# Hemodynamic Disorders, Thromboembolism, and Shock

Composition of blood: I. plasma protein (Fluid and electrolyte). 2. RBC and WBC . 3. Clotting pathway

## 1. HYPEREMIA AND CONGESTION

Hyperemia is an active process resulting from arteriolar dilation and increased blood inflow, as occurs at sites of inflammation or in exercising skeletal muscle.

Congestion is a passive process resulting from impaired outflow of venous blood from a tissue. It can occur systemically, as in cardiac failure, or locally as a consequence of an isolated venous obstruction.



# Clinically

Hyperemic tissues are redder + oxygenated blood

Congested tissues have an abnormal blue-red color (cyanosis) + deoxygenated hemoglobin



# Congestion

### Lung congestation

acute pulmonary congestion

blood-engorged alveolar capillaries and variable degrees of alveolar septal edema and

intraalveolar hemorrhage.

chronic pulmonary congestion

the septa become thickened and fibrotic, and the alveolar spaces contain numerous macrophages laden with hemosiderin ("heart failure cells") derived from phagocytosed red cells.



### Hepatic congestion

creating "nutmeg liver"



Microscopic findings include: centrilobular hepatocyte necrosis. hemosiderin-laden macrophages

### 2. EDEMA

ls an accumulation of interstitial fluid within tissues and subcutaneously.

Anasarca is severe, generalized edema marked by profound swelling of subcutaneous tissues and accumulation of fluid in body cavities.

Table 4.1 Causes of Edema

## Increased Hydrostatic Pro Impaired Venous Return Congestive heart failure Venous obstruction or compression External pressure (e.g., mass) Lower extremity inactivity with prolonged depe Arteriolar Dilation Reduced Plasma Osmotic Pressure (Hyp Protein-losing glomerulopathies (nephrotic syndrome) Liver cirrhosis (ascites) Protein-losing gastroenteropathy Lymphatic Obstruction Postsurgical Postirradiation Sodium Retention Increased tubular reabsorption of sodiu Renal hypoperfusion

# Mechanisms of edema

1. Increased Hydrostatic Pressure:

-Localized: e.g deep venous thrombosis.

-Generalized increases in venous pressure: e.g congestive heart failure.



### 2. Reduced Plasma Osmotic Pressure

- albumin accounts for almost half of the total plasma protein common causes of reduced plasma osmotic pressure:
- lost from the circulation: e.g Nephrotic syndrome
- synthesisofinadequateamounts:e.gsevereliver disease (e.g. cirrhosis) and protein malnutrition.



filariasis can cause massive edema "elephantiasis"



## 4. Sodium and Water Retention

by increasing hydrostatic pressure (because of expansion of the intravascular volume)

Subcutaneous edema

in the legs with standing and the sacrum with recumbency, a relationship termed dependent edema.

·pitting edema.

·Under microscope: skin shows clearing and separation of the extracellular

 Edema resulting from renal dysfunction or nephrotic syndrome often ma first in loose connective tissues (e.g., the eyelids, causing periorbital edema).

### Clinical Features

Subcutaneous edema:

is important to recognize primarily because it signals potential underlying cardiac or renal disease

, it also can impair wound healing and the clearance of infections.

Pulmonary edema:

It can cause death

Brain edema:

Is life threatening; if the swelling is severe, the brain can herniate (extrude) through the foramen magnum pressure, the brain stem vascular supply can be compressed, leading to death due to injury to the medullary centers controlling respiration and other vital functions.

## HEMORRHAGE

Increased renin-angiotensin-aldosterone secretic

Inflammation

extravasation of blood from vessels, is most often the result of damage to blood vessels or defective clot formation.

## Subcutaneous Bleeding may present as

1. Petechiae : are minute (1 to 2 mm in diameter)

2. Purpura



are slightly larger (3 to 5 mm) hemorrhages.

3.Ecchymoses:



are larger (I to 2 cm) subcutaneous hematomas (also called bruises).

The clinical significance of any particular hemorrhage depends on:

✓ the volume of blood that is lost. ✓ the rate of bleeding.