

ECG MONITORING

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DEFINITION

Electrocardiography is a recording of the heart's electrical activity through repeated cardiac cycles. It is an electrogram of the heart which is a graph of voltage versus time of the electrical activity of the heart using **electrodes** placed on the skin

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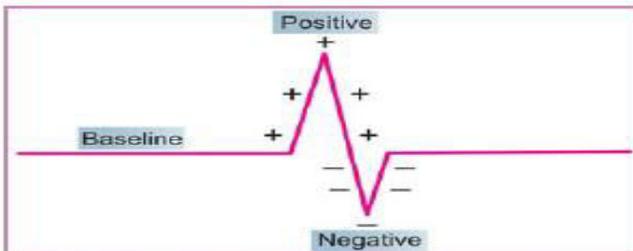


Fig. 1.1A: Direction of the deflection on ECG:
A. Above the baseline: positive deflection
B. Below the baseline: negative deflection

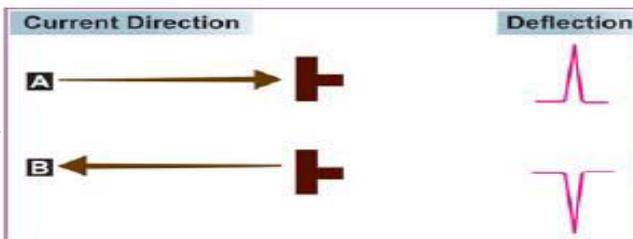


Fig. 1.1B: Effect of current direction on polarity of deflection:
A. Towards the electrode—upright deflection
B. Away from electrode—inverted deflection

اللي مجرد
نوع اوتس
هنا بياهم
سبب ال
electrode

مشان هورن
ال اعلى
ventricle
اكبر من ال
atrium
(large QRS - small P)
مريض وزنه
150
بيلفتر لامل
waves من
وزنه 60

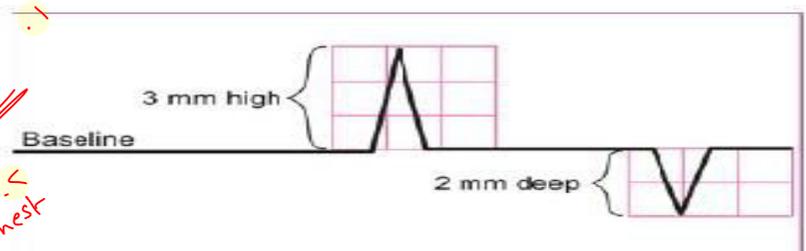


Fig. 1.3A: Magnitude of the deflection on ECG:
A. Positive deflection: height
B. Negative deflection: depth

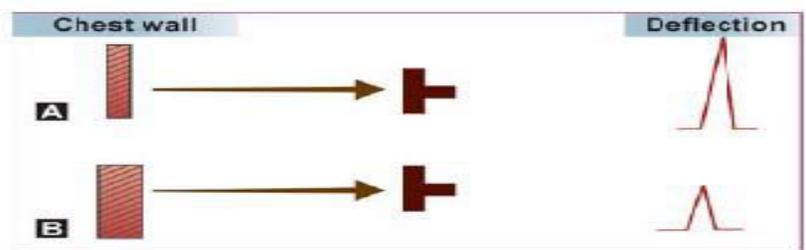
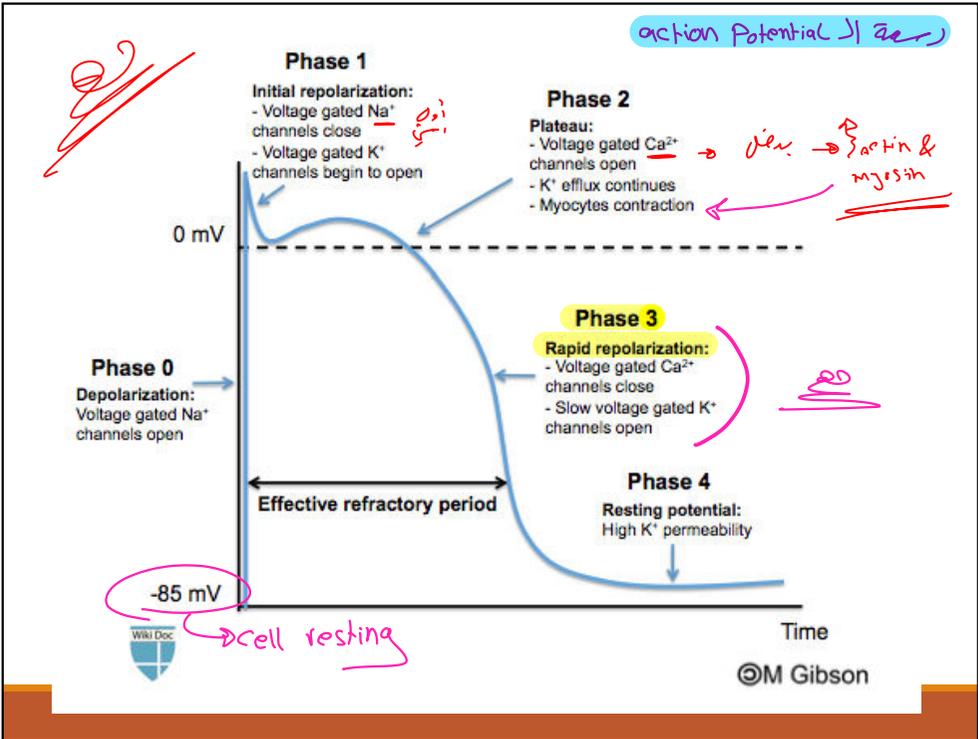
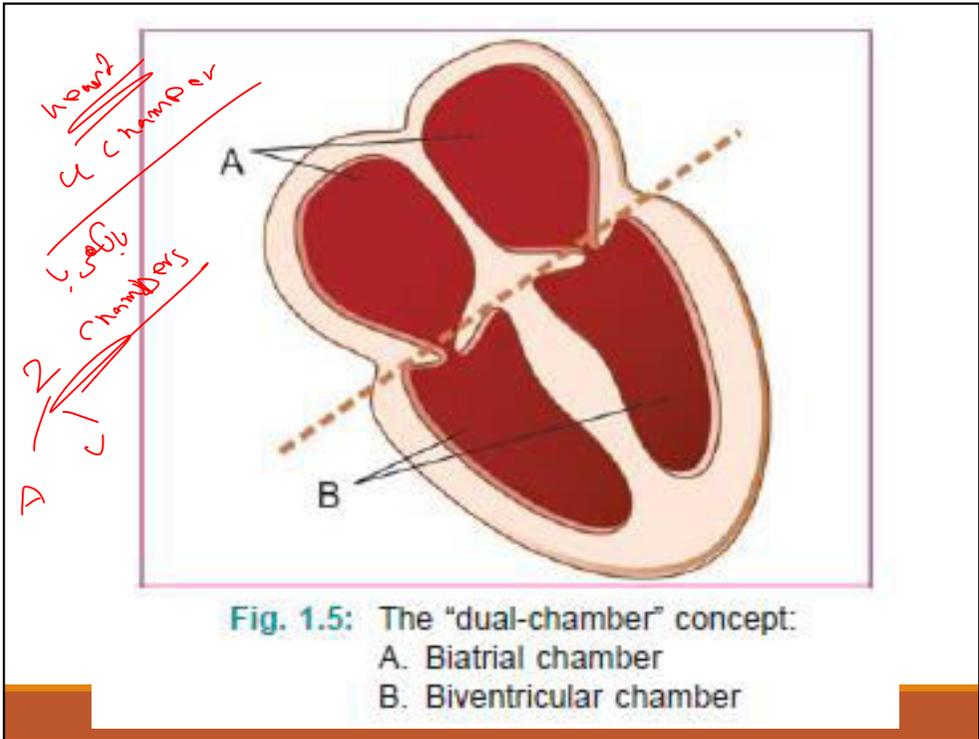
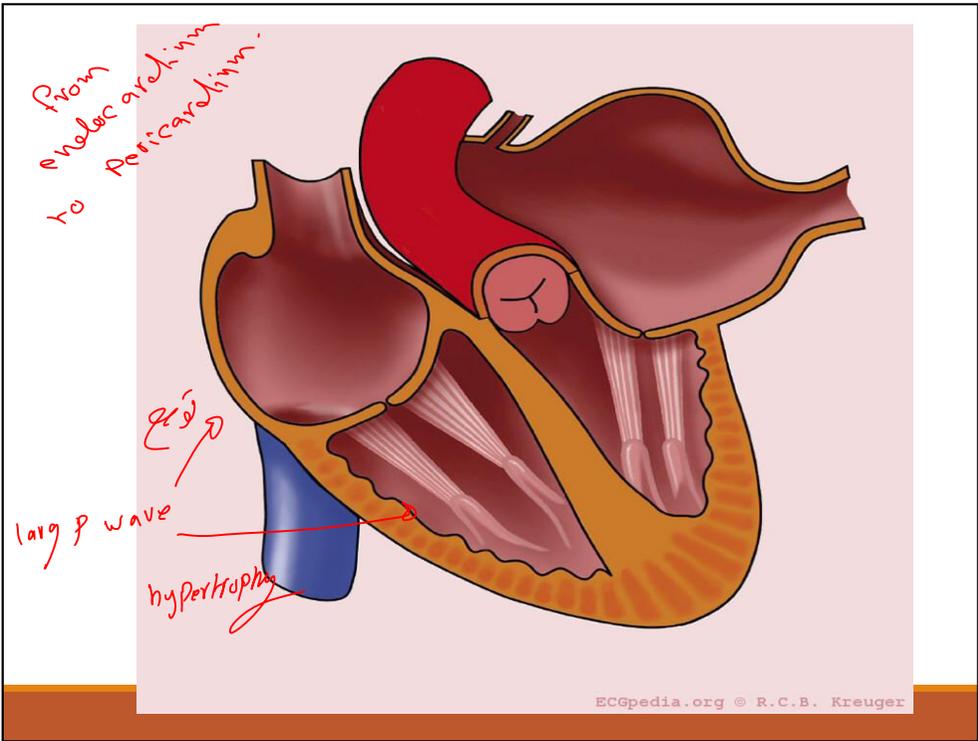
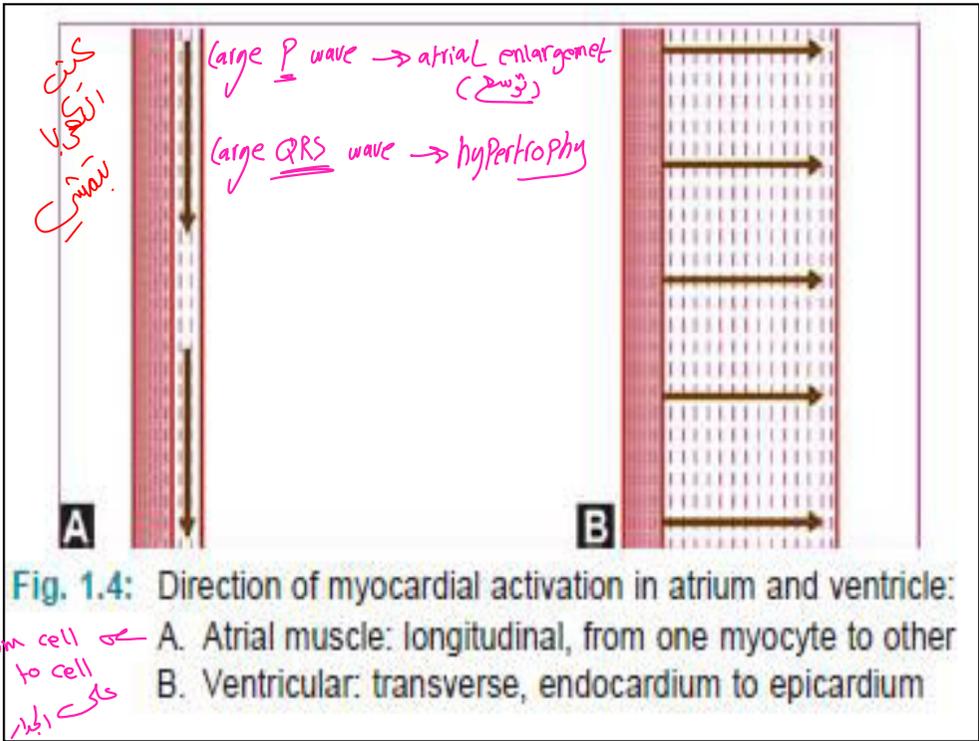
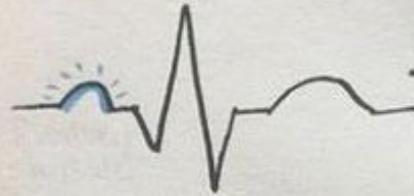


Fig. 1.3B: Effect of chest wall on magnitude of deflection:
A. Thin chest—tall deflection
B. Thick chest—small deflection

قوة التناحي
الموجبة
Chest
Thick chest
obese



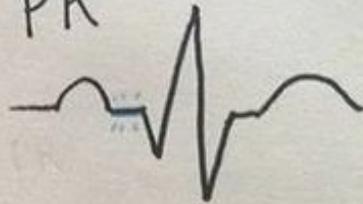
P WAVE



- SA node contracts
- both atria contract



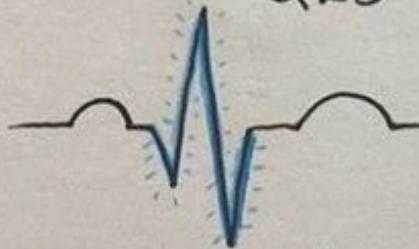
PR



impulses reach AV node 0.10 delay allows atria to contract
 → empty into ventricles

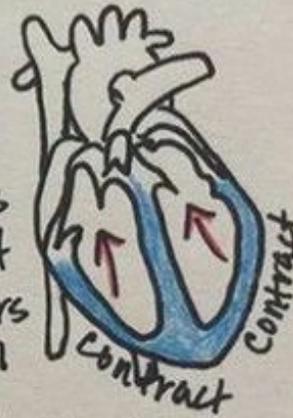


QRS

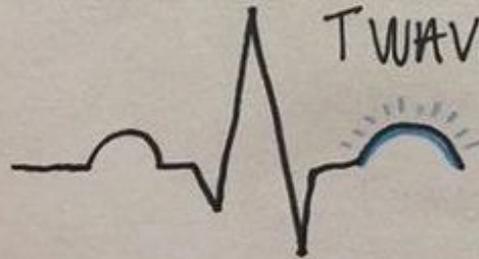


- R. ventricle sends blood to lungs

impulses hit AV bundle branch off into two bundles down front of heart into Purkinje fibers causing contraction
 - L ventricle goes to aorta → body

