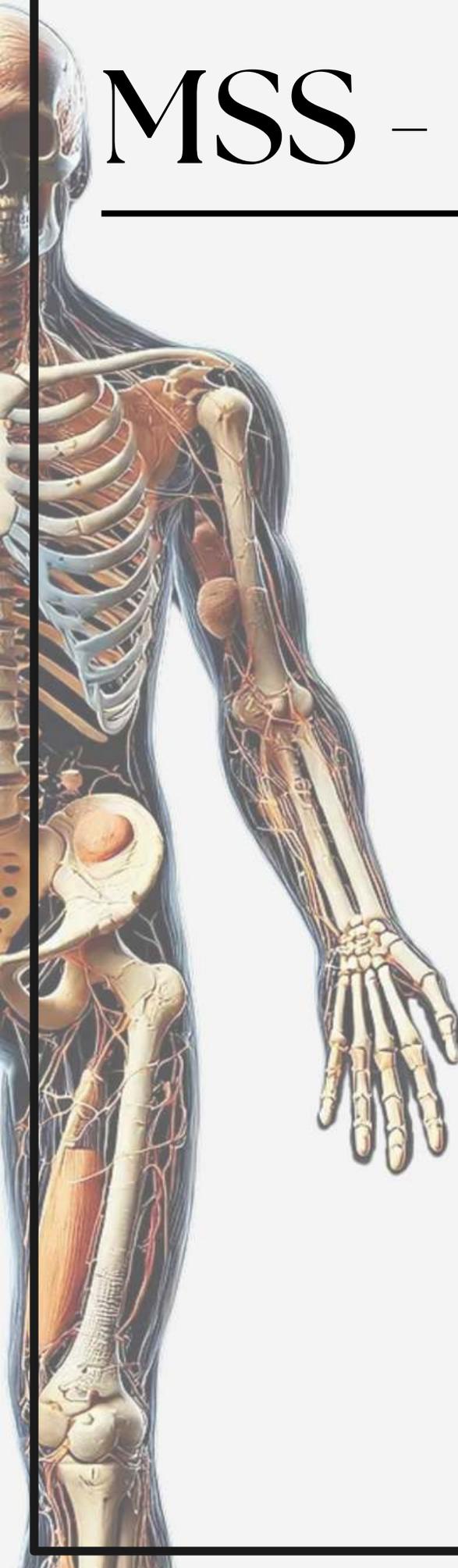


MSS – physiology

Archive

Lecture 2

PHYSIOLOGY OF MUSCLE 2



physiology - lecture (2)

When athletes do warm up, which kind of muscle do they use :

- A- Isometric.
- B- Tetanus.
- C- Isotonic.
- D- Clonus.

Answer: C

The force of the muscle is almost depending on:

- A) length
- B) speed of contraction
- C) fiber type
- D) level of conditioning
- E) cross-bridges

Answer:C

When athletes do warm up, which kind of muscle do they use :

- A- Isometric.
- B- Tetanus.
- C- Isotonic.
- D- Clonus.

Answer: C