



## Respiratory System (RS) Physical Examination Checklist

### Opening the Examination (Score: 1/10)

1. **Introduction:** Introduce yourself and your role.
2. **Consent:** Explain the purpose of the examination and obtain consent.
3. **Positioning & Privacy & Lightning:** Ensure the patient is comfortably positioned, at a 45-degree angle.

### General Inspection (Score: 1/10) + Posterior Chest Wall

4. **General Appearance:** Observe the patient's general appearance and any signs of respiratory distress (As Tripod Position or use of accessory muscles).
5. **Hands and Nails:** Inspect for clubbing, cyanosis, and nicotine staining.
6. **Face:** Look for signs of central cyanosis.
7. **Chest:** Inspect the chest for deformities, scars, and asymmetry.

### Palpation (Score: 2/10) + Posterior Chest Wall

8. **Tracheal Position:** Check for tracheal deviation.
9. **Chest Expansion:** Assess chest expansion by placing hands on the patient's chest and asking them to take a deep breath. (1P)
10. **Tactile Fremitus:** Palpate for tactile fremitus by asking the patient to say "99" while feeling for vibrations.

### Percussion (Score: 2/10) + Posterior Chest Wall

11. **General Percussion:** Percuss all areas of the chest to assess for resonance.

### Auscultation (Score: 3/10) + Posterior Chest Wall

13. **Breath Sounds:** Listen to breath sounds in all lung fields.
14. **Adventitious Sounds:** Identify any adventitious sounds like wheezes, crackles, or pleural rubs.
15. **Vocal Resonance:** Assess vocal resonance by asking the patient to say "99" while auscultating.

### Special Tests (Score: 1/10)

16. **Egophony:** Ask the patient to say "ee" and listen for a change to "ay" sound.

### Closing the Examination (Score: 1/10)

19. **Thank You & Cover the patient:** Thank the patient for their time and cooperation.