

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

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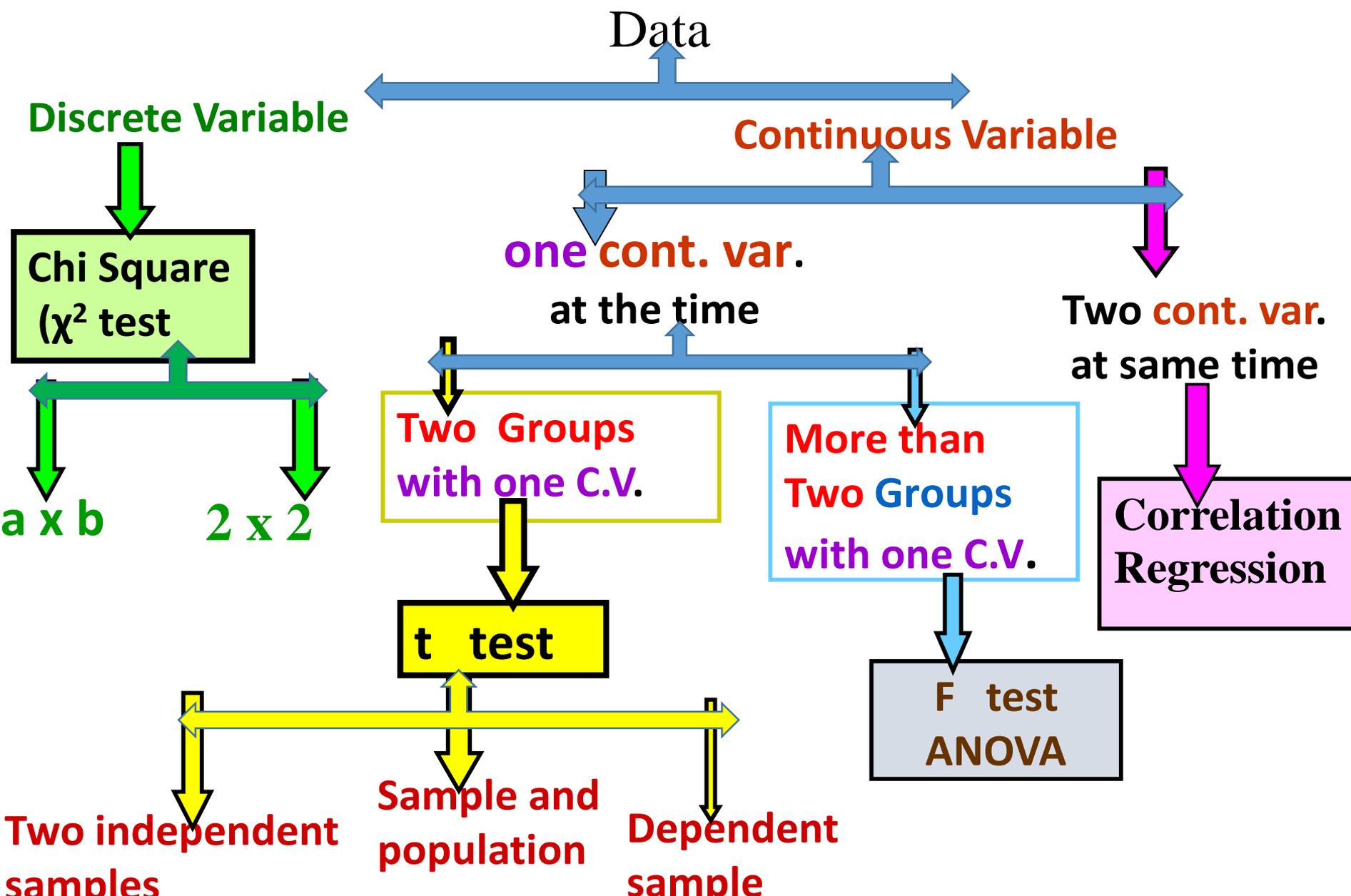
**t Test**



**Part 1**

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An important thing is the type of the variable concerned.

# t Test



The t distributions were discovered by William S. Gosset in 1908.

who used the pseudonym “Student” when he wrote the description.

Gosset was a statistician employed by the Guinness brewing company which had covenant (agreement) ~~عهد~~ that he not publish under his own name.

when he published his article under the pseudonym 'student' while working for a brewery.

