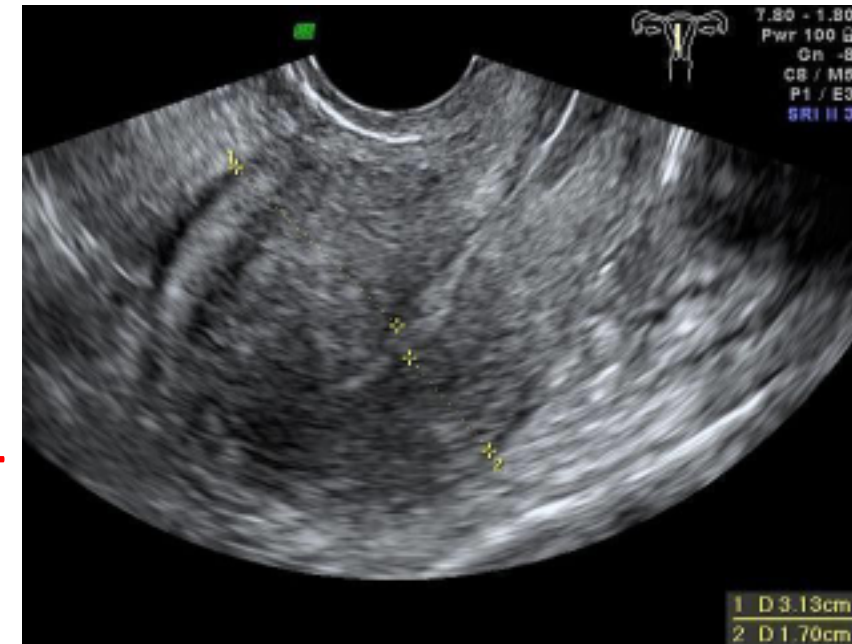
3 . complications may happen during this surgery?

- **general anaesthetic complications.**
- **bleeding.**
- **ureter damage.**
- **bladder or bowel damage.**



4. Risk sites for ureter injury in this surgery?

1. **During clamping of the infundibulopelvic ligament**
2. **During clamping of the uterine arteries**
3. **During clamping the vaginal angles, and the parametrium 1 cm lateral to vaginal vault**



# Osce stations

## Station 1

history taking on booking visit GA 6weeks patient with chronic hypertension

## Station 2

Heavy menstrual bleeding since the last 3 months with known case of breast cancer

\*\*history taking relevant point?

\*\*physical examination ?

\*\*investigations?

\*\*cause of her bleeding? Drug use (tamoxifine)

Summer course

10 July

Done by

Rand Mbaidin

Leen Mbaidin



# Station 1

1. What is the procedure and type ? Lateral Episiotomy \_2nd degree laceration.
2. This procedure is done by which type of anesthesia?  
Local anesthesia (**lidocaine**).

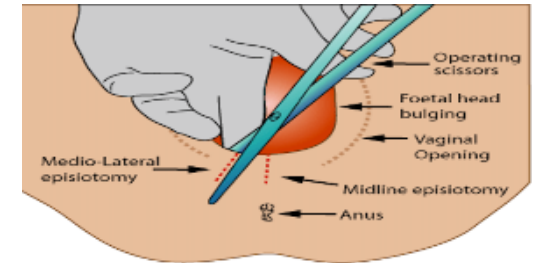
**3** Mention **4** Instruments used:

Sessor/ kidney dish /lidocaine / gauze

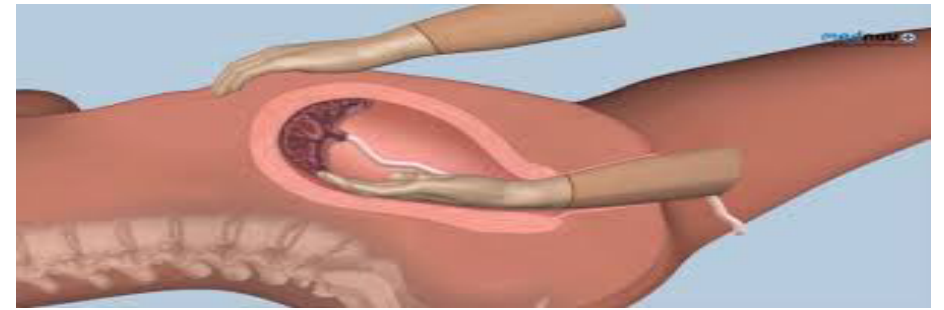
**4.** If she complain after 3 hours of perineal pain and lump. what do u think the cause?**vulvar hematoma**.

**4.** Mx will be based on ? **Presence of shock** syptoms

**5.** Mangment : if shocked .. Resuscitation with IV fluids  
If not/asymptomatic .. cold compressors



## Station 2



1. what is this, indication? **Manual removal of the placenta.**
2. Complication? **endometritis / PPH / uterine inversion/**
3. the patient come after 3 days, complaining from fever what do you think the most common cause of her complaint? **endometritis**
- 4 What probable findings on examination ? **Uterine tenderness /uterine subinvolution/ foul smelling vaginal discharge**
4. Management: **broad spectrum Antibiotics**

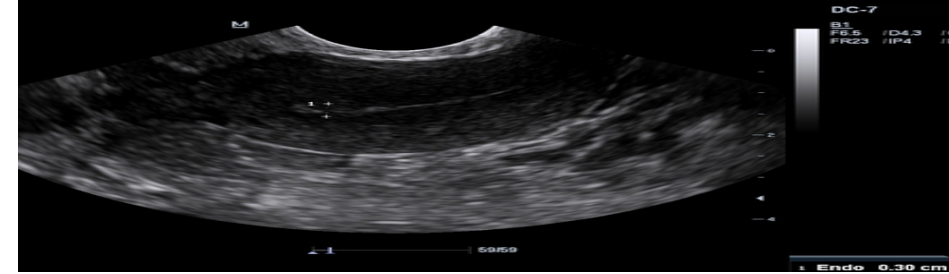
## Station 3

3 female, para 1 by ovarian stimulation, ( cs before 5 years) , infrequent cycle, hairstusim, DM

1. What are the cause of infrequent cycle in general? **Hyper androgen** state
2. What is the diagnosis in this case? **PCOS**
3. Investigation? **Free testosterone/LH:FSH ratio/Home test / DHEAS**
4. Mangment? **1st lifestyle modification (wt reduction )/2nd metformin**
5. If she came with vaginal sottig what is the mangment?  
**Endometrial biopsy to role out endometrial cancer**

# Station 4

Thickness <2mm



57 female, menopause 2 years, complain of vaginal spotting

1. What will you ask in history? **amount / last menstrual cycle / presence of clots**

2. examination? Bimanual examination and abdominal exam To assess the presence of masses

3. If tests unremarkable what is the **most cause? Uterine atrophy**

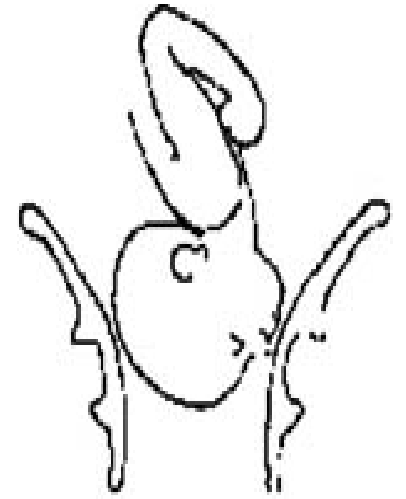
4. How to confirm your diagnosis? **D&C**

