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## Chap 6

### Work and Energy

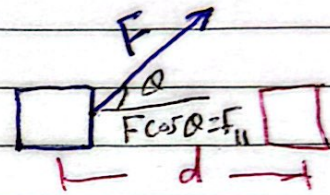
#### 6-1 Work Done by a Constant Force

There are two conditions for any force to do work

1. the object must move a displacement
2. the force must have at least a component parallel to the direction of motion

The work is given by

$$W = F_{\parallel} d = F d \cos \theta$$



where  $F$  is the force applied,  $d$  is the displacement of the object and  $\theta$  is the angle between them.

- Work is a scalar quantity.

- Work is **positive** if the force and displacement are in the same direction and **negative** if the force and displacement are in opposite directions



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- The unit for work in SI system is the Joule

1 Joule = 1 N.m                      SI system

1 erg = 1 dyne.cm                      cgs system

Foot-pound                      British system

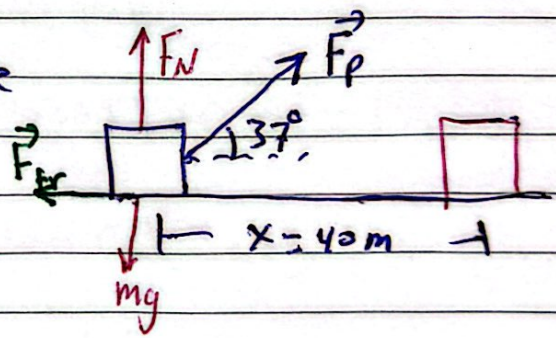
- If the force and displacement are perpendicular to each other then no work is done ( $W=0$ )

- If we have more than one force, then the total work is the algebraic sum of the work of

each force:  $W_{\text{total}} = W_1 + W_2 + W_3 + \dots$

### Example 6-1. Work done on a crate (box)

A person pulls a crate of mass 50 kg a distance of 40 m on



a rough horizontal floor with friction force

of  $F_{fr} = 50 \text{ N}$ . If the force exerted by

the person  $F_p = 100 \text{ N}$  which make angle  $\theta = 37^\circ$  with respect to the x-axis



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Determine (a) the work done by each force

(b) the net work done on the crate

Solution.

We have four forces as shown in the figure

$$W_{\text{person}} = W_p = F_p \times \cos \theta = (100 \text{ N})(40 \text{ m}) \cos 37^\circ = 3200 \text{ J}$$

$$W_{\text{friction}} = F_{\text{fr}} \times \cos 180^\circ = (50)(40 \text{ m})(-1) = -2000 \text{ J}$$

$$W_{\text{gravity}} = W_G = mg \times \cos 90^\circ = 0$$

$$W_{\text{normal force}} = W_N = F_N \times \cos 90^\circ = 0$$

(b) The net work is

$$\begin{aligned} (1) W_{\text{net}} &= W_p + W_{\text{fr}} + W_G + W_N \\ &= 3200 \text{ J} + (-2000 \text{ J}) + 0 + 0 = 1200 \text{ J} \end{aligned}$$

or

(2) Adding the forces then calculating the

work done by the net force

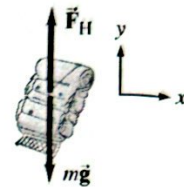
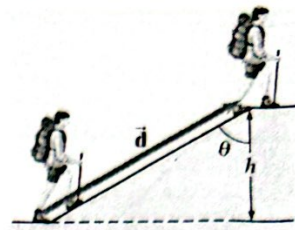
$$F_{\text{net}} = F_p - F_{\text{fr}} = 100 \text{ N} \cos(37^\circ) - 50 \text{ N}$$

$$\rightarrow W_{\text{net}} = (100 \text{ N} \cos(37^\circ) - 50 \text{ N})(40) = 1200 \text{ J}$$



Example 6-2 Work on a backpack.

