

Induction of labour and prolonged pregnancy

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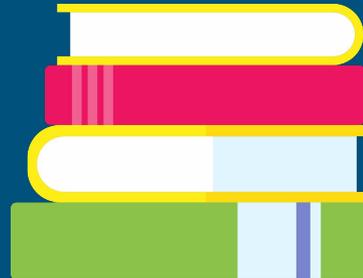
Obstetric and Gynecology Department

Objectives

For Fifth Year Students

At the end of this presentation you will be able to:

- describe the findings of vaginal examination and bishop score
- describe methods of management and complications of prolonged pregnancy
- describe indications and contraindications for induction of labour
- describe methods of induction of labour
- describe complications of induction of labour
- counsel women about induction of labour. OSCE



Before we start... A



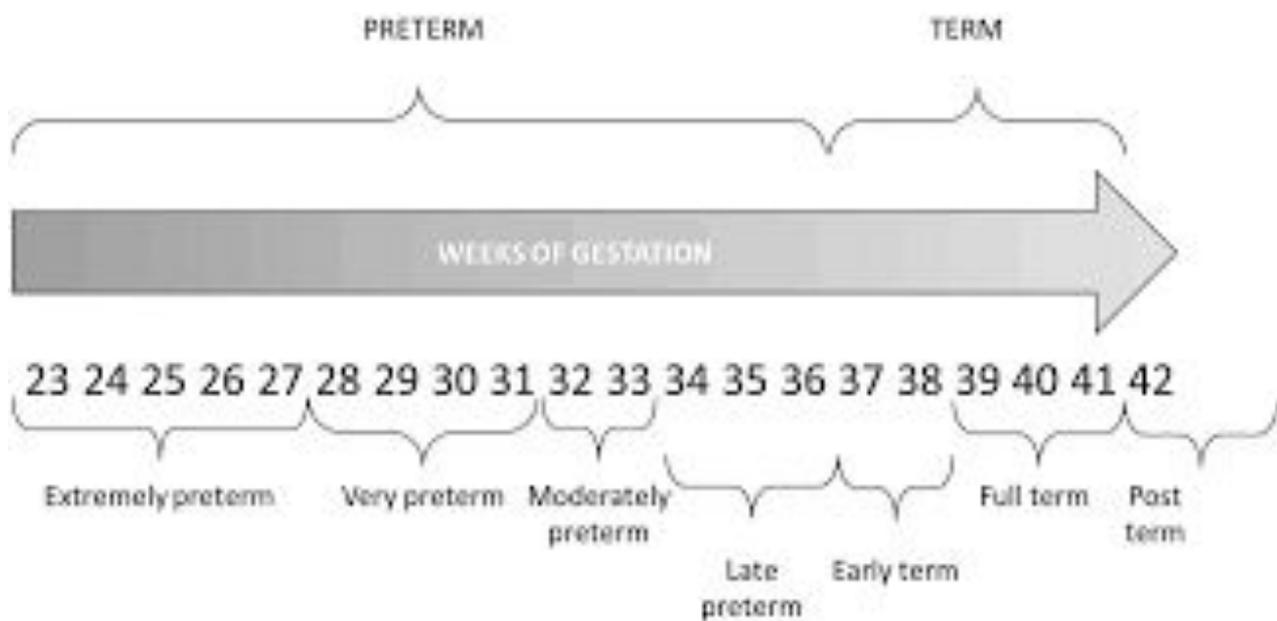
Spontaneous onset of labour



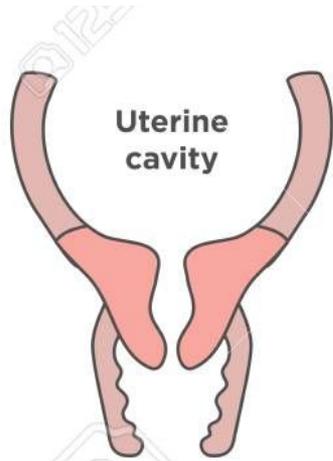
Augmentation of labour



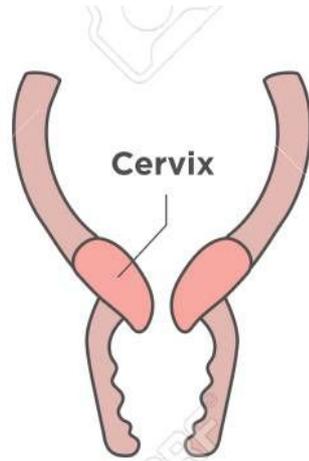
Induction of labour



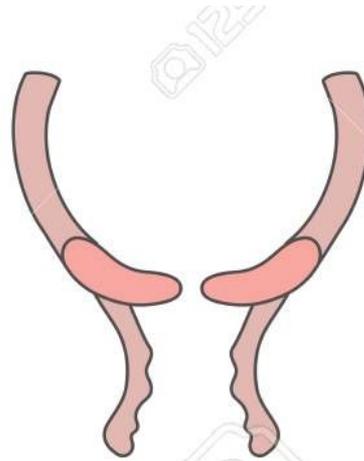
Before we start... B



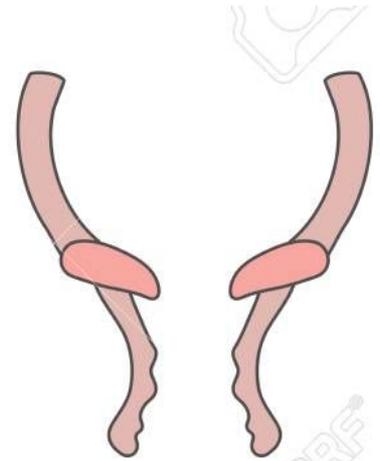
**Before labor:
0% effacement**



**Early effacement:
30%**

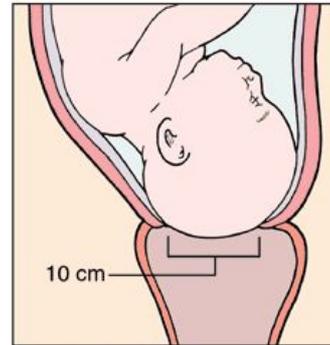
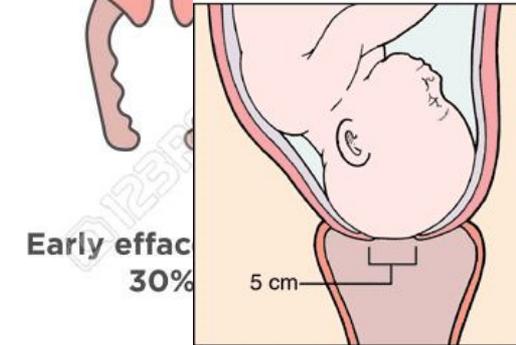
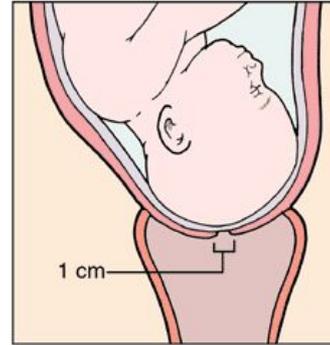
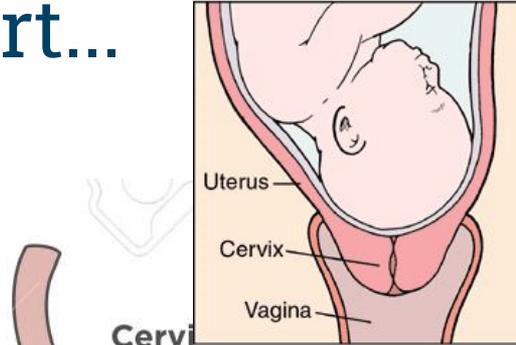
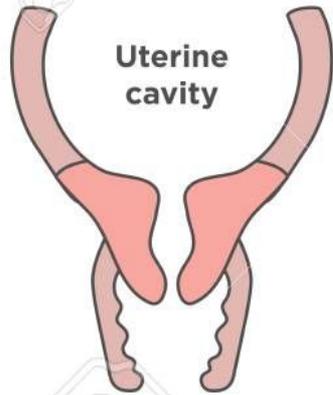


**Complete effacement:
100%**



Complete dilation

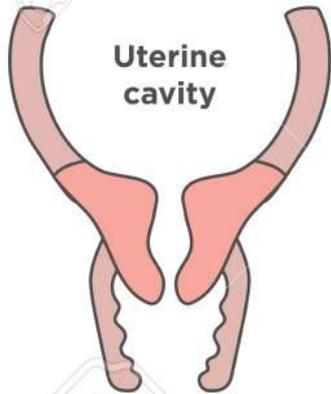
Before we start...



Early effacement
30%

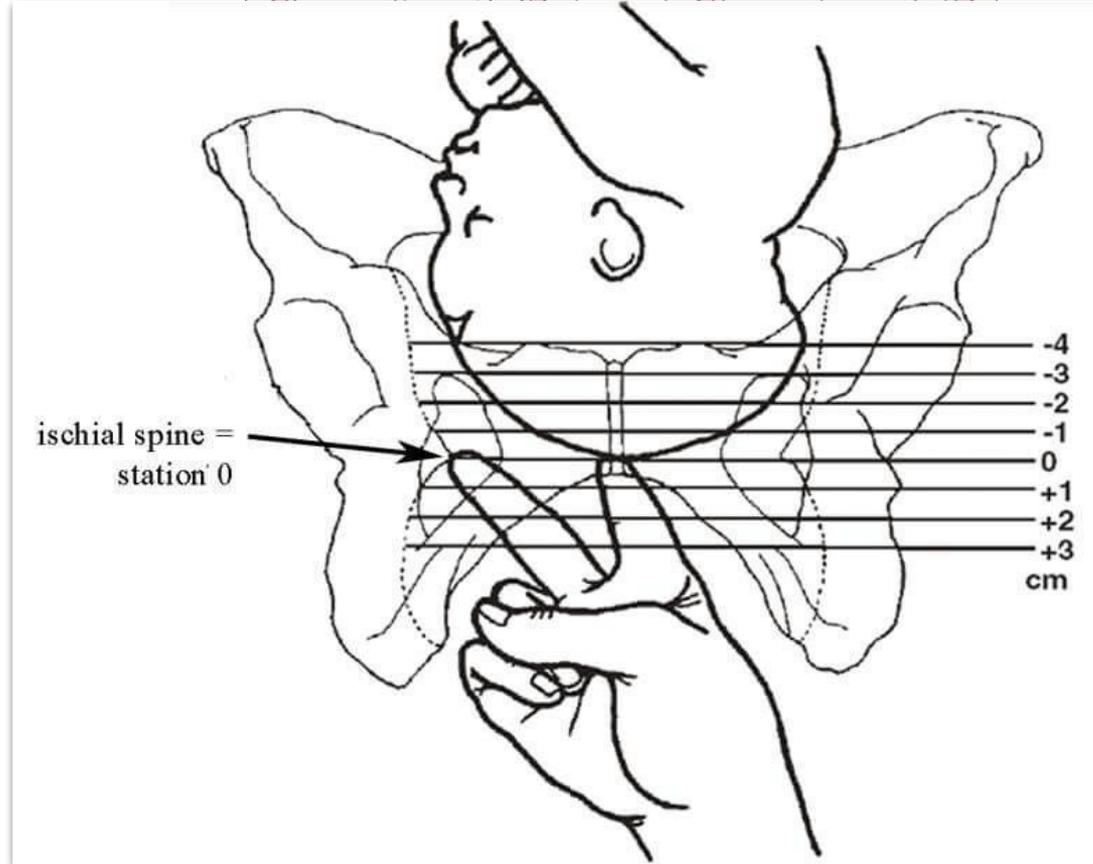
Complete dilation

Before we start...



