

Circumcision

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Definition

- Circumcision is a surgical procedure to remove the foreskin covering the glans (head) of the penis.
- Usually, babies undergo circumcision shortly after birth. Circumcision began as a religious rite. Today, people get circumcised for religious, medical and cultural reasons.
- Many baby boys get circumcised, usually within the first week of life. Adults can get circumcised as well, though it's less common.

Foreskin?

- The foreskin is a piece of skin that covers the round tip of the penis.
- It is a double-layered fold of smooth muscle tissue, blood vessels, neurons, skin, and mucous membrane that covers and protects the glans penis and the urinary meatus. It is also described as the prepuce.
- The foreskin is mobile, fairly stretchable, and acts as a natural lubricant, and is lined up by an external keratinized layer and an internal mucosal layer.
- When a baby is born, the foreskin is adherent to the glans penis. These adhesions separate spontaneously with time, allowing the foreskin to become retractile. At 1 year of age, about 90% of boys have a non-retractile foreskin. By 16 years this declines to just 1%.
- Sometimes, the foreskin doesn't separate when it should and remains tight, a condition called phimosis. Usually phimosis requires further intervention or circumcision to correct it.

How common is circumcision?

- Circumcision is the most common surgery among males. In the United States, up to 60% of baby boys are circumcised. Around the world, the rate is about 33% of males.
- The highest rates of circumcision are in the U.S., Middle East and South Korea. It's much less common in Europe, other parts of Asia and South America.
- Jewish and Muslim people perform circumcision as part of their religions.

Indications

A- On request by the parents for religious, cultural or hygienic reasons.

B- Medical indications:

1. Recurrent urinary tract infection: Circumcision is occasionally justified in boys with an abnormal upper urinary tract and recurrent urinary infection. It may also help boys with spina bifida and neurogenic bladder who are more prone to UTIs.

2. Recurrent balanitis (inflammation of the glans) and **posthitis** (inflammation of the foreskin)

3. Decrease risk of sexually transmitted infections (syphilis ,HIV) .

4. Decrease risk of penile cancer and cervical cancer for partners

Indications

5. Phimosis (tight foreskin): the inability to retract the foreskin covering the head (glans) of the penis

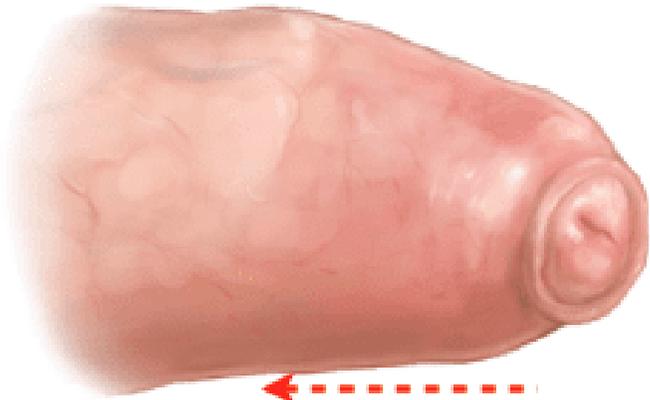
two types:

- Physiologic phimosis: Children are born with tight foreskin at birth and separation occurs naturally over time. Phimosis is normal for the uncircumcised infant/child.
- Acquired (pathologic) phimosis: occurs due to scarring, infection, or inflammation and can lead to bleeding and scarring.

6. Paraphimosis (urologic emergency): the foreskin is not pulled back over the glans after retraction causing a swelling of the distal penis, discomfort, and vascular compromise.

Phimosis

↳ Inability to retract the foreskin



← Cannot retract foreskin

Can be normal up to 3 years old
Clinically significant after age 4

Treatment

- Topical steroid cream
- Periodic gentle retraction

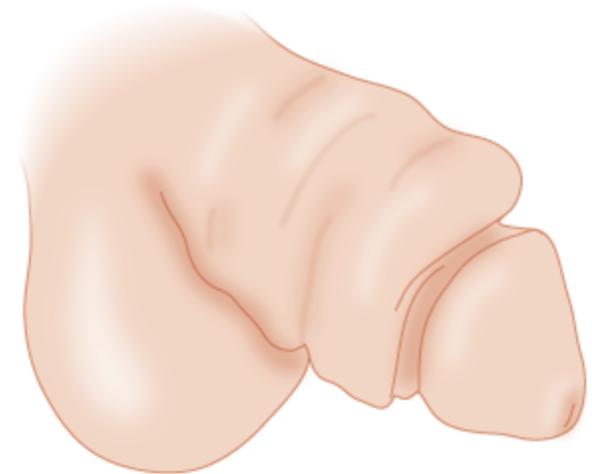


Paraphimosis

- Inability to reduce the foreskin back to anatomic position
- Urologic emergency