- (a) Determine the work a hiker must do on a 15 kg backpack to carry it up a hill of height  $h = 10\text{ m}$  as shown

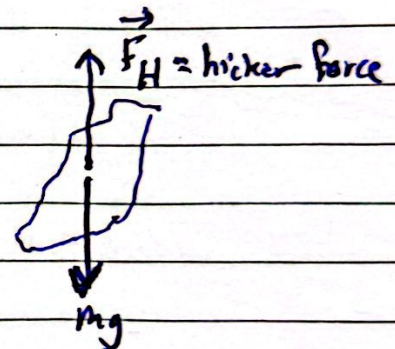


- (b) Determine the  $W_G$  on the backpack  
 (c) Determine the net work

## Solution

1. Draw a free-body diagram

$F_G = mg$ , the force of gravity  
 and  $F_H$  is the force the hiker must exert to support the backpack.



the horizontal force on the backpack is zero

Since the acceleration is zero

- 2- Choose a coordinate system, we are interested in the vertical motion so we choose the  $y$ -direction

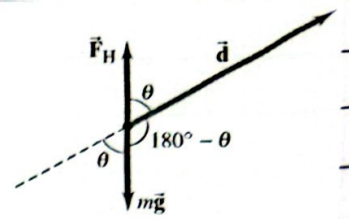


3. Apply Newton's Laws

$$\sum F_j = ma_j = 0 \quad \text{since } a_j = 0$$

$$F_H - mg = 0 \Rightarrow$$

$$F_H = mg = (15 \text{ kg})(9.8 \text{ m/s}^2) = 147 \text{ N}$$

4. Work done by a specific force

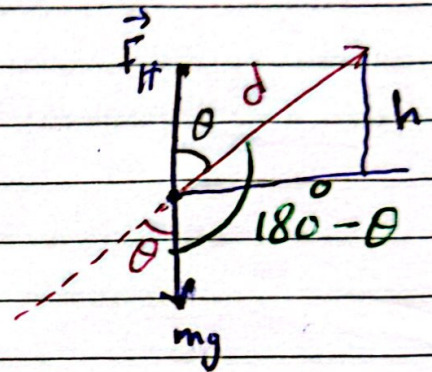
(a) Work done by the hicker

$$W_H = F_H (d \cos \theta)$$

but  $h = d \cos \theta$  then

$$W_H = F_H h = mgh = (147 \text{ N})(10 \text{ m}) = 1470 \text{ J}$$

$W_H$  depends on the height of the hill.



(b) Work done by gravity

$$W_G = mgd \cos(180^\circ - \theta) = mgd (-\cos \theta)$$

$$= -mgh = -(147 \text{ N})(10 \text{ m}) = -1470 \text{ J}$$

5. Net Work done

$$W_{\text{net}} = W_H + W_G = 1470 + (-1470) = 0$$

Even though  $W_{\text{net}} = 0$  but the hicker does work = 1470 J



## 6-3 Kinetic Energy, and the Work-Energy Principle

- Energy is defined as the ability to do work

- Kinetic energy is the energy of motion, the

cause of motion. Mathematically it is given by

$$KE = \frac{1}{2} m v^2 \quad \text{translational K.E}$$

- The work-energy principle (theorem) can

be stated as "the net work done on an

object is equal to the change in the

object's kinetic energy". Mathematically

$$W_{\text{net}} = \Delta K.E = K_f - K_i$$

$$W_{\text{net}} = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

Example 6-4: How much work must be done

to increase the velocity of a car from

20 m/s to 30 m/s for a car of mass 1000 kg

Solution:

$$W = KE_2 - KE_1 = \frac{1}{2} m v_2^2 - \frac{1}{2} m v_1^2$$

$$= \frac{1}{2} (1000 \text{ kg}) (30)^2 - \frac{1}{2} (1000) (20)^2 = 2.5 \times 10^5 \text{ J}$$



**Example 6-5** Work to stop a car

A car traveling 60 km/h can brake to stop in a distance  $d$  of 20 m. If the car is going twice as fast, 120 km/h. What is its stopping distance?

