

## morphologic components of kidney:

- 1) Glomeruli
- 2) Tubules
- 3) Interstitium
- 4) Blood vessels.

carry out many functions that require a high degree of structural complexity.

### Q: How to assess kidney function ?

- Answer:
- 1- Kidney function test (KFT) → BUN / creatinine
  - 2- Basal metabolic panel → KFT / electrolyte / blood glucose
  - 3- Glomerular filtration rate (GFR) → a measure of renal excretory function ( >90 ml/min/m<sup>2</sup> )

### Q: Important investigations !!

- Answer:
- 1- urine-analysis (dipstick, microscopy)
  - 2- Urine culture

### Note

we choose creatinine to assess kidney function due to :

- 1- Constant production
- 2- Freely filtered by the kidney
- 3- Easy to measure
- 4- Used to estimate GFR in different equations

## Renal diseases

Renal diseases are responsible for a great deal of morbidity & mortality

### Azotemia

an elevation of blood urea nitrogen(BUN) and creatinine levels

usually reflects a decreased glomerular filtration rate (GFR)

### Uremia

When azotemia gives rise to clinical manifestations & systemic biochemical abnormalities

1) Failure of renal function excretory function

2) Metabolic & endocrine alterations incident to renal damage.

### Acute kidney injury

abrupt onset of renal dysfunction (an acute increase in serum creatinine)

associated with "oliguria or anuria" (decreased or no urine flow, respectively)

### Chronic kidney disease

progressive scarring in the kidney of any cause

Causing Metabolic & electrolyte abnormalities as:  
-hyperphosphatemia  
-dyslipidemia  
-metabolic acidosis

"asymptomatic until the most advanced stages" when: symptoms of uremia develop

### End-stage renal disease (ESRD)

Irreversible loss of renal function requiring:

- 1- Dialysis
  - 2- transplantation
- \*\* due to severe progressive scarring in the kidney from any cause

### Urinary tract infection (UTI)

1- bacteriuria & pyuria (bacteria and leukocytes in the urine)

2- Symptomatic or asymptomatic

3- Affect the kidney (pyelonephritis) or the bladder (cystitis) only

### Nephrolithiasis

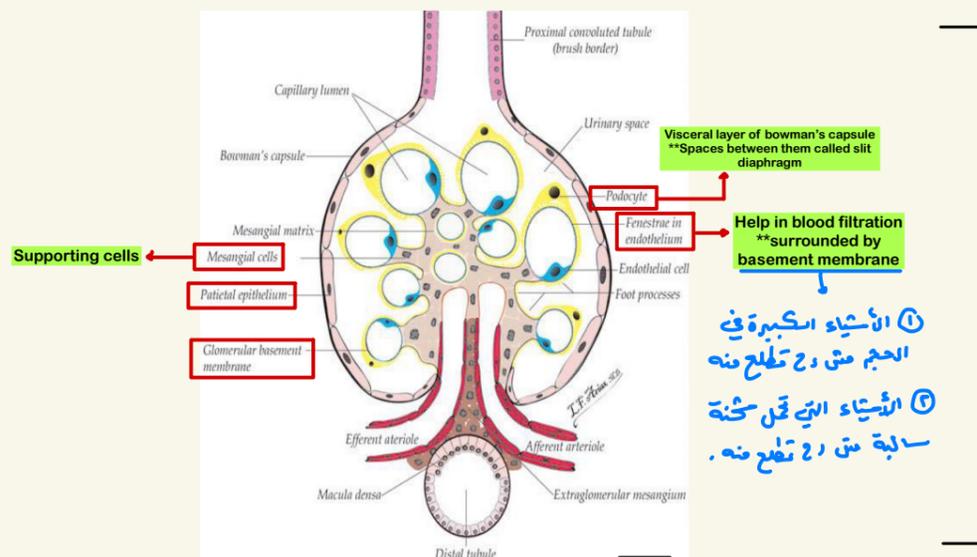
formation of stones in the collecting system

Manifested by renal colic & hematuria

## Nephrons

### GLOMERULAR DISEASES

A major problems in nephrology; Chronic glomerulonephritis is one of the most common causes of chronic kidney disease



This structure is ( glomerulus ) Which is:

"anastomosing network of capillaries invested by two layers of epithelium:

visceral

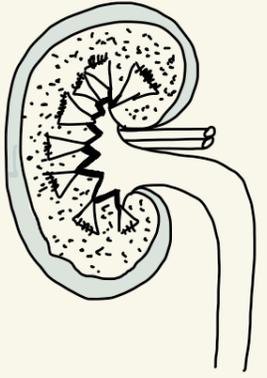
(composed of podocytes) is part of the capillary wall

&

parietal epithelium

encircles Bowman space (urinary space), the cavity in which filtrate of plasma collects

⊙ الأوعية الكبيرة في الحيز من راح تطلع منه  
⊙ الأوعية الريح تطل عن حنة  
سالية من راح تطلع منه.



