

Step pathology

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# Pathpedia

## Neoplasia





# Neoplasia

Abnormal mass of tissue, its growth exceeds normal rate & persist after cessation of stimuli, neoplastic cells are transformed cells that depend on normal cells for their metabolic needs

## Benign

- Localized, don't spread, amenable to local resection

### Epithelium:

#### Surface epithelium

- » Papilloma

#### Glandular or secretory

- » Adenoma

### Mesenchymal:

#### Fat

- » Lipoma

#### Fibrous tissue

- » Fibroma

#### Smooth muscles

- » Leiomyoma

#### Striated muscles

- » Rhabdomyoma

#### Cartilage

- » Chondroma

#### Bone

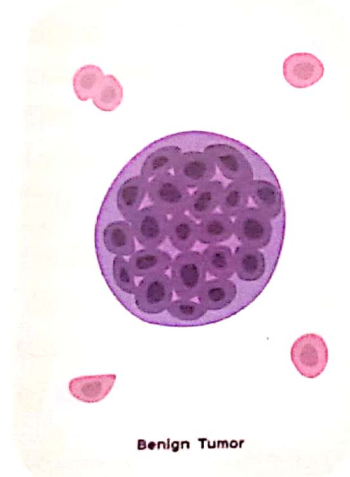
- » Osteoma

#### Blood vessels

- » Haemangioma

#### Lymph vessels

- » Lymphangioma



## Malignant

- Can invade & destroy adjacent structures, metastasized, lead to death

### Epithelium carcinoma:

#### Surface epithelium

- » SCC                      » Basal CC                      » Transitional CC

#### Glandular or secretory

- » Adenocarcinoma   » Mucoicarcinoma   » Signet ring carcinoma

### Mesenchymal sarcoma:

#### Fat

- » Liposarcoma

#### Fibrous tissue

- » Fibrosarcoma

#### Smooth muscles

- » Leiomyosarcoma

#### Striated muscles

- » Rhabdomyosarcoma

#### Cartilage

- » Chondrosarcoma

#### Bone

- » Osteosarcoma

#### Blood vessels

- » Angiosarcoma

#### Lymph vessels

- » Lymphangiosarcoma



# Characteristics of tumors

## 1. Microscopic features

### Microscopic pattern

#### Epithelial:

- Acini / sheets / columns / cords
- Arranged in solid / papillary pattern
- In a vascular CT stroma

#### Mesenchymal:

- Bundles / whorly / fascicles
- Separated by IC matrix substance

### Criteria of malignancy

- Loss of polarity
- Pleomorphism
- N:C ratio
- Aniso nucleosis
- Hyperchromatism
- Nucleolar changes
- Mitotic figures
- Tumor giant cells
- Cytoplasmic changes
- Chromosomal abnormalities

### Differentiation & anaplasia

#### Differentiation:

- Extent of morphological & functional resemblance of tumor cells to normal cells

#### Mixed pattern

- » Pleomorphic adenoma → salivary glands
- » Fibroadenoma → breast
- » Carcinosarcoma → uterus

#### Benign

- » Well-differentiated

#### Malignant

- » Well-differentiated
- » Moderate differentiated
- » Undifferentiated
- » Anaplastic

#### Anaplasia:

- Dedifferentiation
- Loss of structural & functional differentiation of normal cells
- failure of differentiation

### Tumor angiogenesis & stroma

#### Angiogenesis:

- Formation of new blood vessels from the pre-existing one
- To provide nourishment to a growing tumor

#### Stroma Collagenous tissue:

##### Scanty

- Soft-fleshy → Sarcoma/lymphoma

##### Excessive

- Hard-gritty → IDC of breast
- "desmoplasia"
- its growth stimulated by b-FGF secreted by tumor cells

### Inflammatory reaction

- Ulceration with 2ry infection
- Cell-mediated immune response → Chronic inflammatory Reaction or granulomatous reaction e.g.: seminoma



## Cells

### Loss of polarity:

- Disrupted orientation of cells
- Nuclei tend to be away from BM

### Pleomorphism

- Variation in size & shape of tumor cells
- Pleomorphism & differentiation

### Mitotic figures

- Poorly differentiated cells show normal or abnormal mitotic figures "tripolar - quadripolar, multipolar spindles"

### Tumor giant cells

- Multinucleated cells
- Giant cells with single large & bizarre nucleus

### Functional changes

- Better diff & normal function e.g.: well differentiated SCC → keratin
- Anaplastic SCC → (No) keratin

## Criteria of malignancy

### Nucleus

#### ↑ Nucleo: cytoplasmic ratio (N:C)

- From (1:4-1:6) to (1:1)

#### Anisonucleosis "an-iso-nucleosis"

- Nuclei show variation in size & shape

#### Hyperchromatism

- ↑ Amount of nucleoprotein
- Dark stained nuclei

#### Chromosomal abnormalities

- Most tumors show DNA aneuploidy ↑ number of chromosome → ↑ size of nuclei
- All tumors have abnormal genetic composition & transmit it to their progeny e.g.: Philadelphia chromosome in CML (chronic myeloid leukemia)

### Nucleoli

#### Nucleolar changes:

- ↑ Nuclear protein synthesis
  - » Prominent nucleolus
  - » Multiple nucleoli

### Epithelial Dysplasia

#### Chronic irritation / inflammation:

- Disordered cellular proliferation

#### Criteria:

- ↑ Number of layers of epithelial cells
- Loss of polarity
- Cellular & nuclear pleomorphism
- Nuclear hyperchromatism
- ↑ N/C ratio
- ↑ Mitotic activity in abnormal location

#### Classification

- Mild: lower 1/3
  - Moderate: lower 2/3
  - Severe: > lower 2/3
- Reversible

#### Sites: "most common"

- Uterine cervix
- Resp. tract
- GIT mucosa

#### Carcinoma insitu:

- "preinvasive carcinoma": dysplastic changes involving entire epithelial thickness without invasion of BM



# Characteristics of tumors

## 2. Rate of growth

### Benign:

- Slowly
- Months → years

### Exceptions:

- **Leiomyoma of uterus**
  - » ↑ by estrogens
  - » ↑↑ during pregnancy
- **Pituitary adenoma**
  - » Locked in sella turcica → Progressive enlargement → Compression of blood supply → Shrinkage & necrosis

### Malignant:

- Progressive & rapid
- **Rapidly growing tumors**
  - » Central areas of ischemic necrosis
- **Some tumors after a period of slow growth**
  - » Suddenly rapidly growing
- **Poorly differentiated**
  - » Aggressive growth pattern
- **Some tumors**
  - » Disappear spontaneously
  - » By necrosis due to host immunity leaving 2ry metastatic implants e.g. choriocarcinoma, malignant melanoma

