



Pharmacology of Quinolones

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Objectives

- 1- Nalidixic acid: spectrum, uses, disadvantages
- 2- Urinary antiseptics
- 3- Fluroquinolones: source, advantages, classification
- 4- Mechanism of action
- 5- Mechanism of resistance
- 6- Spectrum
- 7- PK, dosage
- 8- Adverse effects and drug interactions
- 9- Therapeutic uses
- 10- Post antibiotic effect

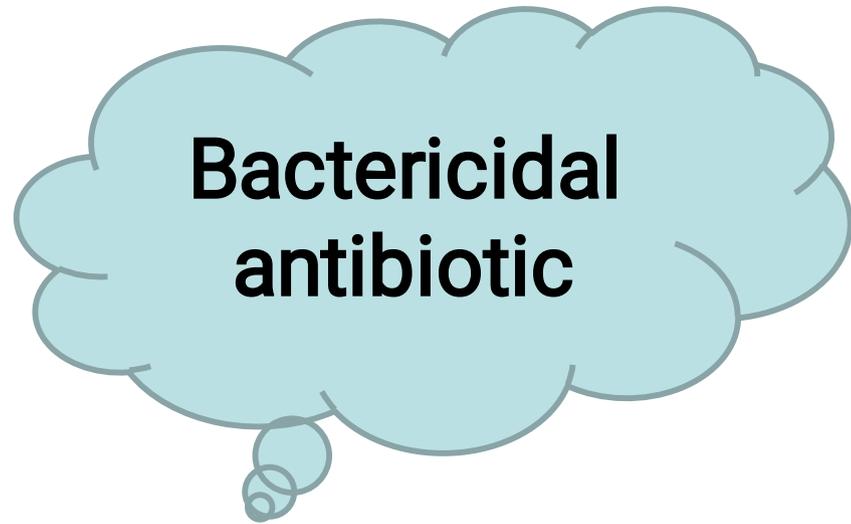
- ✓ Synthetic antimicrobials
- ✓ Bactericidal
- ✓ Primarily gram-negative bacteria

Nalidixic acid

- **First member**

Spectrum

- **Gram negative bacteria especially coliforms**
- E.coli
- Proteus
- Kleibseilla
- Enterobacter
- Shigella
- Psuedomonas: **RESISTANT**



- Concentration of free drug in plasma & most tissues is **non-therapeutic** for **systemic infections**



- Therapeutic concentrations attained in **urine** & **gut** lumen are lethal to common **urinary** pathogens & **diarrhoea** causing coliforms.

Therapeutic uses

- **Urinary antiseptic**
- **Diarrhoea** caused by coliforms
- **Norfloxacin/ciprofloxacin preferred**

Nalidixic acid was the drug of choice for Urinary tract infections for many years

❖ Disadvantages of nalidixic acid

- ❖ Low potency
- ❖ Narrow spectrum
- ❖ Rapid development of bacterial **resistance**.
- ❖ **Limited therapeutic use**
- ❖ No longer used.

URINARY ANTISEPTICS

1. Some antimicrobials, in orally tolerated doses, **attain anti-bacterial concentration only in urine**, with little or no systemic anti-bacterial effect.
2. Like many other drugs, they are concentrated in the kidney tubules, and are useful mainly in lower urinary tract infection.
3. They have been called **urinary antiseptics** because this may be considered as a form of local therapy.
4. Nitrofurantoin and methenamine are two such agents: Infrequently used now. Nalidixic acid can also be considered to be a urinary antiseptic

Fluoroquinolones

- Quinolones are molecules **structurally derived from the heterobicyclic aromatic compound quinoline.**
- **Fluorination** of quinolone structure at position 6 resulted in derivatives called **fluoroquinolones**

Advantages of quinolones

- ❖ High potency
- ❖ Expanded spectrum/Broad antimicrobial activity
- ❖ Slow development of resistance
- ❖ Better tissue penetration &
- ❖ Good tolerability
- ❖ Used for wide variety of infectious diseases

Classification

First generation

Norfloxacin

Ciprofloxacin

Ofloxacin

Pefloxacin

Second generation

Levofloxacin

Lomefloxacin

Moxifloxacin

Sparfloxacin

Gemifloxacin

Mechanism of action

Quinolones target bacterial DNA gyrase & Topoisomerase IV

- Gram negative bacteria - DNA Gyrase
- Gram positive bacteria - Topoisomerase IV

- In mammalian cells

Topoisomerase II

- 1- Low affinity for flouoroquinolones
- 2- Inhibited by quinolones only at much higher concentrations.