# Glomerular diseases and injuries

**Glomerular diseases**

- Primary:** kidney is the only or predominant organ involved
- Secondary:** Injured in the course of a systemic diseases

**Immune mechanisms**

most types of primary diseases & many of the secondary

Deposition of circulating antigen-antibody complexes in :

- Glomerular capillary wall
- Mesangium

Antibodies reacting in situ within the glomerulus, either with :

- (intrinsic) glomerular antigens
- (extrinsic molecules) —→ that are planted in the glomerulus

## common syndromes associated with glomerular diseases

### Nephrotic syndrome

Primary disease (in children)

As

- Minimal change disease (Most common in children)
- Focal segmental glomerulosclerosis (most common in adults)
- Membranous nephropathy (most common in older adults)

Secondary "systemic disease" (in adults)

As

- SLE
- Diabetes
- Amyloidosis

**Massive Proteinuria** (Tested by 24 urine test) —→ daily protein loss in the urine of = > 3.5 g

**Hypoalbuminemia** —→ with plasmaalbumin < 3 g/dL

**Generalized edema** —→ the most obvious clinical manifestation (Due to loss of proteins)

**Hyperlipidemia and lipiduria**

### Nephritic syndrome

inflammation in the glomeruli, leading to:

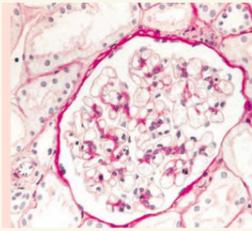
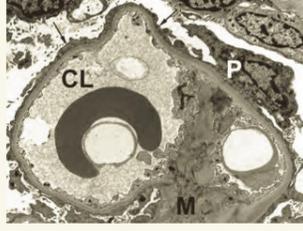
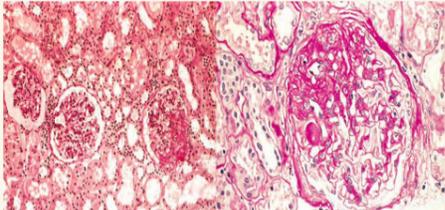
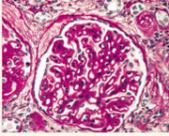
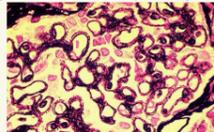
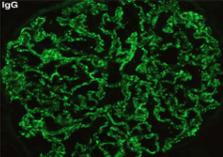
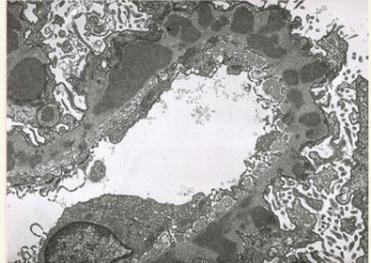
proliferation of the cells in glomeruli & leukocytic infiltrate

**Hematuria** (red cells & red cell casts in urine) —→ Inflammation causes injury in capillaries —→ increase permeable to RBCs & other contents

**Proteinuria** (subnephrotic range) with or without edema

**Azotemia** —→ elevation of : blood urea nitrogen & creatinine levels —→ ↓ GFR ( that will in increase level of BUM and creatinine )

