# MSS – community

# Archive

# Lecture 1

Musculo-Skeletal System Injury

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1.Regarding injuries all the following statements are correct except :

A-Accidents are an unexpected events, implies a random and uncontrollable event.

B-Interpersonal violence are the leading cause of injuryrelated

deaths worldwide.

C-Both unintentional and intentional injuries are viewed as largely

preventable events.

D-Injuries may be blunt or penetrating.

E-Disability-Adjusted Life Year (DALY) is the indicator used to quantify the loss of healthy life.

Answer: B

Answer: A

Road traffic injuries are the leading cause of injury related deaths worldwide (#)

2.Regarding Musculo-skeletal injury; which one of the following statements is wrong :

A-Death rates due to injury tend to be higher in those in the higher

income groups.

B-Injuries, unintentional or intentional, constitute a major public

health problem.

C-Injuries killing many people worldwide and causing many more

cases of disability.

D-People from all economic groups suffer fatal injuries. E- The poor are also less likely to make a full recovery following an

injury.

3.Which one of the following measures considered as a primary prevention for musculoskeletal injury :

A. Motorcycle helmets.

- B-Life vests.
- C-Seatbelts.
- D-Bullet proof vests.
- E-Trigger lacks on guns.

Answer: e

4.insufficiency of a vital element:

Drowning

Drawing Strangulation Freezing The injury results from an insufficiency of vital element

Intentional injuries include: Self inflicted injuries( suicide)

Interpersonal violence (homicide)

War related injury

Legal intervention

4.All the following statements are considered as unintentional injuries EXCEPT? Select one: a. Exposure to venomous plants and animals b. Exposure to animate and inanimate mechanical forces

C. Homicide

d. Road traffic injuries

e. Exposure to electric current, radiation and extreme ambient temperature

answer:c

- 5. The single leading cause of disability globally is? Select one:
- a. Low back pain
- b. Neck stiffness
- c. Ligament strain
- d. Muscle rupture
- e. Vertebral block

#### answer :a

answer:a

6. the best outcome measure of musculoskeletal injuries is: A disability adjusted life years. B. mortality adjusted life years c. morbidity adjusted life years D. injury adjusted life years E. morbidity and mortality rate 7. Which one of the following injuries resulted from an insufficiency of a vital element? Select one: A. Chemical **B.** Electrical C. Thermal D. Strangulation -E. Mechanical

### answer:d



8. A bodily lesion at the organic level, resulting from cute exposure to energy in amounts that exceed the threshold of physiological tolerance called?

Select one:

- a. Mortality
- b. Disaster
- c. Distress

d. Morbidity

(e. Injury -