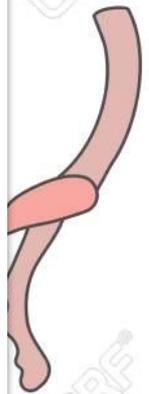
Uterine cavity

Before labor:
0% effacement



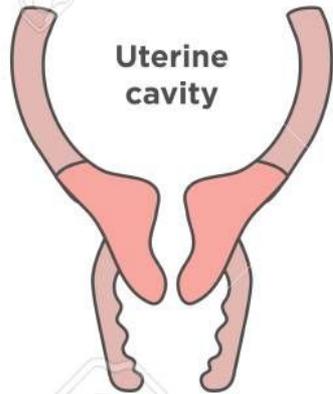
ischial spine =
station 0

-4
-3
-2
-1
0
+1
+2
+3
cm

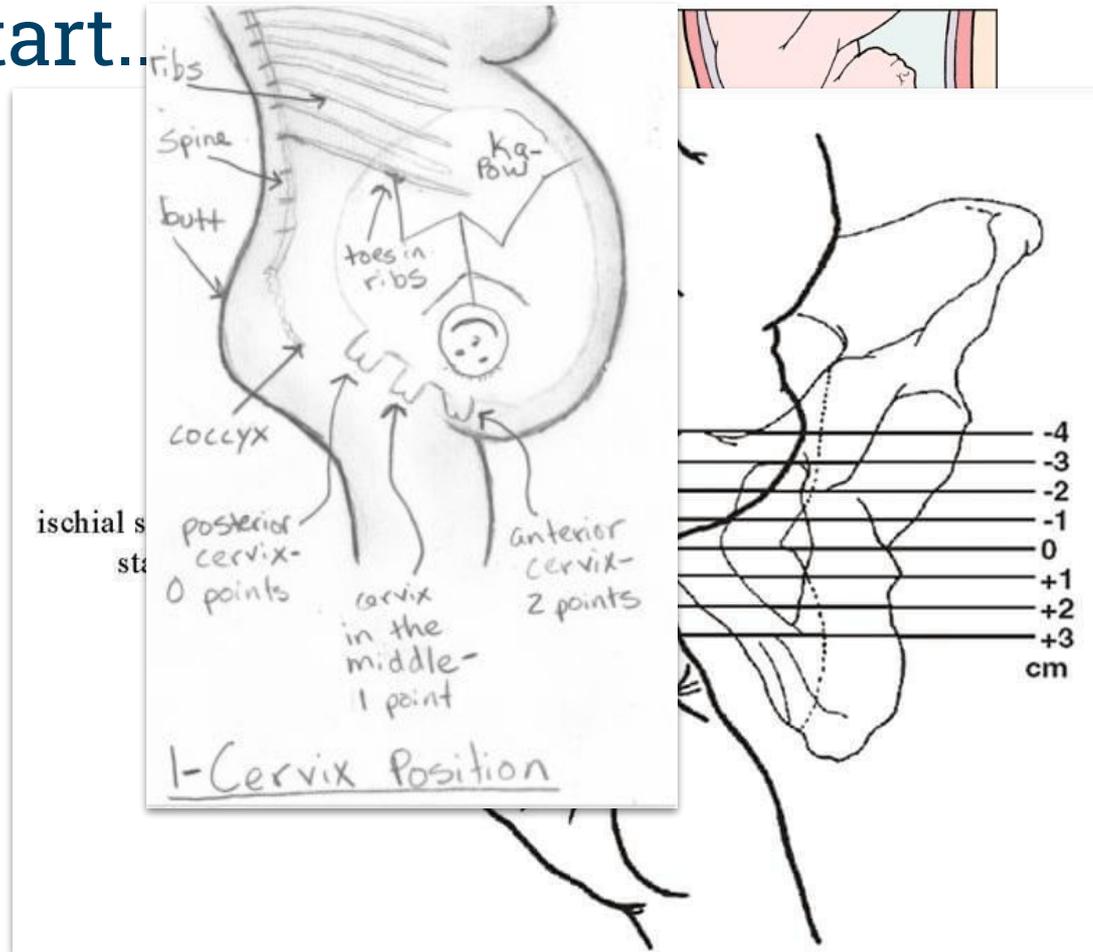


ilation

Before we start.



Before labor:
0% effacement



ischial s
sta

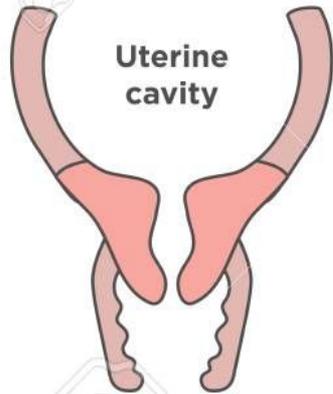
ribs
Spine
butt
coccyx
posterior cervix - 0 points
cervix in the middle - 1 point
anterior cervix - 2 points
kg-Row
toes in ribs
WF

1-Cervix Position

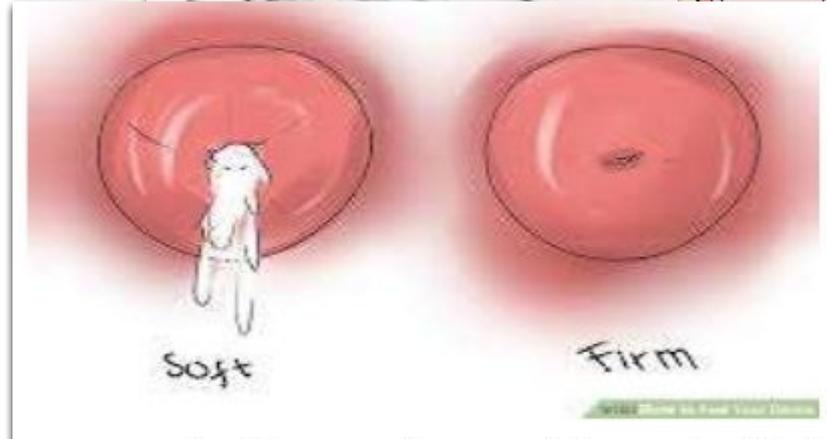
-4
-3
-2
-1
0
+1
+2
+3
cm

ilation

Before we start...

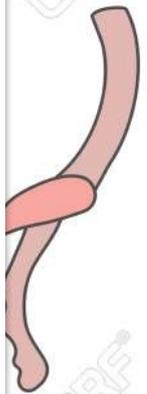
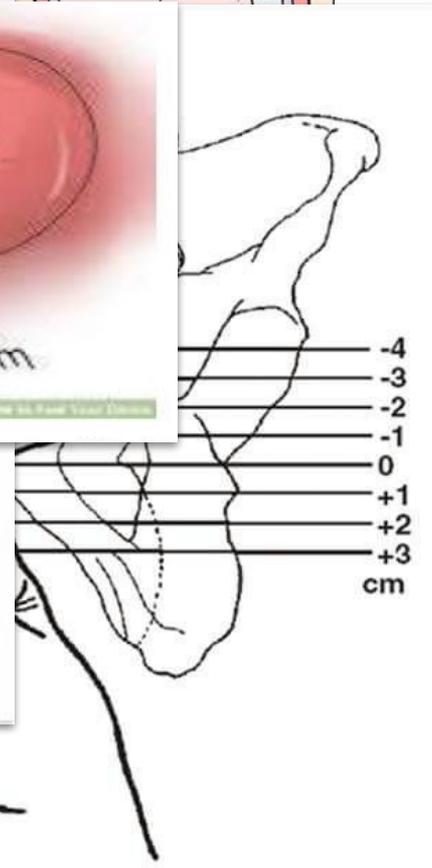


Before labor:
0% effacement



posterior cervix - 0 points
cervix in the middle - 1 point
anterior cervix - 2 points

1-Cervix Position



ilation

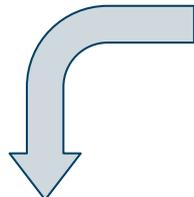
Before we start... C

BISHOP SCORE

| Cervix | 0 points | 1 point | 2 points | 3 points |
|-----------------------|-----------|-----------|-----------|----------|
| POSITION | posterior | midline | anterior | |
| CONSISTENCY | firm | medium | soft | |
| EFFACEMENT (%) | 0 to 30% | 40 to 50% | 60 to 70% | > 80% |
| DILATION (cm) | closed | 1 to 2 cm | 3 to 4 cm | > 5 cm |
| STATION | -3 | -2 | -1 to 0 | +1 to +2 |

Before we start...

BISHOP SCORE



Cervix

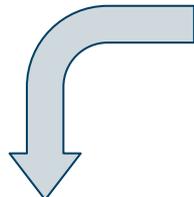
| | 0 points | 1 point | 2 points | 3 points |
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Table 24.2 Calder modification of Bishop score.

| Score | 0 | 1 | 2 | 3 |
|--------------------------------------|-----------|--------------|------|-------|
| Dilation (cm) | <1 | 1-2 | 2-4 | >4 |
| Length of cervix (cm) | >4 | 2-4 | 1-2 | <1 |
| Station (relative to ischial spines) | -3 | -2 | -1/0 | +1/+2 |
| Consistency | Firm | Average | Soft | - |
| Position | Posterior | Mid/anterior | | |

Before we start...