# Station 5



1. What is this: Copper IUD
2. Prequisites ; pap smear /pregnancy test/ lipid profile / chlamydia and gonorrhoea screening test .
3. Complication: ectopic pregnancy /PID/Perforation/ expulsion/expulsion.
4. If she get pregnant with iucd what is the mangment?  
Before 12weeks.. Remove it  
After 12 weeks .. Don't remove it

# Station 6



1. What is the presentation? **face presentation**
2. Diameter and it's name: **13.5 cm / subment\_Bragmatic**
3. finding in PV examination **eyebrows / supraorbital ridge**
4. If she is -2 station with 5cm dilatation and after 6hours she still like that what do you think the cause is ? **Cephalopelvic disproportionate**
5. How would you deliver her?by **CS**

# Osce

27 year old married woman G4P0+4 come to clinic my to explore the cause. in US the uterus is normal

What is the name of this case ? ***Recurrent miscarriage***

What is the possible causes?] What are the relevant questions in history[?ask about risk factors as mentioned I the slides  
"////////////////////" in examination?

What is the investigation if the cause is antiphospholipid syndrom ?

What are the treatments? **LMWH & LOW DOSE ASPIRIN**

2 previous second trimester miscarriage. one preterm labor

1.what is the most likely cause? **Cervical insufficiency**

2.what is the relevant point in history and examination  
**Ask about Risk factors of recurrent miscarriage**

3.Investigation **ask about investigation for each risk factor**

4.Management in this case **cervical cerclage at 14 week of gestation**



37years old

recurrent miscarriage para zero +4

1.cause of miscarriage in general?

2.most common cause with this case?

3.management

4.investigation

**As mentioned in previous question**

37 year old married woman G4P2+1 the GA37 week  
CC decrease fetal movement  
In US absent fetal heart  
In examination fundal high is 32

What the relevant question in history  
“””””””””””” in examination ?

Most common causes? **IUFD**

Investigation ? **vitals / DIC work up d\_dimer /fibrinogen/platlets/PTT/PT**

Management? (Medical) **Misoprostone**

RTA, Admitted via ER, 26 Years old, GA 34 week, abdominal pain.

1. what the relevant question in history

- Pain analysis) **SOCRATES**(
- **PRESENCE OF VAGINAL BLEEDING**
- **Fetal movement**
- **Ask if she was worn the seat belt ?**

2. physical examination finding? **Abdominal tenderness /fetal presentation**

3. CTG For fetus»\* baseline heart rate

\*variability

4. management? **Based on severity**

**Maternal or fetal Instability -> Delivery( mode of delivery based on obstetrical indication)**

**Both are stable > as mentioned in Dr. AHLAM slides**

# OBSTETRIC & GYNECOLOGY

31\10\2023

CORRECTED BY: TUQA ABU NAWWAS

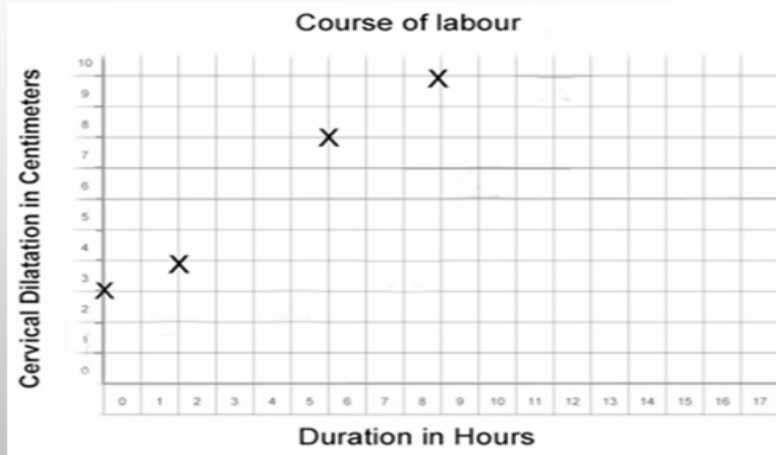
# Q1)

صورة بارتوجرام واحنا نعبي عليها المعلومات من خلال

الهيستوري...السؤال طويل شوي لكنه واضح وسهل

على نمط هذا المثال+ لا تنسو تعبوا بيانات البيبي على جنب البارتوجرام كم  
وزنه وشو جنسه

## NORMAL PARTOGRAM



A 36-year-old para 1 presents to the maternity unit in spontaneous labour at term. In her previous pregnancy she had a ventouse (vacuum) delivery of a 3.32 kg baby. On admission to the unit she is 3 cm dilated. She is contracting 4 in 10 minutes and her contractions are assessed as moderate.

Two hours later, the vaginal examination is repeated and her cervix is 4 cm dilated. She is encouraged to mobilise and her membranes are left intact. Four hours later she has a spontaneous rupture of the fetal membranes. She is now 8 cm dilated. Three hours later she reports an urge to push – on examination her cervix is fully dilated with the fetal vertex below the ischial spines, in an occipito–anterior position. Thirty minutes later she has a spontaneous vertex delivery.

Q2)

a-what is the name of this device?

**Amnio hook**

b-name of the procedure?

**Amniotomy, artificial rupture of membrane**

C-4 advantage for this procedure?

**1-Enhance uterine contraction**

**2-Shorten active phase of first stage**

**3-Assess fetal well being from liquor state ,**

**4-To check if there's cord prolapse**

D-if the amniotic index was 29 and on rule of 5 was 5/5 what will happen if you use this instrument?

**Leakege amniotic fluid and increase in the station and may be cord prolapse due to polyhydrominose**

E-if the patient had previous one C/S can you use this instrument and why?

**No, there is risk of rupture the scar + amnoitomy is type of induction which is contraindication in previous CS**

\*



- Q3) 19 years old female complaining of hirsutism, acne:  
a-give 2 questions you will ask her in history?

About Menstruation , medical hx(DM, CVS diseases, Dyslipidemia, thyro  
b-give to finding you will see in P/E?

acanthosisnigricans, obesity, temporal blading

C-investigation to this patient ?

Pelvic us , hormone profile (LH,FSH,TSH, prolactin, Androgen)

d-if there is ultrasound findings of 12 follicles with normal total testosterone level what is you're diagnosis? **PCOS**

e- If it PCOS what is you're management?

Medical:

Ocp, spironolactone ,metformin

,clomiphene citrate,

Surgery:lap. Ovarian drilling



## السؤال صورة cystometry

Q4)a 70 years old female patient complaining of mass protrusion from her vagina with cystometry image:

a- what are the findings in cystometry?

حسب شو شايف بالرسمه مثلا ال

urine volume ... etc

b-what is the probable diagnosis and what the cause of it ?

Urine incontenece ,

الاسباب (stress , staining , prolapse)

c-what is the pelvic floor problem in this patient?

ant. Vaginal prolapse

d- give other symptoms the patient may complain:

frequency , incontenece , urgency, UTI, voiding difficulty

e) fill this table

Aa	Ba	C
gh	pb	tlv
Ap	Bp	—

اي ارقام تكون  
anterior vaginal prolapse

+2 Aa	+5 Ba	-6 C
4.5 gh	1 pb	8 tlv
-3 Ap	-6 Bp	—



Q5) female patient came with abdominal contractions pain, GA 32:

a-what is the name of this test? **Lamellar Body Count**

b-reflect for what? **surfactant concentration**

c-if the reading was 22.000 what is the name of the result?

