



# QUIZ Time

physiology10

Corrected by: Nadine alloom

# physiology 10

1. What is the resting membrane potential (RMP) of a cell?
  - (A)  $-70\text{mV}$
  - (B)  $+70\text{mV}$
  - (C)  $0\text{mV}$
  - (D)  $+35\text{mV}$
2. What state do ions exist in at the resting membrane potential?
  - (A) Depolarized state
  - (B) Polarized state
  - (C) Equilibrium state
  - (D) Hyperpolarized state
3. Which ion's leak channels are more numerous than sodium's in the resting state?
  - (A) Calcium
  - (B) Potassium
  - (C) Chloride
  - (D) Hydrogen
4. What is the main cause of the polarized state in resting membrane potential?
  - (A) Equal permeability to all ions
  - (B) Active transport of calcium ions
  - (C) Non-existence of the  $\text{Na}^+ - \text{K}^+$  pump
  - (D) Selective permeability of the membrane
5. What percentage of the RMP is due to the selective permeability of the membrane?
  - (A) 25%
  - (B) 50%
  - (C) 7%
  - (D) 93%

## physiology 10

6. During resting membrane potential, how does the membrane's permeability to  $K^+$  compare to  $Na^+$ ?

- (A) Equally permeable to  $K^+$  and  $Na^+$
- (B) It's more permeable to  $Na^+$
- (C) It's much more permeable to  $K^+$
- (D) Impermeable to both  $K^+$  and  $Na^+$

7. What molecule contributes to the poor permeability of  $Na^+$  in the resting state by surrounding the ions?

- (A) Water
- (B) Proteins
- (C) Phosphate
- (D) Sulfate

8. What immediate effect does the opening of fast voltage-gated  $Na^+$  channels have during an action potential?

- (A) Depolarization
- (B) Resting membrane potential
- (C) Hyperpolarization
- (D) Repolarization

9. At what membrane voltage do  $Na^+$  channels close during the action potential?

- (A) -70 mV
- (B) +35 mV
- (C) +70 mV
- (D) 0 mV

10. What percentage of the action potential curve is attributed to rapid repolarization?

- (A) 90%
- (B) 50%
- (C) 30%
- (D) 70%

## physiology 10

11. During depolarization, what is the consequence of  $\text{Na}^+$  channel closure and  $\text{K}^+$  channel opening?

- (A) Rapid repolarization
- (B) Continued depolarization
- (C) Hyperpolarization
- (D) Stable membrane potential

12. What type of after potential occurs when the outer surface of the cell becomes less positive than in resting conditions?

- (A) Positive after potential
- (B) Resting potential
- (C) Negative after potential
- (D) Hyperpolarized potential

13. What is primarily responsible for re-establishing the resting membrane potential after an action potential?

- (A)  $\text{Na}^+-\text{K}^+$  pump
- (B)  $\text{K}^+$  channels
- (C)  $\text{Ca}^+$  channels
- (D)  $\text{Na}^+$  channels

14. How do local anesthetics like lidocaine and procaine affect nerve impulse transmission?

- (A) Facilitate ion movement through  $\text{Na}^+$  channels
- (B) Enhance repolarization
- (C) Block ion movement through  $\text{Na}^+$  channels
- (D) Increase resting membrane potential

15. What is the role of the  $\text{Na}^+-\text{K}^+$  pump in the context of resting membrane potential (RMP)?

- (A) Causes depolarization
- (B) Contributes to 7% of RMP
- (C) Blocks ion flow
- (D) Directly generates RMP

## physiology 10

16. Which stage of the action potential is characterized by a period with no change in membrane potential despite application of a stimulus?

- (A) Repolarization stage
- (B) Hyperpolarization stage
- (C) Latent period
- (D) Depolarization stage

ANSWERS:

- 1.A -70mV
- 2.B Polarized state
- 3.B Potassium
- 4.D Selective permeability of the membrane
- 5.D 93%
- 6.C It's much more permeable to K+
- 7.A Water
- 8.D Repolarization
- 9.B +35 mv
- 10.D 70%
- 11.A
- 12.C Negative after potential
- 13.A Na+-K+ pump
- 14.C
- 15.B
- 16.C Latent period



# QUIZ

## Time

physiology 11

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## physiology 11

1. What properties of cardiac muscle are discussed in Prof. Khaled Abdel's lecture?
  - (A) Excitability, autorhythmicity, contractility, and conductivity
  - (B) Resistance, endurance, and speed
  - (C) Contractility, rigidity, and sturdiness
  - (D) Excitability, strength, flexibility, and conductivity
2. What is the standing of the outer and inner surfaces of cardiac muscle cells in terms of charge distribution?
  - (A) Both the outer and inner surfaces are negative
  - (B) The outer surface is positive mainly due to sodium and calcium; the inner surface is negative due to proteins, phosphates, and sulphates
  - (C) Both the outer and inner surfaces are neutral
  - (D) The outer surface is negative and the inner surface is positive
3. What is the range of the resting membrane potential in cardiac muscle cells?
  - (A) +100 to +120 mv
  - (B) +70 to +90 mv
  - (C) 0 to -50 mv
  - (D) -85 to -100 mv
4. What phases comprise the action potential in cardiac muscle cells?
  - (A) Phase 0 (depolarization), Phase 1 (initial repolarization), Phase 2 (plateau), Phase 3 (repolarization), and Phase 4 (resting potential)
  - (B) Phase X, Phase Y, Phase Z, and Phase W
  - (C) Phase A, Phase B, Phase C, and Phase D
  - (D) Phase 1, Phase 2, Phase 3, and Phase 5
5. What is the significance of the plateau phase in the action potential of cardiac muscle cells?
  - (A) It increases the action potential time, leading to a long absolute refractory period
  - (B) It has no significance
  - (C) It shortens the action potential time and reduces the refractory period
  - (D) It decreases the heart rate

