



Haemophilus influenzae

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Objectives

- Identify *H. influenzae* morphology and general characters
- Know the culture and growth characters
- Understand the antigenic structure and virulence factors
- Understand the pathogenesis and disease caused by *H. influenzae*
- Diagnose diseases caused by this bacterium
- Understand prophylaxis measures against infections produced by this bacterium
- Know how to treat infection caused by this bacterium



- **Haemo-philus**



Haemo (blood)-philus (loving)

This is a group of small **gram-negative** coccobacilli or short rods that requires certain growth factors present in blood for their growth and *H. influenzae* is the most important human pathogen in this group.



General characters

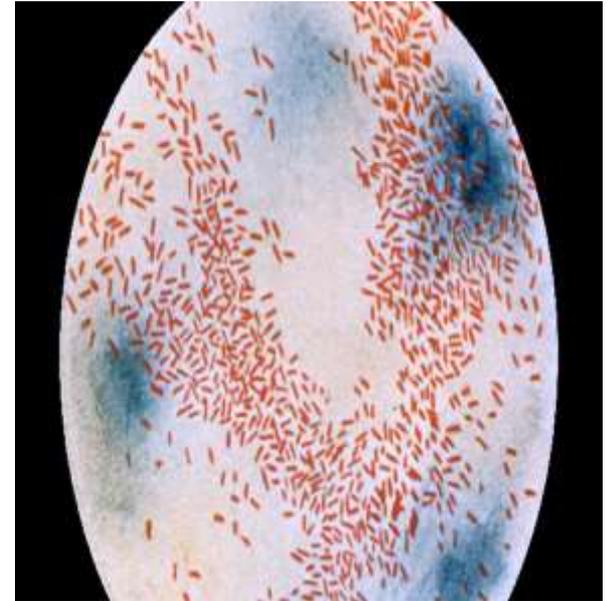


- ❑ *Haemophilus influenzae* are found on the mucous membrane of the upper respiratory tract in humans and can live on dry hard surfaces for up to 12 days.
- ❑ Most strains of *H. influenzae* are **opportunistic** pathogens; they usually live in their host without causing disease, but cause problems only when other factors (such as a viral infection, reduced immune function or chronically inflamed tissues, e.g. from allergies) create an opportunity

Morphology



- ❑ Small pleomorphic **gram-negative** coccobacilli or short bacilli
- ❑ Generally aerobic but can grow also in anaerobic conditions (facultative anaerobe)-Non-motile, Non-spore forming.
- ❑ Virulent strains form polysaccharide capsule.



Culture and growth requirements



❑ Requires growth factors X (hemin) and V (NAD) for growth (**fastidious**)

1. Factor X:

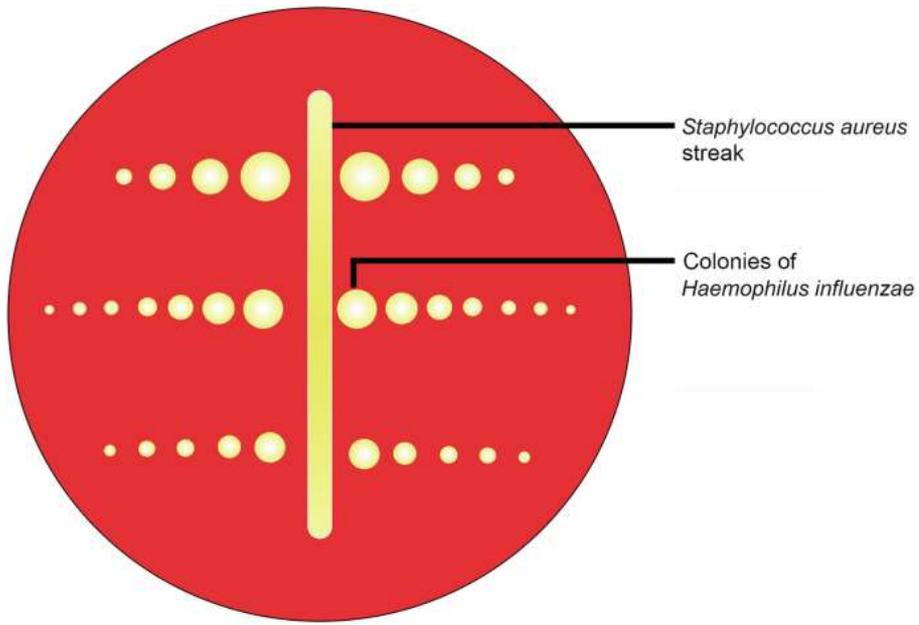
Is a heat stable factor present in blood. It is required for the synthesis of iron containing enzymes cytochrome oxidase, peroxidase and catalase.