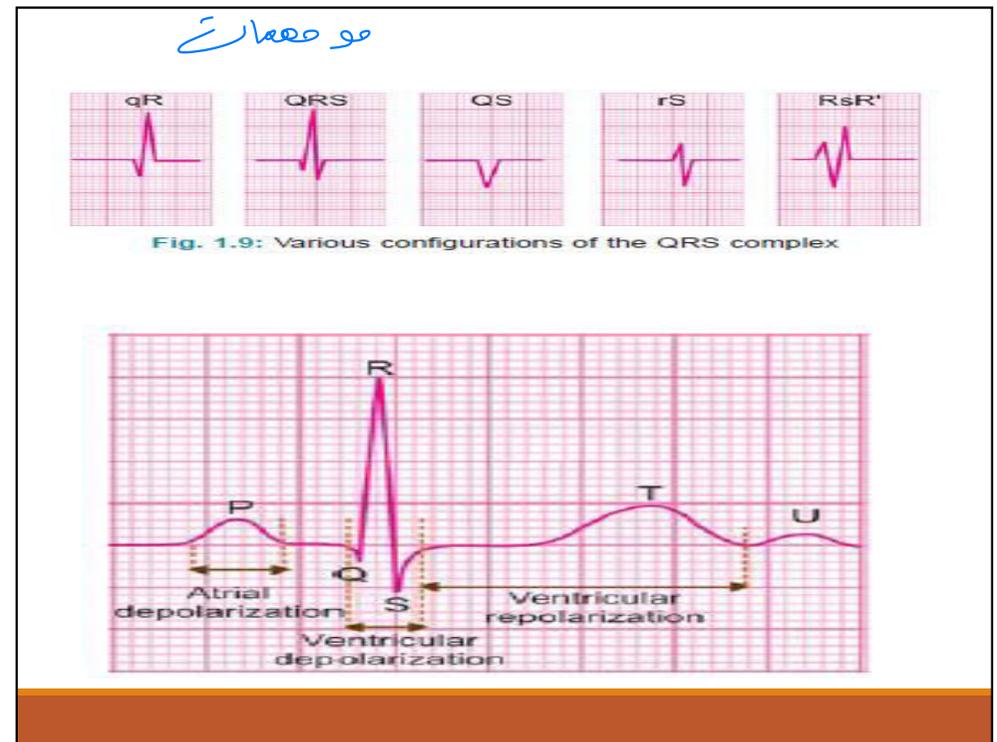
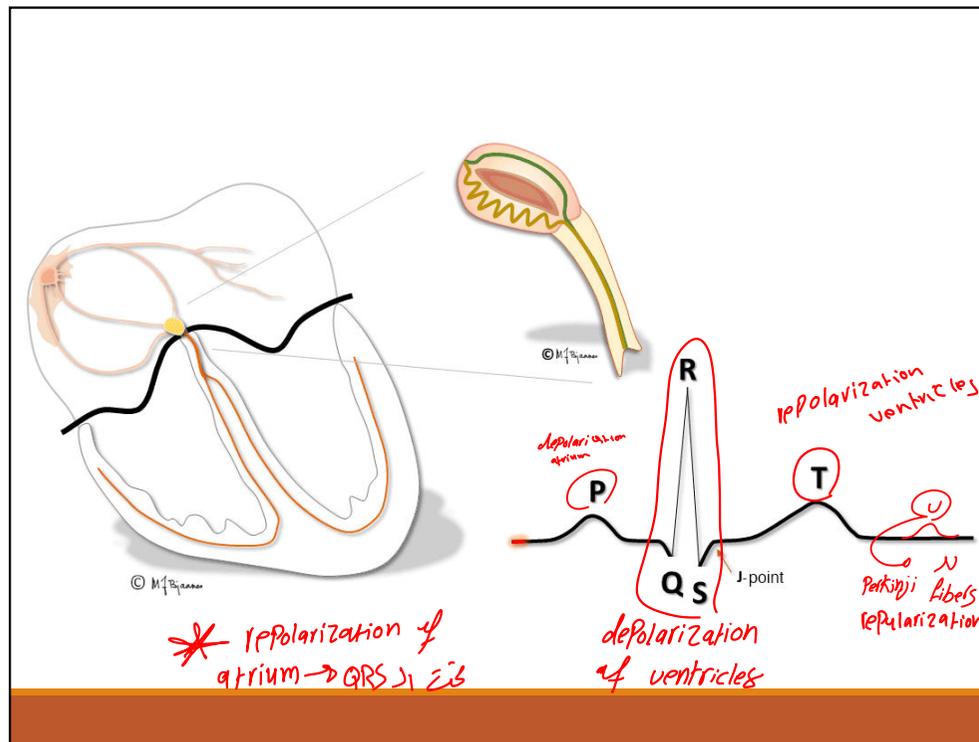
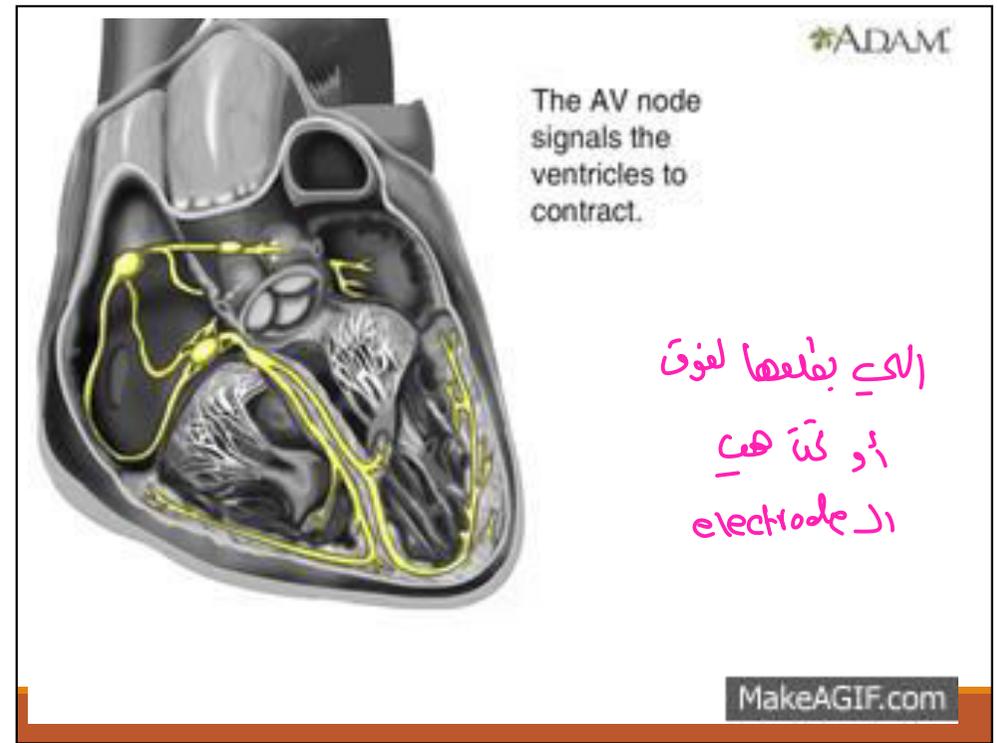
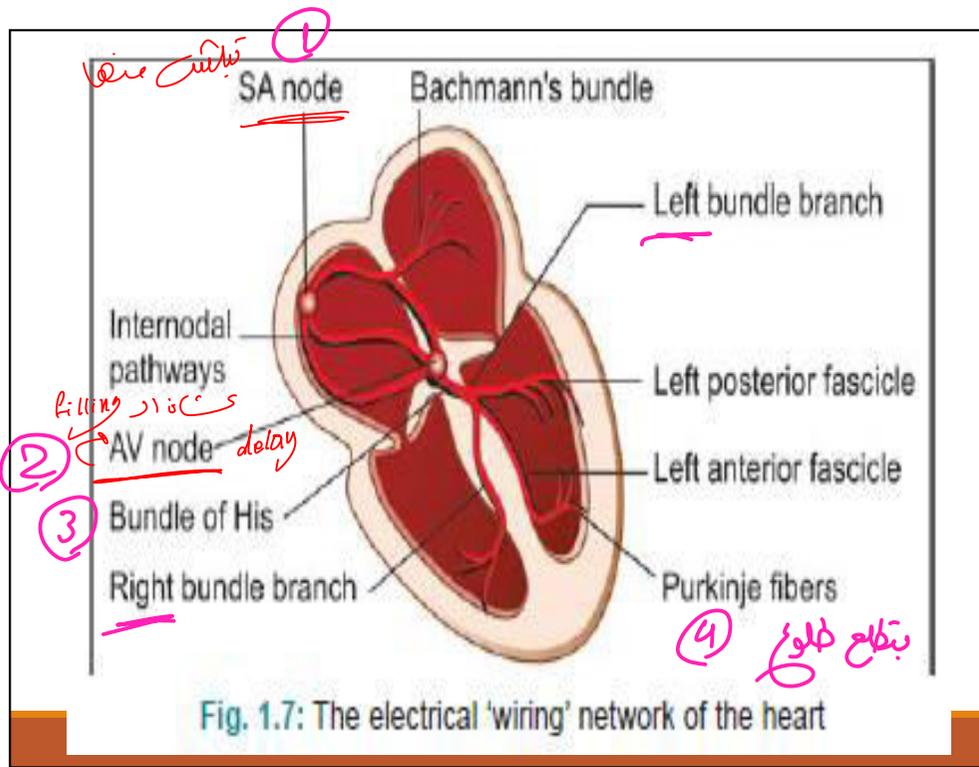


T WAVE



repolarization or recovery of the ventricles



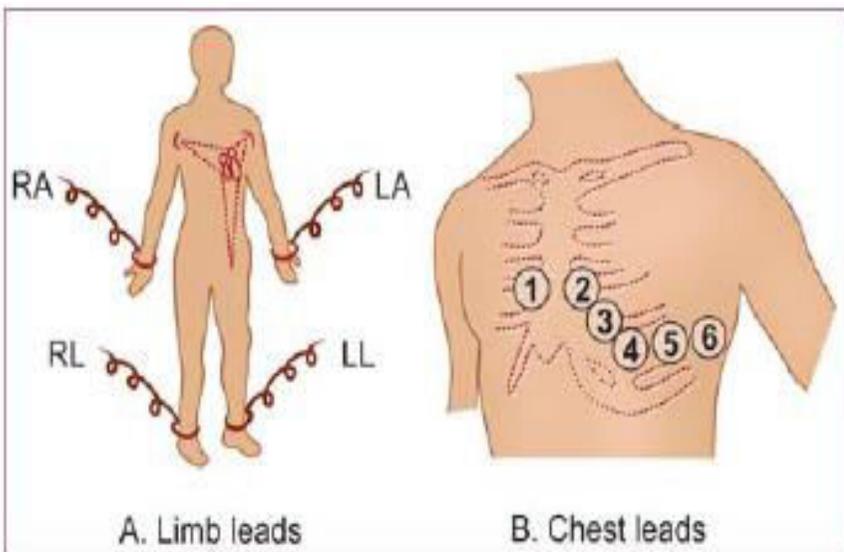


ECG LEADS

12 leads



Fig. 2.1: The conventional 12-lead electrocardiogram



A. Limb leads

B. Chest leads

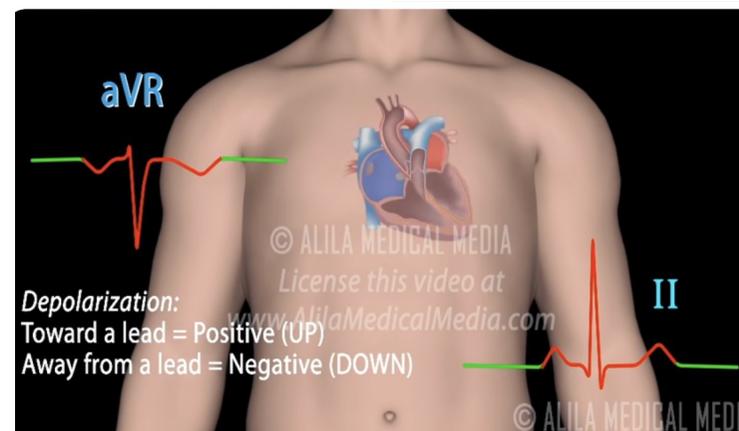
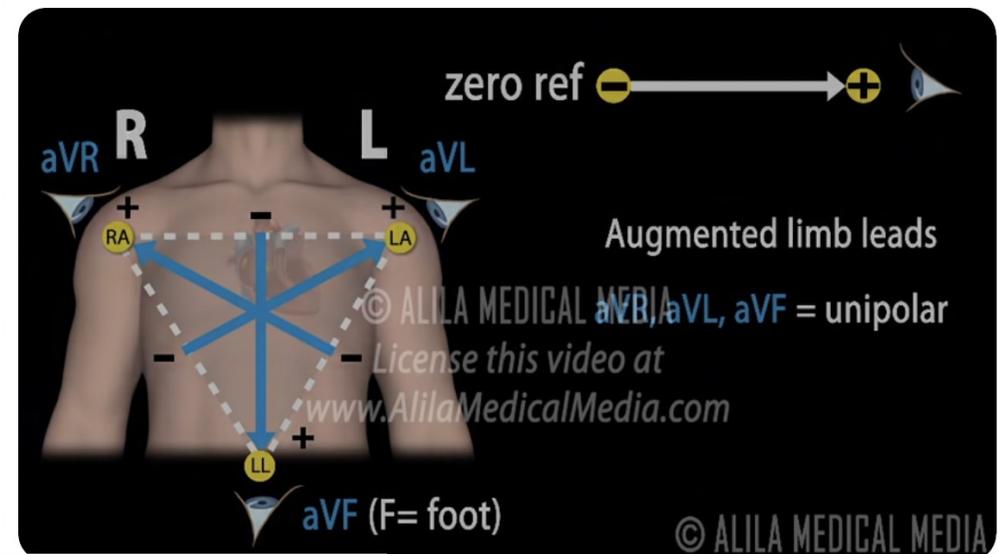
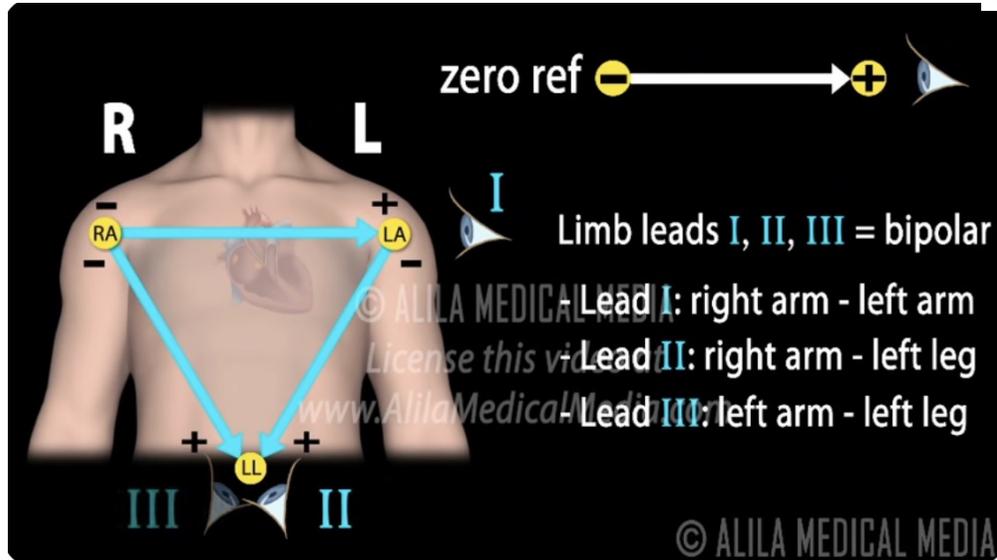
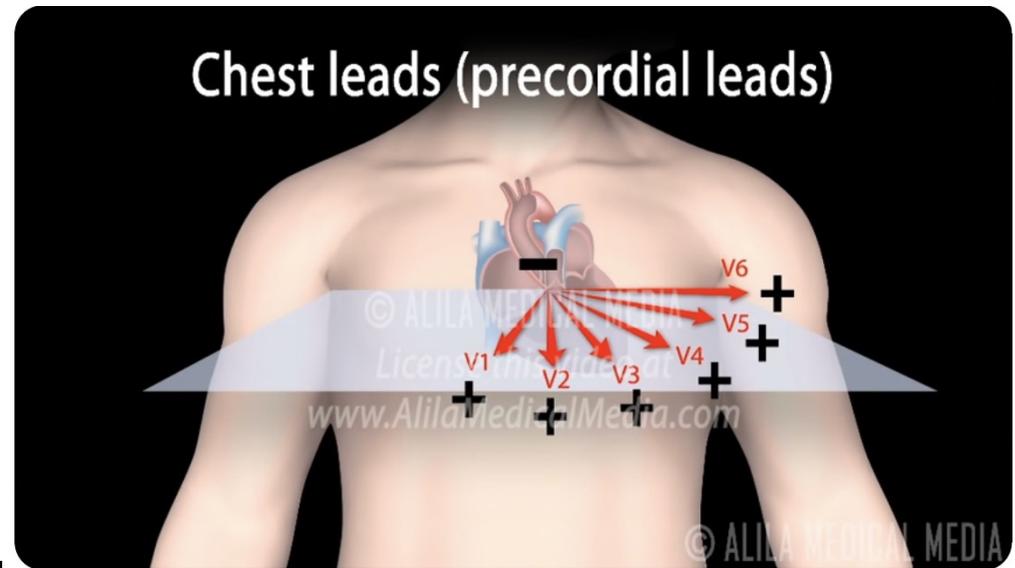
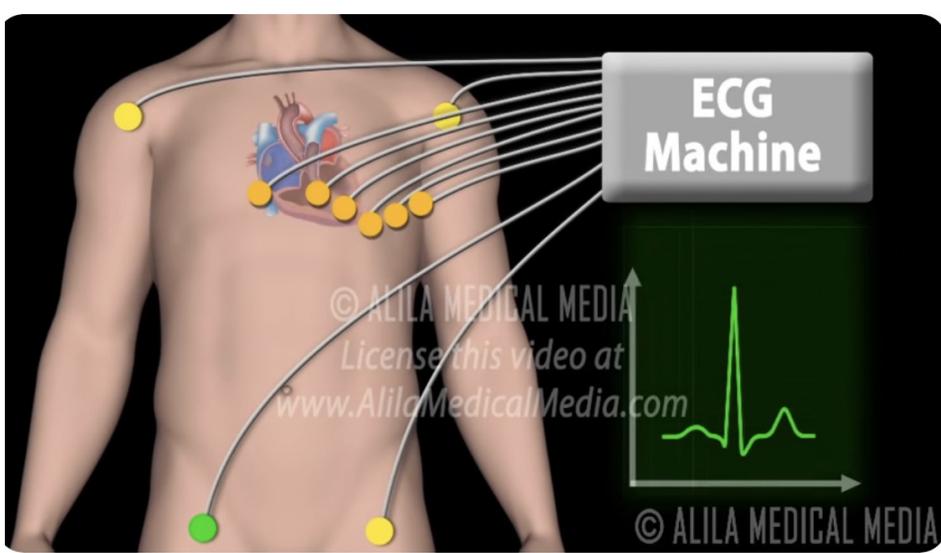
Fig. 2.2: Electrode placement for ECG recording