**Hypertension** —→ ↓ GFR + augmented Renin/aldosterone leads to: (fluid retention & ↑ plasma volume)

Disease	General features	Pathogenesis	LM and IF	EM	Clinical features
<p><b>Minimal change disease (MCD)</b></p> <p>abrupt nephrotic syndrome in an otherwise healthy child</p>	<p>1) relatively <b>benign disorder</b></p> <p>2) The most frequent cause of nephrotic syndrome in children -common age 1-7 years old-</p> <p><b>**but it can develop at any age</b></p>	<p>Pathogenesis: <b>Unknown</b></p> <p><b>T-cell dysfunction</b> ↓ release factors that damage podocytes &amp; efface foot processes</p>	<p>1) Characterized by: <b>glomeruli that have a normal appearance by light microscopy (minimal)</b></p> <p>2) <b>Negative IF</b></p> 	<p><b>**diffuse effacement (مسح) of the foot processes</b></p> <p><b>**The only obvious glomerular abnormality and it's seen on EM</b></p> 	<p>1) No hypertension and renal function is often preserved</p> <p>2) <b>Protein loss chiefly albumin</b> →selective proteinuria ( that will decrease plasma colloid osmotic pressure leading to leakage of from blood into EVS )</p> <p>3) <b>Prognosis for children is favorable</b> <b>**respond to a short course of corticosteroid therapy</b></p> <p>4) Adults also respond to steroid therapy, <b>but slower &amp; relapses are more common</b></p> <p>5) Less than 5% develop chronic kidney disease after 25 years</p>
<p><b>Focal segmental glomerulosclerosis (FSGS)</b></p>	<p>May be primary (idiopathic) or secondary</p> <p>1) Characterized by <b>sclerosis of some (but not all) glomeruli (focal)</b> that involves only a part of each affected glomerulus (segmental)</p> <p>Secondary causes:</p> <ul style="list-style-type: none"> <li><b>HIV infection (5-10% of HIV patients)</b></li> <li><b>Heroin abuse</b></li> <li><b>other forms of GN</b></li> </ul> <p>1) <b>(IgA nephropathy)</b></p> <p>2) <b>Nephron loss</b></p>	<p>Pathogenesis: <b>not fully understood</b></p> <p>↓</p> <p><b>Injury to podocytes is thought to represent the initiating event of primary FSGS</b></p> <hr/> <p><b>Collapsing glomerulopathy- FSGS morphologic variant</b></p> <p>1) Collapse glomerular tuft and epithelial cell hyperplasia</p> <p>2) severe form with worse prognosis</p> <p>3) Can be: idiopathic, ass/with HIV infection, or drug-induced toxicities</p>	<p><b>LM</b></p> <p><b>Sclerosis in some glomeruli not all of them and in a segment not all of the affected glomerulus</b></p> <p><b>IF</b></p> <p>In affected glomeruli <b>negative or nonspecific trapping of immunoglobulins</b></p> 	<p>Podocytes exhibit <b>effacement of foot processes</b> as in minimal change disease</p> <p>Light microscope</p> 	<p>1) 50% develop renal failure in 10years</p> <p>2) <b>Hematuria</b> : present</p> <p>3) <b>Hypertension</b>: present</p> <p>4) <b>Proteinuria</b>: non-selective</p> <p>5) Response to <b>corticosteroids</b>: Poor response</p>
<p><b>Membranous nephropathy</b></p>	<p><b>Chronic immune complex glomerulonephritis, either:</b></p> <p>1) Antibodies reacting in situ to <b>endogenous antigens</b></p> <p>2) Antibodies reacting in situ to <b>planted glomerular antigens</b></p>	<p><b>Primary (called idiopathic) "75% of cases"</b></p> <p><b>Antibodies</b> against the podocyte antigen phospholipase A2 receptor (<b>PLA2R</b>)</p> <p><b>Secondary</b></p> <p>1) <b>Infections</b>: chronic HBV, malaria , syphilis</p> <p>2) <b>Malignancies</b>: Cancer of lung &amp; colon &amp; melanoma</p> <p>3) <b>Autoimmune diseases</b>: particularly SLE</p> <p>4) <b>Exposure to inorganic salts</b> (gold, mercury)</p> <p>5) <b>Drugs</b> (penicillamine, captopril, NSAIDs)</p>	<p><b>LM</b></p> <p><b>diffuse thickening of the capillary wall</b> (GBM glomerular basement membrane) on routine H&amp;E stains</p>  <p>A <b>silver stain (black)</b> of the GBM appears with characteristics <b>spikes (projections in capillary loops)</b></p>  <p><b>IF microscopy</b> demonstrates that the <b>granular deposits contain both immunoglobulins &amp; complement</b></p> 	 <p><b>EM reveals that: thickening is caused by subepithelial deposits, which nestle against the GBM and are separated from each other by small, spike-like protrusions of GBM matrix that form in reaction to the deposits (spike &amp; dome pattern)</b></p>	<p><b>**Sudden onset full-blown nephrotic syndrome</b></p> <p>1) <b>Proteinuria is nonselective</b></p> <p>2) Usually <b>fails to respond to corticosteroid therapy</b></p> <p>3) Secondary causes should always be ruled out</p> <p>4) Variable prognosis: - Proteinuria persists in &gt; 60% of patients - nearly 40% progress to renal failure over 2 to 20 years - (10-30%) benign course → partial or complete remission of proteinuria</p>

