Spleen

Dr. Mahmoud Al-Awaysheh MRCSI Mu'ta University

Spleen

Anatomy:

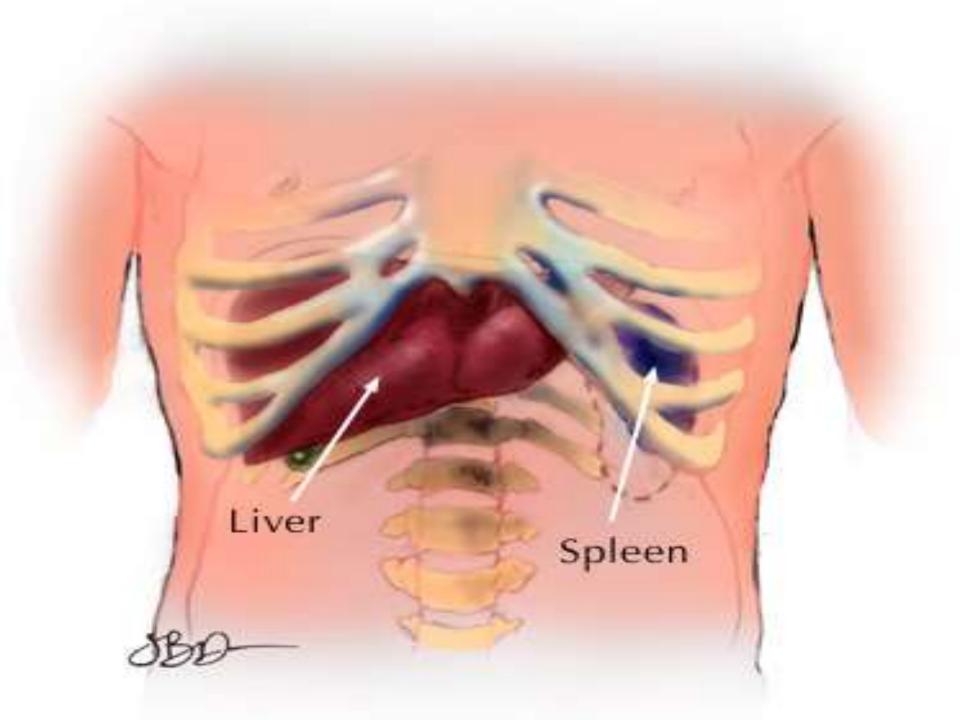
-Wt 75-250 gm, LUQ, along 10th rib, between gastric fundus &L hemidiaphragm.

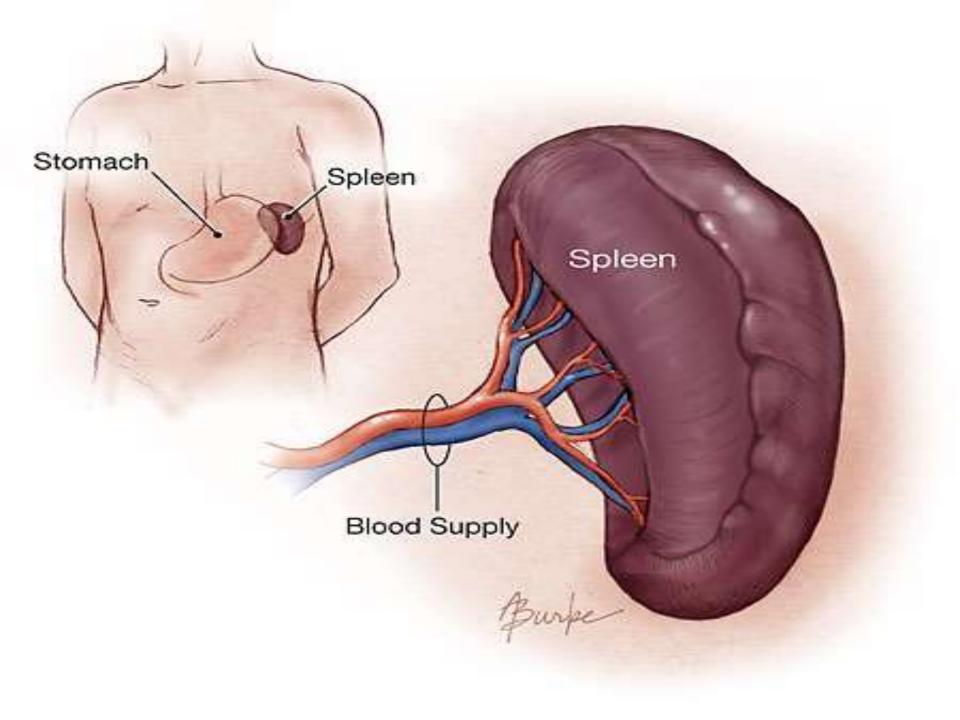
-Hilum:In the angle between stomach & L kidney,I n contact with tail of pancreas. -Concave Visceral surface: impressions.