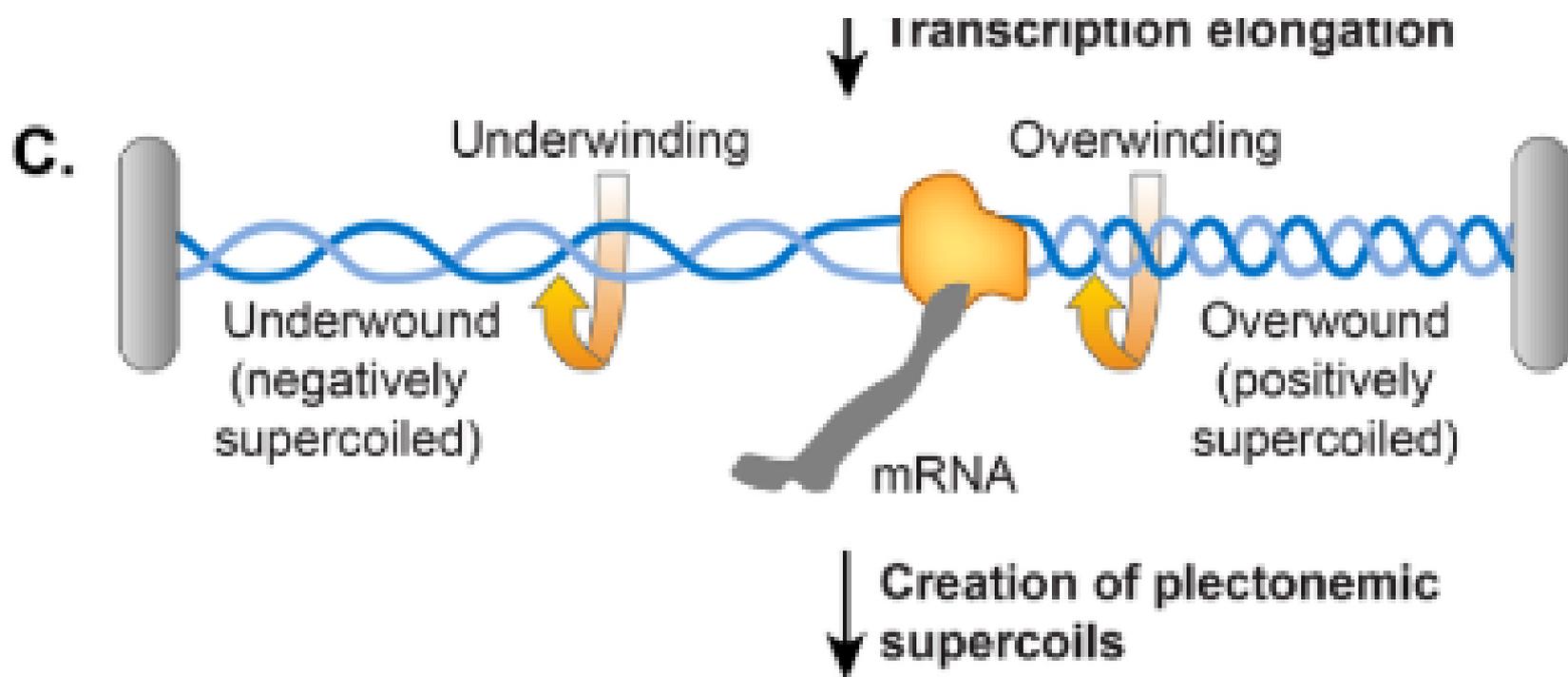
Low toxicity to host cells

Mechanism of action

- Double helical DNA
- Two strands must separate to permit DNA replication / transcription
- “over winding” / excessive positive supercoiling of DNA leads to faulty protein synthesis and inhibition of bacterial growth.

DNA Gyrase has (A & B subunit)

- A subunit - strand cutting function of DNA gyrase.
- B subunit - introduces negative supercoils
DNA Gyrase - introduces negative supercoils into DNA allowing TRANSCRIPTION & REPLICATION.
- A subunit reseals the strand



Quinolones

- bind to **A - subunit** with high affinity & interfere with **strand cutting & resealing function**
- Prevent **replication of bacterial DNA** during bacterial growth & reproduction.

