

Group A Wateen psychiatry exam :

1. Prevalence of postpartum depression :

- ✓ 10-25%
- 75-80%
- 1-2%
- 6-12%

2. The most common learning disability :

- ✓ **Dyslexia**
- Dyspraxia
- Dyscalculia
- Dysgraphia

3. Which of these is not a side effect of lithium:

- ✓ **Weight loss**
- Nephrogenic DI
- Thyroid enlargement
- Mild leukocytosis

4. The effect of drug after chronic use which means they'll need to increase the dose to get the same effects :

- ✓ **Tolerance**
- Withdrawal
- Dependence
- Addiction

5. Right about narcolepsy :

- ✓ **Insidious onset of excessive sleep in inappropriate places with cataplexy and hypnagogic hallucination**
- uncomfortable sensation in the legs and the urge to move them in order to relieve the sensations occurring in the night
- Inability to breathe during sleep
- Inappropriate sleep quality

6. incongruence between an individual's experienced or expressed gender and the gender assigned at birth :

- ✓ **Gender dysphoria**
- Gender orientation
- Paraphilia
- Exhibitionism

7. All of the following are drugs of dementia except:

- ✓ **guanfacine**
- donepezil
- rivastigmine
- galantamine
- memantine

8. Treatment of acute stress disorder :

- ✓ **Psychotherapy**
- Mood stabilizer
- donepezil
- memantine

9. The management of postpartum depression and postpartum psychosis :

- ✓ **seek professional help**

- SSRIs
- isolation and avoiding
- Know the cause and she go away

10. The significant difference between bulimia nervosa and anorexia nervosa :

✓ **Patient with bulimia nervosa maintain normal body weight , while anorexia loss weight**

- Anorexia nervosa do binge eating and compensatory behaviour while bulimia do not
- Anorexia nervosa has distress about their weight while bulimia nervosa don't
- bulimia nervosa develop compensatory behaviour while anorexia don't

11. Patient with agitation because of delirium , tx of choice :

✓ **Haloperidol**

- galantamine
- Respirodone
- Sertraline

12. Projection of unconscious feelings regarding important figures in the patient's life onto the therapist :

✓ **Transference**

- Countertransference
- Aversion therapy
- Therapeutic alliance

13. delirium characterised by :

✓ **acute decline in both the level of consciousness and cognition with particular impairment in attention that develop over a short time.**

- Late onset
- Chronic course
- Domiprazole is first line tx

14. All of the following are true about panic disorder except :

✓ **Its more common in male than female**

- fear or avoid places where panic attacks have occurred in the past.
- Panic disorder is characterized by repeated panic attacks
- Panic disorder can be combined with other mental condition

15. Regarding phobias one of these doesn't match:

✓ **Ailurophobia Fear of dirt**

- Agoraphobia Fear of open places
- Cynophobia Fear of dogs
- Pyrophobia Fear of fire

16. All of the following are DSM 5 diagnostic criteria of specific phobia, except:

✓ **symptoms persist for at least 3 months**

- Marked and disproportionate fear consistently triggered by specific objects or situations.
- The phobic object or situation almost always provokes immediate fear or anxiety
- The object or situation is avoided or else endured with intense anxiety

17. Good prognosis for OCD?

✓ **Late onset**

- Need hospitalisation
- Schizotypal personality disorder
- Compulsions

18. voices commenting on the patients action or intention :

✓ **Third person hallucination**

- Thought echo
- Elementary hallucination
- Thought withdrawal

19. The psychiatry call a person who has the ability to make treatment decision :

✓ **Capacity**

- Insight
- Judgment
- Management

20. According to the old DSM4 criteria : poor functioning type , early onset disorganised speech :

✓ **Disorganised type**

- Paranoid type
- Catatonic type
- Undifferentiated

21. According to schizophrenia , delusion and hallucination are considered :

✓ **Positive symptoms**

- Negative symptoms
- Mesolimbic
- Depression with psychotic feature

22. Which of the following drugs has least effect on bipolar disorder :

✓ **Gapenten**

- Carbamazepine
- Oxacarbamazepine
- Valproate
- Lamotrigine

23. someone got a traumatic event for more than 3 months, he got ptsd from the event and he became avoidant, he has developed a lot of intrusive symptoms against the traumatic event, all of them are intrusive symptoms except:

✓ **avoid memories and thoughts related to event**

- got memories about what had happened
- flashbacks
- he developed a psychological and physiological response once he remember the trauma
- Non of the above

24. The false belief that one is a very important person or having a great talent :

✓ **Delusion of grandiose**

- Delusion of reference
- Delusion of control
- Delusion of nihilistic

25. One of the following is true about impulse control disorder :

✓ **Cause marked impairment in functioning**

- Associated with delusion and hallucination
- In adolescence or early adulthood
- Its caused by rape or sexual / physical abuse
- Its associated with other mental disorder

26. in conversion disorder , la belle indifference mean :

✓ **Patient unconcerned about symptoms.**

- Patient is afraid and concerned about symptoms
- Patient is worried that they have medical illness
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27. meaning of egodystonic?

✓ **in conflict with a person's ideal self-image.**

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28. About night terror and nightmare which of the following is false :

✓ Nightmare crying , night terror moaning only

- Nightmare affect adults , night terrors affect children
- Nightmare during REM 3h of sleep, night terror during non rem after 30 min
- **Nightmare remembered , night terror not remembered**
- Non of the above

29. The duration of complete sleep cycle :

✓ 90-110 minute

- 4-5 h
- 6h
- 10-20 min

30. One of the following isn't at the DSM-5 Diagnostic Criteria symptoms of the Persistent Depressive Disorder :

✓ psychomotor agitation or retardation

- hopelessness
- sleep disturbance
- fatigue
- good appetite

31. Sleep disturbance role in postpartum depression:

✓ It is one of the diagnostic criteria

- It is an exacerbated symptoms for postpartum depression
- It aid the diagnosis but not core symptoms
- No relation between them

32. Least recognised encopresis chronic constipation type?

✓ Retentive type

- Overflow type
- Primary type
- Secondary type
- Non retentive type

33. What neurotransmitter pathway responsible for addiction:

✓ Dopamine

- Seratonine
- GABA
- Glutamate

34. All of the following are Schneider first rank symptoms :

✓ Visual hallucination

- Audible thoughts
- Thought withdrawal
- Thought insertion
- 3rd person hallucination

35. All are features of somatic disorders except :

✓ the symptoms are associated evidently with specific medical cause

- the duration is 6 months
- excessive and abnormal fear and the thought and behaviour related to the symptoms

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36. Case with the following symptoms (dietary reaction severe headache palpitation hypertensive crisis) what is this :

✓ **Tyramine reaction**

- Serotonin syndrome
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37. Which of the following is true about binge eating disorder :

✓ **Recurrent episodes of binge eating, no compensatory , sever distress**

- Recurrent episodes of binge eating, no compensatory , want to loss weight
- Recurrent episodes of binge eating, with compensatory , want to loss weight
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38. All of the following are symptoms of generalised anxiety disorder except:

✓ **Mood swing , and period of mania**

- Restlessness
- Dry mouth
- Insomnia
- Feeling keyed up or an edged , of mental disorder

39. What's not diagnostic criterion of schizophrenia according to DSM 5 :

✓ **Answer not related to schizophrenia**

- Delusion
- Hallucination
- Disorganised speech
- Negative symptoms

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