## 3. Local invasion "direct spread"

### Benign:

- Localized, doesn't infiltrate or invade surrounding
- Grow by expansion
- Mass with fibrous capsule
- Some are without capsule:  
**Leiomyoma of uterus** → well demarcated by zone of compressed normal myometrium

### Malignant:

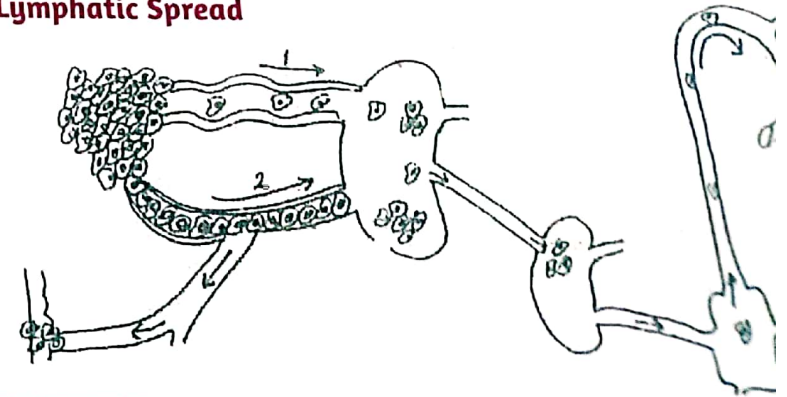
- Infiltrative
- Grow by invasion destruction, penetration
- No capsule  
**Some are "partially encapsulated"** but M/P reveals infiltration e.g. Follicular carcinoma of thyroid

## 4. Metastasis "distant spread"

### Def.:

- Development of 2ry cancerous growth by transmission of cancerous cells from 1ry tumor → remote tissues
- Metastasis & invasiveness are the most important feature to distinguish malignant from benign
- ↑ anaplasia & size → ↑ metastatic spread
- BCC of skin & most CNS tumors → rarely metastasize
- Most osteogenic sarcomas → metastasize to lungs at presentation
- 30% of malignant tumors have evident metastatic deposits at presentation while another 20% have occult metastasis

### Lymphatic Spread



# Methods of spread of malignant tumors

## 1. Lymphatic spread

### Routes:

- **Lymphatic emboli:**
  - » Malignant cells detach → emboli → along lymph → draining LNs → lodge in sub-capsular sinus → grow → whole LN replaced by tumor
- **Lymphatic permeation**
  - » Tumor cells grow along the lymphatic channel as continuous solid columns to the nearest LN

### Generally:

- **Carcinomas** → early lymphatic / **Sarcomas** → early blood
- **Regional LN metastasis:** are the 1st to be involved e.g. carcinoma of breast → axillary lymph nodes first
- but may be "reactive regional lymphadenitis" by necrotic products of tumor and tumor antigens
- **Sentinel LN:** 1st regional lymph node → biopsy help in determination of extent of lymphatic spread
- **Retrograde spread:**
  - » Lymphatic obstruction → spread against flow of lymph
  - » Unusual sites → supraclavicular "Virchow's" LN as in "prostate-colon-stomach" cancers
- **Krukenberg:** bilateral mets in ovaries → stomach – colon – ILC of breast

## 3. Body cavities

**Trans coelomic:** Spread of malignant cells via seeding of the surface of peritoneal cavity pleural & pericardial spaces. e.g.: (ovarian → peritoneal) (mesothelioma → pleural)

### CSF:

- **Medulloblastoma – ependymoma** → ventricles → CSF → meningeal surfaces within brain or spinal cord

## 2. Haematogenous spread

### Routes:

- For sarcomas, but some carcinomas (kidney, liver, prostate, thyroid)

### Arteries:

- Rarely invaded due to thick wall & elastic lamina
  - » (Veins) are frequently invaded → thrombus → emboli

### Circulation:

- Systemic → lung
- Portal → liver

### Renal cell carcinoma:

- Renal vein → IVC → Rt. Side of the heart

### Sites:

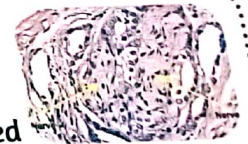
- **LLBRR:** liver-lung, brain – bone – renal – supra renal

### Spleen / heart / SK muscles:

- Generally do not allow tumor metastasis to grow

## 4. Perineural spread

- Neoplastic invasion of nerves
- Painful & has poor prognosis
- Least resistance pathway for tumor growth mediated by: neurotrophic GFs & metalloproteinases by cancer cells
- **Adenoid cystic carcinoma of salivary - Prostatic adenocarcinoma**



## 5. Intra-epithelial spread

- **Breast:** duct → lobules and vice versa
- **Kidney** → ureters → lower urinary tract
- **Endometrium** → Fallopian tube → ovaries





# Features differentiating benign from malignant tumors

Feature	Benign	Malignant
<b>I- Gross features</b>		
• Boundaries	• Encapsulated or well circumscribed	• Poorly-circumscribed & irregular
• Surrounding tissue	• Often compressed	• Usually invaded
<b>II- Microscopic features</b>		
• Differentiation	• Usually well-differentiated & resembles tissue of origin closely	• Range from well to poorly differentiated
• Criteria of malignancy	• Not present	• Present
• Functional changes	• Usually well-maintained	• May be retained, or lost
• Chrom. abnormalities	• Infrequent	• Invariably present
• III- Growth rate:	• Usually slow	• Usually rapid
• IV- Local invasion	• Often compresses the surrounding tissues without invading or infiltrating them	• Usually infiltrate & invade the adjacent tissue
• V- Metastasis	• Absent	• Frequently present
• VI- Prognosis	• Local complications	• Local & metastatic complications

Feature	Carcinoma	Sarcoma
• Origin	• Malignant tumor of epithelial origin	• Malignant tumor of mesenchymal origin
• Vascularity	• Less vascular	• Highly vascular
• Rate & mode of growth	• Less rapid, grows more by infiltration	• Rapid, grows by expansion & infiltration
• Consistency	• Usually firm	• Soft & fleshy
• Cut section	• Grayish white with areas of haemorrhage & necrosis	• Homogenous grey with areas of hge & necrosis
• Microscopic	• Tumor cells are arranged in masses or acini separated by CT stroma	• Highly cellular with scanty stroma separating individual
• Spread	• Early by lymphatic, blood spread is usually late	• Early by blood
Prognosis	• Relatively better	• Worse

