

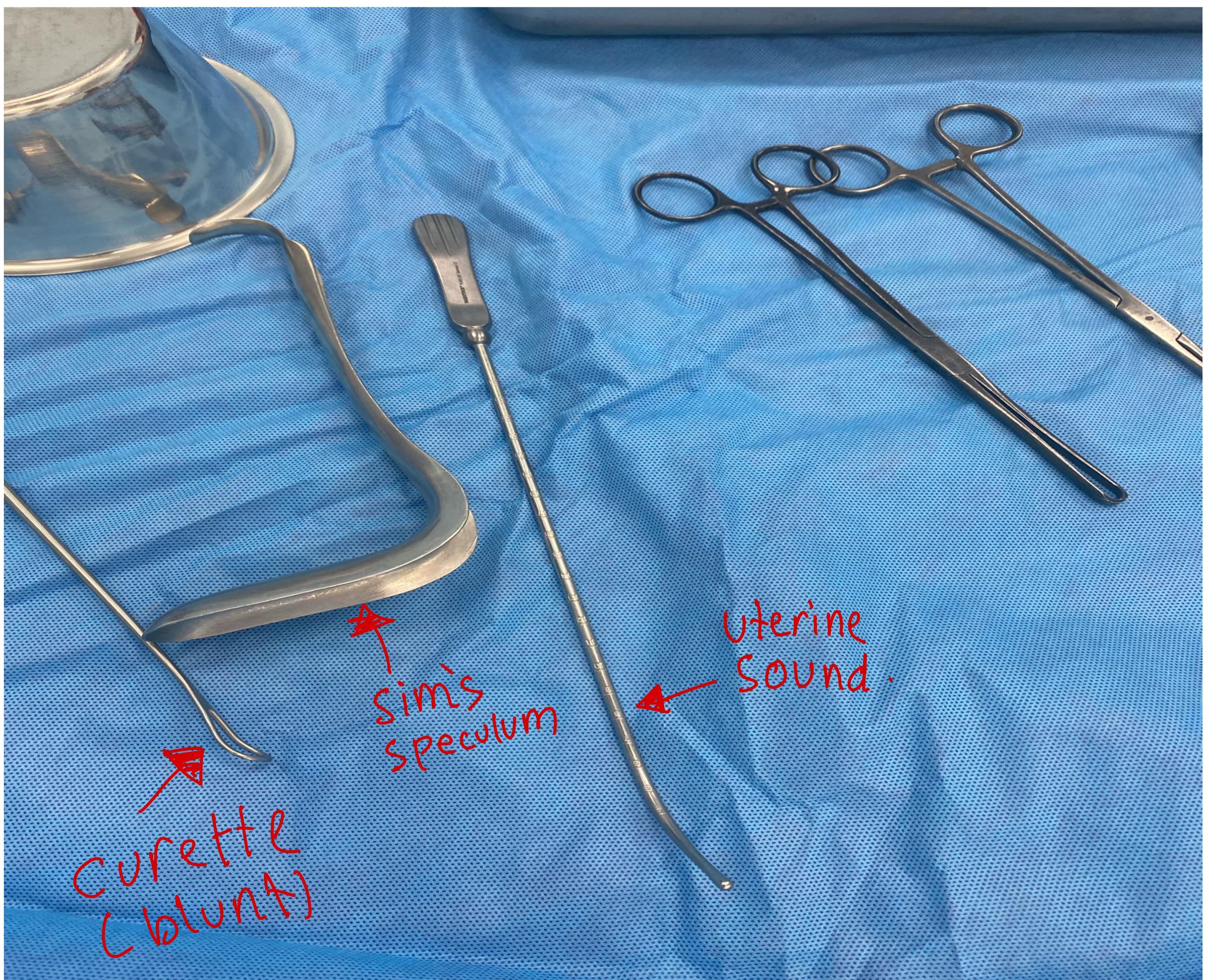
D & C Instruments Kit

- ⊗ Sound :- it is used to assess the size & direction of uterus.
- ⊗ Sims Speculum :- holds the vaginal walls apart providing vision & access.
- ⊗ Tenaculum/Vulsellum :- used to grasp and hold the cervix open.
- ⊗ Dilators :- gradually open the cervix
- ⊗ Curettes :- to remove tissues.
- ⊗ Sponge :- it is used to grasp & hold cervix if it's friable (alternative to tenaculum)