BISHOP SCORE



Cervix

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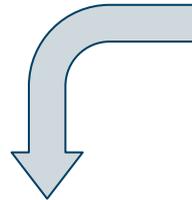
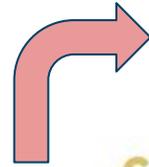
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| Length of cervix (cm) | >4 | 2-4 | 1-2 | <1 |
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Before we start...

BISHOP SCORE to assess cervical favorability

| CERVIX | SCORE | | | | BISHOP SCORE MODIFIERS |
|-------------|-----------|--------------|----------|--------|---|
| | 0 | 1 | 2 | 3 | |
| POSITION | Posterior | Mid-position | Anterior | | Add 1 point for: <ul style="list-style-type: none"> Pre-eclampsia Each previous vaginal delivery Subtract 1 point for: <ul style="list-style-type: none"> Postdate pregnancy Nulliparity (no previous vaginal deliveries) PPROM (premature preterm rupture of membranes) |
| CONSISTENCY | Firm | Medium | Soft | | |
| EFFACEMENT | 0 - 30% | 30 - 50% | 60 - 70% | >80% | |
| DILATION | Closed | 1 - 2 cm | 3 - 4 cm | >5 cm | |
| STATION | -3 | -2 | -1 | +1, +2 | |



| | | | | |
|----------------|-----------|-----------|-----------|----------|
| POSITION | posterior | midune | anterior | |
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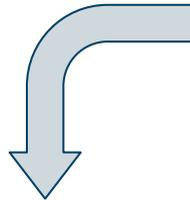
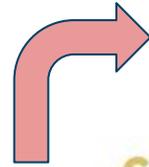
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| Length of cervix (cm) | >4 | 2-4 | 1-2 | <1 |
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Before we start...

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| STATION | -3 | -2 | -1 | +1, +2 | |



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| DILATION (cm) | closed | 1 to 2 cm | 3 to 4 cm | > 5 cm |
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| Score | 0 | 1 | 2 | 3 |
|--------------------------------------|-----------|--------------|------|-------|
| Dilation (cm) | <1 | 1-2 | 2-4 | >4 |
| Length of cervix (cm) | >4 | 2-4 | 1-2 | <1 |
| Station (relative to ischial spines) | -3 | -2 | -1/0 | +1/+2 |
| Consistency | Firm | Average | Soft | - |
| Position | Posterior | Mid/anterior | | |

SPECIALTIES & TOPICS

NEWS

BLOGS

CME

SPECIAL FEATURES

ARCHIVES

SUMMARY AND COMMENT | WOMEN'S HEALTH

April 21, 2011

A Simplified Bishop Score

Diane J. Angelini, EdD, CNM, FACNM, FAAN, NEA-BC reviewing Laughon SK et al. Obstet Gynecol 2011 Apr

The time has come.

The Bishop score is derived from a five-component system to predict cervical readiness for induction of labor; a score >8 (on a scale of 0 to 13) signifies that vaginal delivery will succeed. In an analysis of uncomplicated singleton vaginal deliveries in 5610 participants (70% white) in the Consortium on Safe Labor, researchers sought to develop a simpler scoring system that would be an equally effective predictor. Logistic regression coefficients were calculated for each Bishop component (cervical dilation, effacement, consistency, and position and fetal station) to determine which elements were independently associated with successful vaginal delivery. A simplified score was created based on those components that were key contributors to outcome.

Dilation, station, and effacement had the largest regression coefficients and were significantly associated with vaginal delivery; thus, these three components were used to determine a simplified score. Compared with the original Bishop score of >8, a simplified score of >5 had similar positive and negative predictive values. Both scores also were associated with similar vaginal delivery rates.

Table 24.2 Calder

Score

Dilation (cm)

Length of cervix (cm)

Station (relative to ischial spines)

Consistency

Position

BISHOP SCORE MODIFIERS

1 point for:

Chronic hypertension
Chronic placental insufficiency
Chronic renal insufficiency

1 point for:

Chronic hypertension
Chronic placental insufficiency
Chronic renal insufficiency
Chronic hypertension
Chronic placental insufficiency
Chronic renal insufficiency
Chronic hypertension
Chronic placental insufficiency
Chronic renal insufficiency

0

0%

> 80%

5 cm

> 5 cm

0

+1 to +2

Before

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BISHOP SCORE MODIFIERS

- point for:
 - e-eclampsia
 - ch previous vaginal delivery
- ect 1 point for:
 - ostdate pregnancy
 - ulliparity (no previous vaginal deliveries)
 - PROM (premature preterm pture of membranes)

Table 24.2 Calder

Score

Dilation (cm)

Length of cervix (cm)

Station (relative to ischial spines)

Consistency

Position

0% > 80%

cm > 5 cm

0 +1 to +2

Summary

Table 12.1 Modified Bishop scoring system

| | 0 | 1 | 2 | 3 |
|-------------------------------|-----------|---------|----------|--------------|
| Dilatation of cervix (cm) | 0 | 1 or 2 | 3 or 4 | 5 or more |
| Consistency of cervix | Firm | Medium | Soft | - |
| Length of cervical canal (cm) | >2 | 2-1 | 1-0.5 | <0.5 |
| Position of cervix | Posterior | Central | Anterior | - |
| Station of presenting part | -3 | -2 | -1 or 0 | Below spines |

Simplified Bishop score 5 or more

Simplified Bishop score less than 5

Modified Bishop score 7 or more

Modified Bishop score less than 7

**High score ->
favourable' cervix**

**Low score ->
'unfavourable' cervix**

Before we start... D

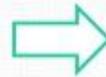
- First measurable increase in tissue distensibility when compared with non pregnant cervix
(Read *et al.*, 2007)