Phimosis



Paraphimosis

Contraindications

1. Circumcision is contraindicated in infants with certain genital structure abnormalities:

- Hypospadias (urethral meatus on the ventral aspect of the penis)
- Epispadias (rare malformation in which the urethra ends in an opening on the upper aspect of the penis)
- Chordee (head of the penis curves upward or downward)
- Webbed penis (scrotal skin extends onto the ventral penile shaft)
- Ambiguous genitalia, because the foreskin may be needed for reconstructive surgery
- Buried penis (normal size but hidden under the skin of the abdomen, thigh, or scrotum)
- Penis torsion
- Micropenis

2. premature infant

3. failure to thrive

4. ill baby

* Bleeding disorder as hemophilia are contraindications for circumcisions and should be discouraged in these cases .

Bleeding disorders as hemophilia are relatively contraindication ; we can give the

pt. Antihaemophilic factor then after 2-3 days we can do circumcision

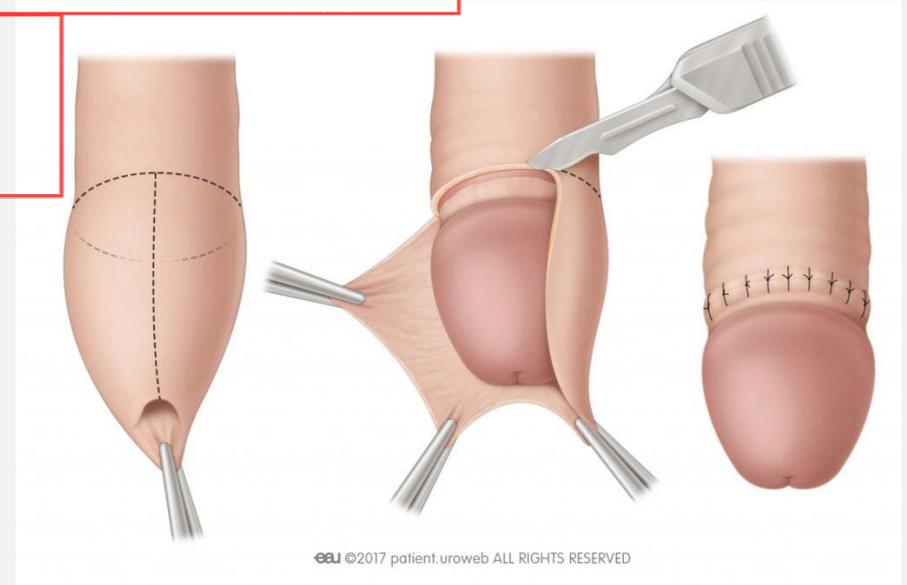
**سؤال عام :
شو الأديان اللي ما بعملوا circumcision ??
= الصابئة ، ذكروا بالقرآن "والصابئون"

Methods

- **What happens during a circumcision?**

1. Separates the foreskin from the head of the penis.
2. Uses a scalpel to remove the foreskin.

- **Freehand technique:** Physician removes the foreskin with a scalpel. Performed in operating room and requires general anesthesia. Less complications.
- **Clamp techniques:** a special **clamp** is placed to compress the edges of the foreskin before removing the 'extra' skin. Generally utilized for neonatal circumcision. Most appropriate when infant is under 4-6 weeks of age and under 12 pounds .



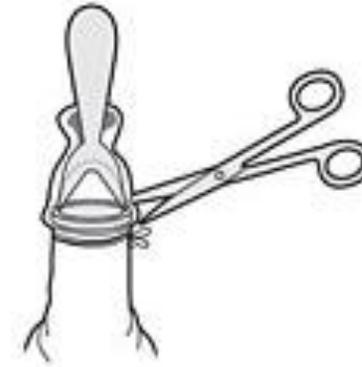
Freehand technique>The best
but needs good experience

Types of clamps

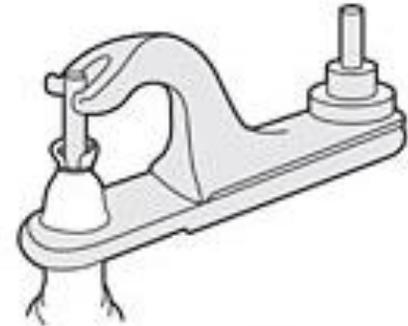
- Gomco clamp
- Plastibell clamp
- Mogen clamp