**transitional perform L/S and PG**

الارقام ودلالاتها موجودة بالمحاضرة

d-what is the next step? **L/S ratio and PG**

e-if there is gush of fluid what is your probable diagnosis? **PROM**

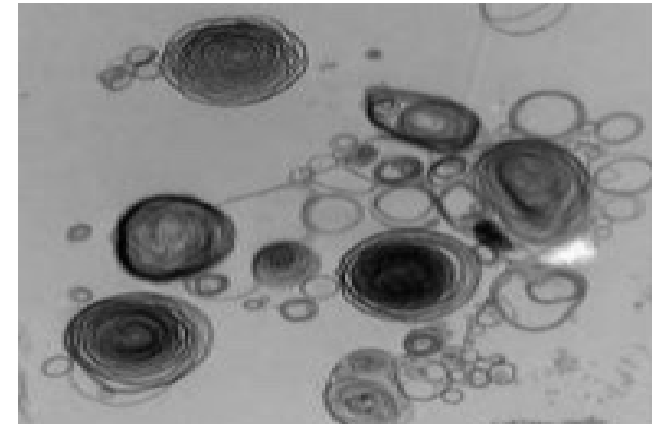
f-how you will diagnose PPRM clinically?

**Gush of fluid , uterine contraction**

g-what is you're management?

**Atosiban (tractocile) , CCB , Bmimetics , NSAIDs**

**MgSo4**



- Q6) a 7 years old female patient came for vaginal bleeding for 4days, no acne or hairsutism

)image with secondary sexual finding)

a-what is the diagnosis ?

precocious puberty

b-investigation ?

Pelvic US , hormone profile , prolactine

c-what is the most common type of this diagnosis? central type

d-suppose all investigations are normal what is the probable diagnosis? child abuse , foreign body

E)what is you're management?

GnRH agonist –central

If peripheral treat the cause

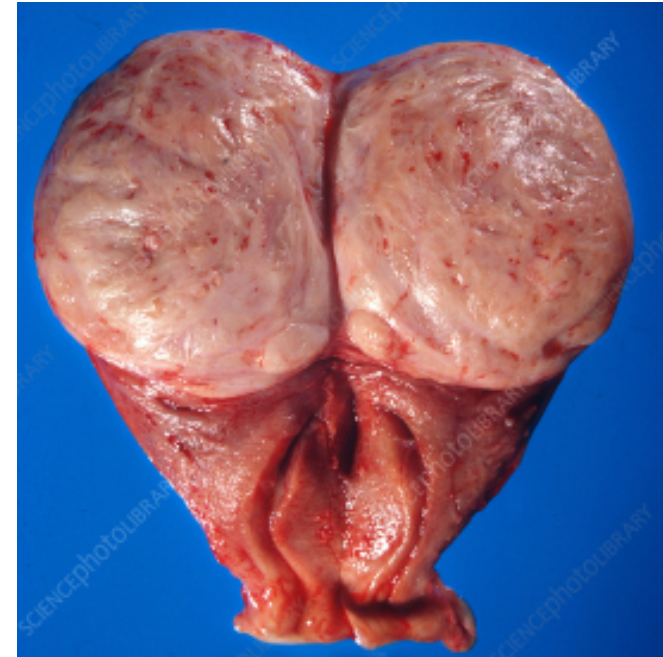
# OB&GYN archive

## 26/12/2023

By: Raghad Amr

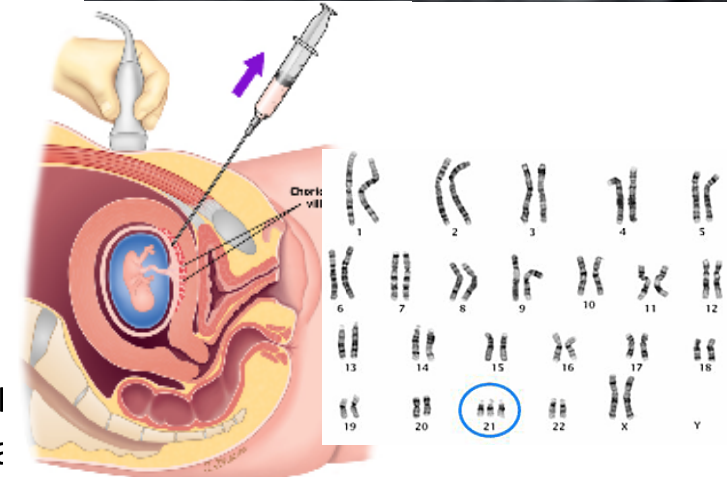
1<sup>st</sup> station: a 45-year-old woman G3P3 underwent a hysterectomy due to heavy menstrual bleeding, the following picture shows the uterus.

- 1. If her only complaint is heavy menstrual bleeding how would you describe her period?
  - Regular, normal frequency, prolonged duration, heavy volume
- 2. Name the lesion
  - Intramural leiomyoma
- 3. Primary investigation
  - Ultrasound
- 4. Protective factor in history
  - Multiparity
- 5. Less invasive treatment modalities
  - Myomectomy, uterine artery embolization or medical treatment like Mirena



# 2<sup>nd</sup> station: a 12 week pregnant woman came to the clinic because she is worried that her baby might have congenital anomalies, she did the following tests

1. Look at image A What are the features shown? And their significance
  - Absent nasal bone
  - Increased nuchal translucency
  - Significance: soft markers that mean increased risk of fetal aneuploidy
2. Other tests that can be used at this stage
  - Bhcg and PAPP-A
- Regarding Image b
3. what is the test called?
  - Transabdominal chorionic villous sampling
4. How can it be used to be helpful for the mother?
  - The collected sample can be karyotyped to diagnose and confirm aneuploidy
5. Complications of this procedure (only 2)
  - Infection, fetomaternal hemorrhage, rupture of membranes, bleeding, fetal loss, contamination
6. Image c shows 21 trisomy, later on, what other findings can be found on ultrasound?
  - Nuchal fold, congenital heart defects, short long bones (humerus, femur) duodenal atresia (double bubble sign)



# 3<sup>rd</sup> station, look at the diagram and answer the following questions

1. Name the labelled lines

- A: LH B: Estrogen C: FSH D: Progesterone
- E: follicular phase F: ovulation G: luteal phase