D & C steps :-

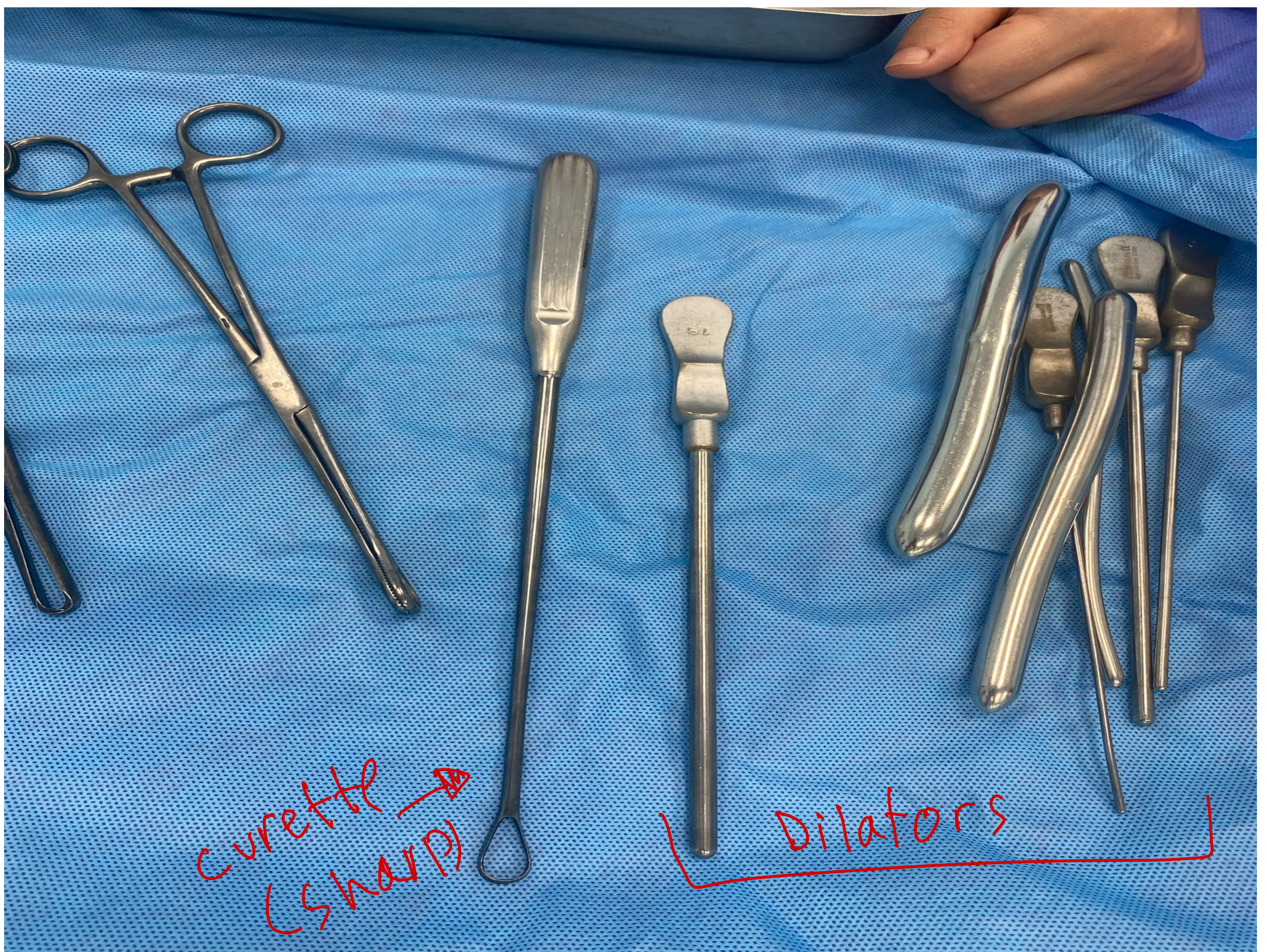
- 1) Position & anesthesia.
- 2) Retracting & painting (with iodine)
- 3) Empty bladder.
- 4) Bimanual exam (direction, size, any masses in uterus).
- 6) insert Sims speculum
- 7) Use tenaculum to grasp cervix.
- 8) insert the sound to assess uterine size and direction.
- 9) use dilators if needed (dilate gradually)