# Nephritic syndrome

may be caused by primary glomerular diseases:  
 1) postinfectious glomerulonephritis (GN) 2) various forms of crescentic GN  
 3) diffuse proliferative GN, IgA nephropathy  
 4) result of systemic disorders such as SLE

## Membrano-proliferative Glomerulonephritis (MPGN)

Best considered as a pattern of **immune mediated injury** rather than a specific disease  
 Alterations in the **GBM, mesangium and proliferation of glomerular cells**

50% of cases → nephrotic syndrome  
 it may begin as acute nephritis or as mild proteinuria → **acute** هذا المرض يبدأ وإذا تحول إلى nephrotic راح يصير chronic

### MPGN type I (80% of cases)

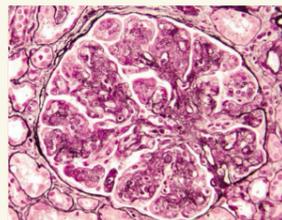
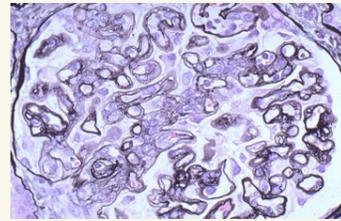
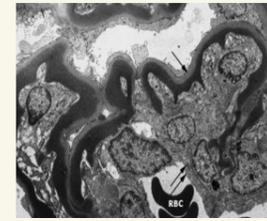
**Immune complex activate both classical (C1) & alternative (C3) complement pathways**

**Pathogenesis**  
 The antigens Mostly are proteins derived from infectious agents e.g: hepatitis C & B viruses

- "planted" antigens: after first binding to or becoming trapped within glomerular structures
- Contained in preformed immune complexes deposited from the circulation

In type 1, these complexes deposit in **subendothelium causing separation of basement membrane that will lead to:**

- proliferation of BM** (thickening)
- proliferation of mesangial cells** (that will divide BM from half forming **TRAM-TRICK** appearance

Disease	Light microscope	Electron microscope	Immunoflorescence
<b>MPGN I</b>	<p>Glomeruli are large have an accentuated lobular appearance; proliferation of mesangial &amp; endothelial cells as well as infiltrating leukocytes</p> 	<p>Marked thickening of the glomerular capillary wall by immune deposits (short arrow) &amp; by interposition of mesangial cell processes (long arrow)</p> 	<p><b>C3</b> is deposited in an irregular granular pattern, <b>IgG</b> and early complement components (<b>C1q &amp; C4</b>)</p>
<b>MPGN 2</b>	<ol style="list-style-type: none"> <li>The <b>GBM is thickened</b></li> <li>glomerular capillary wall often shows a <b>double contour</b>, or "tram track" appearance evident with use of <b>silver</b></li> </ol> 	<p>dense homogeneous deposits within the basement membrane</p> <p>Ribbon-like appearance of subendothelial &amp; intramembranous material</p> 	<p>Only <b>C3</b> is present in irregular foci in the <b>GBM</b> on either side but <b>not within the dense deposits</b></p>

### MPGN type 2 Dense Deposit Disease deposits will be in the "glomerular basement membrane"

**Excessive complement activation**

there will be C3 nephritic factor that lead to excessive activation of alternative pathway by cleavage of C3

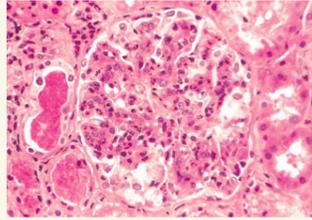
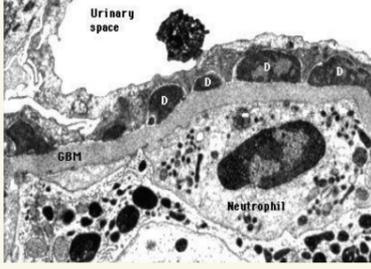
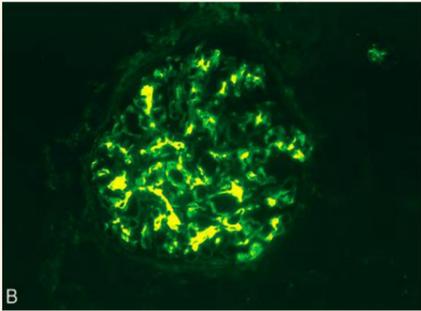
**Pathogenesis**  
**Complement dysregulation**