Standard Limb Leads

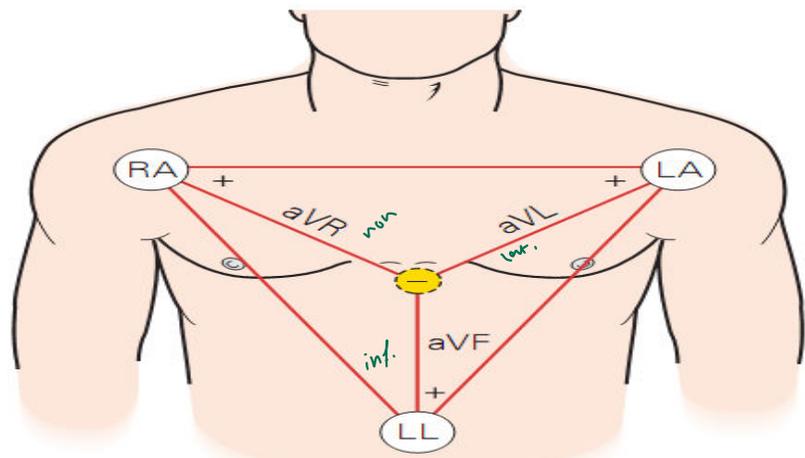
ischemia = ST depression in lead I
lateral side = ST depression

Elements of Standard Limb Leads

Lead	Positive Electrode	Negative Electrode	View of Heart
I	LA	RA	Lateral
II	LL	RA	Inferior
III	LL	LA	Inferior



Augmented Limb Leads

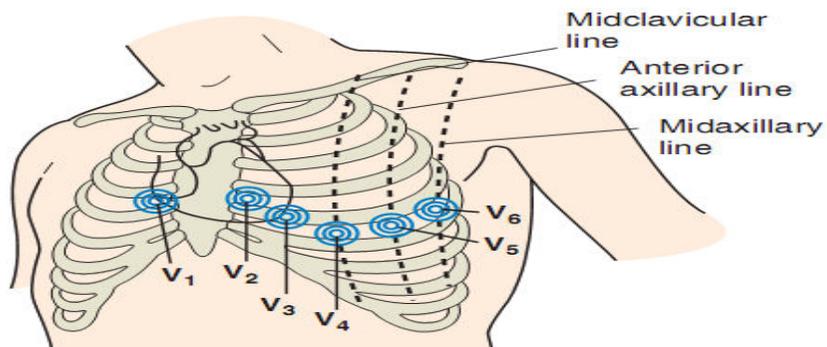


Elements of Augmented Limb Leads

Lead	Positive Electrode	View of Heart
aVR	RA	None
aVL	LA	Lateral
aVF	LL	Inferior

Chest Leads

Standard Chest Lead Electrode Placement



Elements of Chest Leads

Lead	Positive Electrode Placement	View of Heart
V ₁	4th Intercostal space to right of sternum	Septum
V ₂	4th Intercostal space to left of sternum	Septum
V ₃	Directly between V ₂ and V ₄	Anterior
V ₄	5th Intercostal space at left midclavicular line	Anterior
V ₅	Level with V ₄ at left anterior axillary line	Lateral
V ₆	Level with V ₅ at left midaxillary line	Lateral

Lead I

Lead II

Lead III

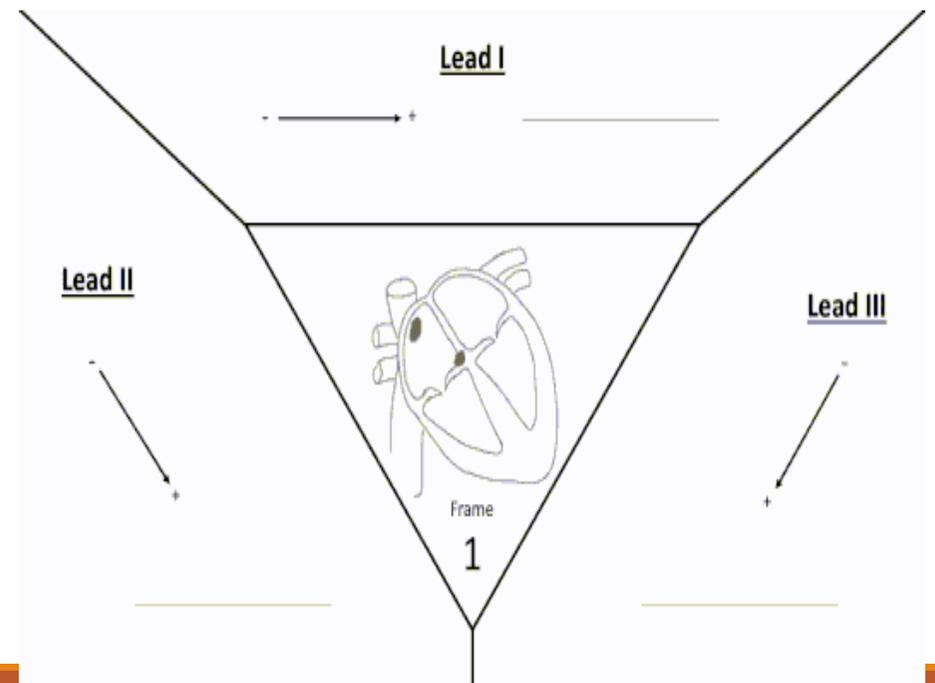
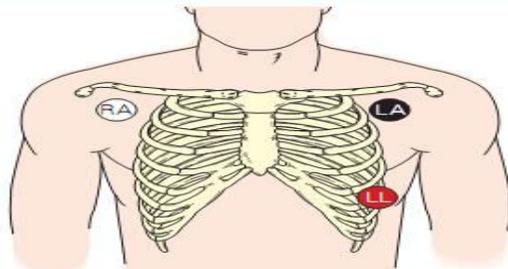


Table 2.1: Region of left ventricle represented on ECG

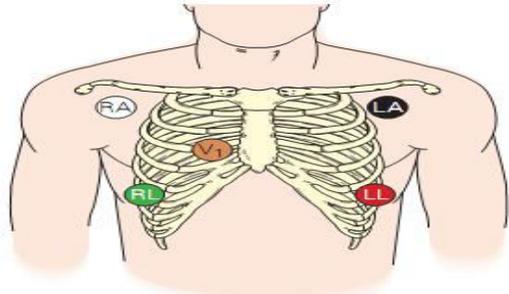
ECG leads	Region of left ventricle
V ₁ , V ₂	Septal
V ₃ , V ₄	Anterior
V ₅ , V ₆	Lateral
V ₁ to V ₄	Antero-septal
V ₃ to V ₆	Antero-lateral
I, aVL	High lateral
II, III, aVF	Inferior <i>M</i>

Electrode Placement Using a 3-Wire Cable

کثیر سیم

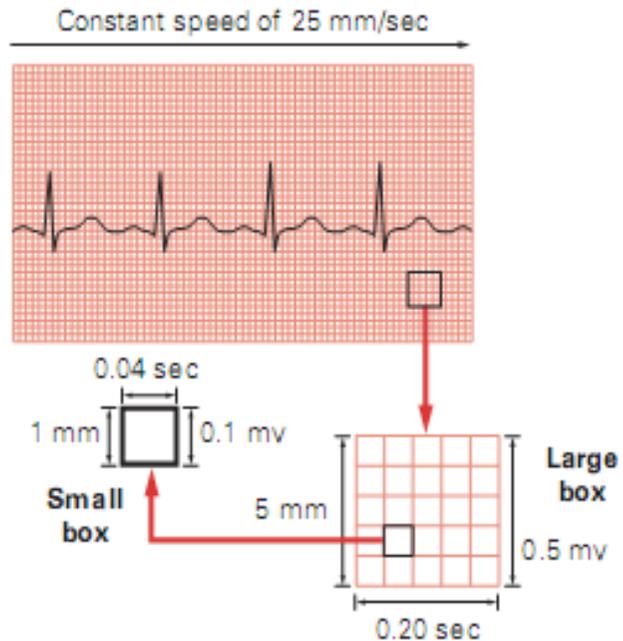


Electrode Placement Using a 5-Wire Cable



♥ **Clinical Tip:** Five-wire telemetry units are commonly used to monitor leads I, II, III, aVR, aVL, aVF, and V₁ in critical care settings.