- Starting from small to big dilators)
- 10) use **curettes** (sharp type or blunt) to scrape off tissues & take biopsy if needed.
 - 11) **remove** tenaculum & ensure there's no bleeding from the site at which it was placed.
 - 12) clean up & remove speculum.





Tenaculum/vulsellum
Sponge

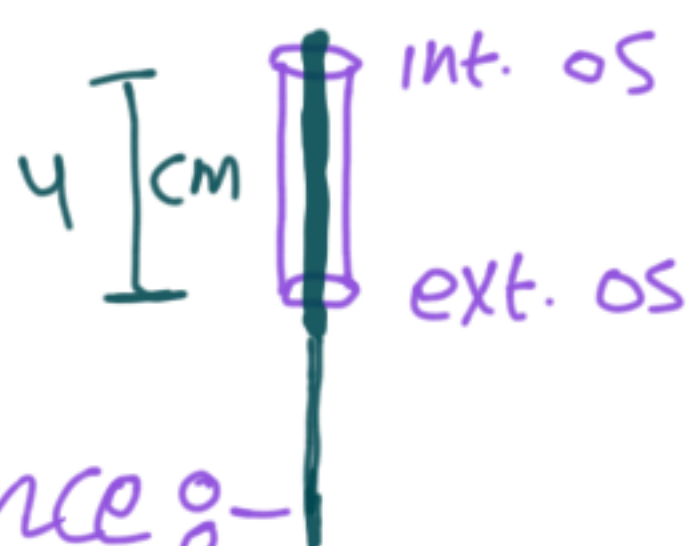


Curette
(Sharp)

Dilators

Extra notes - Dr. Sahar - Abashir hospital

- * why we evacuate the bladder before doing D&C?
 - ↳ to relieve any pressure, so I can assess Ut. size accurately
- * If the Ut. is Retro-verted \Rightarrow We grasp the **post.** lip by vulsellum
- " " " " Ante-verted (most common) \Rightarrow " " " **Ant.** lip " "
- * Tenaculum \Rightarrow IUD insertion
- * Sound \Rightarrow C/I in any type of preg.

- * Dilators \Rightarrow inserted at least 4cm to insure reaching the internal os
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- * Known case of incompetence:-
 - ↳ gradual insertion of Hegars
 - From the largest to smallest
 - to avoid \uparrow the dilatation

- * Sharp VS Blunt curette:-

Sharp \rightarrow Used for obtaining biopsy, C/I in missed miscarriage

Blunt \rightarrow In missed miscarriage or any other type to avoid inducing Asherman

* كيف اعرف اني نظفت الرحم منج اثناء D&C!?

↳ 1- pink bubbles start to appear

2- **بيلش احسن** في خشفة وانا بتفعل

* دخلت ال Sound وطلع معي حجم الرحم رقم معين، بس بيلت ا شغل دخلت لعنق الرحم
بس ما لقيت الكف Fundus! احو اعمل!؟
give methergin to contract the ut. + be cautious its C/I in molar :)