

Hemoglobinopathies and workup with anemia

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Hemoglobin structure

280 million in RBC x 5 million /ml = 1 quadrillion Hb

4 subunits

Protein (Globin) ribosomes thalassemia and sickle cell anemia

Non protein (Heme) mitochondria, Fe^{2+} , Fe^{3+} Met Hb

Iron

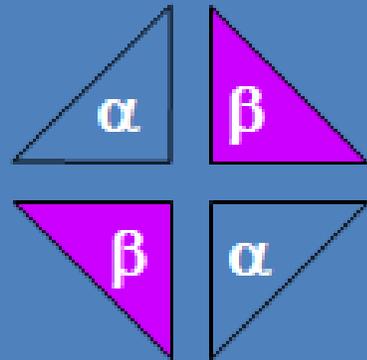
protoporphyrin sideroblastic

adult HbA 95%

Fetal Hb 1%

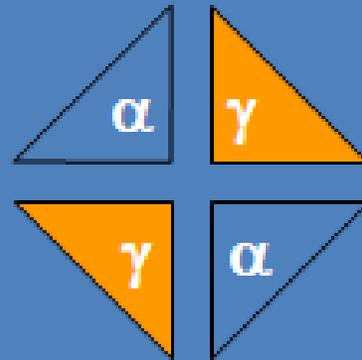
HbA2 1.5-3%

Hemoglobins in normal adults



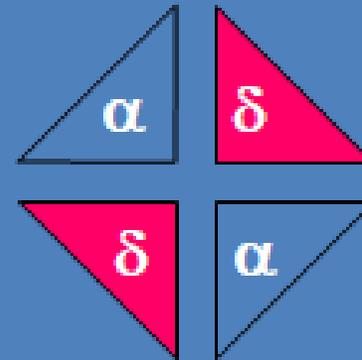
HbA

98%



HbF

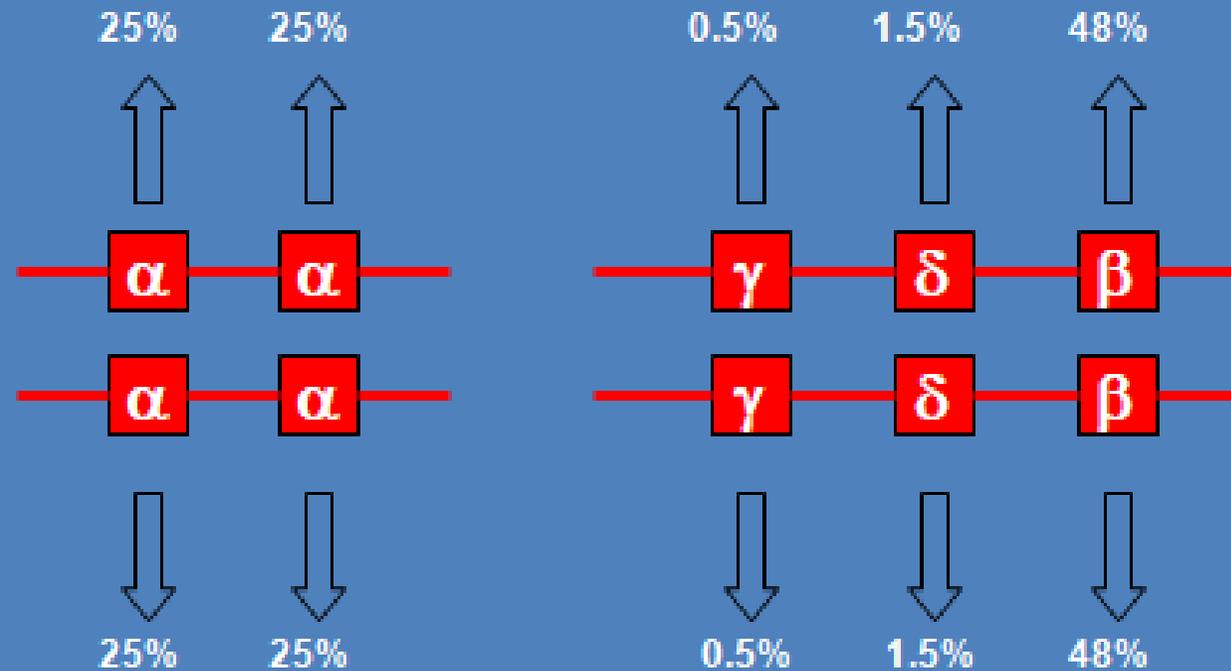
~1%



HbA₂

<3.5%

Hemoglobin synthesis



Chromosome 16

Chromosome 11

Sickle cell anemia

Autosomal recessive
both parents' carrier

B globulin , HBB gene ,
chromosome 11

GLU VAL number 6

Deoxygenated
polymerization (long
fibers)