Recording of the ECG



THE ECG GRID

segment → baseline ال ECG ال عی- ل

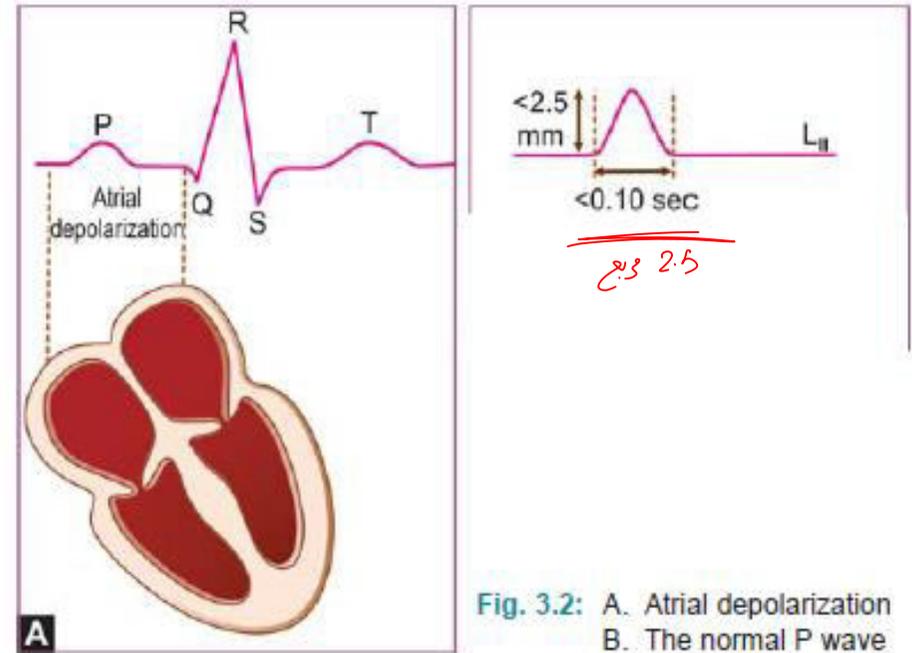
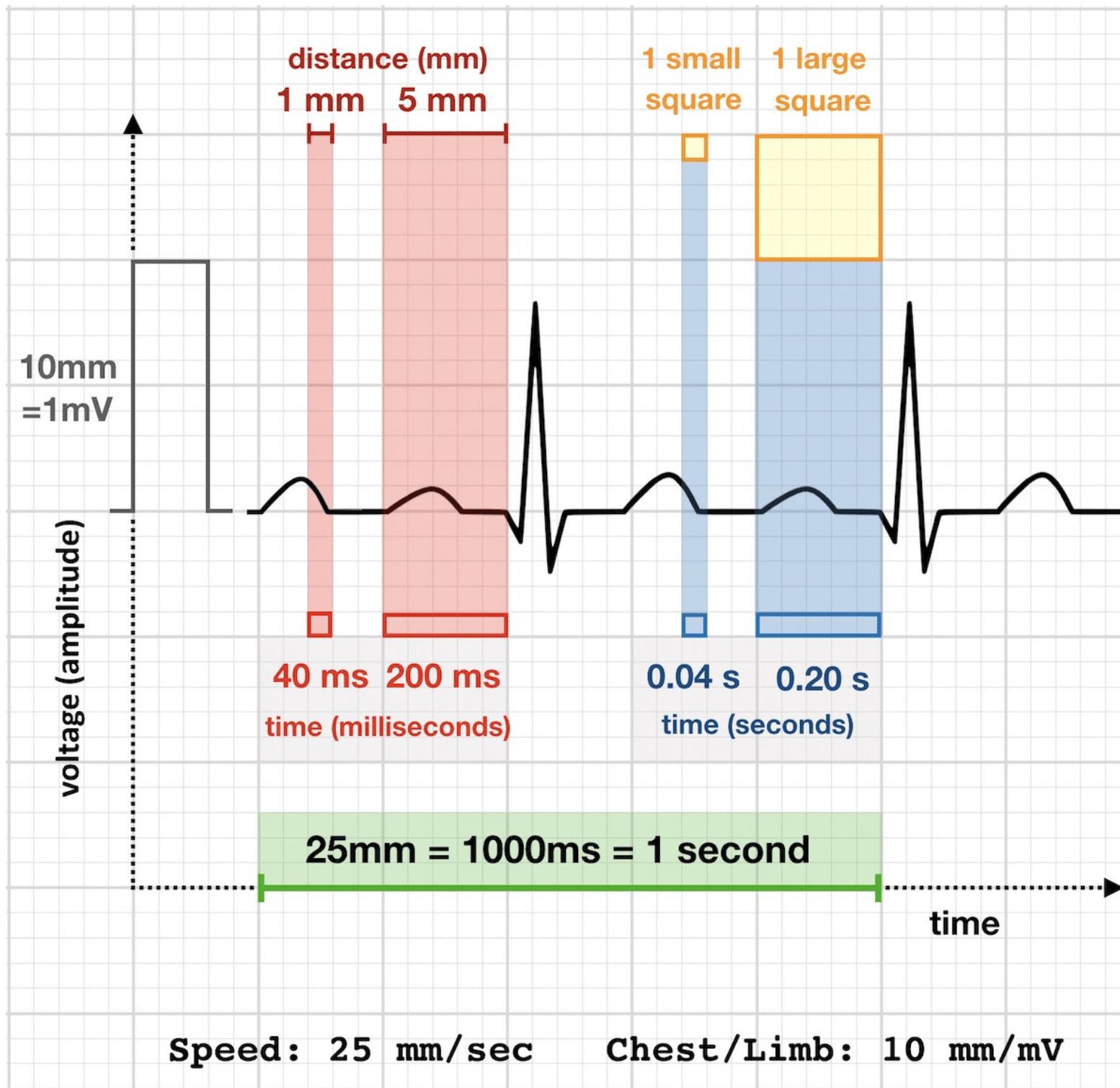


Fig. 3.2: A. Atrial depolarization
B. The normal P wave



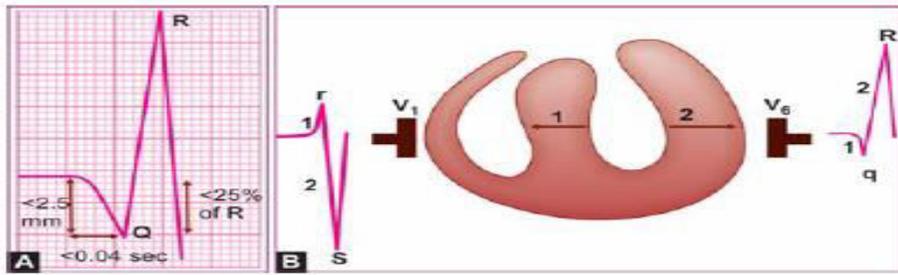


Fig. 3.3: A. The normal Q wave
B. Septal depolarization (1)

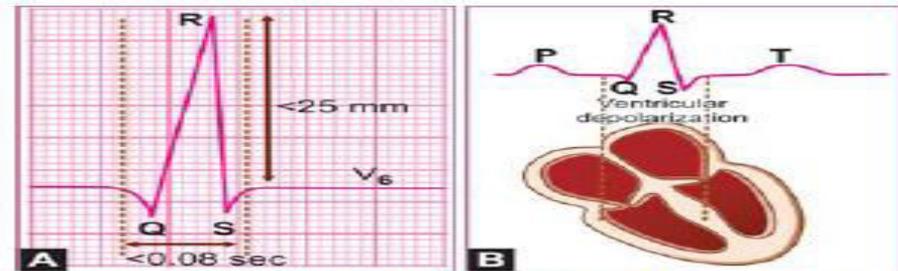


Fig. 3.4: A. The normal QRS complex
B. Ventricular depolarization

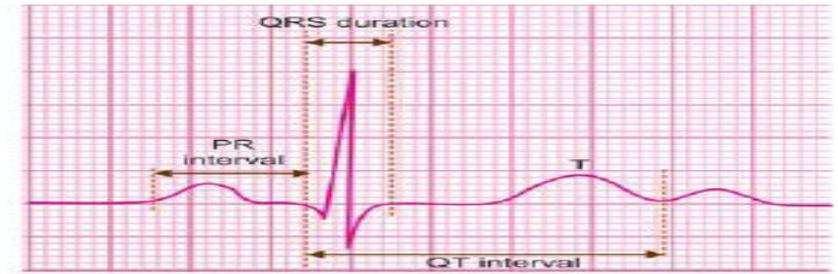


Fig. 1.11: The normal ECG intervals

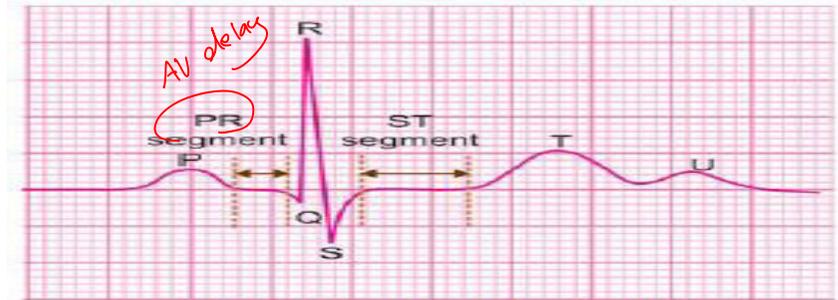
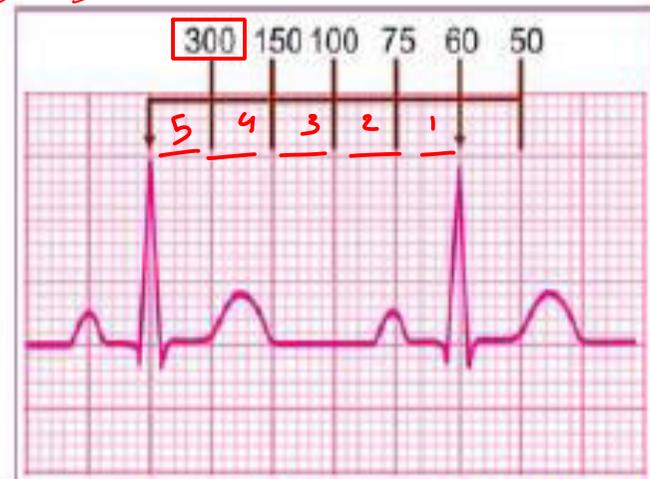


Fig. 1.12: The normal ECG segments

The normal P-R interval is in the range of 0.12 to 0.20 sec. → 5 دقات
The normal Q-T interval is in the range of 0.35 to 0.43 sec

له اذا كانته مهرهٔ ٥ دقات (بكون فيه فلكة بار AV)

$$\frac{2.5 \times 1500}{25} = 60 \text{ HR}$$



5 دقات

$$\frac{300}{5} = 60$$

Fig. 5.1: Calculation of the heart rate from R-R interval, if R-R interval = 25 mm; Heart rate = 60/min

طريقة 1

عدد المربعان الكبيرتين
البيضاوية
 $\frac{300}{5} = 60$
HR

- 1) DETAILS
- 2) AXIS

3) RATE

SHORTCUT:

300 (NUMBER OF LARGE SQUARES IN 1 MINUTE)

LARGE SQUARES BETWEEN BEATS = HEART RATE

e.g. $\frac{300}{5} = 60 \text{ BPM}$.

$200\text{ms} \times 5 = 1\text{s}$



(SMALL SQUARE)

• ON 25mm/s 1mm = 40ms

THEREFORE 5mm = 200ms (LARGE SQUARE)

3 دقات (3)

في كل دقيقة ← 25 دقات / ثانية

1500 دقات = 60 x 25 ← دقات

From P wave to P wave

or From QRS to QRS

1500
25
= wave

60 = HR

1500 / 30 = wave

50
↳ bradycardia

THE HEART RHYTHM

The rhythm of the heart can be classified on the basis of the following criteria:

- ❖ Rate of impulse origin
- ❖ Focus of impulse origin
- ❖ Pattern of rhythm regularity
- ❖ Atrioventricular relationship.

Rate of impulse :

The normal heart rate varies from 60 to 100 beats per minute. A cardiac rhythm at a rate less than 60 beats per minute constitutes bradycardia. A cardiac rhythm at a rate exceeding 100 beats per minute constitutes tachycardia.

Origin of impulse:

A cardiac rhythm originating from the SA node is called sinus rhythm. The SA node normally discharges at a rate of 60 to 100 beats per minute. A sinus rhythm at this rate is called normal sinus rhythm.

Besides the SA node, there are other potential pacemakers in the heart such as in the atria, atrioventricular junction and the ventricles. They are known as ectopic or subsidiary pacemakers. The subsidiary pacemakers can discharge at a slower rate than the SA node.

For instance, an atrial or junctional pacemaker can fire 40 to 60 impulses per minute while a ventricular pacemaker can fire 20 to 40 impulses per minute. It is for this reason that the SA node governs the cardiac rhythm by silencing these subsidiary pacemakers

Pattern of Regularity:

The normal cardiac rhythm is regular that is, the interval between the different beats is the same (equally spaced QRS complexes). At times, however, the cardiac rhythm may be irregular that is, the QRS complexes are not equally spaced. Irregularity of cardiac rhythm is further of two types, regular irregularity and irregular irregularity.

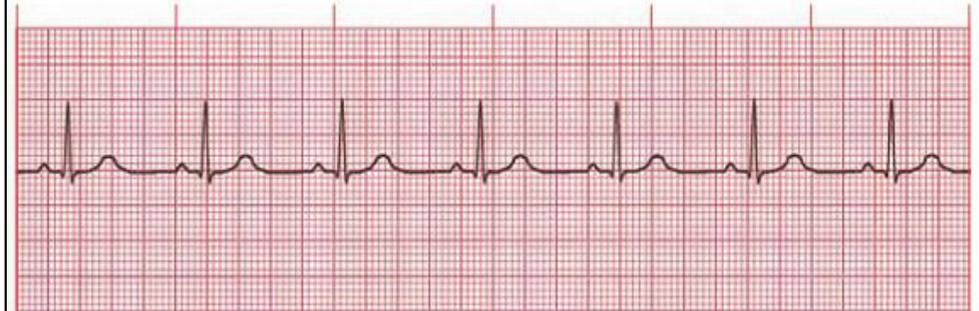
Atrioventricular Relationship:

The normal cardiac activation sequence is such that the electrical impulse from the SA node first activates the atria and then travels downwards through the conducting system to activate the ventricles. We know that atrial depolarization is represented by the P wave and ventricular depolarization is represented by the QRS complex. Therefore, the P wave is followed by the QRS complex and the two are related to each other

Sinoatrial (SA) Node Arrhythmias

- Upright P waves all look similar.
 - PR intervals and QRS complexes are of normal duration.
- Note:** All ECG strips in this tab were recorded in lead II.

Normal Sinus Rhythm (NSR)

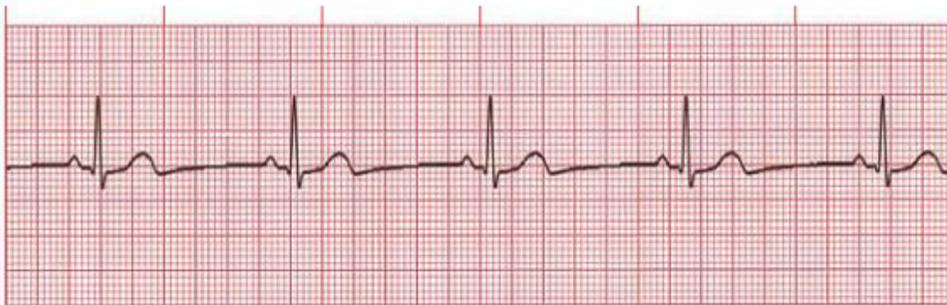


Rate: Normal (60-100 bpm)
Rhythm: Regular
P Waves: Normal (upright and uniform)
PR Interval: Normal (0.12-0.20 sec)
QRS: Normal (0.06-0.10 sec)

♥ **Clinical Tip:** A normal ECG does not exclude heart disease.

Atropine acts on Sinus Bradycardia $\frac{300}{6} = 50 \text{ HR}$

- Results from slowing of the SA node.

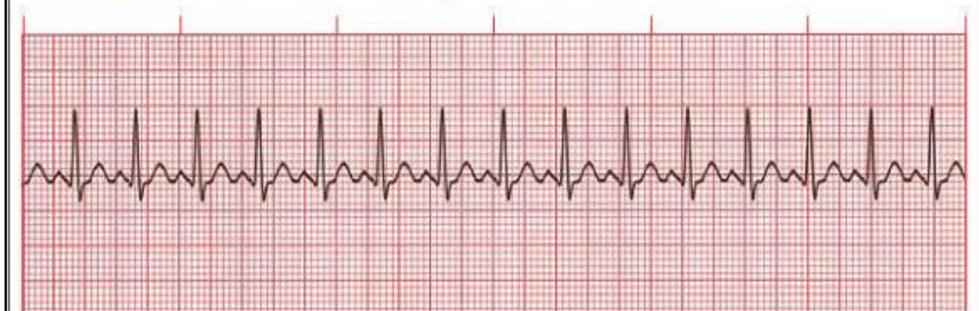


Rate: Slow (<60 bpm)
Rhythm: Regular
P Waves: Normal (upright and uniform)
PR Interval: Normal (0.12-0.20 sec)
QRS: Normal (0.06-0.10 sec)

♥ **Clinical Tip:** Sinus bradycardia is normal in athletes and during sleep. In acute MI, it may be protective and beneficial or the slow rate may compromise cardiac output. Certain medications, such as beta blockers, may also cause sinus bradycardia.

Sinus Tachycardia

- Results from increased SA node discharge.