# t-Tests

## Use of t-Tests

Actually, t-tests were among the three or four most frequently used statistical tests in medical research, and they still are often found.

- The purpose of a t-test is to **compare** the **means** of a **continuous** variable in **two research samples**, such as a treatment group and a control group.
- ❖ This is done by determining whether the difference between the **two observed means** exceeds the difference that would be expected by chance from the **two**



## When to use a t test



- ❑ A **t test** can only be used when comparing the **means of two groups**
- ❑ If you want to compare **more than two groups**, or if you want to do multiple pairwise comparisons, ✓ use an **ANOVA test** or a **Post-hoc test**.
- ❑ **The t test is a parametric test** (This is often the assumption that the population data are normally distributed) **of difference**,
- ❑ meaning that it makes the **same assumptions about your data as other parametric tests**.
- ❑ The t test **assumes** your data:
  - are **independent**
  - are (approximately) **normally distributed**
  - have a **similar amount of variance** within each group being compared (homogeneity of variance)

If your data do not fit these assumptions

If your data do not fit these assumptions

- ❑ *If **your** data do not fit these assumptions,*
- ❖ *you can try a **nonparametric alternative to the t test**,*
- ❖ *such as the Wilcoxon Signed-Rank test for data with unequal variance*
  
- ❖ The larger the **sample size**, the **smaller** are the **errors**, and the more the t distribution looks like the normal distribution.
- ❖ If the sample size were infinite, the two distributions would be identical.
- ❖ For practical purposes, when the combined **sample size of the two groups** being compared is **larger than 120**, the difference between the normal **distribution and the t distribution is negligible**.

$$t = \frac{M_1 - M_2}{SE}$$

## Performing a $t$ test

The  $t$  test estimates the true difference between **two** group **means** using the ratio of the difference in group means over the pooled standard error of both groups. You can calculate it manually using a formula, or use statistical analysis software.

### $t$ test formula

The formula for the two-sample  $t$  test (the Student's  $t$ -test) is shown below.

$$t = \frac{M_1 - M_2}{SE}$$

$$t = \frac{\bar{x}_1 - \bar{x}_2}{\sqrt{\left(s^2 \left(\frac{1}{n_1} + \frac{1}{n_2}\right)\right)}}$$

## Assumptions of $t$ tests

Because there are **several versions** of  **$t$  tests**, it's important to check the assumptions to figure out which is best suited for your project.

Here are our analysis checklists for [unpaired  \$t\$  tests](#) and [paired  \$t\$  tests](#), which are the two most common.

These go into detail on the basic **assumptions** underlying any  $t$  test:

- **Exactly two groups**
- **Sample is normally distributed**
- **Independent observations**
- **Unequal or equal variance?**
- **Paired or unpaired data?**

# t . test calculator



□ A **t test** compares the means of two groups.

There are several types of two sample t tests

❖ **Therefore**, selecting **appropriate** statistical **tests** is  
❖ a critical step in conducting research.

❖ Therefore, there are **three forms** of Student's **t-test** about which physicians, particularly physician-scientists, need to be aware:

- (1) **one-sample t-test**
- (2) **two-sample t-test and**
- (3) **two-sample paired t-test**

## **What type of t test should I use?**

When choosing a t test, you will need to consider two things:

1-whether the groups being compared come from a **single** population or **two** different populations,

2-and whether you want to test the difference in a **specific direction**

## ❑ One-sample, two-sample, or paired t test?

- ❖ If the groups come from a single population (e.g., measuring before and after an experimental treatment), perform a **paired t test**. This is a **within-subjects** design.
- ❖ If the groups come from two different populations (e.g., two different species, or people from two separate cities), perform a **two-sample t test** (independent t test). This is a **between-subjects design**.
- ❖ If there is one group being compared against a standard value (e.g., comparing the acidity of a liquid to a neutral pH of 7), perform a **one-sample t test**.
- ❑ **One-tailed or two-tailed t test?**
  - ❖ If you only care whether the two populations are **different from one another**, perform a **two-tailed t test**.
  - ❖ If you want to know whether **one population mean is greater than or less than the other**, perform a **one-tailed t test**.

## ❑ One-tailed or two-tailed t test?

- ❖ If you only care whether the two populations are **different from one another**, perform a **two-tailed t test**.
- ❖ If you want to know whether **one population mean is greater than or less** than the other, perform a **one-tailed t test**.
- ❖ Student's t-test can be **one-tailed** or **two-tailed**.
- ❖ The calculations are the same, **but the interpretation of the resulting t differs**.