2. V-Factor:

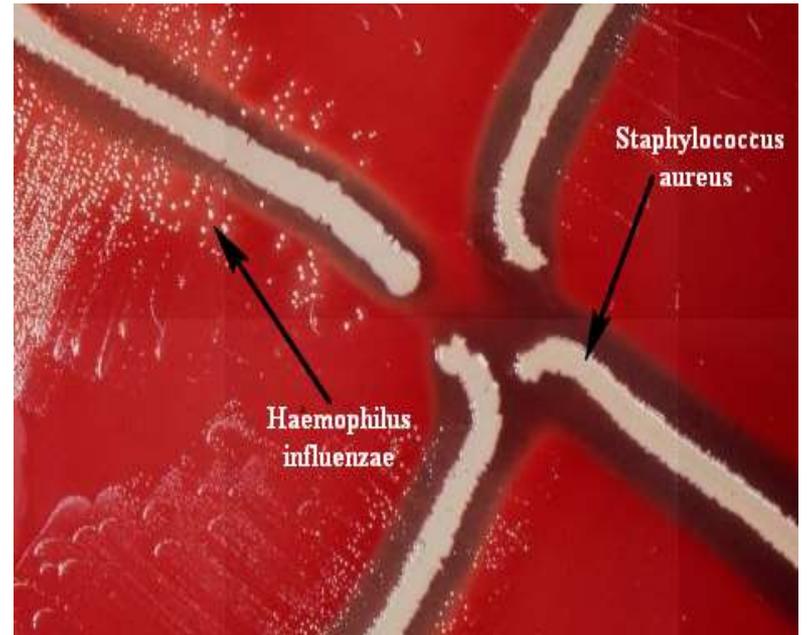
Is a thermolabile nicotinamide adenine dinucleotide (NAD) required in oxidation-reduction processes in the growing bacterial cell.

- These factors are present inside the erythrocytes. Heating blood till it acquires chocolate color lyses the erythrocytes thus releasing these factors.

- They grow on **chocolate blood agar (?????)** with **streaks of *Staph aureus*** which causes RBCs haemolysis and NAD production (**satellitism**)



Satellitism





Antigenic structure and virulence factors

1. The *Haemophilus influenzae* is divided into

- A. Typeable (**encapsulated**): isolates have **capsular polysaccharides**
- B. Nontypeable (NTHi) (**nonencapsulated**): isolates lacking capsular polysaccharides and can cause noninvasive diseases.

Haemophilus that have capsule (Typable):

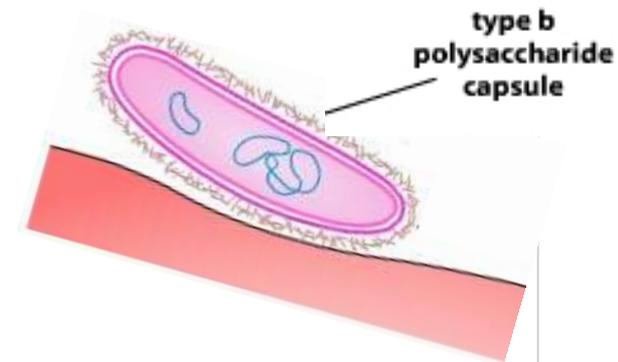
- A. Are divided into six serotypes, designated a to f, based on the capsular polysaccharide antigen **called polyribitol phosphate (PRP)**.
- B. These capsular surface polysaccharides are strongly associated with virulence, particularly *H. influenzae* type b (Hib).