Rate: Fast (>100 bpm)
Rhythm: Regular
P Waves: Normal (upright and uniform)
PR Interval: Normal (0.12-0.20 sec)
QRS: Normal (0.06-0.10 sec)

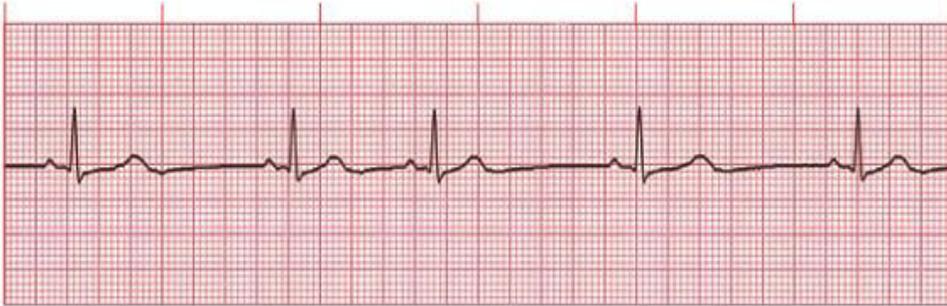
Handwritten note: $\frac{100 - 150}{5} = \text{HR}$

♥ **Clinical Tip:** Sinus tachycardia may be caused by exercise, anxiety, fever, hypoxemia, hypovolemia, or cardiac failure.

Sinus Arrhythmia

- The SA node discharges irregularly.
- The R-R interval is irregular.

مشی کثیر معم



Rate: Usually normal (60–100 bpm); frequently increases with inspiration and decreases with expiration

Rhythm: Irregular; varies with respiration

P Waves: Normal (upright and uniform)

PR Interval: Normal (0.12–0.20 sec)

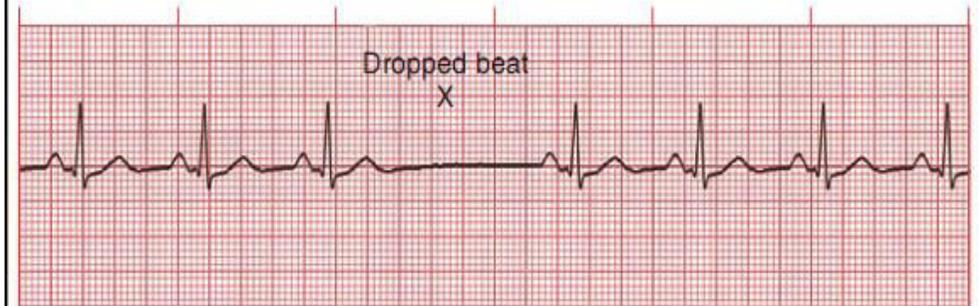
QRS: Normal (0.06–0.10 sec)

♥ **Clinical Tip:** The pacing rate of the SA node varies with respiration, especially in children and elderly people.

Sinoatrial (SA) Block

- The block occurs in some multiple of the P-P interval.
- After the dropped beat, cycles continue on time.

مشی کثیر معم



Rate: Normal to slow; determined by duration and frequency of SA block

Rhythm: Irregular whenever an SA block occurs

P Waves: Normal (upright and uniform) except in areas of dropped beats

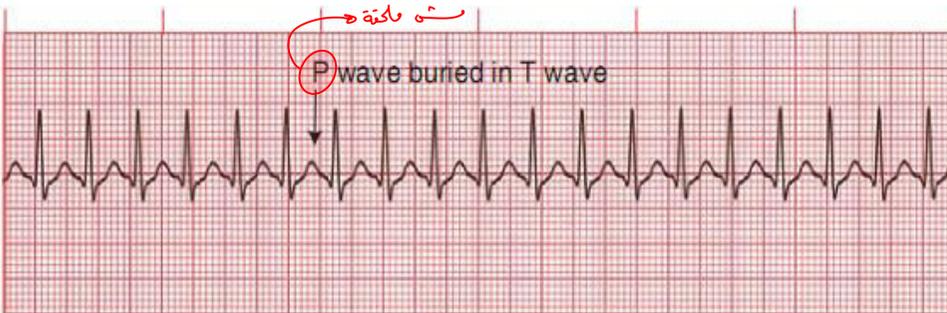
PR Interval: Normal (0.12–0.20 sec)

QRS: Normal (0.06–0.10 sec)

♥ **Clinical Tip:** Cardiac output may decrease, causing syncope or dizziness.

Supraventricular Tachycardia (SVT)

- This arrhythmia has such a fast rate that the P waves may not be seen.



سہ ماکنہ
P wave buried in T wave

QRS T QRS T ...

Rate: 150–250 bpm

Rhythm: Regular

P Waves: Frequently buried in preceding T waves and difficult to see

PR Interval: Usually not possible to measure

QRS: Normal (0.06–0.10 sec) but may be wide if abnormally conducted through ventricles

♥ **Clinical Tip:** SVT may be related to caffeine intake, nicotine, stress, or anxiety in healthy adults.

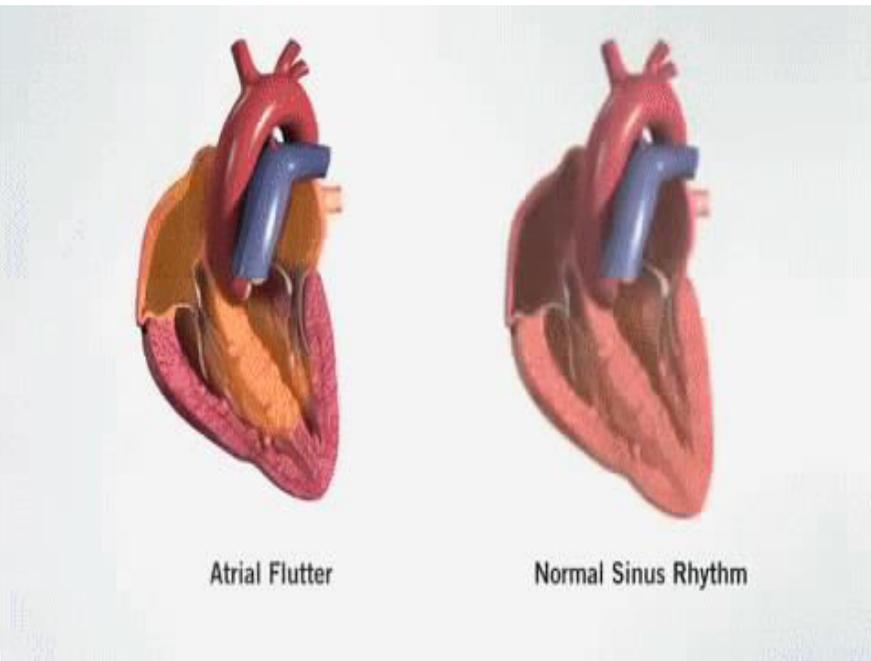
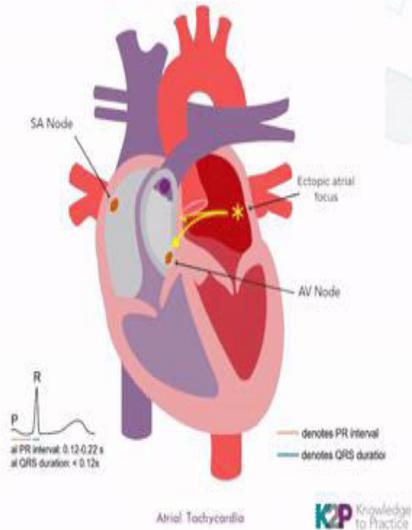
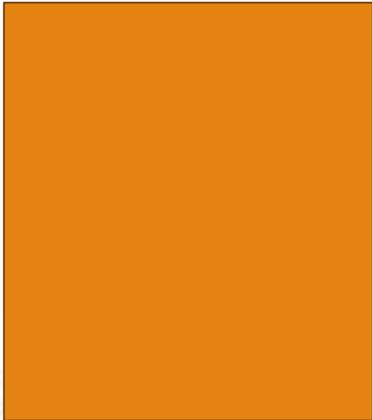
- carotid massage
 - Valsalva maneuver
 - drugs adenosine 6-12

Very short half-time

stable → شعاعہ کویس / conscious, desaturated.

unstable → زور / cardio version shock.

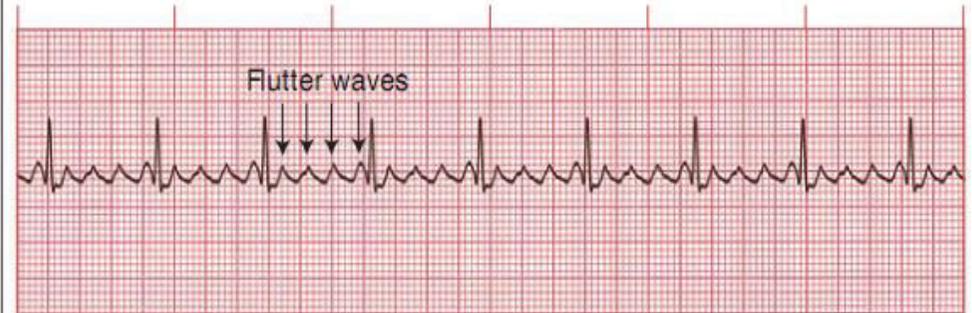
Pathophysiology



Atrial Flutter (A-flutter)

PPPP QRS

- AV node conducts impulses to the ventricles at a 2:1, 3:1, 4:1, or greater ratio (rarely 1:1).
- Degree of AV block may be consistent or variable.



Rate: Atrial: 250–350 bpm; ventricular: slow or fast
Rhythm: Usually regular but may be variable
P Waves: Flutter waves have a saw-toothed appearance
PR Interval: Variable
QRS: Usually normal (0.06–0.10 sec), but may appear widened if flutter waves are buried in QRS

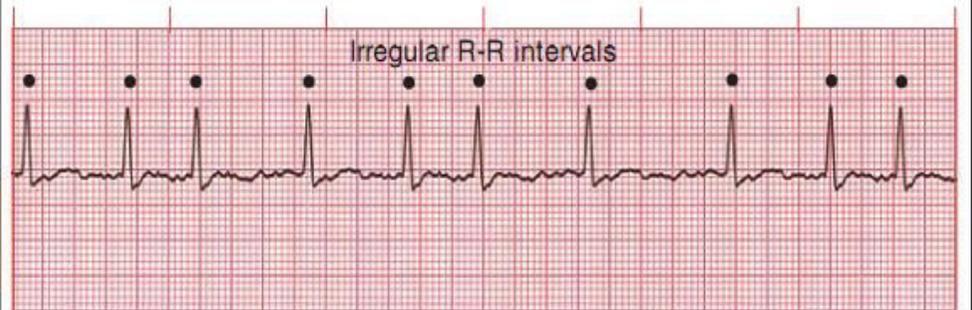
السرعة

- Clinical Tip:** The presence of A-flutter may be the first indication of cardiac disease.
- Clinical Tip:** Signs and symptoms depend on ventricular response rate.

Atrial Fibrillation (A-fib)

- Rapid, erratic electrical discharge comes from multiple atrial ectopic foci.
- No organized atrial contractions are detectable.

Very weak P wave

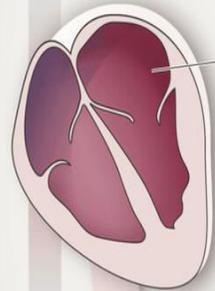
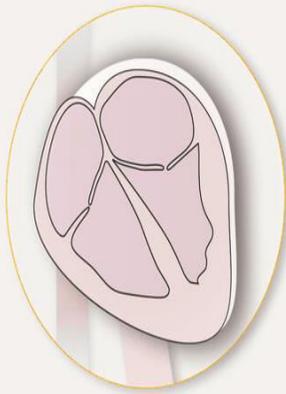


Rate: Atrial: 350 bpm or greater; ventricular: slow or fast
Rhythm: Irregular
P Waves: No true P waves; chaotic atrial activity
PR Interval: None
QRS: Normal (0.06–0.10 sec)

السرعة
 Stable → amiodarone 150
 unstable → shock (cardioversion) 900 over 24h

- Clinical Tip:** A-fib is usually a chronic arrhythmia associated with underlying heart disease.
- Clinical Tip:** Signs and symptoms depend on ventricular response rate.

Atrial fibrillation (AFib) is the most common type of heart arrhythmia.



AFib occurs when the upper chambers and lower chambers are not coordinated, causing the heart to beat too slowly, too quickly, or irregularly.

Normal heartbeat



Irregular heartbeat

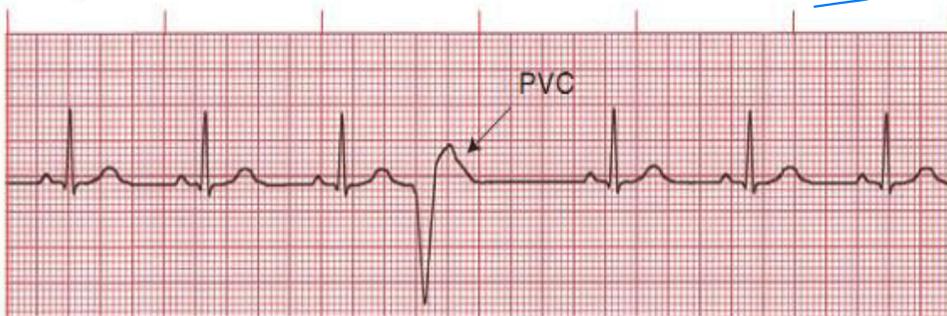


Premature Ventricular Contraction (PVC)

- Usually PVCs result from an irritable ventricular focus.
- PVCs may be uniform (same form) or multiform (different forms).
- The pause following a PVC may be compensatory or noncompensatory.

في الاكلب كله المرضي

سبحو silent



Rate: Depends on rate of underlying rhythm
Rhythm: Irregular whenever a PVC occurs
P Waves: None associated with the PVC
PR Interval: None associated with the PVC
QRS: Wide (>0.10 sec), bizarre appearance

Clinical Tip: Patients may sense the occurrence of PVCs as skipped beats. Because the ventricles are only partially filled, the PVC frequently does not generate a pulse.

مش عظم

Ventricular Arrhythmias

- QRS complex is >0.10 sec. P Waves are absent or, if visible, have no consistent relationship to the QRS complex.

Idioventricular Rhythm

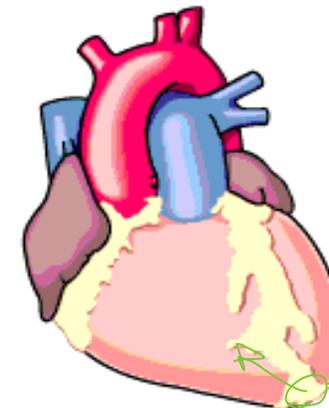


Rate: 20–40 bpm
Rhythm: Regular
P Waves: None
PR Interval: None
QRS: Wide (>0.10 sec), bizarre appearance

Clinical Tip: Idioventricular rhythm may also be called agonal rhythm.