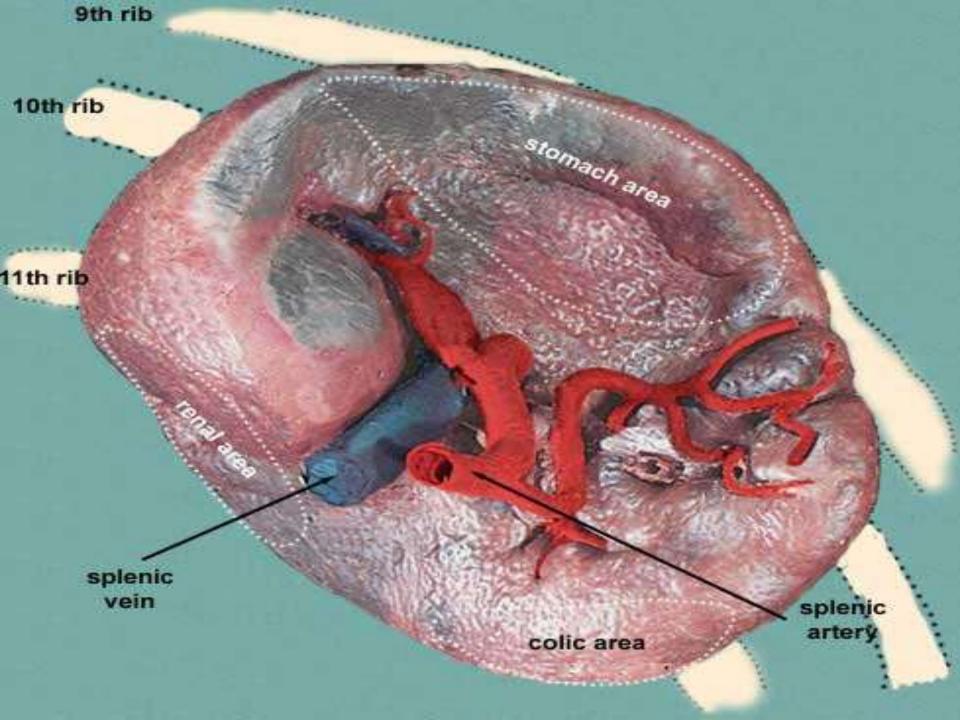
-Notch: infero lateral border, palpate in splenomegaly.