\*\* Autoantibody against C3 convertase (called **C3 nephritic factor**)

\*\* Ab It stabilizes the enzyme → **uncontrolled cleavage of C3 & activation of the alternative complement pathway**

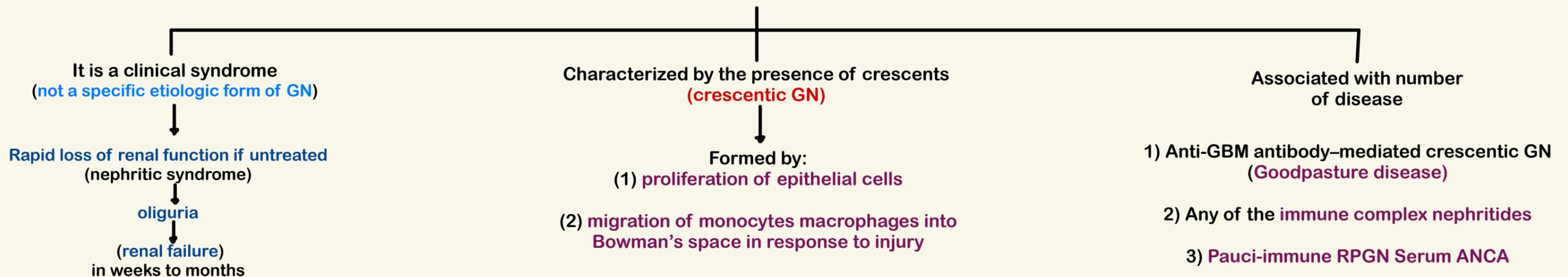
**MPGN Clinical manifestations**

- The prognosis generally is **poor**
- No complete remission**
- 40%** progressed to **renal failure**
- 30%** had variable degrees of **renal insufficiency**
- 30%** had persistent **nephrotic syndrome without renal failure**

Disease	General features	Pathogenesis	LM	EM and IF	Clinical features
<b>Acute Postinfectious (Poststreptococcal) Glomerulonephritis</b>	Glomerular deposition of immune complexes resulting in: (1) proliferation of & damage to glomerular cells (2) infiltration of leukocytes (esp. neutrophils) develops in a child 1-4 weeks after he/she recovers from: <b>group A streptococcal infection</b>	<b>*Initial infection in pharynx or skin</b> Classic pattern/most common → poststreptococcal GN but it <b>may be associated with other organisms: (viral or bacterial)</b> Immune complexes containing streptococcal antigens & specific antibodies formed in situ ↓ <b>activate complement system</b> <b>Depositions will be sub-epithelial</b>	<b>increased cellularity of all glomeruli (nearly all glomeruli) caused by:</b> 1) proliferation and swelling of endothelial and mesangial cells 2) infiltrating neutrophils and monocytes 	<b>EM</b> shows deposited immune complexes as <b>subepithelial "humps"</b> (on the epithelial side of GBM)  <b>IF</b> scattered <b>granular deposits</b> of IgG & complement within the capillary walls	<ul style="list-style-type: none"> <li>• Most commonly present as <b>acute nephritic syndrome</b></li> <li>• Fever, nausea, gross <b>hematuria</b> and <b>mild proteinuria</b></li> <li>• Serum <b>complement levels are low</b> during the active phase of the disease</li> <li>• Serum <b>anti-streptolysin O antibody titers are elevated</b> in poststreptococcal cases</li> <li>• <b>Recovery occurs in most children</b> with poststreptococcal disease</li> </ul>
<b>IgA Nephropathy (Berger Disease)</b> Chronic disease	<b>** One of the most common causes of recurrent microscopic or gross hematuria</b> <b>** Usually affects: children &amp; young adults</b> <b>** An episode of gross hematuria (within 1-2 days of a nonspecific URTI)</b> hematuria lasts days & subsides but it recurs periodically	Similar <b>IgA deposits</b> are present in a systemic disorder of children <b>Henoch - Schonlein purpura</b> Renal manifestations occur in one third of patients (same deposition pattern as IgA nephropathy) A genetically susceptible individual + URTI or GIT exposure to microbial ↓ ↑ ↑ ↑ <b>IgA synthesis</b> ↓ <b>deposition of IgA &amp; immune complexes in the mesangium</b>	Different LM findings	<b>IF</b> deposition of <b>IgA and C3</b> , in the <b>mesangial region (diagnostic)</b> 	