Solution: Using the work-energy principle

$$W_1 = Fd \cos 180^\circ = -Fd_1$$

$$-Fd_1 = \frac{1}{2}m(0)^2 - \frac{1}{2}mv_1^2$$

$$\Rightarrow Fd_1 = \frac{1}{2}mv_1^2 \quad (1)$$

also

$$Fd_2 = \frac{1}{2}mv_2^2 \quad (2)$$

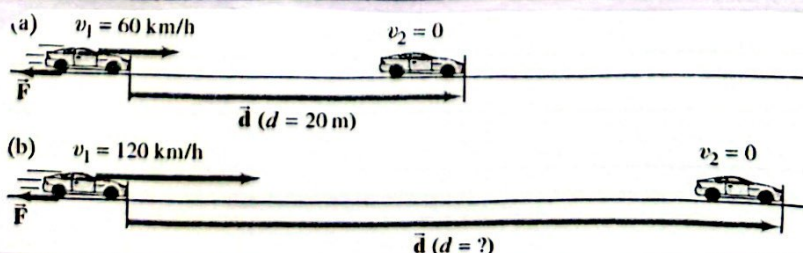
$F$  is constant (assume)

divide (1) by (2)

$$\frac{Fd_1}{Fd_2} = \frac{\frac{1}{2}mv_1^2}{\frac{1}{2}mv_2^2}$$

$$\frac{d_1}{d_2} = \frac{v_1^2}{v_2^2} \Rightarrow$$

$$d_2 = \frac{d_1 v_2^2}{v_1^2} = \frac{(20\text{ m})(120\text{ km/h})^2}{(60\text{ km/h})^2} = 80\text{ m}$$





## 6-4 Potential Energy (P.E)

Potential energy which is associated with forces that depend on the position or configuration of an object relative to the surroundings.

### Gravitational Potential Energy

Let us find the form for the gravitational potential energy of an object near the surface of the earth.

The work done by the person  $W_{\text{ext}}$  is

$$W_{\text{ext}} = F_{\text{ext}} d \cos 0^\circ$$

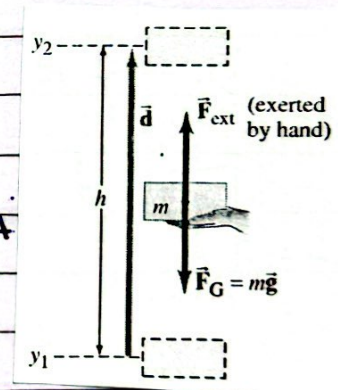
$$= mgh = mg(y_2 - y_1) \quad (1)$$

and the work done by gravity is

$$W_G = F_G d \cos(180^\circ) = -mgh = -mg(y_2 - y_1) \quad (2)$$

We define the gravitational potential energy

of an object due to the earth's gravity force as





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$$PE_G = mgy$$

where  $y$  is the height of the object above some reference. From equation (2)

$$\begin{aligned} W_G &= -mg(y_2 - y_1) = -mgy_2 + mgy_1 \\ &= -(PE_2 - PE_1) = -\Delta PE_G \end{aligned}$$

That is the change in the gravitational potential energy is equal to negative of the work done by gravity itself.

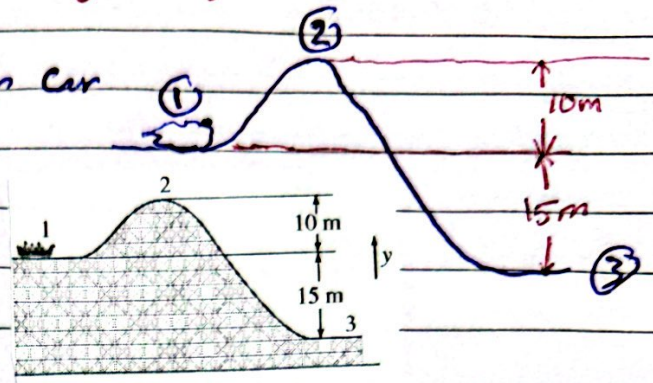
$$\Delta PE_G = -W_G$$

- Therefore what is physically important is the change in the potential energy.
- To calculate the potential energy of an object at any point, we must use a reference level (for example the ground's level).



**Example 6-6** Potential energy changes for a roller coaster

A 1000 kg roller coaster car moves from point ① to point ② to point ③



(a) What is  $(PE)_G$  at point ② and ③ relative to ①?