**FIGURE 1:
THE MOGEN CLAMP**



**FIGURE 2:
THE PLASTIBELL**



**FIGURE 3:
THE GOMCO CLAMP**

- ❑ higher bleeding risk with gamco
- ❑ Higher site injuries and serious complication with plastibell
- ❑ Higher injury rates to the tip of the penis injuries with mogen

**Plastibell clamp : plastic ring , have groove , placed between foreskin and glans,
The ring will fall off on its own in 5 days.**

Contraindications : parents they don't understand or noneducated parents

Complications

- The incidence of complications varies between 0.034% and 7.4% in communities where circumcision is widely practiced.
- The most common complication of male circumcision is bleeding.
- Others are local infection, too little or too much foreskin removed, and surgical trauma or injury.

Complication of too much foreskin removed : inexpensive scars
Complication of too little foreskin removed : post-circumcision phimosis

Complications

- **Inadequate skin removal:** can lead to paraphimosis which is an emergency.
- **Removal of excessive skin:** In many cases, conservative therapy consisting of wet to dry or antibiotic ointment dressings results in adequate healing by secondary intention.
- **Glans injury:** If the glans is amputated, the tissue should be wrapped in saline-soaked gauze and placed indirectly on ice for transport. The patient should be transferred immediately to a referral center, as successful reattachment is possible if performed within eight hours of injury.
- **Epidermal inclusion cyst:** occurs when an island of skin is left to heal underneath the skin of the penile shaft. Cysts usually are diagnosed by physical examination. Treatment consists removal of the entire cyst. Epidermal inclusion cyst also known as smegmal cyst
- **Abnormal scarring, resulting in adhesions or penile curvature**
- **Urethral injuries:** Urethrocutaneous fistulas (correction requires a second operation that is performed six months after the initial procedure)

Late complications of circumcision

Abdulla Al-Rawi

Background/Purpose The aim of this work was to evaluate the late complications after circumcision.

Patients and methods A retrospective file review of 45 boys, (3 months to 5 years) referred, over the last 5 years (September 2005–September 2010) for circumcision-related complications to pediatric surgery consultation circumcision was performed by health professionals with the use of Plastibell, whereas in others it was performed by local nonmedical personnel. The complications were observed late; usual time for consultation was between 4 and 10 months after circumcision operation.

Results A total of 45 children were operated for late complications, 16 cases were incomplete circumcision with redundant foreskin, 12 cases were with postcircumcision phimosis, nine cases had foreskin adherent to the glans,

three cases had a completely buried penile shaft (concealed penis), four cases were with meatal stenosis and one case was with scar due to degloving of the penile skin.

Conclusion The use of various techniques without proper knowledge and skills results in a significant number of complications that can be avoided if the operation is performed with adequate training in the technique and its postoperative care. *Ann Pediatr Surg* 7:79–81 © 2011 Annals of Pediatric Surgery

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Introduction

Circumcision is the most common surgical procedure performed in children, usually performed for medical, cultural or religious reasons.

In the Karak city (approximately 140 Km, south of Amman, Jordan), the majority of circumcisions are often performed routinely in the neonatal period.

Circumcision is usually performed by health professionals, such as surgeons and general practitioners, or by a local nonmedical personnel, (ritual circumcisers).

Patients and methods

This study was performed at the paediatric surgery unit, a section of the General Surgery Department at the Karak Government Hospital affiliated to the Mu'tah Medical College. This unit covers a half-million population area.

A retrospective review of the records of patients referred to us for circumcision-related post operative complications over a 5 years period (from Sept. 2005 to Sept. 2010) was done. Charts were designed to collect the following data from files: age at circumcision, method used, age of presentation for post operative complication, nature of the circumcision-related post operative complications and the surgical correction done.

Results

Forty-five operative procedures were performed to repair complications of circumcision. These procedures were listed in Table 1.

Procedures were variable: release of the adhesions, redo circumcision, correction of concealed penis and meatotomy.

Revision circumcision for incomplete circumcision redundant and long foreskin was the most common procedure and was performed in 16 cases (35.6%) (Fig. 1).

Redo operation, required after the removal of the fibrotic scar in cases of postcircumcision phimosis, was performed in 12 cases (26.7%) (Figs 2 and 3).