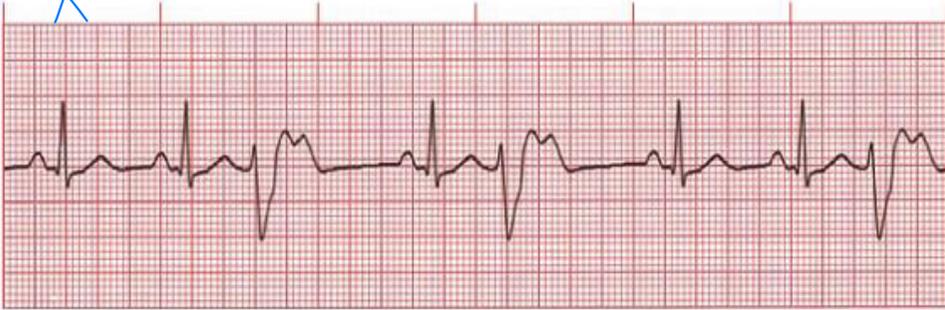


normal rhythm
 طبيعي ليقول اجني
 من كيت

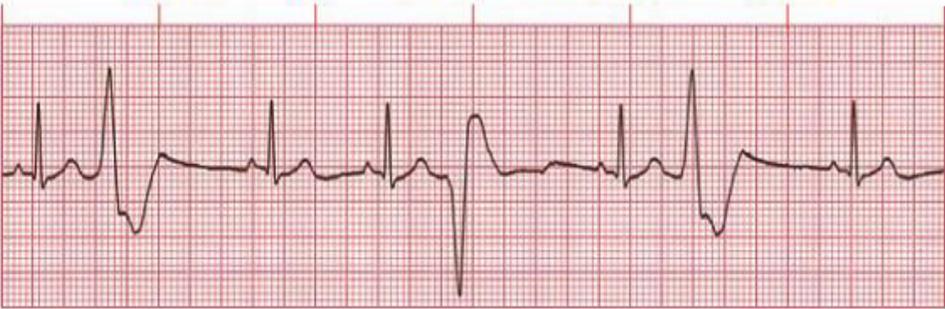


PVC
 تكسنت
 بتكل عرشي
 وابتنوف

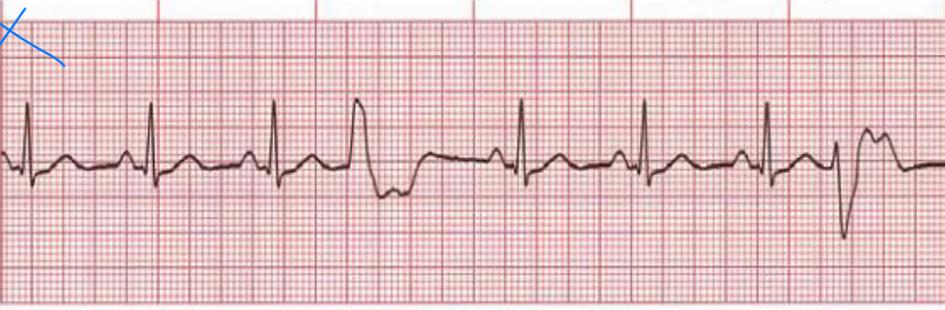
X Premature Ventricular Contraction: Uniform (same form)



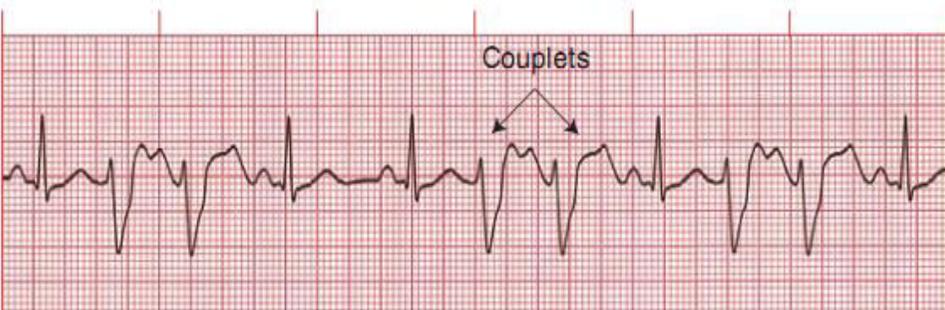
Premature Ventricular Contraction: Multiform (different forms)



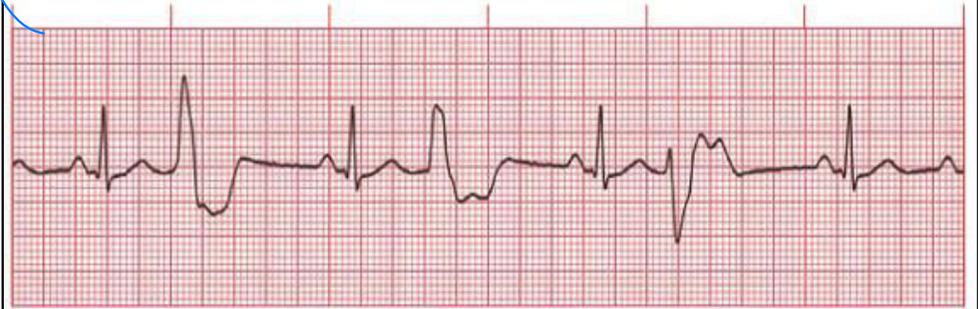
X Premature Ventricular Contraction: Ventricular Quadrigeminy (PVC every 4th beat)



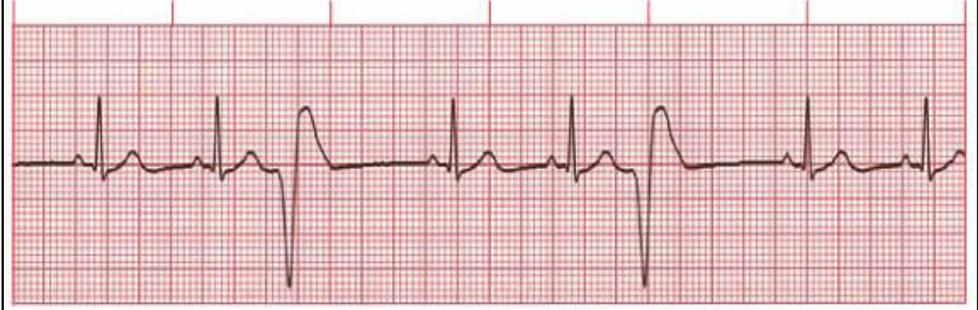
Premature Ventricular Contraction: Couplets (paired PVCs)



X Premature Ventricular Contraction: Ventricular Bigeminy (PVC every other beat)

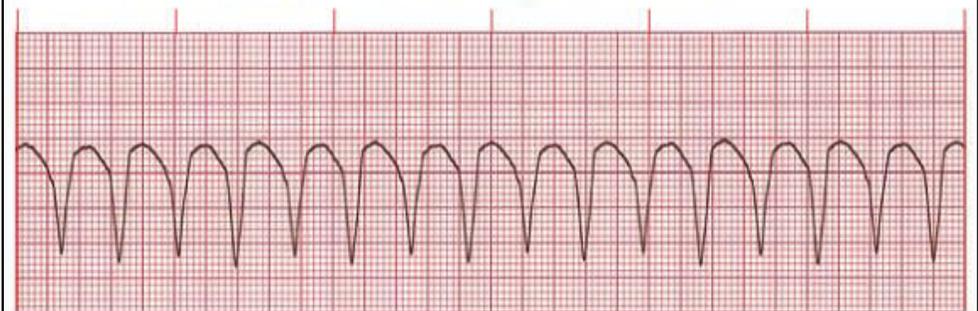


Premature Ventricular Contraction: Ventricular Trigeminy (PVC every 3rd beat)



✓ Ventricular Tachycardia (VT): Monomorphic

■ QRS complexes in monomorphic VT have the same shape and amplitude.



Rate: 100-250 bpm

Rhythm: Regular

P Waves: None or not associated with the QRS

PR Interval: None

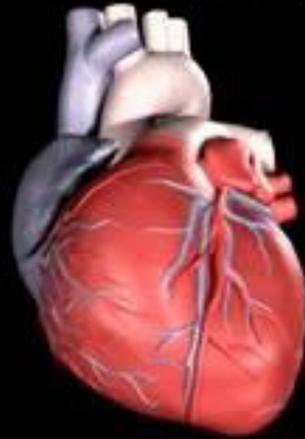
QRS: Wide (>0.10 sec), bizarre appearance

Handwritten notes: 'سریع' (fast) with an arrow pointing to the rate, 'wide' with an arrow pointing to the QRS complexes, and 'البني كله مدغنا فيها' (all the narrow ones are in it) with an arrow pointing to the QRS complexes.

♥ **Clinical Tip:** It is important to confirm the presence or absence of pulses because monomorphic VT may be perfusing or nonperfusing.

♥ **Clinical Tip:** Monomorphic VT will probably deteriorate into VF or unstable VT if sustained and not treated.

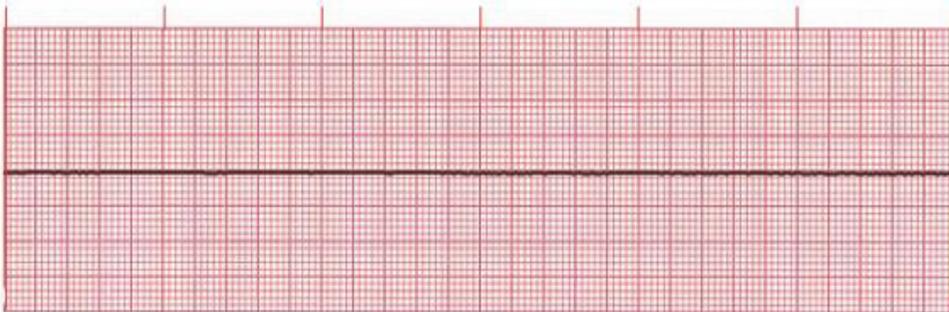
Ventricular Fibrillation (VF)



MakeAGIF.com

Asystole

- Electrical activity in the ventricles is completely absent.



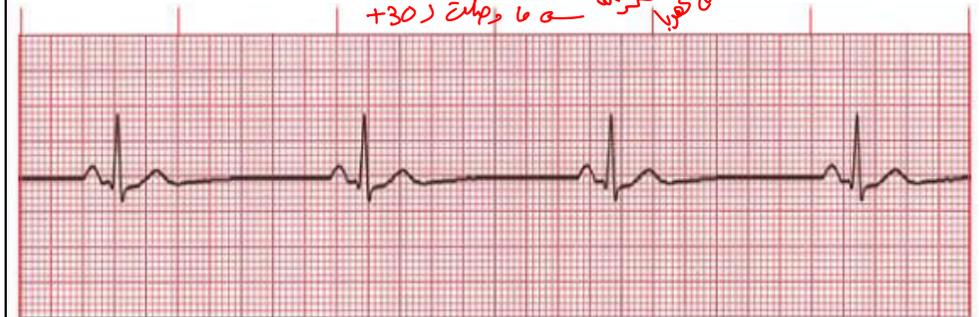
Rate: None
Rhythm: None
P Waves: None
PR Interval: None
QRS: None

♥ **Clinical Tip:** Always confirm asystole by checking the ECG in two different leads. Also, search to identify underlying ventricular fibrillation.

♥ **Clinical Tip:** Seek to identify the underlying cause as in PEA.

Pulseless Electrical Activity (PEA)

- Monitor shows an identifiable electrical rhythm, but no pulse is detected.
- Rhythm may be sinus, atrial, junctional, or ventricular in origin.
- PEA is also called electromechanical dissociation (EMD).



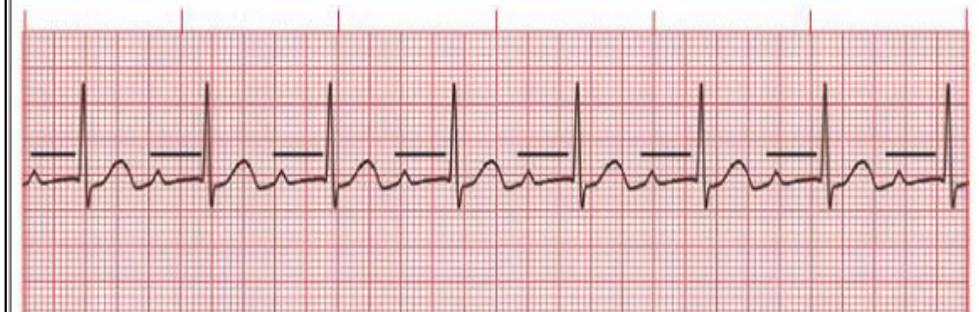
Rate, rhythm, P waves, P-R interval, and QRS: Reflect underlying rhythm.

♥ **Clinical Tip:** Potential causes of PEA are pulmonary embolism, MI, acidosis, tension pneumothorax, hyper- and hypokalemia, cardiac tamponade, hypovolemia, hypoxia, hypothermia, and drug overdose (i.e., cyclic antidepressants, beta blockers, calcium channel blockers, digoxin).

Atrioventricular (AV) Blocks

- AV blocks are divided into three categories: first-, second-, and third-degree.

First-Degree AV Block



Rate: Depends on rate of underlying rhythm
Rhythm: Regular
P Waves: Normal (upright and uniform)
PR Interval: Prolonged (>0.20 sec)
QRS: Normal (0.06–0.10 sec)

♥ **Clinical Tip:** Usually AV block is benign, but if associated with an acute MI, it may lead to further AV defects.

3 types summary

I

1st DEGREE AV BLOCK

- DELAY IN CONDUCTION THROUGH AV NODE
- ECG - PR INTERVAL > 200ms



تأخر في التوصيل
 delay
 PR P من التوصيل

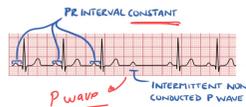
II

MOBITZ I (WENCKEBACH) 2nd DEGREE AV BLOCK



stable زيادة يجب

MOBITZ II (HAY)



PR INTERVAL CONSTANT
 P wave
 NO QRS
 قطبي

III

Complete block

3rd DEGREE AV BLOCK (COMPLETE HEART BLOCK)

- NO ASSOCIATION BETWEEN ATRIA + VENTRICLES
- JUNCTIONAL / VENTRICULAR ESCAPE RHYTHM



NO CORRELATION OF P WAVES AND QRS COMPLEXES
 NUMBER OF P WAVES > QRS COMPLEXES

مقطع (atrium يتوقف) قلب
 واد ventricle قلب
 unstable -> علاج
 axis -> Pacemaker

First-degree AV block



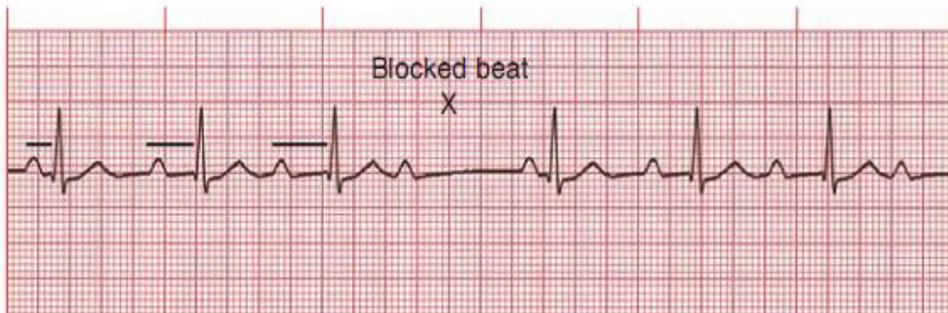
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Second-Degree AV Block

Type I (Mobitz I or Wenckebach)

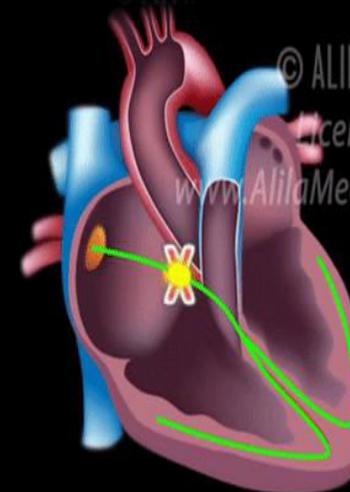
- P-R intervals become progressively longer until one P wave is totally blocked and produces no QRS. After a pause, during which the AV node recovers, this cycle is repeated.