Take  $y_2 = 0$  (reference point at point ①)

(b) What is the change in P.E when the car goes from point ② to point ③

(c) Repeat part (a) and (b) by taking  $y_2 = 0$  at point ③ as a reference point

Solution:

At the reference point the potential energy is zero (at point ①)  $y_1 = 0$ , then

$$(PE)_{\text{②}} = mgy_2 = (1000 \text{ kg})(9.8 \text{ m/s}^2)(10 \text{ m}) = 9.8 \times 10^4 \text{ J}$$

and

$$(PE)_{\text{③}} = mgy_2 = (1000 \text{ kg})(9.8 \text{ m/s}^2)(-15) = -1.5 \times 10^5 \text{ J}$$



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(b)

$$\begin{aligned} \Delta PE &= PE_{(3)} - PE_{(2)} = -1.5 \times 10^5 \text{ J} - 9.8 \times 10^4 \text{ J} \\ &= -2.48 \times 10^5 \text{ J} \end{aligned}$$

(c) Now at  $y_3 = 0$  the p. E is zero then  $y_1 = 15\text{m}$

and  $y_2 = 25\text{m}$  so

$$\text{and } (PE)_{(1)} = (1000 \text{ kg})(9.8 \text{ m/s}^2)(15) = 1.5 \times 10^5 \text{ J}$$

$$(PE)_{(2)} = (1000 \text{ kg})(9.8 \text{ m/s}^2)(25) = 2.5 \times 10^5 \text{ J}$$

The potential energy's change between (2) and (3)

$$(PE)_{(3)} - (PE)_{(2)} = 0 - 2.5 \times 10^5 \text{ J} = -2.5 \times 10^5 \text{ J}$$

which is the same as in part (b).

Note: the change in the potential energy

between two points is the same regardless

of the reference point.



## 6-5 Conservative and Nonconservative Forces

Conservative force is defined as the force for which the work done by it does not depend on the path taken between any two points but depend on the initial and final position.

e.g: gravitational force, electric force, magnetic force, spring force ...

Non conservative force is defined as the force ~~with~~ for which the work done by it depend on the path taken between any two points (e.g: friction force, pull, push ...)

- Potential energy is associated with conservative forces only, so we have gravitational potential energy, electrical potential energy, magnetic potential energy but no frictional potential energy ( $W_c = -\Delta P.E$ )



## Work-Energy Extended

If some of the forces acting on an object are non conservative, then the net work is the sum of work due to all forces

$$W_{\text{net}} = W_c + W_{\text{nc}} = \Delta KE$$

$$\text{but } W_c = -\Delta PE \Rightarrow$$

$$-\Delta PE + W_{\text{nc}} = \Delta KE$$

$$\Rightarrow$$

$$\boxed{W_{\text{nc}} = \Delta PE + \Delta KE}$$

That is the work done by the non conservative forces equals the change of the potential energy plus the change in the kinetic energy of the moving object. This statement is the extended work-energy principle



## 6-6 Mechanical Energy and Its Conservation

If all forces acting on an object are conservative then from the work-energy principle

$$W_{nc} = \Delta PE + \Delta KE = 0$$

$\Rightarrow$

$$(PE_2 - PE_1) + KE_2 - KE_1 = 0$$

$\Rightarrow$

$$PE_2 + KE_2 = PE_1 + KE_1$$

$\Rightarrow$

$$E_2 = E_1 = \text{constant}$$

where  $E$  is defined as the sum of

the potential energy plus the kinetic energy

and  $E$  is called the mechanical energy.

That is mechanical energy is conserved

if all forces acting on the object are

conservative

$$E_1 = E_2$$

$$\Delta KE + \Delta PE = 0$$

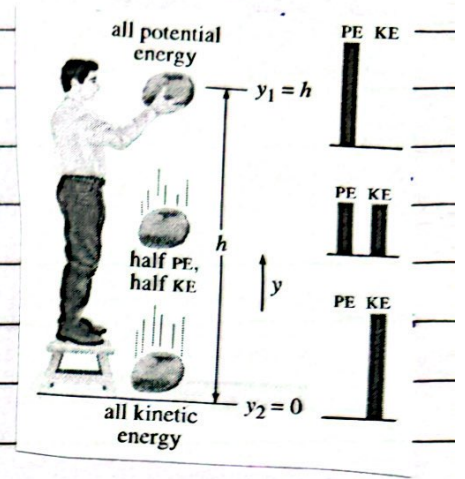
$$\Delta E = 0$$

} conservation of mechanical energy principle



## 6-7 Problem Solving Using Conservation of Mechanical Energy

A simple example of the conservation of mechanical energy (neglecting air resistance) is a rock allowed to fall from a height  $h$  due to  $F_G$  only.