2. What is the source of hormones?

- A and C: anterior pituitary
- B and D: Ovary

3. Between E and G, what phase is more constant?

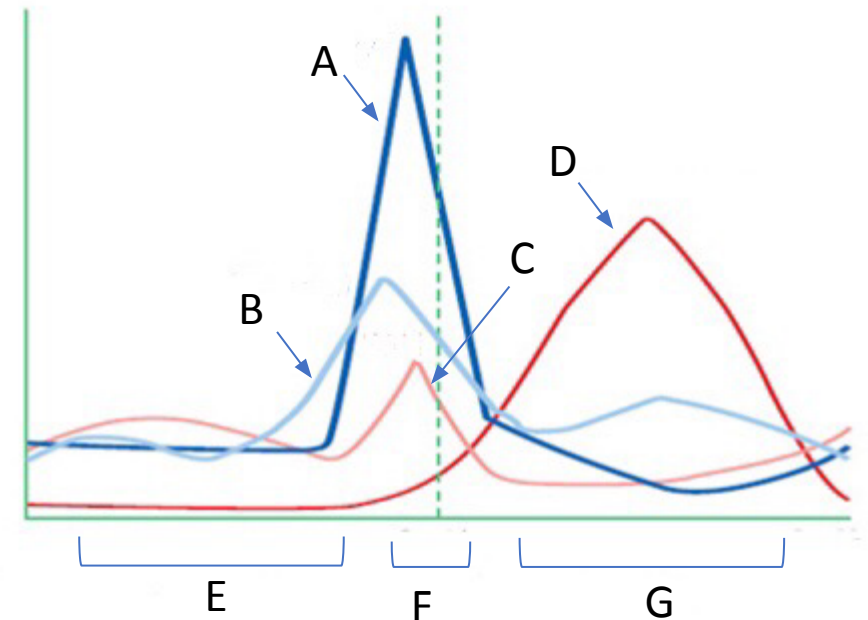
- G

4. On what cells does each hormone act on

- A: theca cells
- B: granulosa cells

5. Give 3 tests to confirm ovulation

- Basal body temperature, serum progesterone measurement, urinary LH measurement



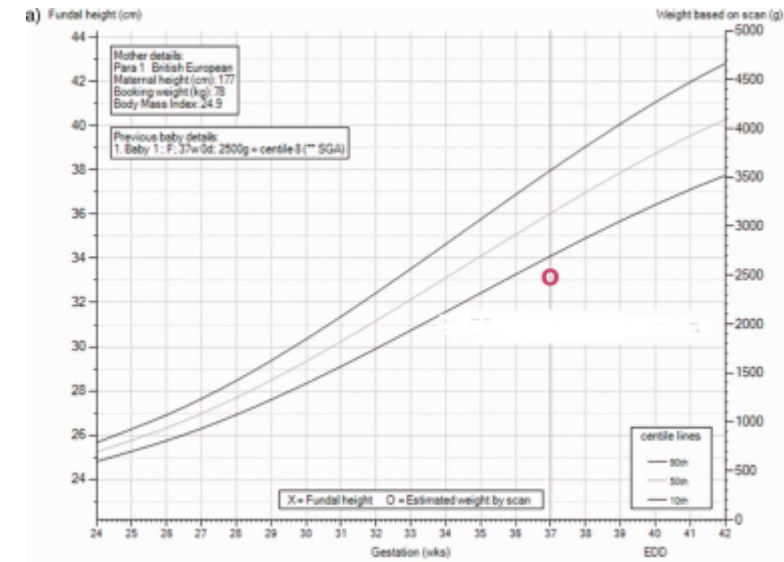
# 4<sup>th</sup> station: a woman came to the clinic at 34

## W

- Regarding image A (image shows 29 cm)
  1. What is the name of this part of physical examination?
    - symphyseal fundal height
  2. What is your interpretation?
    - Small for gestational age (date-height discrepancy)
  3. Other findings on obstetric examination?
    - Determine fetal lie, presentation and engagement
  4. Mention 4 causes of this finding
    - Wrong date, oligohydramnios, IUGR, IUFD, preeclampsia

## Regarding image B

5. What is your interpretation?
  - Small for gestational age
6. What is your management?
  - Follow-up by serial ultrasound to determine growth velocity, and serial BPP, weekly doppler velocimetry



5<sup>th</sup> station: a case of a woman who wishes to use a contraceptive that is long-term and reversible, and she suffers from heavy menstrual bleeding and dysmenorrhea

1. Mention 2 long term contraceptives

- Intrauterine device (copper or mirena), Implanon, depo-povera

2. Which contraceptive is best for her, and justify your answer

- Mirena, because the progesterone in it opposes the estrogen and decreases the heavy menstrual bleeding

3. 4 side effects of the contraceptive you chose

- Amenorrhea, irregular bleeding, PMS-like symptoms, infection

4. Mechanism of action of the contraceptive

- Thickens cervical mucus, thins endometrium, local inflammatory reaction



# 6<sup>th</sup> station: a woman came to the ER due to painful breasts, she delivered vaginally 4 days ago

1. What is the diagnosis?
  - Mastitis
2. What are 2 relevant points you should ask in history?
  - Breastfeeding, fever
3. Findings in physical examination that would confirm your diagnosis?
  - Unilateral edema, erythema and tenderness, area feels firm and hot
4. 2 points to look for in abdominal and pelvic examination
  - Uterus position, look for abdominal or pelvic masses
5. What is the most likely cause?
  - Accumulation of milk, growth of staph aureus
6. If she wants to continue breastfeeding, what would you advise her?
  - Encourage her to continue breastfeeding, massage the breast or put warm compresses, analgesia, increase feeding frequency



# OSCE stations

- 1<sup>st</sup> station: postpartum hemorrhage after precipitous vaginal delivery of a 4.2 kg baby
  - What is the condition called: primary postpartum hemorrhage
  - What questions would you ask the midwife to establish etiology
  - Investigations
  - Management (for a group it was uterine atony and for another group it was vaginal tear)
- 2<sup>nd</sup> station: a 17-year-old girl came with her mother due to delay in menstruation onset
  - What is this condition called
  - Relevant points in history
  - Relevant points in physical examination
  - Diagnosis (for a group everything was normal so most likely mullerian agenesis and for another group there was no breast development so most likely turner)

# OBS and GYNE

## Mini osce 7/3/2024

Malak hamasha

Checked by : leen mbaidin

Rand mbaidin

Hx : 40 y female, para5 ,  
complain of heavy menstrual bleeding and  
dysmenorrhea

1. Questions would ask it about her cycle ?

Frequency, duration, severity , prescense of clots ,  
Pain related to period (dysmenorrhoea)

2. Other investigation you do it for this patient ?

Transvaginal ultrasound / CBC /

3. Your diagnosis ?

Adenomyosis

4. From history what the risk factor that will help you in your diagnosis ?

Multipara

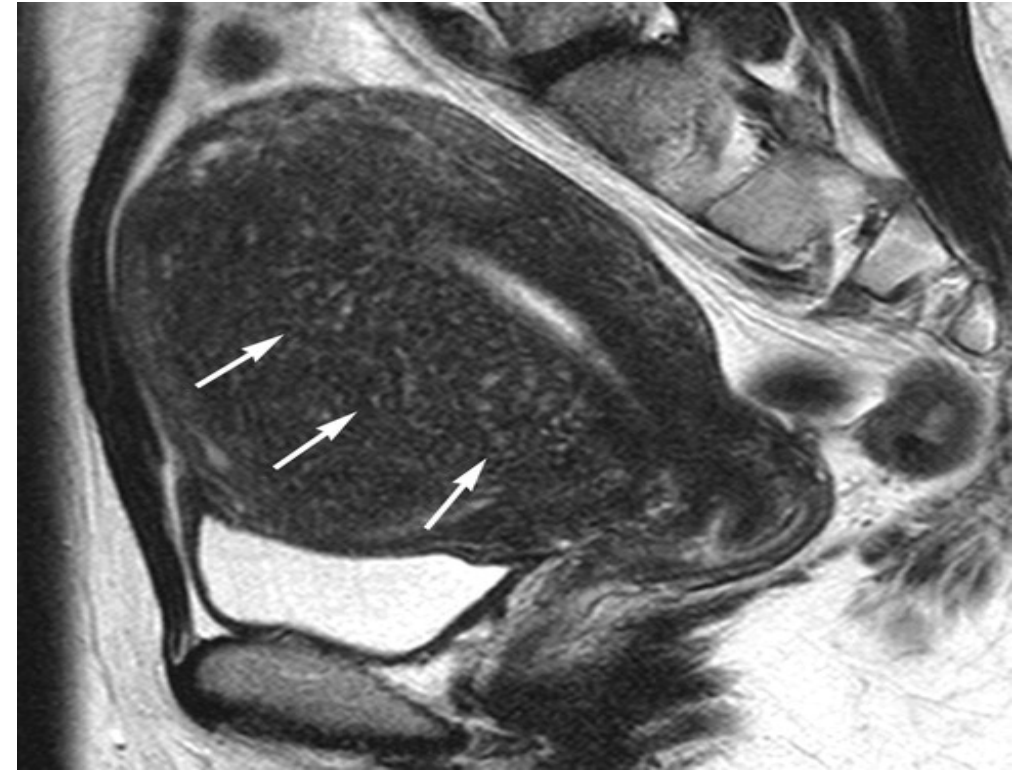
5. Conservative management ?