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# Tumors of epithelial tissues

## Benign

### Papilloma

#### Origin:

- Surface

#### Gross:

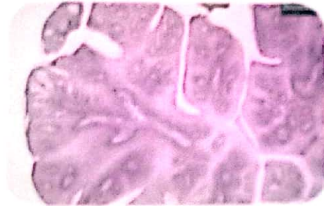
- Sessile or pedunculated
- Simple / breached / finger - like, surface may be ulcerated

#### Microscopic:

- Central vascular CT core covered by surface e.p.: squamous / transitional / columnar

#### Complications:

- Ulceration
- Hge
- Infection
- Malignancy



### Adenoma

#### Origin:

- Glandular

#### Gross:

- Solid organ → well encaps. Mass
- Hollow organ → adenomatous polyp projection into lumen
- Cystadenoma of ovary → cystic mass d.t. accumulated secretion
- Epithelial proliferation in cystic mass → papillary formation e.g. papillary cystadenoma

#### Microscopic:

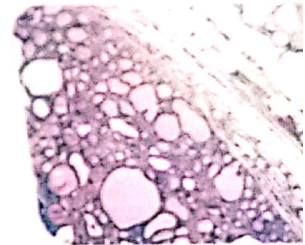
- Tissue similar to the gland of its origin

#### Complications:

- Hyper secretion of hormone
- Malignancy

#### Sites:

- Endocrine glands: thyroid – adrenal
- MM: GIT – bronchi
- Ovary – breast – sebaceous glands





## Squamous cell carcinoma

### Sites:

- Squamous epithelium of skin, lip, tongue larynx
- On top of metaplasia: UB-GB

### Gross:

- Fungating mass
- Large malignant ulcer "CCC" by raised everted edges, necrotic floor, hard indurated base
- Infiltrating mass

### Microscopic:

- Irregular masses of malignant Cells
- Central keratinization "cell nest"
- Separated by fibrous tissue

### Histological broder's grading system:

- GI: WD "≥50% cell nest"
- GII: mod. "25-50%, cell nests"
- GIII: poor "<25% cell nests"
- GIV: undifferentiated "no cell nest"



- Most common form of skin cancer arising in the basal cells of epidermis
- Slowly growing (months – years)
- Men are affected twice as often as women
- Although it rarely metastasize it can infiltrate deeper structure (bone → local damage) (**rodent ulcer**)

### Sites:

- Skin: face – scalp – back – neck – shoulders – hands
- Face: above the line drawn between angle of mouth and lobule of ear (sun exposed area)

### Gross:

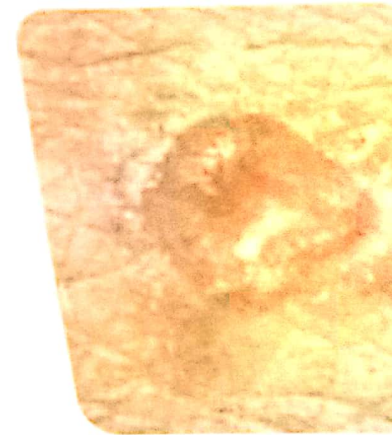
- Start as small fleshy nodules → ulceration
- Ulcer has inverted beaded edges with indurated base

### Microscopic:

- Dermis → infiltrated by regular masses of basaloid cells with peripheral Palisading nuclei
- Cells → hyperchromatic nuclei & scanty cytoplasm
- Nests of tumor cells → surrounded by fibrous stroma
- Surface ulceration

### Causes:

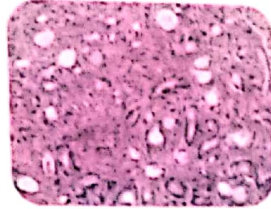
- Chronic exposure to sunlight
- Arsenic
- Radiation



## 2. Glandular Epithelium

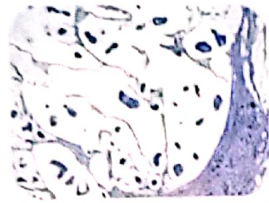
### Adenocarcinoma

- From glandular epithelium
- WD → malignant acini separated by CT stroma
- Poor differentiated → malignant cells & few acini  
"differentiation depends on number of malignant"



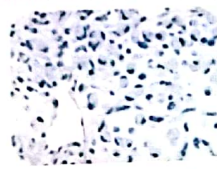
### Mucoid adenocarcinoma

- Extra-cellular mucin secretion
  - » Colorectal
  - » Breast



### Signet ring carcinoma

- Intra-cellular mucin secretion
  - » Gastric carcinoma



## Connective tissue tumors

### Benign

- Fibroma
- Lipoma
- Chondroma
- Osteoma

### Gross

- Well circumscribed

### Malignant

- Fibro-sarcoma
- Liposarcoma
- Chondrosarcoma
- osteosarcoma

### MP

- Tissue similar to the original tissue

## Organ Tropism

- Arrest of tumor emboli in specific organ related to expression of tumor molecules or chemokines by tumor cells whose receptors are expressed on endothelial cells of target organ
- e.g.:** Cancer (lung, kidney, thyroid, prostate, breast) → bone metastasis
- Bronchus → (liver – adrenal – brain)
- Seminoma → lung
- Sarcomas → lung, liver, bone

## Locally Malignant tumors

- Tumor of unknown (behavior – borderline – locally aggressive)
- Definition: group of malignant tumors which spread locally only i.e. there is no distant spread or metastasis.

### Examples:

- Basal cell carcinoma of the skin (rodent ulcer)
- Adamantinoma of the jaw
- Carcinoid tumor of the appendix

- Astrocytoma of the brain
- Craniopharyngioma of pituitary gland
- Giant cell tumor of bone (grade I and II)



# Tumors of blood vessels

## Haemangioma

- M/C: benign neoplasm – (M/C) tumor of infancy or childhood
- Maybe localized or diffuse “angiomatosis”

### Capillary

#### Incidence

- More common

#### Age

- First few years of life

#### Site

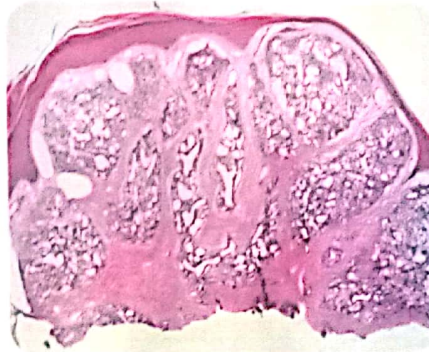
- Skin, S.C tissue

#### Gross

- Irregular red patch of skin

#### MP

- Proliferated capillary – type vessels
- Lined by flattened endothelial cells
- Separated by F.t. stroma



