

	1- Quadrangular space:	2-Upper(medial) triangular space	3-lower(lateral) triangular space
Above	teres minor (in the back) or Subscapularis (in the front)	teres minor (in the back) or Subscapularis (in the front)	teres major
Below	teres major	teres major	-
Laterally	surgical neck of humerus	long head of triceps.	spiral groove of humerus.
Medially	long head of triceps	-	long head of triceps.
Contents	Axillary n. Post. circumflex humeral vessels	circumflex scapular vessels	Radial n. Profunda brachii vessels