NSAID / OCP / mirina / progestins

6. What your management if conservative treatment failed ?

Hysterectomy

MRI pictures



# Urodynamic study for some women :

1. What the name of test ?

Uroflowmetry

2. What the points (A/B/C) and the normal volume of them ?

A : flow time (20-30 seconds )

B : flow rate ( 15ml/sec )

C : urine volume (400-600 cc)

3. What this shape indicate ?

Normal bell shape

4. What other volume you measure it after voiding and its value ?

Residual urine volume (>50 cc)

5. If she came with third stage prolapse , what the changes you see it in the graph ?

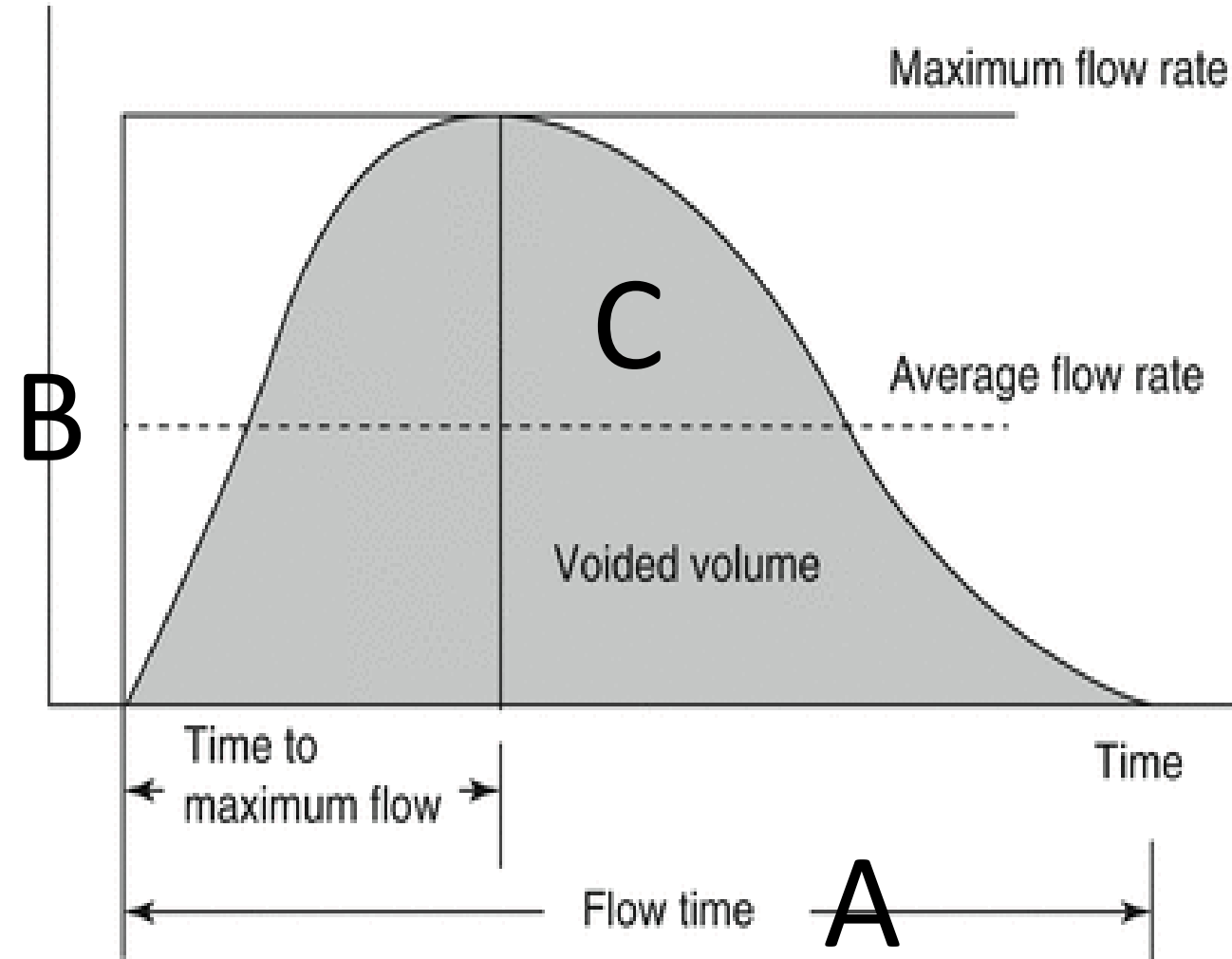
It will cause obstructive so more flow time /intermittent / increase urine flow

6. What are the obstetric complication related to this ?

Macrosomia/ prolonged second stage of labour

Uroflowmetry: ICS recommended nomenclature

Flow rate (ml/sec)