- In addition bacterial DNA gyrase inhibition also leads to extensive filamentation and
- vacuole formation

&

degradation of chromosomal DNA

Leading to: bactericidal activity to FQ's

Mechanism of resistance

- **Chromosomal mutation**

bacteria produce DNA Gyrase/ Topoisomerase IV with **reduced affinity** for FQs

-  **Efflux** of these drugs across bacterial membranes

- Resistance is **slow** to develop

Spectrum

Potent **bactericidal** against Gram negative bacteria:

- E.coli
- Salmonella
- Shigella
- Enterobacter
- Campylobacter & Neisseria

Ciprofloxacin is more active against

- Pseudomonas aeruginosa

- **Flouoroquinolones also have good activity against**
 - **Staph. aureus but not against methicillin resistant strains**
 - **Moxifloxacin**
Excellent Activity against **streptococci**
- **Intracellular bacteria are also inhibited**
 - **Chlamydia**
 - **Mycoplasma**
 - **Mycobacterium including Mycobacterium tuberculosis**

Several - **anaerobic** bacteria

- Gemifloxacin
- Moxifloxacin

Pk

- Rapid **oral** absorption
- High tissue penetration
- Concentration in lung, sputum, muscle, bone, prostate, and phagocytes exceeds that in plasma
- CSF & aqueous levels are low
- Excreted in urine
- **Urinary & biliary concentrations** are 10-50 fold higher than in plasma

Pk

- Excreted in urine
 - Dose adjustment in renal failure
- Exception Pefloxacin & moxifloxacin
 - Metabolized by liver
 - Should not be used in hepatic failure

Dosage

- Every 12 Hrs for Ofloxacin, Norfloxacin & Pefloxacin
- 250-750 mg every 12 Hrs for Ciprofloxacin
- 500 mg OD (**omne in die** or "once daily" : Levofloxacin
- OD : Lomefloxacin, Sparfloxacin, Gemifloxacin

Adverse effects

- Generally safe

- Nausea, vomiting, abdominal discomfort, bad taste

- CNS:

- headache, dizziness, rarely hallucinations, delirium.

- & **seizures** have occurred predominantly in patients receiving **theophylline** or a **NSAIDs**

Adverse effects

- Hypersensitivity; rashes including photosensitivity
- Tendonitis & tendon rupture
- Arthropathy (Joint disease) in immature animals,
 - Use in children contraindicated

Adverse effects

- QT interval prolongation
 - Sparfloxacin
 - Moxifloxacin
- Cautious use in patients who are taking drugs that are known to prolong the QT interval
 - tricyclic antidepressants
 - phenothiazines
 - and class I anti-arrhythmics

Drug interactions

- NSAIDs & theophylline may enhance CNS toxicity of FQ's
 - Seizures reported
- Antacids, Sucralfate, Iron salts reduce absorption of FQ,s

THERAPEUTIC USES

Urinary tract infections

- Most commonly used antimicrobials for UTI
- Very effective against **Gram negative bacilli** like
 - E.coli**
 - Proteus**
 - Enterobacter**
 - Psuedomonas**
- Norflox 400 mg bd
- Ciprofloxacin 500 mg bd
- Ofloxacin 400 mg bd

Prostatitis

- **Norfloxacin**
- **Ciprofloxacin**
- **Ofloxacin**

All are effective.

FQ's administered for **4-6 wks.**

Quinolones with activity against **G +ve bacteria**
& **anaerobes** such as

- Gemiloxacin
- Moxifloxacin

can be used in **infections of the oral cavity**

Sexually transmitted diseases

Active against

- *N. gonorrhoea*
- *Chlamydia trachomatis*
- FQ's lack activity against *T. pallidum*

GASTROINTESTINAL AND ABDOMINAL INFECTIONS

- Traveller's Diarrhoea
- Shigellosis
- Diarrhoea in cholera
- Peritonitis

Salmonella typhi infection

- **Ciprofloxacin 500 mg bd x 10 days**
- Prevents carrier state also
 - 750 mg bd x 4-8 wks
- IN MDR enteric fever (Multidrug-resistant typhoid fever (MDRTF) - Ceftriaxone, Cefotaxime, Cefixime (oral) and oral Azithromycin can be used.

Ofloxacin

Levofloxacin

Pefloxacin

Equally efficacious

Ceftriaxone

- Most reliable
- Fastest acting bactericidal drug for enteric fever
- i.v 4g daily 2 days
- 2g daily till 2 days after fever subsides
- **Preferred drug**

Bone, joint, soft tissue & wound infections

- **Skin & soft tissue infections**
- **Osteomyelitis & joint infections**

- **Respiratory infections**
 - Pneumonia
 - Acute sinusitis
 - Chr. Bronchitis
 - **Multi drug resistant TB.**

 - Myco. Avium complex in AIDS pts.
 - & Leprosy

Myco. Avium complex in AIDS pts.

- **Mycobacterium Avium complex**
- Infection is common in HIV patients CD4 count < 100 cells/ μ l
- Clarithro mycin/ Azithromycin most active drugs against MAC

Postantibiotic effect

- The antibacterial effect continues for approximately two to three hours after bacteria are exposed to these drugs, despite subinhibitory concentrations.

THANK YOU