2. Lipopolysaccharide endotoxin

3. Pili

4. IgA protease

5. Somatic outer membrane proteins



Diseases caused by *H.influenzae*



1. Meningitis

Epidemic in unvaccinated children ages 3 months to 2 years

2. Pneumonia

- 3–24 months;
Rare in vaccinated children;
- smokers

3. Bronchitis

4. Otitis media

5. Epiglottitis

Rare in vaccinated children; seen in unvaccinated toddlers

6. Cellulitis

7. Septic arthritis

Transmission—inhalation, respiratory droplets, shared tools and opportunistic.

Diseases caused by *H. influenzae*

Meningitis
CSF 50%–95% culture positive
Blood 50%–95% culture positive

Conjunctivitis
Eye 50%–75% culture positive
Blood <10% culture positive

Sinusitis
Sinus aspirate
50%–75% culture positive

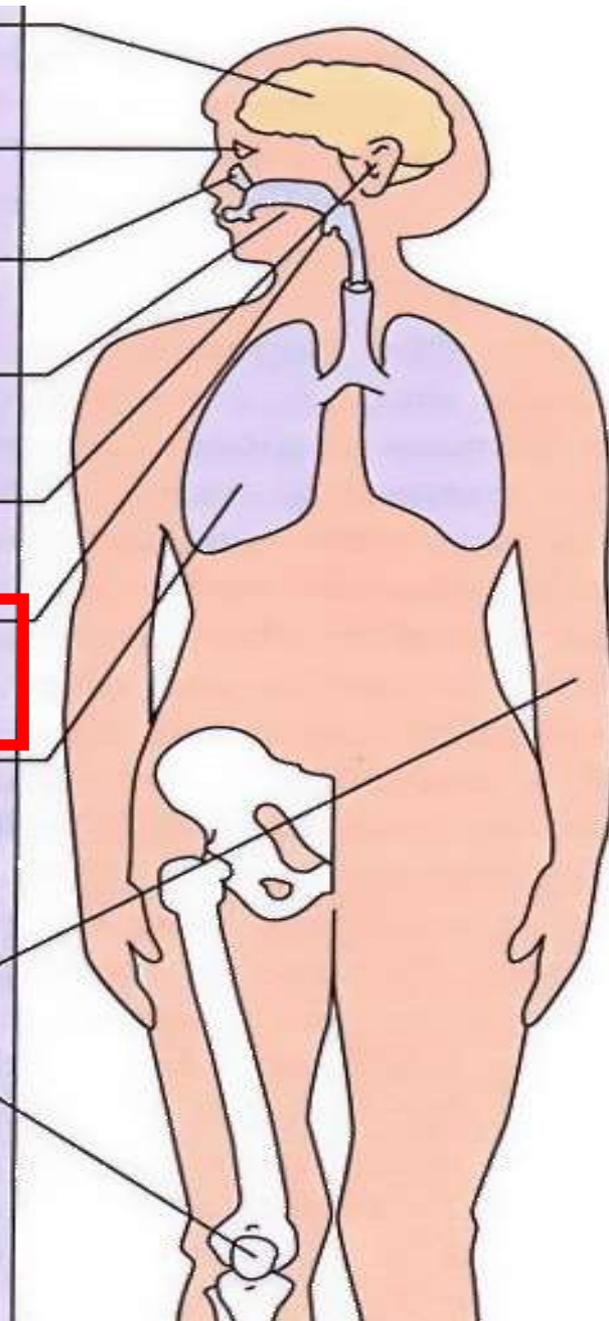
Cellulitis
Skin 75%–90% culture positive
Blood 50%–75% culture positive