## Interpreting results

- ❑ The three different options for  $t$  tests have slightly different interpretations, but they all hinge on or depend on the hypothesis testing and P values.

You need to select a significance threshold for your P value (often 0.05) before doing the test.

- ❑ P values are the most commonly used method to evaluate whether there is evidence of a difference between the sample of data collected and the null hypothesis.
- ❑ Once you have run the correct  $t$  test, look at the resulting P value.

Once the correct  $t$  test

### Cont. ...Interpreting results

- ❑ Once you have run the **correct  $t$  test**, look at the **resulting P value**.
- ❖ If the **test result** is **less than your threshold**, you have enough evidence to conclude that the data are **significantly different**.
- ❖ If the **test result** is **larger or equal to your threshold**, you cannot conclude that there is a difference.
- ❑ *However, you cannot conclude that there was definitively no difference either. It's possible that a dataset with more observations would have resulted in a different conclusion.*

## Common *t* test confusion

In addition to the number of *t* test options, *t* tests are often confused with completely different techniques as well.

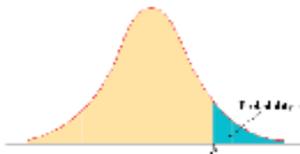
Correlation and regression are used to measure how much two factors move together. While *t* tests are part of regression analysis, they are focused on only one factor by comparing means in different samples.

ANOVA is used for comparing means across three or more total groups. In contrast, *t* tests compare means between exactly two groups.

Finally, contingency tables compare counts of observations within groups rather than a calculated average., contingency tables use methods such as **chi square** instead of *t* tests.

## t-distribution table

Areas in the upper tail are given along the top of the table. Critical  $t^*$  values are given in the table.



df	0.1	0.05	0.025	0.02	0.01	0.005
1	1.676	1.701	1.753	1.781	1.881	1.963
2	1.688	1.722	1.786	1.815	1.961	2.052
3	1.700	1.734	1.799	1.828	1.961	2.049
4	1.711	1.745	1.811	1.840	1.961	2.046
5	1.722	1.756	1.823	1.852	1.961	2.044
6	1.732	1.767	1.835	1.864	1.961	2.042
7	1.741	1.777	1.846	1.875	1.961	2.041
8	1.750	1.787	1.857	1.886	1.961	2.040
9	1.759	1.797	1.867	1.896	1.961	2.039
10	1.768	1.807	1.877	1.906	1.961	2.038
11	1.776	1.816	1.887	1.916	1.961	2.038
12	1.784	1.825	1.897	1.926	1.961	2.037
13	1.792	1.834	1.906	1.936	1.961	2.037
14	1.800	1.843	1.915	1.945	1.961	2.036
15	1.808	1.851	1.924	1.954	1.961	2.036
16	1.815	1.859	1.933	1.963	1.961	2.035
17	1.823	1.867	1.941	1.972	1.961	2.035
18	1.830	1.875	1.949	1.980	1.961	2.034
19	1.837	1.883	1.957	1.988	1.961	2.034
20	1.845	1.891	1.965	1.996	1.961	2.033
21	1.852	1.898	1.973	2.004	1.961	2.033
22	1.859	1.906	1.980	2.012	1.961	2.032
23	1.866	1.913	1.988	2.020	1.961	2.032
24	1.873	1.920	1.995	2.028	1.961	2.031
25	1.880	1.927	2.002	2.036	1.961	2.031
26	1.887	1.934	2.009	2.044	1.961	2.030
27	1.894	1.941	2.016	2.052	1.961	2.030
28	1.899	1.947	2.023	2.060	1.961	2.029
29	1.905	1.954	2.030	2.068	1.961	2.029
30	1.910	1.960	2.037	2.076	1.961	2.028
31	1.915	1.966	2.044	2.084	1.961	2.028
32	1.920	1.972	2.051	2.092	1.961	2.027
33	1.925	1.978	2.058	2.100	1.961	2.027
34	1.930	1.984	2.065	2.108	1.961	2.026
35	1.935	1.990	2.072	2.116	1.961	2.026
36	1.940	1.996	2.079	2.124	1.961	2.025
37	1.945	2.002	2.086	2.132	1.961	2.025
38	1.950	2.008	2.093	2.140	1.961	2.024
39	1.955	2.014	2.100	2.148	1.961	2.024
40	1.960	2.020	2.107	2.156	1.961	2.023
41	1.965	2.026	2.114	2.164	1.961	2.023
42	1.970	2.032	2.121	2.172	1.961	2.022
43	1.975	2.038	2.128	2.180	1.961	2.022
44	1.980	2.044	2.135	2.188	1.961	2.021
45	1.985	2.050	2.142	2.196	1.961	2.021
46	1.990	2.056	2.149	2.204	1.961	2.020
47	1.995	2.062	2.156	2.212	1.961	2.020
48	2.000	2.068	2.163	2.220	1.961	2.019
49	2.005	2.074	2.170	2.228	1.961	2.019
50	2.010	2.080	2.177	2.236	1.961	2.018