- Change in type **I** and **III** collagen

Alteration in processing
of collagen monomers

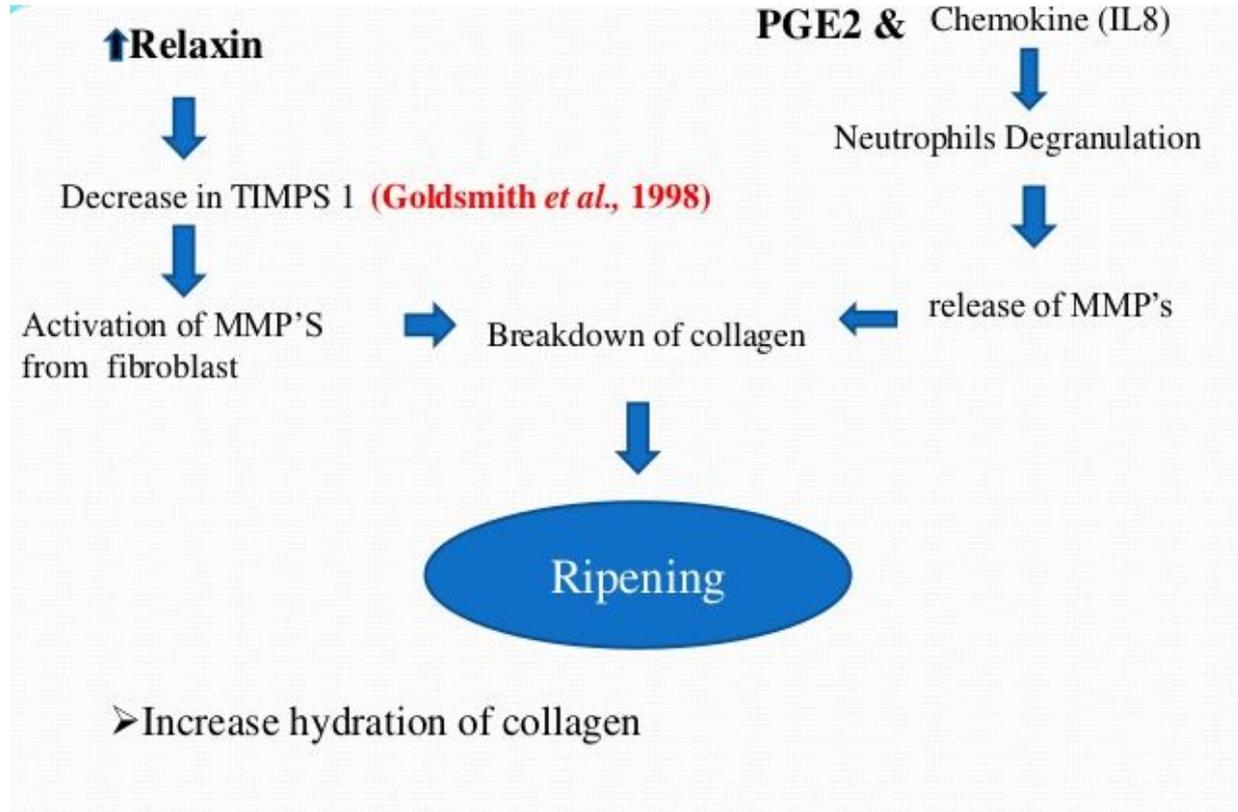
Degradation of fibers



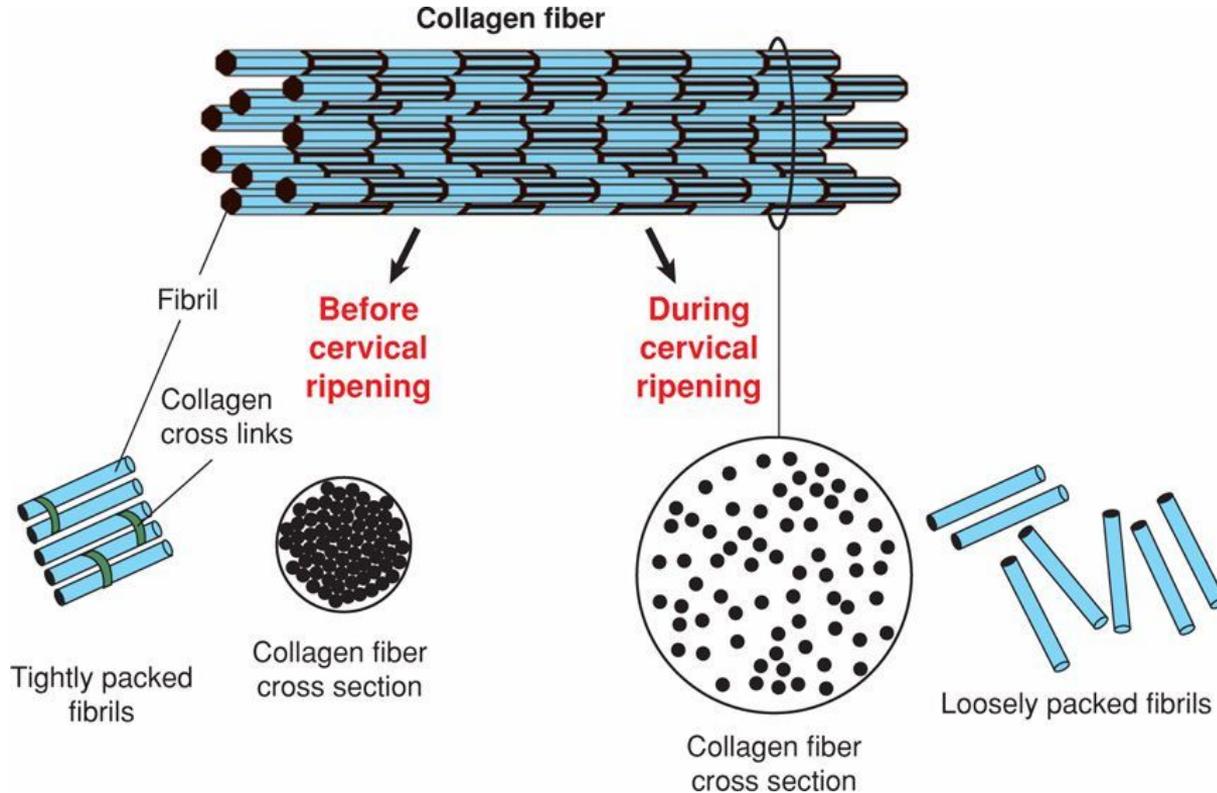
can affect collagen
structure and its
mechanical strength

(Myers *et al.*, 2010)

Before we start... D



Before we start... D



Indications for induction of labour

- ❑ prolonged pregnancy
- ❑ maternal diabetes (including gestational diabetes)
- ❑ twin pregnancy
- ❑ prelabour rupture of membranes
- ❑ fetal growth restriction and suspected in utero fetal compromise
- ❑ hypertensive disorders in pregnancy and other maternal medical conditions
- ❑ maternal request
- ❑ history of precipitate labour
- ❑ history of reduced fetal movements at term
- ❑ suspected fetal macrosomia.

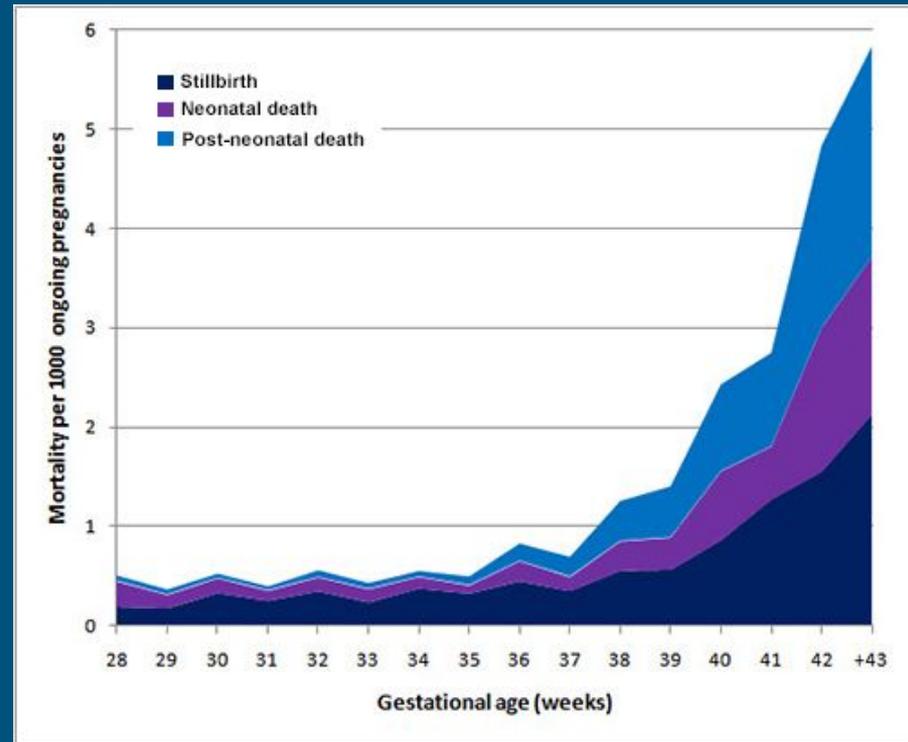
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prolonged pregnancy

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Prolonged Pregnancy

- **Definition** (vs Post Date pregnancy)
- **Epidemiology**
- **Why?**
- **Risks and benefits**



Advise ultrasound scan to determine gestational age using:

- CRL measurement from 10 wks 0 to 13 +6
- HC if CDL length is above 84 mm.



Reduce the rates of IOL for post-term pregnancy

Indications for induction of labour

- ❑ prolonged pregnancy
- ❑ **maternal diabetes (including gestational diabetes)**
- ❑ twin pregnancy
- ❑ prelabour rupture of membranes
- ❑ fetal growth restriction and suspected in utero fetal compromise
- ❑ hypertensive disorders in pregnancy and other maternal medical conditions
- ❑ maternal request
- ❑ history of precipitate labour
- ❑ history of reduced fetal movements at term
- ❑ suspected fetal macrosomia.

Maternal diabetes (including gestational diabetes)

Why?

When?

Outcome?



Maternal diabetes (including gestational diabetes)

Why?

Macrosomia → Shoulder dystocia → Birth injury

Unexplained stillbirth and intrapartum death

When?

Outcome?



Maternal diabetes (including gestational diabetes)

Why?

Macrosomia → Shoulder dystocia → Birth injury

Unexplained stillbirth and intrapartum death

When?

?? 37 wks - 38 to 39+6 - ?? 40+6 wks

Outcome?



Maternal diabetes (including gestational diabetes)

Why?

Macrosomia → Shoulder dystocia → Birth injury

Unexplained stillbirth and intrapartum death

When?

?? 37 wks - 38 to 39+6 - ?? 40+6 wks

Outcome?

↓ Still birth, ↓ Shoulder dystocia, ↔ CS %



Indications for induction of labour

- ❑ prolonged pregnancy
- ❑ maternal diabetes (including gestational diabetes)
- ❑ **twin pregnancy**
- ❑ prelabour rupture of membranes
- ❑ fetal growth restriction and suspected in utero fetal compromise
- ❑ hypertensive disorders in pregnancy and other maternal medical conditions
- ❑ maternal request
- ❑ history of precipitate labour
- ❑ history of reduced fetal movements at term
- ❑ suspected fetal macrosomia.

Twin pregnancy

Risks \ Benefits

Chorionicity??

Eligible for vaginal delivery

GA: 36 - 37 weeks



Indications for induction of labour

- ❑ prolonged pregnancy
- ❑ maternal diabetes (including gestational diabetes)
- ❑ twin pregnancy
- ❑ **prelabour rupture of membranes**
- ❑ fetal growth restriction and suspected in utero fetal compromise
- ❑ hypertensive disorders in pregnancy and other maternal medical conditions
- ❑ maternal request
- ❑ history of precipitate labour
- ❑ history of reduced fetal movements at term
- ❑ suspected fetal macrosomia.

Prelabour rupture of membranes

Definition

Epidemiology

Prelabour rupture of membranes

Definition

Epidemiology

Risks/benefits of IOL for PROM at term

- Reduced risk of chorioamnionitis (NNT 50) and endometritis
- Fewer neonatal unit admissions (NNT 20)
- No increase risk in caesarean section or operative vaginal delivery
- Increased maternal satisfaction
- Increased risk of lower birthweight.

Prelabour rupture of membranes

Definition

Epidemiology

Risks/benefits of IOL for PROM at term

- Reduced risk of chorioamnionitis (NNT 50) and endometritis
- Fewer neonatal unit admissions (NNT 20)
- No increase risk in caesarean section or operative vaginal delivery
- Increased maternal satisfaction
- Increased risk of lower birthweight.

Risks/benefits of IOL for PROM preterm

- Reduced risk of chorioamnionitis
- Caesarian section rates not increased
- Neonatal outcomes (Apgar score at 5 minutes, neonatal intensive care unit admission, sepsis and total hospital stay) not increased
- Reduced incidence of fetal heart abnormalities.

Indications for induction of labour

- ❑ prolonged pregnancy
- ❑ maternal diabetes (including gestational diabetes)
- ❑ twin pregnancy
- ❑ prelabour rupture of membranes
- ❑ **fetal growth restriction and suspected in utero fetal compromise**
- ❑ hypertensive disorders in pregnancy and other maternal medical conditions
- ❑ maternal request
- ❑ history of precipitate labour
- ❑ history of reduced fetal movements at term
- ❑ suspected fetal macrosomia.

Fetal growth restriction and suspected in utero fetal compromise

Definition and Epidemiology

Timing of delivery remains unclear

Immediate delivery vs Expectant management:

- CS is higher
- No difference in overall mortality

Fetal growth restriction and suspected in utero fetal compromise

Definition and Epidemiology

Timing of delivery remains unclear

Immediate delivery vs Expectant management:

- CS is higher
- No difference in overall mortality

The decision to deliver by elective caesarean section or to induce labour has to be made on an individual basis.

Indications for induction of labour

- ❑ prolonged pregnancy
- ❑ maternal diabetes (including gestational diabetes)
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- ❑ prelabour rupture of membranes
- ❑ fetal growth restriction and suspected in utero fetal compromise
- ❑ **hypertensive disorders in pregnancy and other maternal medical conditions**
- ❑ maternal request
- ❑ history of precipitate labour
- ❑ history of reduced fetal movements at term
- ❑ suspected fetal macrosomia.