### Cavernous

#### Incidence

- Less common

#### Site

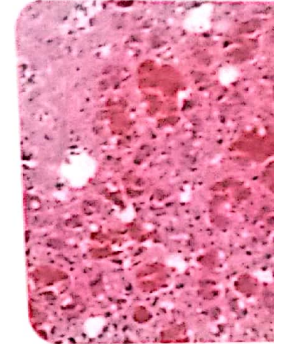
- Same + internal organs “liver”

#### Gross

- Ill defined bluish mass

#### MP

- Large irregular vascular spaces
- Lined by flattened endothelial cells
- Separated by f.t. stroma



## Tumors of lymphatics (Cavernous lymphangioma)

#### Site

- Head, neck, axilla, mediastinum, viscera

#### M/P

- Large irregular endothelial lined spaces filled with lymph
- Focal lymphocytic infiltrate is noted

### Cystic hygroma

- Cavernous lymphangioma of the neck of new born

# Tumors of melanocytes

## Navus

### Site

- Skin of face, neck, back, etc...

### Gross

- Well - demarcated colored papule
- Papillomatous lesion

### MP

- Junctional
- Intradermal
- Compound



## Melanoma

### Site

- Skin of face, neck, back, etc...

### Gross

- Elevated pigmented nodule
- Rapidly grows, tend to ulcer

### MP

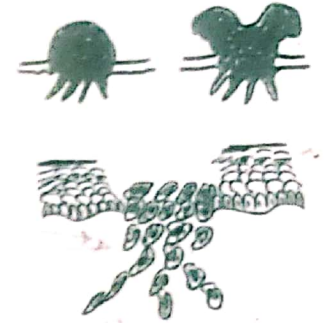
- Malignant melanocytes containing melanin growing from basal epidermis → dermis

### Spread

- Local - lymphatic - blood

### Prognosis

- Depends on the depth of invasion



## Teratomas

- Tumors originating from totipotent cells (germ cells & embryonic cells)
- Can differentiate into any of cell types: (bone - epithelium - muscle - fat - nerve & other tissues)

### Sites

- Germ cells: ovary & testis - congenital or not
- Embryonic rests: "midline": brain - ant. mediastinum - retroperitoneum - sacrococcygeal (congenital)

### Types

- **Benign** "mature" well-differentiated
- **Immature:**
  - » Immature "fetal type" tissues, Behave in a malignant fashion
- **Mature teratoma with malignant transformation** rare - M/C: SCC

### Monodermal teratoma:

Mature teratoma, consists predominantly of one type of mature tissue  
"Struma ovarii" → thyroid tissue



## Embryonic tumors "blastomas"

- More common in infants & children < 5 yrs

### Examples:

- » Medulloblastoma "cerebellum"
- » Retinoblastoma "retina"
- » Neuroblastoma "adrenal medulla"
- » Nephroblastoma "kidney"
- » Hepatoblastoma "liver"
- Primitive embryonal cells which appear round or oval, with dark stained nuclei
- Arise from embryonal or partially diff. cells that hasn't yet fully develop

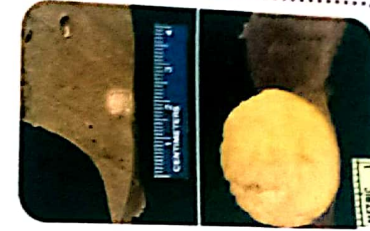
## Choriostoma or heterotopia

- Congenital anomaly
- Normal cells / tissues in abnormal locations
- E.g.: normal pancreatic tissue in stomach or small intestine



## Hamartoma

- Tumor-like formation
- Mass of disorganized but mature tissues
- Normally present in the affected part
- Often with 1 element predominating
- Grow at the same rate of surroundings
- Different parts:
  - » Lung → formed of islands of cartilage bronchi, blood vessels → disorganized but mature
  - » Liver → formed of hepatocyte, blood vessels, bile ducts disorganized but mature
- Asymptomatic & discovered accidentally



## Grading & staging of cancer

Two systems to predict tumor behavior, prognosis & guide therapy

### Grading

#### Histologic / microscopic degree of differentiation

##### Based on:

- Degree of differentiation
- Number of mitosis within the tumor
  - » Grade I: well-differentiated
  - » Grade II: moderately – differentiated
  - » Grade III: poorly – differentiated
  - » Grade IV: undifferentiated or anaplastic
- This correlates to tumor aggressiveness

### Staging

#### Clinical / extent of spread of tumor

##### Based on:

- Clinical examination
- Radiological exam: CT., MRI, PET
- Histopathological examination
- TNM system:
  - » T: Primary tumor size
  - » N: Extent of regional LN involvement
  - » M: Metastases
- With greater clinical value than grading

- Tis** In situ, non-invasive (confined to epithelium)
- T1** Small (<2cm), minimally invasive within primary organ site
- T2** Larger (2-5cm), more invasive within the primary organ site
- T3** Larger (5-10 cm) &/or invasive beyond margins of primary organ
- T4** Very large (>10cm) &/or very invasive, spread to adjacent organs

- N0** No LN involvement
- N1** Regional LN involvement
- N2** Extensive regional LN involvement
- N3** More distant LN involvement
- M0** No distant metastases
- M1** Distant metastases present

# Epidemiology & predisposition to neoplasia

## 1. Cancer incidence

- M/C cancers in ♀ : breast & lung
- M//C cancers in ♂ : prostate & lung
- ↓ Death rate:
- Cancer → d.t. early diagnosis
- Cancer stomach → ↓ expose to dietary Carcinogens

## 2. Geographic & environmental factors

- Cancer risk (65% environmental – 35% genetic)
- Breast cancer: 4 times in SA > Japan
- Liver cell carcinoma: most lethal cancer in Africa
- e.g.: • Sunlight • Asbestos • Certain occupations & diet
- Smoking & alcohol

## 3. Age

- Generally; cancer & age
- d.t.: - ↑ somatic mutations  
- ↓ immune response
- Most cancer: 55-75 yrs
- Rate ↑: after 75
- Cancer cause death in 10% of children <15 years

## 4. Hormones

- Estrogen:
  - » Estrogen therapy / estrogen -secreting tumors → endometrium
  - » OCP → breast & liver cell adenoma
- Anabolic steroids
  - » Benign & malignant tumors of the liver
  - » Gonadal atrophy and infertility in males