df	0.1	0.05	0.025	0.02	0.01	0.005
51	2.015	2.086	2.184	2.244	2.000	2.017
52	2.020	2.092	2.191	2.252	2.000	2.016
53	2.025	2.098	2.198	2.260	2.000	2.015
54	2.030	2.104	2.205	2.268	2.000	2.014
55	2.035	2.110	2.212	2.276	2.000	2.013
56	2.040	2.116	2.219	2.284	2.000	2.012
57	2.045	2.122	2.226	2.292	2.000	2.011
58	2.050	2.128	2.233	2.300	2.000	2.010
59	2.055	2.134	2.240	2.308	2.000	2.009
60	2.060	2.140	2.247	2.316	2.000	2.008
61	2.065	2.146	2.254	2.324	2.000	2.007
62	2.070	2.152	2.261	2.332	2.000	2.006
63	2.075	2.158	2.268	2.340	2.000	2.005
64	2.080	2.164	2.275	2.348	2.000	2.004
65	2.085	2.170	2.282	2.356	2.000	2.003
66	2.090	2.176	2.289	2.364	2.000	2.002
67	2.095	2.182	2.296	2.372	2.000	2.001
68	2.100	2.188	2.303	2.380	2.000	2.000
69	2.105	2.194	2.310	2.388	2.000	1.999
70	2.110	2.200	2.317	2.396	2.000	1.998
71	2.115	2.206	2.324	2.404	2.000	1.997
72	2.120	2.212	2.331	2.412	2.000	1.996
73	2.125	2.218	2.338	2.420	2.000	1.995
74	2.130	2.224	2.345	2.428	2.000	1.994
75	2.135	2.230	2.352	2.436	2.000	1.993
76	2.140	2.236	2.359	2.444	2.000	1.992
77	2.145	2.242	2.366	2.452	2.000	1.991
78	2.150	2.248	2.373	2.460	2.000	1.990
79	2.155	2.254	2.380	2.468	2.000	1.989
80	2.160	2.260	2.387	2.476	2.000	1.988
81	2.165	2.266	2.394	2.484	2.000	1.987
82	2.170	2.272	2.401	2.492	2.000	1.986
83	2.175	2.278	2.408	2.500	2.000	1.985
84	2.180	2.284	2.415	2.508	2.000	1.984
85	2.185	2.290	2.422	2.516	2.000	1.983
86	2.190	2.296	2.429	2.524	2.000	1.982
87	2.195	2.302	2.436	2.532	2.000	1.981
88	2.200	2.308	2.443	2.540	2.000	1.980
89	2.205	2.314	2.450	2.548	2.000	1.979
90	2.210	2.320	2.457	2.556	2.000	1.978
91	2.215	2.326	2.464	2.564	2.000	1.977
92	2.220	2.332	2.471	2.572	2.000	1.976
93	2.225	2.338	2.478	2.580	2.000	1.975
94	2.230	2.344	2.485	2.588	2.000	1.974
95	2.235	2.350	2.492	2.596	2.000	1.973
96	2.240	2.356	2.499	2.604	2.000	1.972
97	2.245	2.362	2.506	2.612	2.000	1.971
98	2.250	2.368	2.513	2.620	2.000	1.970
99	2.255	2.374	2.520	2.628	2.000	1.969
100	2.260	2.380	2.527	2.636	2.000	1.968

## T test calculator

A t test compares the means of two groups.

There are several types of two sample t tests and this calculator focuses on the three most common:

- (1) one-sample t-test;
- (2) two-sample t-test; and
- (3) two-sample paired t-test

Choose a test from the three options:

- (1) one-sample t-test;
- (2) two-sample t-test; and
- (3) two-sample paired t-test

*Thank You*