1. What are the presentation in first picture and the dominator ?

Longitudinal breach , sacrum is the dominator

2. What this maneuver called ?

External cephalic version

3. What you find in your examination in first picture ?

-hard part at fundus

-soft buttock in pelvic inlet

-heart auscultate above umbilicus

4. What are the conditions that prevent us to do this maneuver ?

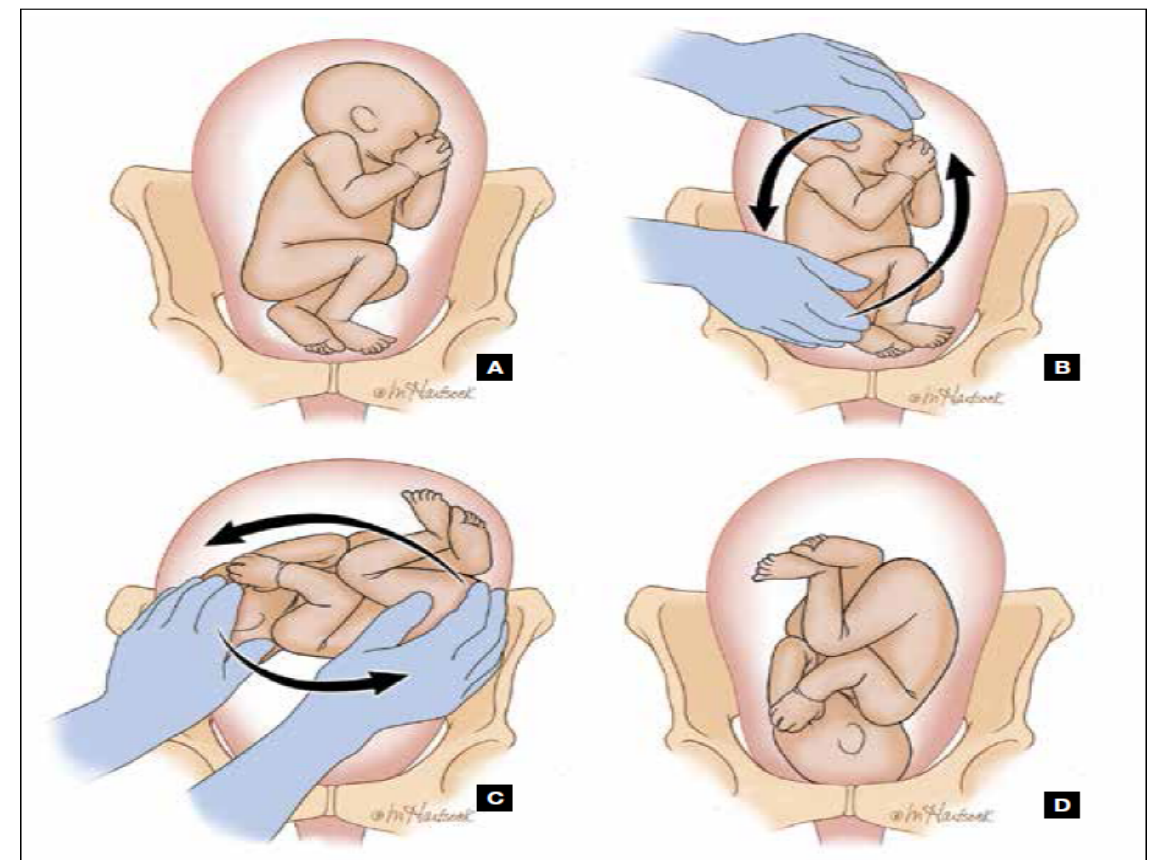
-placenta Previa -rupture of membrane

-oligohydramnios

5. Management of last picture ?

Can delivery vaginally

FIGURE External cephalic version technique



In external cephalic version, the clinician externally rotates a breech- or transverse-lying fetus to a vertex position. The illustration shows a backflip rotation maneuver. The American College of Obstetricians and Gynecologists recommends a forward rotational maneuver be attempted first.

Source: Koutrouvelis GO; American College of Obstetricians and Gynecologists' Committee on Practice Bulletins—Obstetrics. Practice Bulletin No. 161: External cephalic version. *Obstet Gynecol.* 2016;127(2):e54–e61.