## 5. Familial & genetic factors

### Inherited cancer syndromes "autosomal dominant"

- Rb → retinoblastoma (40%)
- NF1&2 → Neurofibromatosis 1&2
- BRCA1&2 → breast & ovary
- P53 → Li-Fraunmenti \$
- APC → familial adenomatous polyposis / colon cancer

### Inherited AR \$ of defective DNA repair

- Xeroderma pignemtusum

### Familial cancer

- Breast
- Ovary
- Malignant melanoma
- Colon
- Brain
- Pancreas

## 6. Acquired pre-neoplastic disorders

- Persistent regenerative cell replication:
  - » SCC: margin of unhealed wound e.g. old burn scar (marjolin's ulcer)
  - » HCC: liver cirrhosis
- Hyperplastic & dysplastic proliferation:
  - » Endometrial carcinoma → atypical endometrial hyperplasia
  - » Bronchogenic carcinoma → dysplastic bronchial epi. In smokers
- Chronic atrophic gastritis → gastric carcinoma
- Chronic ulcerative colitis → cancer colon
- Leukoplakia of oral cavity & vulva → SCC
- Some benign tumors → villous adenom of colon → adenocarcinoma  
→ neuro-fibromatosis → sarcoma

## 7. Sex

- Generally, cancer more common in males
- Except: breast, GB, thyroid, organs of each sex



Normal, Genes regulating normal growth of cells

## 4 Classes

### Proto-oncogenes

Normal - growth promoting gene

### Anti-oncogenes

Growth suppressor gene

### Apoptosis

Regulatory genes  
Programmed cell death

### DNA repair genes

Repair DNA damage in mitosis of  
damage of other 3 classes

## Gene damage

### Activation of growth promoting gene

- Proto-oncogene normal → oncogene (mutant)
- Cellular transformation
- Single allele is enough = dominant oncogene
- Product → oncoprotein

### Inactivation of tumor suppressor gene (anti-oncogene)

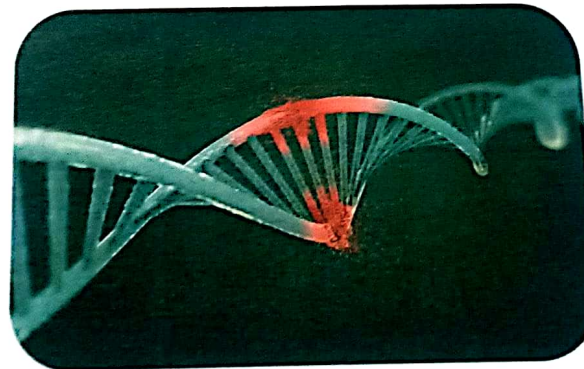
- Proliferation of transformed cells
- Both alleles must be damaged = recessive
- Called promoters → mutation of these gene release cellular proliferation

### Alteration in apoptosis regulatory genes

- Dominant as oncogenes
- Recessive as suppressor genes

### Failure of DNA repair genes

- Failure to repair non lethal DNA damage → mutation spread of one of the previous three classes → neoplastic transformation



# Oncogenes

They're genes whose products: oncoproteins, are associated with neoplastic transformation

- Normal proto-oncogenes (normal cell growth genes) transform into oncogenes (cancer cell proliferation gene) by one of three mechanisms:

## Structural damage

### Point mutation:

- Single base mutation
- e.g. RAS oncogene in cancer lung, colon, pancreas (adenocarcinoma)  
RAS → rat sarcoma gene

### Chromosomal translocation:

- Transfer of a chromosomal protein carrying a proto-oncogene → independent of growth control
  - » Philadelphia chromosome in chronic myeloid leukemia C-ABL translocation  
No. 9 → 22
  - » Burkitt lymphoma C-MYC translocation from chromosome  
No. 8 → no. 14  
MYC → from isolated virus myelocytomatosis

## Number

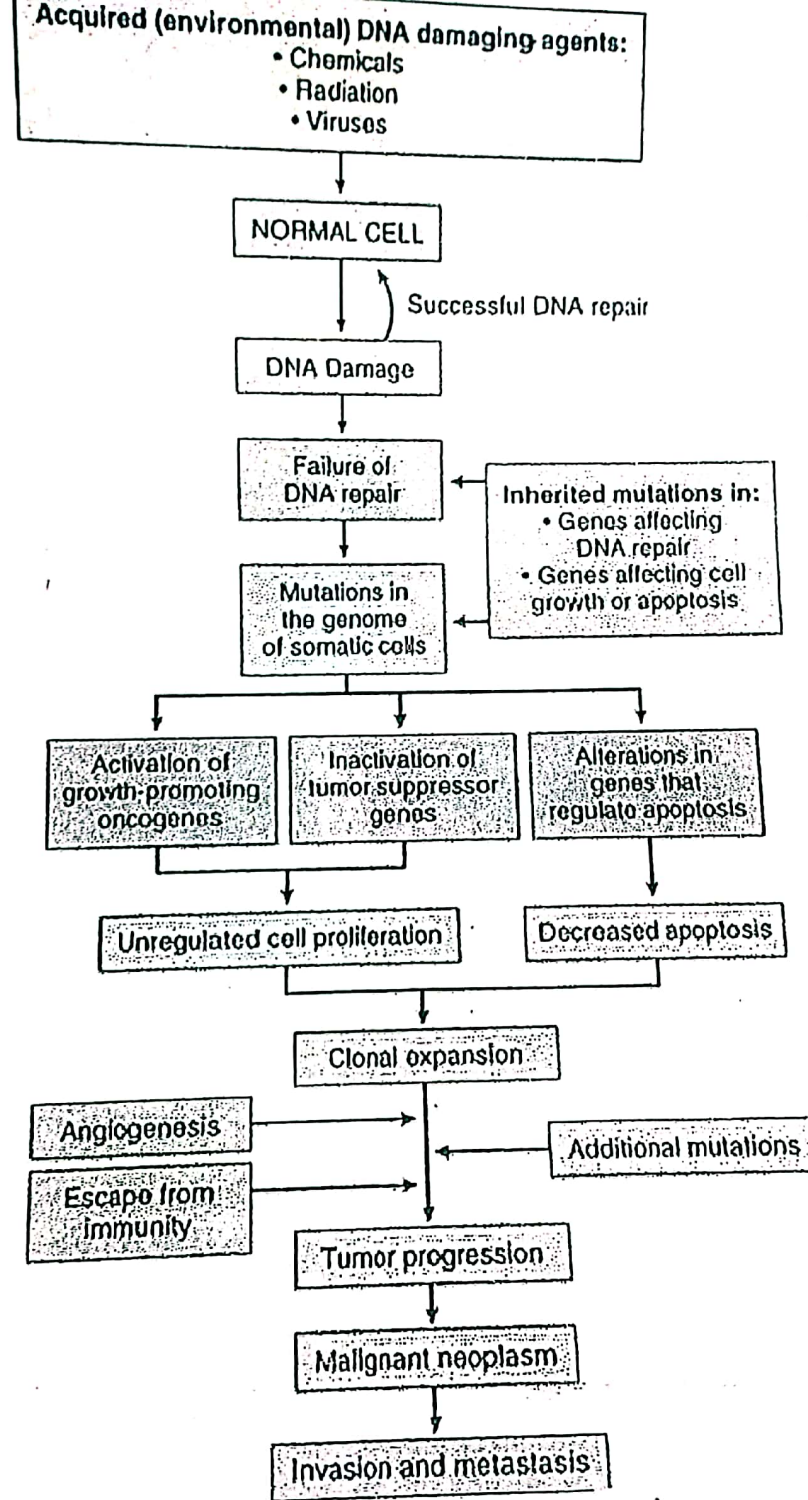
### Gene amplification:

- Increase number of copies of DNA sequences in proto-oncogenes → ↑ mRNA → ↑ gene expression → autonomous cellular proliferation
- e.g.: ERB-B2 (HER2/neu) in breast & ovary HER2/neu → human epidermal growth factor receptor type 2

### Gene deletion

- Deletion to one nucleotide





# Properties of cancer cell

- Excessive & autonomous growth
- ↓ Sensitivity to growth inhibition

- Avoid cellular aging
- Escape cell death
- DNA damage & repair system
- Cancer progression & heterogeneity clonal aggressiveness
- Multi step phenomenon
- Micro RNAs in cancer

- Continuous perfusion & sustained angiogenesis
- Ability to invade & metastasize

## 1. Excessive autonomous growth

### A) Growth factors

- Normal cell requires GF stimulation to go proliferation.
- GF made by a cell to action a neighboring cell (paracrine)
- Cancer cells have (growth self sufficiency) by
  - » ↑ Expression of GF oncoproteins
  - » ↑ Ability to make GF to which they respond
- e.g.: glioblastomas make PDGF & its receptor
- Many sarcomas make TGF- $\alpha$  & its receptor

### B) GF receptor

- GF are transported intracellularly by cell surface receptor
- **Mutation:** of receptor protein → stimulation of cell growth in the absence of GF
- **Overexpression:** Of GFs → cancer cell ↑ response to normal levels of GF. EGF receptor family: ERB2/ HER2 neu → breast cancer

### C) Signal transduction

- Proteins transduce from R on cell surface to nucleus to activate intracellular growth signals
- e.g. RAS m.c. mutated proto-oncogenes

### D) Nuclear transcription factor

- Signal transduction pathways
- → nucleus → regulate DNA transcription → induce cell enter S phase.
- Mutation of these genes → ⊕ growth → autonomy
- **Example of mutated nuclear transcription factor:**
- C.Myc translocation in Burkitt Lymphoma
- N.Myc amplified in neuroblastoma
- L.Myc amplified in small cell lung carcinoma

### E) Cell cycle regulatory proteins

- Cell cycle is normally under regulation of cyclins & cyclin dependent kinases (CDK) and inhibitors (CKI)
- ⊕ of CDK by cyclin → cell progression into diff. phases of cell cycle.
- Cyclins are synthesized and degraded rapidly .
- Mutation in cyclins & CDKs are important cancer growth promoting signals
- e.g.: cyclin D amplified in Mantle cell lymphoma
- CDK4 amplified malignant melanoma



## 2. ↓ Sensitivity to growth inhibitory signals

Inactivation of tumor suppressor genes

- Tumor suppressor genes → proteins → (-) cells proliferation
- Recessive → both copies must be lost
- Familial → one damaged copy is inherited  
→ the other copy is lost by somatic mutation
- Sporadic → both copies lost by somatic mutation

### RB gene

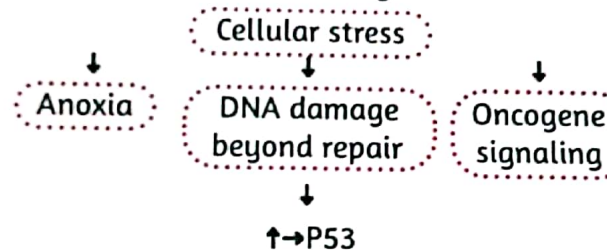
#### Retinoblastoma:

- Location: long arm Ch. (9-13)
- Normal function: produce protein
- That binds DNA and (-) proliferation by controlling G<sub>1</sub> to S check point
- Most cancers have disabled G<sub>1</sub> check point either by damaged RB or genes that affect RB function as cyclin D
- Both alleles on must be lost (recessive) → retinoblastoma
- Homozygous pair in cancer breast, lung, bladder
- Carcinogenic virus bind RB gene and (-) it as HPV

### P53

#### Guardian of genome :

- Location: short arm. chromosome 17
- Normally found in ↓ amount and accumulates in DNA damage



- ↑ Genes arrest cell cycle
- ↑ Genes of DNA repair (if no repair → apoptosis)
- P53 ↑ RB gene → G<sub>1</sub>-S block stop the cycle → giving a chance to DNA repair
- Both alleles are lost
- Viruses → proteins → (-) P53 as HPV, EBV and HBV

### Adenomatous polyposis coli β-catenin pathway

- Normal function
- Antiproliferative → destruction of cytoplasmic β-catenin protein
- Loss APC → ↑ β-catenin → nucleus → ↑ growth as a transcription factor
- In familial adenomatous polyposis S, inheritance of mutated APC gene → hundreds of colon polyps at young age → one or more of them → colon cancer
- Sporadic colon cancer → somatic loss of both APC gene alleles

### 3. Escape apoptosis

- In cancer cells, lost function of apoptosis due to mutation in genes regulating apoptosis
- e.g.: BCL2 follicular  $\beta$ -cell lymphomas

### 4. Overcoming cellular aging limitless replicative potential

- Normally with each cell division, telomeres are shortened till telomeres are lost  $\rightarrow$  cell cycle arrest  $\rightarrow$  stop mitosis by RB & P53 genes.
- In tumor cells  $\rightarrow$  escape aging  $\rightarrow$  enzyme telomerase  $\rightarrow$  helps maintain telomere length  $\rightarrow$  tumor cells avoid aging  $\rightarrow$  mitosis doesn't stop
- Normally telomerase enzyme active in stem cells but absent in somatic cells.