Otitis media
Tympanocentesis
50%–70% culture positive

Epiglottitis
Blood 90%–95% culture positive
Epiglottitis culture contraindicated

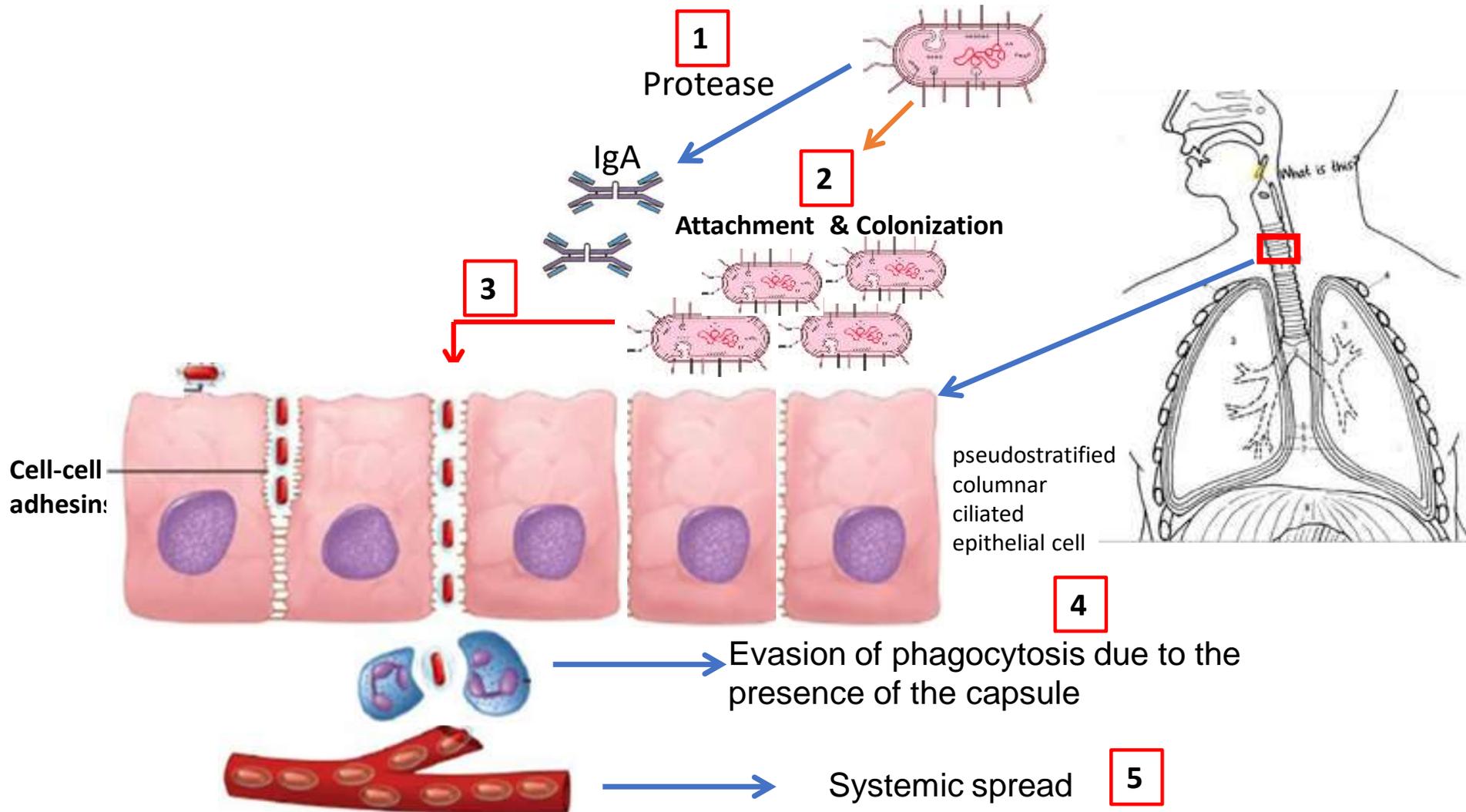
Pneumonia, bronchitis
Sputum 25%–75% culture positive
Blood 10%–30% culture positive