Ca influx , K and H₂O
outflux dehydration

HbA sickle HbF not
sickle up to 6 months

Drug Hydroxyurea
increase HbF and not
sickle

HbS > 60% or increase
deoxy Hb Conc ;
volume depletion,
acidosis, hypoxemia

deoxy HbS in vein and
oxy in artery

Extravascular anemia

Vaso – occlusive crisis

Thalassemia alpha and beta

Microcytic anemia	Thalassa: sea, emia: blood	Autosomal recessive: mom and dad carrier 25%, 50%, 25% normal	Heme; Fe iron deficiency anemia and chronic inflame. Protoporphyrin sideroblastic anemia	Globin: thalassemia alpha and bet
Low Hb and chain synthesis unbalanced hem tetramers (insoluble) ineffective erythropoiesis	alpha chromosome 16 2 copies at 2 loci= 4 gene to alpha	1 locus asymptomatic trait	2 loci asymptomatic minor microcytic anemia misdiagnosed with iron deficiency	3 loci B4 tetramers HbH hemolytic anemia blood transfusion
	4 loci not effective oxygenation hydrops fetalis (die in the uterus) or Hb Barts gamma tetramers in fetals	B minor is asymptomatic microcytic anemia chromosomes 11	B major blood transfusion live max to 15 -25yrs hemochromatosis	

Thalassaemia

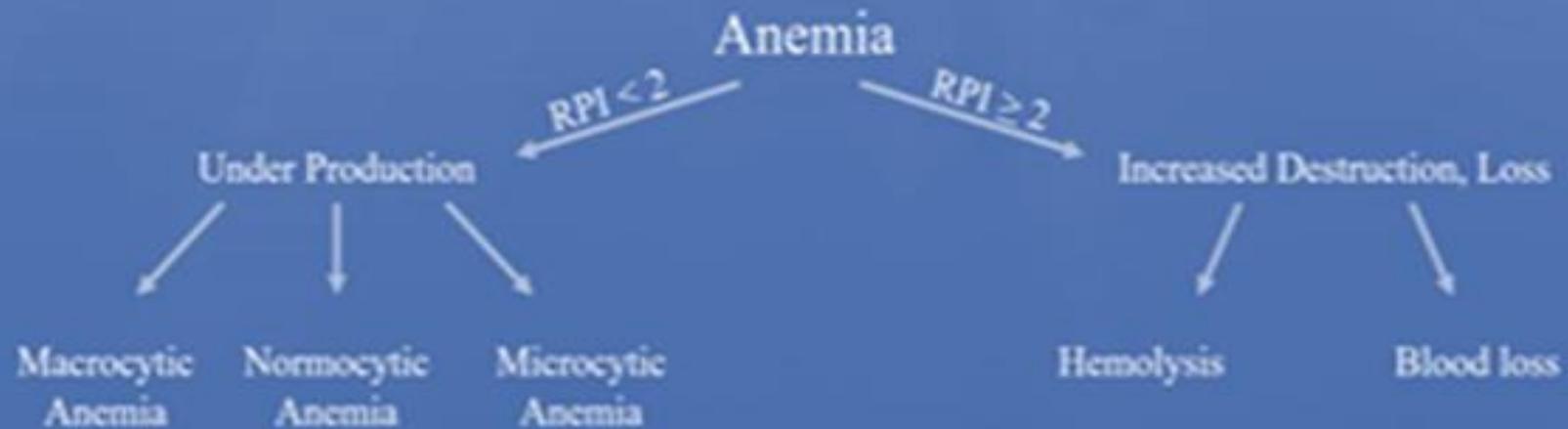
In health, equal quantities of α - and β -globin chains are produced. Abnormalities in the transcription of either α - or β -globin genes lead to the excessive production of the other chain, and these chains may precipitate, causing haemolysis and anaemia.

The gene for the α -globin chain is duplicated on each chromosome 16, so in health, four α -globin genes exist. α -Thalassaemia results from the deletion of between one and all four genes, with an associated variation in clinical severity. The deletion of all four genes is incompatible with life.

β -Thalassaemia is usually due to a single-gene mutation and results in the reduced production of β -globin chains. It normally becomes clinically apparent at between 3 and 6 months of age, when fetal haemoglobin begins to be replaced by HbA. The excess α -globin chains combine with the available β , δ , or γ chains, forming abnormal amounts of HbA₂ (δ -chains) and HbF (γ -chains).

Kinetic approach

- Diagnosis by identifying the basic mechanism of the anemia.
- Start by looking at the RPI.



Morphologic approach

- Diagnosis by observation of cell changes.
- Start by looking at the MCV.