### 5. Continued cancer perfusion sustained angiogenesis

- Tumors need angiogenesis for growth and metastasis
- Angiogenic factors [VEGF & bFGF by tumor cells] inflammatory cells that infiltrate tumor.
- Antiangiogenic:

Tumor growth is controlled by:

- » Angiogenic factors
- » Antiangiogenic factors (1. Thrombospondin-1) (2. Angiostatin)
- Angiogenesis (neovascularization) has dual effect on tumor growth:
  - » Supplies O<sub>2</sub> & nutrients
  - » New endothelial cells  $\rightarrow$   $\uparrow$  growth of tumor cells  $\rightarrow$  by  $\uparrow$  GF

Oncogene	Mode of activation	Associated tumors
<b>1- Growth factors:</b> <ul style="list-style-type: none"> <li>• PDGF</li> <li>• TGF-<math>\alpha</math></li> </ul>	<ul style="list-style-type: none"> <li>• Overexpression</li> <li>• Overexpression</li> </ul>	<ul style="list-style-type: none"> <li>• Glioblastoma</li> <li>• Sarcoma</li> </ul>
<b>2- GFRs:</b> <ul style="list-style-type: none"> <li>• HER2</li> </ul>	<ul style="list-style-type: none"> <li>• Amplification</li> </ul>	<ul style="list-style-type: none"> <li>• Breast cancer</li> </ul>
<b>3- Signal transduction proteins:</b> <ul style="list-style-type: none"> <li>• RAS</li> </ul>	<ul style="list-style-type: none"> <li>• Point mutation</li> </ul>	<ul style="list-style-type: none"> <li>• Lung, colon &amp; pancreas</li> </ul>
<b>4- Nuclear regulating proteins:</b> <ul style="list-style-type: none"> <li>• C-MYC</li> <li>• N-MYC</li> <li>• L-MYC</li> </ul>	<ul style="list-style-type: none"> <li>• Translocation</li> <li>• Amplification</li> <li>• Amplification</li> </ul>	<ul style="list-style-type: none"> <li>• Burkitt's lymphoma</li> <li>• Neuroblastoma</li> <li>• Small cell lung carcinoma</li> </ul>
<b>5- Cyclins:</b> <ul style="list-style-type: none"> <li>• Cyclin D</li> <li>• CDK4</li> </ul>	<ul style="list-style-type: none"> <li>• Amplification</li> <li>• Amplification</li> </ul>	<ul style="list-style-type: none"> <li>• Mantle cell lymphoma</li> <li>• Malignant melanoma</li> </ul>



## 6. Ability to invade and metastasize in two phases

### Invasion of ECM

Four steps:

- Attachment of tumor cells by (-) of -cadherin
- Degeneration of ECM by ↑ proteolysis enzymes MMP, Cathepsin-D
- Attachment cleavage of ECM → ECM → generate site bind to receptors on tumor cells
- Migration of tumor cells (through release of cytokines by tumor cells as autocrine motility factors)

### Vascular dissemination & homing

- In circulation tumor cells are vulnerable to destruction by immunity
- Circulate
  - » Single cells
  - » Tumor embolic aggregates and adheres to leucocytes & PLIs

Extravasation by :

- Adhesion to vascular endothelium
- Exit through BM → organ parenchyma
- Adhesion
- Invasion

## 7. DNA damage & repair

- Repair genes are important to genome integrity
- Lost both copies of DNA repair genes → genome instability
- Inherited mutation of genes involved in DNA repair system → ↑ risk of developing cancer

**HNPCC Hereditary non polyposis colorectal cancer**

» Have defect in repair system and develop colon cancer

**Hereditary breast cancer**

» BRCA1, BRCA2 are found in familial breast cancer

**Xeroderma Pigmentosa**

» Are predisposed to sunlight induced melanoma BCC, SCC

## 8. Cancer progression & heterogeneity clonal aggressiveness

- ↑ Size
- ↑ Histologic grade
- Necrosis: ↑ growth > bl. supply
- Invasion & metastasis
- Although cancer cells are monoclonal in origin, by time they acquire more & more mutations → multiple mutated subpopulations of more aggressive clones of cancer cells → more tendency to invade & metastasize.

## 9. Multistep carcinogenesis

- Accumulation of multiple mutation is important in carcinogenesis  
example: **colorectal cancer**:
  - » Epithelial hyperplasia → adenomas → malignant transformation
  - » (-)APC tumor suppressor gene → ↑ RAS → loss of tumor suppressor gene on chromosome 18 and loss of P53

## 10. MicroRNAs in cancer: OncomiRs

- They're endogenous, non-coding single strand RNA → negative regulator of genes
- oncomiRs perform as tumor suppressor or growth promoter in association with various tumor genes

# Etiology of Cancer

Carcinogenic agent

## Chemical

- Indirect:** require metabolic conversion to become active
- → polycyclic hydrocarbons as benzopyrene are formed in consumption of tobacco in cigarette smoking → lung cancer
  - Also in smoked meats and fish.

- Direct:** no metabolic conversion alkylating agent in chemotherapy
- Mechanism: DNA damage → mutation of P53 & RAS

## Radiation

- UV rays, X-ray, nuclear fission → radiation → carcinogen
- Radioactive elements → mc. Incidence of lung cancer 10 folds
- Ionizing radiation → acute & chronic myeloid leukemia
- Natural UV radiation → skin cancers melanoma, SCC, BCC
- Therapeutic irradiation of head & neck → papillary thyroid cancer

### Mechanism

- Chromosomal breakage: DNA damage → DNA breaks
  - » Translocations
  - » Point mutations

### • HHV-8

- » Kaposi sarcoma (vascular neoplasma) high risk in AIDS patients & homosexual

### • 3- HBV & HCV

- » Hepatocellular carcinoma

### Mechanism

- a) Immune mediated chro. inf.
  - » Hepatocytes injury

- » (+) of proliferation
- » ROS → DNA damage
- b) Activation of signal transduction pathway by HBX protein of HBV & HCV
- c) Viral integration → rearrangements of chromosomes → multiple deletions of tumor supp. genes

## Microbial Agents

### A) Viral

#### RNA:

#### 1- Hepatitis C virus

#### 2- HTLV-1:

- » Cause T cell leukemia / lymphoma has tropism for CD4 + T-cells
- MOI: transmit infected T-cells via sexual intercourse, blood products & breast feeding
- » Only 1% develop leukemia of 20 years period of latency