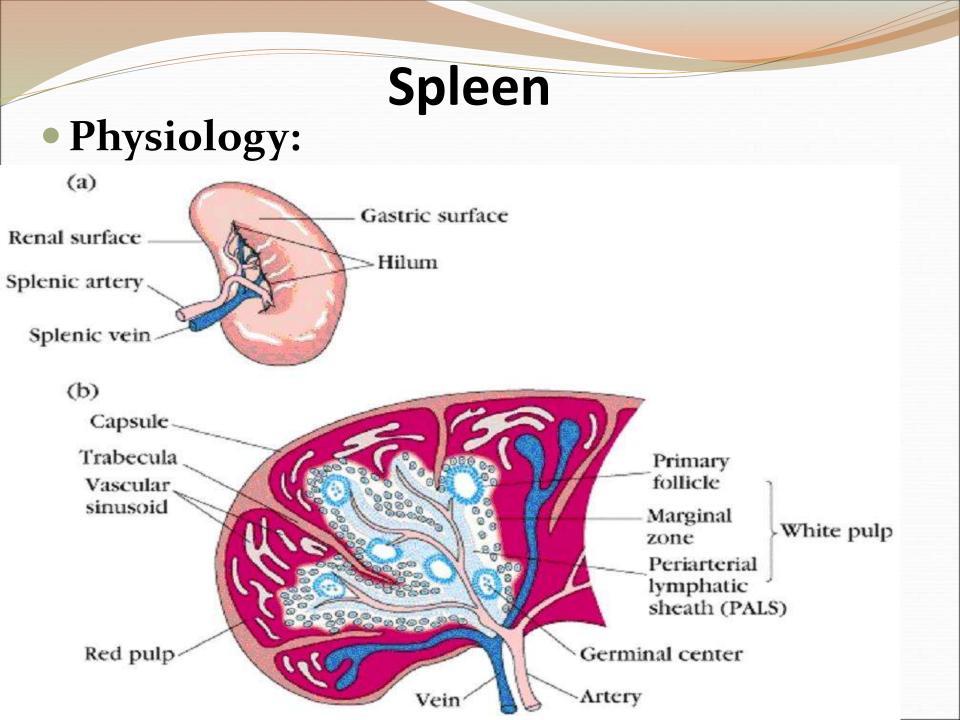
 Arterial: Splenic A. along upper border of tail of pancrease.

- **Vein**: Splenic V.at hilum behind pancrease.join SMV to form portal V.
- Lymphatics: efferent vessels from white pulp to L N in hilum to retropancrearic to coeliac nodes.









Spleen

Functions:

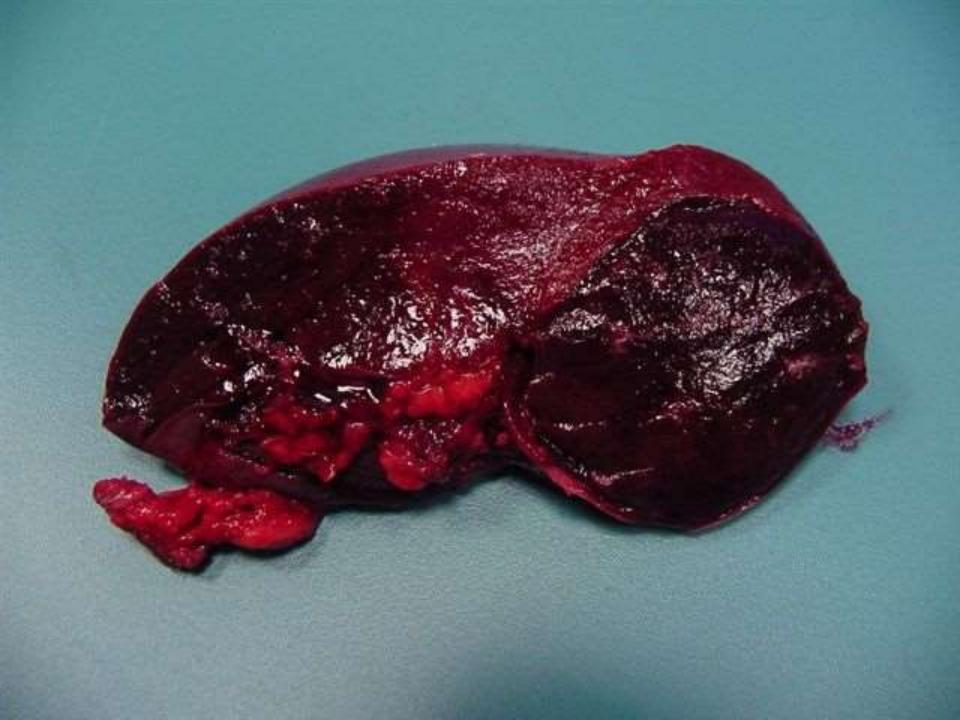
- 1. Response to antigenic challenge
- 2. Destruction of abnormally shaped or rigid red cells
- 3. Phagocytosis of foreign substance
- 4. Platelet reservoir
- 5. Erythrocyte production