Arthritis
Synovial fluid
70%–90% culture positive
Blood 50%–80% culture positive



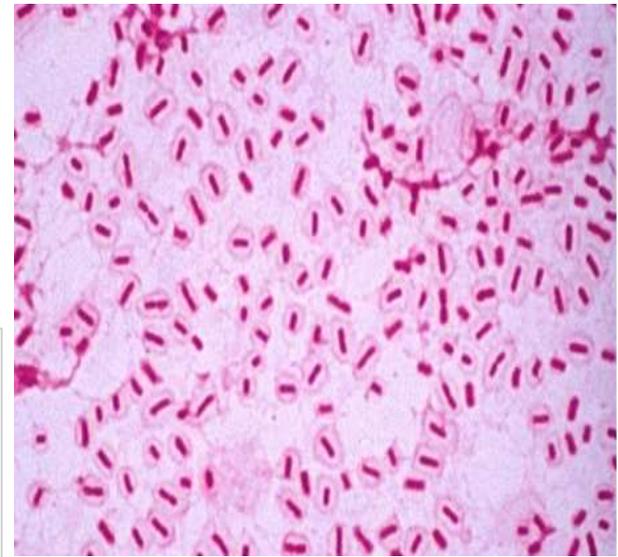
Pathogenesis of Invasive disease

The pathway of Hib reaching reach stream and causing systemic infections



Laboratory Diagnosis

- **Specimen:**- CSF, blood, sputum and pus.
- **Smear:** Gram stained, immunofluorescence and capsule swelling reaction.
- **Culture:** Nutrient or Chocolate blood agar with factors x and V
- **Capsular polysaccharide antigen detection** by latex agglutination in CSF
- **PCR.**