- Rate:** Depends on rate of underlying rhythm
- Rhythm:** Irregular
- P Waves:** Normal (upright and uniform)
- PR Interval:** Progressively longer until one P wave is blocked and a QRS is dropped
- QRS:** Normal (0.06-0.10 sec)

♥ **Clinical Tip:** This rhythm may be caused by medication such as beta blockers, digoxin, and calcium channel blockers. Ischemia involving the right coronary artery is another cause.

Second-degree type I



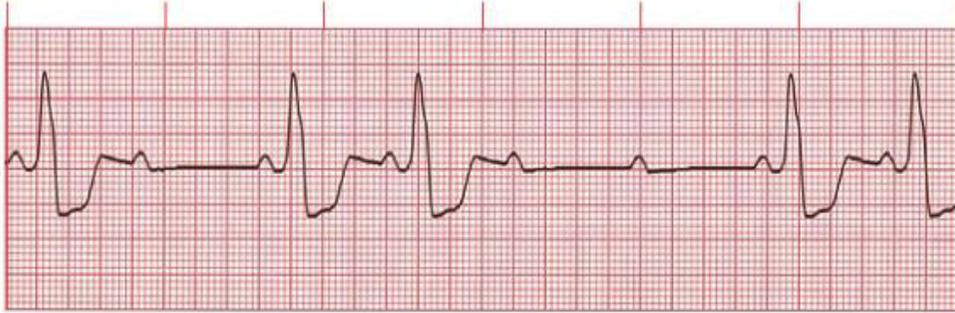
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Second-Degree AV Block

Type II (Mobitz II)

- Conduction ratio (P waves to QRS complexes) is commonly 2:1, 3:1, or 4:1.
- QRS complexes are usually wide because this block usually involves both bundle branches.



Rate: Atrial rate (usually 60–100 bpm); faster than ventricular rate

Rhythm: Atrial regular and ventricular irregular

P Waves: Normal (upright and uniform); more P waves than QRS complexes

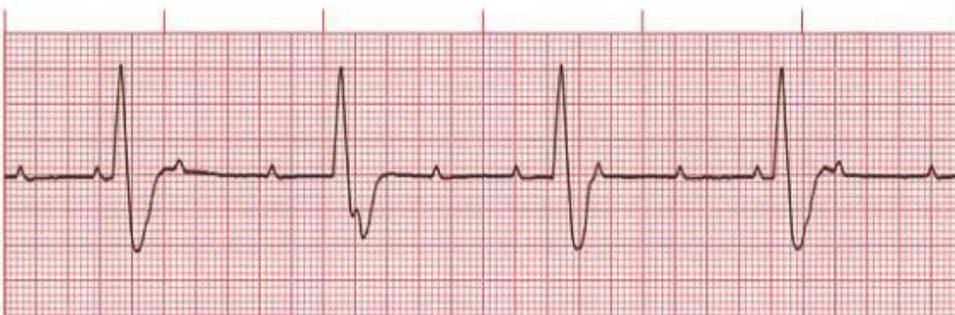
PR Interval: Normal or prolonged but constant

QRS: Usually wide (>0.10 sec)

♥ **Clinical Tip:** Resulting bradycardia can compromise cardiac output and lead to complete AV block. This rhythm often occurs with cardiac ischemia or an MI.

Third-Degree AV Block

- Conduction between atria and ventricles is absent because of electrical block at or below the AV node.
- "Complete heart block" is another name for this rhythm.



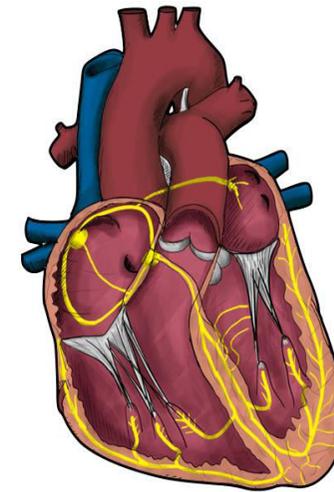
Rate: Atrial: 60–100 bpm; ventricular: 40–60 bpm if escape focus is junctional, <40 bpm if escape focus is ventricular

Rhythm: Usually regular, but atria and ventricles act independently

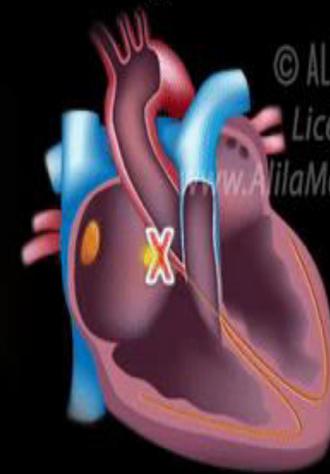
P Waves: Normal (upright and uniform); may be superimposed on QRS complexes or T waves

PR Interval: Varies greatly

QRS: Normal if ventricles are activated by junctional escape focus; wide if escape focus is ventricular



Third-degree AV blocks



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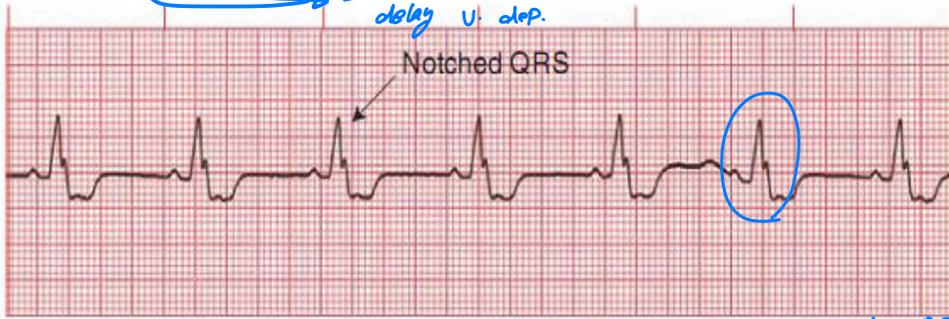
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ECG 11 *
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Bundle Branch Block (BBB)

Either the left or the right ventricle may depolarize late, creating a "notched" QRS complex.



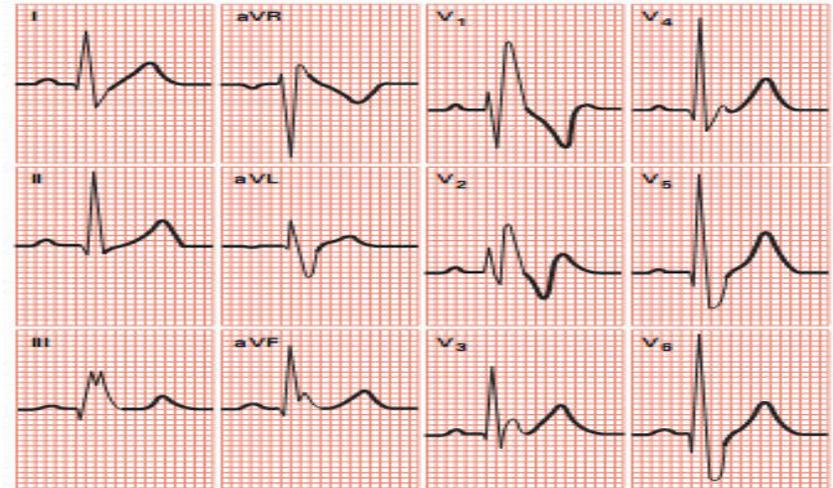
Rate: Depends on rate of underlying rhythm
Rhythm: Regular
P Waves: Normal (upright and uniform)
PR Interval: Normal (0.12–0.20 sec)
QRS: Usually wide (>0.10 sec) with a notched appearance

♥ **Clinical Tip:** Commonly, BBB occurs in coronary artery disease.

M
 =
 wide QRS

Right Bundle Branch Block

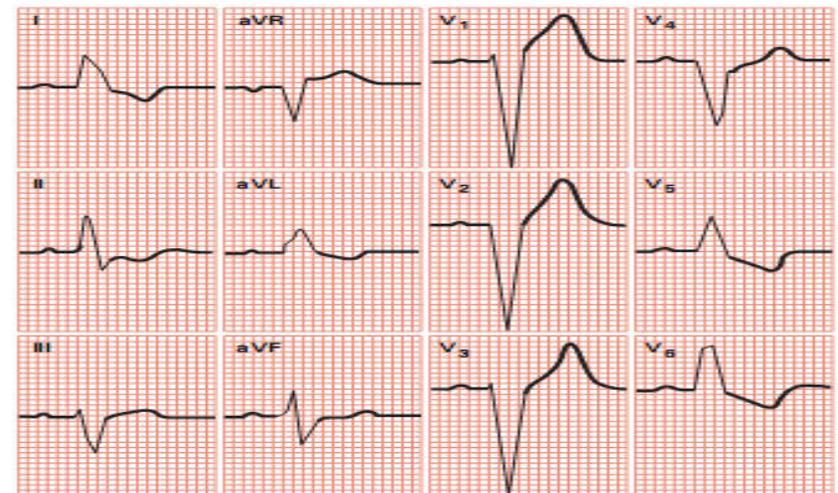
- QRS > 0.10 sec
- QRS normal or deviated to the right
- Slurred S wave in leads I and V₆
- RSR' pattern in lead V₁ with R' taller than R



♥ **Clinical Tip:** Patients may have underlying right ventricular hypertrophy, pulmonary edema, cardiomyopathy, congenital heart disease, or rheumatic heart disease.