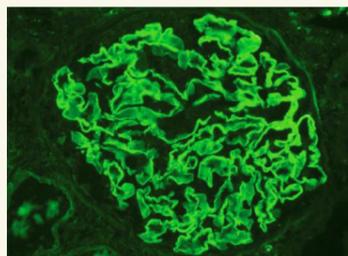
**Rapidly Progressive (Crescentic) Glomerulonephritis**

هذا المرض ليس منفصل وإنما عبارة عن مضاعفات لباقي الأنواع



## Anti-GBM antibody-mediated crescentic GN (Goodpasture disease)

Characterized by linear deposits of IgG in GBM



In some patients: anti-GBM antibodies bind to pulmonary alveolar capillary BM to produce the clinical picture of pulmonary hemorrhages

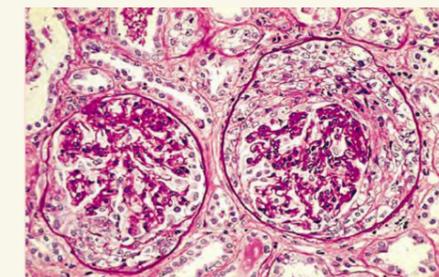
Associated with renal failure Goodpasture syndrome

Anti-GBM Abs are in the serum (Diagnosis)

It is important to recognize Goodpasture disease benefit from plasmapheresis

→ removes pathogenic antibodies from the circulation

- 1) Collapsed glomerular tufts
- 2) crescent-shaped mass of proliferating parietal epithelial cells
- 3) leukocytes internal to Bowman capsule



## Hereditary Nephritis - Alport Syndrome

Hereditary nephritis  
a group of heterogeneous familial renal diseases associated with mutations in collagen genes & manifest primarily with glomerular injury

Alport syndrome manifest by :

1) nephritis

2) sensorineural deafness

3) various eye disorders (lens dislocation, posterior cataracts and corneal dystrophy)

Inherited as an X-linked trait in ~ 85% of cases

GBM is composed of type IV collagen heterotrimers of  $\alpha 3$ ,  $\alpha 4$ , &  $\alpha 5$  type IV collagen

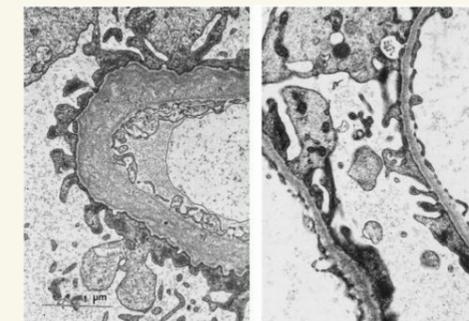
This form of type IV collagen is crucial for function of the lens, cochlea and glomerulus

Mutation of any one of the  $\alpha$  chains results in defective heterotrimer assembly

manifestations of Alport syndrome

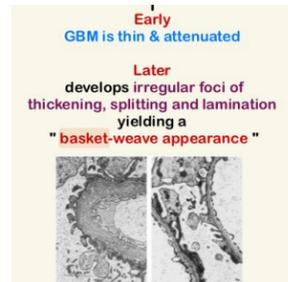
Early GBM is thin & attenuated

Later develops irregular foci of thickening, splitting and lamination yielding a "basket-weave appearance"



# UGS-Pathology Lecture 1+2

Focal segmental glomerulosclerosis (FSGS)	May be primary (idiopathic) or secondary
	1) Characterized by sclerosis of some (but not all) glomeruli (focal) that involves only a part of each affected glomerulus (segmental) Secondary causes: <ul style="list-style-type: none"><li>HIV infection (5-10% of HIV patients)</li><li>Heroin abuse</li><li>other forms of GN</li></ul> 1) (IgA nephropathy) 2) Nephron loss



1. What of the following glomerular disease associated with HIV, Heroin addiction, sickle cell disease :

Answer : FSGS

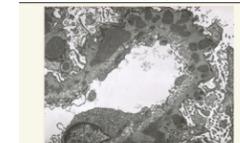
2. Patient come with neurodiffness, in EM has basket appearance, which disease :

Answer : Alport

3. False about membranous :

- A. Proliferation and thickening of all glomeruli in IF
- B. EM: subendothelial & intermembranous depositions

Answer : B



EM reveals that: thickening is caused by subepithelial deposits, which nestle against the GBM and are

4. One of the following develop end stage renal disease:

- A. Polycystic
- B. Horseshoe kidney
- C. Floating kidney
- D. Ectopic kidney

Answer: A

غالبًا سؤال للمحاظرة  
الخاصة حتى الأولى.