# Old age women , menopause for 2 years , complain of bleeding

1. What this picture indicate ?

Increased endometrial thickness

2. Differential diagnosis ?

-endometrial hyperplasia -endometrial cancer

-fibroid - adenomyosis

3. What are the drugs that women may be took and cause this ?

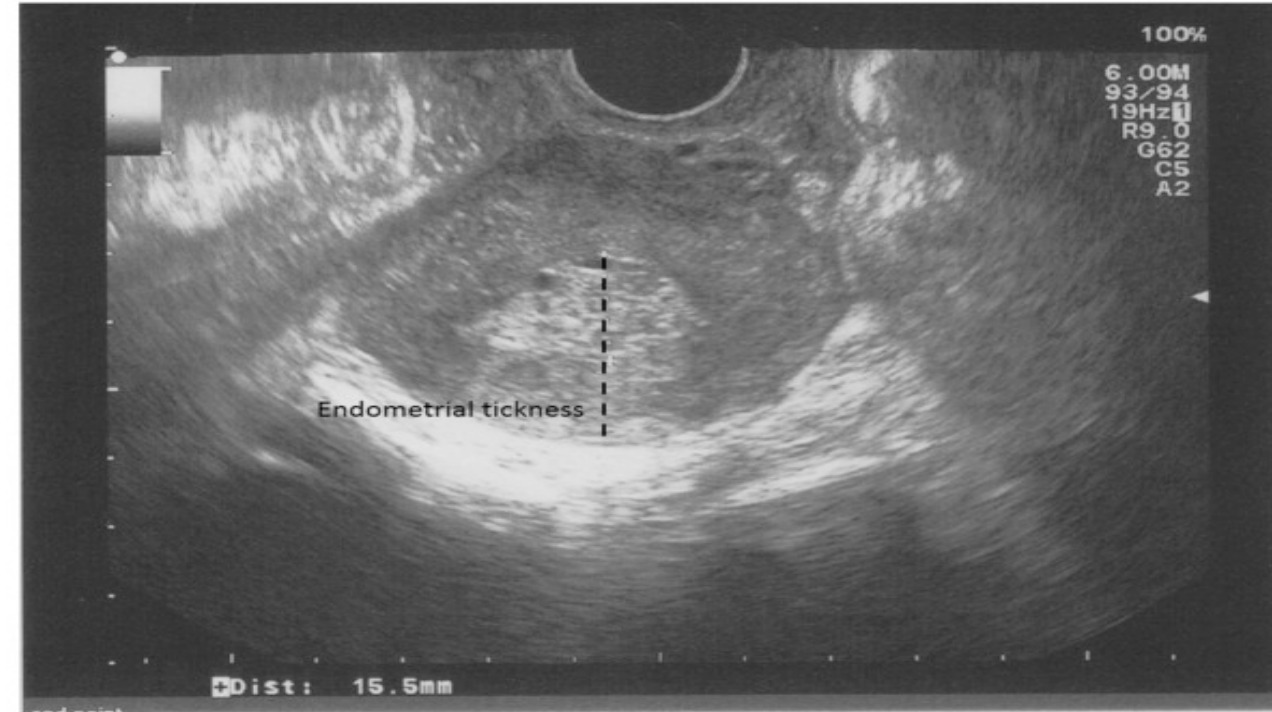
-hormones replacement therapy

-tamoxifen - anti-coagulant

4. Definitive diagnosis by ?

Hysteroscopy and biopsy

TVUS



1. What are these points

A: myometrium

B: endometrium with unseparated placenta

2. The diagnosis and most common cause of this condition ?

Uterine inversion caused by uncontrolled cord traction

3. What are the symptoms of patient ?

-severe vaginal bleeding -sever abdominal pain

4. What you find in examination ?

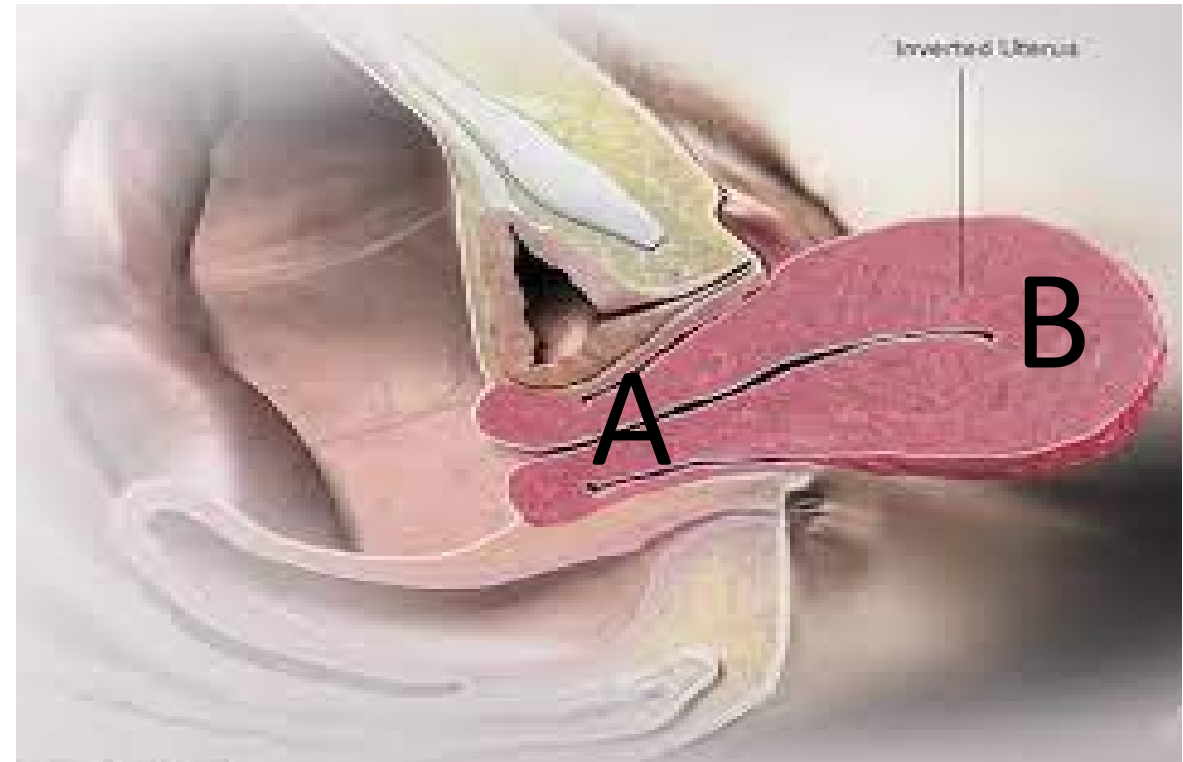
-hypotension - tachycardia

-absence of uterine fundus in abdomen

-smooth round uterus outside vagina

5. Management ?

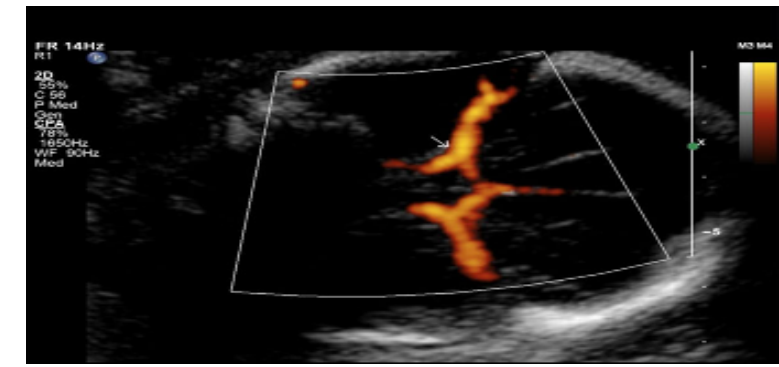
Resuscitate the patient and immediately return of uterus then do controlled cord contraction with oxytocin





# Rh negative women with Rh positive father , second pregnancy the antibodies titer was 1/16

A



1. Diagnosis ? Rh alloimmunization

2. What would ask the women in history ?

Previous pregnancy complications?

Blood group of Previous baby ?

In picture A , what the vessel that used for checking ?

-middle cerebral artery velocity

What the normal level ?

>1.29 MOM

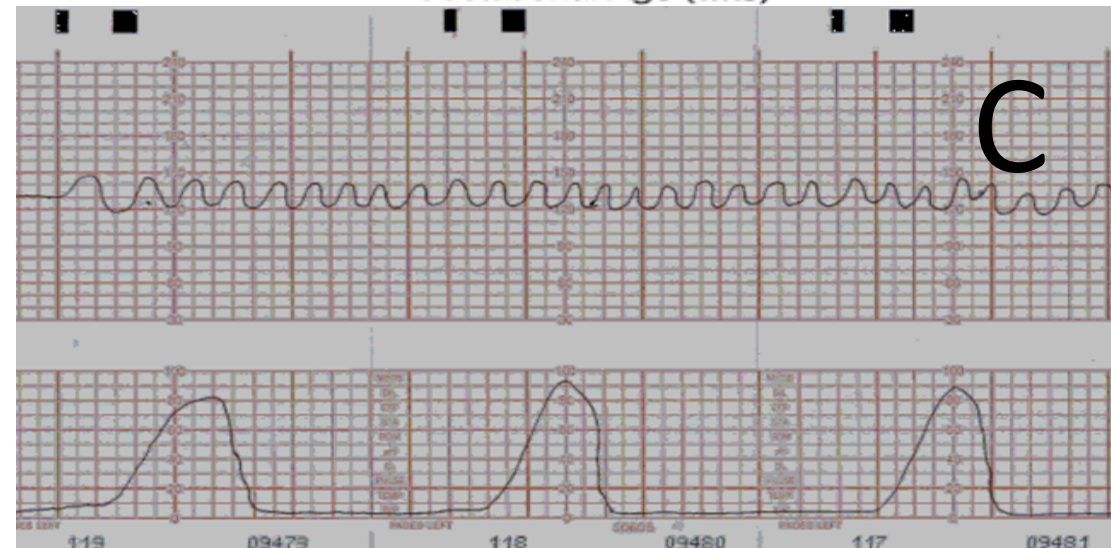
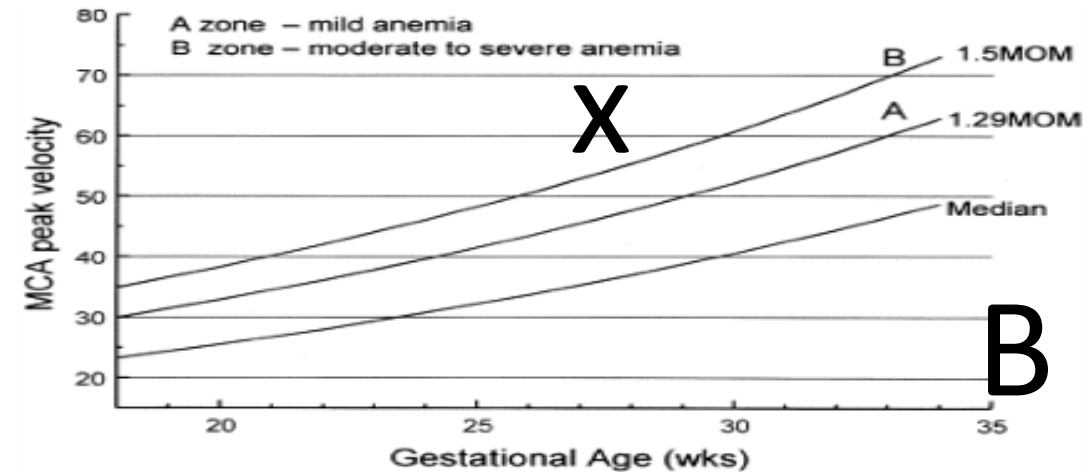
In picture B , your interpretation ?