Investigation of the Spleen.

- FBC, Reticulocytes, tests for haemolysis.
- LFT & OGD in splenomegaly+portal hypertension in liver cirrhosis.
- Investigations for causes of splenomegaly including LN biopsy.
- Radiology:
- 1-Calcification: splenic infarct, splenic a. aneurysm, hydatid cyst, TB.
- 2-US,CT with contrast,MRI.
- 3-Tc99:is spleen site of RBC destruction?.

Congenital Abn of Spleen

- 1-Agenesis:rare.
- 2-Spleniculi:10-30% of population.
 - Hilum (50%), splenic vessels & tail of pancrease (30%), mesocolon & splenic ligaments (20%) .
 - **Failure to remove spleniculi during splenectomy.....persistant disease.
- 3-Hamartomas:rare
- 4-Non parasitic splenic cyst:
 - 1-True, dermoid, mesenchymal.
 - 2-False,trauma
 - 3- Pseudocyst after pancreatitis.





Splenic Rupture

Consider it :

1-Bunt abdominal trauma LUQ (RTA, Fall,...).
2-High Risk: diseased or enlarged spleen(rupture of a malarial spleen in trivial injury).
3-Fractures of 9th,10th, 11th left ribs.
4-latrogenic.

Presentation:

1-Succumbs rapidly from massive haemorrhage

2-Initial shock,recovery,signs of late bleeding: Blood loss+tamponade+further bleeding.Reminder are,general signs of internal haemorrhage,local LUQ peritonitis signs,Kehrs sign+FAST US & CT.

3-Delayed rupture:uncommon with these days scan use In ER.

Splenic rupture

Management:

1-Conservative:

1-minimal or no abdominal findings+stable haemodynamically .

2-CT, isolated injury, no hliar injury, no massive distruption of spleen.

2-Immediate Laparotmy:

1-continuingblood loss despite adequate resuscitation.2-associated abdominal organ injuries with blunt splenic trauma is up to 25-50%.

*****Consider splenic preservation*****

Splenic Trauma

Spleen

- Is one of most vascular organs , pass through it 350 liter of blood / day , contain 1 unit of blood at any moment !
- Types of trauma :
 - 1- Blunt
 - 2- penetrating : Easily diagnosed , because patient almost always referred to Surgery .

Blunt Trauma of Spleen

- 25% of all blunt trauma of abdominal viscera
- More in male 3:2
- Most common cause is RTA
- Presentation :
 - Asymptomatic
 - abdominal pain (50%), abdominal Distention, Hypotension (25%)



Diagnosis

- For stable patient :
 - UltraSound
 CT
 Angiography



4. Plain radiography / chest and abdomen

- The radiography signs of rupture are:-
- 1. Obliteration of the splenic outline
- 2. Obliteration of the psoas shadow
- 3. Indentation of the left side of the gastric air bubble
- Fracture of one or more lower ribs on the left side (present 27 % of cases
- 5. Elevation of the left side of the diaphram
- 6. Free fluid between gas filled intestinal coils .

5. CT

- Modality of choice
- Used with contrast .
- Findings :
 - 1. Lacerations : irregular hypodense area with no enhancement .
 - 2. Sub-capsular hematoma : regular shape , cresentric .
 - 3. Intraparenchymal hematoma.
 - 4. Fragmentation with autosplenictomy.