at position  $y_1$ : P.E is maximum  $= mgh$ , but

KE is zero since the rock is at rest,

at position  $y$ : to reach position  $y$ , the P.E

decreases and K.E increases but the total

mechanical energy  $E$  is constant  $E_{y_1} = E_y = mgh$

at position  $y_2$ : P.E is zero and K.E is maximum

and equals  $mgh$ .

$$E_{y_1} = E_{y_2}$$

$$\frac{1}{2}mv_1^2 + mgy_1 = \frac{1}{2}mv_2^2 + mgy_2$$



**Example 6-7** Falling rock

If the initial height of the rock is  $h = 3\text{m}$ , calculate the

rock's velocity when it reaches (falls) to  $1\text{m}$

above the ground if  $v_1 = 0$  (rest)

Solution

1. We must use a reference level ( $y = 0$ )

at which P.E is zero.

2. Applying the conservation of mechanical energy

principle  $E_1 = E_2 \Rightarrow$

$$\frac{1}{2}mv_1^2 + mgy_1 = \frac{1}{2}mv_2^2 + mgy_2$$

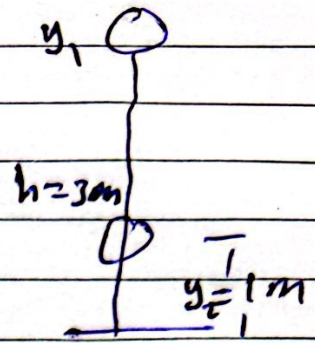
$$0 + gy_1 = \frac{1}{2}v_2^2 + gy_2 \Rightarrow$$

$$v_2^2 = 2g(y_1 - y_2) \Rightarrow$$

$$v_2 = \sqrt{2g(y_1 - y_2)} = \sqrt{2(9.8\text{m/s}^2)(3\text{m} - 1\text{m})} = 6.3\text{m/s}$$

Not the velocity doesn't depend on the

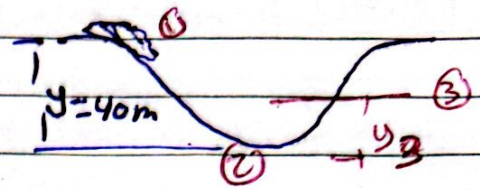
mass of the rock





**EX 6.8** Roller-coaster car speed using energy conservation

Assume the height of the hill is  $y = 40\text{m}$ , the



car starts from rest at the top

(a) Calculate the speed of the car at the bottom

(b) At what height it will have half <sup>this</sup> speed

Solution

take the reference level  $y = 0$  at the bottom

using mechanical energy conservation

$$E_1 = E_2 \Rightarrow KE_1 + PE_1 = KE_2 + PE_2$$

$$\Rightarrow \frac{1}{2} m v_1^2 + m g y_1 = \frac{1}{2} m v_2^2 + m g y_2$$

$$\Rightarrow m g y_1 = \frac{1}{2} m v_2^2$$

$$v_2 = \sqrt{2 g y_1} = \sqrt{2(9.8 \text{ m/s}^2)(40 \text{ m})} = 28 \text{ m/s}$$

$$(b) E_1 = E_3 \Rightarrow \frac{1}{2} m v_1^2 + m g y_1 = \frac{1}{2} m (14 \text{ m/s})^2 + m g y_3$$

$$\Rightarrow y_3 = y_1 - \frac{(14 \text{ m/s})^2}{2g} = 40 \text{ m} - \frac{(14 \text{ m/s})^2}{2(9.8 \text{ m/s}^2)} = 30 \text{ m}$$

The car velocity  $14 \text{ m/s}$  when it is at  $30 \text{ m}$  above the ground both when descending and ascending



## G-8 Other Forms of Energy and Energy

transformation; the Law of Conservation of Energy

We many other energies in life such as electric, magnetic, nuclear, thermal and chemical energy

So we have the Conservation of energy Law

which states "the total energy is neither

increased nor decreased in any process, Energy

can be transformed from one form to another

and transferred from object to another, but

the total amount remains the same



## 6-9 Energy Conservation with Dissipative

### Forces: Solving Problems

Frictional forces are called dissipative forces

because the system must lose energy to overcome  
<sup>negative</sup>  
 the work done by the dissipative force.