#### Mechanism:

- » HTLV-1 genome encodes proteins → (-) tumor supp. Genes as (CKDIs & P53)

#### DNA

#### 1- HPV:

- » Type 16, 18 and 31 → SCC of cervix, anal, vulva & oropharyngeal cancers

#### Mechanism:

- » Degrade BAX → (-) apoptosis
- » Activates telomerase → avoid aging
- » (-) CDKIs & (+) cyclins
- » (-) P53

#### 2- Herpes viruses:

#### • EBV

- » Burkitt lymphoma / B-cell lymphoma / Hodgkin lymphoma / Nasopharyngeal carcinoma

#### Mechanism

- » EBV gene products → B-cell proliferation
- » (-) apoptosis by (+) BCL2
- » (+) MYC oncogene



## B) Bacterial

• *H. pylori* → gastric adenocarcinoma & MALT lymphoma

### Mechanism

- Chronic inflammation
- (-) Cell proliferation
- ROS → DNA damage
- *H. pylori* → ch. Gastritis → gastric atrophy → intestinal metaplasia → dysplasia → carcinoma
- *H. pylori* → B-cell proliferation → accumulates mutations in growth regulatory genes → B. cell MALT lymphoma

## C) Fungal

• *Aspergillus flavus*: in stored grains → Aflatoxins → consumption → HCC especially if associated with HBV.

### Mechanism

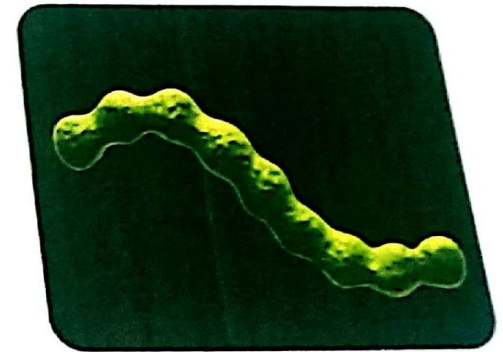
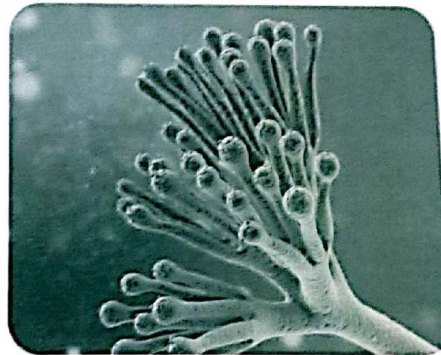
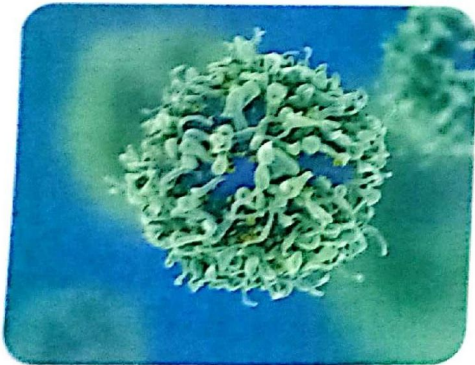
- (-) of P53

## D) Parasitic

• *Schistosoma haematobium*: urinary bladder carcinoma.

### Mechanism

- Tryptophan metabolites & activated nitroso compounds → DNA damage & mutations in P53 tumor suppressor gene



# Clinical Features of Neoplasia

## Local: according to size or location

### Compression

- Pit. Adenoma → hypopituitarism
- leiomyoma in renal artery → HTN
- Bile duct / ampulla of Vater → biliary obstruction

### Mechanical obstruction

- Benign or malignant tumor in the gut → intussusception & IO

**Infarction:** ulceration – HgE and ery infection (very common)

- Pedunculated ovarian tumor → torsion → infarction & HgE

### Issue destruction

By 1ry and metastatic tumor

## Hormone

- More common in benign than malignant neoplasms in endocrine glands
- Adenoma or carcinoma in  $\beta$ -cells of pancreas → ↑ insulin
- Adrenal cortex → corticosteroid

## Fever FUO

### As in

- Hodgkin
- RCC
- Osteosarcoma
- NB: exact mechanism is not known but mostly due to release of pyrogens by cancer cells

## Cancer cachexia

- Weight loss, weakness anorexia & anemia

### Causes?

- ↑ BMR
- Release TNF  $\alpha$  & IL-1 by cancer cells & MCs:
  - » ↓ Appetite
  - » ↓ FFA release from lipoproteins
- ↑ Proteolysis inducing factor by tumor → ↑ breakdown of muscle
- ↑ Lipolytic factors

• Paraneoplastic & symptoms not explained by local

• Distant spread of tumor or by release of hormones native to tissue of origin of the tumor 10-15% of cancers

### Endocrinopathies:

• ADH → small cell carcinoma of lung

→ ADH

• hypercalcemia → breast cancer / RCC / SCC of lung

→ PTH

• carcinoid & → bronchial / pancreatic / gastric tumors

→ serotonin

• polycythemia → RCC

→ erythropoietin

• Cushing & → SCC of lung

→ ACTH

### Vascular & hematologic

- Trousseau phenomenon → pancreatic / bronchogenic carcinoma → tumor products that activates clotting (procoagulating factors)
- Nonbacterial thrombotic endocarditis → metastatic adenocarcinoma → hypercoagulability
- Others: nephrotic & → various cancers → ICs depositions



# Laboratory Diagnosis of Cancer

## Morphology

### Histological

- Excision or biopsy
- Frozen section
- Fine needle aspiration
- Pap smear cytological (papanicolaou) smear used in CIS or dysplasia of cervix, used for identification of cancer cells in peritoneal, plural & CSF

### Immunohistochemistry

- Cytokeratin +ve in carcinoma
- Vimentin +ve in sarcoma
- LCA +ve in lymphoma
- PSA → prostatic adenocarcinoma
- Er, Pr and HER2/NEU → +ve in breast carcinoma
- IHC can help in diagnosis prognosis and treatment of tumor

### Flow cytometry

- Florescent Abs against cell surface molecules

- **Molecular profiling of tumors (DNA microarray analysis)** → measuring expression of several tumor genes

## Tumor markers

- PSA prostatic specific antigen ↑ in prostatic adenocarcinoma
- CEA carcinogenic embryonic antigen ↑ in colorectal cancer and pancreatic cancers
- $\alpha$  fetoprotein ↑ in HCC & Yolk sac tumors of the gonads