## physiology 11

6. What two main actions occur during Phase 2 of the cardiac action potential?
- (A) Rapid influx of sodium and potassium
  - (B) Balanced influx and efflux of chloride ions
  - (C) Complete closure of sodium channels with no efflux
  - (D) Balance between calcium influx and potassium efflux
7. What is Autorhythmicity in the context of cardiac muscle?
- (A) Immediate cessation of contraction
  - (B) Automatic rhythmic contractions without nervous stimulation
  - (C) Pain response due to cardiac contraction
  - (D) Involuntary response to stimuli
8. Which part of the heart is the primary pacemaker due to its high rhythm?
- (A) Sinoatrial (SA) node
  - (B) Atrial muscle
  - (C) Ventricular muscle
  - (D) Atrioventricular (AV) node
9. What is the role of the vagal tone on the heart rate during rest?
- (A) It causes irregular heartbeats
  - (B) It has no effect on the heart rate
  - (C) It increases the heart rate significantly
  - (D) It decreases the high rhythm of the SA node from about 105 to 70 impulses/min
10. What does the All or None rule state about cardiac muscle contraction?
- (A) The cardiac muscle either contracts maximally or not at all, provided conditions remain constant
  - (B) The muscle contracts slowly under any condition
  - (C) The rule has no relation to the cardiac muscle contraction
  - (D) The cardiac muscle contracts partially depending on stimuli



## physiology 11

11. What is the physiological significance of Starling's Law of the heart?
- (A) The force of myocardial contraction is directly proportional to the initial length of the cardiac muscle fibers
  - (B) The heart's efficiency decreases with increased fiber length
  - (c) Contraction varies inversely with fiber length
  - (D) It has no effect on the contraction force of the heart
12. What is conductivity in the context of cardiac muscle?
- (A) Ability to increase heartbeat rate
  - (B) Ability to stop heart contraction only
  - (C) Ability to reduce heartbeat rate
  - (D) Ability to transmit excitation wave from one part of the heart to another

### ANSWERS:

- 1. A Excitability, autorhythmicity, contractility, and conductivity
- 2. B The outer surface is positive mainly due to sodium and calcium; the inner surface is negative due to proteins, phosphates, and sulphates
- 3. D -85 to -100 mv
- 4. A Phase 0 (depolarization), Phase 1 (initial repolarization), Phase 2 (plateau), Phase 3 (repolarization), and Phase 4 (resting potential)
- 5. A It increases the action potential time, leading to a long absolute refractory period
- 6. D Balance between calcium influx and potassium efflux
- 7. B Automatic rhythmic contractions without nervous stimulation
- 8. A Sinoatrial (SA) node
- 9. D It decreases the high rhythm of the SA node from about 105 to 70 impulses/min
- 10. A The cardiac muscle either contracts maximally or not at all, provided conditions remain constant
- 11. A The force of myocardial contraction is directly proportional to the initial length of the cardiac muscle fibers
- 12. D Ability to transmit excitation wave from one part of the heart to another



# QUIZ

## Time

physiology 12

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## physiology 12

1. This phase is known as the period when the heart fills with blood
  - (A) Systole
  - (B) Ventricular systole
  - (C) Diastole
  - (D) Isometric relaxation
2. During which the heart ejects blood, this phase is called
  - (A) Isometric contraction
  - (B) Ventricular diastole
  - (C) Systole
  - (D) Diastole
3. What happens to the ventricle chambers during the isometric contraction phase?
  - (A) Ventricular volume stays constant
  - (B) Ventricular pressure stays constant
  - (C) Ventricular pressure decreases
  - (D) Ventricular volume decreases
4. Which phase includes both rapid and slow ejection phases?
  - (A) Ventricular systole
  - (B) Cardiac relaxation
  - (C) Ventricular diastole
  - (D) Atrial systole
5. During which phase do the AV valves open and allow rapid filling of the ventricles?
  - (A) Rapid filling phase
  - (B) Atrial systole phase
  - (C) Isometric relaxation phase
  - (D) Slow filling phase

## physiology 12

7. In which phase do the atria contract to complete the filling of the ventricles?

- (A) Atrial systole phase
- (B) Ventricular diastole
- (C) Rapid filling phase
- (D) Ventricular systole

8. Where does the majority of ventricular blood ejection occur?

- (A) Slow ejection phase
- (B) Rapid filling phase
- (C) Rapid ejection phase
- (D) Isometric contraction phase

9. The term means during which phase both valves are closed and ventricular volume remains constant?

- (A) Isometric contraction
- (B) Rapid ejection
- (C) Atrial systole
- (D) Slow filling

10. What does 'pressure increases by contraction' signify about the cardiac cycle?

- (A) During systole, pressure in heart chambers decreases
- (B) During diastole, pressure in heart chambers increases
- (C) During systole, pressure in heart chambers increases
- (D) During diastole, pressure in heart chambers decreases

## physiology 12

11. Which ventricular phase involves a gradual increase in ventricular volume?

- (A) Slow filling phase
- (B) Isometric relaxation phase
- (C) Atrial systole phase
- (D) Rapid filling phase

ANSWERS:

- 1.C Diastole
- 2.C Systole
- 3.A Ventricular volume stays constant
- 4.A Ventricular systole
- 5.A Rapid filling phase
- 7.A
- 8.C Rapid ejection phase
- 9.A Isometric contraction
- 10.C During systole, pressure in heart chambers increases
- 11.D