Diagnosis

- Unstable patient :
 Open and See !
 - Peritoneal lavage
 - FAST



Spleen injury grading scale :

• Stage 1 :

- Subcapsular Hematoma < 10 % of surface area .
- Capsular tear depth < 1 cm .



Spleen injury grading scale :

• Stage 2 :

- Subcapsular hematoma of 10 50 % of surface area .
- Laceration depth :
 - 1-3 cm
 - Not involving trabecular vessels
- Intraparenchymal Hematoma < 5 cm in Diameter .

Spleen injury grading scale :

• Stage 3 :

- Sub-capsular Hematoma > 50 % , or Ruptured spleen .
- Laceration depth :
 - > 3 cm
 - Involving the trabecular Vessels .
- Intraparenchymal hematoma > 5 cm in diameter .

Spleen injury grading scale :Stage 4 :

 Laceration involving hilar or segmental vessels with devascularization of > 25 % of speen



Spleen injury grading scale : Stage 5 : Shattered spleen



Treatment

1. Conservative:

- Admit patient to ICU
- Repeated ultrasound
- For those with stage 1 or 2.



2- splenectomy

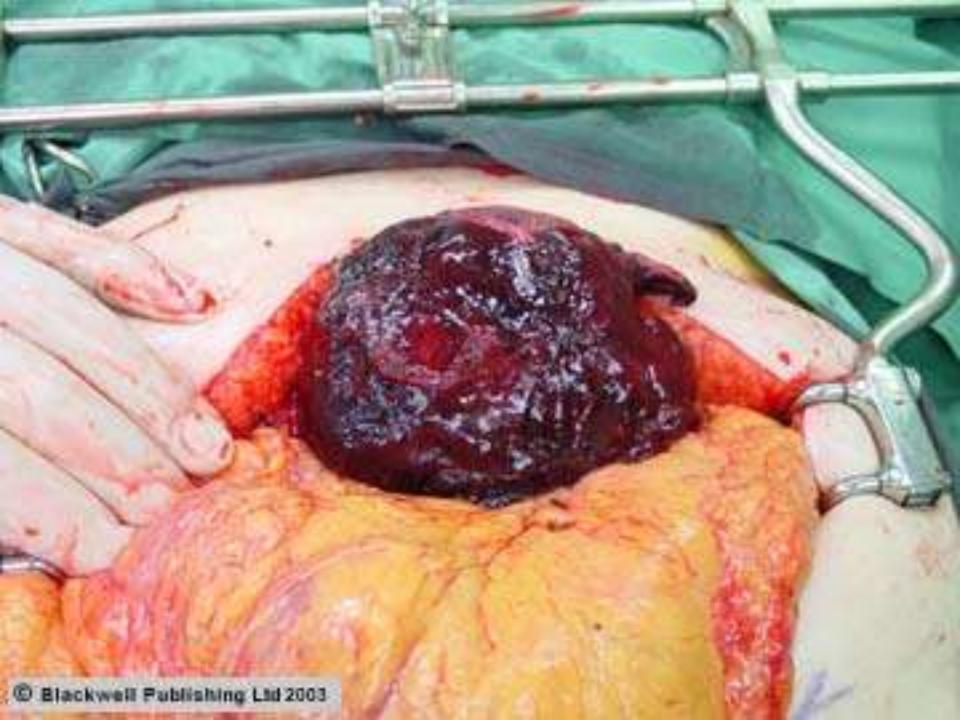
3- coservative splenoraphy.

suturing of spleen to prevent further bleeding .

4- splenic artery Embolization .