Hypertensive disorders in pregnancy and other maternal medical conditions

- ❑ New diagnosis of pre-eclampsia + from 37 weeks → offer IOL
- ❑ Controlled chronic hypertension and controlled GHTN IOL after 37 weeks.
- ❑ ~ 34 weeks - individualized

NICE guideline

Hypertensive disorders in pregnancy and other maternal medical conditions

- ❑ New diagnosis of pre-eclampsia + from 37 weeks → offer IOL
- ❑ Controlled chronic hypertension and controlled GHTN IOL after 37 weeks.
- ❑ ~ 34 weeks - individualized

NICE guideline

At term, IOL is associated with improved maternal outcome and should be advised for women with mild hypertensive disease.

Indications for induction of labour

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- ❑ maternal diabetes (including gestational diabetes)
- ❑ twin pregnancy
- ❑ prelabour rupture of membranes
- ❑ fetal growth restriction and suspected in utero fetal compromise
- ❑ hypertensive disorders in pregnancy and other maternal medical conditions
- ❑ **maternal request**
- ❑ history of precipitate labour
- ❑ history of reduced fetal movements at term
- ❑ suspected fetal macrosomia.

Maternal request

Why?

Evidence

Conclusion:

NOt recommended

In exceptional cases: not before 40 weeks

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- ❑ hypertensive disorders in pregnancy and other maternal medical conditions
- ❑ maternal request
- ❑ **history of precipitate labour**
- ❑ history of reduced fetal movements at term
- ❑ suspected fetal macrosomia.

History of precipitous labour

In theory: may avoid birth outside hospital

In practice: Little evidence

Indications for induction of labour

- ❑ prolonged pregnancy
- ❑ maternal diabetes (including gestational diabetes)
- ❑ twin pregnancy
- ❑ prelabour rupture of membranes
- ❑ fetal growth restriction and suspected in utero fetal compromise
- ❑ hypertensive disorders in pregnancy and other maternal medical conditions
- ❑ maternal request
- ❑ history of precipitate labour
- ❑ **history of reduced fetal movements at term**
- ❑ suspected fetal macrosomia.

History of reduced fetal movements at term

Related to stillbirth

Individual basis:

Recurrent or once?

Liquor volume, fetal growth and CTG ?

Indications for induction of labour

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- ❑ history of precipitate labour
- ❑ history of reduced fetal movements at term
- ❑ suspected fetal macrosomia.

Suspected fetal macrosomia

Definition

Why?

Need reliable diagnosis

Diabetic?

Previous shoulder dystocia?

Suspected fetal macrosomia

Definition

Why?

Need reliable diagnosis

Diabetic?

High risk for shoulder dystocia?

Maternal Age

≥40 years of age ⇒ Higher stillbirth after 40 weeks

Maternal Age

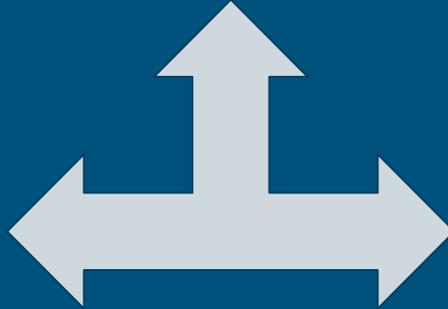
≥40 years of age ⇨ Higher stillbirth after 40 weeks

→ Offer IOL at 39-40 weeks

**Wait for
Spontaneous
Labour**

**Elective
C-section**

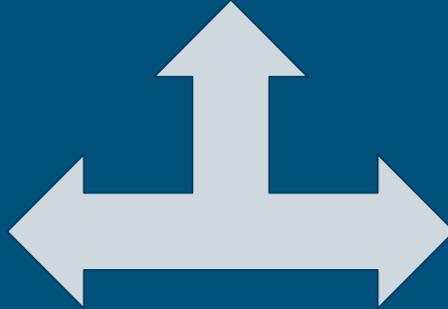
**Induction of
Labour**



**Wait for
Spontaneous
Labour**

**Elective
C-section**

**Induction of
Labour**



Key points

IOL is recommended:

- > beyond 41 weeks of gestation
- > before the estimated date of delivery in pregnancies complicated by diabetes
- > in prelabour rupture of membranes at term
- > severe pre-eclampsia beyond 34 weeks of gestation
- > hypertension or mild pre-eclampsia beyond 37 weeks of gestation
- > if maternal age ≥ 40 years of age.

IOL should be considered:

- > In women with reduced fetal movements at term.

The pros and cons of IOL should be discussed:

- > In women with suspected fetal macrosomia.

Contraindications to Induction of Labour

Absolute?

- ❑ placenta praevia/vasa praevia
- ❑ transverse lie
- ❑ prolapsed umbilical cord
- ❑ active genital herpes (first episode in third trimester – not recurrent herpes)
- ❑ previous classical uterine incision
- ❑ maternal or fetal anatomical abnormality that contraindicates vaginal delivery.
- ❑ triplet or higher order multiple pregnancy
- ❑ breech presentation
- ❑ two or more previous low transverse caesarean sections

Contraindications to Induction of Labour

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- ❑ breech presentation
- ❑ two or more previous low transverse caesarean sections

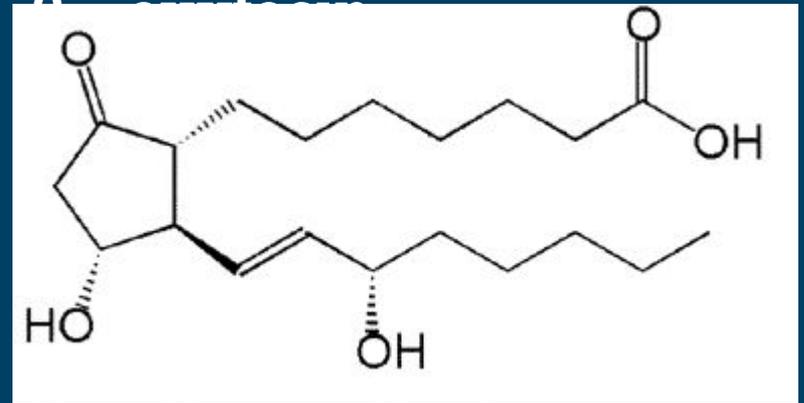
Induction of labour is contraindicated where vaginal delivery is contraindicated.

Methods of induction of labour

1. prostaglandin
 2. oxytocin
 3. misoprostol
 4. isosorbide mononitrate
 5. mechanical methods
 6. amniotomy
 7. other methods.
-

Methods of induction of labour

1. prostaglandin



7. other methods.

Mode of action of prostaglandins:

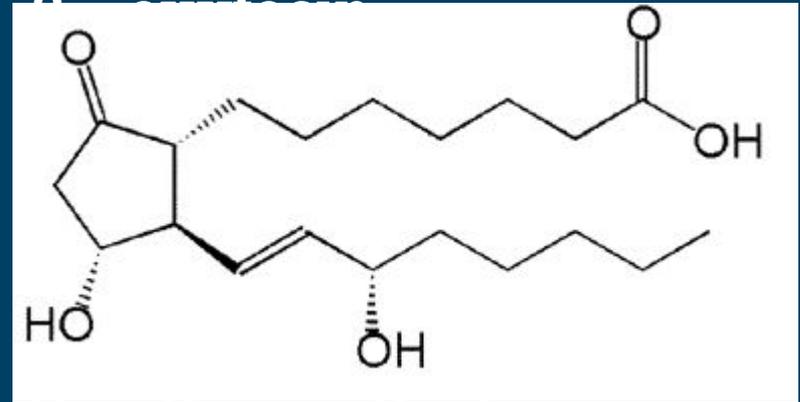
Prostaglandin E2

↑ cervical ripening → ↑ uterine contraction and retraction

Treatment types:

- Tablets
- Gel
- Slow release pessary

1. prostaglandin



7. other methods.

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↑
C

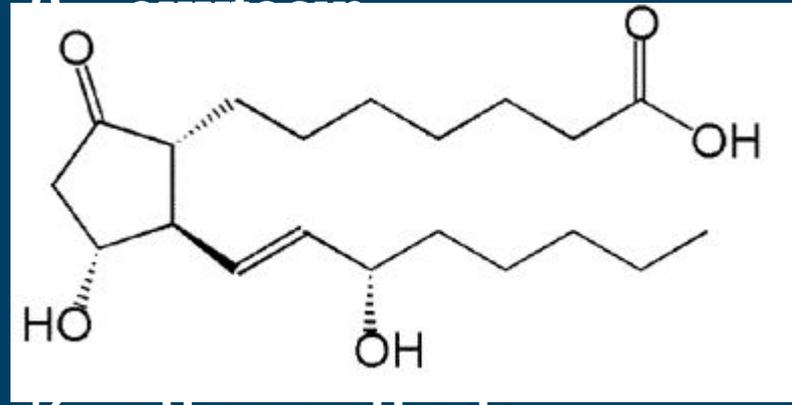
ns:



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Mode of action of prostaglandins:

Prostaglandin E2

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Mode of action of prostaglandins:

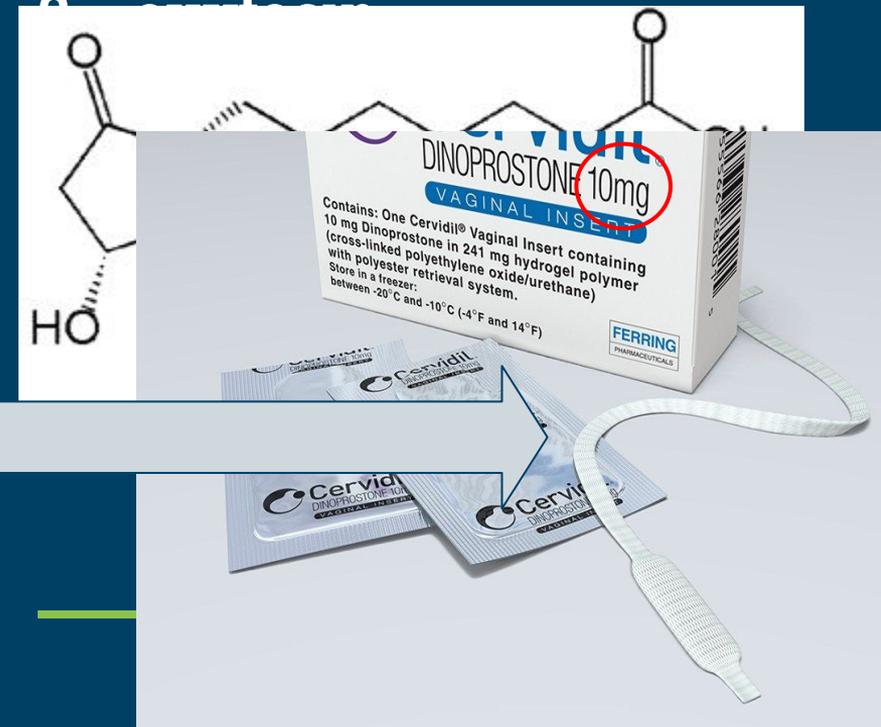
Prostaglandin E2

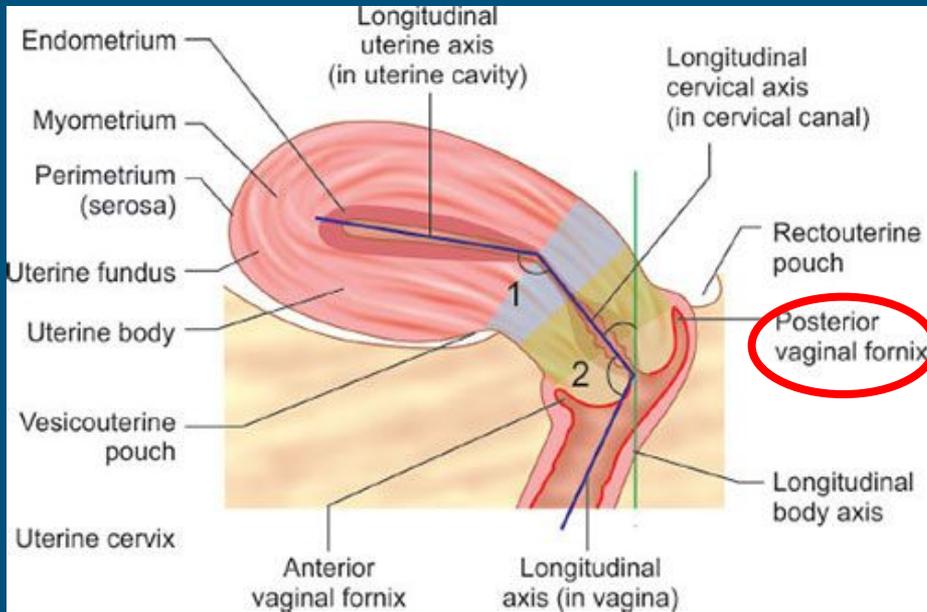
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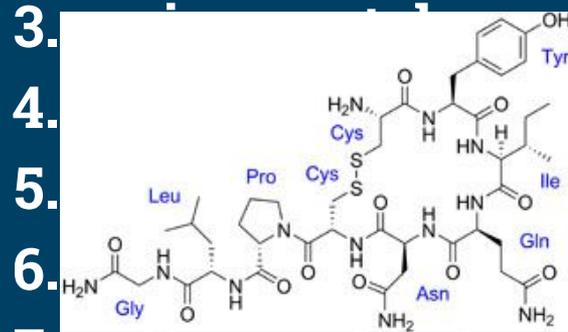




Methods of induction of labour

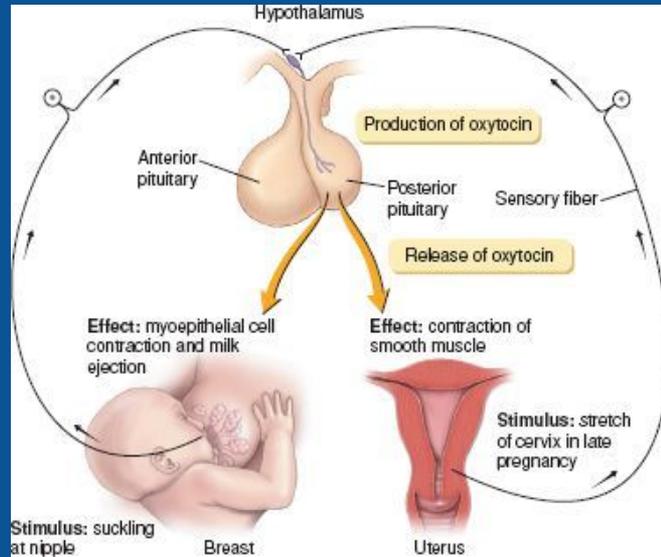
1. prostaglandin

2. oxytocin



4. nitrate
5. ods
6.
7. other methods.

Mode of action:



Practical aspects of using oxytocin:

- **By infusion**
- **Titrated by uterine contractions**
- **Cause fluid retention, after stopping → polyuria**

1. prostaglandin

2. oxytocin

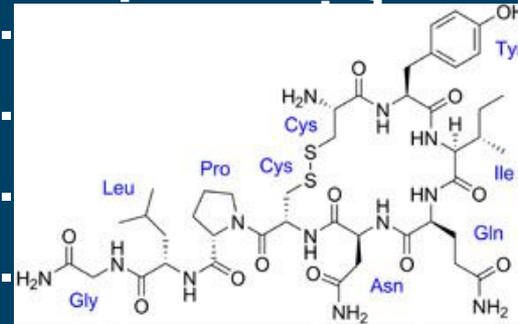
3.

4.

5.

6.

7. other methods.



nitrate
ods

Mode of action:



Difference B/w Oxytocin and Prostaglandins

| Character | Prostaglandins | Oxytocin |
|---------------------------|----------------------------------|----------------------------|
| Contraction | Contraction throughout pregnancy | Only at term |
| Cervix | Softens the cervix | Does not soften the cervix |
| Duration of action | Longer | Shorter |

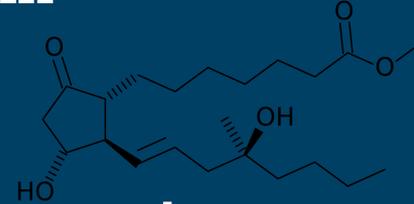
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12

Practical aspects

- By infusion
- Titrated by uterine contractions
- Cause fluid retention, after stopping → polyuria

Methods of induction of labour

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2. oxytocin
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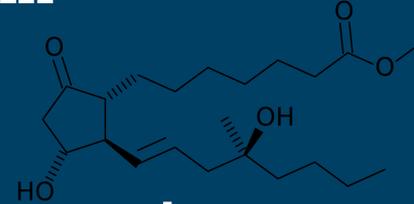


- ❑ synthetic prostaglandin E1 analogue
- ❑ cheap and stable at room temperature
- ❑ given orally, vaginally or sublingually.

Dosage

- Oral: **maximum** 50 micrograms
- Vaginal: **maximum** 25 micrograms 4-hourly
- Vaginal slow release pessary: 200 micrograms over 24 hours.

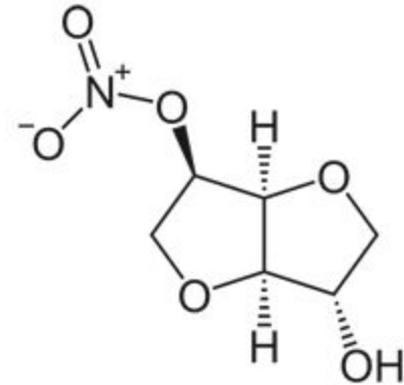
1. prostaglandin
2. oxytocin
3. **misoprostol**
4. isosorbide mononitrate
5. mefenamic acid
6. amniocentesis
7. other



Methods of induction of labour

1. prostaglandin
2. oxytocin
3. misoprostol
4. **isosorbide mononitrate**

- 5.
- 6.
- 7.



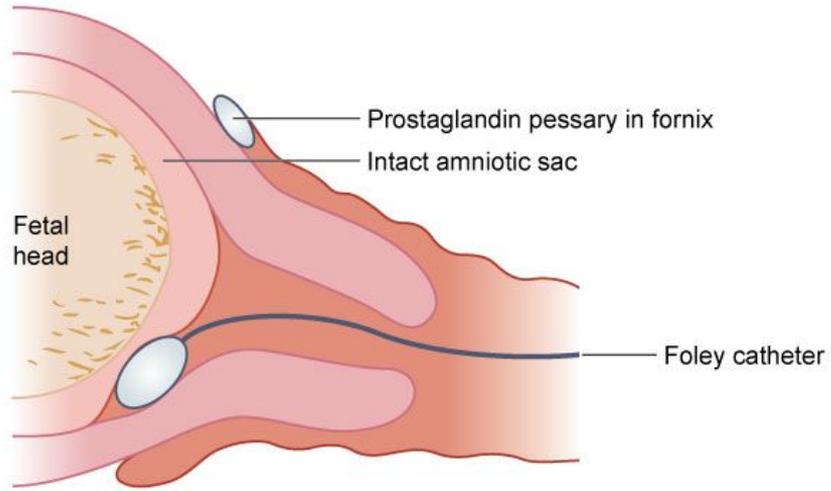
Bottom line

IMN can be used for cervical ripening during the induction process. IMN is no more effective than PGE₂ in inducing a change in the modified Bishop score. Use of IMN in the outpatient setting does not shorten the admission to delivery interval.

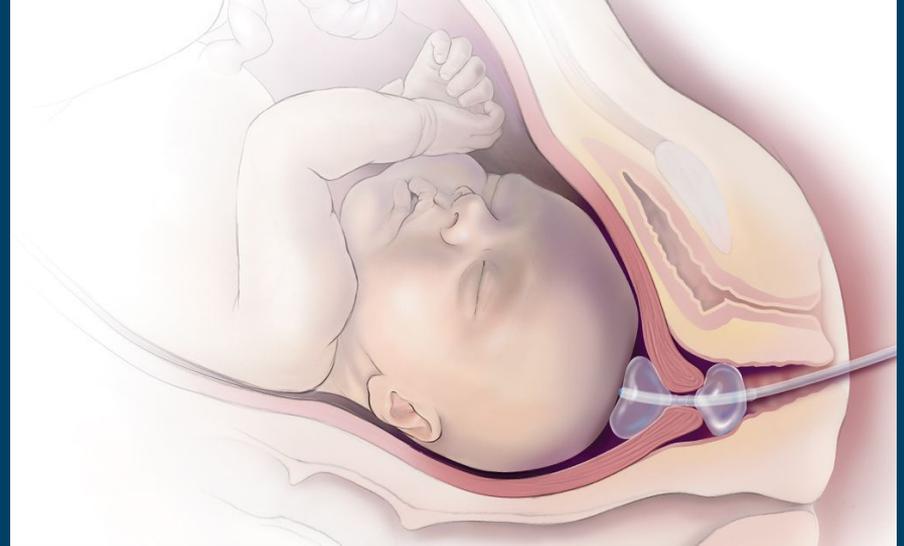
the outpatient setting does not shorten the admission to delivery interval.