Release of adhesion was performed in nine cases (20%), whereas meatotomy was performed in four cases of meatal stenosis (8.9%) (Fig. 4).

The three cases of concealed penis (6.7%) were repaired, whereas the degloving penile skin required the removal of the scar tissue and plastic correction (Fig. 5).

Discussion

The rate of performing circumcision varies with different countries, racial groups, social levels and religious background.

The most common procedures involve the use of the Gomco clamp, as described by Manson [1] or the Mogen clamp or Plastibell device, used by Kariher and Smith [2].

Successful performance depends on the awareness of the technique and to make the resection of the foreskin at the coronal level. The degree of circumcision can be assist.

In relation to the length of the foreskin that remained after the operation.

The degree of circumcision can be assessed in relation to the length of the foreskin that remained covering the glans after the operation, and the exposure of the coronal sulcus into four types: A, B, C and D (Wynder and Licklider [3]), where A means that the glans is almost completely covered by foreskin, B, C means that the glans is partially covered by foreskin and D means complete

removal of the foreskin. The degree of circumcision may also be classified into three grades: Circumcised, Partially Circumcised, and Uncircumcised (Dunn and Buell [4]).

Table 1 Complication and operative procedures

Types of complications	Number of cases (%)	Operative procedures
Redundant foreskin incomplete circumcision (Fig. 1)	16 (35.6)	Redo circumcision
Postcircumcision phimosis (Figs. 2 and 3)	12 (26.7)	Removing the fibrotic scar and redo circumcision
Preputial adhesions (Fig. 4)	9 (20)	Release from the glans
Meatal stenosis	4 (8.9)	Meatotomy
Buried penis (Fig. 5)	3 (6.7)	Plastic correction
Degloving skin	1 (2.3)	Removal of the scar and plastic correction
Total cases	45	

Fig. 1



Incomplete circumcision.

As the total number of circumcisions performed in our region was not available, and our unit of paediatric surgery is one of several referral centres in the region, and some of these cases are referred to urological and plastic surgery units as well, the incidence of postcircumcision complication is unknown.

Nevertheless, our findings suggest the significant technical problems in performing the circumcision in this region.

The most common indication for revision circumcision was the presence of excess foreskin, (uncircumcized appearance), which was 35.6% in our report versus 40.1% in the study carried out by Pieretti *et al.* [5]. Similarly, Brisson *et al.* [6] found that redundant foreskin was the most common indication for revision circumcision.

Fig. 3



Postcircumcision phimosis.

Fig. 2



Postcircumcision phimosis.

Fig. 4



Long foreskin with preputial adhesion.

Fig. 5



Concealed penis.

Williams and Kapila [7] reported a complication rate of 2–10%, whereas Leitch [8] showed an early complication of 8% and a late complication of 7.5% in his study.

A number of mild cases of complications, such as meatal stenosis and fore skin adhesion, can be easily treated [9,10].

Major complication injuries resulting from instrumentation are retained Plastibell rings, [11] Glans amputation, [12] injuries to the glans and corpus cavernosum, [13] total ablation of the penis [14] and Penile Amputation [15].

The four cases of meatal stenosis that required correction by meatotomy procedure gave a history of meatal ulcer after circumcision operation.

On reviewing the literature, half the cases of meatal stenosis occurred in children with meatal ulceration [16].

Freud [17] considers the meatal orifice to be abnormally small if the anteroposterior diameter is 3 mm or less.

Williams [18] regarded the stenosis as secondary to ulceration.

Most of the acquired cases of phimosis after circumcision are because of very little foreskin removed at operation, with the infection at the circumcized site that is healed by fibrosis. Twelve cases in this study were treated by resection of the scar and recircumcision.

With regard to the three concealed penises even after circumcision, inadequate dissection of the prepuce and removal of excess penile skin are the causes of this complication; [19] a number of reported complications are due to failure to observe the recommendations for the use of the device.

The most commonly accepted theory is the tendency of the penile shaft to retract into a deep prepubertal fat pad by the reaction of the newly formed circular mucocutaneous union with cicatrization. The puckering scar tissue build up closes over the retracted penis [20].

Trier and Drach [19] suggested that owing to inadequate separation of the inner surface of the prepuce from the glans, coupled with the use of a circumcision device, can lead to the problem of penile concealment.

Conclusion

Circumcision is a surgical procedure that is associated with potential operative and postoperative complications. Most of these complications result from the use of various techniques without the proper knowledge and skills.

Most of these complications can be prevented by adequate training in the technique and its postoperative care.

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