MCA <1.5 so sever fetal anemia

Management ? Intrauterine blood transfusion

In picture C , what is this pattern ?

sinusoidal pattern and its associate with sever fetal anemia



OSCE station

History : women pregnant in 10 week GA ,on examination the uterus between symphysis pubis and umbilicus

1. What the wrong things related to history ?

Large for date uterus

2. Give me 3 differentials ?

Wrong date /multiple gestation/molar pregnancy

3. Other investigation and what you look for ?

US /B-hCG

4. other questions asked by examiner

Couple trying to have baby since 2 years , the male sperm analysis is normal

1. What would you ask in history ?

Regular intercourse ,how many time per week

Using of contraception?

Dysparunea?

Medical hx

Medication use

Surgical hx

1. Investigations ?

Hormonal profile : FSH/LH RATIO

ESTROGEN

PROLACTIN

Testosterone

SHBG

1. If PCOS what treatment.

2. ---ovulation induction By clomiphene citrate ....if failed ..ovarian drilling

3. Asked by examiners

# obs and gyne archive

## 7/5/2024

done by : khozama saadah

**Answered by**

**Rand Mbaidin**

**Leen Mbaidin**

Q1. G3P0+2 /GA :8Weeks presented with mild vaginal bleeding

1) Relevant hx **presence of pain /amount /spontaneous or provoked / Hx of trauma /**

2) name of us finding ( anembryonic gestational sac )

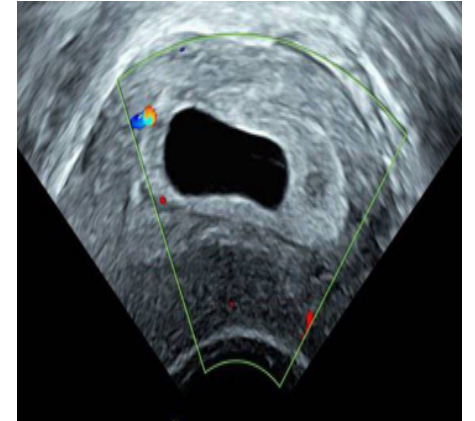
3) if bleeding increased +abdominal pain+ open cervix :

a. Diagnosis **incomplete miscarriage**

b. Management **D&C**

4) If she came to the clinic after 6 weeks . What investigations you would order

**B\_HCG level**



Q2. G2p1 previous delivery by cs / GA : 33 came to clinic with vaginal spotting

1)Diagnosis **placenta previa**

2) Relivant points in hx **ask about risk factor of placenta previa) Presence of pain /amount/ hx of trauma/(**

3 )If this is her first visit what investigation you should ask for **Vitals for mother /CTG to assess fetal wellbeing (not sure)**

4) if she come after that with mild bleeding ,managment? (As mentioned I dr. Ahlam slides)

**1.Stablization of the mother**

**2Immediately initiate continuous fetal monitoring**

**3Conservative mangment as both are stable**



## Q3. Case of abnormal uterine bleeding 35 age woman Married for 3 years nulliparous

1. Indication for performing hysteroscopy

**Mentioned in the slides**

2. If she complains of delayed pregnancy. What would you check for in hysteroscopy?

**Fallopian tube patency**

3. Diagnosis : **Uterine fibroid**

4. Tx : **myomectomy**

5. Complications of the procedures performed in Q3? as mentioned in slides

**Uterine perforation /PID /**





**Q4. 23 years old (GA:10) (G2 P1)**

**HX of DVT in previous pregnancy /**

**labs : (Hb=9 / WBC :15000 / reticulocytes count :6%**

**Hb S was detected in electrophoresis**

- **1. Diagnosis Sickle Cell Disease**
- **2. Complications on the mother and fetus?As mentioned in Dr . Male slide**
- **3. Other labs you would ask for? Coagulation profile ( fibrinogen /d dimer / PTT/PT ) /MCV /**
- **4. Managment?WBC are elevated (suspicious of infection that should be treated with antibiotics , Other mangment as mentioned in Dr . Malik slide**
- **5. The best contraception method to be used Depot\_ medroxyprogesterone acetate (mirena)**

5. A patient came to the clinic one month after inserting IUD.

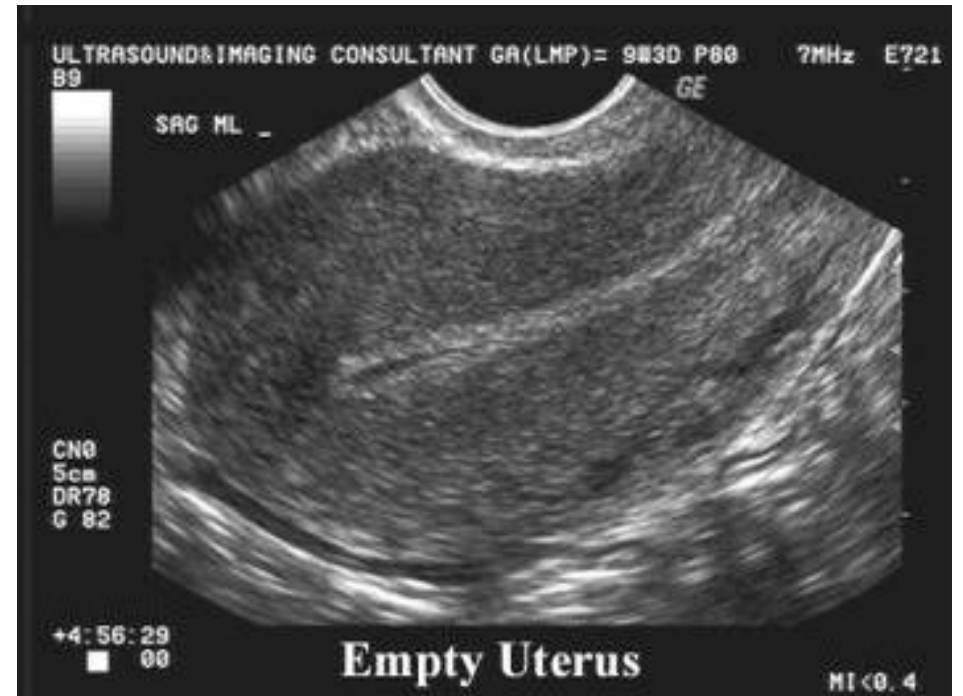
LMP: before one month . US was performed (**case of ectopic pregnancy**)

1. What is the indication to do TVUS for this patient **to rule out ectopic pregnancy**

2. The finding in US **empty Uterine cavity( endometrial stripe)**

3. What are the risk factors for your diagnosis **Risk factor for ectopic pregnancy as mentioned in slides**

4. The best contraception method to be used in the future for her case? **LARC( LONG ACTING REVERSIBLE CONTRACEPTIVE)**



Q6.16 years old come to the clinic with her mother complaining she didn't have any menstrual bleeding in her life , please answer the questions below and use the figure when it is required

1.Points to ask in history( **primary amenorrhea( cyclic abdominal pain / presence of pubic and axillary hair/ anosmia /headache/visual field defects/family hx/**

2. 4 DDx of 1 amenorrhoea **kalman syndrome/empty sella turicca/ Androgen insensitivitysyndrome /Turner syndrome**

3.According to the figure , what is your diagnosis **Imperforated hymen**

4.Other complaints the patient will come with **Vaginal bulging /cyclic lower abdominal pain /abdominal lump**

5. What will happen to FSH levels in her case **normal**

6.Management **Cruciate incision**