Methods of induction of labour

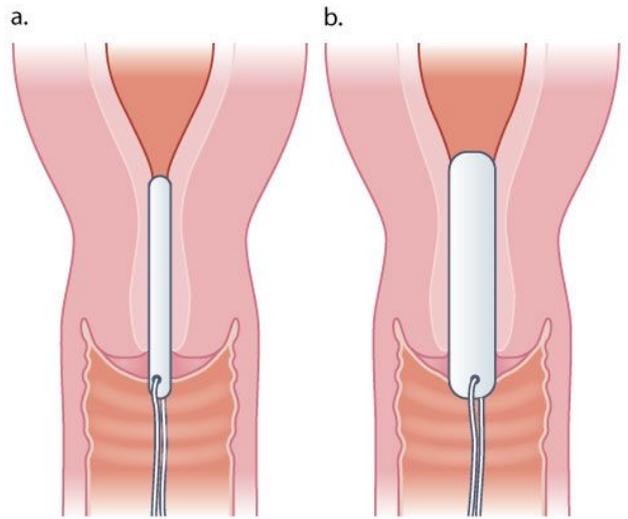
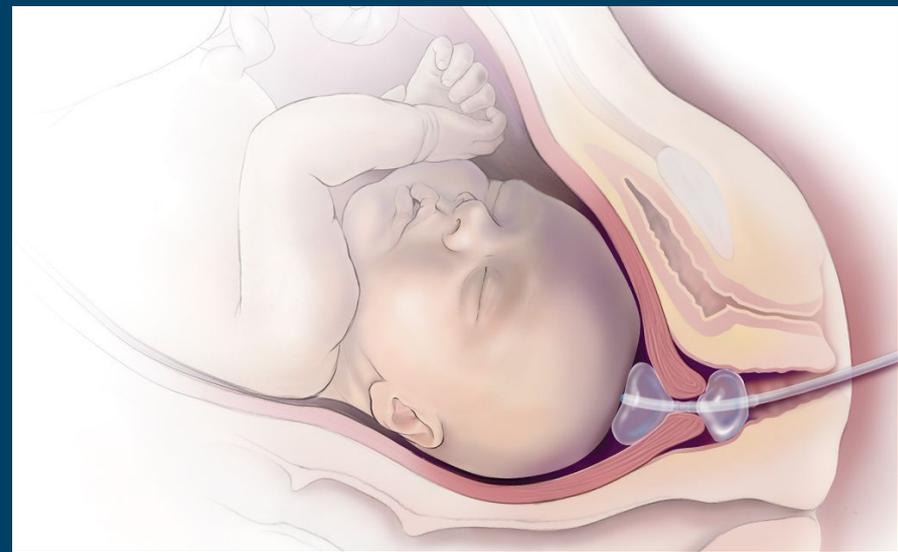
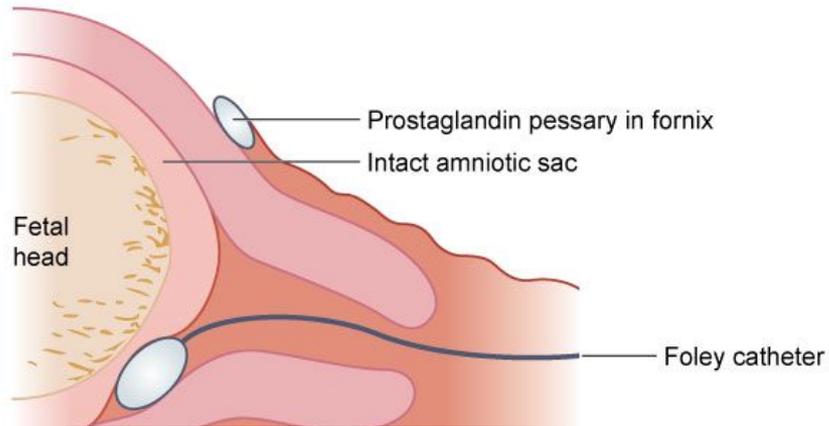
1. prostaglandin
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-



labour



5. mechanical methods
 6. amniotomy
 7. other methods.
-



- 5. mechanical methods
 - 6. amniotomy
 - 7. other methods.
-

Advantages

- Simplicity of preservation
- Lower cost
- Reduction of side-effects from medical treatments.

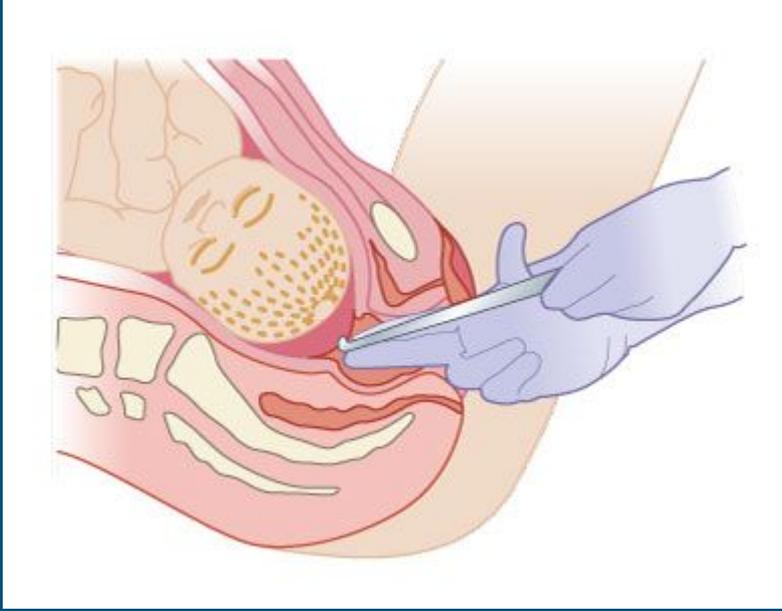
Disadvantages

- Difficulty in inserting through an unfavourable cervix for the operator, and discomfort for the woman
- Risk of infection
- Low-lying placenta is a contraindication.

1. **prostaglandin**
 2. **oxytocin**
 3. **misoprostol**
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Methods of induction of labour

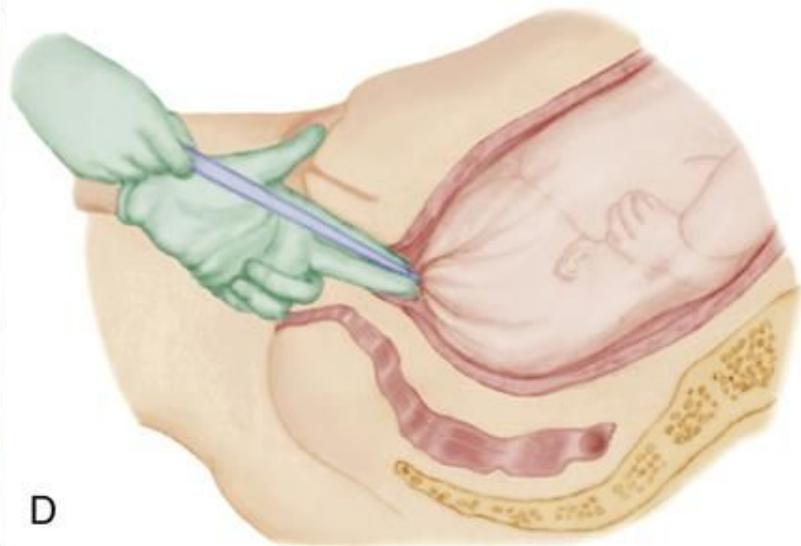
1. prostaglandin
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-



Labour

- Need oxytocin augmentation
- The membranes should be physically accessible.
- Risks
- Other indications

1. prostaglandin
 2. oxytocin
 3. misoprostol
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 6. amniotomy
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-



Methods of induction of labour

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-

- **Mifepristone**
- **Hyaluronidase**
- **Relaxin**
- **Corticosteroids**
- **Estrogens**
- **Homeopathy**
- **Acupuncture**

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-

Complications of Induction of Labour

1. **Hyperstimulation**

2. **Fetal
distress**

3. **Failed
induction**

4. **Ruptured
Uterus**

5. **Adverse effects
of drugs used for
induction**

Complications of Induction of Labour

1. Hyperstimulation

2. Fetal distress

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4. Ruptured Uterus

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Complications of Induction of Labour

1. Hyperstimulation

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Tachysystole



CTG changes

Hypertonus

Uterine Hyperstimulation

Complications of Induction of Labour

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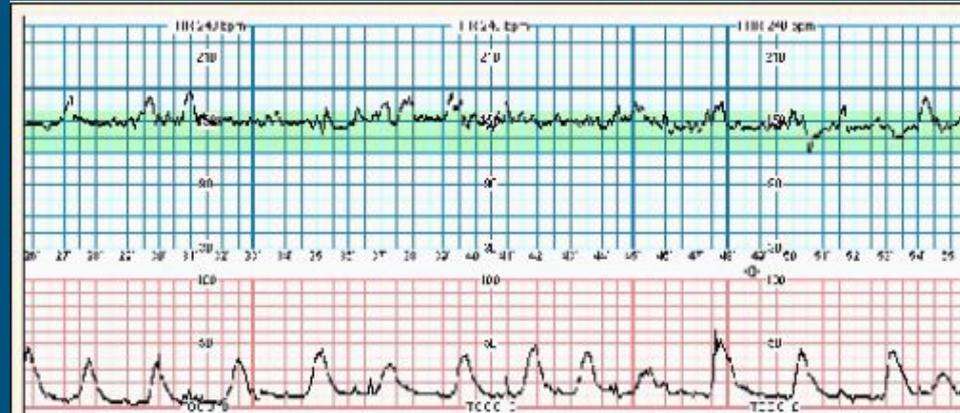
Tachysystole