The general form of the Work-Energy principle is

$$W_{nc} = \Delta KE + \Delta PE$$

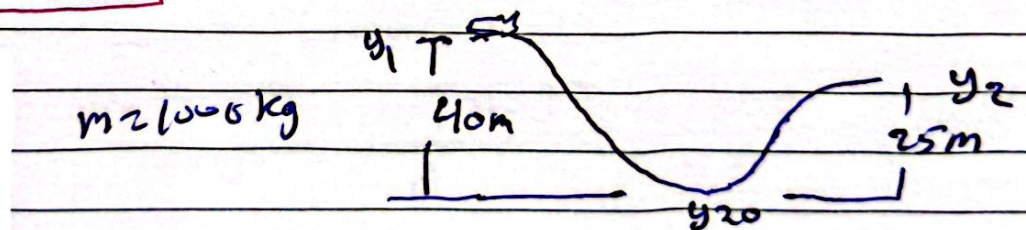
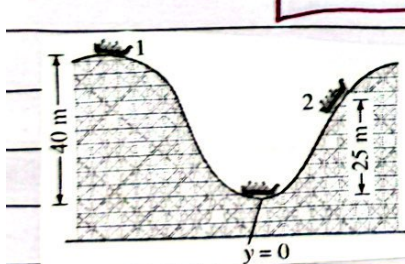
$$= KE_2 - KE_1 + PE_2 - PE_1$$

⇒

$$KE_2 + PE_2 = KE_1 + PE_1 + W_{nc}$$

where  $W_{nc} = -F_{fr} d$  for friction force (estimation)

### Example 6-12 Friction on the roller-coaster car



Since we have friction

force we need to use the

general form of work-energy principle



Solution

1. Draw a picture. 2. The system has gravitational

force and frictional force

3. choose initial and final position,  $y_1 = 40$  and  $y_2 = 25$  m

4. choose a reference level:  $y = 0$  at which  $P.E = 0$

5. Mechanical energy is not conserved (friction)

6. Apply  $W_{nc} = \Delta KE + \Delta PE \Rightarrow$

$$KE_2 + PE_2 = KE_1 + PE_1 + W_{nc}$$

$$\frac{1}{2}mv_2^2 + mgy_2 = \frac{1}{2}mv_1^2 + mgy_1 - F_{fric}d$$

but  $v_1 = v_2 = 0$ ,  $y_1 = 40$  m,  $y_2 = 25$  m,  $d = 400$  m,

$$\Rightarrow F_{fric}d = mg(y_1 - y_2)$$

$$= (4000 \text{ kg})(9.8 \text{ m/s}^2)(40 \text{ m} - 25 \text{ m}) = 147000 \text{ J}$$

$$\text{Then } \overline{F}_{fric} = \frac{147000 \text{ J}}{d} = \frac{147000}{400} = 370 \text{ N}$$

This result is a rough estimate average

value since  $F_{fric}$  depends on the normal

force which changes from point to point



## 6-10 Power (P)

power is defined as the rate at which work is done

$$P_{\text{average}} = \frac{\Delta W}{\Delta t} = \frac{\Delta E}{\Delta t}$$

- It is a scalar quantity
- The unit of power is the Watt W

$$1 \text{ W} = \text{J/s} \quad \text{SI system}$$

$$\text{horsepower (hp)} \quad \text{British system}$$

$$1 \text{ hp} = 550 \text{ ft}\cdot\text{lb/s} = 746 \text{ W}$$

FIGURE 6-28 Example 6-13.