Prophylaxis

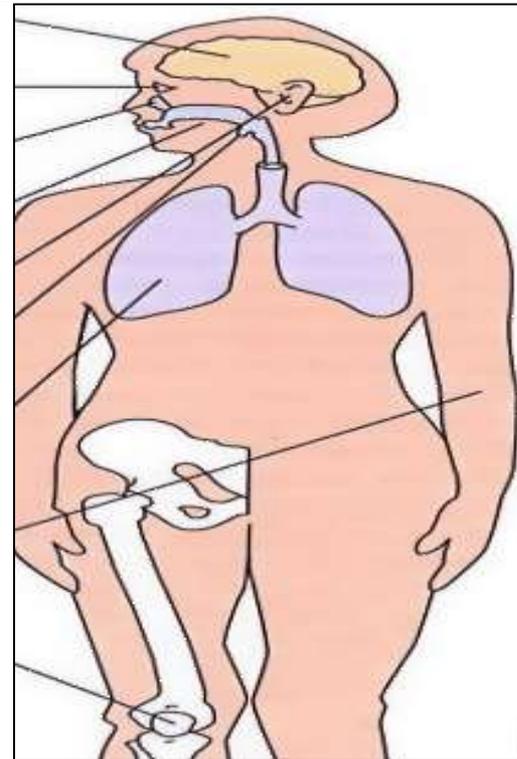
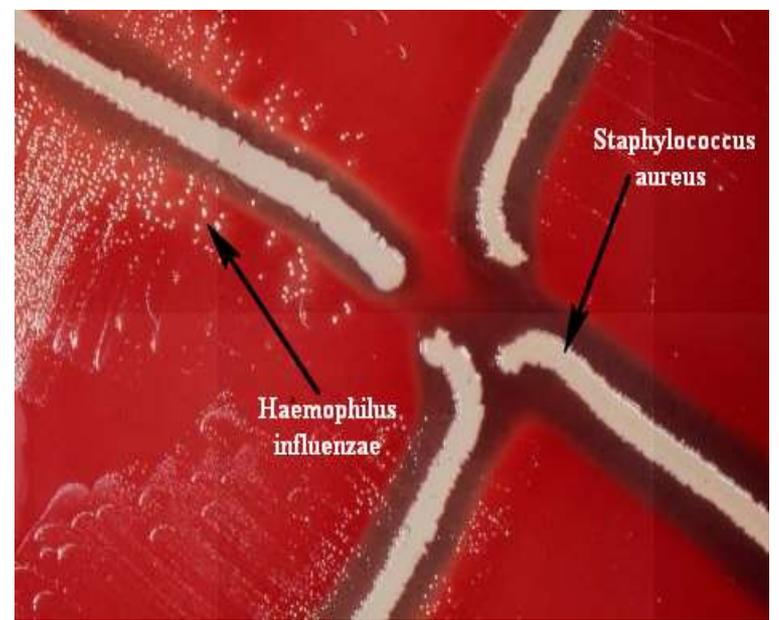
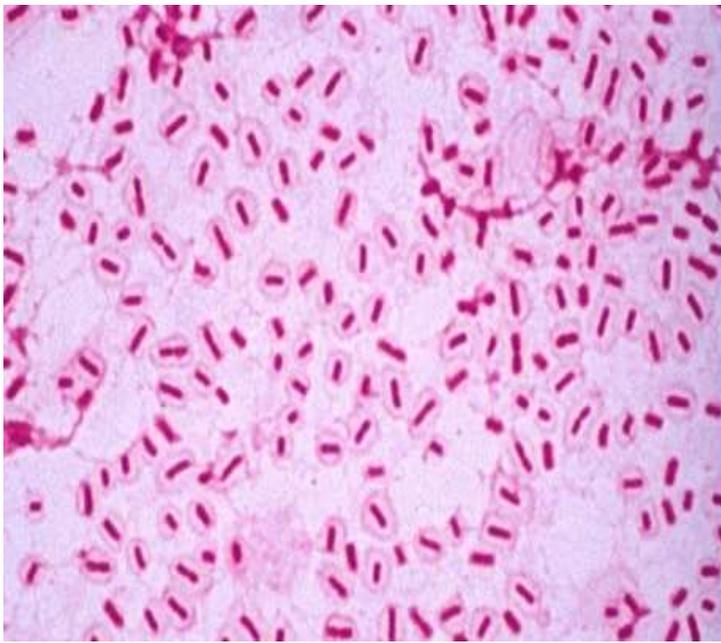


- Hib diseases can be prevented by administration of Hib conjugate vaccine (capsular polysaccharide conjugated to carrier protein) which may be one of the following:
 - **HbO**: the conjugated protein is non-toxicogenic *Diphtheria* toxin.
 - **PRP-OMP**: the conjugated protein is outer membrane protein of *Niesseria meningitidis*.
 - **PRP-T**: the conjugated protein is tetanus toxoid.
- The vaccine is given at 2,4,6 months and at 12-15 month.

Treatment



- Untreated invasive infection: Mortality rate of 90%.
Start empirically until you get sensitivity results
- Cephalosporines as cefotaxime or ceftriaxone.
- Skilled medical and nursing care is also vital in the management of acute epiglottitis, where maintenance of a patent airway is crucial.





Case 1

- A 2 years old child presented to the Emergency department with two days history of being unwell with
 - Pyrexia
 - Dysphagia
 - drooling of saliva.
 - Difficulty in speaking
- What is your provisional diagnosis ?
- How to confirm your diagnosis ?
- How to treat this case ?

Case 2

- A one-year-old infant brought to the emergency room suffering from seizures, projectile vomiting, high fever after 2 days of having cough and nasal congestion.
- What is important to ask about in patient history?
- What is your provisional diagnosis?
- How to confirm the diagnosis?

Thank
You