CTG changes

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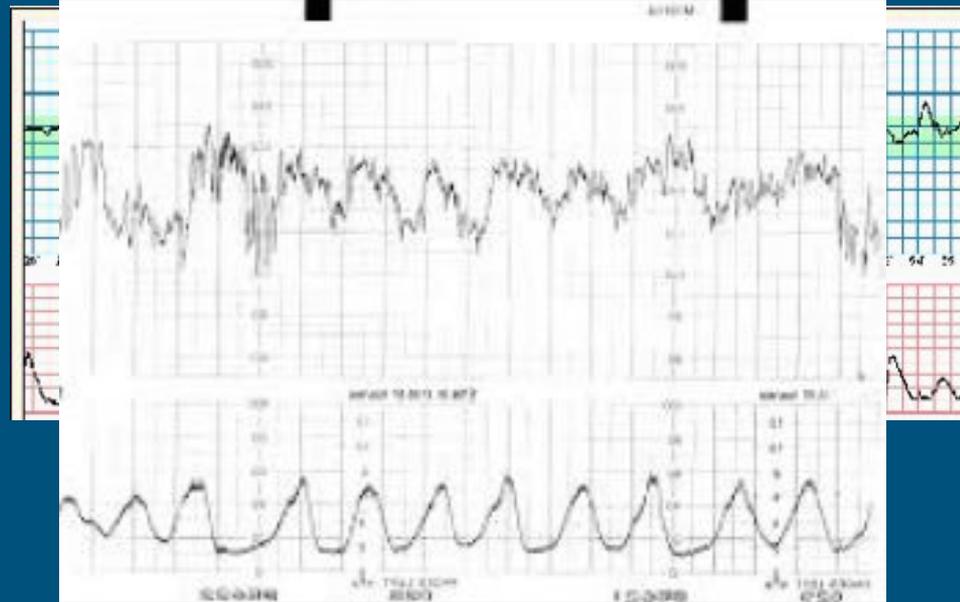
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CTG changes

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Management:
Oxytocin - Stop
PGs - ?? Remove

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Still no response:
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If severe and refractory to conservative management

Emergency CS

Complications of Induction of Labour

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2. Fetal
distress

3. Failed
induction

4. Ruptured
Uterus

5. Adverse effects
of drugs used for
induction

If severe and refractory
to conservative
management

Emergency CS

Where suspected fetal compromise is among the indications for IOL, the baby is less able to withstand any reductions in placental oxygenation, leading to fetal distress.

Complications of Induction of Labour

1. Hyperstimulation

2. Fetal distress

3. Failed induction

4. Ruptured Uterus

5. Adverse effects of drugs used for induction

The options in this scenario include:

- a. allowing the woman to go home and repeat the attempt at a later gestation
- b. waiting for labour to start spontaneously
- c. scheduling delivery by caesarean section
- d. considering the use of alternative cervical ripening strategies such as an intracervical Foley catheter.

**The association between
in the north of Jordan**A.M. Sindiani^{1,*} (✉), H.M. Raw¹Department of Obstetrics and²Department of Obstetrics and³Department of Anaesthesia, J**The association between repeated doses of vaginal PGE2
(Dinoprostone, Prostin®) and both maternal and neonatal
outcomes among women in the north of Jordan****A.M. Sindiani^{1,*}, H.M. Rawashdeh¹, E.H. Alshdaifat^{1,2}, O.F. Altal¹, H. Yaseen¹, A.A. Alhowary³**¹Department of Obstetrics and Gynecology, Faculty of Medicine, Jordan University of Science and Technology, Irbid²Department of Obstetrics and Gynecology, Faculty of Medicine, Yarmouk University, Irbid³Department of Anaesthesia, Jordan University of Science and Technology, Irbid, (Jordan)**Summary**

Objective: To evaluate the association between repeated doses of vaginal PGE2 and the maternal and neonatal outcomes for primigravid and multiparous women. **Study design:** A retrospective descriptive study was conducted at a teaching university hospital in Jordan. The study involved 885 women with singleton live fetuses; these women had been admitted to the labor ward for an induction of labor by vaginal PGE2 (Dinoprostone, Prostin®) for different indications from January 2015 to December 2016. The women were classified according to parity into two main groups, namely, primigravid and multiparous. In the primigravid group, the women who had received two or fewer doses of a vaginal PGE2 tablet (3 mg Dinoprostone) were compared with those who had received a PGE2 tablet three times. In the multiparous group, the women who had received one or two doses of half the usual vaginal PGE2 tablet (1.5 mg Dinoprostone) were compared with those who had received the same dose three times. The main outcomes studied were the cesarean section rate and the APGAR score. **Results:** There was a statistically significant association, namely, $\chi^2(1) = 13.96, P = 0.001$, between the repeated doses of PGE2 and the mode of delivery. This indicates that primigravid women who received more than two doses of PGE2 were more likely to have a cesarean section (65.5%, $n = 57$ out of 87) compared with primigravid women who received two or fewer doses of PGE2 (42.9%, $n = 132$ out of 308). There was no significant association between repeated doses of PGE2 insertion and admission either to the nursery or the neonatal intensive care unit (NICU) $\chi^2(1) = 2.11, P = 0.14$. Moreover, the results also showed that there was no significant association between repeated doses of PGE2 insertion and the APGAR score $\chi^2(1) = 0.06, P = 0.88$. For multiparous women, there was no statistically significant association $\chi^2(1) = 2.15, P = 0.14$ between repeated doses of PGE2 insertion and the mode of delivery. **Conclusion:** In both groups of primigravid and multiparous women, the third dose of vaginal PGE2 was not associated with a significant increase in maternal or neonatal morbidity. In the primigravid group, despite the third dose of PGE2 being associated with a higher rate

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The association between repeated doses of vaginal PGE2 (Dinoprostone, Prostin®) and both maternal and neonatal outcomes among women in the north of Jordan

A.M. Sindiani¹, *✉, H.M. Rawashdeh¹, E.H. Alshdaifat^{1, 2}, O.F. Altal¹, **H. Yaseen¹**, A.A. Alhowary³

¹Department of Obstetrics and Gynecology, Faculty of Medicine, Jordan University of Science and Technology, Irbid, Jordan

²Department of Obstetrics and Gynecology, Faculty of Medicine, Yarmouk University, Irbid, Jordan

³Department of Anaesthesia, Jordan University of Science and Technology, Irbid, Jordan

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Abstract

Objective: To evaluate the association between repeated doses of vaginal PGE2 and the maternal and neonatal outcomes for primigravid and

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Complications of Induction of Labour

1. Hyperstimulation

2. Fetal distress

3. Failed induction

4. Ruptured Uterus

5. Adverse effects of drugs used for induction

Symptoms and signs

- Abdominal pain and tenderness
- Shock
- Vaginal bleeding
- Undetectable fetal heart beat
- Palpable fetal body parts
- Cessation of contractions
- Signs of intraperitoneal bleeding
- **The most common sign is the sudden appearance of fetal distress during labor**

5. Adverse effects of drugs used for induction

excessive uterine contractions

+

5. Adverse effects of drugs used for induction

excessive uterine contractions

+

Oxytocin

- ***water intoxication and hyponatraemia***
- nausea and vomiting
- arrhythmias
- anaphylactoid reactions and rashes
- placental abruption
- amniotic fluid embolism (with overdose)

Prostaglandin

- ***nausea, vomiting, diarrhoea***
- pulmonary or amniotic fluid embolism
- abruption
- fetal distress
- ***maternal hypertension***
- ***bronchospasm***
- fever
- backache
- cardiac arrest
- stillbirth or neonatal death
- vaginal discomfort.

Methods of management and complications of prolonged pregnancy



Methods of management and complications of prolonged pregnancy

When to induce?

Methods of management and complications of prolonged pregnancy

Between 41+0 and 42+0

When to induce?



Methods of management and complications of prolonged pregnancy

What if the woman declines induction of labour?

Methods of management and complications of prolonged pregnancy

What if the women declines induction of labour?

- **Proper counselling**
 - **Documentation**
 - At least twice-weekly cardiotocography and ultrasound estimation of maximum amniotic pool depth
-

Methods of management and complications of prolonged pregnancy

Why offer induction of labour ?



Methods of management and complications of prolonged pregnancy

Why offer induction of labour ?

- The stillbirth rate increases from 1 in 1000 at 37 weeks of gestation to 3 in 1000 at 42 weeks of gestation to 6 per 1000 at 43 weeks of gestation.
-

“stripping/ sweeping” the amniotic membranes



“stripping/ sweeping” the amniotic membranes

Definition

Purpose

Risks / Benefits:

- **No increased risk of caesarean section**
- **Membrane sweep reduces the duration of pregnancy**
- **Membrane sweep reduces the frequency of pregnancy continuing beyond 41 and 42 weeks of gestation**
- **No increase in the risk of maternal or neonatal infection**
- **Discomfort during vaginal examination and other adverse effects (bleeding, irregular contractions)**

Pre-induction assessment

- ★ Women are admitted to the maternity unit at around term plus ten days.



Pre-induction assessment

- ★ Women are admitted to the maternity unit at around term plus ten days.

History:

- *Contraindications for vaginal delivery...
- *Prioritization



Pre-induction assessment

- ★ **Women are admitted to the maternity unit at around term plus ten days.**

History:

- *Contraindications for vaginal delivery...**
- *Prioritization**

Physical examination:

- *General**
- *Vital signs**
- *Abdominal examination**
- *Bishop score (vaginal examination)**



Pre-induction assessment

- ★ **Women are admitted to the maternity unit at around term plus ten days.**

History:

- *Contraindications for vaginal delivery...**
- *Prioritization**

Physical examination:

- *General**
- *Vital signs**
- *Abdominal examination**
- *Bishop score (vaginal examination)**

Fetal well being:

- *CTG**
- *USS**



Issues in counselling around induction of labour

- A. The reasons for induction
- B. The method to be used
- C. Any alternatives
- D. Any potential risks and consequences of accepting or declining induction of labour.



Induction of labour and prolonged pregnancy

Hashem Yaseen

Post lecture test - Induction of labour and prolonged pregnancy

Dear students, after ending the lecture, please complete the following assessments on induction of labour and prolonged pregnancy. This will not consider in your evaluation. Go ahead... :)

*Required



*Required

are you :)

induction of labour and prolonged pregnancy. This will not consider in your evaluation. Go ahead... :)

Induction of labour

and prolonged pregnancy

Hashem Yaseen

Post - Induction of labour and prolonged pregnancy

Dear students, after ending the lecture, please complete the following assessments on induction of labour and prolonged pregnancy. This will not consider in your evaluation. Go ahead...

*Required

*Required

(:)

induction of labour and prolonged pregnancy. This will not consider in your evaluation. Go ahead...
Dear students, after ending the lecture, please complete the following assessments on

Questions?



www.linkedin.com/in/hashem-yaseen-88714b146