### Example 6-13 Stair-climbing power

A 60-kg jogger runs up along a stair in 4 s. The

vertical height of the stair is 4.5 m (a) estimate the

jogger's power in W and hp (b) How much energy is required

Solution:

$$(a) \bar{P} = \frac{W}{t} = \frac{mgy}{t} = \frac{(60 \text{ kg})(9.8 \text{ m/s}^2)(4.5)}{4} = 660 \text{ W}$$

$$\bar{P} = \frac{660}{746} = 0.87 \text{ hp very small}$$

$$(b) E = \bar{P}t = (660 \text{ J/s})(4 \text{ s}) = 2640 \text{ J} = mgy$$



$$\text{Also } \boxed{\bar{P} = \frac{W}{t} = \frac{\bar{F}d}{t} = \bar{F}\bar{v}} \quad , \quad \bar{v} = \frac{d}{t}$$

**Example 6-14** Power needs of a car

Calculate the power required of a 1400-kg car

under the following circumstances (a) the car

climbs a  $10^\circ$  hill at a steady  $80 \text{ km/h}$ ,

(b) The car accelerates along a level road from

$90$  to  $110 \text{ km/h}$  in  $6 \text{ s}$  to pass another car.

Assuming the average retarding force  $F_R = 700 \text{ N}$ .

Solution

(a) Newton's Law (First)

$$F = F_R + mg \sin \theta$$

$$= 700 + (1400 \text{ kg})(9.8 \text{ m/s}^2)(0.174)$$

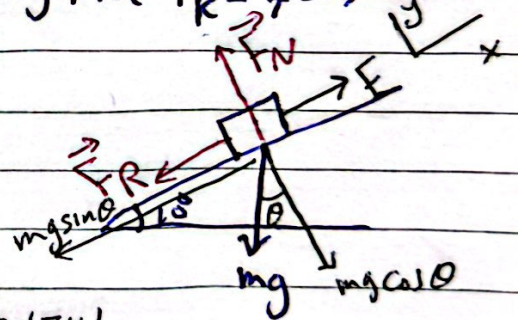
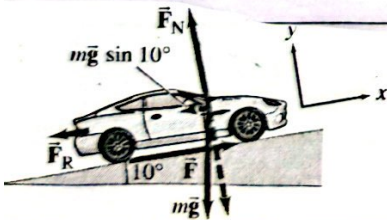
$$= 3100 \text{ N} \quad , \quad \text{then}$$

$$\bar{v} = 80 \text{ km/h} = 80 \frac{\text{km}}{\text{h}} \times \frac{1000 \text{ m}}{1 \text{ km}} \times \frac{\text{hr}}{3600 \text{ s}} = 22 \text{ m/s}$$

The power

$$\bar{P} = F\bar{v} = (3100 \text{ N})(22 \text{ m/s}) = 6.8 \times 10^4 \text{ W}$$

$$= 68 \text{ kW} = \frac{6800}{760} = 9 \text{ hp}$$





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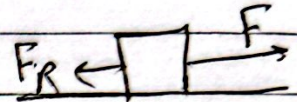
(b) the acceleration  $\bar{a} = \frac{v_2 - v_1}{t}$

$$v_2 = 110 \text{ km/h} = 30.6 \text{ m/s}$$

$$v_1 = 90 \text{ km/h} = 25 \text{ m/s} \quad \Rightarrow$$

$$\bar{a}_x = \frac{30.6 - 25}{6 \text{ s}} = 0.93 \text{ m/s}^2$$

Newton's Law



$$\sum F_x = F - F_R = m a_x$$

$$\Rightarrow F = m a_x + F_R$$

$$= (1400 \text{ kg})(0.93 \text{ m/s}^2) + 700 =$$

$$= 1300 \text{ N} + 700 \text{ N} = 2000 \text{ N}$$

$$\bar{P} = F \bar{v} = (2000 \text{ N})(30.6 \text{ m/s}) = 6.1 \times 10^4 \text{ W}$$

$$= 61 \text{ kW} = 82 \text{ hp}$$

Since the required power increases with

speed and the motor must provide the

maximum power so we used the final

speed.

$$\text{efficiency} = e = \frac{P_{\text{out}}}{P_{\text{in}}}$$