- less mortality and morbidity than splenictomy
- mortality is related to % of splenic tissue Embolized .
- Complications :
 - 1. Pancreatitis
 - 2. Splenic Abscess
 - 3. Pleural Effusion (most common)







Causes of splenomegaly

Infection

- Acute (viral)
- Subacute
- Chronic (malaria)

Immunological inflammatory disorders

- Felty syndrome (with rheumatoid arthritis and granulocytopenia)
- Systemic lupus erythematosus
- Sarcoidosis
- Amyloidosis
- Thyroiditis

Haemolytic anaemia

Immune thrombocytopenia

Portal hypertension

- Thrombosis of the portal vein
- Liver cirrhosis

Primary metastatic neoplasms

- Leukaemia (in particular, chronic lymphocytic leukaemia)
- Lymphoma/Hodgkin's disease
- Myeloproliferative syndromes
- Sarcoma

Storage diseases

- Gaucher's disease
- Niemann–Pick disease

Splenomegaly & Hypersplenism

Hypersplenism: Clinical syndrome

1-Splenic enlargement.

2-Any combination of anaemie,leucopenia or thrombocytopenia.

3-Compensatory bone marrow hyperplasia.4-Improvement after splenectomy.

Splenectomy for Blood ds 1-ITP:

- -15-50 y female.
- -CP: Ecchymoses purpuric patches of skin & MM. Post traumatic skin petechial haemorrhage. Epistaxis,Menorrhgia. 10% palpable spleen.
- Investigations: B.T increased. C.T & P.T normal. Thrombocytopenia.

Treatment

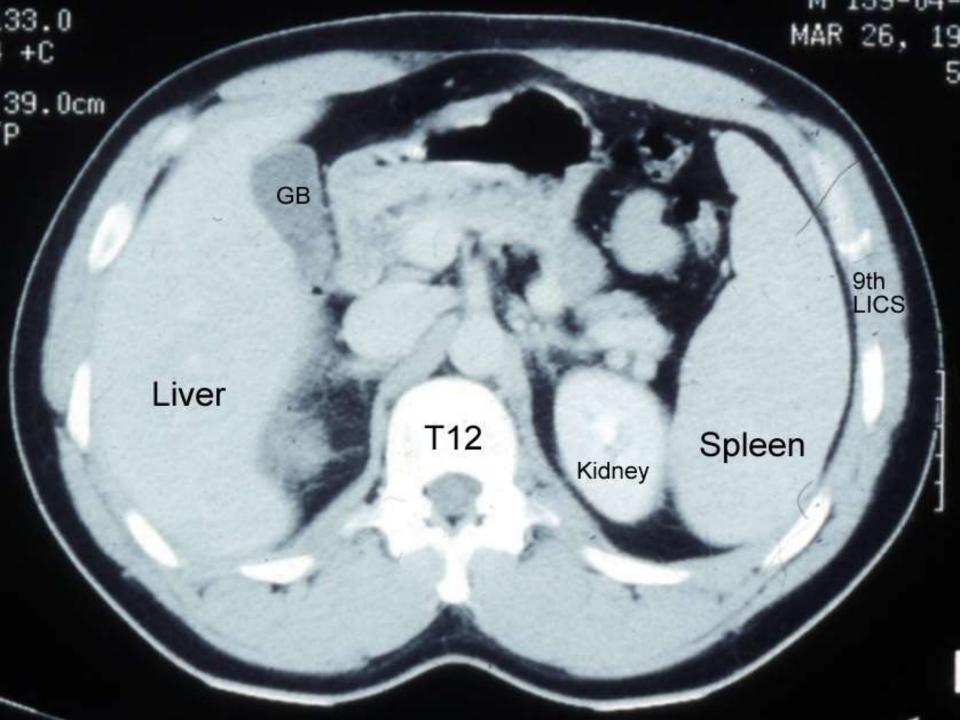
1-75% regress after 1st attack in paediatrics.

2-Steroid for short course in adult & children...recovery

3- Surgery: Refractory (more than 9 months+low platelet+ 2 relapses). Two thirds cure.