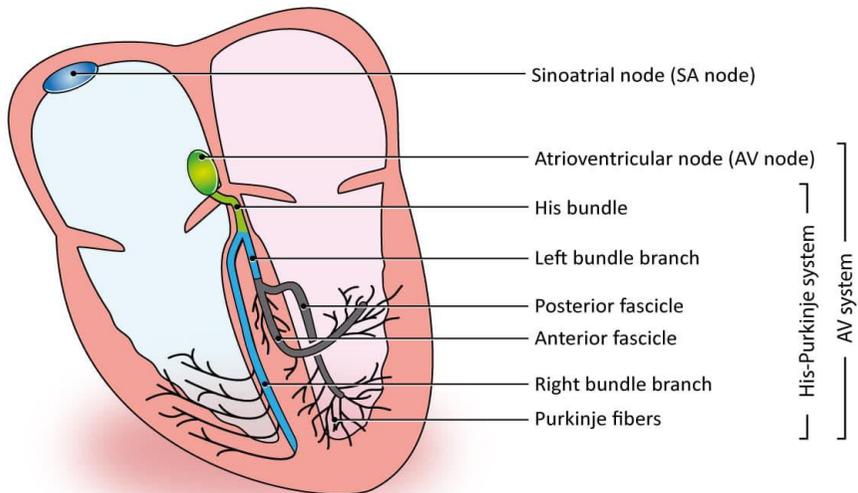
Left Bundle Branch Block

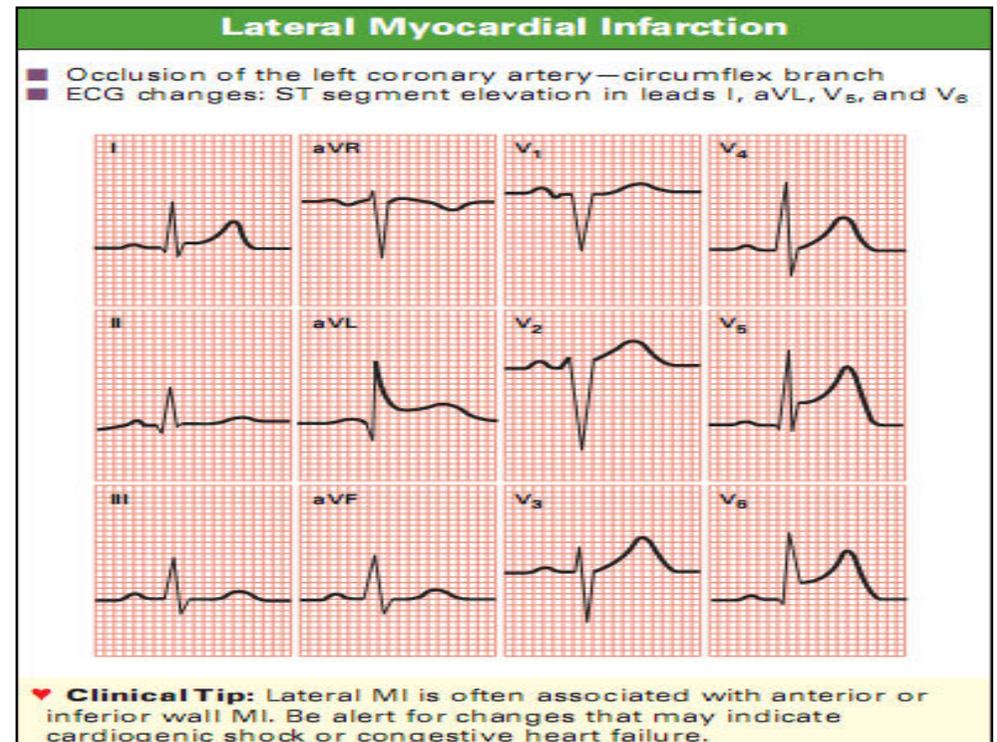
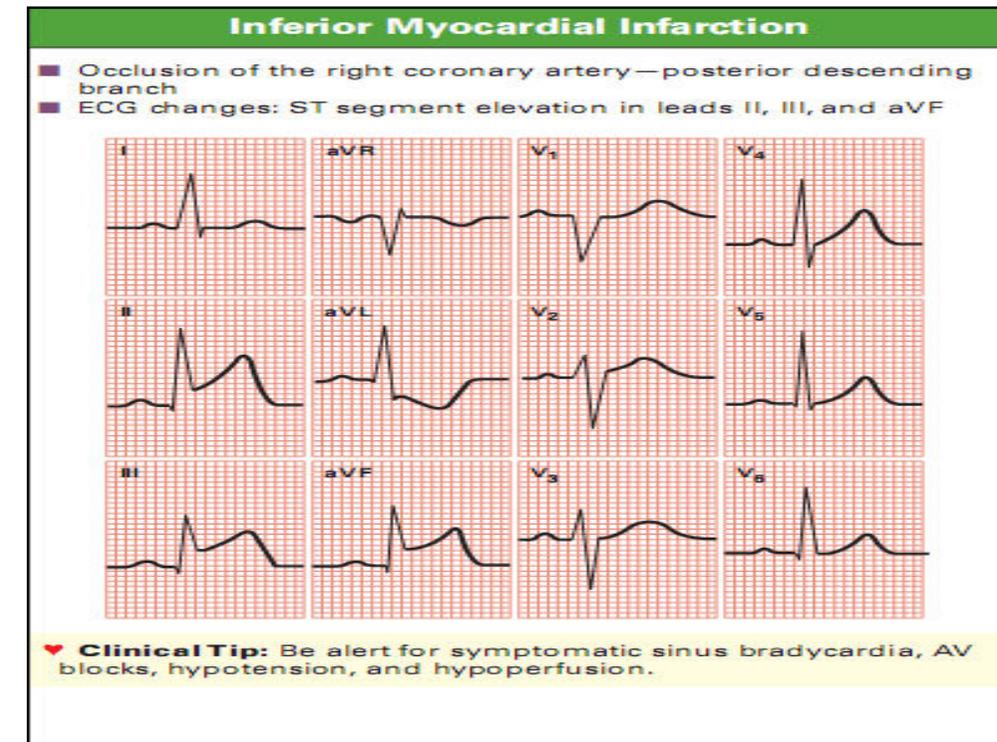
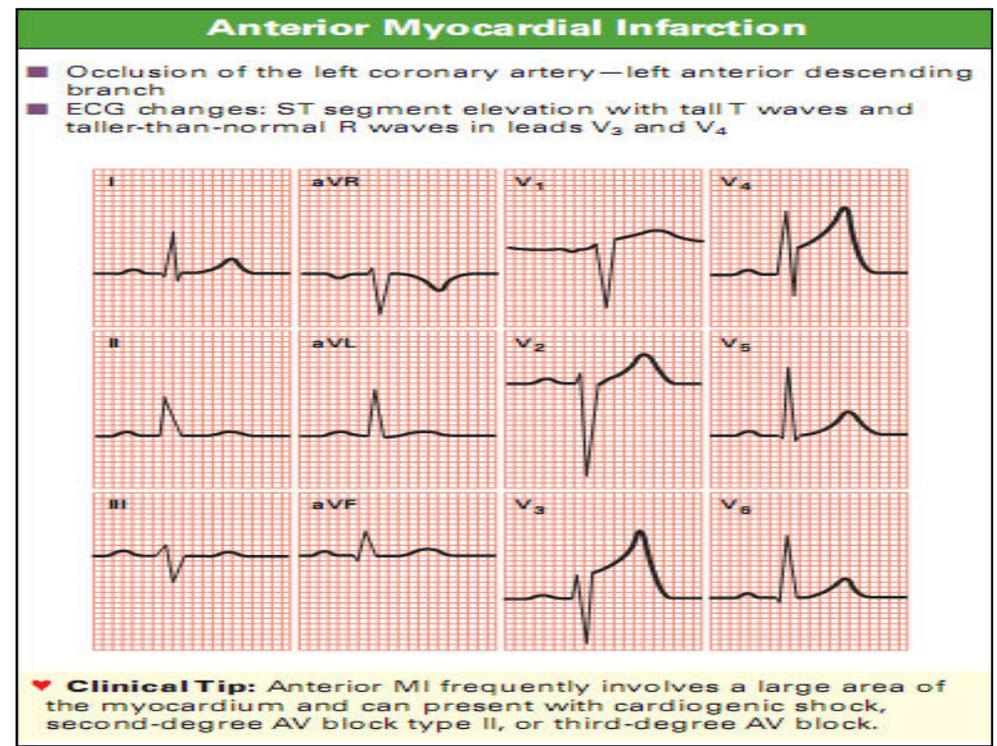
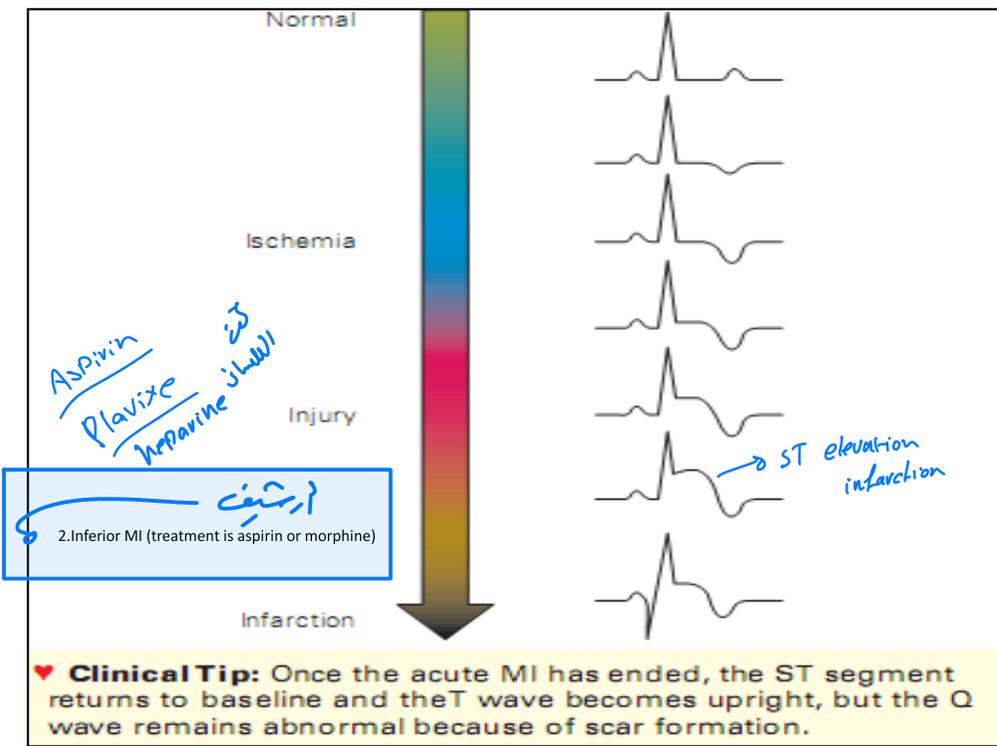
- QRS > 0.10 sec
- QRS predominantly negative in leads V₁ and V₂
- QRS predominantly positive in V₅ and V₆ and often notched
- Absence of small, normal Q waves in I, aVL, V₅, and V₆
- Wide monophasic R waves in I, aVL, V₁, V₅, and V₆



♥ **Clinical Tip:** Patients may have underlying heart disease, including coronary artery disease, hypertension, cardiomyopathy, and ischemia.

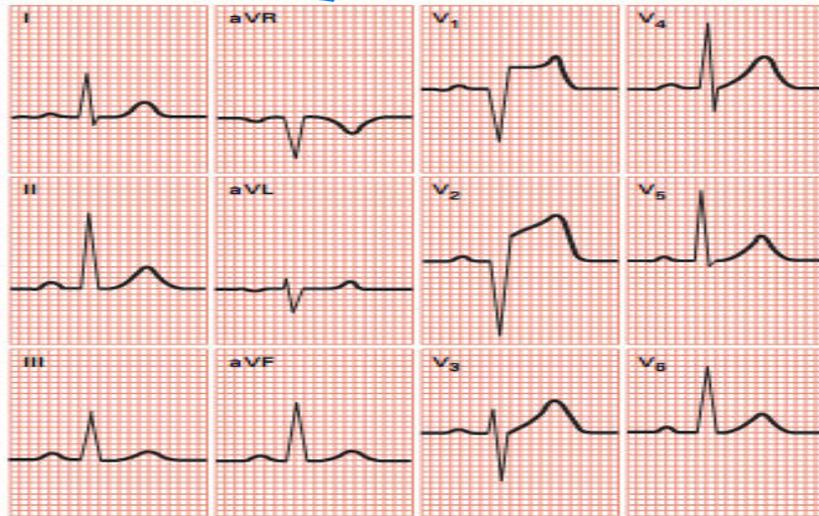
The ventricular conduction system





Septal Myocardial Infarction

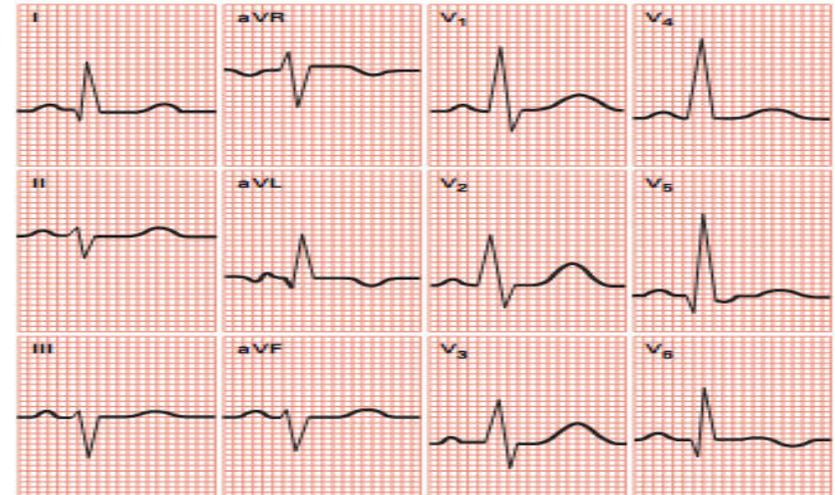
- Occlusion of the left coronary artery—left anterior descending branch
- ECG changes: pathological Q waves; absence of normal R waves in leads V₁ and V₂



♥ **Clinical Tip:** Septal MI is often associated with an anterior wall MI.

Posterior Myocardial Infarction

- Occlusion of the right coronary artery (posterior descending branch) or the left circumflex artery
- Tall R waves and ST segment depression possible in leads V₁, V₂, V₃, and V₄
- ST segment elevation in true posterior leads, V₅ and V₆

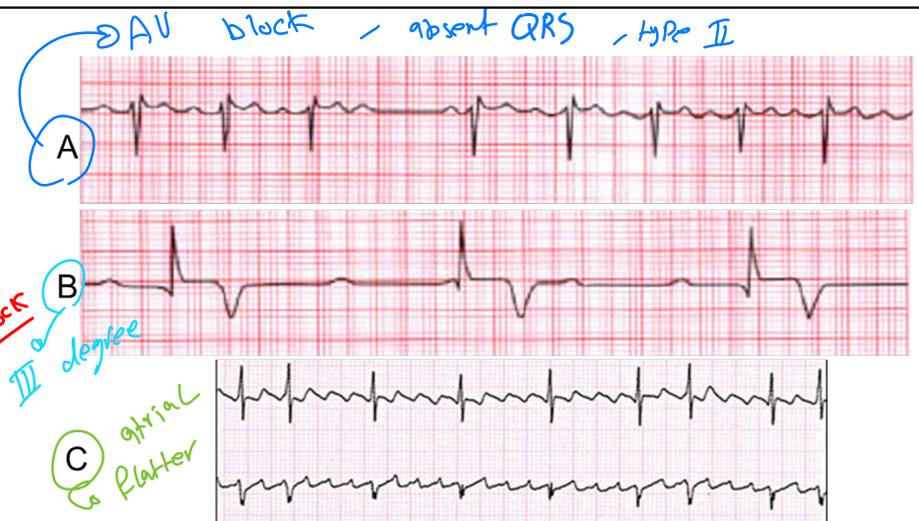


♥ **Clinical Tip:** Diagnosis may require a 15-lead ECG because a standard 12-lead does not look directly at the posterior wall.

الجدول مهم - إذا الستر الذي فوقه هو صفات كثير

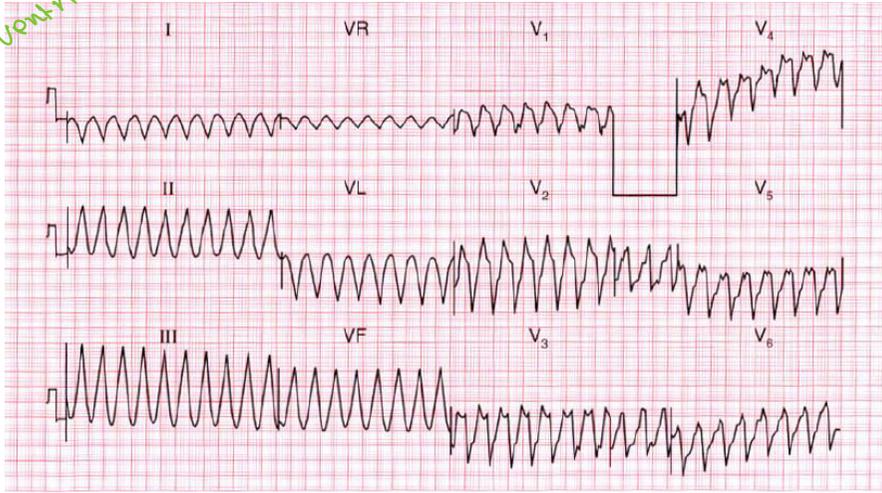
Table 2.1: Region of left ventricle represented on ECG

ECG leads	Region of left ventricle
V ₁ , V ₂	Septal
V ₃ , V ₄	Anterior
V ₅ , V ₆	Lateral
V ₁ to V ₄	Antero-septal
V ₃ to V ₆	Antero-lateral
I, aVL	High lateral
II, III, aVF	Inferior



McDavin - ST segment...

Ventricular tachy

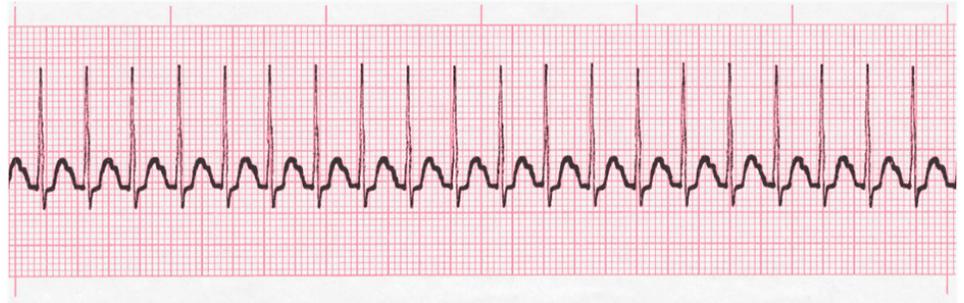


الرجوع إلى
Fibrillation

not flutter



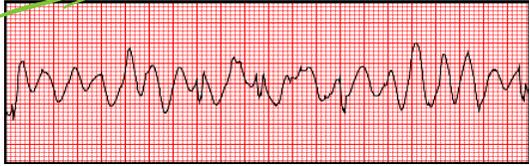
absent P wave
SVT



Atrial Fibrillation



Ventricular
fibrillation



Ventricular
tachy