Splenectomy for Blood ds

2-Haemolytic Anaemias: 1-Hereditary Spherocytosis. 2-Sickel cell anaemia. 3-Thalassaemia. 4-Acquired autoimmune haemolytic anaemia





Heridatary spherocytosis

-Autosomal dominant.spherocytic RBC.

-Present in childhood.haemolytic jaundice+splenomegaly+pigment gall stones.

-Fragility test RBC haemolyse in stronger saline solution 0.6%(normally in 0.47% saline solution).
-Reticulocytes increase.

-Radioactive Cr 51 labelling RBC..RBC destruction.

Splenectomy for neoplasms

- **1-Haemangioma** :Most common benign tumour of spleen Haemangiosarcoma (rare).
- **2-Lymphoma:most** common cause of neoplastic enlargement. ---Splenectomy is for..
 - 1-management.
 - 2-diagnosis& staging.(CT is alternative for staging).
- **3-Myelofibrosis**: Abnormal proliferation of mesenchymal elements in BM,spleen,liver & LN.

-Over 50, gross splenomegaly with LUQ pain.

-Splenectomy reduces the need transfusion & may relieve the pain.



Indications for splenectomy

Traumatic

- Rupture after blunt injury to the abdomen
- latrogenic injury during another procedure (particularly mobilization of the splenic flexure of the colon)

Haematological

- Immune thrombocytopenia
- Hereditary spherocytosis
- Autoimmune haemolytic anaemias
- Malaria
- Schistosomiasis
- Leishmaniasis
- Staging of haematological malignancies (e.g. Hodgkin's disease)

With other viscera

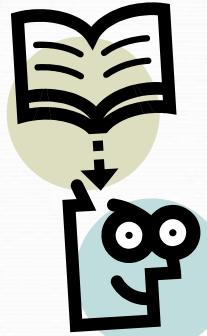
- Radical gastrectomy
- Pancreatectomy

Miscellaneous

- Treatment for gastric varices
- Treatment of splenic artery aneurysms
- Treatment of splenic cysts/tumours

Preop. Investigations:

1-Blood, FFP, Cryoprecipitate, platelets.2-Coagulation profile.3-Antibiotic prophylaxis



Post operative complications:

- 1-Slipped ligature from splenic a...Haemorrhage.
- 2-Haematemesis(gastric mucosal damage)
- 3-Gastric dilatation.
- 4-Left basal atelectasis & Pleural effusion.
- 5-Injury to tail of pancrease.pancreatitis,abscess,fistula.6-injury to greater curvature of stomach during ligation short gastric vessels...fistula.

7-Venous Thrombosis.

Prophylactic aspirin if platelets more than 1 million

8-Post splenectomy septicaemia:
1-Strep pneumonia.
2-N meningitides.
4-E.coli.

Higher Risk Groups:

1-Young.2-Chemoradiotherapy.3-Splenectomy for blood dss.



9- OPSI (overwhelming post splenectomy infection) is a real clinical danger.

OPSI:

1-Prophylactic daily penicillin if under 5 y until they are 10.

2-prophylaxis for 2-3 years if older tha 5y. Oral Penicillin,Erythromycin,Aomxicillin,Co-Amoxiclav.

I.V same A.B above or Cefotaxime, Ceftriaxone or chloramphenicol if allergic to Penicillin or Cephalosporine

Immunization and antibiotic prophylaxis

Vaccinations

- Pneumococcal vaccination before surgery and repeated at intervals of five years
- Haemophilus influenzae and meningococcal vaccination before surgery if not previously received
- Influenza vaccinations given every year
- Giving vaccines minimum of two weeks before surgery or as soon as possible after emergency surgery

Antibiotics

- Lifelong penicillin should be offered (250-500 mg b.d.)
- Urgent admission to hospital and antibiotic administration on development of infective symptoms
- Written patient information and a health alert card

* Post operative vaccination give less than 50% antibody levels of those with preoprative vaccination.





Dr. Mahmoud Al-Awaysheh Mu'ta University